

Looking Backward and Looking Forward: Lessons Learned from Alcohol and Tobacco Taxes and Implications for Obesity Prevention

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Presentation at the American Public Health Association Annual Meeting Philadelphia, PA November 10, 2009





Presenter Disclosures Frank J. Chaloupka

(1) The following personal financial relationships with commercial interests relevant to this presentation existed during the past 12 months:

No Disclosures to make



Presentation Overview

- Brief review of the evidence on the impact of tobacco taxes on tobacco use and its consequences
- Brief review of the evidence on the imact of alcoholic beverage taxes on drinking and its consequences
- Potential for using taxes to promote healthy eating and reduce obesity



TOBACCO TAXES AND TOBACCO USE

Cigarette Taxes in the US, 2009



Source: CDC, Office on Smoking and Health. State Tobacco Activities Tracking and Evaluation (STATE) System.





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impac State and Federal Cigarette Taxes, 1990-2009 Inflation Adjusted, September 2009 Dollars \$2.00 \$1.50 \$1.00 \$0.50 \$0.00 1990 1992 1994 1996 1998 2000 2002 2006 2004 2008

State Tax Federal Tax

Source: Burden on Tobacco, 2009, and author's calculations

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State Cigarette Taxes and Prices

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November 1, 2008



Cigarette Taxes and Prices, 1976-2008

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Inflation Adjusted (Feb. 2009 dollars)



■ State Tax ■ Federal Tax □ MSA Costs ■ Net Price

Source: Tax Burden on Tobacco, 2009, and author's calculations



Source: Tax Burden on Tobacco, 2009, and author's calculations

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Cigarette Prices and Adult Smoking Prevalence, United States, 1970-2008



Source: NHIS, *Tax Burden on Tobacco*, 2009, and author's calculations Note: green data points for prevalence are interpolated assuming linear trend

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Cigarette Prices and Adult Prevalence,



Source: BRFSS, Tax Burden on Tobacco, 2009, and author's calculations

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Cigarette Prices and Non-Daily Smoking Rates, 50 States & DC, 2007



Source: BRFSS, Tax Burden on Tobacco, 2009, and author's calculations

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Cigarette Prices and Former Smoking Rates, 50 States & DC, 2007

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Based on our estimates, the recent \$0.6167 per pack increase in the Federal cigarette tax will:

- Reduce cigarette sales by over 900 million packs
- Generate almost \$9 billion in new revenues
- Lead over 1.15 million current smokers to quit
- Prevent over 1.45 million youth from taking up smoking
- Prevent almost 720,000 premature deaths caused by smoking
- Generate significant reductions in spending on health care to treat diseases caused by smoking

Source: Chaloupka and Tauras, 2009



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ALCOHOLIC BEVERAGE TAXES, DRINKING, AND CONSEQUENCES



Federal Alcoholic Beverage Taxes per Drink

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Extensive econometric and other research shows that higher prices for alcoholic beverages significantly reduce drinking:

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- 10 percent price increase would reduce:
 - Beer consumption by 1.7 to 4.6 percent
 - Wine consumption by 3.0 to 6.9 percent
 - Spirits consumption by 2.9 to 8.0 percent
 - Overall consumption by 4.4 percent
 - Heavy drinking by 2.8 percent
 - Generally larger effects on youth and young adults

Source: Wagenaar et al., 2009



Extensive econometric and other research shows that higher prices for alcoholic beverages significantly reduce:

• Drinking and driving, traffic crashes, and motor-vehicle accident fatalities

• Deaths from liver cirrhosis, acute alcohol poisoning, alcohol-related cancers, cardiovascular diseases, and other health consequences of excessive drinking

 Violence, including spouse abuse, child abuse, and suicides

 Other consequences of drinking, including work-place accidents, teenage pregnancy, and incidence of sexually transmitted diseases



Source: Chaloupka, 2009





FOOD PRICES, OBESITY TRENDS AND POLICY OPTIONS

Selected Food Price Trends, 1978-2009

Inflation Adjusted



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Extensive economic research on the impact of food and beverage prices on consumption of various products; estimates suggest 10% own-price increase would reduce:

- Cereal consumption by 5.2%
- Fruit consumption by 7.0%
- Vegetable consumption by 5.9%
- Soft drink consumption by 7.8%
- Sweets consumption by 3.5%
- Food away from home consumption by 8.1%



Source: Andreyeva, et al., in press

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Food Prices and Weight Outcomes

Relatively limited research to date on impact of food and beverage prices and weight outcomes:

 Higher prices for sugary foods would significantly reduce prevalence of overweight and obesity among adults (Miljkovic et al., 2008)

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- 10% increase in fast food prices would reduce prevalence of adolescent obesity by almost 6% (Powell, et al., 2007)
- Weight outcomes among low-income populations and those with higher BMI more responsive to prices
 - BMI of kids in families below poverty level about 50% more responsive to F&V prices
 - BMI for kids at unhealthy weight levels 39% more responsive to F&V prices
 - BMI of adolescents at unhealthy weight levels about 4 times more responsive to F&V and fast food prices.



Source: Powell and Chaloupka, 2009; Chaloupka et al., 2009

Emerging evidence on prices suggests that significant changes in relative prices of healthy and unhealthy foods could reduce BMI and likelihood of obesity

- Increases in prices of less healthy foods and beverages
 - taxes
 - elimination of corn subsidies
 - disallow purchases under food assistance programs
- Reductions in prices of more healthy foods and beverages
 - subsidies
 - expanded or favored treatment under food assistance programs



Source: Powell and Chaloupka, 2009; Chaloupka et al., 2009



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Policy Options: Soda Taxes

State Soda Sales Tax Rates (as of January 1, 2009)



Source: Bridging the Gap Program, Health Policy Center, University of Illinois at Chicago with data compiled by The MayaTech Corporation. In addition to sales taxes, the following states currently apply excise taxes to bottles, syrups, and/or powders/mixes at the manufacturer, distributor or retail level: Alabama, Arkansas, Rhode Island, Tennessee, Virginia, Washington, and West Virginia.





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Policy Options: Soda Taxes

- Recent and ongoing research suggests
 - Household soda purchases lower in states where higher sales tax applies to sodas

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- Children's soda consumption lower where sales taxes are higher
- Likelihood of obesity not associated with presence/level of tax
 - Current taxes too low to significantly reduce calorie intake
- Considerable revenue generating potential of soda taxes



Source: Chaloupka et al., 2009; Brownell, et al., 2009; Bridging the Gap, work in progress



For more information:

www.bridgingthegapresearch.org

www.impacteen.org

www.yaleruddcenter.org/sodatax.aspx

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