

Bridging the Gap State Laws on Snack Foods and Beverages Interactive Website

http://foods.bridgingthegapresearch.org

Purpose of the Site

- To present easy-to-use graphical data to enable decision makers to compare and contrast on-the-books codified state laws
- To enable advocates to identify where policy opportunities exist across the states
- To provide baseline information as to where state laws stand prior to implementation of the US Department of Agriculture's forthcoming competitive food regulations

Information on the Data Compiled and Included on the Site

State Law Compilation

- •Codified state laws compiled reflect statutory (legislative) and administrative laws (regulations) effective as of the beginning of September of each school year of interest.
 - Includes any policy embedded in the law or incorporated by reference

•Does not include:

- Informal, non-codified policies, measures of implementation, guidance, etc.
- Policies that have never been codified or incorporated by reference but may be fully operational within the state
- Policies that can be elected to be instituted at the district level (reflected in district-level coding) such as state standards that are voluntary for school districts to adopt

State Law Compilation (continued)

- State laws compiled through primary legal research using Lexis-Nexis and Westlaw
- Verified against available secondary sources including:
 - National Association of State Boards of Education: <u>State School Health</u> <u>Policy Database</u>
 - National Conference of State Legislatures: <u>Childhood Obesity- Update of Legislative Policy Options</u>
 - National Cancer Institute: <u>Classification of Laws about School Students</u>
 - Trust for America's Health: F as in Fat reports
 - Yale University Rudd Center for Food Policy & Obesity: <u>Legislation</u> <u>Database</u>
 - Future data will also will be compared to the <u>School Health Policy Matrix</u> (new from NASBE, NACDD, AAPHRD)

Coding of the State Laws

- All laws coded using adaptation of ordinal coding scheme
 - Schwartz MB, Lund AE, Grow HM et al. A comprehensive coding system to measure the quality of school wellness policies. Journal of the American Dietetic Association 2009 July;109(7):1256-62.
- Each state's law coded separately for each grade level
- •Each state's law coded as being effective as of the beginning of September of each school year of interest, inclusive of school years 2006-07 through SY 2012-13

State Law Topics

Overarching Topics (Not Differentiated by Location of Sale)

- Snack food and beverage guidelines for all foods/beverages sold at school
- 2. Snack food ban
- 3. Contract compliance with nutrition standards
- 4. Fast food ban
- Meets IOM fruit and vegetable and/or whole grain standards for school snack food items
- 6. Provisions for sale of whole, unprocessed and fresh food in snack food venues
- 7. Limitations on using food as a reward for good behavior or withholding food as punishment for poor behavior
- 8. Nutrition information/labeling requirements
- 9. Provision of free drinking water throughout the school

Topics Coded Separately for Each Location of Sale*

- 1. Limits on sugar content of foods
- 2. Limits on candy sales/offering
- 3. Limits on fat content of foods
- 4. Limits on trans fats
- 5. Limits on sodium content
- 6. Limits on calorie content of foods
- 7. Limits on sugar content of beverages
- 8. Limits on calorie content per beverage serving
- 9. Prohibitions/restrictions on regular soda
- 10. Prohibitions/restrictions on other sugar sweetened beverages
- 11. Limits on sugar/calorie content of milk
- 12. Limits on fat content of milk
- 13. Limits on beverages serving sizes
- 14. Limits on caffeine content of beverages

*Six Locations: vending machines, school stores, a la carte lines, classroom parties, fundraisers, and evening/community events (latter only through SY 11-12)

State Law Citations and Related Material

YEAR 7 [2012-2013SY] State-Level Wellness Policy

COLORADO: 31 Statutes + 4 Regulations

Nutrition Education

- Colo. Rev. Stat. Ann. § 22-25-101
- Colo. Rev. Stat. Ann. § 22-25-103
- Colo. Rev. Stat. Ann. § 22-25-104
 Colo. Rev. Stat. Ann. § 22-25-105
- Colo. Rev. Stat. Ann. § 22-25-110
- Colo. Rev. Stat. Ann. § 22-32-136

US Variables

- Colo. Rev. Stat. Ann. § 22-5-120
- Colo. Rev. Stat. Ann. § 22-11-503
- Colo. Rev. Stat. Ann. § 22-32-136
- Colo. Rev. Stat. Ann. § 22-82.6-101
- Colo. Rev. Stat. Ann. § 22-82.6-102
- Colo. Rev. Stat. Ann. § 22-82.6-103
- Colo. Rev. Stat. Ann. § 22-82.6-104
- Colo. Rev. Stat. Ann. § 22-82.7-102
- Colo. Rev. Stat. Ann. § 22-82.7-103
- Colo. Rev. Stat. Ann. § 22-82.9-103
- Colo. Rev. Stat. Ann. § 22-82.9-104

Nutrition Guidelines

- Colo. Rev. Stat. Ann. § 22-32-134.5
- Colo. Rev. Stat. Ann. § 22-32-136
- Colo. Rev. Stat. Ann. § 22-32-136.3—new year 7
- 1 Colo. Code Regs. § 301-3
- 1 Colo. Code Regs § 301-79
- 1 Colo. Code Regs. § 302-2

Physical Education/Physical Activity

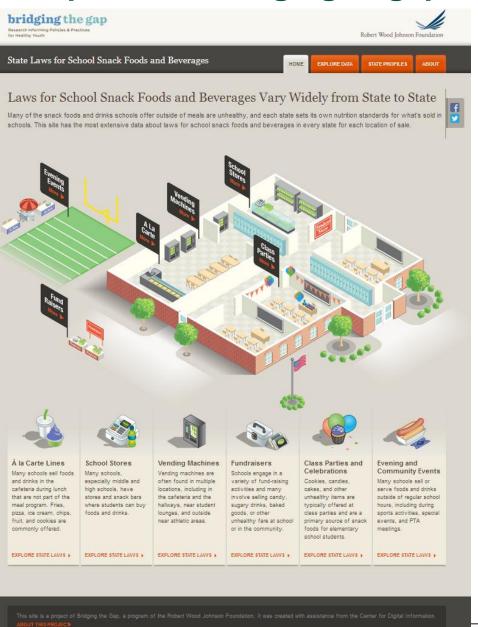
- Colo. Rev. Stat. Ann. § 22-7-407
- Colo. Rev. Stat. Ann. § 22-7-1005
- Colo. Rev. Stat. Ann. § 22-25-102
- Colo. Rev. Stat. Ann. § 22-25-106
- Colo. Rev. Stat. Ann. § 22-32-118
- Colo. Rev. Stat. Ann. § 22-32-136
- Colo. Rev. Stat. Ann. § 22-32-136.5
- Colo. Rev. Stat. Ann. § 29-7-102
 - Underlined laws were coded for Bridging the Gap Wellness Policy Project

State law data, codebook, and coversheets will be available in coming weeks

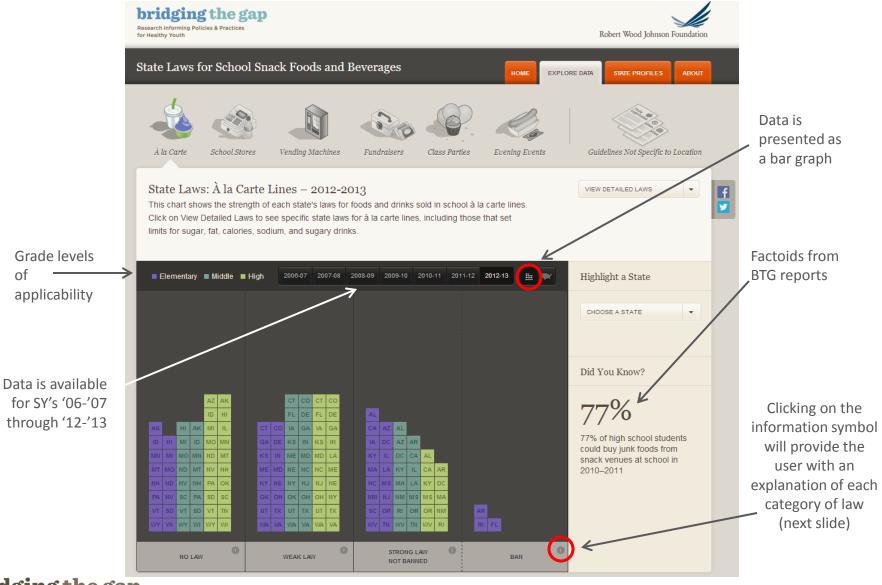
- Includes categorical listing of all laws reviewed and coded in each state
- •To be notified when state law data becomes available, please e-mail:
- info@bridgingthegapresearch.org

Website Overview http://foods.bridgingthegapresearch.org

Home Page: http://foods.bridgingthegapresearch.org



Explore Data: Bar Chart View



Explanation of Laws





Weak law



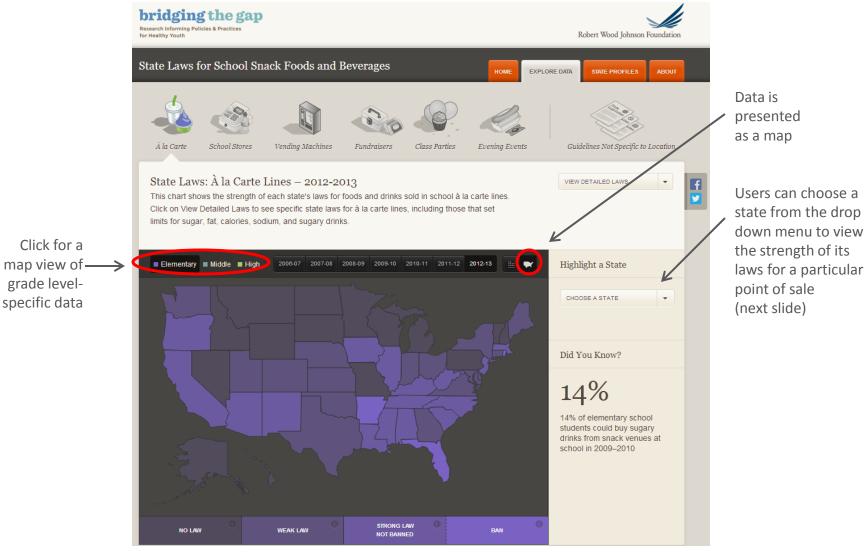
No law





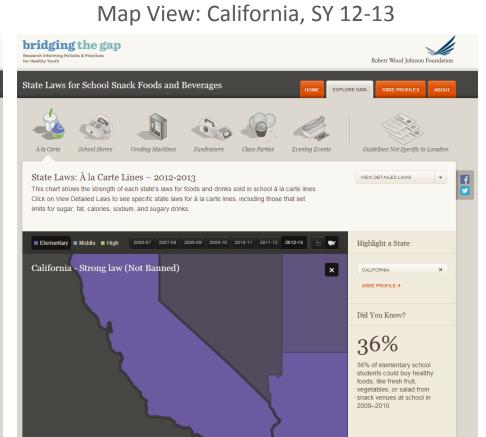
Ban

Explore Data: Map View

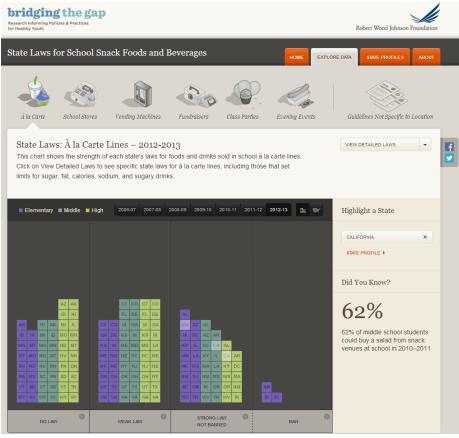


Explore Data: By State

Graph View: California, SY 12-13



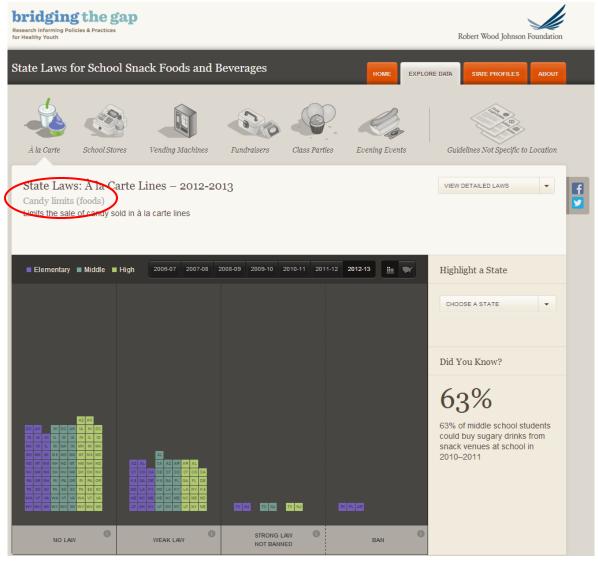
WEAK LAW



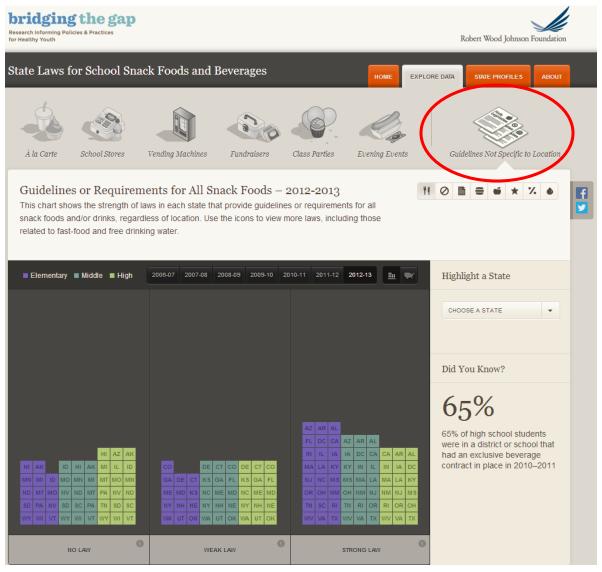
Explore Data: Detailed Laws



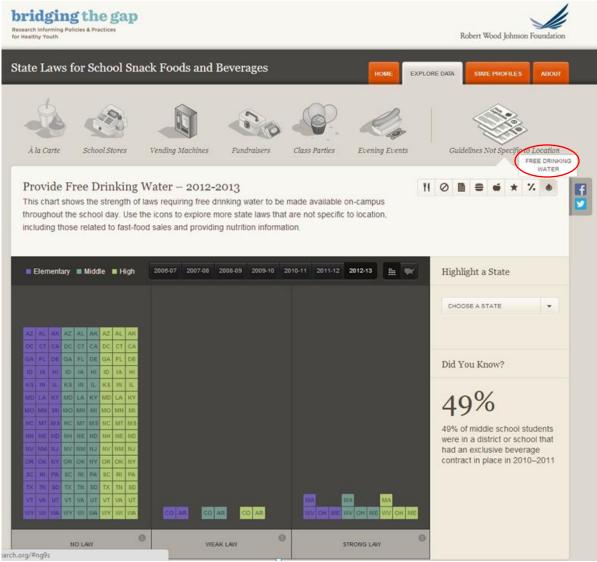
Explore Data: Detailed Laws



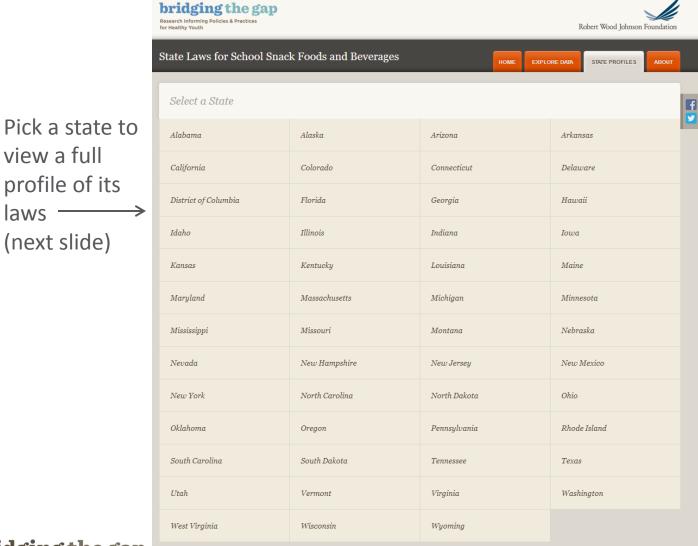
Explore Data: Guidelines Not Specific to Location



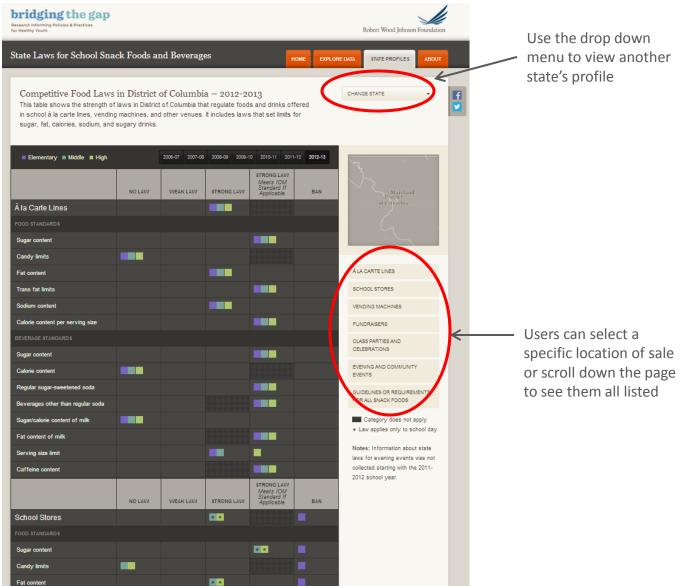
Explore Data: Guidelines Not Specific to Location



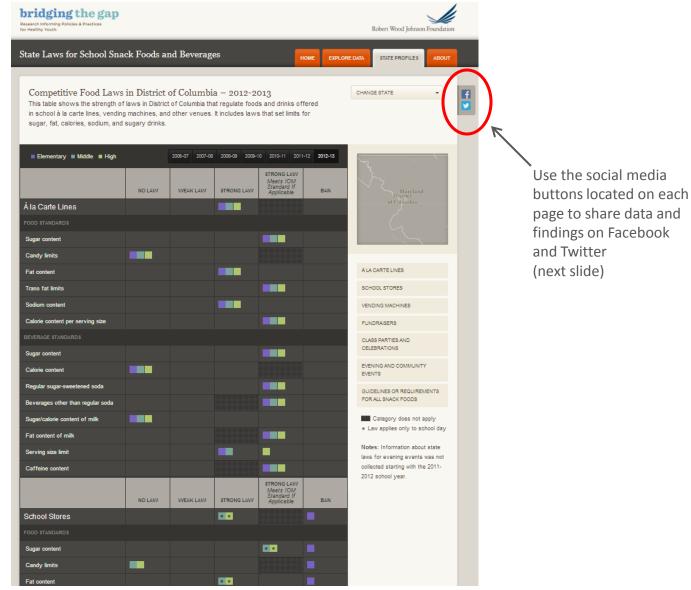
State Profiles



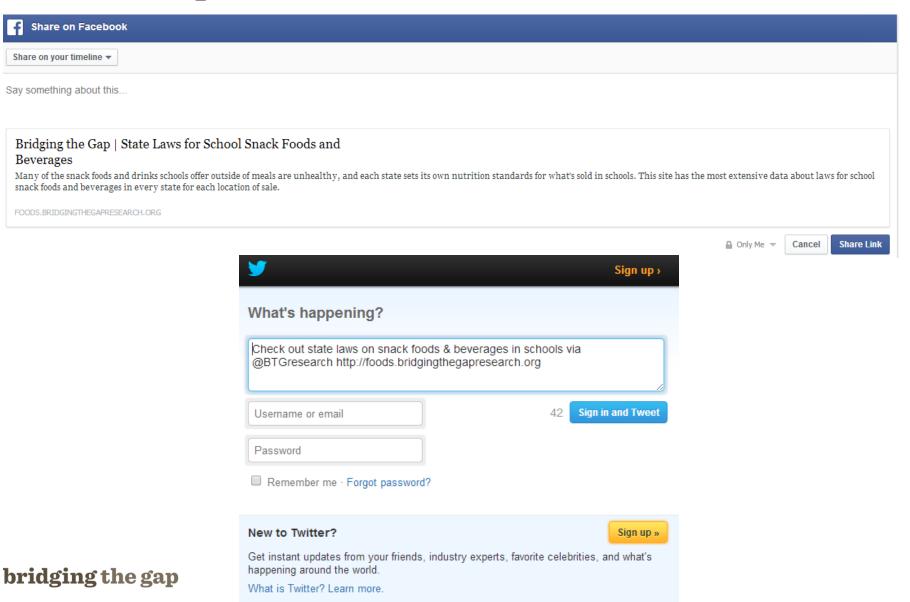
State Profiles: Example – District of Columbia, SY 12-13



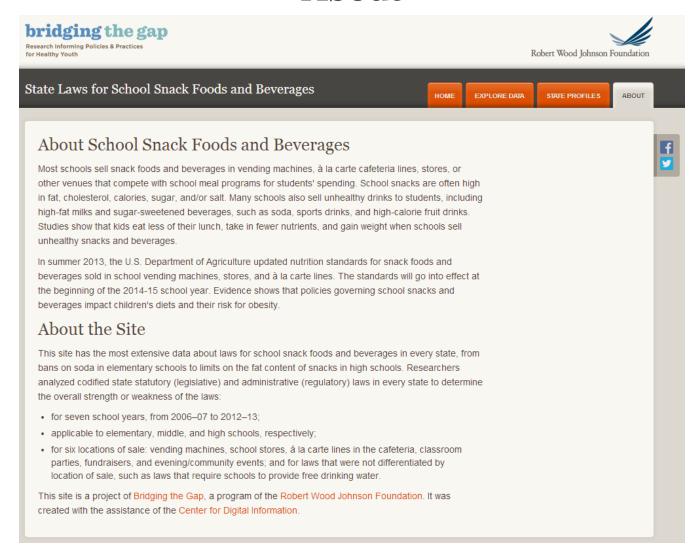
State Profiles: Example – District of Columbia, SY 12-13



Sample Social Media Material Generated



About



About: Methodology

Methodology

Bridging the Gap — State Laws for School Snack Foods and Beverages, Methods Overview

State Policy Collection

Codified state laws compiled for this study reflect statutory (legislative) and administrative laws (regulations) effective as of the beginning of September (~first week) of each school year (SY) of interest. For purposes of this study, state was defined to include the 50 states and the District of Columbia.

The state laws were compiled through primary legal research by Bridging the Gap (BTG) researchers using commercially available legal research databases available by subscription from Lexis-Nexis and Westlaw. For some topics/items, secondary sources also compile information on state laws.[1] In all cases where secondary source information is available, we have verified our collection and coding against the secondary sources.

Policy Coding

All state laws related to school snack foods and beverages were coded using a BTG adaptation of an ordinal coding scheme originally created by Schwartz et al.[2] We have adapted the coding scheme to be used at the state level, to add in additional variables of interest to BTG, as well as to code every variable separately for each grade level of interest. Separate documentation on the coding scheme, coding protocols/decision rules is available from BTG. The state law coding directly corresponds with the district wellness policy coding presented elsewhere.[3]

Each state's law was 100% double-coded by two trained Master's-level coders. A final consensus coding was applied to each variable.

Policy Coding by Grade Level

Because the state laws for school snack foods and beverages vary by grade level, each state's law is coded separately for each grade level of interest (ES, MS, HS). For K-12 districts, there are separate cases for each grade level of interest (ES, MS, HS). For K-8 districts, there are two coded cases (ES, MS) with the HS case not being coded. As such, there are multiple cases per state for each year of interest

Policy Coding by Year

Separate cases represent each school year (SY) of interest. For purposes of this study, the state laws are coded as being effective as of the beginning of September (within the first week) of each SY of interest

Year 1: SY 2006-07

Year 2: SY 2007-08

Year 3: SY 2008-09

Year 4: SY 2009-10

Year 5: SY 2010-11

Year 6: SY 2011-12

Year 7: SY 2012-13

Policy Coding Topics

For each state, grade level of applicability, and SY, 29 separate snack food and beverage items are coded. For each of six locations of sale (vending machines, school stores, à la carte lines in the cafeteria, classroom parties, fundraisers, and evening/community events), there are 14 separate snack food or beverage restrictions coded. The following table summarizes the topics that are coded. Separate documentation on the coding scheme, coding protocols/decision rules is available from BTG.

Overarching Topics (Not Differentiated by Location of Sale)

- 1. Snack food and beverage guidelines for all foods/beverages sold at school
- Snack food ban
- 3. Contract compliance with nutrition standards
- 4. Fast food ban
- 5. Meet Institute of Medicine fruit and vegetable and/or whole grain standards for school snack food items
- 6. Provisions for sale of whole, unprocessed and fresh food in snack food venues
- 7. Limitations on using food as a reward for good behavior or withholding food as punishment for 11. Limits on sugar/calorie content of milk^ poor behavior
- 8. Nutrition information/labeling requirements
- 9. Provision of free drinking water throughout the school

Topics Coded Separately for Each Location of Sale*

- 1. Limits on sugar content of foods[^]
- Limits on candy sales/offering
- 3. Limits on fat content of foods⁴
- 4. Limits on trans fats^A
- Limits on sodium content[^]
- 6. Limits on calorie content of foods^A
- Limits on sugar content of beverages^+
- 8. Limits on calorie content per beverage serving
- Prohibitions/restrictions on regular soda^
- 10. Prohibitions/restrictions on other sugarsweetened beverages^+
- 12. Limits on fat content of milk^+
- 13. Limits on beverage serving sizes^a
- 14. Limits on caffeine content of beverages^+

* Six Locations: vending machines, school stores, à la carte lines in the cafeteria, classroom parties, fundraisers, and evening/community events

For all of the topics, the laws are coded on a continuum: no law, weak (suggested/encouraged) law, or strong (required) law. For each of the 6 locations of sale and the 14 items coded for each location of sale, the BTG adaptation of the coding scheme breaks out the "strong" law category to differentiate required provisions (e.g., ban on sodas) from complete bans on the location of sale (e.g., vending machines), snack foods altogether, or snack beverages altogether. Additionally, for 12 of the items (all denoted with an ^ in the above table), the "strong" category differentiates whether the law meets the Institute of Medicine's (IOM;2007) standards for school snack foods and beverages[4] from a weaker requirement that is less than the IOM standard. In four of the beverage items, the only "strong" category other than the complete ban is the IOM restriction (denoted by a + in the above table).

For More Information

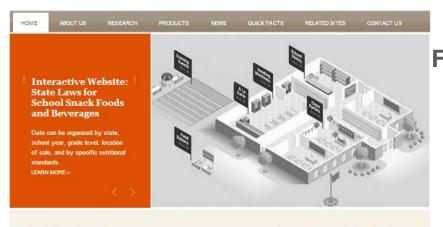
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Bridging the Gap Program
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Contact Information

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