

2007 Questionnaire to Secondary Schools in Bridging the Gap

What follows is the actual questionnaire sent to secondary school principals early in 2007.

Next to each question is a black box that contains a variable number for that question; this number can be used to find the distribution of answers to that question. To locate the results for any question, go to the Secondary School page of the BTG website, http://www.bridgingthegapresearch.org/research/secondary_school_survey, and open the document entitled “Bridging the Gap: Complete Descriptive Statistics on Secondary Schools, School Years 2006-07 & 2007-08.” Click on the tab at the bottom of that document entitled “Descriptive statistics tables.” Locate the “Find and Select” function (usually in your tool bar) or simultaneously press the keys “Control” and “F” on your keyboard (which will bring up a search box) and copy the variable number of interest into the “Find” box. Your cursor will immediately be relocated to the question of interest. (If you wish further help, there is also a Guide for using the Complete Descriptive Statistics document, also on the secondary school page of the BTG website.)



School Health Policies and Practices Questionnaire

Part 1



2007

A Study Supported by the Robert Wood Johnson Foundation

Instructions

Thank you for participating in this important study of school health policies and practices. All the information that you provide will be kept completely confidential, with no disclosure of your name or your school's name. *Please read the instructions below before you begin the questionnaire. We have included a complimentary pen for your convenience.*

Part 1 (This booklet)

- Asks about various characteristics of your school and school district, including school policies regarding student health.
- A school administrator is best suited to answer Part 1.
- *Please be sure to complete the Honorarium Information on the last page.*

Part 2 (Separate section)

- Asks about school food and nutrition policies and practices. The Food Service Manager, if you have one, may be best suited to answer Part 2.

Please note

- Please answer all of the questions based on the 2006-2007 school year.
-

Part 1: Section A
General Characteristics and Resources

This section is about general characteristics of your school.

1. Please circle below all of the grade levels included in your school.

PreK K 1 2 3 4 5 6 7 8 9 10 11 12 ungraded

2. Which of the following best characterizes your school?
 (PLEASE CHECK ONLY ONE BOX.)

- H102** a. Public school (not including magnet school or school of choice)
 b. Public school of choice (open enrollment, non-specialized curriculum)
 c. Public magnet school
 d. Other public school – please describe: _____
 e. Private school

3. About what percent of students at your school belong to each of the following racial/ethnic groups?

(WRITE IN PERCENT.)

%

- | | |
|---------------------------|-------|
| a. White/not Hispanic | _____ |
| b. African American/Black | _____ |
| c. Hispanic or Latino | _____ |
| d. Native American | _____ |
| e. Asian/Pacific Islander | _____ |
| f. Other | _____ |

4. About how many students were enrolled in your school for the 2006-2007 school year?

H110 _____ total # of enrolled students

5. About how many students were enrolled in your school for the 2006-2007 school year in the 8th grade?

H111 _____ # of enrolled 8th grade students

6. About what percent of students in your school are eligible to receive a free or reduced cost lunch as part of a Federal Assistance Program?

H112 _____ % of students

7. At what time in the morning are most or all of your 8th grade students normally required to be at school?

H113 _____:_____AM
 HRS MIN

It varies. (Please explain): _____

8. How long is the normal lunch period for 8th graders in your school?

H116 _____ minutes

Part 1: Section B
Physical Education

This section is about physical education (P.E.) at your school.

1. Are 8th grade students at this school required to take physical education in 8th grade?

H117 Yes No

2. About what percent of 8th grade students actually take a P.E. class in 8th grade?

H118 _____ % of 8th grade students

3. Of the 8th grade students who take P.E., about how many days per week do they have P.E.?

H119 _____ # of days per week

4. How long is a normal P.E. class for the 8th graders who take P.E.?

H120 _____ minutes per class

5. About what percent of 8th grade boys and girls in your school would you estimate participate in interscholastic or varsity sports sometime during the school year?

H121 _____ % 8th grade BOYS H122 _____ % 8th grade GIRLS

6. About what percent of 8th grade boys and girls in your school would you estimate participate in intramural sports or physical activity clubs (not in P.E. class) sometime during the school year?

H123 _____ % 8th grade BOYS H124 _____ % 8th grade GIRLS

7. About what percent of 8th grade students in your school would you estimate walk or bike from home to school on an average school day?

H125 _____ % of 8th grade students

8. Does your school give 8th grade students physical fitness tests?

H126 Yes No → **Go to question 11.**

9. What groups of students are tested?

H127 All 8th grade students are tested.
 Only 8th grade students who take P.E. are tested.
 Other – please explain:

10. Are parents or guardians provided the results of their student’s fitness test?

H129 Yes No

11. Body mass index (BMI) is a measure of overweight based on height and weight. Does your school measure 8th grade students’ BMI?

H130 Yes No → **Go to question 14.**

12. BMI is measured on:

H131 All 8th grade students
 Only 8th grade students who take P.E.
 Other – please explain:

13. Are parents or guardians provided the BMI information?

H133 Yes No

14. Are there any significant activities currently underway at your school, or school district, to promote increased physical activity among students?

H134 Yes No

If yes, please briefly describe.

Part 1: Section C Nutrition Policies and Programs

This section is about breakfast and lunch offered at your school.

1. Does your school offer breakfast to students?

H137 Yes No → **Go to question 7.**

2. On a typical day, about what percent of your 8th grade students eat breakfast offered by your school?

H138 _____ % 8th grade students

3. About what percent of the students in your school are eligible to receive a free or reduced price breakfast as part of the USDA reimbursable School Breakfast Program (regardless of whether they actually eat it)?

H139 Free breakfast: _____ % students Don't know

 Reduced-price breakfast: _____ % students

4. Does your school participate in the USDA reimbursable School Breakfast Program?

H141 Yes No

5. About what percent of the 8th grade students in your school ...

Don't know

...purchase breakfast at **Full-price** _____ % 8th graders
 ...purchase breakfast at **Reduced-price** _____ % 8th graders
 ...eat breakfast for **Free** _____ % 8th graders

6. Does your school offer students any breakfast options other than the USDA reimbursable School Breakfast Program?

H145 Yes – please describe: _____
 No

7. Does your school offer lunch to students?

H147 Yes No → **Go to question 13.**

8. On a typical day, about what percent of your 8th grade students eat lunch offered by your school?

H148 _____ % 8th grade students

9. About what percent of the students in your school are eligible to receive a free or reduced price lunch as part of the USDA reimbursable National School Lunch Program (regardless of whether they actually eat it)?

Don't know

Free lunch: _____ % students
 Reduced-price lunch: _____ % students

10. Does your school participate in the USDA reimbursable National School Lunch Program?

H151 Yes No

11. About what percent of the 8th grade students in your school ...

Don't know

...purchase lunch at **Full-price** _____ % 8th graders
 ...purchase lunch at **Reduced-price** _____ % 8th graders
 ...eat lunch for **Free** _____ % 8th graders

12. Does your school offer students any lunch options other than the USDA reimbursable National School Lunch Program?

H155 Yes – please describe: _____
 No

13. To what extent has your school or school district set food prices (in vending machines, stores, à la carte) with the intent of encouraging students to eat healthier foods (e.g., fruits, vegetables, low-fat foods) and/or discouraging them from eating less healthy foods?

(PLEASE CHECK ONLY ONE BOX.)

H157 Not at all A little Some A lot Don't know

14. To what extent has your school or school district set beverage prices (in vending machines, stores, à la carte) with the intent of encouraging students to drink healthier beverages (e.g., bottled water, low-fat milk, sugar-free beverages) and/or discouraging them from drinking less healthy beverages?

(PLEASE CHECK ONLY ONE BOX.)

H158 Not at all A little Some A lot Don't know

Part 1: Section D
Food and Beverage Sales

The next questions are about food and beverage sales to students (not staff) at your school.

1. Does your school have each of the following:

	<u>Yes</u>	<u>No</u>
H160 a. Vending machines that sell beverages?	<input type="checkbox"/>	<input type="checkbox"/>
H161 b. Vending machines that sell food items?	<input type="checkbox"/>	<input type="checkbox"/>
H162 c. School/student store that sells beverages?	<input type="checkbox"/>	<input type="checkbox"/>
H163 d. School/student store that sells food?	<input type="checkbox"/>	<input type="checkbox"/>
H164 e. Snack bars/carts?	<input type="checkbox"/>	<input type="checkbox"/>
H165 f. À la carte sales in the cafeteria?	<input type="checkbox"/>	<input type="checkbox"/>

2. Does your school receive any profit from **foods** and/or **beverages** sold in the following locations?

	<u>Yes</u>	<u>No</u>	<u>Don't know</u>	<u>Not applicable</u>
H166 a. Vending machines	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
H167 b. School/student store	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
H168 c. Snack bars/carts	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
H169 d. À la carte sales in the cafeteria	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

3. Other than the profit your school gets, does your school district receive any profit from **foods** and/or **beverages** sold in the following locations?

	<u>Yes</u>	<u>No</u>	<u>Don't know</u>	<u>Not applicable</u>
H170 a. Vending machines	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
H171 b. School/student store	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
H172 c. Snack bars/carts	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
H173 d. À la carte sales in the cafeteria	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

4. Who provides the food service at this school?

- H174 School system food service
- H175 Food service management company
- H176 Other – please describe: _____ H177

The next questions are about soft drink bottler contracts.

5. Does your school or school district have a contract with a soft drink bottler, such as Coca-Cola, PepsiCo, or Cadbury Schweppes (Dr. Pepper), giving the company exclusive rights to sell **soft drinks** at your school?

H178 Yes No →Go to question 12.



6. Is this an agreement between the soft drink bottler and...
(PLEASE CHECK ONLY ONE BOX.)

- H179 ... the school only?
 ... the school district only?
 ... both the school and the school district?

7. Has this contract been renegotiated in the past year?

H180 Yes No Don't know

8. Does your school or school district receive incentives, such as cash awards or donations of equipment, supplies, or other donations, once total **soft drink** receipts exceed a specified amount?

H181 Yes No

9. Does your school or school district receive a specified percentage of the **soft drink** sales receipts?

H182 Yes No

10. About how much profit does your school get per year under the contract from **soft drink** sales receipts (including sales during school events, if any)?

H183 \$ _____ per year

11. Other than on the vending machine itself, is the soft drink bottler allowed to advertise in your school building, school grounds, or school buses?

H184 Yes No

12. Who has a major "say" in deciding what **beverages** are offered in the vending machines at your school?

(PLEASE CHECK ALL THAT APPLY.)

- H185 a. We have no beverage vending machines
- H186 b. The soft drink bottler or other vending company
- H187 c. The school
- H188 d. The school district
- H189 e. The state
- H190 f. Other – please specify: _____

The next questions are about food items sold in vending machines to students at your school. If you do not have vending machines that sell food items to students please go to QUESTION 19.

13. Does any company (such as a vending company or a soft drink bottler) sell food items in vending machines at your school?

H192 Yes No → Go to question 18.

14. Who provides the following food items sold in vending machines at your school?

	A Soft Drink Bottler	Other Vending Company	The School Itself	Food Item Not Offered
a. Chips, Fritos, crackers, or pretzels, etc.	H193	H194	H195	H196
b. Cookies, cakes, or other sweet baked goods	H197	H198	H199	H200
c. Candy	H201	H202	H203	H204
d. Ice cream or frozen yogurt	H205	H206	H207	H208
e. Sandwiches	H209	H210	H211	H212
f. Fruits	H213	H214	H215	H216
g. Vegetables	H217	H218	H219	H220

15. Does your school receive incentives, such as cash awards or donations of equipment, supplies, or other donations, once total food receipts from a vendor exceed a specific amount?

H221 Yes No

16. Does your school receive a specified percentage of the food sales receipts from vending machines?

H222 Yes, from at least one vendor No

17. About how much profit does your school get per year from the sales of food items in vending machines at your school?

H223 \$_____ per year

18. Who has a major “say” in deciding what food items are offered in vending machines at your school? (PLEASE CHECK ALL THAT APPLY.)

- H224 a. We have no food vending machines
- H225 b. The soft drink bottler or other vending company
- H226 c. The school
- H227 d. The school district
- H228 e. The state
- H229 f. Other – please specify: _____

19. At your school, are soft drinks or meals from fast food restaurants advertised or promoted...

(PLEASE CHECK YES OR NO FOR EACH ITEM.)

		Yes	No
H231	a. ...with posters or other materials on display in the school?	<input type="checkbox"/>	<input type="checkbox"/>
H232	b. ...with advertisements on textbook covers or school food service menus?	<input type="checkbox"/>	<input type="checkbox"/>
H233	c. ...with coupons for free or reduced prices on these products?	<input type="checkbox"/>	<input type="checkbox"/>
H234	d. ...through sponsorship of school events?	<input type="checkbox"/>	<input type="checkbox"/>

(FOR THE FOLLOWING QUESTIONS PLEASE CIRCLE ONE NUMBER ON EACH LINE.)

20. To what extent are you concerned about students in your school...

		Not at all	To a little extent	To some extent	To a great extent	To a very great extent
H235	a. ...being overweight?	1	2	3	4	5
H236	b. ...consuming more healthy and nutritious foods and beverages than they do now?	1	2	3	4	5
H237	c. ...getting more exercise and physical activity than they do now?	1	2	3	4	5
21.	In your opinion, to what extent...					
H238	a. ...has your school district made a serious/real effort to promote healthy eating and drinking habits among students?	1	2	3	4	5
H239	b. ...has your school made a serious/real effort to promote healthy eating and drinking habits among students?	1	2	3	4	5
H240	c. ...has your school district made a serious/real effort to promote increased physical activity among students?	1	2	3	4	5
H241	d. ...has your school made a serious/real effort to promote increased physical activity among students?	1	2	3	4	5

**Part 1: Section E
School Wellness**

This section asks about the School Wellness Policy provision of the National School Lunch Act that was passed in 2004 and other health related activities.

1. Has your school district or your school established a school wellness policy that addresses student nutrition and/or physical activity issues?

H242 Yes No Don't know

2. Has your school district or your school developed explicit goals designed to promote student wellness through...

(PLEASE CHECK ONLY ONE BOX ON EACH LINE.)

		Yes, we have developed goals	We are currently developing goals	No, not yet	Don't know
H243	a. ...nutrition education?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
H244	b. ...physical activity?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
H245	c. ...other school based activities designed to promote wellness?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

3. Has your school district or school developed nutrition guidelines for all foods available during the school day, designed to promote student health and reduce student obesity? (PLEASE CHECK ONLY ONE BOX.)

H246 Yes, we have developed guidelines
 We are currently developing guidelines
 No, not yet
 Don't know

4. Has your school district or school developed a plan for measuring implementation of the school wellness policy? (PLEASE CHECK ONLY ONE BOX.)

H247 Yes, we have developed a plan
 We are currently developing a plan
 No, not yet
 Don't know
 No school wellness policy →Go to question 7.

5. Has your school district or school designated one or more persons to have operational responsibility for ensuring that the wellness policy is implemented?

H248 Yes No Don't know

6. Has your school district or school involved any of the following participants in the development of the school wellness policy? (CHECK ALL THAT APPLY.)

- H249 a. Parents
- H250 b. Students
- H251 c. Teachers
- H252 d. School food personnel
- H253 e. School board members
- H254 f. School administrators
- H255 g. Other members of the public
- H256 h. Other school personnel – please specify: _____

The next questions are about other school activities that promote student health.

7. Does your school district or school have a health advisory council or an advisory group that makes recommendations regarding nutrition and/or exercise for students?

(PLEASE CHECK ONLY ONE BOX.)

- Yes, at the school level only
- H258 Yes, at the district level only
- Yes, at both the school and district levels
- No → Go to question 9.

8. During the past 12 months about how many times has this group met?

- None
- Once or twice
- Three or more times
- Don't know

9. At present in your **school district**, is formal classroom instruction offered on...

	Yes	No	Don't know
a. ...nutrition and dietary behavior...			
...in elementary school?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
H261 ...in middle school?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
H262 ...in high school?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
b. ...physical activity, exercise, and health related fitness...			
...in elementary school?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
H264 ...in middle school?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
H265 ...in high school?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Part 1: Section F
National Food and Beverage Agreements

In May of 2006 the Alliance for a Healthier Generation (a partnership of the American Heart Association and the William J. Clinton Foundation) reached an agreement with the American Beverage Association, Coca-Cola, PepsiCo, and Cadbury Schweppes to limit portion sizes and caloric content of beverages offered to students during the regular and extended school day. A set of “School Beverage Guidelines” was adopted under the agreement.

10. About what percent of this year’s 8th graders do you think have had formal classroom instruction at sometime during their school career on...
- % of 8th graders
- H266 a. ...nutrition and dietary behavior? _____
- H267 b. ...physical activity, exercise, and health related fitness? _____

11. The policies may have changed since this year’s 8th grade class progressed through school. Under current policies would students be required to receive formal classroom instruction by the end of 8th grade on...
- | | <u>Yes</u> | <u>No</u> |
|---|--------------------------|--------------------------|
| H268 a. ...nutrition and dietary behavior? | <input type="checkbox"/> | <input type="checkbox"/> |
| H269 b. ...physical activity, exercise, and health related fitness? | <input type="checkbox"/> | <input type="checkbox"/> |

12. Are there any significant activities currently underway at your school, or school district, to promote healthier eating and drinking practices among students?
- H270 Yes No

If yes, please briefly describe.

1. Have you heard of this agreement?
- No → **Go to the top of the next page.**
- H272 Yes, some
 Yes, quite a bit
2. Has your school or school district adopted the “School Beverage Guidelines” recommended under the agreement?
- H273 No
 Yes
 Don’t know
3. Has your school implemented the “School Beverage Guidelines”?
- No → **Go to the top of the next page.**
- H274 No, but we are planning to implement them → **Go to the top of the next page.**
 Yes, we are in the process of implementing them
 Yes, we have implemented them
4. Please indicate in which of the following venues you have implemented the “School Beverage Guidelines”. (If you do not have that venue in the school, check N/A for “not applicable”.)

(CHECK ONE BOX ON EACH LINE.)

	<u>Yes</u>	<u>No</u>	<u>Don’t know</u>	<u>N/A</u>
H275 a. Vending machine beverages	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
H276 b. Beverages in the school/student store	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
H277 c. Snack bars/carts beverages	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
H278 d. À la carte beverages	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Part 1: Section G Internet Questionnaires

This last section asks about your experience with answering questionnaires on the internet.

In October of 2006 the Alliance for a Healthier Generation also reached a Snack Foods Agreement with Campbell Soup Company, Dannon, Kraft Foods, Mars, and PepsiCo relating to the nutritional contents of competitive foods sold in the schools to students. It offers “Nutritional Guidelines for Competitive Foods”. (Competitive foods include all foods, including snack foods, sold in schools other than in the federally subsidized school lunch program.)

5. Have you heard of this agreement?

No → **Go to Section G**

- H279 Yes, some
 Yes, quite a bit

6. Has your school or school district adopted the “Nutritional Guidelines for Competitive Foods” recommended under the agreement?

No

- H280 Yes
 Don’t know

7. Has your school implemented the “Nutritional Guidelines for Competitive Foods”?

No → **Go to Section G**

- H281 No, but we are planning to implement them → **Go to Section G**
 Yes, we in the process of implementing them
 Yes, we have implemented them

8. Please indicate in which of the following venues you have implemented the “Nutritional Guidelines for Competitive Foods”. (If you do not have that venue in the school, check N/A for “not applicable”.)

(CHECK ONE BOX ON EACH LINE.)

	<u>Yes</u>	<u>No</u>	<u>Don’t know</u>	<u>N/A</u>
H282 a. Vending machine foods	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
H283 b. Foods in the school/student store	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
H284 c. Snack bars/carts foods	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
H285 d. À la carte foods	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

1. Do you have a computer available to you with high speed internet access?

(PLEASE CHECK ALL THAT APPLY.)

- Yes, at school
 Yes, at home
 Yes, elsewhere
 No

2. During the current school year, about how many times were you invited to participate in a survey on the internet about your school or your role at school?

_____ times

3. About how many of these surveys did you actually complete on the internet?

_____ surveys

4. Suppose you had a choice of methods for completing a questionnaire. Would you prefer to (a) receive a questionnaire by mail that you would return by mail or (b) receive an e-mail giving you a direct link to a questionnaire that you could complete on the internet?

(PLEASE CHECK ONLY ONE BOX.)

- Strongly prefer the mail survey
 Somewhat prefer the mail survey
 Somewhat prefer the internet survey
 Strongly prefer the internet survey

Thank you very much!
Please be sure to complete the last page.

Contributing Respondents

In the space below, please write the **roles or titles** of any individuals who contributed a significant amount of information used in completing this survey. Please **do not write the names** of these individuals. This sheet will be removed as soon as we receive the completed questionnaire and will be kept separately from the responses to the questionnaire in order to maintain confidentiality.

Respondents' Roles/Titles:

_____	_____
_____	_____
_____	_____

Honorarium Check Information

To whom should the honorarium check be **made payable**?

Name:

To whom should the honorarium check be **sent**?

Name:

Address:

Mailing Instructions

- Place both parts of the questionnaire in the enclosed, stamped USPS Priority Mail envelope.
- Peel the strip and seal the envelope.
- Place the envelope in your outgoing US mail.

If you have any questions or need another USPS return envelope, please call Vida Juska at our toll free number, 1-888-829-4016, or e-mail us at YESinfo@umich.edu.

Additional Comments

If you have any additional comments, please write them below.



School Health Policies and Practices Questionnaire

Part 2: Food and Beverage Policies and Practices

- **Part 2 is about the food and nutrition program offered to students at your school.**
- **Part 2 may best be filled out by your Food Service Manager, if you have one.**
- **Part 2 pages should be returned to the person who will be sending back both parts of the questionnaire to the University of Michigan, if that is someone other than yourself.**
- **Please read and follow all the question instructions carefully.**
- **Thank you!**

Part 2: Food and Beverage Policies and Practices

These questions ask about food and beverages available to students in your school. All the information that you provide will be kept completely confidential, with no disclosure of your name or your school's name.

The Food Service Manager may be best able to answer these questions.

1. If your school offers a USDA School Breakfast Program, what is the... **Daily Price** **Not Applicable**

- H1001 a. ... average full price charged for breakfast? _____
H1002 b. ... average reduced price charged for breakfast? _____

2. If your school offers a USDA National School Lunch Program, what is the... **Daily Price** **Not Applicable**

- H1003 a. ... average full price charged for lunch? _____
H1004 b. ... average reduced price charged for lunch? _____

3. On a typical day, for lunch about what percent of your 8th grade students...

- H1005 a. ...eat lunch offered by your school? _____%
H1006 b. ...bring their own lunch? _____%
H1007 c. ...go off campus to buy lunch? _____%
H1008 d. ...don't eat lunch? _____%
H1009 e. ...buy lunch from vending machines, school store or snack bars/carts? _____%
H1010 f. ...other? _____%

Please explain: _____

4. During a typical week, on how many days are fast food items from commercial chains or other vendors (such as Pizza Hut, Taco Bell, others...) offered to students...

- Days/week**
H1012 a. ...as à la carte lunch items? _____
H1013 b. ...for school lunch meals? _____

5. Please indicate which menu planning system is used in your school.

(PLEASE CHECK ALL THAT APPLY.)

- H1014 Nutrient Standard Menu Planning (NuMenus)
H1015 Assisted Nutrient Standard Menu Planning (Assisted NuMenus)
H1016 Enhanced food-based menu planning
H1017 Traditional food-based menu planning
H1018 Any other menu planning

6. At what level are decisions about menus and food service made?

(PLEASE CHECK ALL THAT APPLY.)

- H1019 At the school level
H1020 At the district level
H1021 External contractor
H1022 Other – please describe: _____

7. Does your school participate in the USDA-sponsored Team Nutrition program?

- H1024 Yes No Don't know

8. During this school year, has your school district or school provided...

- Yes** **No**
H1025 a. ...menus to students in your school?
H1026 b. ...information to students on the nutrition and caloric content of foods available to them?
H1027 c. ...menus to parents of students in your school?
H1028 d. ...information to parents on the nutrition and caloric content of foods available to them?

9. Please indicate if each of the following venues for foods and beverages are available to students in your school.

- Yes** **No**
H1029 a. Beverages in vending machines?
H1030 b. Food items in vending machines?
H1031 c. Beverages in school/student store?
H1032 d. Food items in school/student store?
H1033 e. Beverages in snack bars/carts?
H1034 f. Food items in snack bars/carts?
H1035 g. Beverages à la carte at lunch?
H1036 h. Food items à la carte at lunch?

The next questions ask about the availability of various food and beverage items in each of several venues. If your school does not have a particular venue, you will be instructed to skip to the next one. Please be careful to answer about the specific venue that is the focus of each question.

VENDING MACHINES – Beverages

If your school does not have **beverage vending machines** available to students, please check here and go to the top of page 3.

H1038

10. Please indicate whether the following **beverages** are available to students from **vending machines** in your school. For each item that is available, please indicate when it is available by checking all the appropriate boxes to the right of the arrow.

(PLEASE CHECK ALL THAT APPLY.)

	Item available?		Before classes	During school	During school	After
	No	Yes	begin in the morning	hours when meals are not being served	lunch periods	school
a. Bottled water	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
b. Regular soft drinks (such as Coke, Pepsi, or Dr. Pepper)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
c. Diet soft drinks (such as Diet Coke, Diet Pepsi, or Diet Dr. Pepper)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
d. Other no-calorie or very low-calorie beverages (such as Crystal Light Lemonade, Propel Fitness Water, or Fruit ₂ O)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
e. 100% fruit or vegetable juice with no added sweeteners	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
f. Sports drinks (such as Gatorade or Powerade)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
g. “Light” juices (such as Minute Maid Light Orange Juice)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
h. Fruit drinks that are not 100% fruit juice and that are high in calories (such as Hawaiian Punch, Sunny Delight, or Hi-C)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
i. Low-fat (1%) or non-fat (skim) milk, including low-fat flavored milk	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
j. Whole or 2% milk, or flavored milk	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

11. Would you say that at least 50% of the **beverage** choices offered in your **vending machines** are water or other no-calorie or low-calorie options?

Yes No Don't know

12. What is the most common serving size of the **soft drinks** available to students in your **vending machines**?

_____ ounces No soft drinks are available

VENDING MACHINES - Food

If your school does not have **food vending machines** available to students, please check here and go to the top of page 4.

H1091

13. Please indicate whether the following **food items** are available to students from **vending machines** in your school. For each item that is available, please indicate when it is available by checking all the appropriate boxes to the right of the arrow.

(PLEASE CHECK ALL THAT APPLY.)

	Item available?		Before classes	During school	During school	After school
	No	Yes	begin in the morning	hours when meals are not being served	lunch periods	
a. Candy	<input type="checkbox"/> H1092	<input type="checkbox"/> H1093	<input type="checkbox"/> H1093	<input type="checkbox"/> H1094	<input type="checkbox"/> H1095	<input type="checkbox"/> H1096
b. Salty snacks that are <i>not low in fat</i> , such as regular potato chips	<input type="checkbox"/> H1097	<input type="checkbox"/> H1098	<input type="checkbox"/> H1098	<input type="checkbox"/> H1099	<input type="checkbox"/> H1100	<input type="checkbox"/> H1101
c. Cookies, crackers, cakes, or other baked goods that are <i>not low in fat</i>	<input type="checkbox"/> H1102	<input type="checkbox"/> H1103	<input type="checkbox"/> H1103	<input type="checkbox"/> H1104	<input type="checkbox"/> H1105	<input type="checkbox"/> H1106
d. Ice cream or frozen yogurt that is <i>not low in fat</i>	<input type="checkbox"/> H1107	<input type="checkbox"/> H1108	<input type="checkbox"/> H1108	<input type="checkbox"/> H1109	<input type="checkbox"/> H1110	<input type="checkbox"/> H1111
e. <i>Low-fat</i> salty snacks, such as pretzels, baked chips, or other <i>low-fat</i> chips	<input type="checkbox"/> H1112	<input type="checkbox"/> H1113	<input type="checkbox"/> H1113	<input type="checkbox"/> H1114	<input type="checkbox"/> H1115	<input type="checkbox"/> H1116
f. <i>Low-fat</i> cookies, crackers, cakes, pastries, other <i>low-fat</i> baked goods	<input type="checkbox"/> H1117	<input type="checkbox"/> H1118	<input type="checkbox"/> H1118	<input type="checkbox"/> H1119	<input type="checkbox"/> H1120	<input type="checkbox"/> H1121
g. <i>Low-fat</i> or <i>fat-free</i> ice cream, frozen yogurt, sherbet, or <i>low-fat</i> or <i>non-fat</i> yogurt	<input type="checkbox"/> H1122	<input type="checkbox"/> H1123	<input type="checkbox"/> H1123	<input type="checkbox"/> H1124	<input type="checkbox"/> H1125	<input type="checkbox"/> H1126
h. Sandwiches	<input type="checkbox"/> H1127	<input type="checkbox"/> H1128	<input type="checkbox"/> H1128	<input type="checkbox"/> H1129	<input type="checkbox"/> H1130	<input type="checkbox"/> H1131
i. Pre-made, main course salads (such as chef's salad)	<input type="checkbox"/> H1132	<input type="checkbox"/> H1133	<input type="checkbox"/> H1133	<input type="checkbox"/> H1134	<input type="checkbox"/> H1135	<input type="checkbox"/> H1136
j. Bread sticks, rolls, bagels, pita bread, or other bread products	<input type="checkbox"/> H1137	<input type="checkbox"/> H1138	<input type="checkbox"/> H1138	<input type="checkbox"/> H1139	<input type="checkbox"/> H1140	<input type="checkbox"/> H1141
k. Deep-fried fries (including fries that are just reheated)	<input type="checkbox"/> H1142	<input type="checkbox"/> H1143	<input type="checkbox"/> H1143	<input type="checkbox"/> H1144	<input type="checkbox"/> H1145	<input type="checkbox"/> H1146
l. Fresh fruit	<input type="checkbox"/> H1147	<input type="checkbox"/> H1148	<input type="checkbox"/> H1148	<input type="checkbox"/> H1149	<input type="checkbox"/> H1150	<input type="checkbox"/> H1151
m. Other fruit (such as dried or canned fruit)	<input type="checkbox"/> H1152	<input type="checkbox"/> H1153	<input type="checkbox"/> H1153	<input type="checkbox"/> H1154	<input type="checkbox"/> H1155	<input type="checkbox"/> H1156
n. Vegetables (such as carrot sticks or celery sticks)	<input type="checkbox"/> H1157	<input type="checkbox"/> H1158	<input type="checkbox"/> H1158	<input type="checkbox"/> H1159	<input type="checkbox"/> H1160	<input type="checkbox"/> H1161

SCHOOL/STUDENT STORE and/or SNACK BARS/CARTS - Beverages

If your school does not have any **school/student store** or **snack bars/carts** selling **beverages** to students, please check here and go the top of page 5.
 H1163

14. Please indicate whether the following **beverages** are available to students from any **school/student store** or **snack bars/carts** in your school. For each item that is available, please indicate when it is available by checking all the appropriate boxes to the right of the arrow.

(PLEASE CHECK ALL THAT APPLY.)

	Item available?		Before classes	During school	During school	After school
	No	Yes	begin in the morning	hours when meals are not being served	lunch periods	
a. Bottled water	<input type="checkbox"/> H1164	<input type="checkbox"/> H1165	<input type="checkbox"/> H1165	<input type="checkbox"/> H1166	<input type="checkbox"/> H1167	<input type="checkbox"/> H1168
b. Regular soft drinks (such as Coke, Pepsi, or Dr. Pepper)	<input type="checkbox"/> H1169	<input type="checkbox"/> H1170	<input type="checkbox"/> H1170	<input type="checkbox"/> H1171	<input type="checkbox"/> H1172	<input type="checkbox"/> H1173
c. Diet soft drinks (such as Diet Coke, Diet Pepsi, or Diet Dr. Pepper)	<input type="checkbox"/> H1174	<input type="checkbox"/> H1175	<input type="checkbox"/> H1175	<input type="checkbox"/> H1176	<input type="checkbox"/> H1177	<input type="checkbox"/> H1178
d. Other no-calorie or very low-calorie beverages (such as Crystal Light Lemonade, Propel Fitness Water, or Fruit ₂ O)	<input type="checkbox"/> H1179	<input type="checkbox"/> H1180	<input type="checkbox"/> H1180	<input type="checkbox"/> H1181	<input type="checkbox"/> H1182	<input type="checkbox"/> H1183
e. 100% fruit or vegetable juice with no added sweeteners	<input type="checkbox"/> H1184	<input type="checkbox"/> H1185	<input type="checkbox"/> H1185	<input type="checkbox"/> H1186	<input type="checkbox"/> H1187	<input type="checkbox"/> H1188
f. Sports drinks (such as Gatorade or Powerade)	<input type="checkbox"/> H1189	<input type="checkbox"/> H1190	<input type="checkbox"/> H1190	<input type="checkbox"/> H1191	<input type="checkbox"/> H1192	<input type="checkbox"/> H1193
g. “Light” juices (such as Minute Maid Light Orange Juice)	<input type="checkbox"/> H1194	<input type="checkbox"/> H1195	<input type="checkbox"/> H1195	<input type="checkbox"/> H1196	<input type="checkbox"/> H1197	<input type="checkbox"/> H1198
h. Fruit drinks that are not 100% fruit juice and that are high in calories (such as Hawaiian Punch, Sunny Delight, or Hi-C)	<input type="checkbox"/> H1199	<input type="checkbox"/> H1200	<input type="checkbox"/> H1200	<input type="checkbox"/> H1201	<input type="checkbox"/> H1202	<input type="checkbox"/> H1203
i. Low-fat (1%) or non-fat (skim) milk, including low-fat flavored milk	<input type="checkbox"/> H1204	<input type="checkbox"/> H1205	<input type="checkbox"/> H1205	<input type="checkbox"/> H1206	<input type="checkbox"/> H1207	<input type="checkbox"/> H1208
j. Whole or 2% milk, or flavored milk	<input type="checkbox"/> H1209	<input type="checkbox"/> H1210	<input type="checkbox"/> H1210	<input type="checkbox"/> H1211	<input type="checkbox"/> H1212	<input type="checkbox"/> H1213

15. Would you say that at least 50% of the **beverage** choices offered in your **school/student store or snack bars/carts** are water or other no-calorie or low-calorie options?

Yes
 No
 Don't know

16. What is the most common serving size of the **soft drinks** available to students in your **school/student store or snack bars/carts**?

_____ ounces
 No soft drinks are available

SCHOOL/STUDENT STORE and/or SNACK BARS/CARTS - Food

If your school does not have any school/student store or snack bars/carts selling food to students, please check here and go the top of page 6.

H1216

17. Please indicate whether the following **food items** are available to students from any **school/student stores** or **snack bars/carts** in your school. For each item that is available, please indicate when it is available by checking all the appropriate boxes to the right of the arrow.

(PLEASE CHECK ALL THAT APPLY.)

	Item available?	Before classes		During school		After school
		No	Yes	begin in the morning	hours when meals are not being served	
a. Candy	<input type="checkbox"/> H1217	<input type="checkbox"/> H1218	<input type="checkbox"/> H1219	<input type="checkbox"/> H1220	<input type="checkbox"/> H1221	
b. Salty snacks that are <i>not low in fat</i> , such as regular potato chips	<input type="checkbox"/> H1222	<input type="checkbox"/> H1223	<input type="checkbox"/> H1224	<input type="checkbox"/> H1225	<input type="checkbox"/> H1226	
c. Cookies, crackers, cakes, or other baked goods that are <i>not low in fat</i>	<input type="checkbox"/> H1227	<input type="checkbox"/> H1228	<input type="checkbox"/> H1229	<input type="checkbox"/> H1230	<input type="checkbox"/> H1231	
d. Ice cream or frozen yogurt that is <i>not low in fat</i>	<input type="checkbox"/> H1232	<input type="checkbox"/> H1233	<input type="checkbox"/> H1234	<input type="checkbox"/> H1235	<input type="checkbox"/> H1236	
e. <i>Low-fat</i> salty snacks, such as pretzels, baked chips, or other <i>low-fat</i> chips	<input type="checkbox"/> H1237	<input type="checkbox"/> H1238	<input type="checkbox"/> H1239	<input type="checkbox"/> H1240	<input type="checkbox"/> H1241	
f. <i>Low-fat</i> cookies, crackers, cakes, pastries, other <i>low-fat</i> baked goods	<input type="checkbox"/> H1242	<input type="checkbox"/> H1243	<input type="checkbox"/> H1244	<input type="checkbox"/> H1245	<input type="checkbox"/> H1246	
g. <i>Low-fat</i> or <i>fat-free</i> ice cream, frozen yogurt, sherbet, or <i>low-fat</i> or <i>non-fat</i> yogurt	<input type="checkbox"/> H1247	<input type="checkbox"/> H1248	<input type="checkbox"/> H1249	<input type="checkbox"/> H1250	<input type="checkbox"/> H1251	
h. Sandwiches	<input type="checkbox"/> H1252	<input type="checkbox"/> H1253	<input type="checkbox"/> H1254	<input type="checkbox"/> H1255	<input type="checkbox"/> H1256	
i. Pre-made, main course salads (such as chef's salad)	<input type="checkbox"/> H1257	<input type="checkbox"/> H1258	<input type="checkbox"/> H1259	<input type="checkbox"/> H1260	<input type="checkbox"/> H1261	
j. Bread sticks, rolls, bagels, pita bread, or other bread products	<input type="checkbox"/> H1262	<input type="checkbox"/> H1263	<input type="checkbox"/> H1264	<input type="checkbox"/> H1265	<input type="checkbox"/> H1266	
k. Deep-fried fries (including fries that are just reheated)	<input type="checkbox"/> H1267	<input type="checkbox"/> H1268	<input type="checkbox"/> H1269	<input type="checkbox"/> H1270	<input type="checkbox"/> H1271	
l. Fresh fruit	<input type="checkbox"/> H1272	<input type="checkbox"/> H1273	<input type="checkbox"/> H1274	<input type="checkbox"/> H1275	<input type="checkbox"/> H1276	
m. Other fruit (such as dried or canned fruit)	<input type="checkbox"/> H1277	<input type="checkbox"/> H1278	<input type="checkbox"/> H1279	<input type="checkbox"/> H1280	<input type="checkbox"/> H1281	
n. Vegetables (such as carrot sticks or celery sticks)	<input type="checkbox"/> H1282	<input type="checkbox"/> H1283	<input type="checkbox"/> H1284	<input type="checkbox"/> H1285	<input type="checkbox"/> H1286	

SCHOOL LUNCH MEAL - Beverages

If your school does not offer a **school lunch meal** to students, please check here and **go to the top of page 8.**

H1288

18. Please indicate how often the following **beverages** are available to students with your **school lunch meal** (not à la carte) in your school.

(PLEASE CHECK ONE BOX ON EACH LINE.)

		Never	Some Days	Most or every day
<input type="checkbox"/> H1289	a. Bottled water	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> H1290	b. Regular soft drinks (such as Coke, Pepsi, or Dr. Pepper)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> H1291	c. Diet soft drinks (such as Diet Coke, Diet Pepsi, or Diet Dr. Pepper)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> H1292	d. Other no-calorie or very low-calorie beverages (such as Crystal Light Lemonade, Propel Fitness Water, or Fruit ₂ O)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> H1293	e. 100% fruit or vegetable juice with no added sweeteners	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> H1294	f. Sports drinks (such as Gatorade or Powerade)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> H1295	g. "Light" juices (such as Minute Maid Light Orange Juice)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> H1296	h. Fruit drinks that are not 100% fruit juice and that are high in calories (such as Hawaiian Punch, Sunny Delight, or Hi-C)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> H1297	i. Low-fat (1%) or non-fat (skim) milk, including low-fat flavored milk	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> H1298	j. Whole or 2% milk, or flavored milk	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

19. Would you say that at least 50% of the **beverage** choices offered in your **school lunch meal** are water or other no-calorie or low-calorie options?

Yes No Don't know

20. What is the most common serving size of the **soft drinks** available to students in your **school lunch meal**?

_____ ounces No soft drinks are available

SCHOOL LUNCH MEAL - Food

21. Please indicate how often the following **food items** are available to students with your **school lunch meal** (not à la carte) in your school.

(PLEASE CHECK ONE BOX ON EACH LINE.)

		Never	Some days	Most or every day
H1301	a. Candy	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
H1302	b. Salty snacks that are <i>not low in fat</i> , such as regular potato chips	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
H1303	c. Cookies, crackers, cakes, or other baked goods that are <i>not low in fat</i>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
H1304	d. Ice cream or frozen yogurt that is <i>not low in fat</i>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
H1305	e. <i>Low-fat</i> salty snacks, such as pretzels, baked chips, or other <i>low-fat</i> chips	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
H1306	f. <i>Low-fat</i> cookies, crackers, cakes, pastries, other <i>low-fat</i> baked goods	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
H1307	g. <i>Low-fat</i> or <i>fat-free</i> ice cream, frozen yogurt, sherbet, or <i>low-fat</i> or <i>non-fat</i> yogurt	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
H1308	h. Sandwiches	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
H1309	i. Pre-made, main course salads (such as chef's salad)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
H1310	j. Bread sticks, rolls, bagels, pita bread, or other bread products	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
H1311	k. Deep-fried fries (including fries that are just reheated)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
H1312	l. Fresh fruit	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
H1313	m. Other fruit (such as dried or canned fruit)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
H1314	n. Vegetables (excluding potatoes)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
H1315	o. Two or more different entrees or main courses	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
H1316	p. Pizza	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
H1317	q. Whole grains (such as wheat bread or brown rice)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
H1318	r. Salad bar	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

À LA CARTE - Beverages

If your school does not offer an **à la carte** lunch service to students, please check here and **go to question 26 on page 9.**

H1320

22. Please indicate how often the following **beverages** are available to students in your school **à la carte** at lunch.

(PLEASE CHECK ONE BOX ON EACH LINE.)

		Never	Some Days	Most or every day
H1321	a. Bottled water	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
H1322	b. Regular soft drinks (such as Coke, Pepsi, or Dr. Pepper)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
H1323	c. Diet soft drinks (such as Diet Coke, Diet Pepsi, or Diet Dr. Pepper)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
H1324	d. Other no-calorie or very low-calorie beverages (such as Crystal Light Lemonade, Propel Fitness Water, or Fruit ₂ O)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
H1325	e. 100% fruit or vegetable juice with no added sweeteners	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
H1326	f. Sports drinks (such as Gatorade or Powerade)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
H1327	g. "Light" juices (such as Minute Maid Light Orange Juice)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
H1328	h. Fruit drinks that are not 100% fruit juice and that are high in calories (such as Hawaiian Punch, Sunny Delight, or Hi-C)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
H1329	i. Low-fat (1%) or non-fat (skim) milk, including low-fat flavored milk	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
H1330	j. Whole or 2% milk, or flavored milk	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

23. Would you say that at least 50% of the **beverage** choices offered **à la carte** are water or other no-calorie or low-calorie options?

Yes No Don't know

24. What is the most common serving size of the **soft drinks** available to students **à la carte**?

_____ ounces No soft drinks available

À LA CARTE - Food

25. Please indicate how often the following **food items** are available to students in your school **à la carte** at lunch.

(PLEASE CHECK ONE BOX ON EACH LINE.)

		Never	Some days	Most or every day
H1333	a. Candy	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
H1334	b. Salty snacks that are <i>not low in fat</i> , such as regular potato chips	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
H1335	c. Cookies, crackers, cakes, or other baked goods that are <i>not low in fat</i>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
H1336	d. Ice cream or frozen yogurt that is <i>not low in fat</i>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
H1337	e. <i>Low-fat</i> salty snacks, such as pretzels, baked chips, or other <i>low-fat</i> chips	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
H1338	f. <i>Low-fat</i> cookies, crackers, cakes, pastries, other <i>low-fat</i> baked goods	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
H1339	g. <i>Low-fat</i> or <i>fat-free</i> ice cream, frozen yogurt, sherbet, or <i>low-fat</i> or <i>non-fat</i> yogurt	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
H1340	h. Sandwiches	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
H1341	i. Pre-made, main course salads (such as chef's salad)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
H1342	j. Bread sticks, rolls, bagels, pita bread, or other bread products	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
H1343	k. Deep-fried fries (including fries that are just reheated)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
H1344	l. Fresh fruit	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
H1345	m. Other fruit (such as dried or canned fruit)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
H1346	n. Vegetables (excluding potatoes)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
H1347	o. Two or more different entrees or main courses	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
H1348	p. Pizza	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
H1349	q. Whole grains (such as wheat bread or brown rice)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
H1350	r. Salad bar	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

26. Please write in the title or role, **not the name**, of the person(s) who completed this segment of the questionnaire on food and nutrition:

Thank you very much for your assistance!