

Bridging the Gap Weighted Student-level Wellness Policy Data by Grade Level, SY 06-07 and 07-08

(Items with * are included in Monograph)

Note 1: Data have been recoded to reflect only policies in effect as of day after Labor Day for each school year (SY; proxy for first day of SY as per FW requirement)

Note 2: Weighted data adjusted for non-response

Variable	Description	Responses	SY 06-07			SY 07-08		
			% of students (weighted by grade level)			% of students (weighted by grade level)		
			ES	MS	HS	ES	MS	HS
NUTRITION EDUCATION								
NE1*	FW: Nutrition education goal	0-No goal/policy	18.70	21.96	22.33	6.02	7.40	8.90
		1-NE goal suggested or repeats FW language	2.31	2.18	2.01	2.34	2.55	1.82
		2-NE goal specified	78.99	75.86	75.66	91.65	90.05	89.28
NE2*	Nutrition education curriculum	0-Not mentioned/no policy	34.80	37.35	37.76	28.31	31.55	33.49
		1-Curriculum reqd/suggested, not clear all grades	30.64	29.60	30.54	33.68	32.69	32.50
		2-Clear NE curriculum, all grades	34.56	33.05	31.69	38.01	35.76	34.01
NE3	Nutrition education within larger school community	0-Not mentioned/no policy	39.05	41.50	41.89	29.00	29.02	29.26
		1-Vague/suggested	50.23	48.05	47.71	59.17	59.38	59.47
		2-Yes, with specific strategies	10.72	10.44	10.40	11.83	11.59	11.27
NE4	Nutrition education beyond school environment	0-Not mentioned/no policy	54.21	55.98	57.97	44.10	43.75	44.29
		1-Vague/suggested	38.55	36.85	35.00	49.41	49.78	49.53
		2-Yes, with specific strategies	7.24	7.17	7.03	6.48	6.47	6.18
NE5	Nutrition education training for teachers	0-Not mentioned/no policy	66.85	68.43	69.95	59.66	58.93	59.37
		1-Vague/suggested or just a subset of teachers	25.29	23.75	22.91	32.34	33.10	32.82
		2-Required for all teachers	7.86	7.82	7.14	8.00	7.97	7.82
NE6*	Nutrition education integrated into other subjects	0-Not mentioned/no policy	54.48	56.39	57.57	49.49	51.58	52.88
		1-Vague/suggested	18.77	17.49	16.97	22.09	20.96	20.04
		2-Required	26.75	26.11	25.45	28.43	27.46	27.07
NE7*	Nutrition education teaches behavior-focused skills	0-Not mentioned/no policy	33.51	36.25	37.30	23.05	23.67	24.12
		1-Vague/suggested	22.31	20.91	20.37	30.08	31.05	31.02
		2-Required	44.17	42.84	42.33	46.87	45.29	44.86
NE8	Number of nutrition education courses/hours	0-Not mentioned/no policy	97.04	98.46	97.35	95.83	97.12	95.95
		1-Vague/suggested or not all grades	2.39	0.96	2.36	3.44	2.14	3.57
		2-Specified	0.57	0.57	0.29	0.73	0.74	0.47

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			% of students (<u>weighted</u> by grade level)			% of students (<u>weighted</u> by grade level)		
			ES	MS	HS	ES	MS	HS
NE9	Nutrition education quality	0-Not mentioned/no policy	46.14	47.93	47.03	40.76	43.20	43.43
		1-Vague/suggested	14.01	13.51	14.81	15.72	15.02	15.23
		2-Curriculum aligned with benchmarks/standards, sequential	39.84	38.56	38.16	43.51	41.78	41.34
SCHOOL MEALS								
US10*	FW: Guidelines for school meals are not less restrictive than federal requirements	0-No goal/policy	23.83	26.85	27.93	11.11	11.85	13.92
		1-Should/strive to meet federal school meals regs	1.51	1.58	1.35	1.87	1.95	1.63
		2-Will meet federal school meal regulations	74.66	71.57	70.72	87.02	86.20	84.45
US11*	School Breakfast Program	0-Not mentioned/no policy	39.28	42.28	44.12	28.12	28.78	31.29
		1-Suggests/promotes general breakfast program or encourages healthy breakfast	18.08	17.37	16.18	18.57	18.39	16.28
		2-Clearly offers national SBP	42.64	40.34	39.70	53.31	52.84	52.43
US12	Summer Food Service Program	0-Not mentioned/no policy	90.85	91.29	92.20	82.83	81.36	80.56
		1-Suggests/promotes general summer food program	3.45	3.28	2.82	4.46	4.25	3.71
		2-Clearly offers national Summer Food Program	5.70	5.43	4.98	12.70	14.39	15.73
US13*	Specifies guidelines beyond US Dietary Guidelines	0-Not mentioned/no policy	57.26	60.38	58.86	46.94	48.50	46.77
		1-Vague/suggested or meet Dietary Guidelines	32.41	29.68	31.05	35.19	32.67	33.39
		2-Clearly exceed Dietary Guidelines	10.33	9.93	10.09	17.87	18.82	19.84
US14	Using low-fat versions of foods/cooking methods	0-Not mentioned/no policy	80.11	82.62	84.26	75.31	78.57	81.79
		1-Vague/suggested	16.37	14.40	13.28	19.43	16.88	14.23
		2-Specific and required	3.53	2.97	2.46	5.26	4.55	3.98
US15	Strategies to increase participation in school meal programs	0-Not mentioned/no policy	62.73	63.75	64.17	53.38	53.24	52.41
		1-Vague/suggested	25.68	24.72	25.01	28.26	26.67	27.09
		2-Specific and required	11.59	11.53	10.82	18.36	20.09	20.50
US16	Optimizes meal scheduling	0-Not mentioned/no policy	67.00	71.77	72.83	63.02	69.21	70.22
		1-Vague/suggested	28.02	25.46	24.80	30.50	27.40	26.85
		2-Specific and required	4.98	2.77	2.38	6.48	3.39	2.94
US17*	Adequate time to eat (≥20 mins for lunch; ≥ 10 mins for breakfast)	0-Not mentioned/no policy	48.97	51.04	52.51	37.36	38.41	38.99
		1-Vague/suggested or < time guidelines	41.28	39.80	38.94	51.39	52.12	52.41
		2-Required	9.74	9.16	8.55	11.24	9.47	8.59

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			% of students (<u>weighted</u> by grade level)			% of students (<u>weighted</u> by grade level)		
			ES	MS	HS	ES	MS	HS
US18	Hand-washing	0-Not mentioned/no policy	83.08	83.78	84.96	80.89	81.70	83.20
		1-Vague/suggested	3.89	3.55	3.47	5.31	4.96	4.71
		2-Ensures assistance with hand-washing/facilitating	13.03	12.67	11.57	13.81	13.34	12.10
US19	Nutrition qualifications of meal staff	0-Not mentioned/no policy	79.53	79.88	78.76	72.01	70.65	68.37
		1-Vague/suggested	0.82	0.87	0.90	0.71	0.75	0.76
		2-Required	19.64	19.25	20.34	27.28	28.60	30.87
US20	Training for food service staff	0-Not mentioned/no policy	76.19	76.59	76.06	66.67	65.21	63.48
		1-Vague/suggested	18.28	18.02	18.02	21.58	21.31	20.43
		2-Required	5.52	5.39	5.92	11.75	13.48	16.09
US21	School meal environment	0-Not mentioned/no policy	49.79	51.62	51.84	38.83	38.91	38.51
		1-Vague/suggested	9.20	8.80	9.51	14.15	13.43	13.72
		2-Requires specifics strategies	41.01	39.57	38.65	47.02	47.65	47.77
US22*	Nutrition information for school meals	0-Not mentioned/no policy	80.38	80.90	81.90	72.46	72.03	71.90
		1-Vague/suggested	7.92	7.70	7.49	8.89	8.57	8.26
		2-Specific and required	11.70	11.40	10.60	18.65	19.40	19.84
US38a	Farm-to-school program	0-Not mentioned/no policy	93.79	94.05	94.89	91.81	92.20	93.99
		1-Vague/suggested	5.54	5.29	4.51	7.30	6.93	5.90
		2-Specific and required	0.67	0.66	0.60	0.88	0.87	0.77
COMPETITIVE FOODS								
NG23*	FW: Nutrition guidelines for all foods outside of the school meal program during the SD	0-No goal/policy	18.52	22.29	24.45	6.50	8.18	10.95
		1-Suggested or only meet Dietary Guidelines	26.95	27.59	28.19	28.26	30.24	30.28
		2-Required/definitively in place	54.53	50.12	47.36	65.24	61.58	58.76
<i>Access Restrictions</i>								
NG23b	Competitive food and beverage ban	0-Not mentioned/no policy	83.52	96.56	98.56	81.62	95.36	98.07
		1-Suggested or only applies to food (not bev) or visa versa	14.37	3.44	1.44	15.51	4.64	1.93
		2-Required	2.11	0.00	0.00	2.87	0.00	0.00
NG23c	Nutrition guidelines apply to vending contracts	0-Not mentioned/no policy	85.00	85.94	86.37	80.26	81.45	82.89
		1-Suggested/encouraged	3.23	3.04	2.63	4.12	3.92	3.33
		2-Required	11.77	11.02	10.99	15.63	14.62	13.78

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			% of students (<u>weighted</u> by grade level)			% of students (<u>weighted</u> by grade level)		
			ES	MS	HS	ES	MS	HS
NG24*	Vending machines	0-Not mentioned/no policy	29.88	34.18	35.85	17.05	19.64	21.83
		1-Suggested/limited restrictions	31.42	50.08	52.20	33.40	51.38	55.18
		2-Ban or all F&B must meet guidelines	38.71	15.74	11.95	49.55	28.98	22.99
NG25*	School stores	0-Not mentioned/no policy	36.89	40.92	42.99	25.54	27.66	29.81
		1-Suggested/limited restrictions	31.25	45.50	46.56	32.36	46.42	49.35
		2-Ban or all F&B must meet guidelines	31.86	13.58	10.45	42.10	25.91	20.83
NG26*	A la carte	0-Not mentioned/no policy	31.15	35.21	37.16	18.87	21.43	23.75
		1-Suggested/limited restrictions	43.21	50.33	51.41	44.88	50.81	54.07
		2-Ban or all F&B must meet guidelines	25.65	14.46	11.43	36.24	27.75	22.18
NG27*	Class parties and celebrations	0-Not mentioned/no policy	45.60	47.88	47.86	35.47	36.06	37.80
		1-Suggested/limited restrictions	53.05	50.80	51.06	58.62	55.97	52.96
		2-Ban or all F&B must meet guidelines	1.35	1.32	1.08	5.91	7.96	9.23
NG28	Food from home for whole class	0-Not mentioned/no policy	45.51	47.56	47.61	35.47	35.94	37.68
		1-Suggested/limited restrictions	52.91	50.88	51.06	58.51	55.97	52.96
		2-Ban or all F&B must meet guidelines	1.58	1.57	1.33	6.02	8.08	9.36
NG29	Food before school	0-Not mentioned/no policy	75.74	76.95	77.21	71.12	72.72	72.88
		1-Suggested/limited restrictions	10.85	16.33	18.46	12.25	11.26	12.49
		2-Nutrition guidelines apply to before school sales	13.40	6.72	4.33	16.63	16.02	14.63
NG30	Food after school	0-Not mentioned/no policy	86.36	92.21	92.66	84.90	91.40	92.24
		1-Suggested/limited restrictions	5.46	5.43	5.35	6.10	5.89	5.64
		2-Nutrition guidelines apply to after school sales	8.18	2.36	1.99	9.00	2.71	2.12
NG31	Food at evening/community events	0-Not mentioned/no policy	84.09	85.53	86.74	82.63	84.02	85.38
		1-Suggested/limited restrictions	14.65	13.63	12.18	16.35	15.43	13.82
		2-Nutrition guidelines apply	1.26	0.84	1.08	1.03	0.55	0.80
NG32	Fundraisers	0-Not mentioned/no policy	47.05	49.40	51.81	33.86	34.64	36.39
		1-Limited restrictions or only fundraisers during SD	51.71	49.69	47.33	59.93	57.68	54.56
		2-Nutrition guidelines apply to all fundraisers	1.24	0.91	0.86	6.21	7.68	9.06

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			% of students (<u>weighted</u> by grade level)			% of students (<u>weighted</u> by grade level)		
			ES	MS	HS	ES	MS	HS
NG40*	Use of food as a reward/punishment	0-Not mentioned/no policy or encourages healthy food as reward	67.87	68.90	70.47	64.24	65.03	67.61
		1-Discourage food as a reward/prohibit as punishment	23.47	22.73	21.79	27.51	27.01	25.31
		2-Prohibits using food as a reward/punishment	8.66	8.37	7.73	8.24	7.96	7.08
<i>Content Restrictions</i>								
NG33*	Sugar content of Foods	0-Not mentioned/no policy	59.13	60.23	64.90	45.40	48.91	53.92
		1-Suggested/limited restrictions	20.12	28.72	27.27	28.52	28.16	27.94
		2-Specific and required OR competitive food ban	20.76	11.05	7.83	26.08	22.93	18.14
NG34*	Fat content of foods	0-Not mentioned/no policy	42.95	44.47	47.46	28.71	31.78	34.19
		1-Suggested/limited restrictions	26.39	36.80	37.55	29.74	30.16	31.79
		2-Specific and required OR competitive food ban	30.66	18.73	14.98	41.55	38.06	34.02
NG35	Sodium content of foods	0-Not mentioned/no policy	72.50	73.82	75.83	63.09	63.20	65.28
		1-Suggested/limited restrictions	18.13	20.21	20.25	20.48	20.87	21.22
		2-Specific and required OR competitive food ban	9.37	5.97	3.92	16.44	15.93	13.50
NG36*	Calorie content per serving size	0-Not mentioned/no policy	80.29	80.32	89.06	73.40	76.52	78.74
		1-Suggested/limited restrictions	12.17	14.52	8.28	9.09	9.13	9.01
		2-Specific and required OR competitive food ban	7.54	5.16	2.66	17.51	14.35	12.25
NG37	Serving size of foods	0-Not mentioned/no policy	66.47	66.55	70.51	54.59	56.48	60.07
		1-Suggested/limited restrictions	13.56	16.33	14.87	21.65	22.41	23.30
		2-Specific and required OR competitive food ban	19.98	17.12	14.61	23.76	21.11	16.63
NG38	Whole/unprocessed & fresh food availability	0-Not mentioned/no policy	49.90	53.24	53.34	41.26	42.89	42.24
		1-Suggested	42.80	39.15	39.52	47.11	43.52	43.14
		2-Specific and required	7.31	7.61	7.15	11.62	13.59	14.61
NG39	Ingredients with questionable effects (e.g., trans fats, artificial sweeteners)	0-Not mentioned/no policy	78.15	79.38	80.71	59.62	63.65	65.09
		1-Suggested/limited restrictions	12.81	13.36	14.83	23.52	20.80	21.31
		2-Specific and required or competitive food ban	9.04	7.26	4.46	16.86	15.54	13.61
NG41*	Nutrition information provided for competitive foods	0-Not mentioned/no policy	90.39	92.15	91.86	83.58	83.69	82.36
		1-Suggested	3.93	3.82	4.16	4.65	4.48	4.50
		2-Specific and required or competitive food ban	5.68	4.03	3.98	11.77	11.83	13.14

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			% of students (<u>weighted</u> by grade level)			% of students (<u>weighted</u> by grade level)		
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NG42	Sugar content of beverages	0-Not mentioned/no policy	51.75	55.06	60.79	38.98	43.53	48.44
		1-Suggested/limited restrictions	33.53	39.75	36.04	40.00	42.57	39.69
		2-Specific and required or competitive food ban	14.72	5.19	3.18	21.01	13.90	11.86
NG43	Fat content of beverages	0-Not mentioned/no policy	73.14	85.14	87.32	72.11	85.52	88.32
		1-Suggested/limited restrictions	15.13	9.37	9.25	14.86	6.97	7.68
		2-Specific and required or competitive food ban	11.73	5.50	3.44	13.03	7.50	3.99
NG44*	Calorie content of beverages	0-Not mentioned/no policy	92.05	93.32	95.28	89.31	90.86	93.75
		1-Suggested/limited restrictions	5.11	5.92	3.57	7.16	8.52	5.14
		2-Specific and required or competitive food ban	2.84	0.75	1.15	3.54	0.62	1.11
NG45*	Regular soda	0-Not mentioned/no policy	44.00	48.40	61.38	32.72	34.95	41.87
		1-Suggested/limited restrictions	13.65	16.68	22.01	13.53	15.50	30.05
		2-Banned	42.35	34.92	16.61	53.75	49.55	28.08
NG46*	Beverages (other than soda) with added caloric sweeteners	0-Not mentioned/no policy	60.48	78.30	84.19	49.49	70.05	75.75
		1-Suggested/limited restrictions	25.60	17.23	13.65	30.43	17.33	21.95
		2-Banned	13.92	4.46	2.16	20.08	12.62	2.30
NG47	Sugar/calorie content of milk	0-Not mentioned/no policy	81.65	84.44	86.60	78.95	82.27	85.06
		1-Suggested/limited restrictions	3.35	10.39	9.93	3.22	10.87	9.96
		2-Specific and required limit or competitive food ban	15.00	5.17	3.47	17.82	6.86	4.98
NG48*	Fat content of milk	0-Not mentioned/no policy	68.37	70.75	82.06	56.81	60.22	62.05
		1-Suggested/limited restrictions (2% included)	25.78	25.91	15.82	30.40	28.10	26.34
		2-Specific and required limit (1% or skim only)	5.85	3.34	2.12	12.78	11.67	11.61
NG49	Serving size limit for beverages	0-Not mentioned/no policy	66.87	66.52	70.36	62.94	63.87	68.88
		1-Suggested/limited restrictions	23.72	27.04	25.23	18.99	21.11	20.45
		2-Specific and required OR competitive food ban	9.41	6.43	4.42	18.06	15.02	10.66
NG50*	Caffeine content of beverages	0-Not mentioned/no policy	59.80	79.43	83.53	48.49	70.18	74.10
		1-Suggested/limited restrictions	19.85	13.71	13.00	13.15	11.44	12.48
		2-Specific and required OR competitive food ban	20.36	6.86	3.46	38.36	18.38	13.42

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			% of students (<u>weighted</u> by grade level)			% of students (<u>weighted</u> by grade level)		
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NG51*	Availability of free drinking water throughout the school and school day	0-Not mentioned/no policy	88.43	88.81	89.21	87.41	87.76	88.67
		1-Suggested/encouraged	2.96	2.90	2.87	4.10	3.99	3.72
		2-Free water is always available	8.61	8.29	7.91	8.49	8.25	7.61
PHYSICAL EDUCATION (PE)								
PE52a*	PE addressed in district policy	0-Not mentioned/no policy	24.02	27.09	27.68	10.56	11.46	13.03
		1-Definitively addressed	75.98	72.91	72.32	89.44	88.54	86.97
PE52	PE curriculum all grades	0-Not mentioned/no policy	42.41	45.04	46.22	30.53	31.77	33.10
		1-Suggested/encouraged	16.77	16.92	19.40	24.73	26.80	29.13
		2-Clear curriculum	40.81	38.04	34.38	44.75	41.43	37.77
PE53*	Time requirements for PE:	0-Not mentioned/no policy	71.07	75.88	84.95	61.07	65.54	73.06
PE54*	≥ 150 mins/week (ES)	1- < NASPE standards or specifies days (not duration)	25.94	21.57	11.21	34.92	31.38	23.00
PE55*	≥ 225 mins/week (MS/HS)	2- ≥ NASPE standards	2.99	2.56	3.84	4.01	3.07	3.95
PE56*	PE teaches physically active lifestyle	0-Not mentioned/no policy	42.62	43.73	43.45	31.20	30.86	30.57
		1- Suggested/encouraged	10.98	9.03	7.93	11.66	8.72	7.37
		2- Required	46.39	47.23	48.62	57.14	60.42	62.06
PE57	PE competency (skills, knowledge) assessment	0-Not mentioned/no policy	59.98	60.65	59.57	50.85	50.30	48.57
		1- Suggested/encouraged	13.46	12.71	13.53	19.62	20.81	23.57
		2- Required	26.56	26.64	26.90	29.53	28.88	27.87
PE58	PE quality	0-Not mentioned/no policy	52.21	53.75	52.94	42.54	42.90	41.61
		1- Suggested/encouraged	13.72	12.54	10.72	20.30	19.92	18.71
		2- Curriculum aligned with stds/benchmarks, sequential	34.07	33.71	36.34	37.17	37.18	39.67
PE59	Inclusive play	0-Not mentioned/no policy	58.05	58.74	56.89	49.01	48.79	46.12
		1- Suggested/encouraged	10.33	8.27	8.25	15.79	15.73	16.96
		2- Required	31.61	32.99	34.86	35.20	35.48	36.92
PE60	PE courses/credits required for graduation	0-Not mentioned/no policy			83.60			73.18
		1- Suggested/encouraged	N/A	N/A	2.32	N/A	N/A	10.14
		2- Required			14.07			16.68
PE61	Daily PE requirement	0-Not mentioned/no policy	91.35	93.32	92.93	85.32	85.63	85.07
		1- Suggested/encouraged	5.17	2.81	3.23	10.82	10.50	12.58
		2- Required	3.49	3.88	3.84	3.86	3.86	2.36

LEGEND:

- 0=No Policy
- 1=Weak Policy
- 2=Strong Policy

Bridging the Gap Weighted Student-level Wellness Policy Data by Grade Level, SY 06-07 and 07-08

(Items with * are included in Monograph)

Variable	Description	Responses	SY 06-07			SY 07-08		
			% of students (<u>weighted</u> by grade level)			% of students (<u>weighted</u> by grade level)		
			ES	MS	HS	ES	MS	HS
PE62	Teacher-student ratio for PE	0-Not mentioned/no policy	89.70	89.81	90.21	81.93	81.34	80.68
		1- Suggested	9.14	9.21	9.04	16.19	17.47	18.37
		2- Specific and required	1.15	0.98	0.75	1.89	1.19	0.95
PE63	Safe/adequate equipment/ facilities	0-Not mentioned/no policy	82.81	82.66	82.60	73.42	72.12	72.47
		1- Suggested	8.01	7.78	8.75	16.66	17.45	18.28
		2- Specific and required	9.19	9.56	8.65	9.91	10.43	9.26
PE64*	Moderate-to-vigorous activity	0-Not mentioned/no policy	72.20	73.50	75.33	64.07	64.61	64.63
		1- Moderate-to-vigorous activity addressed but <50% time or not specified	21.59	20.42	19.87	28.47	28.34	29.14
		2- ≥ 50% class time devoted to moderate-to-vigorous activity	6.22	6.08	4.80	7.46	7.05	6.23
PE65*	Qualifications of PE instructors	0-Not mentioned/no policy	68.70	70.34	69.77	58.81	58.86	57.52
		1- Suggested	12.51	10.90	10.17	17.15	18.31	18.47
		2- Requires PE to be taught by qualified instructors	18.79	18.76	20.06	24.04	22.83	24.01
PE66	Training for PE instructors	0-Not mentioned/no policy	80.64	81.89	81.21	77.81	79.69	78.56
		1- Suggested or training for teachers generally (not PE-specific)	9.44	8.51	9.95	12.19	10.65	12.67
		2- Provision of PE training for PE instructors	9.92	9.60	8.84	10.00	9.67	8.77
PE67	Prohibits waivers for PE	0-Not mentioned/no policy	92.28	93.36	94.40	91.57	93.28	94.04
		1- Suggested	4.09	3.58	3.15	4.56	3.65	3.29
		2- PE waivers prohibited	3.63	3.05	2.46	3.87	3.06	2.67
PE68	Annual health assessment	0-Not mentioned/no policy	73.18	71.24	71.08	62.50	60.02	60.27
		1- Suggested/vague	26.54	28.04	28.25	37.16	38.83	38.64
		2- Specific and required	0.28	0.72	0.67	0.34	1.15	1.09
PE68a* (ch. 7 of mono)	BMI	0-Not mentioned/no policy	83.32	83.00	83.21	73.30	73.13	73.24
		1- BMI suggested (with or without reporting)	16.06	16.17	16.23	26.06	26.06	26.26
		2- BMI required without reporting	0.34	0.11	0.12	0.50	0.24	0.24
		3- BMI required with reporting	0.28	0.72	0.44	0.15	0.57	0.26

LEGEND:

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2=Strong Policy

Bridging the Gap Weighted Student-level Wellness Policy Data by Grade Level, SY 06-07 and 07-08

(Items with * are included in Monograph)

Variable	Description	Responses	SY 06-07			SY 07-08		
			% of students (<u>weighted</u> by grade level)			% of students (<u>weighted</u> by grade level)		
			ES	MS	HS	ES	MS	HS
PHYSICAL ACTIVITY (PA)								
PA69*	FW: Physical activity (PA) goals	0- No goal/policy 1- PA goal suggested or repeats FW language 2- PA goal specified	21.34 2.22 76.44	24.41 2.10 73.49	25.56 1.93 72.50	8.83 1.96 89.21	10.20 1.87 87.92	12.31 1.56 86.13
PA70*	PA outside of PE for every grade level	0-Not mentioned/no policy 1- Suggested/vague or not clear PA for all grades 2- Clear each grade will get PA outside of PE	40.66 26.54 32.80	45.60 24.63 29.76	49.28 23.44 27.28	34.80 28.17 37.03	40.01 26.17 33.82	44.76 24.02 31.22
PA72*	PA throughout the day	0-Not mentioned/no policy 1- Suggested 2- Required	54.12 36.55 9.33	57.17 35.59 7.24	58.71 34.34 6.94	44.29 45.28 10.43	45.43 45.57 9.00	46.31 45.27 8.42
PA73	Intramurals, interscholastic, extracurricular activities	0-Not mentioned/no policy 1- Suggested 2- Required/definitively offered	68.25 18.25 13.50	66.65 18.23 15.12	67.82 16.52 15.67	60.52 23.06 16.42	55.88 26.41 17.71	55.97 25.35 18.68
PA74	Community use of school facilities for physical activity purposes	0-Not mentioned/no policy 1- Suggested 2- Required/definitively in place	81.17 8.30 10.53	81.72 7.91 10.37	83.12 6.82 10.06	74.38 9.09 16.52	72.86 8.59 18.56	73.27 7.44 19.29
PA75	Safe (active) routes to school (SRTS)	0-Not mentioned/no policy 1- Suggested/encouraged 2- Ensures effort to promote SRTS	89.08 4.09 6.83	89.94 3.53 6.53	91.35 3.28 5.37	88.21 4.79 6.99	89.23 4.13 6.64	90.76 3.86 5.38
PA76*	Not using PA as punishment	0-Not mentioned/no policy 1- Suggested 2- Prohibits PA as punishment	75.05 10.29 14.67	78.99 8.32 12.70	80.16 6.81 13.03	63.96 19.89 16.15	67.14 18.79 14.07	67.92 18.40 13.68
PA77*	Daily recess	0-Not mentioned/no policy 1- Suggested or frequency vague 2- Required	69.91 14.79 15.30	N/A N/A N/A	N/A N/A N/A	59.70 22.33 17.97	N/A N/A N/A	N/A N/A N/A
PA78	Recess quality to promote PA	0-Not mentioned/no policy 1- Suggested 2- Specific and required	72.07 22.68 5.26	N/A N/A N/A	N/A N/A N/A	63.62 30.03 6.35	N/A N/A N/A	N/A N/A N/A

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Bridging the Gap Weighted Student-level Wellness Policy Data by Grade Level, SY 06-07 and 07-08

(Items with * are included in Monograph)

Variable	Description	Responses	SY 06-07			SY 07-08		
			% of students (<u>weighted</u> by grade level)			% of students (<u>weighted</u> by grade level)		
			ES	MS	HS	ES	MS	HS
STAFF PA/WELLNESS/MODELING								
PA71	PA opportunities for school staff	0-Not mentioned/no policy	84.05	84.59	85.02	80.77	81.64	82.02
		1- Suggested	11.93	11.53	11.26	15.48	14.76	14.66
		2- Required	4.01	3.88	3.72	3.76	3.60	3.32
CP80	Staff wellness programs	0-Not mentioned/no policy	76.31	77.29	78.17	66.48	65.67	65.20
		1- Suggested	13.82	13.04	11.39	21.59	22.77	22.62
		2- Required/definitively in place	9.88	9.67	10.45	11.93	11.57	12.18
CP82	Staff to role model healthy behaviors	0-Not mentioned/no policy	70.25	71.08	71.06	67.17	67.95	68.21
		1- Suggested	6.79	6.64	6.91	7.66	7.35	7.62
		2- Require schools to encourage staff modeling	22.96	22.28	22.03	25.17	24.71	24.18
STAKEHOLDER INVOLVEMENT/FEEDBACK								
CP79	FW: Stakeholders involved in development of wellness policy	0-Not mentioned/no policy	61.09	63.02	62.08	53.70	53.10	52.34
		1- Suggested or not clear all reqd. stakeholders involved	16.00	15.43	14.91	21.64	22.98	22.76
		2- All reqd. stakeholders involved in policy dev.	22.91	21.55	23.00	24.66	23.92	24.90
CP85	Methods to solicit input	0-Not mentioned/no policy	68.23	69.22	70.19	60.07	59.61	59.79
		1- Suggested/vague	15.75	15.16	13.60	18.53	17.32	16.29
		2- Required and specific	16.02	15.62	16.21	21.40	23.07	23.91
CP86	How to engage parents/ community	0-Not mentioned/no policy	67.77	68.81	70.57	58.37	57.64	57.90
		1- Suggested/vague	10.32	10.09	8.47	15.29	17.34	17.66
		2- Required and specific	21.90	21.10	20.96	26.34	25.02	24.44
CP87	Content communicated to parents	0-Not mentioned/no policy	51.40	53.59	54.34	40.03	40.07	40.21
		1- Suggested/vague	24.62	23.20	23.56	34.18	35.02	36.59
		2- Required and specific	23.98	23.21	22.10	25.79	24.91	23.20
CP90*	Ongoing health advisory committee (ch. 7 of mono)	0-Not mentioned/no policy	51.36	53.18	53.81	37.35	37.07	37.91
		1- Suggested/vague	11.09	10.62	9.74	13.54	12.95	11.74
		2- Required and clearly ongoing	37.54	36.19	36.45	49.11	49.97	50.35
MESSAGING, MARKETING, & PROMOTION								
CP81	Consistency of nutrition messages	0-Not mentioned/no policy	43.65	45.82	48.04	31.64	31.74	34.57
		1- Suggested/vague	33.04	32.04	32.11	44.10	45.02	44.84
		2-Specific and required	23.31	22.14	19.86	24.26	23.24	20.59

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Bridging the Gap Weighted Student-level Wellness Policy Data by Grade Level, SY 06-07 and 07-08

(Items with * are included in Monograph)

Variable	Description	Responses	SY 06-07			SY 07-08		
			% of students (<u>weighted</u> by grade level)			% of students (<u>weighted</u> by grade level)		
			ES	MS	HS	ES	MS	HS
CP83	Responsible for communication	0-Not mentioned/no policy	66.49	67.67	68.59	57.98	57.42	57.11
		1- Suggested/vague	22.82	22.00	21.27	28.87	30.00	30.03
		2- Specific and required	10.69	10.33	10.14	13.15	12.58	12.86
CP84	Coordinated School Health program	0-Not mentioned/no policy	76.38	77.66	77.04	71.13	72.48	71.70
		1- Suggested/vague	5.47	5.31	5.55	5.99	5.84	5.96
		2- Definitively in place	18.15	17.03	17.41	22.89	21.68	22.35
CP88* (ch. 5 of mono)	Marketing healthy choices	0-Not mentioned/no policy	77.87	78.44	78.42	75.64	76.62	77.21
		1- Suggested/vague	13.46	12.80	13.11	15.13	14.18	13.93
		2- Specific and required	8.67	8.77	8.47	9.23	9.20	8.86
CP89* (ch. 5 of mono)	Advertising/marketing of unhealthy choices	0-Not mentioned/no policy	81.27	82.57	83.71	75.20	74.66	73.45
		1- Suggested	8.36	7.82	9.11	8.81	8.22	9.76
		2- Prohibited	10.36	9.62	7.19	16.00	17.13	16.79
EVALUATION & IMPLEMENTATION								
E91	FW: Plan for measuring implementation, including designating person responsible	0-Not mentioned/no policy	24.99	27.81	28.60	12.65	13.25	14.87
		1- Suggested or does not designate responsible person	6.05	5.77	6.34	6.66	6.34	6.94
		2- Specific and required	68.96	66.43	65.06	80.69	80.41	78.19
E92*	Plan for implementation	0-Not mentioned/no policy	28.33	30.91	32.07	15.07	15.44	17.90
		1- Suggested or does not designate responsible person	6.28	6.22	6.77	6.97	6.85	6.69
		2- Specific and required with responsible person	65.39	62.87	61.16	77.95	77.71	75.42
E93*	Plan for evaluation	0-Not mentioned/no policy	56.49	57.80	59.57	45.18	44.33	45.91
		1- Suggested	34.90	33.88	32.72	44.49	45.90	44.37
		2- Specific and required	8.61	8.32	7.71	10.33	9.77	9.72
E94*	Audience and frequency of reporting	0-Not mentioned/no policy	53.41	55.21	56.48	43.44	43.06	44.17
		1- Suggested	20.19	19.44	19.55	25.73	27.53	27.63
		2- Specific and required	26.40	25.35	23.96	30.83	29.41	28.20
E95*	Funding support	0-Not mentioned/no policy	93.31	93.33	94.00	94.10	94.05	94.79
		1- Suggested	4.97	5.00	4.73	4.41	4.50	4.12
		2- Identifies a specific source of funding	1.73	1.67	1.27	1.49	1.45	1.09

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Bridging the Gap Weighted Student-level Wellness Policy Data by Grade Level, SY 06-07 and 07-08

(Items with * are included in Monograph)

Variable	Description	Responses	SY 06-07			SY 07-08		
			% of students (<u>weighted</u> by grade level)			% of students (<u>weighted</u> by grade level)		
			ES	MS	HS	ES	MS	HS
E96*	Plan for revising the policy	0-Not mentioned/no policy	67.66	68.60	69.32	62.06	63.32	64.97
		1- Suggested	8.73	8.56	8.62	8.05	8.07	7.41
		2- Specific and required	23.61	22.84	22.06	29.89	28.61	27.62
E100	Requires district to report to the state	0-Not mentioned/no policy	99.76	99.76	99.75	99.74	99.74	99.74
		1- Yes	0.24	0.24	0.25	0.26	0.26	0.26

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Bridging the Gap Weighted Student-level Wellness Policy Data by Grade Level and Region, SY 06-07 and 07-08

(Items with * are included in Monograph)

Note 1: Data have been recoded to reflect only policies in effect as of day after Labor Day for each SY (proxy for first day of SY as per FW requirement)

Note 2: Weighted data adjusted for non-response

Note 3: Significance levels are based on bivariate analyses only. Full monograph highlights significant multivariate findings.

			Elementary School - Region									
			SY 06-07					SY 07-08				
			% of students (<u>weighted</u> by grade level)					% of students (<u>weighted</u> by grade level)				
Variable	Description	Responses	West	Mid-W	South	N.E.	Sig X ²	West	Mid-W	South	N.E.	Sig X ²
NUTRITION EDUCATION												
NE1*	FW: Nutrition education goal	0-No goal/policy 1-NE goal suggested or repeats FW language 2-NE goal specified	11.82 3.17 85.01	15.56 2.46 81.98	14.71 2.06 83.23	39.91 1.56 58.53	<.001	3.87 3.78 92.35	6.21 1.22 92.57	7.25 2.38 90.37	6.07 1.40 92.53	n/s
NE2*	Nutrition education curriculum	0-Not mentioned/no policy 1-Curriculum reqd/suggested, not clear all grades 2-Clear NE curriculum, all grades	28.40 19.29 52.31	37.11 37.09 25.80	30.70 41.54 27.76	49.28 14.47 36.25	<.001	22.80 21.73 55.47	25.14 47.61 27.25	24.75 43.01 32.24	47.66 14.36 37.97	<.001
NE3	Nutrition education within larger school community	0-Not mentioned/no policy 1-Vague/suggested 2-Yes, with specific strategies	34.69 60.78 4.53	35.48 50.98 13.55	34.95 50.93 14.12	57.71 34.10 8.20	<.01	27.00 68.46 4.54	25.09 58.32 16.59	33.48 50.38 16.14	25.87 66.89 7.24	<.05
NE4	Nutrition education beyond school environment	0-Not mentioned/no policy 1-Vague/suggested 2-Yes, with specific strategies	46.30 49.07 4.63	68.85 28.39 2.76	45.34 46.40 8.26	66.66 19.70 13.64	<.001	41.63 54.71 3.67	60.88 36.66 2.46	42.16 50.16 7.69	33.87 54.02 12.11	<.05
NE5	Nutrition education training for teachers	0-Not mentioned/no policy 1-Vague/suggested or just a subset of teachers 2-Required for all teachers	73.92 20.20 5.88	75.47 18.43 6.10	55.28 33.25 11.47	72.58 22.72 4.69	<.01	71.46 24.04 4.51	70.57 22.32 7.11	53.95 34.87 11.18	44.09 49.22 6.68	<.01
NE6*	Nutrition education integrated into other subjects	0-Not mentioned/no policy 1-Vague/suggested 2-Required	40.58 31.16 28.26	60.61 17.75 21.64	54.50 16.39 29.11	65.41 8.96 25.63	<.01	35.45 35.09 29.46	51.13 25.28 23.59	50.59 16.31 33.10	65.12 13.29 21.59	<.01
NE7*	Nutrition education teaches behavior-focused skills	0-Not mentioned/no policy 1-Vague/suggested 2-Required	25.76 19.85 54.39	38.78 14.48 46.74	28.50 34.62 36.88	48.31 8.10 43.60	<.001	20.08 21.08 58.84	29.40 20.67 49.94	23.78 36.34 39.88	18.74 38.81 42.45	<.1

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Bridging the Gap Weighted Student-level Wellness Policy Data by Grade Level and Region, SY 06-07 and 07-08

(Items with * are included in Monograph)

Variable	Description	Responses	Elementary School - Region									
			SY 06-07					SY 07-08				
			% of students (<u>weighted</u> by grade level)					% of students (<u>weighted</u> by grade level)				
			West	Mid-W	South	N.E.	Sig X ²	West	Mid-W	South	N.E.	Sig X ²
NE8	Number of nutrition education courses/hours	0-Not mentioned/no policy 1-Vague/suggested or not all grades 2-Specified	100.00	98.50	93.08	100.00	<.01	100.00	92.83	93.40	98.67	n/s
			0.00	1.18	5.60	0.00		0.00	5.92	5.32	1.33	
			0.00	0.32	1.32	0.00		0.00	1.25	1.27	0.00	
NE9	Nutrition education quality	0-Not mentioned/no policy 1-Vague/suggested 2-Curriculum aligned with benchmarks/standards, sequential	33.28	39.72	55.35	50.50	<.001	29.19	28.95	50.40	48.09	<.001
			6.13	30.63	13.78	5.54		6.19	37.53	14.26	8.96	
			60.59	29.65	30.86	43.96		64.62	33.52	35.34	42.95	
SCHOOL MEALS												
US10*	FW: Guidelines for school meals are not less restrictive than federal requirements	0-No goal/policy 1-Should/strive to meet federal school meals regs 2-Will meet federal school meal regulations	23.22	22.36	16.41	42.33	<.001	14.95	12.24	8.82	9.65	n/s
			0.00	3.27	1.31	1.89		0.41	3.47	1.51	3.03	
			76.78	74.37	82.29	55.78		84.64	84.29	89.67	87.32	
US11*	School Breakfast Program	0-Not mentioned/no policy 1-Suggests/promotes general breakfast program or encourages healthy breakfast 2-Clearly offers national SBP	29.01	40.37	36.00	58.45	<.001	20.07	34.77	30.01	28.05	<.001
			12.45	14.48	28.92	6.24		12.99	11.51	31.06	5.79	
			58.54	45.14	35.08	35.31		66.94	53.72	38.93	66.15	
US12	Summer Food Service Program	0-Not mentioned/no policy 1-Suggests/promotes general summer food program 2-Clearly offers national Summer Food Program	90.90	91.18	90.00	92.24	n/s	84.97	84.87	88.07	65.70	<.01
			2.86	6.86	2.93	1.39		2.06	11.38	3.69	2.15	
			6.24	1.95	7.07	6.37		12.98	3.75	8.24	32.15	
US13*	Specifies guidelines beyond US Dietary Guidelines	0-Not mentioned/no policy 1-Vague/suggested or meet Dietary Guidelines 2-Clearly exceed Dietary Guidelines	70.65	57.36	42.09	72.37	<.001	62.27	51.06	35.70	46.25	<.001
			19.71	30.24	47.09	19.86		20.21	35.43	51.26	19.71	
			9.65	12.40	10.81	7.77		17.52	13.51	13.04	34.04	
US14	Using low-fat versions of foods/cooking methods	0-Not mentioned/no policy 1-Vague/suggested 2-Specific and required	93.64	86.54	62.35	93.28	<.001	81.17	82.12	60.02	94.32	<.001
			3.29	7.68	35.11	3.10		8.94	11.21	37.12	3.05	
			3.06	5.78	2.55	3.62		9.89	6.67	2.86	2.64	
US15	Strategies to increase participation in school meal programs	0-Not mentioned/no policy 1-Vague/suggested 2-Specific and required	58.54	56.84	66.35	67.22	<.05	49.98	49.86	62.92	40.38	<.001
			34.62	32.81	19.24	19.63		38.84	39.29	21.05	17.66	
			6.84	10.35	14.41	13.15		11.18	10.86	16.03	41.96	

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Bridging the Gap Weighted Student-level Wellness Policy Data by Grade Level and Region, SY 06-07 and 07-08

(Items with * are included in Monograph)

			Elementary School - Region									
			SY 06-07					SY 07-08				
Variable	Description	Responses	% of students (<u>weighted</u> by grade level)					% of students (<u>weighted</u> by grade level)				
			West	Mid-W	South	N.E.	Sig X ²	West	Mid-W	South	N.E.	Sig X ²
US16	Optimizes meal scheduling	0-Not mentioned/no policy	79.04	68.56	61.02	62.40	<.01	75.96	59.16	58.20	59.78	<.01
		1-Vague/suggested	18.12	21.27	34.43	34.93		18.60	25.94	37.05	37.43	
		2-Specific and required	2.84	10.16	4.55	2.67		5.44	14.90	4.75	2.79	
US17*	Adequate time to eat (≥20 mins for lunch; ≥ 10 mins for breakfast)	0-Not mentioned/no policy	53.24	59.88	40.00	50.12	<.001	44.23	47.60	35.00	21.89	<.05
		1-Vague/suggested or < time guidelines	39.43	32.28	52.56	29.82		46.59	43.24	54.52	59.93	
		2-Required	7.33	7.84	7.44	20.05		9.18	9.16	10.48	18.18	
US18	Hand-washing	0-Not mentioned/no policy	87.08	79.64	83.76	80.39	n/s	84.68	79.56	82.05	74.32	n/s
		1-Vague/suggested	3.19	2.92	4.55	4.49		4.96	3.37	5.38	7.72	
		2-Ensures assistance with hand-washing/facilitating	9.73	17.44	11.69	15.12		10.36	17.08	12.57	17.96	
US19	Nutrition qualifications of meal staff	0-Not mentioned/no policy	87.76	72.92	76.82	82.31	<.05	78.68	73.70	75.10	53.70	<.05
		1-Vague/suggested	0.00	2.86	0.61	0.00		0.00	2.47	0.63	0.00	
		2-Required	12.24	24.22	22.57	17.69		21.32	23.82	24.27	46.30	
US20	Training for food service staff	0-Not mentioned/no policy	76.69	68.73	79.01	78.11	n/s	70.01	58.90	75.80	49.61	<.01
		1-Vague/suggested	14.07	25.08	16.38	20.01		18.38	35.60	16.94	21.46	
		2-Required	9.24	6.19	4.61	1.88		11.61	5.50	7.26	28.92	
US21	School meal environment	0-Not mentioned/no policy	56.14	55.73	41.28	52.98	<.05	49.58	43.39	36.71	23.47	<.01
		1-Vague/suggested	11.22	4.70	13.05	3.45		18.68	10.15	17.27	4.97	
		2-Requires specifics strategies	32.64	39.57	45.67	43.57		31.73	46.46	46.02	71.56	
US22*	Nutrition information for school meals	0-Not mentioned/no policy	78.50	85.99	80.12	76.87	<.1	71.68	85.69	77.15	48.59	<.001
		1-Vague/suggested	11.18	8.00	7.92	3.60		14.40	7.47	8.21	4.15	
		2-Specific and required	10.32	6.01	11.96	19.52		13.92	6.84	14.65	47.26	
US38a	Farm-to-school program	0-Not mentioned/no policy	86.65	98.91	94.31	96.02	<.01	80.04	98.12	94.61	95.32	<.001
		1-Vague/suggested	13.35	0.00	5.02	2.92		19.96	0.46	4.20	3.80	
		2-Specific and required	0.00	1.09	0.67	1.06		0.00	1.42	1.18	0.88	

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Bridging the Gap Weighted Student-level Wellness Policy Data by Grade Level and Region, SY 06-07 and 07-08

(Items with * are included in Monograph)

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			SY 06-07					SY 07-08				
Variable	Description	Responses	% of students (<u>weighted</u> by grade level)					% of students (<u>weighted</u> by grade level)				
			West	Mid-W	South	N.E.	Sig X ²	West	Mid-W	South	N.E.	Sig X ²
COMPETITIVE FOODS												
NG23*	FW: Nutrition guidelines for all foods outside of the school meal program during the SD	0-No goal/policy	13.29	17.07	13.27	38.31	<.001	5.31	10.49	4.93	7.44	<.05
		1-Suggested or only meet Dietary Guidelines	16.78	43.18	27.15	20.98		18.45	39.70	30.84	23.92	
		2-Required/definitively in place	69.93	39.76	59.57	40.71		76.24	49.81	64.23	68.64	
<i>Access Restrictions</i>												
NG23b	Competitive food and beverage ban	0-Not mentioned/no policy	90.94	91.21	67.92	98.54	<.001	92.54	89.30	64.36	96.99	<.001
		1-Suggested or only applies to food (not bev) or visa versa	7.05	8.79	27.80	1.46		5.50	10.35	29.93	2.53	
		2-Required	2.01	0.00	4.28	0.00		1.96	0.35	5.71	0.48	
NG23c	Nutrition guidelines apply to vending contracts	0-Not mentioned/no policy	86.10	91.97	74.65	97.82	<.001	77.24	89.15	71.38	95.06	<.001
		1-Suggested/encouraged	7.86	1.64	2.41	0.81		8.59	1.32	2.88	3.60	
		2-Required	6.04	6.39	22.95	1.38		14.17	9.52	25.73	1.34	
NG24*	Vending machines	0-Not mentioned/no policy	19.04	36.87	25.00	46.38	<.001	13.47	23.36	17.83	13.54	<.001
		1-Suggested/limited restrictions	22.15	53.11	30.93	19.42		21.54	56.18	32.56	27.49	
		2-Ban or all F&B must meet guidelines	58.81	10.02	44.07	34.20		64.99	20.46	49.62	58.96	
NG25*	School stores	0-Not mentioned/no policy	24.49	39.69	36.96	49.65	<.001	18.89	30.03	32.05	15.35	<.001
		1-Suggested/limited restrictions	20.71	56.20	24.18	31.30		20.25	57.14	25.73	37.75	
		2-Ban or all F&B must meet guidelines	54.80	4.11	38.86	19.04		60.86	12.83	42.22	46.90	
NG26*	A la carte	0-Not mentioned/no policy	22.00	35.49	26.33	48.40	<.001	14.82	22.20	21.41	15.26	<.001
		1-Suggested/limited restrictions	20.09	58.92	51.85	36.49		19.66	61.67	54.81	39.95	
		2-Ban or all F&B must meet guidelines	57.91	5.59	21.82	15.11		65.51	16.13	23.78	44.80	
NG27*	Class parties and celebrations	0-Not mentioned/no policy	40.87	48.35	44.30	51.41	n/s	37.59	37.49	38.81	22.67	<.001
		1-Suggested/limited restrictions	57.39	50.77	54.44	47.03		60.33	61.59	59.91	50.07	
		2-Ban or all F&B must meet guidelines	1.75	0.88	1.26	1.56		2.08	0.93	1.27	27.26	
NG28	Food from home for whole class	0-Not mentioned/no policy	40.55	48.24	44.30	51.41	n/s	37.21	37.98	38.81	22.67	<.001
		1-Suggested/limited restrictions	57.71	49.76	54.44	47.03		60.71	60.51	59.91	50.07	
		2-Ban or all F&B must meet guidelines	1.75	2.00	1.26	1.56		2.08	1.51	1.27	27.26	

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Variable	Description	Responses	% of students (<u>weighted</u> by grade level)					% of students (<u>weighted</u> by grade level)				
			West	Mid-W	South	N.E.	Sig X ²	West	Mid-W	South	N.E.	Sig X ²
NG29	Food before school	0-Not mentioned/no policy	50.87	88.38	79.88	84.60	<.001	43.33	81.86	76.99	85.62	<.001
		1-Suggested/limited restrictions	17.18	6.27	8.82	12.28		15.29	8.99	11.68	12.75	
		2-Nutrition guidelines apply to before school sales	31.95	5.35	11.30	3.12		41.39	9.15	11.33	1.62	
NG30	Food after school	0-Not mentioned/no policy	58.60	93.45	96.49	92.50	<.001	57.76	91.62	95.40	92.28	<.001
		1-Suggested/limited restrictions	10.49	6.55	2.85	3.24		9.08	8.38	3.66	4.93	
		2-Nutrition guidelines apply to after school sales	30.91	0.00	0.66	4.26		33.16	0.00	0.93	2.78	
NG31	Food at evening/community events	0-Not mentioned/no policy	80.96	90.79	81.53	85.94	n/s	81.65	87.43	80.58	83.45	n/s
		1-Suggested/limited restrictions	16.04	9.21	17.82	12.28		16.25	12.22	18.88	15.21	
		2-Nutrition guidelines apply	2.99	0.00	0.65	1.78		2.11	0.35	0.54	1.34	
NG32	Fundraisers	0-Not mentioned/no policy	29.71	69.01	43.13	52.66	<.001	18.91	56.84	37.28	22.44	<.001
		1-Limited restrictions or only fundraisers during SD	69.41	30.43	55.30	45.57		79.72	42.30	60.90	48.73	
		2-Nutrition guidelines apply to all fundraisers	0.88	0.56	1.56	1.78		1.37	0.87	1.83	28.83	
NG40*	Use of food as a reward/punishment	0-Not mentioned/no policy or encourages healthy food as reward	70.55	65.10	67.11	69.21	n/s	69.61	56.60	65.38	62.31	n/s
		1-Discourage food as a reward/prohibit as punishment	25.79	26.80	22.63	18.39		26.09	35.34	24.52	27.87	
		2-Prohibits using food as a reward/punishment	3.66	8.10	10.25	12.40		4.31	8.05	10.10	9.82	
Content Restrictions												
NG33*	Sugar content of Foods	0-Not mentioned/no policy	33.04	72.44	71.13	51.83	<.001	24.96	64.03	45.47	54.08	<.001
		1-Suggested/limited restrictions	14.62	25.55	9.58	43.69		15.88	25.87	32.66	39.91	
		2-Specific and required or competitive food ban	52.34	2.01	19.29	4.49		59.16	10.11	21.87	6.01	
NG34*	Fat content of foods	0-Not mentioned/no policy	30.94	54.94	40.72	49.52	<.001	22.32	43.57	28.55	22.06	<.001
		1-Suggested/limited restrictions	16.72	41.70	19.57	35.91		18.09	44.18	28.78	32.79	
		2-Specific and required or competitive food ban	52.34	3.36	39.71	14.57		59.59	12.25	42.67	45.15	
NG35	Sodium content of foods	0-Not mentioned/no policy	71.72	68.67	70.41	82.48	<.001	65.69	61.57	65.93	54.58	<.01
		1-Suggested/limited restrictions	14.71	31.00	14.18	16.18		14.46	38.08	18.22	15.08	
		2-Specific and required or competitive food ban	13.57	0.33	15.42	1.35		19.85	0.34	15.85	30.34	

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			SY 06-07					SY 07-08				
			% of students (<u>weighted</u> by grade level)					% of students (<u>weighted</u> by grade level)				
			West	Mid-W	South	N.E.	Sig X ²	West	Mid-W	South	N.E.	Sig X ²
NG36*	Calorie content per serving size	0-Not mentioned/no policy	48.94	89.62	88.26	93.16	<.001	48.08	80.53	80.03	86.54	<.001
		1-Suggested/limited restrictions	31.51	10.05	4.71	5.50		5.08	10.91	11.73	6.84	
		2-Specific and required or competitive food ban	19.55	0.33	7.03	1.34		46.84	8.56	8.24	6.62	
NG37	Serving size of foods	0-Not mentioned/no policy	73.40	76.54	55.57	69.24	<.001	66.23	72.07	43.15	45.15	<.001
		1-Suggested/limited restrictions	12.07	22.43	6.91	19.52		13.00	26.66	15.66	42.09	
		2-Specific and required or competitive food ban	14.54	1.03	37.52	11.24		20.77	1.27	41.18	12.76	
NG38	Whole/unprocessed & fresh food availability	0-Not mentioned/no policy	43.75	55.93	46.56	58.09	<.001	39.57	45.55	43.26	34.49	<.001
		1-Suggested	51.70	35.39	51.77	20.47		55.73	43.60	54.60	21.70	
		2-Specific and required	4.55	8.68	1.67	21.44		4.70	10.85	2.14	43.81	
NG39	Ingredients with questionable effects (e.g., trans fats, artificial sweeteners)	0-Not mentioned/no policy	73.46	86.40	85.13	59.67	<.001	65.64	84.49	54.59	35.57	<.001
		1-Suggested/limited restrictions	12.63	10.73	3.43	35.67		13.16	12.46	31.09	32.99	
		2-Specific and required or competitive food ban	13.91	2.87	11.44	4.66		21.20	3.05	14.32	31.44	
NG41*	Nutrition information provided for competitive foods	0-Not mentioned/no policy	88.20	90.79	90.56	92.39	n/s	87.58	90.42	86.20	64.55	<.001
		1-Suggested	5.95	5.00	3.15	1.75		7.03	5.17	3.70	2.87	
		2-Specific and required or competitive food ban	5.86	4.21	6.29	5.86		5.40	4.41	10.10	32.59	
NG42	Sugar content of beverages	0-Not mentioned/no policy	35.35	69.44	50.52	55.29	<.001	27.45	61.30	40.11	28.62	<.001
		1-Suggested/limited restrictions	50.12	26.91	31.60	23.75		58.38	34.27	39.86	20.48	
		2-Specific and required or competitive food ban	14.53	3.65	17.89	20.96		14.17	4.44	20.03	50.91	
NG43	Fat content of beverages	0-Not mentioned/no policy	91.31	89.16	60.26	58.66	<.001	91.53	88.99	57.90	58.53	<.001
		1-Suggested/limited restrictions	3.49	7.19	23.36	21.75		3.64	6.80	24.03	18.67	
		2-Specific and required or competitive food ban	5.20	3.65	16.38	19.59		4.83	4.21	18.06	22.80	
NG44*	Calorie content of beverages	0-Not mentioned/no policy	96.88	94.61	86.99	93.69	<.05	96.52	89.50	85.06	88.51	<.05
		1-Suggested/limited restrictions	1.11	4.37	7.37	6.31		1.52	9.43	7.90	11.01	
		2-Specific and required or competitive food ban	2.01	1.02	5.64	0.00		1.96	1.07	7.05	0.48	
NG45*	Regular soda	0-Not mentioned/no policy	29.63	62.86	37.37	55.19	<.001	22.34	54.53	31.55	26.49	<.001
		1-Suggested/limited restrictions	12.90	20.12	11.99	10.71		13.14	21.14	10.75	12.14	
		2-Banned	57.47	17.02	50.64	34.10		64.52	24.33	57.70	61.38	

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			West	Mid-W	South	N.E.	Sig X ²	West	Mid-W	South	N.E.	Sig X ²
NG46*	Beverages (other than soda) with added caloric sweeteners	0-Not mentioned/no policy	43.49	79.73	57.88	65.89	<.001	42.06	73.85	48.23	36.53	<.001
		1-Suggested/limited restrictions	35.36	16.62	28.94	16.09		37.87	21.72	36.27	16.04	
		2-Banned	21.15	3.65	13.18	18.02		20.07	4.44	15.50	47.43	
NG47	Sugar/calorie content of milk	0-Not mentioned/no policy	86.86	99.68	70.09	78.90	<.001	82.62	97.70	66.21	82.38	<.001
		1-Suggested/limited restrictions	0.78	0.32	1.29	14.62		0.34	2.30	1.58	12.06	
		2-Specific and required or competitive food ban	12.36	0.00	28.62	6.48		17.04	0.00	32.21	5.56	
NG48*	Fat content of milk	0-Not mentioned/no policy	44.63	79.93	73.10	75.74	<.001	38.62	73.96	63.27	49.41	<.001
		1-Suggested/limited restrictions	51.87	16.54	16.76	21.92		52.83	22.18	25.02	19.71	
		2-Specific and required or competitive food ban	3.50	3.53	10.14	2.34		8.56	3.86	11.71	30.88	
NG49	Serving size limit for beverages	0-Not mentioned/no policy	80.84	81.29	54.76	58.06	<.001	78.53	78.59	47.94	57.95	<.001
		1-Suggested/limited restrictions	6.08	17.69	31.83	36.19		7.65	20.34	17.74	36.48	
		2-Specific and required or competitive food ban	13.08	1.02	13.41	5.75		13.83	1.07	34.32	5.57	
NG50*	Caffeine content of beverages	0-Not mentioned/no policy	42.54	79.92	59.10	60.47	<.001	35.95	75.03	50.59	32.80	<.001
		1-Suggested/limited restrictions	5.60	16.81	29.02	22.18		6.47	12.98	14.42	19.92	
		2-Specific and required or competitive food ban	51.86	3.27	11.88	17.35		57.59	11.99	34.98	47.28	
NG51*	Availability of free drinking water throughout the school and school day	0-Not mentioned/no policy	87.22	90.24	91.00	82.38	<.05	86.85	85.49	90.34	83.61	n/s
		1-Suggested/encouraged	6.07	3.43	1.98	0.45		6.32	6.85	3.21	0.00	
		2-Free water is always available	6.71	6.32	7.02	17.17		6.82	7.66	6.45	16.39	
PHYSICAL EDUCATION (PE)												
PE52a*	PE addressed in district policy	0-Not mentioned/no policy	17.60	25.92	19.33	40.26	<.01	9.65	12.99	11.57	6.93	n/s
		1-Definitively addressed	82.40	74.08	80.67	59.74		90.35	87.01	88.43	93.07	
PE52	PE curriculum all grades	0-Not mentioned/no policy	34.31	36.29	45.00	54.51	<.05	26.53	22.14	40.05	23.65	<.01
		1-Suggested/encouraged	11.69	20.28	19.70	13.03		17.27	25.55	20.76	43.44	
		2-Clear curriculum-all grades	54.01	43.44	35.31	32.46		56.20	52.32	39.19	32.92	

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			West	Mid-W	South	N.E.	Sig X ²	West	Mid-W	South	N.E.	Sig X ²	
PE53*	Time requirements for PE:	0-Not mentioned/no policy	61.72	74.44	66.20	89.86	<.001	52.58	69.10	62.63	60.90	<.05	
PE54*	≥ 150 mins/week (ES)	1- < NASPE standards or specifies days (not duration)	36.40	24.15	27.90	10.14		45.69	29.11	29.12	39.10		
PE55*	≥ 225 mins/week (MS/HS)	2- ≥ NASPE standards	1.88	1.41	5.90	0.00		1.73	1.79	8.25	0.00		
PE56*	PE teaches physically active lifestyle	0-Not mentioned/no policy	36.76	35.72	48.41	45.78	<.01	28.78	23.65	43.76	14.29	<.001	
		1- Suggested/encouraged	21.47	8.95	7.04	8.18		26.23	9.10	6.13	6.32		
		2- Required	41.76	55.34	44.55	46.04		44.99	67.25	50.11	79.39		
PE57	PE competency (skills, knowledge) assessment	0-Not mentioned/no policy	54.41	53.79	66.42	60.55	<.001	51.33	43.49	62.07	32.66	<.001	
		1- Suggested/encouraged	34.12	8.87	8.66	2.22		36.44	9.01	9.13	31.06		
		2- Required	11.47	37.34	24.92	37.23		12.22	47.50	28.81	36.28		
PE58	PE quality	0-Not mentioned/no policy	40.13	46.26	60.23	57.58	<.01	32.34	36.34	57.62	29.45	<.001	
		1- Suggested/encouraged	14.38	10.05	17.37	9.23		21.43	10.87	17.28	35.76		
		2- Curriculum aligned with stds/benchmarks, sequential	45.49	43.69	22.40	33.19		46.23	52.79	25.10	34.79		
PE59	Inclusive play	0-Not mentioned/no policy	51.86	48.96	66.96	57.49	<.01	50.27	39.76	61.55	28.78	<.001	
		1- Suggested/encouraged	15.21	8.91	10.54	5.17		14.65	8.09	12.58	33.05		
		2- Required	32.93	42.13	22.50	37.34		35.08	52.16	25.87	38.17		
PE60	PE courses/credits required for graduation	0-Not mentioned/no policy	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	
		1- Suggested/encouraged											
		2- Required											
PE61	Daily PE requirement	0-Not mentioned/no policy	91.20	89.15	90.29	96.38	<.001	93.39	85.67	88.19	66.93	<.001	
		1- Suggested/encouraged	8.80	0.93	5.96	3.62		6.23	1.79	8.20	33.07		
		2- Required	0.00	9.92	3.75	0.00		0.38	12.54	3.61	0.00		
PE62	Teacher-student ratio for PE	0-Not mentioned/no policy	95.10	94.39	85.51	86.26	<.1	86.07	91.94	83.53	61.56	<.01	
		1- Suggested	4.90	5.61	12.12	12.36		12.98	8.06	12.85	37.10		
		2- Specific and required	0.00	0.00	2.37	1.38		0.94	0.00	3.61	1.34		

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			West	Mid-W	South	N.E.	Sig X ²	West	Mid-W	South	N.E.	Sig X ²
PE63	Safe/adequate equipment/facilities	0-Not mentioned/no policy 1- Suggested 2- Specific and required	84.74 9.01 6.25	87.74 6.49 5.77	80.46 9.58 9.97	79.64 5.07 15.29	n/s	73.03 19.83 7.15	82.96 7.62 9.41	76.63 11.85 11.52	56.37 32.90 10.73	<.05
PE64*	Moderate-to-vigorous activity	0-Not mentioned/no policy 1- Moderate-to-vigorous activity addressed but <50% time or not specified 2- ≥ 50% class time devoted to moderate-to-vigorous activity	70.84 16.34 12.82	84.22 11.79 3.99	67.19 27.92 4.89	70.83 26.12 3.05	<.001	59.72 27.43 12.84	81.06 10.70 8.23	68.48 26.06 5.46	41.83 54.67 3.50	<.001
PE65*	Qualifications of PE instructors	0-Not mentioned/no policy 1- Suggested 2- Requires PE to be taught by qualified instructors	75.86 15.74 8.40	71.03 8.81 20.15	63.15 16.31 20.54	68.64 4.40 26.96	<.01	67.28 12.14 20.59	67.64 9.15 23.21	55.52 17.70 26.78	44.73 31.66 23.60	<.1
PE66	Training for PE instructors	0-Not mentioned/no policy 1- Suggested or training for teachers generally (not PE-specific) 2- Provision of PE training for PE instructors	67.58 27.80 4.63	91.39 1.76 6.85	83.27 5.23 11.50	79.54 3.49 16.97	<.001	61.15 34.60 4.25	89.67 2.73 7.60	81.39 5.90 12.71	80.48 4.93 14.59	<.001
PE67	Prohibits waivers for PE	0-Not mentioned/no policy 1- Suggested 2- PE waivers prohibited	95.99 1.08 2.93	88.13 7.93 3.93	90.71 5.10 4.19	95.65 1.39 2.96	n/s	95.24 1.03 3.73	87.50 8.27 4.23	90.01 6.06 3.93	94.31 2.15 3.54	n/s
PE68	Annual health assessment	0-Not mentioned/no policy 1- Suggested/vague 2- Specific and required	71.23 28.77 0.00	77.98 22.02 0.00	74.88 25.12 0.00	66.52 31.92 1.56	n/s	57.21 42.79 0.00	74.79 25.21 0.00	71.96 28.04 0.00	35.19 62.84 1.97	<.001
PE68a*	BMI (ch. 7 of mono)	0-Not mentioned/no policy 1- BMI suggested (with or without reporting) 2- BMI required without reporting 3- BMI required with reporting	79.73 20.27 0.00 0.00	81.26 18.74 0.00 0.00	82.54 16.84 0.62 0.00	92.04 5.82 0.58 1.56	<.1	65.57 34.43 0.00 0.00	78.38 21.62 0.00 0.00	80.23 19.07 0.70 0.00	63.01 34.85 1.30 0.84	n/s
PHYSICAL ACTIVITY (PA)												
PA69*	FW: Physical activity (PA) goals	0- No goal/policy 1- PA goal suggested or repeats FW language 2- PA goal specified	14.12 5.46 80.43	21.26 2.08 76.65	16.64 0.63 82.72	40.96 1.56 57.47	<.001	6.61 4.98 88.41	10.75 1.22 88.04	10.65 0.96 88.39	5.75 0.75 93.50	<.1

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Bridging the Gap Weighted Student-level Wellness Policy Data by Grade Level and Region, SY 06-07 and 07-08

(Items with * are included in Monograph)

Variable	Description	Responses	Elementary School - Region									
			SY 06-07					SY 07-08				
			% of students (<u>weighted</u> by grade level)					% of students (<u>weighted</u> by grade level)				
			West	Mid-W	South	N.E.	Sig X ²	West	Mid-W	South	N.E.	Sig X ²
PA70*	PA outside of PE for every grade level	0-Not mentioned/no policy	30.49	51.44	36.25	50.89	<.001	24.02	44.65	32.83	43.89	<.05
		1- Suggested/vague or not clear PA for all grades	33.05	24.69	19.70	34.93		31.37	25.89	24.43	34.61	
		2- Clear each grade will get PA outside of PE	36.46	23.88	44.04	14.18		44.61	29.46	42.74	21.50	
PA72*	PA throughout the day	0-Not mentioned/no policy	64.95	57.22	44.61	56.89	<.001	58.14	45.29	42.88	26.74	<.05
		1- Suggested	29.33	33.50	47.98	24.89		35.89	41.55	48.00	56.49	
		2- Required	5.73	9.28	7.41	18.22		5.97	13.16	9.13	16.76	
PA73	Intramurals, interscholastic, extracurricular activities	0-Not mentioned/no policy	50.89	69.64	75.27	74.12	<.001	45.08	66.82	75.27	42.08	<.001
		1- Suggested	22.63	15.85	16.58	18.92		20.57	18.27	16.02	47.79	
		2- Required/definitively offered	26.48	14.51	8.15	6.96		34.36	14.90	8.71	10.13	
PA74	Community use of school facilities for physical activity purposes	0-Not mentioned/no policy	81.44	77.29	82.72	81.96	<.05	77.41	72.69	81.96	54.74	<.001
		1- Suggested	13.62	10.85	6.74	1.78		16.68	10.35	6.78	2.22	
		2- Required/definitively in place	4.94	11.86	10.54	16.26		5.92	16.97	11.26	43.04	
PA75	Safe (active) routes to school (SRTS)	0-Not mentioned/no policy	88.17	94.62	88.78	84.49	n/s	85.91	92.16	88.53	86.48	n/s
		1- Suggested/encouraged	5.01	2.59	4.39	3.99		6.03	3.32	5.37	3.32	
		2- Ensures effort to promote SRTS	6.82	2.79	6.84	11.52		8.06	4.52	6.10	10.20	
PA76*	Not using PA as punishment	0-Not mentioned/no policy	78.14	73.59	70.34	82.84	<.05	69.60	67.11	65.73	48.55	<.05
		1- Suggested	13.51	14.87	8.98	3.59		20.13	19.81	12.99	35.30	
		2- Prohibits PA as punishment	8.35	11.54	20.68	13.57		10.27	13.08	21.29	16.14	
PA77*	Daily recess	0-Not mentioned/no policy	66.78	69.40	67.95	78.79	n/s	61.97	61.98	63.12	46.24	<.05
		1- Suggested or frequency vague	16.43	14.66	15.38	11.52		16.16	19.68	18.57	42.47	
		2- Required	16.78	15.94	16.67	9.69		21.87	18.34	18.31	11.29	
PA78	Recess quality to promote PA	0-Not mentioned/no policy	61.06	77.72	74.21	75.23	<.01	54.46	71.29	73.04	46.91	<.001
		1- Suggested	25.86	18.25	22.78	23.42		28.39	25.96	23.35	51.94	
		2- Specific and required	13.08	4.04	3.00	1.35		17.16	2.75	3.61	1.15	

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Bridging the Gap Weighted Student-level Wellness Policy Data by Grade Level and Region, SY 06-07 and 07-08

(Items with * are included in Monograph)

			Elementary School - Region									
			SY 06-07					SY 07-08				
Variable	Description	Responses	% of students (<u>weighted</u> by grade level)					% of students (<u>weighted</u> by grade level)				
			West	Mid-W	South	N.E.	Sig X ²	West	Mid-W	South	N.E.	Sig X ²
STAFF PA/WELLNESS/MODELING												
PA71	PA opportunities for school staff	0-Not mentioned/no policy 1- Suggested 2- Required	78.96 20.82 0.22	87.13 7.79 5.08	80.45 13.16 6.39	94.89 2.50 2.61	<.001	75.40 23.44 1.16	84.98 11.57 3.45	78.26 15.77 5.97	89.50 7.74 2.76	<.05
CP80	Staff wellness programs	0-Not mentioned/no policy 1- Suggested 2- Required/definitively in place	85.44 10.38 4.19	80.54 7.51 11.95	63.82 24.22 11.96	86.41 3.19 10.40	<.001	77.93 14.02 8.05	76.71 9.50 13.78	58.54 27.04 14.42	57.21 33.01 9.78	<.05
CP82	Staff to role model healthy behaviors	0-Not mentioned/no policy 1- Suggested 2- Require schools to encourage staff modeling	62.62 6.72 30.67	67.64 14.42 17.93	74.19 4.78 21.03	74.74 2.36 22.90	<.01	59.87 8.71 31.42	57.67 16.05 26.28	73.97 4.40 21.63	72.37 4.51 23.12	<.05
STAKEHOLDER INVOLVEMENT/FEEDBACK												
CP79	FW: Stakeholders involved in development of wellness policy	0-Not mentioned/no policy 1- Suggested or not clear all reqd. stakeholders involved 2- All reqd. stakeholders involved in policy dev.	59.53 18.66 21.81	66.23 21.53 12.24	54.06 14.27 31.68	72.32 9.88 17.80	<.01	53.20 22.67 24.13	65.56 22.40 12.04	52.28 13.68 34.04	44.78 37.43 17.80	<.01
CP85	Methods to solicit input	0-Not mentioned/no policy 1- Suggested/vague 2- Required and specific	62.61 30.85 6.54	69.35 9.70 20.95	69.39 10.97 19.64	71.75 13.38 14.87	<.001	62.21 32.65 5.13	62.24 15.48 22.28	65.44 12.79 21.77	42.45 14.85 42.70	<.001
CP86	How to engage parents/ community	0-Not mentioned/no policy 1- Suggested/vague 2- Required and specific	51.98 21.63 26.39	72.51 9.89 17.60	71.86 3.59 24.54	74.05 10.60 15.35	<.001	47.56 20.32 32.13	65.86 11.15 22.99	69.77 4.52 25.71	39.70 37.10 23.20	<.001
CP87	Content communicated to parents	0-Not mentioned/no policy 1- Suggested/vague 2- Required and specific	52.81 17.67 29.52	57.44 21.35 21.21	44.83 32.31 22.85	56.71 20.91 22.38	<.1	45.66 19.03 35.31	46.63 29.67 23.70	40.19 39.24 20.57	24.54 49.07 26.39	<.01
CP90*	Ongoing health advisory (ch. 7 of committee mono)	0-Not mentioned/no policy 1- Suggested/vague 2- Required and clearly ongoing	54.36 13.44 32.20	47.72 10.91 41.37	45.62 11.22 43.16	64.04 7.97 27.99	n/s	40.47 17.08 42.45	43.23 11.45 45.32	36.53 13.70 49.78	28.43 10.44 61.13	n/s

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(Items with * are included in Monograph)

			Elementary School - Region									
			SY 06-07					SY 07-08				
Variable	Description	Responses	% of students (<u>weighted</u> by grade level)					% of students (<u>weighted</u> by grade level)				
			West	Mid-W	South	N.E.	Sig X ²	West	Mid-W	South	N.E.	Sig X ²
MESSAGING, MARKETING, & PROMOTION												
CP81	Consistency of nutrition messages	0-Not mentioned/no policy 1- Suggested/vague 2-Specific and required	46.63 40.70 12.67	50.71 34.38 14.91	31.82 32.71 35.47	57.08 22.23 20.69	<.001	35.82 49.87 14.31	42.22 44.06 13.73	26.50 36.42 37.08	25.95 53.39 20.66	<.001
CP83	Responsible for communication	0-Not mentioned/no policy 1- Suggested/vague 2- Specific and required	58.44 19.29 22.27	70.49 22.44 7.07	68.58 21.54 9.88	67.86 30.59 1.55	<.001	51.73 19.42 28.85	67.25 24.79 7.96	67.85 21.42 10.73	34.41 63.60 2.00	<.001
CP84	Coordinated School Health program	0-Not mentioned/no policy 1- Suggested/vague 2- Definitely in place	68.06 5.65 26.29	91.43 0.81 7.76	66.73 7.59 25.68	90.61 6.04 3.35	<.001	58.17 7.26 34.57	86.37 0.99 12.64	63.06 7.69 29.25	91.32 5.72 2.95	<.001
CP88*	Marketing healthy choices (ch. 5 of mono)	0-Not mentioned/no policy 1- Suggested/vague 2- Specific and required	67.65 24.47 7.88	76.29 9.63 14.08	82.67 8.76 8.57	82.68 13.70 3.62	<.01	66.66 27.22 6.12	70.99 12.33 16.68	79.56 9.78 10.65	84.51 13.16 2.33	<.001
CP89*	Advertising/marketing of unhealthy choices (ch. 5 of mono)	0-Not mentioned/no policy 1- Suggested prohibition/restricted 2- Prohibited	69.65 7.40 22.95	91.57 3.45 4.98	81.56 9.43 9.01	83.86 13.02 3.12	<.001	67.14 9.00 23.86	90.13 2.57 7.30	81.17 10.38 8.45	56.88 11.72 31.40	<.001
EVALUATION & IMPLEMENTATION												
E91	FW: Plan for measuring implementation, including designating person responsible	0-Not mentioned/no policy 1- Suggested or does not designate responsible person 2- Specific and required	19.62 11.52 68.87	21.20 5.87 72.93	18.24 4.06 77.70	50.88 3.45 45.67	<.001	10.60 11.93 77.47	13.29 4.87 81.84	10.32 5.69 83.99	20.14 3.35 76.52	<.1
E92*	Plan for implementation	0-Not mentioned/no policy 1- Suggested or does not designate responsible person 2- Specific and required with responsible person	26.34 9.44 64.22	24.45 5.05 70.50	20.41 5.52 74.07	52.44 5.25 42.30	<.001	15.20 11.76 73.04	15.63 4.27 80.10	12.17 6.36 81.47	20.89 4.50 74.61	n/s
E93*	Plan for evaluation	0-Not mentioned/no policy 1- Suggested 2- Specific and required	47.49 39.04 13.47	55.31 39.43 5.26	58.06 32.04 9.91	66.21 30.41 3.38	<.1	42.28 43.46 14.26	46.09 47.95 5.96	53.34 33.14 13.52	29.79 67.99 2.21	<.001

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(Items with * are included in Monograph)

			Elementary School - Region									
			SY 06-07					SY 07-08				
Variable	Description	Responses	% of students (<u>weighted</u> by grade level)					% of students (<u>weighted</u> by grade level)				
			West	Mid-W	South	N.E.	Sig X ²	West	Mid-W	South	N.E.	Sig X ²
E94*	Audience and frequency of reporting	0-Not mentioned/no policy 1- Suggested 2- Specific and required	49.66	48.97	52.40	65.64	<.001	41.33	41.09	48.42	37.63	<.001
			11.93	32.66	20.32	16.22		12.53	40.61	18.91	43.83	
			38.41	18.37	27.29	18.14		46.13	18.30	32.66	18.54	
E95*	Funding support	0-Not mentioned/no policy 1- Suggested 2- Identifies a specific source of funding	97.42	96.63	92.85	85.08	<.001	98.25	96.70	92.72	88.54	<.01
			2.05	1.09	4.56	14.12		1.28	1.42	4.97	10.80	
			0.54	2.28	2.58	0.81		0.46	1.88	2.31	0.66	
E96*	Plan for revising the policy	0-Not mentioned/no policy 1- Suggested 2- Specific and required	61.92	60.92	71.36	74.96	<.01	55.43	56.13	65.89	69.19	<.1
			5.94	11.80	6.04	14.62		5.89	10.39	6.33	12.52	
			32.15	27.29	22.60	10.42		38.69	33.49	27.78	18.29	
E100	Requires district to report to the state	0-Not mentioned/no policy 1- Yes	100.00	100.00	99.36	100.00	n/s	100.00	100.00	99.34	100.00	n/s
			0.00	0.00	0.64	0.00		0.00	0.00	0.66	0.00	

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Note 1: Data have been recoded to reflect only policies in effect as of day after Labor Day for each SY (proxy for first day of SY as per FW requirement)

Note 2: Weighted data adjusted for non-response

Note 3: Significance levels are based on bivariate analyses only. Full monograph highlights significant multivariate findings.

			Middle School - Region									
			SY 06-07					SY 07-08				
			% of students (weighted by grade level)					% of students (weighted by grade level)				
Variable	Description	Responses	West	Mid-W	South	N.E.	Sig X ²	West	Mid-W	South	N.E.	Sig X ²
NUTRITION EDUCATION												
NE1*	FW: Nutrition education goal	0-No goal/policy	11.76	16.66	16.24	48.89	<.001	4.11	6.72	8.64	9.44	n/s
		1-NE goal suggested or repeats FW language	3.10	2.35	1.96	1.41		3.93	1.14	2.27	2.81	
		2-NE goal specified	85.14	80.99	81.80	49.69		91.96	92.14	89.09	87.75	
NE2*	Nutrition education curriculum	0-Not mentioned/no policy	28.62	37.43	32.17	56.12	<.001	23.27	25.12	26.75	55.64	<.001
		1-Curriculum reqd/suggested, not clear all grades	18.15	36.65	41.24	13.52		19.66	47.45	43.05	14.60	
		2-Clear NE curriculum, all grades	53.23	25.92	26.59	30.36		57.07	27.43	30.20	29.76	
NE3	Nutrition education within larger school community	0-Not mentioned/no policy	34.72	36.88	36.27	63.16	<.001	27.18	26.06	34.18	24.30	<.01
		1-Vague/suggested	60.48	50.19	49.53	29.70		68.06	57.88	49.54	69.19	
		2-Yes, with specific strategies	4.81	12.93	14.20	7.14		4.76	16.06	16.28	6.51	
NE4	Nutrition education beyond school environment	0-Not mentioned/no policy	46.43	68.87	46.16	70.74	<.001	41.93	60.83	42.16	33.00	<.05
		1-Vague/suggested	48.89	28.29	45.53	16.95		54.36	36.65	50.04	56.24	
		2-Yes, with specific strategies	4.68	2.84	8.31	12.31		3.71	2.53	7.80	10.76	
NE5	Nutrition education training for teachers	0-Not mentioned/no policy	73.32	75.80	56.49	77.16	<.01	70.18	71.56	54.56	42.77	<.01
		1-Vague/suggested or just a subset of teachers	20.22	17.98	32.10	18.42		24.89	21.18	34.29	51.06	
		2-Required for all teachers	6.46	6.22	11.41	4.41		4.93	7.26	11.15	6.17	
NE6*	Nutrition education integrated into other subjects	0-Not mentioned/no policy	40.71	60.68	55.03	71.37	<.001	35.97	51.44	50.55	71.14	<.001
		1-Vague/suggested	29.73	17.29	16.28	6.67		34.57	25.11	16.29	10.46	
		2-Required	29.56	22.03	28.68	21.96		29.46	23.45	33.16	18.39	
NE7*	Nutrition education teaches behavior-focused skills	0-Not mentioned/no policy	25.71	38.72	30.39	55.74	<.001	20.36	28.54	24.55	21.26	<.05
		1-Vague/suggested	19.80	14.17	32.96	7.22		21.34	20.47	35.58	43.30	
		2-Required	54.49	47.11	36.65	37.04		58.29	50.99	39.86	35.44	

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Variable	Description	Responses	Middle School - Region									
			SY 06-07					SY 07-08				
			% of students (weighted by grade level)					% of students (weighted by grade level)				
			West	Mid-W	South	N.E.	Sig X ²	West	Mid-W	South	N.E.	Sig X ²
NE8	Number of nutrition education courses/hours	0-Not mentioned/no policy 1-Vague/suggested or not all grades 2-Specified	100.00	98.67	96.59	100.00	n/s	100.00	93.16	96.40	98.85	n/s
			0.00	1.02	2.03	0.00		0.00	5.61	2.25	1.15	
			0.00	0.31	1.39	0.00		0.00	1.23	1.35	0.00	
NE9	Nutrition education quality	0-Not mentioned/no policy 1-Vague/suggested 2-Curriculum aligned with benchmarks/standards, sequential	32.99	40.12	56.05	57.45	<.001	29.32	29.00	51.32	56.86	<.001
			6.07	30.39	13.23	4.54		6.06	37.32	13.43	7.52	
			60.94	29.49	30.72	38.00		64.62	33.67	35.25	35.62	
SCHOOL MEALS												
US10*	FW: Guidelines for school meals are not less restrictive than federal requirements	0-No goal/policy 1-Should/strive to meet federal school meals regs 2-Will meet federal school meal regulations	23.82	23.44	17.83	50.05	<.001	15.32	13.16	9.22	11.59	n/s
			0.00	3.53	1.36	1.67		0.52	3.71	1.60	2.60	
			76.18	73.04	80.81	48.28		84.17	83.13	89.18	85.81	
US11*	School Breakfast Program	0-Not mentioned/no policy 1-Suggests/promotes general breakfast program or encourages healthy breakfast 2-Clearly offers national SBP	29.46	41.18	37.72	65.60	<.001	20.05	34.95	31.93	27.08	<.001
			12.31	14.71	28.91	4.66		13.05	11.96	31.58	5.95	
			58.23	44.11	33.37	29.74		66.90	53.09	36.50	66.96	
US12	Summer Food Service Program	0-Not mentioned/no policy 1-Suggests/promotes general summer food program 2-Clearly offers national Summer Food Program	90.82	91.86	89.93	93.66	n/s	85.19	85.78	87.99	60.74	<.001
			3.11	6.19	2.88	1.17		2.23	10.73	3.57	1.82	
			6.07	1.95	7.18	5.17		12.59	3.50	8.44	37.44	
US13*	Specifies guidelines beyond US Dietary Guidelines	0-Not mentioned/no policy 1-Vague/suggested or meet Dietary Guidelines 2-Clearly exceed Dietary Guidelines	70.97	58.13	46.11	77.20	<.001	63.21	51.43	39.63	45.66	<.001
			19.83	29.54	42.99	16.33		20.31	35.35	47.98	15.85	
			9.20	12.33	10.90	6.48		16.48	13.23	12.38	38.49	
US14	Using low-fat versions of foods/cooking methods	0-Not mentioned/no policy 1-Vague/suggested 2-Specific and required	93.68	87.05	67.10	94.25	<.001	81.52	82.37	65.81	95.30	<.001
			3.38	8.42	30.88	2.62		8.85	12.19	31.84	2.63	
			2.94	4.53	2.02	3.13		9.63	5.44	2.35	2.07	
US15	Strategies to increase participation in school meal programs	0-Not mentioned/no policy 1-Vague/suggested 2-Specific and required	57.87	56.95	66.71	71.80	<.05	50.79	49.63	64.55	38.44	<.001
			34.99	31.72	19.11	16.52		37.94	38.96	19.44	16.03	
			7.14	11.33	14.18	11.68		11.27	11.40	16.01	45.53	

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Bridging the Gap Weighted Student-level Wellness Policy Data by Grade Level and Region, SY 06-07 and 07-08

(Items with * are included in Monograph)

Variable	Description	Responses	Middle School - Region									
			SY 06-07					SY 07-08				
			% of students (weighted by grade level)					% of students (weighted by grade level)				
			West	Mid-W	South	N.E.	Sig X ²	West	Mid-W	South	N.E.	Sig X ²
US16	Optimizes meal scheduling	0-Not mentioned/no policy	84.70	72.81	65.25	68.53	<.01	85.77	64.35	61.91	68.55	<.001
		1-Vague/suggested	15.30	21.18	31.56	29.81		14.23	26.54	34.50	29.88	
		2-Specific and required	0.00	6.02	3.19	1.65		0.00	9.10	3.58	1.57	
US17*	Adequate time to eat (≥20 mins for lunch; ≥ 10 mins for breakfast)	0-Not mentioned/no policy	52.95	60.29	40.78	57.98	<.001	45.39	47.61	36.94	24.82	<.1
		1-Vague/suggested or < time guidelines	39.49	31.79	52.63	25.18		45.80	43.27	55.82	60.54	
		2-Required	7.55	7.92	6.60	16.85		8.81	9.12	7.24	14.64	
US18	Hand-washing	0-Not mentioned/no policy	87.40	79.44	84.59	82.91	n/s	85.28	79.10	83.01	77.64	n/s
		1-Vague/suggested	3.16	3.03	3.95	3.80		5.03	3.62	4.77	6.44	
		2-Ensures assistance with hand-washing/facilitating	9.44	17.54	11.46	13.29		9.69	17.27	12.22	15.92	
US19	Nutrition qualifications of meal staff	0-Not mentioned/no policy	87.41	72.94	76.71	84.72	<.1	78.85	73.37	74.91	51.08	<.05
		1-Vague/suggested	0.00	3.07	0.61	0.00		0.00	2.69	0.65	0.00	
		2-Required	12.59	23.99	22.68	15.28		21.15	23.94	24.44	48.92	
US20	Training for food service staff	0-Not mentioned/no policy	76.29	68.67	79.16	80.48	<.1	70.10	58.49	75.81	46.34	<.001
		1-Vague/suggested	14.36	25.27	16.17	17.80		18.48	36.11	16.83	19.12	
		2-Required	9.35	6.06	4.67	1.73		11.42	5.39	7.36	34.54	
US21	School meal environment	0-Not mentioned/no policy	55.77	55.94	42.36	59.48	<.05	49.57	43.11	37.28	26.08	<.01
		1-Vague/suggested	11.35	4.54	12.96	2.93		18.75	9.92	16.94	4.22	
		2-Requires specifics strategies	32.88	39.52	44.68	37.59		31.67	46.97	45.78	69.70	
US22*	Nutrition information for school meals	0-Not mentioned/no policy	78.79	86.31	79.94	79.31	n/s	73.50	85.98	78.30	45.97	<.001
		1-Vague/suggested	11.02	8.00	7.91	3.41		14.00	7.76	8.20	3.89	
		2-Specific and required	10.19	5.69	12.16	17.28		12.51	6.26	13.50	50.14	
US38a	Farm-to-school program	0-Not mentioned/no policy	86.64	98.91	94.15	96.84	<.01	80.15	98.06	94.43	96.23	<.001
		1-Vague/suggested	13.36	0.00	5.18	2.25		19.85	0.47	4.43	3.00	
		2-Specific and required	0.00	1.09	0.67	0.91		0.00	1.47	1.15	0.77	

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Bridging the Gap Weighted Student-level Wellness Policy Data by Grade Level and Region, SY 06-07 and 07-08

(Items with * are included in Monograph)

Variable Description	Responses	Middle School - Region									
		SY 06-07					SY 07-08				
		% of students (weighted by grade level)					% of students (weighted by grade level)				
		West	Mid-W	South	N.E.	Sig X ²	West	Mid-W	South	N.E.	Sig X ²
COMPETITIVE FOODS											
NG23* FW: Nutrition guidelines for all foods outside of the school meal program during the SD	0-No goal/policy	13.35	17.10	16.75	47.44	<.001	5.47	10.25	7.59	10.41	<.05
	1-Suggested or only meet Dietary Guidelines	17.55	41.11	31.42	17.42		20.45	37.47	36.67	22.70	
	2-Required/definitively in place	69.09	41.78	51.84	35.14		74.08	52.28	55.74	66.89	
<i>Access Restrictions</i>											
NG23b Competitive food and beverage ban	0-Not mentioned/no policy	98.41	97.95	93.42	98.82	<.1	98.71	97.59	90.34	98.82	<.001
	1-Suggested or only applies to food (not bev) or visa versa	1.59	2.05	6.58	1.18		1.29	2.41	9.66	1.18	
	2-Required	0.00	0.00	0.00	0.00		0.00	0.00	0.00	0.00	
NG23c Nutrition guidelines apply to vending contracts	0-Not mentioned/no policy	86.26	91.81	75.57	98.35	<.001	77.40	89.55	71.97	96.04	<.001
	1-Suggested/encouraged	7.87	1.66	2.32	0.54		8.55	1.43	2.89	2.93	
	2-Required	5.87	6.53	22.11	1.11		14.05	9.02	25.14	1.02	
NG24* Vending machines	0-Not mentioned/no policy	20.55	38.60	28.65	54.37	<.001	15.46	25.13	21.10	16.59	<.001
	1-Suggested/limited restrictions	53.33	55.46	57.92	26.73		49.33	59.39	59.53	31.28	
	2-Ban or all F&B must meet guidelines	26.12	5.94	13.44	18.90		35.22	15.48	19.37	52.12	
NG25* School stores	0-Not mentioned/no policy	25.41	40.75	41.07	57.61	<.001	20.07	31.09	35.41	18.72	<.001
	1-Suggested/limited restrictions	48.91	54.23	48.76	26.82		44.71	55.45	50.33	32.85	
	2-Ban or all F&B must meet guidelines	25.67	5.02	10.18	15.56		35.22	13.46	14.26	48.43	
NG26* A la carte	0-Not mentioned/no policy	23.93	36.15	29.93	56.02	<.001	17.35	23.23	24.89	17.98	<.001
	1-Suggested/limited restrictions	49.04	56.36	57.84	31.82		44.81	59.18	58.96	34.82	
	2-Ban or all F&B must meet guidelines	27.03	7.50	12.23	12.15		37.84	17.59	16.14	47.20	
NG27* Class parties and celebrations	0-Not mentioned/no policy	40.67	49.71	44.97	59.06	n/s	37.57	39.23	39.74	24.66	<.001
	1-Suggested/limited restrictions	57.55	49.31	53.72	39.76		60.17	59.74	58.92	42.36	
	2-Ban or all F&B must meet guidelines	1.78	0.98	1.31	1.19		2.26	1.03	1.34	32.98	
NG28 Food from home for whole class	0-Not mentioned/no policy	40.34	48.53	44.97	59.06	n/s	37.57	38.59	39.74	24.66	<.001
	1-Suggested/limited restrictions	57.89	49.31	53.72	39.76		60.17	59.74	58.92	42.36	
	2-Ban or all F&B must meet guidelines	1.78	2.16	1.31	1.19		2.26	1.67	1.34	32.98	

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(Items with * are included in Monograph)

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			SY 06-07					SY 07-08				
			% of students (weighted by grade level)					% of students (weighted by grade level)				
			West	Mid-W	South	N.E.	Sig X ²	West	Mid-W	South	N.E.	Sig X ²
NG29	Food before school	0-Not mentioned/no policy	47.52	89.88	81.44	87.19	<.001	41.04	83.02	78.00	89.09	<.001
		1-Suggested/limited restrictions	41.66	4.96	11.25	9.96		16.65	7.88	10.62	9.51	
		2-Nutrition guidelines apply to before school sales	10.82	5.16	7.31	2.85		42.31	9.10	11.38	1.40	
NG30	Food after school	0-Not mentioned/no policy	85.70	92.19	95.26	93.72	<.1	86.16	90.45	94.44	92.52	n/s
		1-Suggested/limited restrictions	11.35	6.00	2.84	3.15		9.00	8.07	3.62	4.58	
		2-Nutrition guidelines apply to after school sales	2.95	1.80	1.90	3.13		4.84	1.47	1.94	2.89	
NG31	Food at evening/community events	0-Not mentioned/no policy	83.72	90.24	81.89	89.22	n/s	84.22	86.87	80.59	87.49	n/s
		1-Suggested/limited restrictions	14.70	9.76	17.43	9.59		14.90	13.13	18.81	11.89	
		2-Nutrition guidelines apply	1.58	0.00	0.68	1.19		0.88	0.00	0.60	0.62	
NG32	Fundraisers	0-Not mentioned/no policy	29.85	68.49	44.26	60.04	<.001	19.30	56.57	38.29	24.93	<.001
		1-Limited restrictions or only fundraisers during SD	69.16	30.93	54.84	38.77		79.28	42.92	60.63	41.56	
		2-Nutrition guidelines apply to all fundraisers	0.99	0.58	0.90	1.19		1.42	0.51	1.08	33.51	
NG40*	Use of food as a reward/punishment	0-Not mentioned/no policy or encourages healthy food as reward	71.26	64.49	67.21	74.01	n/s	70.10	55.54	65.20	67.75	n/s
		1-Discourage food as a reward/prohibit as punishment	24.86	27.71	22.67	15.34		25.74	36.66	25.07	23.16	
		2-Prohibits using food as a reward/punishment	3.88	7.79	10.12	10.65		4.16	7.80	9.73	9.09	
Content Restrictions												
NG33*	Sugar content of Foods	0-Not mentioned/no policy	30.61	67.76	74.40	58.72	<.001	23.95	59.99	51.77	61.49	<.001
		1-Suggested/limited restrictions	44.05	29.53	14.02	37.98		15.29	29.37	32.36	33.78	
		2-Specific and required or competitive food ban	25.34	2.71	11.57	3.31		60.77	10.64	15.88	4.74	
NG34*	Fat content of foods	0-Not mentioned/no policy	28.32	52.09	42.94	56.80	<.001	21.03	40.61	37.46	25.26	<.001
		1-Suggested/limited restrictions	46.34	42.80	25.97	39.89		17.72	45.47	26.42	36.94	
		2-Specific and required or competitive food ban	25.34	5.11	31.09	3.31		61.26	13.91	36.12	37.80	
NG35	Sodium content of foods	0-Not mentioned/no policy	72.66	66.41	72.70	84.80	<.001	67.40	59.22	68.68	52.04	<.001
		1-Suggested/limited restrictions	14.43	32.61	19.69	14.50		13.95	39.68	20.17	12.61	
		2-Specific and required or competitive food ban	12.90	0.98	7.61	0.70		18.64	1.10	11.15	35.35	

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			West	Mid-W	South	N.E.	Sig X ²	West	Mid-W	South	N.E.	Sig X ²
NG36*	Calorie content per serving size	0-Not mentioned/no policy	48.67	90.21	86.18	93.63	<.001	47.02	80.93	85.80	88.46	<.001
		1-Suggested/limited restrictions	32.41	9.79	11.76	5.10		5.13	11.08	12.28	6.01	
		2-Specific and required or competitive food ban	18.93	0.00	2.06	1.27		47.85	7.99	1.92	5.53	
NG37	Serving size of foods	0-Not mentioned/no policy	72.50	70.93	56.75	73.36	<.001	66.14	66.38	52.82	43.28	<.001
		1-Suggested/limited restrictions	13.53	25.03	12.64	17.04		14.15	29.08	11.56	45.58	
		2-Specific and required or competitive food ban	13.97	4.04	30.61	9.61		19.71	4.55	35.62	11.14	
NG38	Whole/unprocessed & fresh food availability	0-Not mentioned/no policy	44.43	56.28	51.13	63.42	<.001	40.47	45.57	47.34	34.91	<.001
		1-Suggested	49.54	34.17	47.55	17.82		54.69	43.12	50.82	17.86	
		2-Specific and required	6.03	9.55	1.31	18.75		4.84	11.31	1.84	47.22	
NG39	Ingredients with questionable effects (e.g., trans fats, artificial sweeteners)	0-Not mentioned/no policy	74.28	83.43	87.99	65.05	<.001	68.44	81.53	67.19	35.31	<.001
		1-Suggested/limited restrictions	14.12	12.57	3.55	31.18		13.65	14.22	24.52	28.04	
		2-Specific and required or competitive food ban	11.61	4.00	8.46	3.76		17.92	4.26	8.29	36.65	
NG41*	Nutrition information provided for competitive foods	0-Not mentioned/no policy	88.13	90.95	94.80	92.95	n/s	86.82	90.45	91.29	59.90	<.001
		1-Suggested	5.81	4.96	3.18	1.65		6.91	5.33	3.68	2.44	
		2-Specific and required or competitive food ban	6.07	4.09	2.02	5.39		6.26	4.22	5.02	37.66	
NG42	Sugar content of beverages	0-Not mentioned/no policy	35.87	68.88	54.47	62.56	<.001	27.09	59.82	52.01	31.34	<.001
		1-Suggested/limited restrictions	58.21	29.15	40.13	30.07		67.22	37.67	37.83	28.14	
		2-Specific and required or competitive food ban	5.92	1.96	5.40	7.38		5.69	2.50	10.16	40.52	
NG43	Fat content of beverages	0-Not mentioned/no policy	96.09	93.32	84.67	65.64	<.001	94.82	93.75	85.02	68.44	<.001
		1-Suggested/limited restrictions	0.39	4.72	11.52	20.00		1.92	3.98	6.80	15.73	
		2-Specific and required or competitive food ban	3.52	1.96	3.81	14.37		3.26	2.27	8.18	15.84	
NG44*	Calorie content of beverages	0-Not mentioned/no policy	97.49	94.00	89.96	94.22	n/s	96.21	88.93	88.96	90.13	n/s
		1-Suggested/limited restrictions	1.08	5.03	9.40	5.78		3.03	10.05	10.37	9.87	
		2-Specific and required or competitive food ban	1.43	0.97	0.64	0.00		0.76	1.02	0.68	0.00	
NG45*	Regular soda	0-Not mentioned/no policy	30.38	64.20	43.00	61.28	<.001	22.32	54.92	37.02	26.95	<.001
		1-Suggested/limited restrictions	15.45	17.32	20.62	10.21		14.91	18.98	16.55	11.03	
		2-Banned	54.17	18.48	36.38	28.51		62.77	26.09	46.44	62.02	

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		SY 06-07					SY 07-08				
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		West	Mid-W	South	N.E.	Sig X ²	West	Mid-W	South	N.E.	Sig X ²
NG46* Beverages (other than soda) with added caloric sweeteners	0-Not mentioned/no policy	77.38	83.29	80.30	70.50	n/s	77.06	76.72	80.40	36.94	<.001
	1-Suggested/limited restrictions	16.29	14.75	15.23	24.49		18.01	20.77	10.82	25.41	
	2-Banned	6.33	1.96	4.47	5.02		4.92	2.50	8.78	37.65	
NG47 Sugar/calorie content of milk	0-Not mentioned/no policy	90.15	99.69	74.18	81.07	<.001	85.34	97.75	71.32	84.80	<.001
	1-Suggested/limited restrictions	0.00	0.31	20.41	13.91		0.00	2.25	21.75	10.93	
	2-Specific and required or competitive food ban	9.85	0.00	5.41	5.02		14.66	0.00	6.93	4.26	
NG48* Fat content of milk	0-Not mentioned/no policy	48.14	79.40	75.39	77.82	<.001	41.14	73.39	72.67	46.58	<.001
	1-Suggested/limited restrictions	49.42	17.91	19.25	20.88		52.12	23.72	20.74	18.76	
	2-Specific and required or competitive food ban	2.44	2.69	5.36	1.30		6.74	2.89	6.59	34.66	
NG49 Serving size limit for beverages	0-Not mentioned/no policy	79.08	77.01	54.18	64.44	<.001	76.20	74.39	49.66	66.57	<.001
	1-Suggested/limited restrictions	9.48	19.45	39.24	31.79		11.73	21.96	21.80	29.60	
	2-Specific and required or competitive food ban	11.44	3.54	6.57	3.76		12.07	3.65	28.54	3.83	
NG50* Caffeine content of beverages	0-Not mentioned/no policy	79.22	83.68	84.74	65.59	<.001	71.53	78.44	84.60	34.44	<.001
	1-Suggested/limited restrictions	3.25	13.03	11.39	29.95		4.87	9.63	7.71	27.38	
	2-Specific and required or competitive food ban	17.53	3.29	3.87	4.47		23.60	11.93	7.70	38.18	
NG51* Availability of free drinking water throughout the school and school day	0-Not mentioned/no policy	86.90	90.13	91.32	84.95	<.05	86.46	85.36	90.58	86.22	n/s
	1-Suggested/encouraged	6.30	3.41	1.93	0.43		6.66	6.69	3.18	0.00	
	2-Free water is always available	6.80	6.45	6.75	14.62		6.88	7.95	6.24	13.78	
PHYSICAL EDUCATION (PE)											
PE52a* PE addressed in district policy	0-Not mentioned/no policy	17.56	27.54	20.49	48.90	<.001	10.12	14.36	11.92	9.44	n/s
	1-Definitively addressed	82.44	72.46	79.51	51.10		89.88	85.64	88.08	90.56	
PE52 PE curriculum all grades	0-Not mentioned/no policy	34.49	36.84	47.04	61.37	<.01	27.64	22.93	42.03	25.63	<.001
	1-Suggested/encouraged	12.71	21.39	19.95	11.32		14.77	26.30	22.73	48.25	
	2-Clear curriculum-all grades	52.80	41.77	33.01	27.32		57.59	50.77	35.24	26.12	

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Responses	West	Mid-W	South	N.E.	Sig X ²	West	Mid-W	South	N.E.	Sig X ²		
PE53*	Time requirements for PE:	0-Not mentioned/no policy	65.34	76.19	73.31	91.61	<.001	58.68	70.62	71.60	57.40	<.1
PE54*	≥ 150 mins/week (ES)	1- < NASPE standards or specifies days (not duration)	32.88	22.50	22.16	7.28		39.79	27.42	22.72	41.57	
PE55*	≥ 225 mins/week (MS/HS)	2- ≥ NASPE standards	1.78	1.32	4.53	1.11		1.53	1.96	5.68	1.02	
PE56*	PE teaches physically active lifestyle	0-Not mentioned/no policy	36.84	37.37	46.16	53.41	n/s	29.42	25.38	42.13	16.72	<.01
		1- Suggested/encouraged	12.91	8.69	8.09	6.91		12.88	9.04	7.08	6.79	
		2- Required	50.26	53.94	45.75	39.67		57.70	65.58	50.79	76.49	
PE57	PE competency (skills, knowledge) assessment	0-Not mentioned/no policy	52.93	55.05	66.08	64.93	<.001	50.85	44.59	62.28	32.83	<.001
		1- Suggested/encouraged	35.37	8.49	7.56	1.94		37.36	8.78	8.46	36.10	
		2- Required	11.70	36.46	26.36	33.13		11.78	46.63	29.26	31.07	
PE58	PE quality	0-Not mentioned/no policy	39.78	47.72	60.57	62.75	<.01	32.78	37.67	58.54	30.24	<.001
		1- Suggested/encouraged	13.15	9.85	16.26	7.89		14.88	10.85	16.62	40.00	
		2- Curriculum aligned with stds/benchmarks, sequential	47.07	42.43	23.17	29.35		52.34	51.48	24.83	29.77	
PE59	Inclusive play	0-Not mentioned/no policy	51.01	50.25	66.27	62.25	<.1	50.47	40.89	62.09	29.61	<.001
		1- Suggested/encouraged	9.31	8.65	9.49	4.53		8.79	7.97	11.85	37.82	
		2- Required	39.69	41.10	24.24	33.22		40.73	51.14	26.06	32.56	
PE60	PE courses/credits required for graduation	0-Not mentioned/no policy	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
		1- Suggested/encouraged										
		2- Required										
PE61	Daily PE requirement	0-Not mentioned/no policy	97.22	90.08	90.09	98.33	<.001	98.48	86.76	90.24	61.67	<.001
		1- Suggested/encouraged	2.44	0.83	5.39	0.56		1.26	1.43	6.12	37.31	
		2- Required	0.34	9.09	4.52	1.11		0.26	11.80	3.64	1.02	
PE62	Teacher-student ratio for PE	0-Not mentioned/no policy	91.84	94.45	87.26	87.42	n/s	86.55	91.90	86.18	56.82	<.001
		1- Suggested	5.89	5.55	12.05	11.47		10.36	8.10	13.10	42.16	
		2- Specific and required	2.27	0.00	0.69	1.11		3.08	0.00	0.72	1.02	

LEGEND:

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Bridging the Gap Weighted Student-level Wellness Policy Data by Grade Level and Region, SY 06-07 and 07-08

(Items with * are included in Monograph)

Variable	Description	Responses	Middle School - Region									
			SY 06-07					SY 07-08				
			% of students (weighted by grade level)					% of students (weighted by grade level)				
			West	Mid-W	South	N.E.	Sig X ²	West	Mid-W	South	N.E.	Sig X ²
PE63	Safe/adequate equipment/ facilities	0-Not mentioned/no policy	82.74	88.22	80.25	81.18	n/s	73.20	83.08	76.82	52.15	<.01
		1- Suggested	8.87	6.11	9.63	4.99		17.49	7.36	11.21	38.21	
		2- Specific and required	8.39	5.67	10.12	13.83		9.31	9.56	11.97	9.64	
PE64*	Moderate-to-vigorous activity	0-Not mentioned/no policy	71.38	83.36	68.38	74.85	<.01	64.40	80.34	69.50	41.36	<.001
		1- Moderate-to-vigorous activity addressed but <50% time or not specified	16.07	11.70	26.82	22.56		22.64	10.73	25.67	55.86	
		2- ≥ 50% class time devoted to moderate-to-vigorous activity	12.55	4.94	4.80	2.58		12.96	8.93	4.83	2.78	
PE65*	Qualifications of PE instructors	0-Not mentioned/no policy	79.27	71.78	63.84	70.98	<.05	68.41	67.57	57.67	42.30	<.01
		1- Suggested	10.97	7.33	16.10	5.08		11.44	8.33	17.19	37.29	
		2- Requires PE to be taught by qualified instructors	9.76	20.89	20.06	23.94		20.15	24.10	25.15	20.41	
PE66	Training for PE instructors	0-Not mentioned/no policy	70.36	91.42	83.34	81.85	<.001	64.46	89.25	82.51	82.78	<.001
		1- Suggested or training for teachers generally (not PE-specific)	25.80	1.61	5.26	2.86		32.38	2.74	4.94	4.05	
		2- Provision of PE training for PE instructors	3.85	6.97	11.40	15.30		3.17	8.01	12.55	13.17	
PE67	Prohibits waivers for PE	0-Not mentioned/no policy	92.71	95.17	90.62	97.17	n/s	92.56	94.28	91.65	96.20	n/s
		1- Suggested	5.44	1.05	5.25	1.17		5.43	1.19	4.79	1.82	
		2- PE waivers prohibited	1.85	3.78	4.13	1.65		2.01	4.52	3.56	1.98	
PE68	Annual health assessment	0-Not mentioned/no policy	59.33	78.81	74.18	70.90	<.1	51.81	75.59	70.97	34.69	<.001
		1- Suggested/vague	40.67	21.19	24.51	27.91		48.19	24.41	27.31	62.85	
		2- Specific and required	0.00	0.00	1.31	1.19		0.00	0.00	1.72	2.45	
PE68a*	BMI (ch. 7 of mono)	0-Not mentioned/no policy	75.70	82.04	83.17	91.57	<.05	66.61	79.08	82.18	58.26	<.05
		1- BMI suggested (with or without reporting)	24.30	17.96	16.19	5.49		33.39	20.92	17.08	39.11	
		2- BMI required without reporting	0.00	0.00	0.00	0.56		0.00	0.00	0.00	1.20	
		3- BMI required with reporting	0.00	0.00	0.65	2.38		0.00	0.00	0.74	1.43	
PHYSICAL ACTIVITY (PA)												
PA69*	FW: Physical activity (PA) goals	0- No goal/policy	14.15	21.97	18.08	49.54	<.001	6.55	11.19	12.59	9.02	n/s
		1- PA goal suggested or repeats FW language	5.31	1.97	0.65	1.41		5.08	1.14	0.97	0.63	
		2- PA goal specified	80.54	76.07	81.26	49.05		88.38	87.67	86.45	90.36	

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Bridging the Gap Weighted Student-level Wellness Policy Data by Grade Level and Region, SY 06-07 and 07-08

(Items with * are included in Monograph)

Variable	Description	Responses	Middle School - Region									
			SY 06-07					SY 07-08				
			% of students (weighted by grade level)					% of students (weighted by grade level)				
			West	Mid-W	South	N.E.	Sig X ²	West	Mid-W	South	N.E.	Sig X ²
PA70*	PA outside of PE for every grade level	0-Not mentioned/no policy	31.47	52.62	43.20	57.98	<.001	24.84	45.11	40.80	50.89	<.01
		1- Suggested/vague or not clear PA for all grades	32.44	24.71	16.44	30.99		31.30	26.03	20.67	30.69	
		2- Clear each grade will get PA outside of PE	36.09	22.67	40.36	11.03		43.86	28.86	38.54	18.42	
PA72*	PA throughout the day	0-Not mentioned/no policy	64.99	58.30	47.45	65.18	<.1	58.33	46.71	46.20	28.34	<.05
		1- Suggested	28.72	32.86	45.69	27.53		35.33	40.94	45.27	61.91	
		2- Required	6.29	8.84	6.85	7.29		6.35	12.35	8.53	9.75	
PA73	Intramurals, interscholastic, extracurricular activities	0-Not mentioned/no policy	49.66	63.22	73.51	76.16	<.001	43.81	58.55	72.11	37.01	<.001
		1- Suggested	21.57	19.27	16.30	17.02		20.88	22.97	16.64	53.81	
		2- Required/definitively offered	28.77	17.51	10.19	6.82		35.31	18.48	11.24	9.18	
PA74	Community use of school facilities for physical activity purposes	0-Not mentioned/no policy	81.59	77.49	83.02	83.90	<.05	77.64	72.68	82.10	50.59	<.001
		1- Suggested	13.35	10.90	6.65	1.18		16.19	10.60	6.80	1.51	
		2- Required/definitively in place	5.06	11.61	10.33	14.93		6.16	16.72	11.11	47.90	
PA75	Safe (active) routes to school (SRTS)	0-Not mentioned/no policy	88.50	94.20	90.12	86.74	n/s	86.04	91.41	90.27	88.85	n/s
		1- Suggested/encouraged	4.99	3.26	2.90	3.37		6.12	4.57	3.49	2.68	
		2- Ensures effort to promote SRTS	6.50	2.55	6.97	9.90		7.84	4.02	6.24	8.47	
PA76*	Not using PA as punishment	0-Not mentioned/no policy	81.11	75.90	76.07	85.20	<.05	73.65	69.65	71.95	48.64	<.01
		1- Suggested	11.80	13.09	6.26	3.31		18.05	17.81	9.11	38.40	
		2- Prohibits PA as punishment	7.09	11.01	17.67	11.49		8.30	12.54	18.94	12.96	
PA77*	Daily recess	0-Not mentioned/no policy	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
		1- Suggested or frequency vague										
		2- Required										
PA78	Recess quality to promote PA	0-Not mentioned/no policy	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
		1- Suggested										
		2- Specific and required										

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(Items with * are included in Monograph)

			Middle School - Region									
			SY 06-07					SY 07-08				
			% of students (weighted by grade level)					% of students (weighted by grade level)				
Variable	Description	Responses	West	Mid-W	South	N.E.	Sig X ²	West	Mid-W	South	N.E.	Sig X ²
STAFF PA/WELLNESS/MODELING												
PA71	PA opportunities for school staff	0-Not mentioned/no policy 1- Suggested 2- Required	78.22 21.48 0.30	87.25 7.60 5.14	80.70 13.03 6.27	95.76 2.14 2.10	<.001	75.64 23.18 1.18	84.75 11.50 3.75	78.49 15.76 5.75	91.36 6.45 2.20	<.01
CP80	Staff wellness programs	0-Not mentioned/no policy 1- Suggested 2- Required/definitively in place	85.27 10.58 4.14	80.52 7.65 11.83	64.73 23.14 12.13	88.11 2.94 8.96	<.001	78.31 14.06 7.63	76.20 9.87 13.93	59.09 26.32 14.58	53.92 37.84 8.24	<.05
CP82	Staff to role model healthy behaviors	0-Not mentioned/no policy 1- Suggested 2- Require schools to encourage staff modeling	62.34 6.70 30.96	67.72 14.50 17.79	74.62 4.83 20.55	77.62 1.69 20.70	<.01	59.46 7.69 32.85	57.19 16.63 26.18	74.16 4.53 21.31	75.90 3.63 20.47	<.01
STAKEHOLDER INVOLVEMENT/FEEDBACK												
CP79	FW: Stakeholders involved in development of wellness policy	0-Not mentioned/no policy 1- Suggested or not clear all reqd. stakeholders involved 2- All reqd. stakeholders involved in policy dev.	60.24 18.45 21.30	67.43 20.66 11.92	55.22 14.45 30.34	75.63 8.49 15.88	<.01	53.17 22.10 24.73	66.51 21.65 11.84	52.32 14.14 33.54	42.13 41.51 16.36	<.001
CP85	Methods to solicit input	0-Not mentioned/no policy 1- Suggested/vague 2- Required and specific	62.88 30.24 6.88	68.50 9.79 21.71	69.89 10.93 19.18	75.63 12.08 12.30	<.001	62.12 32.46 5.42	61.46 15.83 22.71	66.87 11.17 21.96	41.72 13.02 45.26	<.001
CP86	How to engage parents/ community	0-Not mentioned/no policy 1- Suggested/vague 2- Required and specific	51.72 21.75 26.52	73.94 9.25 16.80	71.51 4.29 24.20	77.08 8.87 14.05	<.001	47.99 20.29 31.72	66.46 11.07 22.46	69.41 5.18 25.41	38.67 42.22 19.12	<.001
CP87	Content communicated to parents	0-Not mentioned/no policy 1- Suggested/vague 2- Required and specific	52.23 18.11 29.66	59.01 19.93 21.06	45.97 31.03 23.00	63.27 17.87 18.86	<.1	45.73 19.72 34.55	46.97 29.11 23.92	40.70 38.23 21.07	26.19 51.74 22.07	<.01
CP90*	Ongoing health advisory (ch. 7 of committee mono)	0-Not mentioned/no policy 1- Suggested/vague 2- Required and clearly ongoing	54.12 13.84 32.03	47.91 10.76 41.34	47.11 10.83 42.06	68.69 6.62 24.69	<.05	41.47 16.75 41.77	43.73 11.50 44.77	36.93 13.62 49.45	26.26 8.80 64.95	n/s

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Bridging the Gap Weighted Student-level Wellness Policy Data by Grade Level and Region, SY 06-07 and 07-08

(Items with * are included in Monograph)

Variable Description	Responses	Middle School - Region										
		SY 06-07					SY 07-08					
		% of students (weighted by grade level)					% of students (weighted by grade level)					
		West	Mid-W	South	N.E.	Sig X ²	West	Mid-W	South	N.E.	Sig X ²	
MESSAGING, MARKETING, & PROMOTION												
CP81	Consistency of nutrition messages	0-Not mentioned/no policy	47.40	50.67	32.85	62.64	<.001	36.87	42.37	27.03	24.87	<.001
		1- Suggested/vague	40.08	34.55	32.31	20.23		48.77	43.99	36.33	57.78	
		2-Specific and required	12.52	14.78	34.84	17.14		14.36	13.65	36.63	17.35	
CP83	Responsible for communication	0-Not mentioned/no policy	58.29	71.10	68.49	72.76	<.01	52.07	67.49	67.47	35.60	<.001
		1- Suggested/vague	19.42	22.12	21.40	25.76		19.26	24.81	21.42	62.69	
		2- Specific and required	22.28	6.78	10.12	1.47		28.67	7.70	11.11	1.71	
CP84	Coordinated School Health program	0-Not mentioned/no policy	68.48	91.78	67.24	91.82	<.001	58.34	86.53	63.33	92.32	<.001
		1- Suggested/vague	5.74	0.75	7.68	5.30		7.40	1.08	7.64	5.13	
		2- Definitely in place	25.78	7.47	25.08	2.88		34.26	12.39	29.03	2.56	
CP88* (ch. 5 of mono)	Marketing healthy choices	0-Not mentioned/no policy	67.54	76.49	82.74	84.44	<.01	67.18	70.86	79.88	86.51	<.001
		1- Suggested/vague	23.20	9.76	8.54	12.43		25.88	12.53	9.45	11.31	
		2- Specific and required	9.26	13.75	8.72	3.13		6.94	16.61	10.67	2.18	
CP89* (ch. 5 of mono)	Advertising/marketing of unhealthy choices	0-Not mentioned/no policy	70.18	91.75	81.47	88.42	<.001	67.90	90.46	81.12	55.78	<.001
		1- Suggested prohibition/restricted	7.39	3.50	9.43	9.85		9.02	2.61	10.17	8.85	
		2- Prohibited	22.43	4.75	9.10	1.73		23.07	6.92	8.71	35.37	
EVALUATION & IMPLEMENTATION												
E91	FW: Plan for measuring implementation, including designating person responsible	0-Not mentioned/no policy	19.72	22.01	19.50	57.67	<.001	10.62	13.80	10.77	20.28	<.1
		1- Suggested or does not designate responsible person	11.16	5.77	4.02	3.09		11.76	4.94	5.61	2.86	
		2- Specific and required	69.11	72.21	76.48	39.25		77.63	81.25	83.61	76.86	
E92*	Plan for implementation	0-Not mentioned/no policy	26.08	25.10	21.59	59.08	<.001	14.87	16.10	12.50	20.91	n/s
		1- Suggested or does not designate responsible person	9.56	5.24	5.55	4.85		12.05	4.48	6.42	3.98	
		2- Specific and required with responsible person	64.36	69.66	72.86	36.08		73.08	79.42	81.08	75.12	
E93*	Plan for evaluation	0-Not mentioned/no policy	46.70	56.02	57.98	71.35	<.05	41.71	47.45	52.92	28.54	<.001
		1- Suggested	39.94	39.03	31.87	25.60		44.35	46.92	33.40	69.79	
		2- Specific and required	13.35	4.95	10.14	3.06		13.95	5.63	13.68	1.68	

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Variable	Description	Responses	Middle School - Region									
			SY 06-07					SY 07-08				
			% of students (weighted by grade level)					% of students (weighted by grade level)				
			West	Mid-W	South	N.E.	Sig X ²	West	Mid-W	South	N.E.	Sig X ²
E94*	Audience and frequency of reporting	0-Not mentioned/no policy	50.19	49.56	53.17	70.23	<.001	41.92	40.95	48.80	35.69	<.001
		1- Suggested	12.13	32.11	19.55	13.96		12.97	40.41	18.47	48.74	
		2- Specific and required	37.69	18.33	27.28	15.81		45.11	18.64	32.73	15.58	
E95*	Funding support	0-Not mentioned/no policy	97.18	96.59	92.94	86.50	<.01	97.95	96.56	92.71	89.85	<.05
		1- Suggested	2.26	1.09	4.49	12.96		1.56	1.47	4.98	9.72	
		2- Identifies a specific source of funding	0.56	2.32	2.58	0.54		0.49	1.97	2.31	0.43	
E96*	Plan for revising the policy	0-Not mentioned/no policy	62.12	61.79	71.64	77.20	<.01	56.04	56.42	65.84	73.20	<.05
		1- Suggested	5.88	11.57	5.77	13.38		6.04	10.45	6.37	11.32	
		2- Specific and required	32.01	26.64	22.59	9.42		37.93	33.13	27.79	15.48	
E100	Requires district to report to the state	0-Not mentioned/no policy	100.00	100.00	99.35	100.00	n/s	100.00	100.00	99.31	100.00	n/s
		1- Yes	0.00	0.00	0.65	0.00		0.00	0.00	0.69	0.00	

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Note 1: Data have been recoded to reflect only policies in effect as of day after Labor Day for each SY (proxy for first day of SY as per FW requirement)

Note 2: Weighted data adjusted for non-response

Note 3: Significance levels are based on bivariate analyses only. Full monograph highlights significant multivariate findings.

			High School - Region									
			SY 06-07					SY 07-08				
			% of students (weighted by grade level)					% of students (weighted by grade level)				
Variable Description	Responses		West	Mid-W	South	N.E.	Sig X ²	West	Mid-W	South	N.E.	Sig X ²
NUTRITION EDUCATION												
NE1*	FW: Nutrition education goal	0-No goal/policy	22.25	18.52	14.70	41.58	<.05	10.55	10.72	7.52	7.46	n/s
		1-NE goal suggested or repeats FW language	2.63	1.64	1.95	1.71		2.90	0.44	2.27	1.10	
		2-NE goal specified	75.12	79.83	83.35	56.71		86.55	88.85	90.21	91.44	
NE2*	Nutrition education curriculum	0-Not mentioned/no policy	35.42	38.43	32.62	49.79	<.001	26.12	28.71	27.50	56.72	<.001
		1-Curriculum reqd/suggested, not clear all grades	12.78	39.25	46.36	14.30		14.69	46.73	48.79	13.75	
		2-Clear NE curriculum, all grades	51.80	22.32	21.02	35.91		59.20	24.57	23.72	29.52	
NE3	Nutrition education within larger school community	0-Not mentioned/no policy	41.67	39.63	36.39	55.36	n/s	29.55	28.96	34.98	19.77	<.1
		1-Vague/suggested	51.38	48.52	49.69	37.91		63.44	55.76	49.20	75.12	
		2-Yes, with specific strategies	6.95	11.84	13.92	6.73		7.01	15.28	15.82	5.11	
NE4	Nutrition education beyond school environment	0-Not mentioned/no policy	54.44	71.33	46.48	67.49	<.001	44.40	63.04	42.73	29.14	<.05
		1-Vague/suggested	41.19	25.93	45.26	18.70		52.13	34.36	49.51	60.65	
		2-Yes, with specific strategies	4.37	2.74	8.25	13.82		3.47	2.60	7.76	10.21	
NE5	Nutrition education training for teachers	0-Not mentioned/no policy	76.66	78.15	56.61	75.39	<.01	71.45	73.63	54.87	38.85	<.01
		1-Vague/suggested or just a subset of teachers	19.01	16.18	32.09	19.59		22.22	19.20	34.22	56.02	
		2-Required for all teachers	4.33	5.67	11.30	5.02		6.32	7.17	10.91	5.13	
NE6*	Nutrition education integrated into other subjects	0-Not mentioned/no policy	47.36	64.69	54.33	68.72	<.05	37.58	55.39	50.14	73.50	<.01
		1-Vague/suggested	26.81	15.30	16.42	6.58		32.18	22.95	16.34	8.80	
		2-Required	25.83	20.01	29.25	24.70		30.23	21.67	33.52	17.70	
NE7*	Nutrition education teaches behavior-focused skills	0-Not mentioned/no policy	33.03	42.80	30.34	49.29	<.001	23.38	32.27	24.52	16.70	<.05
		1-Vague/suggested	18.85	12.85	33.63	7.08		19.75	17.97	36.30	48.13	
		2-Required	48.11	44.34	36.03	43.63		56.86	49.76	39.19	35.17	

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Variable	Description	Responses	High School - Region									
			SY 06-07					SY 07-08				
			% of students (weighted by grade level)					% of students (weighted by grade level)				
			West	Mid-W	South	N.E.	Sig X ²	West	Mid-W	South	N.E.	Sig X ²
NE8	Number of nutrition education courses/hours	0-Not mentioned/no policy 1-Vague/suggested or not all grades 2-Specified	99.03	98.93	93.66	100.00	<.1	99.13	94.39	92.71	98.95	n/s
			0.97	0.78	5.70	0.00		0.87	4.47	6.58	1.05	
			0.00	0.29	0.65	0.00		0.00	1.15	0.72	0.00	
NE9	Nutrition education quality	0-Not mentioned/no policy 1-Vague/suggested 2-Curriculum aligned with benchmarks/standards, sequential	37.16	40.82	56.11	51.46	<.001	28.65	32.15	51.75	58.09	<.001
			8.18	31.63	13.56	4.99		7.99	36.04	13.57	7.17	
			54.66	27.55	30.33	43.56		63.36	31.81	34.67	34.74	
SCHOOL MEALS												
US10*	FW: Guidelines for school meals are not less restrictive than federal requirements	0-No goal/policy 1-Should/strive to meet federal school meals regs 2-Will meet federal school meal regulations	34.57	24.95	17.10	42.88	<.01	22.73	16.47	8.71	9.52	<.1
			0.00	2.39	1.39	1.82		0.00	2.77	1.66	2.49	
			65.43	72.66	81.51	55.30		77.27	80.76	89.63	87.99	
US11*	School Breakfast Program	0-Not mentioned/no policy 1-Suggests/promotes general breakfast program or encourages healthy breakfast 2-Clearly offers national SBP	42.80	42.09	36.89	62.09	<.001	29.89	38.37	31.63	25.78	<.001
			8.97	13.82	28.99	5.06		9.67	11.09	31.75	3.57	
			48.23	44.09	34.13	32.85		60.44	50.53	36.62	70.64	
US12	Summer Food Service Program	0-Not mentioned/no policy 1-Suggests/promotes general summer food program 2-Clearly offers national Summer Food Program	94.53	92.86	89.72	92.81	n/s	86.35	87.41	87.89	55.06	<.001
			1.39	5.44	2.95	1.25		1.02	9.44	3.62	1.71	
			4.08	1.70	7.33	5.94		12.63	3.15	8.48	43.23	
US13*	Specifies guidelines beyond US Dietary Guidelines	0-Not mentioned/no policy 1-Vague/suggested or meet Dietary Guidelines 2-Clearly exceed Dietary Guidelines	69.95	56.31	45.60	71.69	<.01	60.45	51.34	39.40	38.15	<.001
			19.88	32.44	43.60	21.12		23.51	36.40	48.61	17.37	
			10.18	11.25	10.80	7.19		16.03	12.26	11.99	44.48	
US14	Using low-fat versions of foods/cooking methods	0-Not mentioned/no policy 1-Vague/suggested 2-Specific and required	96.62	88.14	67.44	93.94	<.001	90.50	83.26	66.20	95.65	<.001
			2.54	7.69	30.46	2.87		2.74	11.70	31.19	2.49	
			0.84	4.16	2.10	3.19		6.76	5.04	2.61	1.87	
US15	Strategies to increase participation in school meal programs	0-Not mentioned/no policy 1-Vague/suggested 2-Specific and required	62.71	61.81	66.36	65.04	n/s	50.94	53.75	64.77	32.51	<.001
			32.53	27.90	19.31	21.72		40.42	35.46	19.25	16.12	
			4.76	10.30	14.33	13.24		8.64	10.78	15.98	51.37	

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			SY 06-07					SY 07-08				
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US16	Optimizes meal scheduling	0-Not mentioned/no policy	86.12	74.91	65.05	66.50	<.01	83.73	65.36	62.19	71.73	<.05
		1-Vague/suggested	13.88	20.94	31.90	31.37		16.27	27.59	34.33	26.54	
		2-Specific and required	0.00	4.15	3.05	2.13		0.00	7.05	3.48	1.72	
US17*	Adequate time to eat (≥20 mins for lunch; ≥ 10 mins for breakfast)	0-Not mentioned/no policy	60.47	62.46	40.87	50.84	<.001	48.57	50.66	37.41	19.14	<.05
		1-Vague/suggested or < time guidelines	33.49	31.19	54.67	30.45		44.59	41.59	55.62	66.69	
		2-Required	6.04	6.35	6.46	18.71		6.84	7.75	6.98	14.17	
US18	Hand-washing	0-Not mentioned/no policy	92.80	80.66	84.10	81.22	n/s	90.35	79.67	82.55	78.95	n/s
		1-Vague/suggested	2.90	3.04	4.07	3.66		4.45	3.54	5.01	5.62	
		2-Ensures assistance with hand-washing/facilitating	4.30	16.30	11.83	15.12		5.19	16.80	12.44	15.43	
US19	Nutrition qualifications of meal staff	0-Not mentioned/no policy	81.73	74.64	77.28	82.64	n/s	72.20	74.38	75.91	45.69	<.05
		1-Vague/suggested	0.00	2.96	0.67	0.00		0.00	2.64	0.71	0.00	
		2-Required	18.27	22.40	22.05	17.36		27.80	22.98	23.38	54.31	
US20	Training for food service staff	0-Not mentioned/no policy	77.24	68.99	78.68	78.45	n/s	67.34	59.96	75.67	42.03	<.001
		1-Vague/suggested	13.57	23.44	16.79	19.63		17.41	33.71	16.92	17.42	
		2-Required	9.20	7.57	4.54	1.91		15.25	6.33	7.41	40.56	
US21	School meal environment	0-Not mentioned/no policy	58.60	58.72	41.95	52.40	<.05	49.18	45.96	37.23	20.75	<.001
		1-Vague/suggested	13.42	4.94	13.15	3.09		19.93	9.38	17.53	4.04	
		2-Requires specifics strategies	27.98	36.34	44.90	44.51		30.89	44.66	45.24	75.21	
US22*	Nutrition information for school meals	0-Not mentioned/no policy	84.57	85.66	79.77	77.49	n/s	78.34	85.56	77.92	41.39	<.001
		1-Vague/suggested	7.91	8.81	8.30	3.75		11.68	8.36	8.48	3.70	
		2-Specific and required	7.52	5.54	11.93	18.76		9.98	6.07	13.60	54.91	
US38a	Farm-to-school program	0-Not mentioned/no policy	89.96	99.17	94.40	97.18	<.05	84.42	98.28	94.72	97.14	<.001
		1-Vague/suggested	10.04	0.00	4.95	1.77		15.58	0.47	4.20	2.11	
		2-Specific and required	0.00	0.83	0.64	1.06		0.00	1.25	1.09	0.75	

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COMPETITIVE FOODS												
NG23*	FW: Nutrition guidelines for all foods outside of the school meal program during the SD	0-No goal/policy	24.89	20.35	18.62	39.95	<.05	12.16	15.29	9.21	8.30	<.1
		1-Suggested or only meet Dietary Guidelines	20.69	37.12	32.93	18.30		22.71	38.73	38.38	18.13	
		2-Required/definitively in place	54.42	42.53	48.44	41.75		65.12	45.98	52.41	73.56	
<i>Access Restrictions</i>												
NG23b	Competitive food and beverage ban	0-Not mentioned/no policy	99.61	99.17	97.34	98.65	n/s	99.72	99.14	95.82	98.81	<.05
		1-Suggested or only applies to food (not bev) or visa versa	0.39	0.83	2.66	1.35		0.28	0.86	4.18	1.19	
		2-Required	0.00	0.00	0.00	0.00		0.00	0.00	0.00	0.00	
NG23c	Nutrition guidelines apply to vending contracts	0-Not mentioned/no policy	86.57	92.39	75.64	98.63	<.001	80.64	90.00	71.92	97.04	<.001
		1-Suggested/encouraged	5.88	1.45	2.46	0.00		6.44	1.32	3.08	1.86	
		2-Required	7.55	6.16	21.90	1.37		12.92	8.68	25.00	1.10	
NG24*	Vending machines	0-Not mentioned/no policy	30.10	39.68	31.67	46.76	<.01	20.90	28.03	24.35	12.99	<.001
		1-Suggested/limited restrictions	55.96	54.71	58.80	31.47		57.67	62.41	65.04	29.14	
		2-Ban or all F&B must meet guidelines	13.94	5.60	9.53	21.77		21.43	9.56	10.61	57.87	
NG25*	School stores	0-Not mentioned/no policy	35.27	43.25	44.49	50.48	<.05	25.49	35.08	38.97	14.98	<.001
		1-Suggested/limited restrictions	50.79	51.88	48.72	29.93		53.08	57.07	54.48	29.17	
		2-Ban or all F&B must meet guidelines	13.94	4.88	6.78	19.59		21.43	7.85	6.55	55.85	
NG26*	A la carte	0-Not mentioned/no policy	34.28	38.02	32.81	48.21	<.1	23.20	27.24	28.07	14.03	<.001
		1-Suggested/limited restrictions	50.16	56.10	57.52	35.76		52.71	65.42	62.38	31.36	
		2-Ban or all F&B must meet guidelines	15.57	5.88	9.68	16.03		24.09	7.35	9.55	54.61	
NG27*	Class parties and celebrations	0-Not mentioned/no policy	47.76	47.64	45.41	52.90	n/s	44.10	41.40	41.08	21.44	<.001
		1-Suggested/limited restrictions	51.44	51.51	53.21	45.94		54.25	57.64	57.57	39.43	
		2-Ban or all F&B must meet guidelines	0.80	0.85	1.38	1.16		1.65	0.96	1.35	39.13	
NG28	Food from home for whole class	0-Not mentioned/no policy	47.76	46.52	45.41	52.90	n/s	44.10	40.75	41.08	21.44	<.001
		1-Suggested/limited restrictions	51.44	51.51	53.21	45.94		54.25	57.64	57.57	39.43	
		2-Ban or all F&B must meet guidelines	0.80	1.97	1.38	1.16		1.65	1.61	1.35	39.13	

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NG29	Food before school	0-Not mentioned/no policy	51.10	89.42	84.72	83.59	<.001	38.52	87.67	80.76	87.43	<.001
		1-Suggested/limited restrictions	40.46	9.56	11.06	13.32		12.87	10.75	13.96	11.22	
		2-Nutrition guidelines apply to before school sales	8.44	1.02	4.22	3.09		48.61	1.57	5.29	1.34	
NG30	Food after school	0-Not mentioned/no policy	90.00	92.13	95.33	91.97	n/s	89.93	90.22	94.51	93.17	n/s
		1-Suggested/limited restrictions	8.57	6.08	2.76	4.83		7.74	8.25	3.53	4.13	
		2-Nutrition guidelines apply to after school sales	1.43	1.79	1.91	3.19		2.33	1.53	1.96	2.70	
NG31	Food at evening/community events	0-Not mentioned/no policy	89.40	90.82	81.61	87.57	n/s	88.33	87.36	80.77	87.58	n/s
		1-Suggested/limited restrictions	8.12	9.18	17.65	11.27		9.81	12.64	18.61	11.86	
		2-Nutrition guidelines apply	2.48	0.00	0.73	1.16		1.86	0.00	0.61	0.56	
NG32	Fundraisers	0-Not mentioned/no policy	39.24	72.68	46.12	53.37	<.001	24.17	61.25	40.42	21.15	<.001
		1-Limited restrictions or only fundraisers during SD	59.97	26.79	52.91	45.47		74.65	38.29	58.40	39.25	
		2-Nutrition guidelines apply to all fundraisers	0.79	0.52	0.96	1.16		1.18	0.46	1.18	39.60	
NG40*	Use of food as a reward/punishment	0-Not mentioned/no policy or encourages healthy food as reward	76.12	68.00	67.69	71.06	n/s	73.80	59.34	66.03	70.49	n/s
		1-Discourage food as a reward/prohibit as punishment	21.30	25.10	22.59	16.78		22.85	33.66	24.86	21.20	
		2-Prohibits using food as a reward/punishment	2.58	6.90	9.71	12.16		3.35	6.99	9.11	8.31	
Content Restrictions												
NG33*	Sugar content of Foods	0-Not mentioned/no policy	45.34	75.51	79.09	51.74	<.001	33.05	68.42	56.12	61.83	<.001
		1-Suggested/limited restrictions	40.26	22.27	11.84	44.68		12.88	29.70	34.44	33.72	
		2-Specific and required or competitive food ban	14.40	2.22	9.07	3.58		54.06	1.88	9.44	4.45	
NG34*	Fat content of foods	0-Not mentioned/no policy	42.56	53.04	46.29	49.36	<.001	30.14	43.75	40.75	19.30	<.001
		1-Suggested/limited restrictions	43.04	42.34	25.23	47.05		15.36	50.81	29.79	37.04	
		2-Specific and required or competitive food ban	14.40	4.63	28.47	3.58		54.49	5.44	29.46	43.66	
NG35	Sodium content of foods	0-Not mentioned/no policy	80.89	64.14	76.38	82.69	<.001	75.84	59.74	72.30	46.16	<.001
		1-Suggested/limited restrictions	14.50	34.99	16.52	16.50		14.34	39.24	21.31	12.46	
		2-Specific and required or competitive food ban	4.64	0.87	7.11	0.81		9.82	1.02	6.38	41.38	

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NG36*	Calorie content per serving size	0-Not mentioned/no policy	85.04	94.69	85.94	93.32	<.001	51.51	90.64	85.71	88.87	<.001
		1-Suggested/limited restrictions	5.33	5.31	14.06	5.24		4.17	9.36	14.29	5.81	
		2-Specific and required or competitive food ban	9.63	0.00	0.00	1.43		44.31	0.00	0.00	5.31	
NG37	Serving size of foods	0-Not mentioned/no policy	78.21	76.11	61.02	70.66	<.001	74.19	70.51	56.55	39.06	<.001
		1-Suggested/limited restrictions	15.91	20.10	8.81	18.22		14.89	24.84	12.24	50.23	
		2-Specific and required or competitive food ban	5.88	3.79	30.17	11.12		10.92	4.65	31.21	10.71	
NG38	Whole/unprocessed & fresh food availability	0-Not mentioned/no policy	48.68	54.87	54.00	56.56	<.001	40.02	46.41	50.04	28.13	<.001
		1-Suggested	46.15	37.60	44.69	23.11		55.94	43.18	48.16	19.42	
		2-Specific and required	5.17	7.53	1.32	20.34		4.04	10.40	1.80	52.46	
NG39	Ingredients with questionable effects (e.g., trans fats, artificial sweeteners)	0-Not mentioned/no policy	82.14	84.73	88.77	58.52	<.001	77.34	82.24	68.08	29.30	<.001
		1-Suggested/limited restrictions	14.21	11.54	5.46	37.44		14.39	14.07	26.30	28.19	
		2-Specific and required or competitive food ban	3.64	3.73	5.76	4.04		8.27	3.69	5.62	42.52	
NG41*	Nutrition information provided for competitive foods	0-Not mentioned/no policy	90.26	89.30	94.71	91.95	n/s	88.91	89.52	90.96	53.55	<.001
		1-Suggested	4.53	6.65	3.30	2.13		5.61	6.34	3.82	2.56	
		2-Specific and required or competitive food ban	5.21	4.06	1.99	5.91		5.49	4.14	5.22	43.88	
NG42	Sugar content of beverages	0-Not mentioned/no policy	49.41	76.29	59.14	59.92	<.01	35.37	70.54	57.44	28.65	<.001
		1-Suggested/limited restrictions	48.32	22.10	38.47	32.20		61.81	28.00	39.03	25.11	
		2-Specific and required or competitive food ban	2.27	1.61	2.39	7.88		2.83	1.47	3.53	46.24	
NG43	Fat content of beverages	0-Not mentioned/no policy	97.70	93.87	90.19	59.36	<.001	97.31	94.82	90.23	68.27	<.001
		1-Suggested/limited restrictions	1.39	4.52	9.14	26.22		1.26	3.72	8.41	17.94	
		2-Specific and required or competitive food ban	0.91	1.61	0.67	14.42		1.43	1.47	1.36	13.79	
NG44*	Calorie content of beverages	0-Not mentioned/no policy	99.08	97.46	93.93	89.84	n/s	98.85	96.34	92.41	87.39	n/s
		1-Suggested/limited restrictions	0.92	1.56	5.40	6.32		1.15	2.58	6.85	9.56	
		2-Specific and required or competitive food ban	0.00	0.98	0.67	3.84		0.00	1.08	0.75	3.05	
NG45*	Regular soda	0-Not mentioned/no policy	67.27	73.93	52.18	54.69	<.001	29.46	67.89	48.23	21.94	<.001
		1-Suggested/limited restrictions	18.12	13.03	36.72	11.09		47.43	17.71	36.55	9.96	
		2-Banned	14.61	13.04	11.10	34.22		23.10	14.40	15.23	68.10	

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NG46*	Beverages (other than soda) with added caloric sweeteners	0-Not mentioned/no policy	92.30	89.08	85.33	64.71	<.001	90.17	87.66	85.56	31.01	<.001
		1-Suggested/limited restrictions	6.36	9.31	13.30	29.83		8.59	10.87	12.50	64.06	
		2-Banned	1.35	1.61	1.37	5.46		1.24	1.47	1.94	4.93	
NG47	Sugar/calorie content of milk	0-Not mentioned/no policy	97.20	100.00	74.11	78.52	<.001	93.15	98.13	71.20	85.91	<.001
		1-Suggested/limited restrictions	0.29	0.00	20.45	16.01		0.00	1.87	21.70	10.16	
		2-Specific and required or competitive food ban	2.51	0.00	5.44	5.46		6.85	0.00	7.09	3.93	
NG48*	Fat content of milk	0-Not mentioned/no policy	89.87	82.39	80.00	74.76	n/s	46.59	75.99	77.81	41.60	<.001
		1-Suggested/limited restrictions	8.07	15.14	17.71	23.78		47.64	21.31	18.91	17.67	
		2-Specific and required or competitive food ban	2.07	2.47	2.28	1.46		5.77	2.69	3.29	40.73	
NG49	Serving size limit for beverages	0-Not mentioned/no policy	86.82	81.06	57.81	57.72	<.001	84.35	77.48	53.80	67.07	<.001
		1-Suggested/limited restrictions	9.92	15.55	36.04	38.24		11.88	18.90	22.15	29.44	
		2-Specific and required or competitive food ban	3.26	3.39	6.15	4.04		3.77	3.62	24.05	3.49	
NG50*	Caffeine content of beverages	0-Not mentioned/no policy	85.55	90.08	90.55	59.31	<.001	78.91	88.21	90.15	28.59	<.001
		1-Suggested/limited restrictions	8.43	6.29	8.71	35.84		8.22	8.17	9.03	27.34	
		2-Specific and required or competitive food ban	6.02	3.63	0.73	4.85		12.87	3.63	0.82	44.07	
NG51*	Availability of free drinking water throughout the school and school day	0-Not mentioned/no policy	89.13	91.00	91.45	82.88	<.05	88.33	87.14	90.74	87.09	n/s
		1-Suggested/encouraged	5.35	3.14	2.11	0.54		5.74	5.70	3.37	0.00	
		2-Free water is always available	5.52	5.86	6.44	16.58		5.93	7.16	5.89	12.91	
PHYSICAL EDUCATION (PE)												
PE52a*	PE addressed in district policy	0-Not mentioned/no policy	25.69	28.52	21.16	41.58	<.1	14.43	17.69	12.61	7.66	n/s
		1-Definitively addressed	74.31	71.48	78.84	58.42		85.87	82.31	87.39	92.34	
PE52	PE curriculum all grades	0-Not mentioned/no policy	35.89	39.14	53.40	55.92	<.001	26.06	27.28	49.17	20.52	<.001
		1-Suggested/encouraged	14.01	22.94	25.15	11.54		14.64	25.79	26.95	53.32	
		2-Clear curriculum-all grades	50.10	37.92	21.45	32.54		59.30	46.93	23.88	26.16	

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			West	Mid-W	South	N.E.	Sig X ²	West	Mid-W	South	N.E.	Sig X ²
PE53*	Time requirements for PE:	0-Not mentioned/no policy	71.87	89.59	87.94	91.47	<.01	65.33	83.78	85.30	52.12	<.001
PE54*	≥ 150 mins/week (ES)	1- < NASPE standards or specifies days (not duration)	23.12	8.48	5.75	8.53		30.72	13.63	7.60	47.88	
PE55*	≥ 225 mins/week (MS/HS)	2- ≥ NASPE standards	5.01	1.93	6.31	0.00		3.95	2.59	7.10	0.00	
PE56*	PE teaches physically active lifestyle	0-Not mentioned/no policy	38.58	39.94	47.63	46.74	n/s	27.32	29.99	42.92	14.63	<.01
		1- Suggested/encouraged	8.15	7.87	8.59	6.49		8.80	8.24	7.70	4.29	
		2- Required	53.27	52.20	43.79	46.77		63.87	61.77	49.38	81.08	
PE57	PE competency (skills, knowledge) assessment	0-Not mentioned/no policy	50.48	54.54	70.19	58.51	<.001	44.11	46.98	66.13	26.44	<.001
		1- Suggested/encouraged	36.63	7.81	6.42	2.32		42.87	8.23	6.89	42.20	
		2- Required	12.89	37.65	23.39	39.17		13.02	44.79	26.98	31.36	
PE58	PE quality	0-Not mentioned/no policy	38.53	49.54	63.57	57.11	<.01	28.99	41.40	61.26	24.60	<.001
		1- Suggested/encouraged	10.52	8.20	13.48	9.02		9.37	10.01	14.01	45.91	
		2- Curriculum aligned with stds/benchmarks, sequential	50.96	42.26	22.96	33.87		61.64	48.59	24.73	29.49	
PE59	Inclusive play	0-Not mentioned/no policy	50.76	51.45	65.80	55.49	n/s	45.09	45.14	61.23	23.36	<.001
		1- Suggested/encouraged	9.16	7.11	9.93	5.28		9.09	6.36	12.42	43.89	
		2- Required	40.09	41.43	24.27	39.23		45.82	48.50	26.35	32.76	
PE60	PE courses/credits required for graduation	0-Not mentioned/no policy	79.94	87.24	78.15	94.27	<.001	74.36	84.96	74.78	58.08	<.001
		1- Suggested/encouraged	0.88	6.76	1.01	1.16		1.06	6.29	1.39	39.13	
		2- Required	19.18	6.01	20.84	4.56		24.58	8.76	23.82	2.79	
PE61	Daily PE requirement	0-Not mentioned/no policy	95.08	85.94	92.64	99.36	<.001	96.46	86.78	92.10	58.12	<.001
		1- Suggested/encouraged	4.92	1.53	4.53	0.64		3.54	4.71	5.89	41.88	
		2- Required	0.00	12.53	2.83	0.00		0.00	8.51	2.01	0.00	
PE62	Teacher-student ratio for PE	0-Not mentioned/no policy	89.52	94.81	89.71	86.28	n/s	84.81	92.75	88.57	51.36	<.001
		1- Suggested	8.49	5.19	10.29	12.35		12.32	7.25	11.43	47.54	
		2- Specific and required	2.00	0.00	0.00	1.37		2.87	0.00	0.00	1.10	

LEGEND:

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2=Strong Policy

Bridging the Gap Weighted Student-level Wellness Policy Data by Grade Level and Region, SY 06-07 and 07-08

(Items with * are included in Monograph)

Variable	Description	Responses	High School - Region									
			SY 06-07					SY 07-08				
			% of students (weighted by grade level)					% of students (weighted by grade level)				
			West	Mid-W	South	N.E.	Sig X ²	West	Mid-W	South	N.E.	Sig X ²
PE63	Safe/adequate equipment/ facilities	0-Not mentioned/no policy	79.67	89.69	82.18	78.44	<.1	75.36	85.01	78.99	46.46	<.001
		1- Suggested	13.94	5.11	8.95	5.82		16.98	6.58	10.17	44.17	
		2- Specific and required	6.37	5.20	8.87	15.74		7.65	8.41	10.85	9.37	
PE64*	Moderate-to-vigorous activity	0-Not mentioned/no policy	72.67	84.73	74.00	69.58	n/s	61.65	82.06	74.93	34.89	<.001
		1- Moderate-to-vigorous activity addressed but <50% time or not specified	21.31	10.60	20.83	27.83		28.27	10.08	20.25	62.72	
		2- ≥ 50% class time devoted to moderate-to-vigorous activity	6.02	4.67	5.16	2.59		10.08	7.86	4.82	2.39	
PE65*	Qualifications of PE instructors	0-Not mentioned/no policy	73.80	72.36	66.01	68.01	n/s	62.78	68.50	59.45	37.70	<.01
		1- Suggested	11.54	6.96	13.77	5.62		11.00	7.23	15.33	43.21	
		2- Requires PE to be taught by qualified instructors	14.66	20.68	20.22	26.37		26.22	24.27	25.22	19.09	
PE66	Training for PE instructors	0-Not mentioned/no policy	66.86	92.67	84.43	80.39	<.001	57.42	89.74	83.82	84.87	<.001
		1- Suggested or training for teachers generally (not PE-specific)	30.34	1.53	4.56	2.66		40.00	2.58	4.07	3.39	
		2- Provision of PE training for PE instructors	2.80	5.79	11.01	16.96		2.57	7.68	12.11	11.74	
PE67	Prohibits waivers for PE	0-Not mentioned/no policy	94.37	96.01	93.79	93.54	n/s	93.82	93.89	94.51	93.67	n/s
		1- Suggested	4.84	0.74	2.49	5.09		5.09	0.91	2.45	4.77	
		2- PE waivers prohibited	0.79	3.25	3.72	1.37		1.09	5.21	3.04	1.56	
PE68	Annual health assessment	0-Not mentioned/no policy	67.38	76.80	73.18	64.98	n/s	60.56	76.70	69.95	28.55	<.001
		1- Suggested/vague	32.62	23.20	25.48	33.85		39.44	23.30	28.28	69.18	
		2- Specific and required	0.00	0.00	1.34	1.16		0.00	0.00	1.78	2.27	
PE68a*	BMI (ch. 7 of mono)	0-Not mentioned/no policy	81.09	79.84	82.92	90.97	<.05	72.59	80.00	82.09	53.08	<.05
		1- BMI suggested (with or without reporting)	18.91	20.16	17.08	5.98		27.41	20.00	17.91	44.52	
		2- BMI required without reporting	0.00	0.00	0.00	0.64		0.00	0.00	0.00	1.13	
		3- BMI required with reporting	0.00	0.00	0.00	2.40		0.00	0.00	0.00	1.27	
PHYSICAL ACTIVITY (PA)												
PA69*	FW: Physical activity (PA) goals	0- No goal/policy	26.25	23.85	17.36	42.19	<.05	14.53	15.38	12.07	7.17	n/s
		1- PA goal suggested or repeats FW language	4.48	1.17	0.70	1.71		3.91	0.44	1.03	0.65	
		2- PA goal specified	69.27	74.99	81.94	56.10		81.55	84.18	86.90	92.18	

LEGEND:

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Bridging the Gap Weighted Student-level Wellness Policy Data by Grade Level and Region, SY 06-07 and 07-08

(Items with * are included in Monograph)

Variable	Description	Responses	High School - Region									
			SY 06-07					SY 07-08				
			% of students (weighted by grade level)					% of students (weighted by grade level)				
			West	Mid-W	South	N.E.	Sig X ²	West	Mid-W	South	N.E.	Sig X ²
PA70*	PA outside of PE for every grade level	0-Not mentioned/no policy	44.67	56.56	46.90	50.89	<.01	34.51	48.75	44.22	54.27	n/s
		1- Suggested/vague or not clear PA for all grades	22.44	23.09	17.39	36.60		22.03	24.23	22.31	29.03	
		2- Clear each grade will get PA outside of PE	32.89	20.35	35.71	12.51		43.45	27.02	33.46	16.71	
PA72*	PA throughout the day	0-Not mentioned/no policy	65.53	61.42	50.03	62.23	n/s	56.94	49.25	48.44	27.21	<.1
		1- Suggested	28.55	30.56	43.70	29.54		37.11	39.76	43.43	63.31	
		2- Required	5.93	8.02	6.28	8.23		5.95	10.99	8.13	9.47	
PA73	Intramurals, interscholastic, extracurricular activities	0-Not mentioned/no policy	59.41	64.58	72.94	73.87	<.05	48.88	59.57	71.96	34.76	<.001
		1- Suggested	14.80	18.19	15.49	18.69		15.35	22.34	15.11	57.12	
		2- Required/definitively offered	25.79	17.24	11.57	7.44		35.77	18.09	12.93	8.12	
PA74	Community use of school facilities for physical activity purposes	0-Not mentioned/no policy	89.14	77.71	82.92	82.07	<.05	84.61	72.83	81.98	45.66	<.001
		1- Suggested	6.48	11.35	6.94	1.35		10.25	11.07	6.94	1.46	
		2- Required/definitively in place	4.38	10.94	10.15	16.58		5.13	16.10	11.09	52.87	
PA75	Safe (active) routes to school (SRTS)	0-Not mentioned/no policy	94.04	95.01	90.07	85.46	<.05	91.21	91.90	90.24	89.97	n/s
		1- Suggested/encouraged	4.49	2.53	2.92	3.23		5.42	4.23	3.52	2.22	
		2- Ensures effort to promote SRTS	1.47	2.46	7.01	11.31		3.37	3.86	6.24	7.81	
PA76*	Not using PA as punishment	0-Not mentioned/no policy	83.26	79.83	76.42	83.37	n/s	76.76	73.73	72.45	44.36	<.001
		1- Suggested	5.78	10.76	6.59	3.62		11.87	15.09	9.46	44.12	
		2- Prohibits PA as punishment	10.96	9.41	16.99	13.02		11.37	11.17	18.09	11.52	
PA77*	Daily recess	0-Not mentioned/no policy	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
		1- Suggested or frequency vague										
		2- Required										
PA78	Recess quality to promote PA	0-Not mentioned/no policy	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
		1- Suggested										
		2- Specific and required										

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Bridging the Gap Weighted Student-level Wellness Policy Data by Grade Level and Region, SY 06-07 and 07-08

(Items with * are included in Monograph)

Variable Description			High School - Region									
			SY 06-07					SY 07-08				
			% of students (weighted by grade level)					% of students (weighted by grade level)				
Responses	West	Mid-W	South	N.E.	Sig X ²	West	Mid-W	South	N.E.	Sig X ²		
STAFF PA/WELLNESS/MODELING												
PA71	PA opportunities for school staff	0-Not mentioned/no policy	80.27	88.64	80.49	95.46	<.001	75.31	86.12	78.61	91.90	<.01
		1- Suggested	19.73	6.79	12.83	2.32		23.72	10.76	15.46	6.08	
		2- Required	0.00	4.57	6.68	2.22		0.97	3.12	5.92	2.02	
CP80	Staff wellness programs	0-Not mentioned/no policy	86.51	82.85	64.12	87.15	<.001	79.04	77.67	57.87	48.96	<.01
		1- Suggested	6.16	6.13	23.28	2.92		10.44	9.28	26.73	43.02	
		2- Required/definitively in place	7.34	11.03	12.61	9.93		10.52	13.06	15.40	8.02	
CP82	Staff to role model healthy behaviors	0-Not mentioned/no policy	65.89	67.24	75.13	75.37	<.1	59.24	57.18	74.85	78.37	<.05
		1- Suggested	8.43	13.35	4.50	1.17		9.59	16.11	4.20	2.93	
		2- Require schools to encourage staff modeling	25.68	19.41	20.37	23.46		31.16	26.71	20.95	18.70	
STAKEHOLDER INVOLVEMENT/FEEDBACK												
CP79	FW: Stakeholders involved in development of wellness policy	0-Not mentioned/no policy	59.68	66.97	55.29	71.96	<.05	51.50	67.94	52.91	37.79	<.001
		1- Suggested or not clear all reqd. stakeholders involved	12.95	21.80	14.37	9.92		16.28	21.12	13.75	46.95	
		2- All reqd. stakeholders involved in policy dev.	27.37	11.23	30.35	18.12		32.22	10.94	33.34	15.26	
CP85	Methods to solicit input	0-Not mentioned/no policy	71.97	67.19	69.71	72.43	<.01	67.29	62.36	66.79	36.81	<.001
		1- Suggested/vague	21.97	8.71	11.05	13.08		27.66	15.44	11.16	11.87	
		2- Required and specific	6.06	24.10	19.24	14.49		5.05	22.20	22.05	51.32	
CP86	How to engage parents/ community	0-Not mentioned/no policy	62.46	74.46	71.53	75.02	n/s	53.12	68.01	69.65	34.81	<.001
		1- Suggested/vague	13.46	8.33	4.36	9.50		15.60	9.96	5.34	47.69	
		2- Required and specific	24.08	17.21	24.12	15.48		31.28	22.03	25.01	17.50	
CP87	Content communicated to parents	0-Not mentioned/no policy	59.07	59.97	45.97	56.40	n/s	48.06	49.88	40.71	20.85	<.01
		1- Suggested/vague	17.07	19.91	31.44	22.33		21.56	27.72	39.00	59.05	
		2- Required and specific	23.86	20.12	22.58	21.27		30.38	22.39	20.29	20.10	
CP90*	Ongoing health advisory (ch. 7 of committee mono)	0-Not mentioned/no policy	59.69	49.87	46.01	65.35	n/s	45.89	45.11	35.86	24.95	n/s
		1- Suggested/vague	11.30	8.44	10.69	7.45		13.64	9.25	13.82	8.34	
		2- Required and clearly ongoing	29.01	41.69	43.31	27.20		40.47	45.64	50.33	66.71	

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Bridging the Gap Weighted Student-level Wellness Policy Data by Grade Level and Region, SY 06-07 and 07-08

(Items with * are included in Monograph)

Variable Description			High School - Region									
			SY 06-07					SY 07-08				
			% of students (weighted by grade level)					% of students (weighted by grade level)				
Responses	West	Mid-W	South	N.E.	Sig X ²	West	Mid-W	South	N.E.	Sig X ²		
MESSAGING, MARKETING, & PROMOTION												
CP81	Consistency of nutrition messages	0-Not mentioned/no policy	56.77	51.90	32.86	59.61	<.001	45.87	44.13	27.55	23.56	<.001
		1- Suggested/vague	36.75	35.23	32.22	21.55		45.11	43.52	35.71	60.81	
		2-Specific and required	6.49	12.87	34.91	18.84		9.02	12.34	36.74	15.63	
CP83	Responsible for communication	0-Not mentioned/no policy	66.32	72.79	68.37	66.82	<.01	55.89	69.46	67.57	29.77	<.001
		1- Suggested/vague	14.06	21.01	21.11	31.83		15.00	23.21	21.15	69.18	
		2- Specific and required	19.62	6.21	10.52	1.35		29.11	7.33	11.28	1.05	
CP84	Coordinated School Health program	0-Not mentioned/no policy	65.72	92.88	66.76	91.87	<.001	52.77	88.07	62.72	93.96	<.001
		1- Suggested/vague	7.93	0.65	7.39	5.05		9.23	1.00	7.49	4.13	
		2- Definitely in place	26.36	6.48	25.84	3.08		38.00	10.93	29.80	1.91	
CP88*	Marketing healthy choices (ch. 5 of mono)	0-Not mentioned/no policy	68.24	79.99	82.41	82.96	<.01	67.85	73.96	79.90	87.09	<.001
		1- Suggested/vague	24.85	7.35	7.99	13.85		26.90	10.18	8.46	10.86	
		2- Specific and required	6.91	12.66	9.60	3.19		5.25	15.87	11.64	2.04	
CP89*	Advertising/marketing of unhealthy choices (ch. 5 of mono)	0-Not mentioned/no policy	76.58	92.66	82.32	84.80	<.01	69.11	91.01	81.97	48.15	<.001
		1- Suggested prohibition/restricted	9.43	2.88	10.44	14.04		13.45	2.25	10.64	10.92	
		2- Prohibited	13.99	4.46	7.24	1.16		17.45	6.74	7.39	40.93	
EVALUATION & IMPLEMENTATION												
E91	FW: Plan for measuring implementation, including designating person responsible	0-Not mentioned/no policy	30.64	24.28	18.60	50.01	<.001	17.86	17.59	10.11	16.56	<.1
		1- Suggested or does not designate responsible person	12.66	4.79	4.26	3.53		14.22	4.04	5.78	2.80	
		2- Specific and required	56.71	70.92	77.14	46.47		67.92	78.37	84.10	80.64	
E92*	Plan for implementation	0-Not mentioned/no policy	38.33	26.48	20.78	51.71	<.01	25.78	19.06	11.89	17.22	n/s
		1- Suggested or does not designate responsible person	7.61	8.98	5.49	5.24		9.78	6.41	6.34	3.79	
		2- Specific and required with responsible person	54.06	64.54	73.73	43.05		64.43	74.53	81.77	79.00	
E93*	Plan for evaluation	0-Not mentioned/no policy	56.18	59.31	57.53	68.37	n/s	48.77	50.07	52.75	27.26	<.001
		1- Suggested	33.70	36.45	31.92	28.15		37.55	44.51	33.13	70.99	
		2- Specific and required	10.12	4.24	10.55	3.48		13.68	5.43	14.12	1.74	

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Bridging the Gap Weighted Student-level Wellness Policy Data by Grade Level and Region, SY 06-07 and 07-08

(Items with * are included in Monograph)

Variable	Description	Responses	High School - Region									
			SY 06-07					SY 07-08				
			% of students (weighted by grade level)					% of students (weighted by grade level)				
			West	Mid-W	South	N.E.	Sig X ²	West	Mid-W	South	N.E.	Sig X ²
E94*	Audience and frequency of reporting	0-Not mentioned/no policy	59.88	49.54	52.96	67.21	<.05	47.63	42.66	48.88	33.63	<.001
		1- Suggested	12.28	31.23	19.53	14.82		13.41	37.00	18.34	51.33	
		2- Specific and required	27.85	19.23	27.51	17.96		38.96	20.34	32.78	15.04	
E95*	Funding support	0-Not mentioned/no policy	98.82	97.18	92.90	85.39	<.001	99.41	97.06	92.65	90.63	n/s
		1- Suggested	1.18	0.83	4.70	14.61		0.59	1.25	5.15	9.37	
		2- Identifies a specific source of funding	0.00	2.00	2.40	0.00		0.00	1.70	2.20	0.00	
E96*	Plan for revising the policy	0-Not mentioned/no policy	70.84	59.95	71.57	74.89	<.05	61.26	57.71	65.86	74.79	n/s
		1- Suggested	4.52	12.96	5.70	14.24		4.65	9.83	6.21	10.44	
		2- Specific and required	24.64	27.09	22.73	10.87		34.09	32.47	27.94	14.76	
E100	Requires district to report to the state	0-Not mentioned/no policy	100.00	100.00	99.28	100.00	n/s	100.00	100.00	99.24	100.00	n/s
		1- Yes	0.00	0.00	0.72	0.00		0.00	0.00	0.76	0.00	

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Bridging the Gap Weighted Student-level Wellness Policy Data by Grade Level and Majority Race/Ethnicity, SY 06-07 and 07-08

(Items with * are included in Monograph)

Note 1: Data have been recoded to reflect only policies in effect as of day after Labor Day for each SY (proxy for first day of SY as per FW requirement).

Note 2: Weighted data adjusted for non-response

Note 3: Significance levels are based on bivariate analyses only. Full monograph highlights significant multivariate findings.

Variable Description Responses			Elementary School - Race/Ethnicity									
			SY 06-07					SY 07-08				
			% of students (weighted by grade level)					% of students (weighted by grade level)				
			Maj White	Maj Black	Maj Latino	Maj Diverse	Sig X ²	Maj White	Maj Black	Maj Latino	Maj Diverse	Sig X ²
NUTRITION EDUCATION												
NE1*	FW: Nutrition education goal	0-No goal/policy 1-NE goal suggested or repeats FW language 2-NE goal specified	17.32	17.36	30.01	15.02	n/s	7.87	6.39	4.91	4.26	n/s
			2.14	0.00	1.70	3.63		2.40	0.00	1.49	3.27	
			80.54	82.64	68.29	81.35		89.74	93.61	93.60	92.47	
NE2*	Nutrition education curriculum	0-Not mentioned/no policy 1-Curriculum reqd/suggested, not clear all grades 2-Clear NE curriculum, all grades	33.81	39.31	35.63	34.89	n/s	27.47	32.92	25.37	29.92	n/s
			36.00	20.01	24.23	27.44		41.03	18.70	23.21	33.87	
			30.19	40.68	40.14	37.68		31.50	48.38	51.42	36.21	
NE3	Nutrition education within larger school community	0-Not mentioned/no policy 1-Vague/suggested 2-Yes, with specific strategies	38.01	26.96	46.91	39.74	n/s	28.67	12.30	23.41	36.37	<.05
			50.31	53.22	50.01	49.37		57.73	63.23	73.13	52.28	
			11.68	19.83	3.08	10.88		13.60	24.47	3.46	11.35	
NE4	Nutrition education beyond school environment	0-Not mentioned/no policy 1-Vague/suggested 2-Yes, with specific strategies	56.14	37.03	55.03	54.93	n/s	50.22	23.77	32.77	47.53	<.01
			34.15	56.29	43.33	38.94		39.64	66.73	65.83	48.38	
			9.70	6.69	1.64	6.13		10.14	9.50	1.40	4.09	
NE5	Nutrition education training for teachers	0-Not mentioned/no policy 1-Vague/suggested or just a subset of teachers 2-Required for all teachers	68.55	60.84	72.80	61.94	n/s	66.12	47.71	55.41	56.79	<.1
			24.62	22.84	22.39	28.88		26.87	30.17	40.23	35.23	
			6.83	16.32	4.81	9.18		7.01	22.12	4.36	7.97	
NE6*	Nutrition education integrated into other subjects	0-Not mentioned/no policy 1-Vague/suggested 2-Required	52.31	55.02	49.67	61.12	n/s	48.70	42.37	38.86	58.00	n/s
			17.79	25.03	18.99	18.73		22.36	26.93	25.93	18.49	
			29.90	19.96	31.34	20.15		28.93	30.70	35.21	23.52	
NE7*	Nutrition education teaches behavior-focused skills	0-Not mentioned/no policy 1-Vague/suggested 2-Required	30.06	24.27	41.29	37.91	n/s	25.08	11.46	15.04	27.67	n/s
			23.28	26.58	20.59	20.36		26.46	26.91	34.32	32.94	
			46.66	49.15	38.13	41.73		48.46	61.63	50.64	39.40	

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Bridging the Gap Weighted Student-level Wellness Policy Data by Grade Level and Majority Race/Ethnicity, SY 06-07 and 07-08

(Items with * are included in Monograph)

			Elementary School - Race/Ethnicity									
			SY 06-07					SY 07-08				
			% of students (weighted by grade level)					% of students (weighted by grade level)				
Variable	Description	Responses	Maj	Maj	Maj	Diverse	Sig X ²	Maj	Maj	Maj	Diverse	Sig X ²
			White	Black	Latino			White	Black	Latino		
NE8	Number of nutrition education courses/hours	0-Not mentioned/no policy	97.51	89.76	100.00	96.45	n/s	96.83	91.86	98.74	93.89	n/s
		1-Vague/suggested or not all grades	1.84	10.24	0.00	2.63		2.06	8.14	1.26	5.26	
		2-Specified	0.65	0.00	0.00	0.92		1.11	0.00	0.00	0.85	
NE9	Nutrition education quality	0-Not mentioned/no policy	41.75	43.00	61.87	45.94	<.05	34.31	33.44	51.23	44.63	<.05
		1-Vague/suggested	18.10	19.26	2.45	11.76		22.40	18.79	2.25	14.23	
		2-Curriculum aligned with benchmarks/standards, sequential	40.14	37.74	35.68	42.30		43.29	47.77	46.51	41.14	
SCHOOL MEALS												
US10*	FW: Guidelines for school meals are not less restrictive than federal requirements	0-No goal/policy	22.91	16.91	36.97	19.79	<.1	12.50	6.57	11.97	9.97	n/s
		1-Should/strive to meet federal school meals regs	2.30	3.31	0.00	0.45		2.78	4.87	0.00	1.08	
		2-Will meet federal school meal regulations	74.79	79.79	63.03	79.77		84.71	88.56	88.03	88.95	
US11*	School Breakfast Program	0-Not mentioned/no policy	43.39	30.35	42.46	32.34	n/s	36.40	23.23	19.19	23.97	n/s
		1-Suggests/promotes general breakfast program or encourages healthy breakfast	17.61	20.30	21.37	16.42		18.01	22.03	20.77	17.26	
		2-Clearly offers national SBP	39.00	49.36	36.17	51.24		45.60	54.74	60.04	58.78	
US12	Summer Food Service Program	0-Not mentioned/no policy	94.26	69.99	89.95	90.88	<.01	92.51	66.02	68.65	82.62	<.01
		1-Suggests/promotes general summer food program	2.73	9.51	2.80	3.48		3.48	9.07	1.91	6.03	
		2-Clearly offers national Summer Food Program	3.01	20.50	7.25	5.64		4.01	24.91	29.44	11.35	
US13*	Specifies guidelines beyond US Dietary Guidelines	0-Not mentioned/no policy	61.61	36.99	61.47	52.42	n/s	56.79	28.62	37.58	44.18	<.05
		1-Vague/suggested or meet Dietary Guidelines	28.93	44.09	33.21	35.12		33.07	47.33	32.49	36.51	
		2-Clearly exceed Dietary Guidelines	9.46	18.93	5.32	12.46		10.14	24.05	29.93	19.31	
US14	Using low-fat versions of foods/cooking methods	0-Not mentioned/no policy	83.68	66.20	75.88	79.83	n/s	82.38	63.87	66.17	74.27	n/s
		1-Vague/suggested	11.61	28.82	22.40	18.16		12.11	31.65	24.01	23.12	
		2-Specific and required	4.70	4.98	1.72	2.01		5.51	4.48	9.82	2.61	

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Bridging the Gap Weighted Student-level Wellness Policy Data by Grade Level and Majority Race/Ethnicity, SY 06-07 and 07-08

(Items with * are included in Monograph)

			Elementary School - Race/Ethnicity									
			SY 06-07					SY 07-08				
			% of students (weighted by grade level)					% of students (weighted by grade level)				
Variable	Description	Responses	Maj White	Maj Black	Maj Latino	Diverse	Sig X ²	Maj White	Maj Black	Maj Latino	Diverse	Sig X ²
US15	Strategies to increase participation in school meal programs	0-Not mentioned/no policy	59.66	43.81	68.75	70.12	<.1	54.61	36.31	42.95	61.61	n/s
		1-Vague/suggested	26.80	39.24	26.20	19.55		29.83	41.55	29.50	22.54	
		2-Specific and required	13.55	16.96	5.05	10.33		15.56	22.14	27.54	15.85	
US16	Optimizes meal scheduling	0-Not mentioned/no policy	66.55	63.98	69.33	67.33	n/s	60.43	59.67	69.55	63.37	n/s
		1-Vague/suggested	28.45	23.33	29.99	27.39		32.43	26.98	28.69	29.92	
		2-Specific and required	5.01	12.70	0.69	5.28		7.14	13.34	1.76	6.70	
US17*	Adequate time to eat (≥20 mins for lunch; ≥ 10 mins for breakfast)	0-Not mentioned/no policy	48.53	29.56	52.92	52.87	<.1	40.62	23.14	29.95	40.74	<.05
		1-Vague/suggested or < time guidelines	39.00	54.27	43.29	40.72		45.56	52.98	64.02	51.23	
		2-Required	12.47	16.17	3.79	6.41		13.83	23.88	6.03	8.02	
US18	Hand-washing	0-Not mentioned/no policy	79.75	83.44	91.47	84.23	n/s	75.61	77.66	89.38	83.45	n/s
		1-Vague/suggested	5.34	3.31	0.00	3.64		7.49	4.87	1.72	4.69	
		2-Ensures assistance with hand-washing/facilitating	14.91	13.25	8.53	12.13		16.89	17.47	8.90	11.86	
US19	Nutrition qualifications of meal staff	0-Not mentioned/no policy	77.44	58.97	91.17	82.30	<.05	73.64	59.61	67.94	75.13	n/s
		1-Vague/suggested	1.23	2.80	0.00	0.00		1.28	2.44	0.00	0.00	
		2-Required	21.33	38.23	8.83	17.70		25.08	37.95	32.06	24.87	
US20	Training for food service staff	0-Not mentioned/no policy	72.71	71.20	80.89	81.24	n/s	66.94	62.60	57.95	72.13	n/s
		1-Vague/suggested	21.69	24.12	11.72	14.22		26.04	29.85	18.29	15.96	
		2-Required	5.59	4.68	7.39	4.54		7.02	7.54	23.77	11.92	
US21	School meal environment	0-Not mentioned/no policy	49.90	30.29	50.17	54.77	<.1	42.45	18.61	27.17	45.51	<.01
		1-Vague/suggested	6.35	9.86	15.18	10.76		9.24	8.20	26.86	14.55	
		2-Requires specifics strategies	43.75	59.85	34.64	34.47		48.31	73.19	45.97	39.94	
US22*	Nutrition information for school meals	0-Not mentioned/no policy	78.82	78.27	85.08	81.09	n/s	76.80	68.28	58.45	75.83	n/s
		1-Vague/suggested	6.84	9.63	11.24	7.51		6.51	12.50	16.88	6.56	
		2-Specific and required	14.34	12.10	3.68	11.40		16.69	19.22	24.66	17.61	
US38a	Farm-to-school program	0-Not mentioned/no policy	94.39	90.01	92.22	94.62	<.01	93.22	89.76	82.61	95.65	<.001
		1-Vague/suggested	5.23	3.55	7.78	5.38		6.08	2.42	17.39	4.35	
		2-Specific and required	0.38	6.44	0.00	0.00		0.70	7.82	0.00	0.00	

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Bridging the Gap Weighted Student-level Wellness Policy Data by Grade Level and Majority Race/Ethnicity, SY 06-07 and 07-08

(Items with * are included in Monograph)

Variable Description Responses			Elementary School - Race/Ethnicity									
			SY 06-07					SY 07-08				
			% of students (weighted by grade level)					% of students (weighted by grade level)				
			Maj White	Maj Black	Maj Latino	Diverse	Sig X ²	Maj White	Maj Black	Maj Latino	Diverse	Sig X ²
COMPETITIVE FOODS												
NG23*	FW: Nutrition guidelines for all foods outside of the school meal program during the SD	0-No goal/policy	17.48	13.63	30.01	15.09	<.01	8.90	3.22	6.17	4.47	<.01
		1-Suggested or only meet Dietary Guidelines	33.54	27.99	8.95	25.03		38.15	25.95	13.17	24.93	
		2-Required/definitively in place	48.98	58.38	61.04	59.88		52.95	70.82	80.66	70.60	
<i>Access Restrictions</i>												
NG23b	Competitive food and beverage ban	0-Not mentioned/no policy	87.96	83.55	74.19	80.76	<.05	87.79	80.40	76.75	76.96	<.05
		1-Suggested or only applies to food (not bev) or visa versa	10.32	16.45	25.81	14.58		10.26	18.75	23.25	16.96	
		2-Required	1.71	0.00	0.00	4.66		1.95	0.85	0.00	6.08	
NG23c	Nutrition guidelines apply to vending contracts	0-Not mentioned/no policy	88.43	96.99	70.85	83.62	<.01	85.75	91.69	64.69	79.46	<.01
		1-Suggested/encouraged	3.23	0.00	2.29	4.66		4.83	1.49	2.91	4.51	
		2-Required	8.34	3.01	26.86	11.72		9.43	6.82	32.39	16.03	
NG24*	Vending machines	0-Not mentioned/no policy	31.64	20.74	36.67	25.19	<.001	23.16	10.30	16.43	11.40	<.001
		1-Suggested/limited restrictions	36.78	48.80	8.65	29.99		42.81	48.12	8.61	32.11	
		2-Ban or all F&B must meet guidelines	31.58	30.46	54.67	44.82		34.03	41.58	74.96	56.49	
NG25*	School stores	0-Not mentioned/no policy	39.48	30.80	37.22	33.61	<.001	33.03	22.44	16.88	21.80	<.001
		1-Suggested/limited restrictions	39.14	49.69	8.10	25.10		44.81	54.92	8.16	25.14	
		2-Ban or all F&B must meet guidelines	21.38	19.51	54.67	41.29		22.16	22.64	74.96	53.05	
NG26*	A la carte	0-Not mentioned/no policy	33.21	24.12	37.22	25.75	<.01	24.60	14.03	14.78	15.18	<.001
		1-Suggested/limited restrictions	48.74	55.55	29.06	37.84		53.06	62.30	27.24	40.52	
		2-Ban or all F&B must meet guidelines	18.05	20.34	33.72	36.40		22.34	23.67	57.98	44.30	
NG27*	Class parties and celebrations	0-Not mentioned/no policy	46.11	23.83	47.64	49.52	<.05	40.28	17.58	30.31	36.52	<.1
		1-Suggested/limited restrictions	53.48	70.49	52.36	47.83		59.41	77.20	55.26	55.21	
		2-Ban or all F&B must meet guidelines	0.41	5.68	0.00	2.65		0.31	5.22	14.43	8.27	
NG28	Food from home for whole class	0-Not mentioned/no policy	45.91	23.83	47.64	49.52	<.1	40.28	17.58	30.31	36.52	<.1
		1-Suggested/limited restrictions	53.21	70.49	52.36	47.83		59.15	77.20	55.26	55.21	
		2-Ban or all F&B must meet guidelines	0.88	5.68	0.00	2.65		0.57	5.22	14.43	8.27	

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Bridging the Gap Weighted Student-level Wellness Policy Data by Grade Level and Majority Race/Ethnicity, SY 06-07 and 07-08

(Items with * are included in Monograph)

			Elementary School - Race/Ethnicity									
			SY 06-07					SY 07-08				
			% of students (weighted by grade level)					% of students (weighted by grade level)				
Variable	Description	Responses	Maj White	Maj Black	Maj Latino	Diverse	Sig X ²	Maj White	Maj Black	Maj Latino	Diverse	Sig X ²
NG29	Food before school	0-Not mentioned/no policy	82.10	69.99	72.77	67.38	<.05	80.04	68.60	64.86	64.15	<.01
		1-Suggested/limited restrictions	9.86	20.04	8.94	11.25		12.10	23.46	8.46	11.95	
		2-Nutrition guidelines apply to before school sales	8.05	9.97	18.29	21.37		7.87	7.94	26.68	23.91	
NG30	Food after school	0-Not mentioned/no policy	90.06	90.60	81.19	81.39	<.001	88.95	90.52	79.18	81.77	<.001
		1-Suggested/limited restrictions	6.07	9.40	0.00	6.41		7.44	9.48	0.43	6.81	
		2-Nutrition guidelines apply to after school sales	3.87	0.00	18.81	12.21		3.62	0.00	20.39	11.43	
NG31	Food at evening/community events	0-Not mentioned/no policy	86.87	64.66	83.34	84.80	<.05	83.99	63.00	82.38	85.62	<.05
		1-Suggested/limited restrictions	12.27	35.34	15.36	12.88		15.10	36.15	17.19	12.84	
		2-Nutrition guidelines apply	0.87	0.00	1.30	2.31		0.91	0.85	0.43	1.54	
NG32	Fundraisers	0-Not mentioned/no policy	54.66	31.03	40.19	41.49	<.05	47.63	25.90	15.86	28.66	<.01
		1-Limited restrictions or only fundraisers during SD	44.91	68.97	58.51	55.49		51.72	73.25	67.88	62.59	
		2-Nutrition guidelines apply to all fundraisers	0.43	0.00	1.30	3.03		0.65	0.85	16.26	8.76	
NG40*	Use of food as a reward/punishment	0-Not mentioned/no policy or encourages healthy food as reward	66.45	42.04	90.07	64.69	<.001	60.34	37.62	89.16	61.41	<.001
		1-Discourage food as a reward/prohibit as punishment	23.73	35.23	7.53	29.01		30.92	34.77	7.67	32.64	
		2-Prohibits using food as a reward/punishment	9.82	22.73	2.40	6.29		8.74	27.62	3.17	5.96	
<i>Content Restrictions</i>												
NG33*	Sugar content of Foods	0-Not mentioned/no policy	64.82	51.76	60.25	50.04	<.001	58.15	44.99	31.91	37.20	<.01
		1-Suggested/limited restrictions	22.18	34.66	11.96	17.05		27.46	39.13	30.63	26.20	
		2-Specific and required OR competitive food ban	13.01	13.57	27.79	32.91		14.39	15.89	37.45	36.60	
NG34*	Fat content of foods	0-Not mentioned/no policy	48.34	35.00	38.06	38.08	<.001	41.16	25.45	15.45	21.41	<.001
		1-Suggested/limited restrictions	31.70	47.91	9.20	20.65		37.46	55.04	10.56	24.96	
		2-Specific and required OR competitive food ban	19.96	17.09	52.73	41.27		21.38	19.52	73.99	53.62	

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			Elementary School - Race/Ethnicity									
			SY 06-07					SY 07-08				
			% of students (weighted by grade level)					% of students (weighted by grade level)				
Variable	Description	Responses	Maj	Maj	Maj	Diverse	Sig X ²	Maj	Maj	Maj	Diverse	Sig X ²
			White	Black	Latino			White	Black	Latino		
NG35	Sodium content of foods	0-Not mentioned/no policy	72.46	53.78	83.96	71.09	<.05	71.50	47.55	61.79	56.99	<.01
		1-Suggested/limited restrictions	20.18	32.65	8.35	16.02		21.36	39.47	9.90	20.86	
		2-Specific and required OR competitive food ban	7.36	13.57	7.68	12.90		7.14	12.98	28.31	22.15	
NG36*	Calorie content per serving size	0-Not mentioned/no policy	87.43	84.81	72.85	70.23	<.01	80.88	84.07	70.88	63.07	<.001
		1-Suggested/limited restrictions	8.57	15.19	14.09	16.84		8.42	15.93	2.10	12.22	
		2-Specific and required OR competitive food ban	4.00	0.00	13.05	12.93		10.69	0.00	27.02	24.71	
NG37	Serving size of foods	0-Not mentioned/no policy	65.60	71.41	67.30	66.20	n/s	61.72	65.57	48.93	46.38	n/s
		1-Suggested/limited restrictions	17.30	11.63	4.06	12.73		22.31	12.38	18.11	24.95	
		2-Specific and required OR competitive food ban	17.10	16.96	28.64	21.07		15.97	22.05	32.96	28.67	
NG38	Whole/unprocessed & fresh food availability	0-Not mentioned/no policy	52.26	37.51	46.40	51.02	<.1	48.39	32.07	26.97	42.51	n/s
		1-Suggested	38.67	48.57	53.60	42.51		41.30	48.82	58.61	47.54	
		2-Specific and required	9.08	13.93	0.00	6.47		10.31	19.11	14.43	9.95	
NG39	Ingredients with questionable effects (e.g., trans fats, artificial sweeteners)	0-Not mentioned/no policy	77.50	76.61	82.96	76.97	n/s	68.65	66.12	40.62	57.48	<.01
		1-Suggested/limited restrictions	15.95	13.15	7.72	9.91		24.39	21.26	28.41	20.24	
		2-Specific and required or competitive food ban	6.55	10.23	9.32	13.12		6.96	12.62	30.97	22.28	
NG41*	Nutrition information provided for competitive foods	0-Not mentioned/no policy	90.56	97.20	93.67	86.26	n/s	88.56	95.41	76.37	78.68	n/s
		1-Suggested	3.39	2.80	1.74	6.51		4.54	2.44	2.46	6.52	
		2-Specific and required or competitive food ban	6.05	0.00	4.59	7.22		6.90	2.15	21.17	14.80	
NG42	Sugar content of beverages	0-Not mentioned/no policy	59.97	51.42	37.36	45.09	<.05	54.80	46.49	16.25	30.29	<.001
		1-Suggested/limited restrictions	27.03	28.18	50.76	36.93		30.66	28.28	59.49	43.47	
		2-Specific and required or competitive food ban	12.99	20.40	11.89	17.98		14.55	25.24	24.26	26.24	

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			Elementary School - Race/Ethnicity									
			SY 06-07					SY 07-08				
			% of students (weighted by grade level)					% of students (weighted by grade level)				
Variable	Description	Responses	Maj White	Maj Black	Maj Latino	Diverse	Sig X ²	Maj White	Maj Black	Maj Latino	Diverse	Sig X ²
NG43	Fat content of beverages	0-Not mentioned/no policy	74.02	76.27	71.40	71.66	n/s	74.56	69.14	75.00	68.15	n/s
		1-Suggested/limited restrictions	14.92	6.59	22.68	13.49		13.29	8.57	20.30	15.24	
		2-Specific and required or competitive food ban	11.06	17.14	5.93	14.85		12.15	22.29	4.70	16.61	
NG44*	Calorie content of beverages	0-Not mentioned/no policy	92.64	93.41	98.92	86.59	<.1	89.28	95.24	99.52	82.29	<.01
		1-Suggested/limited restrictions	5.23	6.59	1.08	6.82		8.28	4.76	0.48	10.03	
		2-Specific and required or competitive food ban	2.13	0.00	0.00	6.58		2.44	0.00	0.00	7.67	
NG45*	Regular soda	0-Not mentioned/no policy	50.76	48.26	39.13	33.23	<.01	45.37	40.03	17.01	24.08	<.001
		1-Suggested/limited restrictions	15.39	15.80	3.24	15.92		18.66	14.77	4.43	11.93	
		2-Banned	33.85	35.95	57.63	50.85		35.97	45.21	78.56	63.98	
NG46*	Beverages (other than soda) with added caloric sweeteners	0-Not mentioned/no policy	67.23	71.40	44.77	54.17	<.05	62.29	68.97	28.99	40.53	<.01
		1-Suggested/limited restrictions	21.46	18.49	37.42	28.30		25.18	17.42	39.34	34.99	
		2-Banned	11.31	10.11	17.80	17.53		12.53	13.61	31.67	24.48	
NG47	Sugar/calorie content of milk	0-Not mentioned/no policy	83.15	93.07	71.36	81.73	<.01	83.41	91.41	67.65	76.82	<.001
		1-Suggested/limited restrictions	5.77	0.00	0.00	1.75		6.43	1.49	0.00	1.45	
		2-Specific and required limit or competitive food ban	11.08	6.93	28.64	16.52		10.16	7.09	32.35	21.73	
NG48*	Fat content of milk	0-Not mentioned/no policy	72.11	64.40	68.66	62.42	n/s	66.72	57.93	43.42	51.72	<.05
		1-Suggested/limited restrictions	23.04	28.80	29.62	27.75		27.34	35.50	32.89	31.65	
		2-Specific and required limit or competitive food ban	4.85	6.79	1.72	9.83		5.94	6.57	23.69	16.63	
NG49	Serving size limit for beverages	0-Not mentioned/no policy	67.06	63.63	67.32	67.17	n/s	65.85	55.61	70.54	56.82	<.001
		1-Suggested/limited restrictions	23.82	29.48	26.72	20.18		21.97	38.70	4.41	18.84	
		2-Specific and required OR competitive food ban	9.12	6.89	5.96	12.65		12.18	5.69	25.05	24.34	

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Bridging the Gap Weighted Student-level Wellness Policy Data by Grade Level and Majority Race/Ethnicity, SY 06-07 and 07-08

(Items with * are included in Monograph)

Variable			Elementary School - Race/Ethnicity									
			SY 06-07					SY 07-08				
			% of students (weighted by grade level)					% of students (weighted by grade level)				
Description	Responses	Maj White	Maj Black	Maj Latino	Maj Diverse	Sig X ²	Maj White	Maj Black	Maj Latino	Maj Diverse	Sig X ²	
NG50*	Caffeine content of beverages	0-Not mentioned/no policy 1-Suggested/limited restrictions 2-Specific and required OR competitive food ban	65.07	73.46	42.64	56.30	<.01	61.57	70.20	23.95	40.91	<.001
NG51*	Availability of free drinking water throughout the school and school day	0-Not mentioned/no policy 1-Suggested/encouraged 2-Free water is always available	86.64	90.94	95.32	87.02	n/s	86.43	92.59	93.30	84.14	<.1
PHYSICAL EDUCATION (PE)												
PE52a*	PE addressed in district policy	0-Not mentioned/no policy 1-Definitively addressed	23.94	16.44	34.55	20.13	n/s	13.70	5.67	8.97	8.69	n/s
PE52	PE curriculum all grades	0-Not mentioned/no policy 1-Suggested/encouraged 2-Clear curriculum-all grades	42.03	27.09	55.76	39.60	<.1	35.24	20.73	26.16	29.39	n/s
PE53*	Time requirements for PE: ≥ 150 mins/week (ES)	0-Not mentioned/no policy 1- < NASPE standards or specifies days (not duration)	75.76	49.88	82.96	61.39	<.01	72.70	47.21	52.57	54.61	<.1
PE54*	≥ 225 mins/week (MS/HS)	1- < NASPE standards or specifies days (not duration) 2- ≥ NASPE standards	22.01	44.96	15.49	33.98		25.68	46.41	42.80	39.33	
PE55*			2.22	5.16	1.55	4.63		1.63	6.38	4.63	6.06	
PE56*	PE teaches physically active lifestyle	0-Not mentioned/no policy 1- Suggested/encouraged 2- Required	40.26	30.40	59.45	40.55	<.1	32.37	16.83	31.36	33.00	n/s
PE57	PE competency (skills, knowledge) assessment	0-Not mentioned/no policy 1- Suggested/encouraged 2- Required	59.19	44.15	73.37	58.03	<.01	52.29	37.87	55.23	49.63	<.01
PE58	PE quality	0-Not mentioned/no policy 1- Suggested/encouraged 2- Curriculum aligned with stds/benchmarks, sequential	53.47	37.28	65.10	46.53	n/s	46.79	30.61	40.99	40.88	n/s

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Bridging the Gap Weighted Student-level Wellness Policy Data by Grade Level and Majority Race/Ethnicity, SY 06-07 and 07-08

(Items with * are included in Monograph)

			Elementary School - Race/Ethnicity									
			SY 06-07					SY 07-08				
			% of students (weighted by grade level)					% of students (weighted by grade level)				
Variable	Description	Responses	Maj White	Maj Black	Maj Latino	Diverse	Sig X ²	Maj White	Maj Black	Maj Latino	Diverse	Sig X ²
PE59	Inclusive play	0-Not mentioned/no policy 1- Suggested/encouraged 2- Required	59.09 8.41 32.50	40.87 19.82 39.30	70.39 4.46 25.14	53.72 14.66 31.62	<.05	53.24 8.64 38.12	32.99 24.39 42.62	50.24 23.31 26.45	46.81 18.48 34.72	n/s
PE60	PE courses/credits required for graduation	0-Not mentioned/no policy 1- Suggested/encouraged 2- Required	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
PE61	Daily PE requirement	0-Not mentioned/no policy 1- Suggested/encouraged 2- Required	91.55 4.38 4.07	82.84 10.18 6.98	91.34 6.76 1.90	93.34 4.30 2.36	n/s	91.45 4.98 3.57	80.51 16.32 3.17	75.49 23.41 1.10	84.29 9.79 5.92	<.1
PE62	Teacher-student ratio for PE	0-Not mentioned/no policy 1- Suggested 2- Specific and required	89.51 9.19 1.30	80.09 16.66 3.25	98.28 1.72 0.00	87.72 11.30 0.99	n/s	86.96 11.97 1.07	75.52 16.50 7.97	75.14 23.60 1.26	80.96 17.21 1.83	n/s
PE63	Safe/adequate equipment/facilities	0-Not mentioned/no policy 1- Suggested 2- Specific and required	84.20 6.94 8.86	64.02 16.51 19.47	94.48 1.72 3.80	78.64 11.28 10.08	<.05	79.84 9.99 10.16	52.08 22.28 25.64	70.84 25.00 4.16	71.85 18.99 9.16	<.1
PE64*	Moderate-to-vigorous activity	0-Not mentioned/no policy 1- Moderate-to-vigorous activity addressed but <50% time or not specified 2- ≥ 50% class time devoted to moderate-to-vigorous activity	72.04 21.72 6.23	75.99 20.46 3.55	63.42 27.03 9.56	76.55 18.47 4.97	n/s	67.86 24.19 7.94	75.76 20.96 3.28	41.35 48.37 10.28	69.28 24.47 6.25	<.01
PE65*	Qualifications of PE instructors	0-Not mentioned/no policy 1- Suggested 2- Requires PE to be taught by qualified instructors	67.17 9.72 23.12	56.82 30.53 12.65	90.81 4.73 4.47	61.95 17.19 20.86	<.001	62.56 12.02 25.42	44.10 33.51 22.39	65.04 16.19 18.77	54.12 20.24 25.64	n/s
PE66	Training for PE instructors	0-Not mentioned/no policy 1- Suggested or training for teachers generally (not PE-specific) 2- Provision of PE training for PE instructors	83.16 6.55 10.29	74.33 9.51 16.16	76.00 19.26 4.74	80.46 9.01 10.53	<.1	83.69 6.10 10.21	59.14 17.05 23.82	68.01 27.65 4.35	80.30 10.03 9.67	<.001

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Bridging the Gap Weighted Student-level Wellness Policy Data by Grade Level and Majority Race/Ethnicity, SY 06-07 and 07-08

(Items with * are included in Monograph)

			Elementary School - Race/Ethnicity									
			SY 06-07					SY 07-08				
			% of students (weighted by grade level)					% of students (weighted by grade level)				
Variable	Description	Responses	Maj	Maj	Maj	Diverse	Sig X ²	Maj	Maj	Maj	Diverse	Sig X ²
			White	Black	Latino			White	Black	Latino		
PE67	Prohibits waivers for PE	0-Not mentioned/no policy	92.06	76.67	98.70	93.28	<.01	90.97	72.96	98.31	92.89	<.001
		1- Suggested	4.21	16.89	0.00	2.71		5.06	20.47	0.00	2.79	
		2- PE waivers prohibited	3.73	6.44	1.30	4.01		3.97	6.57	1.69	4.33	
PE68	Annual health assessment	0-Not mentioned/no policy	77.16	49.68	76.42	70.48	<.05	70.19	47.25	53.46	61.52	n/s
		1- Suggested/vague	22.84	50.32	23.58	28.49		29.33	52.75	46.54	38.04	
		2- Specific and required	0.00	0.00	0.00	1.03		0.48	0.00	0.00	0.44	
PE68a* (ch. 7 of mono)	BMI	0-Not mentioned/no policy	88.12	66.71	85.06	78.06	<.05	84.25	62.80	60.45	69.29	<.05
		1- BMI suggested (with or without reporting)	11.67	33.29	14.94	20.03		15.20	37.20	39.55	29.43	
		2- BMI required without reporting	0.21	0.00	0.00	0.89		0.55	0.00	0.00	0.83	
		3- BMI required with reporting	0.00	0.00	0.00	1.03		0.00	0.00	0.00	0.44	
PHYSICAL ACTIVITY (PA)												
PA69*	FW: Physical activity (PA) goals	0- No goal/policy	19.88	13.63	30.01	21.11	n/s	9.72	3.22	4.91	11.19	n/s
		1- PA goal suggested or repeats FW language	1.97	0.00	3.39	2.61		1.61	0.00	2.90	2.32	
		2- PA goal specified	78.15	86.37	66.60	76.28		88.67	96.78	92.19	86.48	
PA70*	PA outside of PE for every grade level	0-Not mentioned/no policy	39.31	36.73	38.53	45.46	n/s	32.05	24.35	26.87	45.00	<.05
		1- Suggested/vague or not clear PA for all grades	28.74	27.71	17.67	27.33		32.26	36.00	18.43	26.71	
		2- Clear each grade will get PA outside of PE	31.95	35.56	43.81	27.20		35.69	39.65	54.69	28.29	
PA72*	PA throughout the day	0-Not mentioned/no policy	52.22	36.70	58.86	59.68	<.05	45.29	29.81	36.22	50.87	<.01
		1- Suggested	37.59	44.00	41.14	29.91		44.50	46.86	61.98	36.62	
		2- Required	10.19	19.31	0.00	10.42		10.20	23.34	1.80	12.51	
PA73	Intramurals, interscholastic, extracurricular activities	0-Not mentioned/no policy	67.12	65.39	65.92	72.48	n/s	63.45	56.28	41.41	68.47	<.05
		1- Suggested	20.33	22.54	10.78	17.58		22.47	28.38	24.72	21.64	
		2- Required/definitively offered	12.55	12.07	23.30	9.94		14.08	15.34	33.87	9.89	
PA74	Community use of school facilities for physical activity purposes	0-Not mentioned/no policy	78.33	80.02	79.87	87.46	n/s	75.78	75.72	61.38	79.56	n/s
		1- Suggested	7.73	11.99	9.77	7.47		6.99	13.20	14.75	7.60	
		2- Required/definitively in place	13.94	7.99	10.36	5.07		17.23	11.08	23.87	12.84	

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Bridging the Gap Weighted Student-level Wellness Policy Data by Grade Level and Majority Race/Ethnicity, SY 06-07 and 07-08

(Items with * are included in Monograph)

			Elementary School - Race/Ethnicity									
			SY 06-07					SY 07-08				
			% of students (weighted by grade level)					% of students (weighted by grade level)				
Variable	Description	Responses	Maj	Maj	Maj	Diverse	Sig X ²	Maj	Maj	Maj	Diverse	Sig X ²
			White	Black	Latino			White	Black	Latino		
PA75	Safe (active) routes to school (SRTS)	0-Not mentioned/no policy	87.92	84.99	94.79	89.02	n/s	86.51	84.63	93.12	88.43	n/s
		1- Suggested/encouraged	4.13	6.68	0.00	5.69		4.78	7.63	0.00	6.80	
		2- Ensures effort to promote SRTS	7.95	8.34	5.21	5.30		8.71	7.74	6.88	4.76	
PA76*	Not using PA as punishment	0-Not mentioned/no policy	76.16	54.23	86.74	71.96	<.05	67.81	50.78	61.48	63.63	n/s
		1- Suggested	9.57	19.38	9.06	9.80		15.00	23.93	29.91	19.44	
		2- Prohibits PA as punishment	14.27	26.40	4.20	18.24		17.18	25.29	8.61	16.94	
PA77*	Daily recess	0-Not mentioned/no policy	69.21	55.72	79.35	69.63	<.05	63.05	55.21	55.96	58.68	n/s
		1- Suggested or frequency vague	15.59	35.72	7.55	11.74		18.05	33.18	22.66	24.92	
		2- Required	15.20	8.56	13.11	18.64		18.91	11.61	21.38	16.40	
PA78	Recess quality to promote PA	0-Not mentioned/no policy	71.57	72.01	75.74	70.84	<.1	64.48	69.04	52.70	67.35	<.05
		1- Suggested	24.19	26.26	12.37	24.89		31.73	29.77	29.51	28.28	
		2- Specific and required	4.23	1.73	11.89	4.26		3.80	1.19	17.79	4.36	
STAFF PA/WELLNESS/MODELING												
PA71	PA opportunities for school staff	0-Not mentioned/no policy	85.94	70.50	82.55	85.22	n/s	80.83	61.41	79.63	85.79	n/s
		1- Suggested	9.93	23.04	15.65	10.37		14.82	32.29	17.85	11.08	
		2- Required	4.13	6.46	1.80	4.41		4.35	6.30	2.52	3.13	
CP80	Staff wellness programs	0-Not mentioned/no policy	76.64	70.70	74.25	78.44	<.1	72.00	67.36	50.48	68.34	<.001
		1- Suggested	11.31	19.50	23.45	11.25		11.85	22.22	44.82	20.59	
		2- Required/definitively in place	12.05	9.80	2.30	10.31		16.15	10.42	4.70	11.07	
CP82	Staff to role model healthy behaviors	0-Not mentioned/no policy	68.85	58.49	78.30	71.40	n/s	62.13	54.79	76.07	71.34	n/s
		1- Suggested	8.10	8.82	4.29	5.26		9.95	7.75	5.19	6.19	
		2- Require schools to encourage staff modeling	23.05	32.70	17.41	23.34		27.92	37.46	18.74	22.48	
STAKEHOLDER INVOLVEMENT/FEEDBACK												
CP79	FW: Stakeholders involved in development of wellness policy	0-Not mentioned/no policy	59.86	67.06	53.14	66.33	n/s	59.87	52.87	30.07	59.36	<.05
		1- Suggested or not clear all reqd. stakeholders involved	16.90	23.25	12.12	14.60		17.00	29.47	32.82	19.36	
		2- All reqd. stakeholders involved in policy dev.	23.23	9.69	34.74	19.07		23.13	17.65	37.11	21.27	
CP85	Methods to solicit input	0-Not mentioned/no policy	69.27	53.64	73.30	67.40	n/s	64.72	40.23	58.70	59.66	n/s
		1- Suggested/vague	14.56	21.39	20.79	13.44		19.36	29.05	20.16	14.17	
		2- Required and specific	16.17	24.97	5.91	19.15		15.92	30.72	21.14	26.17	

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(Items with * are included in Monograph)

Variable			Elementary School - Race/Ethnicity									
			SY 06-07					SY 07-08				
			% of students (weighted by grade level)					% of students (weighted by grade level)				
Description	Responses	Maj White	Maj Black	Maj Latino	Maj Diverse	Sig X ²	Maj White	Maj Black	Maj Latino	Maj Diverse	Sig X ²	
CP86	How to engage parents/ community	0-Not mentioned/no policy 1- Suggested/vague 2- Required and specific	67.98 11.75 20.28	60.00 6.56 33.45	69.74 15.32 14.94	68.40 5.84 25.76	n/s	63.42 11.33 25.26	55.70 6.36 37.94	46.73 30.18 23.09	59.19 14.01 26.80	n/s
CP87	Content communicated to parents	0-Not mentioned/no policy 1- Suggested/vague 2- Required and specific	51.73 23.39 24.88	43.80 31.97 24.22	51.95 29.62 18.43	52.57 21.95 25.48	n/s	44.76 27.29 27.95	34.71 36.07 29.21	31.84 40.57 27.59	39.97 38.71 21.32	n/s
CP90*	Ongoing health advisory (ch. 7 of mono)	0-Not mentioned/no policy 1- Suggested/vague 2- Required and clearly ongoing	45.27 10.98 43.76	43.93 12.46 43.61	68.99 9.79 21.23	54.38 11.69 33.93	<.05	37.86 11.11 51.03	34.25 11.64 54.11	33.87 15.03 51.10	39.37 16.16 44.47	n/s
MESSAGING, MARKETING, & PROMOTION												
CP81	Consistency of nutrition messages	0-Not mentioned/no policy 1- Suggested/vague 2-Specific and required	44.32 34.35 21.32	32.90 27.34 39.76	44.77 28.92 26.30	44.74 34.60 20.65	n/s	37.16 42.13 20.71	22.84 32.36 44.80	20.42 51.81 27.77	33.08 44.96 21.95	<.1
CP83	Responsible for communication	0-Not mentioned/no policy 1- Suggested/vague 2- Specific and required	66.03 25.29 8.68	60.47 26.83 12.70	65.40 18.62 15.98	69.65 19.59 10.76	n/s	61.27 30.19 8.54	53.38 32.82 13.80	45.02 28.86 26.13	62.17 26.32 11.50	n/s
CP84	Coordinated School Health program	0-Not mentioned/no policy 1- Suggested/vague 2- Definitely in place	84.44 3.87 11.70	70.95 10.08 18.97	60.30 3.71 36.00	72.44 8.16 19.40	<.001	84.04 3.31 12.65	67.79 15.76 16.45	50.83 3.84 45.34	67.18 8.23 24.59	<.001
CP88*	Marketing healthy choices (ch. 5 of mono)	0-Not mentioned/no policy 1- Suggested/vague 2- Specific and required	77.28 12.66 10.06	79.64 11.72 8.63	81.50 16.95 1.55	76.36 13.40 10.25	n/s	75.40 13.51 11.09	73.16 14.45 12.39	70.84 25.02 4.15	79.17 11.81 9.02	n/s
CP89*	Advertising/marketing of (ch. 5 of mono)	0-Not mentioned/no policy 1- Suggested prohibition/restricted 2- Prohibited	86.34 5.60 8.06	69.96 16.81 13.24	73.79 13.28 12.93	79.44 8.26 12.31	n/s	84.35 6.40 9.25	71.35 13.49 15.16	56.00 13.59 30.42	75.41 8.05 16.54	<.05
EVALUATION & IMPLEMENTATION												
E91	FW: Plan for measuring implementation, including designating person responsible	0-Not mentioned/no policy 1- Suggested or does not designate responsible person 2- Specific and required	22.43 6.98 70.59	20.76 6.11 73.13	38.64 3.39 57.98	22.92 5.88 71.20	n/s	15.40 7.82 76.78	10.33 7.31 82.36	12.25 2.90 84.85	9.99 7.18 82.83	n/s

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			Elementary School - Race/Ethnicity									
			SY 06-07					SY 07-08				
			% of students (weighted by grade level)					% of students (weighted by grade level)				
Variable	Description	Responses	Maj	Maj	Maj	Diverse	Sig X ²	Maj	Maj	Maj	Diverse	Sig X ²
			White	Black	Latino			White	Black	Latino		
E92*	Plan for implementation	0-Not mentioned/no policy	26.52	20.76	42.02	25.77	<.05	18.74	10.33	15.15	11.59	<.1
		1- Suggested or does not designate responsible person	5.81	9.83	0.00	9.83		6.81	10.48	0.00	10.24	
		2- Specific and required with responsible person	67.67	69.41	57.98	64.40		74.45	79.19	84.85	78.17	
E93*	Plan for evaluation	0-Not mentioned/no policy	54.48	34.38	70.59	58.11	<.05	47.01	27.41	48.41	45.24	n/s
		1- Suggested	37.64	56.99	22.64	30.87		44.45	62.35	42.19	41.68	
		2- Specific and required	7.88	8.63	6.77	11.02		8.53	10.24	9.40	13.08	
E94*	Audience and frequency of reporting	0-Not mentioned/no policy	49.69	54.48	67.39	51.82	<.1	45.52	43.00	40.09	42.81	n/s
		1- Suggested	24.34	23.95	7.54	18.88		25.61	27.50	20.99	28.10	
		2- Specific and required	25.97	21.57	25.07	29.30		28.87	29.50	38.93	29.08	
E95*	Funding support	0-Not mentioned/no policy	91.86	90.37	98.70	93.64	<.1	91.91	88.56	99.57	95.07	<.01
		1- Suggested	7.10	3.01	1.30	3.71		7.28	4.97	0.43	2.93	
		2- Identifies a specific source of funding	1.04	6.62	0.00	2.64		0.81	6.47	0.00	2.00	
E96*	Plan for revising the policy	0-Not mentioned/no policy	64.29	67.21	76.86	68.62	n/s	59.61	57.94	63.54	65.22	n/s
		1- Suggested	10.00	9.56	6.17	7.65		9.27	10.84	5.17	7.50	
		2- Specific and required	25.71	23.23	16.97	23.73		31.12	31.22	31.30	27.27	
E100	Requires district to report to the state	0-Not mentioned/no policy	99.51	100.00	100.00	100.00	n/s	99.36	100.00	100.00	100.00	n/s
		1- Yes	0.49	0.00	0.00	0.00		0.64	0.00	0.00	0.00	

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(Items with * are included in Monograph)

Note 1: Data have been recoded to reflect only policies in effect as of day after Labor Day for each SY (proxy for first day of SY as per FW requirement).

Note 2: Weighted data adjusted for non-response

Note 3: Significance levels are based on bivariate analyses only. Full monograph highlights significant multivariate findings.

			Middle School - Race/Ethnicity									
			SY 06-07					SY 07-08				
			% of students (weighted by grade level)					% of students (weighted by grade level)				
Variable	Description	Responses	Maj White	Maj Black	Maj Latino	Maj Diverse	Sig X ²	Maj White	Maj Black	Maj Latino	Maj Diverse	Sig X ²
NUTRITION EDUCATION												
NE1*	FW: Nutrition education goal	0-No goal/policy	17.39	24.12	42.63	15.91	<.01	8.17	8.06	4.70	7.64	n/s
		1-NE goal suggested or repeats FW language	2.07	0.00	1.33	3.67		3.09	0.00	1.43	3.28	
		2-NE goal specified	80.55	75.88	56.04	80.42		88.74	91.94	93.86	89.08	
NE2*	Nutrition education curriculum	0-Not mentioned/no policy	33.74	44.40	47.09	35.43	n/s	27.88	52.82	25.34	32.79	<.05
		1-Curriculum reqd/suggested, not clear all grades	35.22	18.38	20.35	28.60		40.29	12.30	24.50	33.81	
		2-Clear NE curriculum, all grades	31.05	37.22	32.56	35.97		31.84	34.87	50.16	33.41	
NE3	Nutrition education within larger school community	0-Not mentioned/no policy	38.02	33.28	56.33	40.62	n/s	28.34	12.26	22.50	38.84	<.05
		1-Vague/suggested	50.34	48.73	41.04	48.24		58.17	69.68	74.04	49.76	
		2-Yes, with specific strategies	11.64	17.98	2.64	11.14		13.50	18.06	3.46	11.40	
NE4	Nutrition education beyond school environment	0-Not mentioned/no policy	56.45	41.98	62.84	54.72	n/s	50.94	20.67	31.64	48.37	<.001
		1-Vague/suggested	33.65	51.91	35.77	39.07		38.75	72.28	66.97	47.59	
		2-Yes, with specific strategies	9.89	6.10	1.39	6.21		10.31	7.05	1.38	4.04	
NE5	Nutrition education training for teachers	0-Not mentioned/no policy	68.85	63.86	76.69	63.36	n/s	66.90	37.89	52.97	58.59	n/s
		1-Vague/suggested or just a subset of teachers	23.92	21.22	19.37	27.25		25.83	45.07	42.92	33.39	
		2-Required for all teachers	7.23	14.93	3.94	9.40		7.27	17.05	4.11	8.02	
NE6*	Nutrition education integrated into other subjects	0-Not mentioned/no policy	52.73	59.05	58.12	61.48	n/s	49.77	57.90	37.91	59.24	n/s
		1-Vague/suggested	17.57	22.42	15.30	17.31		21.78	19.66	25.46	17.89	
		2-Required	29.70	18.53	26.58	21.21		28.45	22.44	36.63	22.87	
NE7*	Nutrition education teaches behavior-focused skills	0-Not mentioned/no policy	30.55	30.71	51.81	38.34	n/s	26.25	11.88	14.75	28.92	n/s
		1-Vague/suggested	22.15	23.95	16.12	20.85		25.54	43.41	33.53	32.87	
		2-Required	47.30	45.34	32.07	40.81		48.21	44.71	51.72	38.21	

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Bridging the Gap Weighted Student-level Wellness Policy Data by Grade Level and Majority Race/Ethnicity, SY 06-07 and 07-08

(Items with * are included in Monograph)

Variable	Description	Responses	Middle School - Race/Ethnicity									
			SY 06-07					SY 07-08				
			% of students (weighted by grade level)					% of students (weighted by grade level)				
			Maj White	Maj Black	Maj Latino	Diverse	Sig X ²	Maj White	Maj Black	Maj Latino	Diverse	Sig X ²
NE8	Number of nutrition education courses/hours	0-Not mentioned/no policy	99.35	91.01	100.00	98.04	<.01	98.38	94.21	98.62	95.61	n/s
		1-Vague/suggested or not all grades	0.00	8.99	0.00	0.97		0.50	5.79	1.38	3.49	
		2-Specified	0.65	0.00	0.00	1.00		1.11	0.00	0.00	0.90	
NE9	Nutrition education quality	0-Not mentioned/no policy	41.58	47.85	67.97	46.44	<.01	34.85	51.48	50.87	47.24	<.05
		1-Vague/suggested	17.81	17.08	1.93	12.04		22.35	13.80	2.35	12.72	
		2-Curriculum aligned with benchmarks/standards, sequential	40.61	35.06	30.10	41.52		42.81	34.72	46.77	40.04	
SCHOOL MEALS												
US10*	FW: Guidelines for school meals are not less restrictive than federal requirements	0-No goal/policy	23.15	23.82	48.52	20.04	<.01	12.70	8.13	11.92	11.91	n/s
		1-Should/strive to meet federal school meals regs	2.43	2.98	0.00	0.59		2.93	3.65	0.00	1.18	
		2-Will meet federal school meal regulations	74.42	73.20	51.48	79.37		84.37	88.22	88.08	86.91	
US11*	School Breakfast Program	0-Not mentioned/no policy	43.52	36.26	53.05	34.35	n/s	35.95	20.18	18.90	27.54	n/s
		1-Suggests/promotes general breakfast program or encourages healthy breakfast	17.52	18.80	17.02	16.89		18.72	16.16	19.71	17.97	
		2-Clearly offers national SBP	38.96	44.95	29.93	48.76		45.33	63.66	61.38	54.49	
US12	Summer Food Service Program	0-Not mentioned/no policy	94.39	73.01	91.54	90.82	<.01	92.65	51.91	68.52	83.11	<.001
		1-Suggests/promotes general summer food program	2.70	8.25	2.45	3.42		3.39	6.68	1.95	5.81	
		2-Clearly offers national Summer Food Program	2.90	18.74	6.01	5.76		3.96	41.41	29.53	11.08	
US13*	Specifies guidelines beyond US Dietary Guidelines	0-Not mentioned/no policy	62.65	42.25	69.31	55.52	n/s	58.76	25.36	37.99	48.32	<.05
		1-Vague/suggested or meet Dietary Guidelines	27.94	40.16	26.26	32.14		31.72	34.39	31.99	33.73	
		2-Clearly exceed Dietary Guidelines	9.41	17.59	4.43	12.34		9.53	40.25	30.03	17.94	
US14	Using low-fat versions of foods/cooking methods	0-Not mentioned/no policy	84.87	69.57	81.02	83.46	n/s	83.65	75.99	67.96	78.50	n/s
		1-Vague/suggested	11.22	26.14	17.68	14.65		11.92	20.94	22.55	18.97	
		2-Specific and required	3.92	4.28	1.30	1.89		4.42	3.06	9.48	2.53	

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(Items with * are included in Monograph)

Variable	Description	Responses	Middle School - Race/Ethnicity									
			SY 06-07					SY 07-08				
			% of students (weighted by grade level)					% of students (weighted by grade level)				
			Maj White	Maj Black	Maj Latino	Diverse	Sig X ²	Maj White	Maj Black	Maj Latino	Diverse	Sig X ²
US15	Strategies to increase participation in school meal programs	0-Not mentioned/no policy 1-Vague/suggested 2-Specific and required	59.13	48.58	73.80	70.55	<.1	54.18	32.63	42.65	64.38	n/s
			26.68	36.00	22.17	19.13		29.76	28.77	29.77	20.30	
			14.19	15.42	4.03	10.31		16.06	38.60	27.59	15.31	
US16	Optimizes meal scheduling	0-Not mentioned/no policy 1-Vague/suggested 2-Specific and required	69.49	76.52	75.32	72.25	n/s	65.89	75.83	71.73	70.03	n/s
			27.19	17.63	24.12	25.48		29.25	19.76	27.72	27.30	
			3.32	5.85	0.56	2.27		4.87	4.40	0.55	2.66	
US17*	Adequate time to eat (≥20 mins for lunch; ≥ 10 mins for breakfast)	0-Not mentioned/no policy 1-Vague/suggested or < time guidelines 2-Required	48.59	35.69	61.35	53.51	<.1	41.48	21.01	29.89	44.64	<.05
			38.95	52.86	35.56	40.28		45.29	68.05	64.17	49.37	
			12.46	11.45	3.10	6.21		13.24	10.94	5.94	5.99	
US18	Hand-washing	0-Not mentioned/no policy 1-Vague/suggested 2-Ensures assistance with hand-washing/facilitating	79.43	85.00	93.11	85.41	n/s	75.87	83.98	88.24	85.02	n/s
			5.25	2.98	0.00	2.88		7.38	3.65	1.76	3.96	
			15.31	12.02	6.89	11.71		16.75	12.38	10.00	11.03	
US19	Nutrition qualifications of meal staff	0-Not mentioned/no policy 1-Vague/suggested 2-Required	77.30	61.89	92.06	82.15	<.05	73.90	47.56	67.29	75.70	n/s
			1.33	2.73	0.00	0.00		1.37	1.86	0.00	0.00	
			21.37	35.38	7.94	17.85		24.73	50.58	32.71	24.30	
US20	Training for food service staff	0-Not mentioned/no policy 1-Vague/suggested 2-Required	72.29	74.30	83.90	80.61	n/s	66.94	49.51	57.59	72.14	n/s
			22.12	21.62	9.99	14.45		26.50	22.11	18.25	15.95	
			5.58	4.08	6.11	4.94		6.57	28.38	24.16	11.91	
US21	School meal environment	0-Not mentioned/no policy 1-Vague/suggested 2-Requires specifics strategies	49.70	36.00	59.23	55.03	<.1	42.68	16.84	28.38	46.81	<.01
			6.32	8.52	12.91	10.89		9.09	6.00	26.40	14.52	
			43.98	55.49	27.86	34.08		48.23	77.16	45.22	38.68	
US22*	Nutrition information for school meals	0-Not mentioned/no policy 1-Vague/suggested 2-Specific and required	78.62	80.51	88.16	80.46	n/s	77.18	55.67	58.80	77.73	n/s
			7.08	8.86	8.74	7.81		6.72	9.43	16.14	6.62	
			14.30	10.63	3.10	11.73		16.10	34.89	25.06	15.65	
US38a	Farm-to-school program	0-Not mentioned/no policy 1-Vague/suggested 2-Specific and required	94.23	90.91	93.80	94.85	<.05	93.15	92.36	83.10	95.80	<.01
			5.40	3.09	6.20	5.15		6.20	1.77	16.90	4.20	
			0.37	6.00	0.00	0.00		0.65	5.86	0.00	0.00	

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Bridging the Gap Weighted Student-level Wellness Policy Data by Grade Level and Majority Race/Ethnicity, SY 06-07 and 07-08

(Items with * are included in Monograph)

Variable Description Responses			Middle School - Race/Ethnicity									
			SY 06-07					SY 07-08				
			% of students (weighted by grade level)					% of students (weighted by grade level)				
			Maj White	Maj Black	Maj Latino	Diverse	Sig X ²	Maj White	Maj Black	Maj Latino	Diverse	Sig X ²
COMPETITIVE FOODS												
NG23*	FW: Nutrition guidelines for all foods outside of the school meal program during the SD	0-No goal/policy	18.32	20.74	42.63	16.47	<.01	9.67	5.71	6.08	8.17	<.01
		1-Suggested or only meet Dietary Guidelines	34.63	25.66	7.33	28.47		40.46	19.61	13.97	29.14	
		2-Required/definitively in place	47.05	53.60	50.04	55.06		49.87	74.68	79.95	62.70	
<i>Access Restrictions</i>												
NG23b	Competitive food and beverage ban	0-Not mentioned/no policy	97.91	90.91	100.00	93.37	<.05	96.75	90.24	100.00	92.72	<.1
		1-Suggested or only applies to food (not bev) or visa versa	2.09	9.09	0.00	6.63		3.25	9.76	0.00	7.28	
		2-Required	0.00	0.00	0.00	0.00		0.00	0.00	0.00	0.00	
NG23c	Nutrition guidelines apply to vending contracts	0-Not mentioned/no policy	88.71	97.11	76.83	83.34	<.05	85.85	93.75	66.17	79.98	<.01
		1-Suggested/encouraged	3.13	0.00	1.79	4.67		4.68	1.19	2.78	4.44	
		2-Required	8.15	2.89	21.38	11.99		9.47	5.06	31.04	15.58	
NG24*	Vending machines	0-Not mentioned/no policy	34.58	27.41	48.17	25.89	<.05	25.51	11.04	17.27	16.07	<.05
		1-Suggested/limited restrictions	53.92	54.20	33.43	52.80		56.71	43.75	38.40	53.91	
		2-Ban or all F&B must meet guidelines	11.50	18.39	18.40	21.31		17.78	45.21	44.33	30.02	
NG25*	School stores	0-Not mentioned/no policy	41.35	36.57	48.66	36.13	<.1	33.94	19.85	17.79	27.34	<.05
		1-Suggested/limited restrictions	50.01	51.68	32.94	43.47		52.08	46.72	37.88	43.58	
		2-Ban or all F&B must meet guidelines	8.64	11.76	18.40	20.40		13.99	33.43	44.33	29.08	
NG26*	A la carte	0-Not mentioned/no policy	34.71	30.68	48.66	28.33	<.1	26.48	13.87	15.72	20.40	n/s
		1-Suggested/limited restrictions	53.99	60.15	32.94	52.12		54.90	54.59	37.88	51.24	
		2-Ban or all F&B must meet guidelines	11.29	9.17	18.40	19.55		18.62	31.54	46.40	28.36	
NG27*	Class parties and celebrations	0-Not mentioned/no policy	45.97	30.38	56.70	51.00	<.05	40.02	17.22	30.54	39.98	<.05
		1-Suggested/limited restrictions	53.64	63.98	43.30	46.33		59.69	55.73	54.74	51.89	
		2-Ban or all F&B must meet guidelines	0.39	5.64	0.00	2.67		0.29	27.05	14.72	8.13	
NG28	Food from home for whole class	0-Not mentioned/no policy	45.32	30.38	56.70	51.00	<.1	39.72	17.22	30.54	39.98	<.05
		1-Suggested/limited restrictions	53.79	63.98	43.30	46.33		59.69	55.73	54.74	51.89	
		2-Ban or all F&B must meet guidelines	0.89	5.64	0.00	2.67		0.58	27.05	14.72	8.13	

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Variable	Description	Responses	Middle School - Race/Ethnicity									
			SY 06-07					SY 07-08				
			% of students (weighted by grade level)					% of students (weighted by grade level)				
			Maj White	Maj Black	Maj Latino	Diverse	Sig X ²	Maj White	Maj Black	Maj Latino	Diverse	Sig X ²
NG29	Food before school	0-Not mentioned/no policy	82.59	73.06	74.41	68.95	n/s	80.62	77.38	62.18	66.63	<.01
		1-Suggested/limited restrictions	12.89	20.96	18.61	19.97		10.88	16.81	9.30	11.01	
		2-Nutrition guidelines apply to before school sales	4.51	5.98	6.98	11.08		8.49	5.80	28.52	22.36	
NG30	Food after school	0-Not mentioned/no policy	91.62	89.60	95.92	91.60	n/s	90.28	92.12	93.28	91.60	n/s
		1-Suggested/limited restrictions	5.95	8.88	1.35	6.17		7.57	7.01	1.80	5.54	
		2-Nutrition guidelines apply to after school sales	2.43	1.52	2.73	2.23		2.15	0.87	4.93	2.85	
NG31	Food at evening/community events	0-Not mentioned/no policy	86.96	67.97	87.29	87.06	<.1	83.98	73.41	83.82	87.60	n/s
		1-Suggested/limited restrictions	12.53	32.03	10.72	11.99		15.48	26.59	14.99	12.00	
		2-Nutrition guidelines apply	0.51	0.00	1.99	0.95		0.55	0.00	1.19	0.40	
NG32	Fundraisers	0-Not mentioned/no policy	54.16	36.81	50.94	43.05	n/s	47.32	23.02	16.63	31.60	<.05
		1-Limited restrictions or only fundraisers during SD	45.39	63.19	47.82	55.10		52.25	54.03	66.74	61.04	
		2-Nutrition guidelines apply to all fundraisers	0.45	0.00	1.24	1.85		0.43	22.96	16.64	7.36	
NG40*	Use of food as a reward/punishment	0-Not mentioned/no policy or encourages healthy food as reward	65.73	46.97	91.81	66.17	<.001	60.31	54.28	87.89	62.34	<.01
		1-Discourage food as a reward/prohibit as punishment	24.38	32.67	6.23	27.78		31.47	25.75	7.70	32.02	
		2-Prohibits using food as a reward/punishment	9.90	20.37	1.96	6.05		8.23	19.98	4.41	5.63	
Content Restrictions												
NG33*	Sugar content of Foods	0-Not mentioned/no policy	62.53	56.18	65.30	53.54	<.05	56.92	62.28	31.48	43.55	<.01
		1-Suggested/limited restrictions	31.12	34.57	19.06	28.87		30.15	28.28	27.70	25.79	
		2-Specific and required OR competitive food ban	6.35	9.25	15.64	17.59		12.93	9.44	40.81	30.65	
NG34*	Fat content of foods	0-Not mentioned/no policy	46.25	40.42	47.65	40.09	<.01	42.42	22.49	15.36	29.79	<.001
		1-Suggested/limited restrictions	40.98	50.33	20.10	35.94		38.94	45.12	11.10	24.17	
		2-Specific and required OR competitive food ban	12.77	9.25	32.25	23.97		18.64	32.39	73.53	46.04	

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			SY 06-07					SY 07-08				
			% of students (weighted by grade level)					% of students (weighted by grade level)				
Variable	Description	Responses	Maj	Maj	Maj	Diverse	Sig X ²	Maj	Maj	Maj	Diverse	Sig X ²
			White	Black	Latino			White	Black	Latino		
NG35	Sodium content of foods	0-Not mentioned/no policy	71.88	58.09	87.22	73.28	<.01	71.52	38.33	61.92	61.13	<.01
		1-Suggested/limited restrictions	24.15	32.66	4.30	19.60		23.04	29.28	7.40	22.57	
		2-Specific and required OR competitive food ban	3.96	9.25	8.48	7.12		5.44	32.39	30.68	16.30	
NG36*	Calorie content per serving size	0-Not mentioned/no policy	86.71	83.07	75.34	70.47	<.001	82.53	88.11	68.09	69.50	<.001
		1-Suggested/limited restrictions	11.19	16.93	11.66	22.21		8.96	11.89	2.07	12.24	
		2-Specific and required OR competitive food ban	2.10	0.00	13.01	7.32		8.51	0.00	29.84	18.26	
NG37	Serving size of foods	0-Not mentioned/no policy	63.12	70.74	71.66	68.37	<.05	61.89	51.14	46.51	56.54	n/s
		1-Suggested/limited restrictions	21.44	16.74	3.25	15.30		21.75	34.73	19.53	20.84	
		2-Specific and required OR competitive food ban	15.43	12.52	25.09	16.33		16.36	14.13	33.96	22.62	
NG38	Whole/unprocessed & fresh food availability	0-Not mentioned/no policy	53.38	42.87	57.25	53.45	n/s	50.49	27.82	28.81	45.45	<.1
		1-Suggested	36.51	45.77	42.75	39.73		38.97	36.58	56.47	44.72	
		2-Specific and required	10.12	11.36	0.00	6.82		10.54	35.61	14.72	9.83	
NG39	Ingredients with questionable effects (e.g., trans fats, artificial sweeteners)	0-Not mentioned/no policy	76.47	78.90	86.15	80.51	n/s	70.51	56.90	41.91	68.61	<.05
		1-Suggested/limited restrictions	17.97	11.85	6.15	9.86		23.74	13.01	26.98	16.19	
		2-Specific and required or competitive food ban	5.56	9.25	7.70	9.63		5.74	30.09	31.10	15.20	
NG41*	Nutrition information provided for competitive foods	0-Not mentioned/no policy	91.54	97.27	94.82	89.89	n/s	89.44	73.67	76.28	83.44	n/s
		1-Suggested	3.47	2.73	1.30	6.58		4.59	1.86	2.27	6.38	
		2-Specific and required or competitive food ban	4.98	0.00	3.89	3.53		5.97	24.47	21.46	10.19	
NG42	Sugar content of beverages	0-Not mentioned/no policy	58.49	56.07	52.34	49.98	n/s	54.96	40.47	21.68	41.41	<.05
		1-Suggested/limited restrictions	36.63	35.07	45.87	43.04		36.80	26.07	60.90	45.54	
		2-Specific and required or competitive food ban	4.88	8.86	1.79	6.98		8.23	33.46	17.42	13.05	

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			SY 06-07					SY 07-08				
			% of students (weighted by grade level)					% of students (weighted by grade level)				
			Maj White	Maj Black	Maj Latino	Diverse	Sig X ²	Maj White	Maj Black	Maj Latino	Diverse	Sig X ²
NG43	Fat content of beverages	0-Not mentioned/no policy	83.09	75.68	93.05	86.62	<.1	82.74	77.72	92.83	87.74	n/s
		1-Suggested/limited restrictions	12.48	15.48	1.95	6.50		9.14	11.67	3.30	4.62	
		2-Specific and required or competitive food ban	4.42	8.84	5.00	6.87		8.12	10.61	3.87	7.65	
NG44*	Calorie content of beverages	0-Not mentioned/no policy	92.84	94.40	97.41	91.10	n/s	89.07	96.51	96.46	88.34	n/s
		1-Suggested/limited restrictions	6.74	5.60	0.80	7.96		10.47	3.49	2.51	10.85	
		2-Specific and required or competitive food ban	0.41	0.00	1.79	0.93		0.47	0.00	1.03	0.81	
NG45*	Regular soda	0-Not mentioned/no policy	53.19	53.03	50.16	36.44	<.01	46.55	32.94	16.74	30.32	<.001
		1-Suggested/limited restrictions	17.98	26.66	2.24	20.98		19.59	18.51	3.96	15.42	
		2-Banned	28.83	20.30	47.60	42.57		33.85	48.54	79.30	54.27	
NG46*	Beverages (other than soda) with added caloric sweeteners	0-Not mentioned/no policy	76.48	74.09	84.89	78.62	n/s	72.15	57.15	66.47	73.43	n/s
		1-Suggested/limited restrictions	19.42	20.03	11.18	16.28		21.19	13.04	14.44	15.26	
		2-Banned	4.10	5.88	3.93	5.09		6.66	29.81	19.09	11.31	
NG47	Sugar/calorie content of milk	0-Not mentioned/no policy	84.46	93.64	77.48	86.33	n/s	84.73	93.53	69.33	82.40	<.05
		1-Suggested/limited restrictions	11.43	0.00	13.92	9.19		10.86	1.19	14.38	12.13	
		2-Specific and required limit or competitive food ban	4.11	6.36	8.60	4.48		4.41	5.28	16.29	5.47	
NG48*	Fat content of milk	0-Not mentioned/no policy	72.48	64.30	74.84	66.60	n/s	68.74	48.63	44.26	61.50	<.1
		1-Suggested/limited restrictions	24.58	30.10	22.62	29.44		27.01	23.87	32.35	28.61	
		2-Specific and required limit or competitive food ban	2.94	5.60	2.54	3.96		4.25	27.50	23.39	9.89	
NG49	Serving size limit for beverages	0-Not mentioned/no policy	64.11	66.81	69.00	69.41	n/s	62.96	69.40	65.55	62.37	<.05
		1-Suggested/limited restrictions	29.28	30.10	24.40	23.57		25.89	26.53	8.64	19.86	
		2-Specific and required OR competitive food ban	6.62	3.09	6.60	7.02		11.15	4.08	25.81	17.77	

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Bridging the Gap Weighted Student-level Wellness Policy Data by Grade Level and Majority Race/Ethnicity, SY 06-07 and 07-08

(Items with * are included in Monograph)

Variable	Description	Responses	Middle School - Race/Ethnicity									
			SY 06-07					SY 07-08				
			% of students (weighted by grade level)					% of students (weighted by grade level)				
			Maj White	Maj Black	Maj Latino	Diverse	Sig X ²	Maj White	Maj Black	Maj Latino	Diverse	Sig X ²
NG50*	Caffeine content of beverages	0-Not mentioned/no policy 1-Suggested/limited restrictions 2-Specific and required OR competitive food ban	76.94	79.52	84.98	80.41	<.1	73.60	59.78	60.94	74.05	<.05
			17.67	17.65	4.00	11.47		17.39	12.60	4.91	6.85	
			5.39	2.83	11.02	8.13		9.01	27.61	34.15	19.10	
NG51*	Availability of free drinking water throughout the school and school day	0-Not mentioned/no policy 1-Suggested/encouraged 2-Free water is always available	86.35	91.67	96.25	87.55	<.1	86.11	94.25	93.40	84.77	<.1
			1.99	5.43	1.79	4.63		2.37	1.86	2.29	7.71	
			11.66	2.89	1.96	7.82		11.53	3.90	4.31	7.53	
PHYSICAL EDUCATION (PE)												
PE52a*	PE addressed in district policy	0-Not mentioned/no policy 1-Definitively addressed	24.19	23.47	46.97	20.15	<.05	14.00	7.57	9.43	10.51	n/s
			75.81	76.53	53.03	79.85		86.00	92.43	90.57	89.49	
PE52	PE curriculum all grades	0-Not mentioned/no policy 1-Suggested/encouraged 2-Clear curriculum-all grades	42.02	36.30	65.20	39.76	<.05	36.59	21.54	27.34	31.21	n/s
			19.82	23.89	9.19	14.42		21.95	49.18	32.00	23.05	
			38.16	39.80	25.60	45.82		41.46	29.28	40.66	45.74	
PE53*	Time requirements for PE: ≥ 150 mins/week (ES)	0-Not mentioned/no policy	80.69	58.03	86.54	64.78	<.001	79.41	45.69	53.55	60.40	<.01
PE54*	≥ 225 mins/week (MS/HS)	1- < NASPE standards or specifies days (not duration)	17.25	40.45	12.08	30.55		18.38	53.44	41.89	35.49	
PE55*		2- ≥ NASPE standards	2.06	1.52	1.38	4.67		2.21	0.87	4.55	4.11	
PE56*	PE teaches physically active lifestyle	0-Not mentioned/no policy 1- Suggested/encouraged 2- Required	40.56	29.66	66.83	38.40	<.01	32.99	16.92	31.96	32.01	n/s
			8.75	16.93	3.97	10.60		8.81	13.10	3.75	9.87	
			50.69	53.42	29.20	51.00		58.20	69.98	64.29	58.12	
PE57	PE competency (skills, knowledge) assessment	0-Not mentioned/no policy 1- Suggested/encouraged 2- Required	58.07	48.84	77.89	57.46	<.01	52.41	33.45	54.85	50.57	<.05
			9.84	11.95	14.79	17.09		10.85	34.66	35.40	21.44	
			32.09	39.21	7.32	25.45		36.74	31.89	9.75	27.99	
PE58	PE quality	0-Not mentioned/no policy 1- Suggested/encouraged 2- Curriculum aligned with stds/benchmarks, sequential	53.10	42.22	71.23	46.58	<.05	47.41	29.43	41.40	42.22	<.1
			11.68	21.40	5.49	16.27		12.63	44.17	21.87	20.49	
			35.22	36.38	23.28	37.14		39.96	26.40	36.74	37.29	

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(Items with * are included in Monograph)

			Middle School - Race/Ethnicity									
			SY 06-07					SY 07-08				
			% of students (weighted by grade level)					% of students (weighted by grade level)				
Variable	Description	Responses	Maj White	Maj Black	Maj Latino	Diverse	Sig X ²	Maj White	Maj Black	Maj Latino	Diverse	Sig X ²
PE59	Inclusive play	0-Not mentioned/no policy	57.41	45.62	75.54	53.85	<.01	52.91	31.35	50.32	48.24	<.05
		1- Suggested/encouraged	6.37	18.05	3.61	12.10		6.83	41.02	22.77	15.33	
		2- Required	36.22	36.34	20.85	34.05		40.26	27.63	26.91	36.43	
PE60	PE courses/credits required for graduation	0-Not mentioned/no policy	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
		1- Suggested/encouraged										
		2- Required										
PE61	Daily PE requirement	0-Not mentioned/no policy	92.96	84.72	96.57	94.47	n/s	92.53	67.09	79.47	85.98	<.05
		1- Suggested/encouraged	2.20	9.19	2.62	2.11		3.41	30.56	20.09	8.07	
		2- Required	4.84	6.09	0.80	3.42		4.05	2.35	0.44	5.95	
PE62	Teacher-student ratio for PE	0-Not mentioned/no policy	88.58	81.59	98.70	88.66	n/s	87.61	62.48	75.24	82.56	n/s
		1- Suggested	9.95	18.41	1.30	10.34		10.70	37.52	23.45	16.58	
		2- Specific and required	1.47	0.00	0.00	1.00		1.69	0.00	1.31	0.86	
PE63	Safe/adequate equipment/facilities	0-Not mentioned/no policy	82.87	66.59	95.69	78.33	<.01	79.99	43.25	70.95	71.86	<.05
		1- Suggested	6.98	15.47	1.30	11.39		8.46	37.35	24.82	18.74	
		2- Specific and required	10.15	17.94	3.01	10.29		11.54	19.40	4.23	9.41	
PE64*	Moderate-to-vigorous activity	0-Not mentioned/no policy	72.26	78.66	69.58	76.99	n/s	70.24	60.42	41.67	70.99	<.05
		1- Moderate-to-vigorous activity addressed but <50% time or not specified	21.22	18.25	22.48	18.12		21.38	37.81	48.22	23.63	
		2- ≥ 50% class time devoted to moderate-to-vigorous activity	6.52	3.09	7.94	4.89		8.38	1.77	10.11	5.38	
PE65*	Qualifications of PE instructors	0-Not mentioned/no policy	66.77	56.77	93.90	65.28	<.001	64.15	35.86	65.02	56.11	<.05
		1- Suggested	9.92	31.43	2.14	12.40		10.82	50.02	17.08	18.45	
		2- Requires PE to be taught by qualified instructors	23.31	11.80	3.96	22.32		25.04	14.12	17.90	25.44	
PE66	Training for PE instructors	0-Not mentioned/no policy	82.96	76.00	80.59	82.57	n/s	84.08	72.36	68.75	82.24	<.001
		1- Suggested or training for teachers generally (not PE-specific)	6.45	8.60	15.48	7.67		5.77	8.88	27.16	8.67	
		2- Provision of PE training for PE instructors	10.59	15.40	3.92	9.76		10.16	18.75	4.09	9.09	

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			SY 06-07					SY 07-08				
			% of students (weighted by grade level)					% of students (weighted by grade level)				
			Maj White	Maj Black	Maj Latino	Diverse	Sig X ²	Maj White	Maj Black	Maj Latino	Diverse	Sig X ²
PE67	Prohibits waivers for PE	0-Not mentioned/no policy	93.89	78.71	98.76	93.23	<.01	93.51	84.40	98.20	93.22	n/s
		1- Suggested	2.82	15.44	0.00	3.80		2.98	11.20	0.00	4.05	
		2- PE waivers prohibited	3.29	5.85	1.24	2.97		3.51	4.40	1.80	2.72	
PE68	Annual health assessment	0-Not mentioned/no policy	72.77	50.48	80.85	68.16	<.1	69.03	34.77	53.01	60.24	<.05
		1- Suggested/vague	27.23	46.46	19.15	29.95		30.06	61.60	46.99	38.48	
		2- Specific and required	0.00	3.06	0.00	1.89		0.91	3.63	0.00	1.28	
PE68a* (ch. 7 of mono)	BMI	0-Not mentioned/no policy	85.74	72.84	87.80	77.54	n/s	84.75	57.14	60.38	70.06	<.1
		1- BMI suggested (with or without reporting)	13.54	27.16	12.20	20.57		14.26	42.86	39.62	28.66	
		2- BMI required without reporting	0.23	0.00	0.00	0.00		0.59	0.00	0.00	0.00	
		3- BMI required with reporting	0.49	0.00	0.00	1.89		0.40	0.00	0.00	1.28	
PHYSICAL ACTIVITY (PA)												
PA69*	FW: Physical activity (PA) goals	0- No goal/policy	19.74	20.74	42.63	22.07	<.05	10.07	5.71	4.70	14.79	n/s
		1- PA goal suggested or repeats FW language	1.88	0.00	2.61	2.86		1.61	0.00	2.72	2.37	
		2- PA goal specified	78.38	79.26	54.76	75.08		88.32	94.29	92.57	82.83	
PA70*	PA outside of PE for every grade level	0-Not mentioned/no policy	41.10	48.20	49.38	50.93	n/s	34.13	51.06	26.80	51.16	<.05
		1- Suggested/vague or not clear PA for all grades	28.59	18.76	14.19	25.99		32.17	19.37	17.95	24.99	
		2- Clear each grade will get PA outside of PE	30.30	33.04	36.43	23.08		33.70	29.57	55.25	23.85	
PA72*	PA throughout the day	0-Not mentioned/no policy	52.93	45.01	65.94	63.17	<.05	45.59	28.55	35.36	56.09	<.05
		1- Suggested	39.44	37.72	33.31	29.03		46.30	54.59	60.92	33.47	
		2- Required	7.63	17.27	0.75	7.80		8.12	16.86	3.72	10.44	
PA73	Intramurals, interscholastic, extracurricular activities	0-Not mentioned/no policy	63.00	68.90	71.10	69.96	n/s	56.87	45.87	40.62	66.02	<.05
		1- Suggested	21.45	20.63	7.46	18.63		25.44	43.93	24.30	23.14	
		2- Required/definitively offered	15.55	10.47	21.44	11.41		17.69	10.19	35.08	10.84	
PA74	Community use of school facilities for physical activity purposes	0-Not mentioned/no policy	77.98	81.85	84.06	87.32	n/s	75.67	59.72	60.93	79.86	n/s
		1- Suggested	7.74	11.23	7.68	7.34		6.87	9.87	14.14	7.42	
		2- Required/definitively in place	14.28	6.91	8.26	5.34		17.46	30.41	24.93	12.72	

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			SY 06-07					SY 07-08				
			% of students (weighted by grade level)					% of students (weighted by grade level)				
			Maj White	Maj Black	Maj Latino	Diverse	Sig X ²	Maj White	Maj Black	Maj Latino	Diverse	Sig X ²
PA75	Safe (active) routes to school (SRTS)	0-Not mentioned/no policy 1- Suggested/encouraged 2- Ensures effort to promote SRTS	88.08	86.51	95.84	90.56	n/s	86.74	89.55	93.29	90.17	n/s
			3.79	5.87	0.00	4.72		4.50	5.35	0.00	5.48	
			8.13	7.62	4.16	4.72		8.76	5.10	6.71	4.35	
PA76*	Not using PA as punishment	0-Not mentioned/no policy 1- Suggested 2- Prohibits PA as punishment	79.11	61.55	89.00	77.32	<.1	73.89	43.92	60.20	69.62	<.1
			7.99	14.13	7.00	8.03		11.17	38.17	29.50	16.67	
			12.90	24.32	4.00	14.64		14.94	17.91	10.30	13.71	
PA77*	Daily recess	0-Not mentioned/no policy 1- Suggested or frequency vague 2- Required	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
PA78	Recess quality to promote PA	0-Not mentioned/no policy 1- Suggested 2- Specific and required	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
STAFF PA/WELLNESS/MODELING												
PA71	PA opportunities for school staff	0-Not mentioned/no policy 1- Suggested 2- Required	86.14	72.68	84.79	85.16	n/s	81.42	71.18	78.97	86.76	n/s
			9.65	21.16	13.91	10.52		14.25	23.90	18.82	10.28	
			4.20	6.17	1.29	4.31		4.33	4.92	2.21	2.95	
CP80	Staff wellness programs	0-Not mentioned/no policy 1- Suggested 2- Required/definitively in place	77.12	73.05	78.77	77.94	n/s	72.89	53.31	50.64	68.37	<.01
			10.84	17.89	19.35	11.43		11.35	39.47	44.50	20.51	
			12.04	9.07	1.89	10.63		15.77	7.22	4.86	11.12	
CP82	Staff to role model healthy behaviors	0-Not mentioned/no policy 1- Suggested 2- Require schools to encourage staff modeling	68.80	61.60	81.18	71.52	n/s	62.44	65.65	75.07	72.00	n/s
			8.16	8.03	3.49	5.40		10.02	5.68	5.35	5.49	
			23.03	30.37	15.33	23.07		27.54	28.66	19.58	22.50	
STAKEHOLDER INVOLVEMENT/FEEDBACK												
CP79	FW: Stakeholders involved in development of wellness policy	0-Not mentioned/no policy 1- Suggested or not clear all reqd. stakeholders involved 2- All reqd. stakeholders involved in policy dev.	60.20	69.70	61.85	67.22	n/s	60.21	41.94	29.75	60.03	<.01
			16.88	21.58	9.34	14.87		16.63	44.31	32.39	19.27	
			22.93	8.72	28.81	17.91		23.16	13.76	37.86	20.70	
CP85	Methods to solicit input	0-Not mentioned/no policy 1- Suggested/vague 2- Required and specific	68.60	57.44	77.67	68.30	n/s	64.53	34.89	58.00	62.09	<.1
			14.79	19.44	17.59	12.83		19.18	19.72	20.62	12.36	
			16.61	23.11	4.73	18.86		16.29	45.40	21.39	25.55	

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			SY 06-07					SY 07-08				
			% of students (weighted by grade level)					% of students (weighted by grade level)				
			Maj White	Maj Black	Maj Latino	Diverse	Sig X ²	Maj White	Maj Black	Maj Latino	Diverse	Sig X ²
CP86	How to engage parents/ community	0-Not mentioned/no policy 1- Suggested/vague 2- Required and specific	67.54	63.28	74.41	69.17	n/s	63.50	43.81	46.07	60.73	n/s
			12.13	5.69	13.10	5.45		12.20	27.79	30.89	13.34	
			20.34	31.03	12.49	25.38		24.30	28.40	23.04	25.92	
CP87	Content communicated to parents	0-Not mentioned/no policy 1- Suggested/vague 2- Required and specific	51.85	48.63	60.07	54.05	n/s	45.27	28.70	31.01	41.85	n/s
			22.99	29.58	23.75	21.23		26.80	49.95	40.65	37.85	
			25.16	21.78	16.18	24.72		27.93	21.34	28.34	20.29	
CP90*	Ongoing health advisory (ch. 7 of committee mono)	0-Not mentioned/no policy 1- Suggested/vague 2- Required and clearly ongoing	45.98	48.13	73.98	54.41	<.01	37.90	27.91	32.49	41.42	n/s
			10.61	11.34	8.49	11.88		10.90	8.98	15.66	15.45	
			43.40	40.52	17.53	33.70		51.19	63.11	51.85	43.13	
MESSAGING, MARKETING, & PROMOTION												
CP81	Consistency of nutrition messages	0-Not mentioned/no policy 1- Suggested/vague 2-Specific and required	43.90	38.55	54.47	45.89	n/s	36.58	20.00	19.87	35.62	n/s
			34.84	24.59	24.59	34.06		42.65	46.07	53.65	43.11	
			21.26	36.86	20.94	20.05		20.77	33.93	26.48	21.27	
CP83	Responsible for communication	0-Not mentioned/no policy 1- Suggested/vague 2- Specific and required	65.46	63.61	71.08	70.88	n/s	61.66	42.19	44.52	63.75	<.05
			25.74	24.45	15.03	18.79		29.89	47.38	28.80	25.19	
			8.80	11.95	13.89	10.33		8.45	10.43	26.67	11.06	
CP84	Coordinated School Health program	0-Not mentioned/no policy 1- Suggested/vague 2- Definitely in place	84.63	73.17	67.06	72.83	<.05	84.03	75.21	51.52	67.86	<.001
			3.87	9.24	3.26	8.31		3.30	12.08	3.82	8.21	
			11.50	17.58	29.68	18.86		12.67	12.71	44.67	23.93	
CP88*	Marketing healthy choices (ch. 5 of mono)	0-Not mentioned/no policy 1- Suggested/vague 2- Specific and required	76.94	81.55	84.85	75.95	n/s	75.39	80.91	71.56	79.55	n/s
			12.89	10.50	13.77	12.66		13.60	10.01	24.38	10.82	
			10.17	7.95	1.38	11.38		11.02	9.08	4.06	9.63	
CP89*	Advertising/marketing of (ch. 5 of mono)	0-Not mentioned/no policy 1- Suggested prohibition/restricted 2- Prohibited	86.46	73.01	78.03	81.13	n/s	85.26	57.22	54.40	77.41	<.05
			5.60	15.40	10.80	7.69		5.97	9.50	14.19	7.50	
			7.94	11.59	11.17	11.18		8.76	33.28	31.40	15.09	
EVALUATION & IMPLEMENTATION												
E91	FW: Plan for measuring implementation, including designating person responsible	0-Not mentioned/no policy 1- Suggested or does not designate responsible person 2- Specific and required	22.29	26.79	49.52	23.87	<.05	15.29	10.31	11.79	12.34	n/s
			6.86	5.71	2.61	5.84		7.41	5.50	2.72	7.15	
			70.86	67.50	47.87	70.29		77.29	84.19	85.49	80.52	

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Bridging the Gap Weighted Student-level Wellness Policy Data by Grade Level and Majority Race/Ethnicity, SY 06-07 and 07-08

(Items with * are included in Monograph)

Variable	Description	Responses	Middle School - Race/Ethnicity									
			SY 06-07					SY 07-08				
			% of students (weighted by grade level)					% of students (weighted by grade level)				
			Maj White	Maj Black	Maj Latino	Diverse	Sig X ²	Maj White	Maj Black	Maj Latino	Diverse	Sig X ²
E92*	Plan for implementation	0-Not mentioned/no policy	26.24	26.79	52.13	26.62	<.01	18.31	10.31	14.51	13.88	n/s
		1- Suggested or does not designate responsible person	6.01	9.09	0.00	10.01		6.81	7.86	0.00	10.25	
		2- Specific and required with responsible person	67.74	64.12	47.87	63.37		74.88	81.83	85.49	75.87	
E93*	Plan for evaluation	0-Not mentioned/no policy	54.33	39.03	75.09	58.52	<.01	46.94	22.72	46.30	46.86	n/s
		1- Suggested	37.84	53.01	19.28	30.24		45.18	69.71	44.47	39.92	
		2- Specific and required	7.83	7.95	5.62	11.24		7.88	7.56	9.23	13.22	
E94*	Audience and frequency of reporting	0-Not mentioned/no policy	49.59	58.61	72.99	52.81	<.05	45.21	35.10	39.83	44.57	n/s
		1- Suggested	24.45	21.80	6.12	18.14		26.52	43.71	21.22	26.99	
		2- Specific and required	25.96	19.60	20.89	29.05		28.26	21.19	38.96	28.44	
E95*	Funding support	0-Not mentioned/no policy	91.71	90.96	98.76	93.48	<.1	91.78	91.12	99.51	95.01	<.05
		1- Suggested	7.28	2.89	1.24	3.81		7.48	3.90	0.49	2.98	
		2- Identifies a specific source of funding	1.00	6.15	0.00	2.70		0.73	4.98	0.00	2.00	
E96*	Plan for revising the policy	0-Not mentioned/no policy	64.07	69.88	81.04	68.43	n/s	60.01	68.77	64.17	65.39	n/s
		1- Suggested	10.04	9.27	5.05	7.87		9.57	8.19	5.25	7.61	
		2- Specific and required	25.89	20.85	13.91	23.70		30.42	23.04	30.58	27.00	
E100	Requires district to report to the state	0-Not mentioned/no policy	99.51	100.00	100.00	100.00	n/s	99.36	100.00	100.00	100.00	n/s
		1- Yes	0.49	0.00	0.00	0.00		0.64	0.00	0.00	0.00	

LEGEND:

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Bridging the Gap Weighted Student-level Wellness Policy Data by Grade Level and Majority Race/Ethnicity, SY 06-07 and 07-08

(Items with * are included in Monograph)

Note 1: Data have been recoded to reflect only policies in effect as of day after Labor Day for each SY (proxy for first day of SY as per FW requirement).

Note 2: Weighted data adjusted for non-response

Note 3: Significance levels are based on bivariate analyses only. Full monograph highlights significant multivariate findings.

Variable	Description	Responses	High School - Race/Ethnicity									
			SY 06-07					SY 07-08				
			% of students (weighted by grade level)					% of students (weighted by grade level)				
			Maj White	Maj Black	Maj Latino	Maj Diverse	Sig X ²	Maj White	Maj Black	Maj Latino	Maj Diverse	Sig X ²
NUTRITION EDUCATION												
NE1*	FW: Nutrition education goal	0-No goal/policy 1-NE goal suggested or repeats FW language 2-NE goal specified	18.84	19.32	36.57	22.32	n/s	9.08	4.82	4.71	12.04	n/s
			1.74	0.00	1.42	3.31		1.54	0.00	1.39	3.05	
			79.42	80.68	62.01	74.37		89.38	95.18	93.90	84.90	
NE2*	Nutrition education curriculum	0-Not mentioned/no policy 1-Curriculum reqd/suggested, not clear all grades 2-Clear NE curriculum, all grades	35.05	41.88	41.57	39.82	n/s	27.73	62.00	22.56	35.66	<.05
			35.71	31.12	20.36	25.96		39.99	18.20	24.14	31.83	
			29.24	27.00	38.07	34.22		32.28	19.80	53.29	32.51	
NE3	Nutrition education within larger school community	0-Not mentioned/no policy 1-Vague/suggested 2-Yes, with specific strategies	40.32	31.82	49.17	43.67	n/s	29.03	9.85	21.86	39.95	<.05
			49.74	49.00	47.98	43.43		59.33	75.44	74.67	46.92	
			9.95	19.18	2.84	12.90		11.64	14.70	3.47	13.13	
NE4	Nutrition education beyond school environment	0-Not mentioned/no policy 1-Vague/suggested 2-Yes, with specific strategies	61.21	39.31	55.14	58.14	<.1	53.02	15.94	30.05	49.78	<.001
			29.30	54.27	43.27	36.49		37.04	78.42	68.48	46.52	
			9.49	6.43	1.59	5.37		9.95	5.65	1.47	3.69	
NE5	Nutrition education training for teachers	0-Not mentioned/no policy 1-Vague/suggested or just a subset of teachers 2-Required for all teachers	69.95	63.27	74.93	69.09	n/s	66.09	30.28	55.42	62.98	n/s
			23.73	21.55	20.64	22.91		25.63	56.93	40.43	29.91	
			6.32	15.18	4.43	8.00		8.29	12.80	4.15	7.11	
NE6*	Nutrition education integrated into other subjects	0-Not mentioned/no policy 1-Vague/suggested 2-Required	55.81	55.04	51.46	64.69	n/s	50.31	64.65	34.00	60.63	n/s
			15.66	23.25	17.66	17.46		20.52	16.23	26.80	17.70	
			28.53	21.71	30.89	17.85		29.17	19.13	39.20	21.67	
NE7*	Nutrition education teaches behavior-focused skills	0-Not mentioned/no policy 1-Vague/suggested 2-Required	33.67	29.59	45.11	42.07	n/s	26.37	9.27	13.97	31.21	<.1
			20.57	25.68	21.14	18.24		23.67	55.80	33.93	30.24	
			45.76	44.74	33.74	39.69		49.96	34.93	52.11	38.55	

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Bridging the Gap Weighted Student-level Wellness Policy Data by Grade Level and Majority Race/Ethnicity, SY 06-07 and 07-08

(Items with * are included in Monograph)

			High School - Race/Ethnicity									
			SY 06-07					SY 07-08				
			% of students (weighted by grade level)					% of students (weighted by grade level)				
Variable	Description	Responses	Maj	Maj	Maj	Diverse	Sig X ²	Maj	Maj	Maj	Diverse	Sig X ²
			White	Black	Latino			White	Black	Latino		
NE8	Number of nutrition education courses/hours	0-Not mentioned/no policy	98.75	84.85	100.00	96.58	<.001	98.20	91.18	98.52	93.60	n/s
		1-Vague/suggested or not all grades	1.12	15.15	0.00	2.61		1.26	8.82	1.48	5.63	
		2-Specified	0.13	0.00	0.00	0.80		0.54	0.00	0.00	0.77	
NE9	Nutrition education quality	0-Not mentioned/no policy	41.89	45.85	61.61	49.47	n/s	33.45	60.76	46.56	48.61	n/s
		1-Vague/suggested	19.29	17.50	6.24	10.14		22.88	10.96	6.26	11.03	
		2-Curriculum aligned with benchmarks/standards, sequential	38.82	36.65	32.16	40.39		43.66	28.28	47.19	40.36	
SCHOOL MEALS												
US10*	FW: Guidelines for school meals are not less restrictive than federal requirements	0-No goal/policy	23.74	22.48	43.13	29.35	n/s	13.07	6.78	12.22	18.36	n/s
		1-Should/strive to meet federal school meals regs	2.18	3.23	0.00	0.00		2.44	3.09	0.00	0.82	
		2-Will meet federal school meal regulations	74.07	74.30	56.87	70.65		84.49	90.13	87.78	80.82	
US11*	School Breakfast Program	0-Not mentioned/no policy	46.24	35.24	47.78	40.53	n/s	38.72	16.30	19.63	32.47	n/s
		1-Suggests/promotes general breakfast program or encourages healthy breakfast	16.04	19.52	17.51	14.90		15.86	13.07	19.22	16.63	
		2-Clearly offers national SBP	37.71	45.23	34.71	44.57		45.43	70.63	61.15	50.90	
US12	Summer Food Service Program	0-Not mentioned/no policy	95.30	71.75	90.94	92.27	<.01	91.68	41.04	71.24	84.73	<.001
		1-Suggests/promotes general summer food program	1.92	8.73	2.98	2.92		2.73	5.65	2.12	5.00	
		2-Clearly offers national Summer Food Program	2.78	19.52	6.08	4.81		5.60	53.31	26.64	10.26	
US13*	Specifies guidelines beyond US Dietary Guidelines	0-Not mentioned/no policy	61.59	39.36	63.65	56.26	n/s	55.88	18.94	37.04	49.50	<.01
		1-Vague/suggested or meet Dietary Guidelines	29.38	43.33	26.33	33.46		35.12	28.40	30.97	34.09	
		2-Clearly exceed Dietary Guidelines	9.02	17.32	10.02	10.29		9.00	52.66	32.00	16.41	
US14	Using low-fat versions of foods/cooking methods	0-Not mentioned/no policy	86.74	70.19	79.72	85.57	<.1	85.11	82.08	71.13	82.31	n/s
		1-Vague/suggested	9.85	25.78	18.79	13.66		10.63	15.72	18.99	16.15	
		2-Specific and required	3.41	4.03	1.49	0.77		4.26	2.20	9.88	1.54	

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Bridging the Gap Weighted Student-level Wellness Policy Data by Grade Level and Majority Race/Ethnicity, SY 06-07 and 07-08

(Items with * are included in Monograph)

Variable	Description	Responses	High School - Race/Ethnicity									
			SY 06-07					SY 07-08				
			% of students (weighted by grade level)					% of students (weighted by grade level)				
			Maj White	Maj Black	Maj Latino	Diverse	Sig X ²	Maj White	Maj Black	Maj Latino	Diverse	Sig X ²
US15	Strategies to increase participation in school meal programs	0-Not mentioned/no policy 1-Vague/suggested 2-Specific and required	62.37	47.45	68.09	69.80	n/s	55.15	25.54	42.26	63.20	<.05
			24.86	36.52	27.21	21.22		29.75	22.59	32.54	22.79	
			12.77	16.03	4.71	8.98		15.10	51.88	25.21	14.01	
US16	Optimizes meal scheduling	0-Not mentioned/no policy 1-Vague/suggested 2-Specific and required	71.56	75.98	69.22	76.24	n/s	66.05	80.55	67.87	72.95	n/s
			25.40	20.79	30.78	21.63		29.30	18.13	32.13	24.39	
			3.04	3.23	0.00	2.14		4.65	1.32	0.00	2.66	
US17*	Adequate time to eat (≥20 mins for lunch; ≥ 10 mins for breakfast)	0-Not mentioned/no policy 1-Vague/suggested or < time guidelines 2-Required	51.59	33.69	55.19	57.69	<.1	42.17	16.30	29.00	47.65	<.05
			36.57	54.70	42.03	37.73		45.13	75.03	65.44	47.67	
			11.84	11.61	2.77	4.58		12.70	8.67	5.56	4.67	
US18	Hand-washing	0-Not mentioned/no policy 1-Vague/suggested 2-Ensures assistance with hand-washing/facilitating	80.53	84.65	95.38	87.98	n/s	76.31	87.34	90.69	87.14	n/s
			4.99	3.23	0.00	2.46		7.06	3.09	1.83	3.58	
			14.48	12.13	4.62	9.56		16.63	9.57	7.48	9.28	
US19	Nutrition qualifications of meal staff	0-Not mentioned/no policy 1-Vague/suggested 2-Required	78.37	60.81	83.82	81.48	n/s	73.44	38.03	63.35	75.06	<.1
			1.34	3.10	0.00	0.00		1.39	1.60	0.00	0.00	
			20.30	36.09	16.18	18.52		25.17	60.37	36.65	24.94	
US20	Training for food service staff	0-Not mentioned/no policy 1-Vague/suggested 2-Required	73.19	73.71	79.88	80.06	n/s	66.34	38.95	58.14	71.08	<.05
			21.29	21.73	8.88	15.66		25.56	16.81	16.96	16.72	
			5.52	4.56	11.24	4.28		8.11	44.23	24.90	12.20	
US21	School meal environment	0-Not mentioned/no policy 1-Vague/suggested 2-Requires specifics strategies	52.13	34.58	52.87	55.20	<.1	43.01	13.28	27.71	46.73	<.001
			6.31	9.02	16.70	11.94		8.87	5.11	29.62	15.78	
			41.56	56.39	30.43	32.87		48.12	81.62	42.67	37.48	
US22*	Nutrition information for school meals	0-Not mentioned/no policy 1-Vague/suggested 2-Specific and required	81.04	80.24	84.53	82.60	n/s	78.45	44.29	58.69	79.45	<.05
			5.82	8.94	12.35	7.76		6.39	7.37	18.65	6.23	
			13.14	10.82	3.11	9.64		15.15	48.34	22.67	14.32	
US38a	Farm-to-school program	0-Not mentioned/no policy 1-Vague/suggested 2-Specific and required	95.47	90.95	93.41	95.59	<.05	94.39	94.23	82.70	96.52	<.01
			4.16	3.23	6.59	4.41		4.99	1.32	17.30	3.48	
			0.37	5.81	0.00	0.00		0.62	4.45	0.00	0.00	

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Bridging the Gap Weighted Student-level Wellness Policy Data by Grade Level and Majority Race/Ethnicity, SY 06-07 and 07-08

(Items with * are included in Monograph)

Variable Description Responses			High School - Race/Ethnicity									
			SY 06-07					SY 07-08				
			% of students (weighted by grade level)					% of students (weighted by grade level)				
			Maj White	Maj Black	Maj Latino	Diverse	Sig X ²	Maj White	Maj Black	Maj Latino	Diverse	Sig X ²
COMPETITIVE FOODS												
NG23*	FW: Nutrition guidelines for all foods outside of the school meal program during the SD	0-No goal/policy	21.86	19.32	36.57	24.37	<.05	12.31	4.82	6.20	13.59	<.05
		1-Suggested or only meet Dietary Guidelines	34.67	27.04	8.33	26.55		39.24	15.70	16.52	30.31	
		2-Required/definitively in place	43.46	53.64	55.10	49.08		48.44	79.47	77.28	56.10	
<i>Access Restrictions</i>												
NG23b	Competitive food and beverage ban	0-Not mentioned/no policy	98.97	93.63	100.00	98.33	<.1	98.49	94.34	100.00	97.99	n/s
		1-Suggested or only applies to food (not bev) or visa versa	1.03	6.37	0.00	1.67		1.51	5.66	0.00	2.01	
		2-Required	0.00	0.00	0.00	0.00		0.00	0.00	0.00	0.00	
NG23c	Nutrition guidelines apply to vending contracts	0-Not mentioned/no policy	88.56	97.30	74.80	85.43	<.05	86.22	94.90	65.34	82.34	<.01
		1-Suggested/encouraged	2.32	0.00	2.08	4.19		3.66	0.97	3.01	3.89	
		2-Required	9.12	2.70	23.12	10.38		10.13	4.13	31.64	13.76	
NG24*	Vending machines	0-Not mentioned/no policy	36.39	28.06	42.82	33.26	n/a	26.24	10.20	19.71	21.31	<.05
		1-Suggested/limited restrictions	54.50	54.08	40.42	53.48		61.87	38.25	43.72	57.92	
		2-Ban or all F&B must meet guidelines	9.12	17.87	16.76	13.26		11.88	51.55	36.57	20.77	
NG25*	School stores	0-Not mentioned/no policy	43.95	37.37	43.49	42.39	n/s	35.41	17.12	20.35	31.52	<.05
		1-Suggested/limited restrictions	48.96	47.88	39.75	45.22		55.62	36.83	43.08	48.67	
		2-Ban or all F&B must meet guidelines	7.10	14.75	16.76	12.39		8.97	46.05	36.57	19.81	
NG26*	A la carte	0-Not mentioned/no policy	37.33	30.94	43.49	35.17	n/s	28.14	12.09	18.10	24.89	n/s
		1-Suggested/limited restrictions	53.02	59.63	39.75	52.30		58.25	43.48	43.08	57.54	
		2-Ban or all F&B must meet guidelines	9.65	9.43	16.76	12.53		13.61	44.43	38.82	17.57	
NG27*	Class parties and celebrations	0-Not mentioned/no policy	45.30	28.79	52.88	54.97	<.05	41.42	13.47	32.20	44.46	<.01
		1-Suggested/limited restrictions	54.70	65.08	47.12	42.68		58.24	43.67	56.06	48.09	
		2-Ban or all F&B must meet guidelines	0.00	6.13	0.00	2.35		0.34	42.86	11.74	7.45	
NG28	Food from home for whole class	0-Not mentioned/no policy	44.80	28.79	52.88	54.97	<.05	41.12	13.47	32.20	44.46	<.01
		1-Suggested/limited restrictions	54.70	65.08	47.12	42.68		58.24	43.67	56.06	48.09	
		2-Ban or all F&B must meet guidelines	0.50	6.13	0.00	2.35		0.64	42.86	11.74	7.45	

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Bridging the Gap Weighted Student-level Wellness Policy Data by Grade Level and Majority Race/Ethnicity, SY 06-07 and 07-08

(Items with * are included in Monograph)

Variable	Description	Responses	High School - Race/Ethnicity									
			SY 06-07					SY 07-08				
			% of students (weighted by grade level)					% of students (weighted by grade level)				
			Maj White	Maj Black	Maj Latino	Diverse	Sig X ²	Maj White	Maj Black	Maj Latino	Diverse	Sig X ²
NG29	Food before school	0-Not mentioned/no policy	85.55	75.57	65.31	68.11	<.01	80.98	82.24	54.93	67.32	<.001
		1-Suggested/limited restrictions	12.71	21.25	26.01	24.63		13.25	15.10	8.57	12.37	
		2-Nutrition guidelines apply to before school sales	1.73	3.18	8.69	7.26		5.77	2.66	36.49	20.31	
NG30	Food after school	0-Not mentioned/no policy	91.50	89.94	95.89	93.88	n/s	90.67	94.19	93.14	93.15	n/s
		1-Suggested/limited restrictions	6.56	8.45	1.58	4.22		7.60	5.15	1.99	4.95	
		2-Nutrition guidelines apply to after school sales	1.95	1.61	2.53	1.90		1.73	0.66	4.87	1.90	
NG31	Food at evening/community events	0-Not mentioned/no policy	87.75	67.24	87.54	89.46	<.01	84.26	79.30	84.79	89.28	n/s
		1-Suggested/limited restrictions	11.77	32.76	8.08	9.78		15.23	20.70	12.05	10.36	
		2-Nutrition guidelines apply	0.49	0.00	4.39	0.77		0.51	0.00	3.16	0.37	
NG32	Fundraisers	0-Not mentioned/no policy	57.24	39.45	44.39	48.62	n/s	48.67	20.33	16.63	35.41	<.01
		1-Limited restrictions or only fundraisers during SD	42.33	60.55	54.21	49.78		50.92	40.18	69.62	57.49	
		2-Nutrition guidelines apply to all fundraisers	0.43	0.00	1.40	1.60		0.41	39.50	13.75	7.10	
NG40*	Use of food as a reward/punishment	0-Not mentioned/no policy or encourages healthy food as reward	68.27	46.66	86.17	72.64	<.01	62.95	64.38	83.68	67.39	n/s
		1-Discourage food as a reward/prohibit as punishment	22.41	33.15	12.18	22.65		29.35	20.41	12.40	27.81	
		2-Prohibits using food as a reward/punishment	9.32	20.18	1.65	4.70		7.70	15.22	3.92	4.80	
Content Restrictions												
NG33*	Sugar content of Foods	0-Not mentioned/no policy	69.16	58.93	60.28	60.81	<.1	60.99	72.32	30.13	49.11	<.001
		1-Suggested/limited restrictions	27.06	31.36	23.43	28.58		31.01	22.28	27.02	26.45	
		2-Specific and required OR competitive food ban	3.78	9.71	16.28	10.61		8.00	5.39	42.85	24.44	
NG34*	Fat content of foods	0-Not mentioned/no policy	50.63	40.92	41.19	46.45	<.01	44.27	18.63	16.68	34.86	<.01
		1-Suggested/limited restrictions	39.50	49.37	24.94	37.36		42.23	36.48	10.86	26.25	
		2-Specific and required OR competitive food ban	9.88	9.71	33.86	16.19		13.50	44.89	72.46	38.89	

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Bridging the Gap Weighted Student-level Wellness Policy Data by Grade Level and Majority Race/Ethnicity, SY 06-07 and 07-08

(Items with * are included in Monograph)

			High School - Race/Ethnicity									
			SY 06-07					SY 07-08				
			% of students (weighted by grade level)					% of students (weighted by grade level)				
Variable	Description	Responses	Maj	Maj	Maj	Diverse	Sig X ²	Maj	Maj	Maj	Diverse	Sig X ²
			White	Black	Latino			White	Black	Latino		
NG35	Sodium content of foods	0-Not mentioned/no policy	74.10	57.98	88.47	77.16	<.1	73.34	30.93	66.23	66.82	<.01
		1-Suggested/limited restrictions	23.16	32.31	7.08	18.47		23.96	24.18	9.92	21.80	
		2-Specific and required OR competitive food ban	2.75	9.71	4.45	4.37		2.70	44.89	23.85	11.37	
NG36*	Calorie content per serving size	0-Not mentioned/no policy	92.61	86.08	85.14	85.18	<.001	84.35	90.97	66.49	72.72	<.01
		1-Suggested/limited restrictions	6.73	13.92	1.63	13.16		8.97	9.03	2.25	12.18	
		2-Specific and required OR competitive food ban	0.66	0.00	13.23	1.66		6.68	0.00	31.26	15.10	
NG37	Serving size of foods	0-Not mentioned/no policy	65.80	73.38	74.26	76.69	<.05	64.39	42.25	53.16	64.08	n/s
		1-Suggested/limited restrictions	20.46	13.73	3.71	10.45		22.00	48.73	16.86	18.78	
		2-Specific and required OR competitive food ban	13.74	12.90	22.03	12.86		13.60	9.02	29.98	17.15	
NG38	Whole/unprocessed & fresh food availability	0-Not mentioned/no policy	55.54	43.59	47.60	54.66	n/s	50.22	22.86	25.60	46.58	<.01
		1-Suggested	35.06	45.41	52.40	39.73		39.55	27.55	62.66	44.43	
		2-Specific and required	9.41	11.00	0.00	5.61		10.23	49.58	11.74	9.00	
NG39	Ingredients with questionable effects (e.g., trans fats, artificial sweeteners)	0-Not mentioned/no policy	77.76	75.79	84.35	85.63	n/s	72.11	42.77	43.87	73.81	<.01
		1-Suggested/limited restrictions	18.35	14.49	12.17	9.69		24.17	12.34	31.88	16.00	
		2-Specific and required or competitive food ban	3.89	9.71	3.48	4.68		3.73	44.89	24.25	10.19	
NG41*	Nutrition information provided for competitive foods	0-Not mentioned/no policy	91.64	96.90	93.90	89.94	n/s	89.56	57.39	78.17	83.99	<.05
		1-Suggested	3.56	3.10	1.41	6.98		4.57	1.60	2.37	6.42	
		2-Specific and required or competitive food ban	4.80	0.00	4.69	3.08		5.87	41.04	19.45	9.59	
NG42	Sugar content of beverages	0-Not mentioned/no policy	66.73	61.82	45.73	57.13	<.05	61.61	33.95	22.52	48.59	<.01
		1-Suggested/limited restrictions	29.95	31.59	54.27	39.21		33.50	21.73	65.23	42.41	
		2-Specific and required or competitive food ban	3.32	6.59	0.00	3.67		4.88	44.32	12.25	9.00	

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Bridging the Gap Weighted Student-level Wellness Policy Data by Grade Level and Majority Race/Ethnicity, SY 06-07 and 07-08

(Items with * are included in Monograph)

			High School - Race/Ethnicity									
			SY 06-07					SY 07-08				
			% of students (weighted by grade level)					% of students (weighted by grade level)				
Variable	Description	Responses	Maj White	Maj Black	Maj Latino	Diverse	Sig X ²	Maj White	Maj Black	Maj Latino	Diverse	Sig X ²
NG43	Fat content of beverages	0-Not mentioned/no policy	84.89	81.26	94.62	89.65	n/s	84.35	86.23	95.97	90.68	n/s
		1-Suggested/limited restrictions	12.37	12.69	2.30	6.08		11.22	8.82	1.42	5.60	
		2-Specific and required or competitive food ban	2.74	6.06	3.08	4.27		4.43	4.96	2.61	3.72	
NG44*	Calorie content of beverages	0-Not mentioned/no policy	94.24	100.00	100.00	93.60	n/s	90.49	99.03	100.00	93.18	n/s
		1-Suggested/limited restrictions	3.97	0.00	0.00	5.58		7.46	0.97	0.00	6.02	
		2-Specific and required or competitive food ban	1.79	0.00	0.00	0.83		2.04	0.00	0.00	0.80	
NG45*	Regular soda	0-Not mentioned/no policy	61.69	58.45	60.98	61.77	n/s	53.82	28.45	17.22	42.62	<.01
		1-Suggested/limited restrictions	21.94	24.39	20.85	22.12		26.67	14.14	41.82	34.73	
		2-Banned	16.37	17.17	18.17	16.11		19.51	57.41	40.96	22.65	
NG46*	Beverages (other than soda) with added caloric sweeteners	0-Not mentioned/no policy	81.16	83.13	93.95	85.12	n/s	77.50	48.92	78.51	81.88	n/s
		1-Suggested/limited restrictions	16.20	13.50	6.05	12.83		18.99	49.34	21.49	16.13	
		2-Banned	2.64	3.37	0.00	2.06		3.51	1.74	0.00	1.99	
NG47	Sugar/calorie content of milk	0-Not mentioned/no policy	85.86	93.59	80.93	89.12	n/s	85.99	95.06	73.58	85.52	<.1
		1-Suggested/limited restrictions	10.81	0.00	14.55	8.44		9.98	0.97	14.24	11.19	
		2-Specific and required limit or competitive food ban	3.32	6.41	4.52	2.44		4.03	3.98	12.18	3.28	
NG48*	Fat content of milk	0-Not mentioned/no policy	79.59	70.43	89.86	85.66	n/s	72.09	42.67	44.65	64.07	<.05
		1-Suggested/limited restrictions	18.56	27.15	7.25	12.18		25.20	16.30	34.53	27.68	
		2-Specific and required limit or competitive food ban	1.85	2.42	2.88	2.16		2.71	41.03	20.82	8.25	
NG49	Serving size limit for beverages	0-Not mentioned/no policy	65.78	69.62	74.74	76.87	n/s	64.74	78.05	71.60	69.68	<.05
		1-Suggested/limited restrictions	29.01	27.15	23.86	18.35		26.94	20.63	7.78	17.85	
		2-Specific and required OR competitive food ban	5.21	3.23	1.40	4.78		8.32	1.32	20.62	12.47	

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Bridging the Gap Weighted Student-level Wellness Policy Data by Grade Level and Majority Race/Ethnicity, SY 06-07 and 07-08

(Items with * are included in Monograph)

Variable	Description	Responses	High School - Race/Ethnicity									
			SY 06-07					SY 07-08				
			% of students (weighted by grade level)					% of students (weighted by grade level)				
			Maj White	Maj Black	Maj Latino	Maj Diverse	Sig X ²	Maj White	Maj Black	Maj Latino	Maj Diverse	Sig X ²
NG50*	Caffeine content of beverages	0-Not mentioned/no policy 1-Suggested/limited restrictions 2-Specific and required OR competitive food ban	80.88	88.46	84.90	86.55	n/s	77.23	50.73	64.16	83.04	<.05
			15.53	11.54	10.65	9.86		18.03	9.77	10.66	7.14	
			3.60	0.00	4.45	3.59		4.74	39.50	25.18	9.82	
NG51*	Availability of free drinking water throughout the school and school day	0-Not mentioned/no policy 1-Suggested/encouraged 2-Free water is always available	86.97	91.65	96.27	89.17	<.1	86.81	95.32	93.53	86.44	<.1
			1.97	5.65	2.08	4.26		2.30	1.60	2.42	6.91	
			11.06	2.70	1.65	6.57		10.90	3.08	4.05	6.65	
PHYSICAL EDUCATION (PE)												
PE52a*	PE addressed in district policy	0-Not mentioned/no policy 1-Definitively addressed	25.98	22.42	39.50	26.14	n/s	15.48	6.43	7.81	14.64	n/s
			74.02	77.58	60.50	73.86		84.52	93.57	92.19	85.36	
PE52	PE curriculum all grades	0-Not mentioned/no policy 1-Suggested/encouraged 2-Clear curriculum-all grades	44.58	40.22	56.34	45.62	<.1	37.41	19.96	23.48	36.68	<.01
			22.88	34.85	9.64	13.95		24.49	64.57	29.61	22.13	
			32.54	24.93	34.01	40.43		38.09	15.47	46.91	41.18	
PE53*	Time requirements for PE: ≥ 150 mins/week (ES)	0-Not mentioned/no policy	87.94	83.85	78.68	82.87	n/s	84.80	51.63	49.66	76.38	<.05
PE54*	≥ 225 mins/week (MS/HS)	1- < NASPE standards or specifies days (not duration)	8.09	11.70	19.65	12.58		11.35	46.18	44.94	19.59	
PE55*		2- ≥ NASPE standards	3.97	4.45	1.67	4.54		3.85	2.19	5.40	4.04	
PE56*	PE teaches physically active lifestyle	0-Not mentioned/no policy 1- Suggested/encouraged 2- Required	41.26	32.75	58.12	42.75	n/s	33.14	13.64	28.16	34.45	n/s
			8.63	13.43	3.05	7.72		8.24	10.31	2.74	7.33	
			50.11	53.82	38.83	49.54		58.62	76.05	69.10	58.23	
PE57	PE competency (skills, knowledge) assessment	0-Not mentioned/no policy 1- Suggested/encouraged 2- Required	56.76	53.15	68.93	61.67	<.001	49.96	26.45	50.94	53.63	<.05
			8.57	11.70	24.87	17.45		11.60	48.41	40.13	22.44	
			34.67	35.14	6.20	20.88		38.43	25.14	8.94	23.93	
PE58	PE quality	0-Not mentioned/no policy 1- Suggested/encouraged 2- Curriculum aligned with stds/benchmarks, sequential	52.81	43.45	61.92	50.99	n/s	45.60	24.19	37.28	44.73	<.01
			10.21	20.59	5.06	12.06		11.33	55.37	18.26	15.25	
			36.98	35.96	33.02	36.96		43.07	20.44	44.46	40.01	

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Bridging the Gap Weighted Student-level Wellness Policy Data by Grade Level and Majority Race/Ethnicity, SY 06-07 and 07-08

(Items with * are included in Monograph)

Variable	Description	Responses	High School - Race/Ethnicity									
			SY 06-07					SY 07-08				
			% of students (weighted by grade level)					% of students (weighted by grade level)				
			Maj White	Maj Black	Maj Latino	Diverse	Sig X ²	Maj White	Maj Black	Maj Latino	Diverse	Sig X ²
PE59	Inclusive play	0-Not mentioned/no policy	56.56	43.18	67.37	55.63	<.1	50.63	22.62	46.67	48.51	<.01
		1- Suggested/encouraged	5.65	18.38	3.10	13.18		5.95	53.78	19.83	16.57	
		2- Required	37.79	38.44	29.54	31.19		43.41	23.59	33.50	34.92	
PE60	PE courses/credits required for graduation	0-Not mentioned/no policy	87.24	64.76	88.53	79.08	<.05	86.18	39.58	68.32	70.76	<.01
		1- Suggested/encouraged	2.80	2.42	0.00	2.61		3.53	41.03	11.74	6.80	
		2- Required	9.97	32.81	11.47	18.32		10.28	19.39	19.95	22.44	
PE61	Daily PE requirement	0-Not mentioned/no policy	92.48	84.82	91.36	96.66	<.01	93.26	52.92	77.32	89.63	<.01
		1- Suggested/encouraged	1.66	12.34	8.64	1.07		2.56	45.55	22.68	8.98	
		2- Required	5.86	2.84	0.00	2.27		4.18	1.53	0.00	1.39	
PE62	Teacher-student ratio for PE	0-Not mentioned/no policy	89.98	81.07	98.51	88.71	n/s	88.96	49.42	77.73	82.61	<.1
		1- Suggested	8.57	18.93	1.49	11.29		9.22	50.58	20.94	17.39	
		2- Specific and required	1.45	0.00	0.00	0.00		1.82	0.00	1.33	0.00	
PE63	Safe/adequate equipment/facilities	0-Not mentioned/no policy	81.90	66.82	96.93	80.60	<.05	79.21	34.63	75.64	75.94	<.05
		1- Suggested	8.51	14.91	1.49	11.34		9.90	50.21	21.54	16.07	
		2- Specific and required	9.59	18.27	1.58	8.06		10.89	15.16	2.82	7.99	
PE64*	Moderate-to-vigorous activity	0-Not mentioned/no policy	75.51	85.17	61.82	79.43	n/s	71.85	49.38	39.56	72.32	<.05
		1- Moderate-to-vigorous activity addressed but <50% time or not specified	18.89	11.60	32.30	17.44		19.08	49.30	52.70	24.02	
		2- ≥ 50% class time devoted to moderate-to-vigorous activity	5.60	3.23	5.88	3.13		9.07	1.32	7.74	3.66	
PE65*	Qualifications of PE instructors	0-Not mentioned/no policy	66.93	59.94	90.92	66.73	<.001	62.43	28.48	65.51	57.97	<.001
		1- Suggested	9.36	28.43	4.44	9.96		9.94	60.50	15.98	15.49	
		2- Requires PE to be taught by qualified instructors	23.70	11.62	4.64	23.31		27.63	11.01	18.50	26.54	
PE66	Training for PE instructors	0-Not mentioned/no policy	86.01	76.31	69.23	79.61	<.01	84.91	79.25	60.14	78.59	<.001
		1- Suggested or training for teachers generally (not PE-specific)	4.36	9.55	26.40	12.06		5.58	7.39	35.71	13.13	
		2- Provision of PE training for PE instructors	9.63	14.14	4.36	8.33		9.51	13.36	4.15	8.29	

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			High School - Race/Ethnicity									
			SY 06-07					SY 07-08				
			% of students (weighted by grade level)					% of students (weighted by grade level)				
Variable	Description	Responses	Maj	Maj	Maj	Diverse	Sig X ²	Maj	Maj	Maj	Diverse	Sig X ²
			White	Black	Latino			White	Black	Latino		
PE67	Prohibits waivers for PE	0-Not mentioned/no policy	93.07	82.04	98.60	97.89	<.05	91.71	88.04	98.14	97.31	n/s
		1- Suggested	3.99	12.13	0.00	0.88		4.52	8.70	0.00	1.28	
		2- PE waivers prohibited	2.94	5.83	1.40	1.23		3.77	3.26	1.86	1.41	
PE68	Annual health assessment	0-Not mentioned/no policy	71.53	51.66	74.38	73.50	n/s	68.76	28.28	52.24	64.53	<.05
		1- Suggested/vague	28.47	45.16	25.62	24.88		30.38	68.72	47.76	34.28	
		2- Specific and required	0.00	3.19	0.00	1.62		0.86	3.00	0.00	1.19	
PE68a* (ch. 7 of mono)	BMI	0-Not mentioned/no policy	84.87	74.42	81.82	83.08	n/s	85.03	45.84	58.33	74.75	<.1
		1- BMI suggested (with or without reporting)	14.46	25.58	18.18	16.15		14.04	54.16	41.67	24.89	
		2- BMI required without reporting	0.23	0.00	0.00	0.00		0.57	0.00	0.00	0.00	
		3- BMI required with reporting	0.44	0.00	0.00	0.77		0.36	0.00	0.00	0.37	
PHYSICAL ACTIVITY (PA)												
PA69*	FW: Physical activity (PA) goals	0- No goal/policy	21.19	19.32	42.14	26.83	n/s	11.04	4.82	9.43	17.97	n/s
		1- PA goal suggested or repeats FW language	1.65	0.00	2.84	2.49		1.03	0.00	2.70	2.29	
		2- PA goal specified	77.16	80.68	55.02	70.68		87.93	95.18	87.87	79.75	
PA70*	PA outside of PE for every grade level	0-Not mentioned/no policy	43.47	55.94	48.07	59.10	<.05	35.81	65.55	27.72	56.64	<.01
		1- Suggested/vague or not clear PA for all grades	28.42	19.61	10.26	21.86		31.02	16.09	14.03	22.43	
		2- Clear each grade will get PA outside of PE	28.11	24.45	41.68	19.03		33.16	18.36	58.25	20.93	
PA72*	PA throughout the day	0-Not mentioned/no policy	55.43	47.55	59.34	67.41	n/s	46.83	23.01	33.77	59.76	<.05
		1- Suggested	37.66	34.43	37.67	26.39		45.66	63.20	60.34	31.41	
		2- Required	6.91	18.02	2.99	6.20		7.51	13.79	5.90	8.83	
PA73	Intramurals, interscholastic, extracurricular activities	0-Not mentioned/no policy	66.66	69.21	63.96	71.62	<.05	58.59	36.41	39.14	67.36	<.01
		1- Suggested	19.40	20.02	5.20	16.03		23.73	55.43	18.96	19.55	
		2- Required/definitively offered	13.94	10.77	30.84	12.35		17.68	8.16	41.90	13.09	
PA74	Community use of school facilities for physical activity purposes	0-Not mentioned/no policy	79.64	81.29	86.34	88.47	n/s	76.63	46.84	66.69	81.48	n/s
		1- Suggested	6.73	10.90	4.83	6.98		6.69	7.45	11.17	6.69	
		2- Required/definitively in place	13.63	7.81	8.83	4.56		16.68	45.72	22.14	11.83	

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Variable	Description	Responses	High School - Race/Ethnicity									
			SY 06-07					SY 07-08				
			% of students (weighted by grade level)					% of students (weighted by grade level)				
			Maj White	Maj Black	Maj Latino	Diverse	Sig X ²	Maj White	Maj Black	Maj Latino	Diverse	Sig X ²
PA75	Safe (active) routes to school (SRTS)	0-Not mentioned/no policy 1- Suggested/encouraged 2- Ensures effort to promote SRTS	89.31	85.84	98.60	92.88	n/s	87.65	91.93	95.90	91.97	n/s
			3.41	5.54	0.00	4.13		4.26	3.88	0.00	5.12	
			7.28	8.62	1.40	2.99		8.09	4.20	4.10	2.90	
PA76*	Not using PA as punishment	0-Not mentioned/no policy 1- Suggested 2- Prohibits PA as punishment	80.83	59.64	83.89	82.26	n/s	76.01	33.78	59.24	73.78	<.05
			6.79	14.57	4.52	6.04		9.98	51.87	24.14	14.58	
			12.38	25.79	11.59	11.71		14.02	14.35	16.62	11.64	
PA77*	Daily recess	0-Not mentioned/no policy 1- Suggested or frequency vague 2- Required	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
PA78	Recess quality to promote PA	0-Not mentioned/no policy 1- Suggested 2- Specific and required	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
STAFF PA/WELLNESS/MODELING												
PA71	PA opportunities for school staff	0-Not mentioned/no policy 1- Suggested 2- Required	87.72	72.96	80.35	85.45	n/s	81.39	78.11	76.21	86.92	n/s
			8.16	20.22	18.28	11.18		14.45	17.86	21.64	10.58	
			4.13	6.82	1.38	3.37		4.16	4.03	2.15	2.50	
CP80	Staff wellness programs	0-Not mentioned/no policy 1- Suggested 2- Required/definitively in place	79.30	71.58	77.46	78.11	<.1	74.15	41.72	52.50	67.97	<.01
			8.93	18.46	20.97	9.25		10.23	52.40	42.87	18.58	
			11.78	9.95	1.57	12.65		15.63	5.88	4.63	13.46	
CP82	Staff to role model healthy behaviors	0-Not mentioned/no policy 1- Suggested 2- Require schools to encourage staff modeling	72.67	62.19	77.50	67.01	n/s	64.11	74.34	73.28	68.94	n/s
			7.25	7.62	2.48	8.38		9.62	4.15	4.26	7.83	
			20.09	30.19	20.02	24.62		26.26	21.51	22.46	23.24	
STAKEHOLDER INVOLVEMENT/FEEDBACK												
CP79	FW: Stakeholders involved in development of wellness policy	0-Not mentioned/no policy 1- Suggested or not clear all reqd. stakeholders involved 2- All reqd. stakeholders involved in policy dev.	59.85	68.63	55.06	68.21	<.05	59.19	33.39	28.62	61.22	<.01
			18.67	21.91	5.13	11.11		17.77	56.15	25.74	15.80	
			21.48	9.46	39.81	20.67		23.04	10.46	45.64	22.98	
CP85	Methods to solicit input	0-Not mentioned/no policy 1- Suggested/vague 2- Required and specific	69.23	57.85	72.11	74.17	<.05	63.91	28.13	57.69	66.84	<.05
			11.97	18.86	24.67	9.63		18.73	14.88	25.12	9.62	
			18.80	23.30	3.22	16.20		17.36	56.99	17.18	23.54	

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			SY 06-07					SY 07-08				
			% of students (weighted by grade level)					% of students (weighted by grade level)				
			Maj White	Maj Black	Maj Latino	Diverse	Sig X ²	Maj White	Maj Black	Maj Latino	Diverse	Sig X ²
CP86	How to engage parents/ community	0-Not mentioned/no policy 1- Suggested/vague 2- Required and specific	71.58	62.63	68.95	71.55	n/s	64.86	35.22	46.02	62.56	<.1
			9.20	5.78	11.67	6.15		10.43	43.55	25.46	14.08	
			19.22	31.59	19.38	22.30		24.71	21.23	28.53	23.36	
CP87	Content communicated to parents	0-Not mentioned/no policy 1- Suggested/vague 2- Required and specific	55.02	46.83	49.75	57.34	n/s	46.37	22.60	27.31	44.53	<.1
			22.07	31.65	31.55	20.18		28.14	61.90	42.97	35.44	
			22.91	21.52	18.70	22.47		25.49	15.50	29.72	20.03	
CP90*	Ongoing health advisory (ch. 7 of committee mono)	0-Not mentioned/no policy 1- Suggested/vague 2- Required and clearly ongoing	50.66	46.53	63.95	56.36	n/s	41.54	21.77	27.04	44.04	n/s
			9.04	11.07	11.78	9.64		9.35	7.14	18.22	13.49	
			40.29	42.40	24.27	34.00		49.11	71.09	54.75	42.47	
MESSAGING, MARKETING, & PROMOTION												
CP81	Consistency of nutrition messages	0-Not mentioned/no policy 1- Suggested/vague 2-Specific and required	47.00	36.87	52.26	50.68	n/s	40.22	16.18	23.37	39.04	n/s
			33.80	25.80	27.66	32.84		40.39	57.92	51.93	42.61	
			19.20	37.33	20.08	16.49		19.39	25.90	24.70	18.35	
CP83	Responsible for communication	0-Not mentioned/no policy 1- Suggested/vague 2- Specific and required	67.66	62.70	64.83	73.77	n/s	61.77	33.75	44.11	65.49	<.05
			24.78	24.32	18.37	15.40		29.39	57.68	27.49	22.07	
			7.56	12.98	16.79	10.83		8.84	8.57	28.40	12.43	
CP84	Coordinated School Health program	0-Not mentioned/no policy 1- Suggested/vague 2- Definitely in place	86.80	72.22	55.37	71.13	<.001	84.19	80.81	43.10	65.45	<.001
			3.26	9.46	9.19	6.98		2.82	9.11	8.83	7.54	
			9.94	18.32	35.43	21.89		12.98	10.09	48.07	27.01	
CP88*	Marketing healthy choices (ch. 5 of mono)	0-Not mentioned/no policy 1- Suggested/vague 2- Specific and required	76.41	82.30	86.49	77.04	n/s	74.07	85.66	73.21	80.05	n/s
			14.05	9.78	11.84	12.87		14.86	7.18	21.99	11.47	
			9.54	7.92	1.67	10.09		11.06	7.16	4.80	8.48	
CP89*	Advertising/marketing of (ch. 5 of mono)	0-Not mentioned/no policy 1- Suggested prohibition/restricted 2- Prohibited	88.28	71.56	73.09	83.72	<.1	83.74	44.95	54.48	79.14	<.01
			7.10	15.89	17.42	6.84		9.31	7.30	19.21	6.89	
			4.62	12.54	9.49	9.44		6.95	47.74	26.30	13.97	
EVALUATION & IMPLEMENTATION												
E91	FW: Plan for measuring implementation, including designating person responsible	0-Not mentioned/no policy 1- Suggested or does not designate responsible person 2- Specific and required	23.37	24.95	42.61	32.12	n/s	15.39	8.32	10.64	18.50	n/s
			6.48	6.32	2.84	7.90		6.83	4.69	2.70	9.85	
			70.15	68.73	54.55	59.98		77.79	86.99	86.66	71.65	

LEGEND:

- 0=No Policy
- 1=Weak Policy
- 2=Strong Policy

Bridging the Gap Weighted Student-level Wellness Policy Data by Grade Level and Majority Race/Ethnicity, SY 06-07 and 07-08

(Items with * are included in Monograph)

Variable	Description	Responses	High School - Race/Ethnicity									
			SY 06-07					SY 07-08				
			% of students (weighted by grade level)					% of students (weighted by grade level)				
			Maj White	Maj Black	Maj Latino	Diverse	Sig X ²	Maj White	Maj Black	Maj Latino	Diverse	Sig X ²
E92*	Plan for implementation	0-Not mentioned/no policy	26.90	24.95	45.45	36.70	n/s	18.11	8.32	13.34	23.16	n/s
		1- Suggested or does not designate responsible person	7.38	9.16	0.00	8.50		7.14	6.22	0.00	9.34	
		2- Specific and required with responsible person	65.72	65.89	54.55	54.80		74.75	85.46	86.66	67.50	
E93*	Plan for evaluation	0-Not mentioned/no policy	56.51	39.20	75.06	62.55	<.05	47.50	18.92	50.44	51.48	<.05
		1- Suggested	36.23	52.88	19.30	27.87		43.04	75.43	40.65	36.61	
		2- Specific and required	7.26	7.92	5.64	9.59		9.46	5.65	8.91	11.91	
E94*	Audience and frequency of reporting	0-Not mentioned/no policy	50.33	58.85	69.14	60.90	<.01	44.92	28.13	40.52	50.64	<.1
		1- Suggested	26.70	21.50	4.66	13.32		26.71	55.71	16.95	23.63	
		2- Specific and required	22.97	19.65	26.20	25.79		28.37	16.16	42.53	25.73	
E95*	Funding support	0-Not mentioned/no policy	92.61	91.87	98.60	94.77	<.1	92.81	93.45	99.47	95.67	<.1
		1- Suggested	6.68	2.70	1.40	3.30		6.73	3.08	0.53	2.78	
		2- Identifies a specific source of funding	0.71	5.44	0.00	1.92		0.46	3.48	0.00	1.55	
E96*	Plan for revising the policy	0-Not mentioned/no policy	64.72	70.27	80.31	72.06	n/s	58.88	76.43	63.26	69.48	n/s
		1- Suggested	11.62	9.17	3.04	5.71		10.40	6.16	3.43	5.83	
		2- Specific and required	23.65	20.56	16.65	22.24		30.73	17.41	33.30	24.69	
E100	Requires district to report to the state	0-Not mentioned/no policy	99.52	100.00	100.00	100.00	n/s	99.37	100.00	100.00	100.00	n/s
		1- Yes	0.48	0.00	0.00	0.00		0.63	0.00	0.00	0.00	

LEGEND:

- 0=No Policy
- 1=Weak Policy
- 2=Strong Policy

Bridging the Gap Weighted Student-level Wellness Policy Data by Grade Level and SES, SY 06-07 and 07-08

(Items with * are included in Monograph)

Note 1: Data have been recoded to reflect only policies in effect as of day after Labor Day for each SY

(proxy for first day of SY as per FW requirement)

Note 2: Weighted data adjusted for non-response

Note 3: SES data based on tertiles of free- and reduced-price lunch

Note 4: Significance levels in these tables are based on bivariate analyses only. Full monograph highlights

significant multivariate findings.

Variable	Description	Responses	Elementary School - SES							
			SY 06-07				SY 07-08			
			% of students (weighted by grade level)				% of students (weighted by grade level)			
			Hi SES	Med SES	Lo SES	Sig X ²	Hi SES	Med SES	Lo SES	Sig X ²
NUTRITION EDUCATION										
NE1*	FW: Nutrition education goal	0-No goal/policy	17.80	14.77	22.99	n/s	4.74	4.47	8.17	n/s
		1-NE goal suggested or repeats FW language	3.44	1.55	2.14		3.15	1.68	2.32	
		2-NE goal specified	78.76	83.68	74.86		92.11	93.86	89.51	
NE2*	Nutrition education curriculum	0-Not mentioned/no policy	37.39	27.54	39.52	<.1	32.17	21.55	31.29	n/s
		1-Curriculum reqd/suggested, not clear all grades	35.36	31.87	25.78		38.28	36.91	27.45	
		2-Clear NE curriculum, all grades	27.26	40.59	34.70		29.54	41.54	41.26	
NE3	Nutrition education within larger school community	0-Not mentioned/no policy	38.55	36.06	42.17	n/s	29.16	29.23	28.54	n/s
		1-Vague/suggested	50.35	52.90	47.69		58.37	57.08	61.73	
		2-Yes, with specific strategies	11.10	11.05	10.14		12.46	13.69	9.74	
NE4	Nutrition education beyond school environment	0-Not mentioned/no policy	53.67	54.10	54.65	n/s	43.31	47.07	41.97	n/s
		1-Vague/suggested	38.43	36.94	40.25		49.29	44.20	54.21	
		2-Yes, with specific strategies	7.90	8.96	5.10		7.40	8.74	3.82	
NE5	Nutrition education training for teachers	0-Not mentioned/no policy	67.80	65.55	67.27	n/s	61.12	59.86	58.32	n/s
		1-Vague/suggested or just a subset of teachers	26.57	28.35	21.41		33.37	33.09	30.96	
		2-Required for all teachers	5.63	6.09	11.32		5.51	7.05	10.72	
NE6*	Nutrition education integrated into other subjects	0-Not mentioned/no policy	50.47	58.00	54.21	n/s	51.60	52.38	45.26	n/s
		1-Vague/suggested	17.00	21.29	17.82		16.23	24.89	24.01	
		2-Required	32.53	20.71	27.97		32.17	22.74	30.73	
NE7*	Nutrition education teaches behavior-focused skills	0-Not mentioned/no policy	32.84	30.40	36.87	n/s	22.86	24.85	21.46	n/s
		1-Vague/suggested	24.48	24.10	18.94		33.34	28.13	29.42	
		2-Required	42.68	45.50	44.19		43.80	47.02	49.12	

LEGEND:

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Bridging the Gap Weighted Student-level Wellness Policy Data by Grade Level and SES, SY 06-07 and 07-08

(Items with * are included in Monograph)

			Elementary School - SES							
			SY 06-07				SY 07-08			
			% of students (weighted by grade level)				% of students (weighted by grade level)			
Variable	Description	Responses	Hi SES	Med SES	Lo SES	Sig X ²	Hi SES	Med SES	Lo SES	Sig X ²
NE8	Number of nutrition education courses/hours	0-Not mentioned/no policy	100.00	95.48	96.15	<.1	99.40	95.18	93.74	<.1
		1-Vague/suggested or not all grades	0.00	2.86	3.85		0.00	3.14	6.26	
		2-Specified	0.00	1.66	0.00		0.60	1.68	0.00	
NE9	Nutrition education quality	0-Not mentioned/no policy	46.39	40.70	51.01	n/s	41.28	36.80	43.77	n/s
		1-Vague/suggested	16.16	16.97	9.53		18.98	17.93	11.37	
		2-Curriculum aligned with benchmarks/standards, sequential	37.45	42.33	39.46		39.74	45.27	44.85	
SCHOOL MEALS										
US10*	FW: Guidelines for school meals are not less restrictive than federal requirements	0-No goal/policy	25.24	19.73	26.45	n/s	11.92	9.47	11.80	n/s
		1-Should/strive to meet federal school meals regs	2.22	1.10	1.35		2.48	1.55	1.70	
		2-Will meet federal school meal regulations	72.54	79.16	72.21		85.60	88.98	86.50	
US11*	School Breakfast Program	0-Not mentioned/no policy	40.87	38.57	38.56	<.05	31.16	29.27	24.70	n/s
		1-Suggests/promotes general breakfast program or encourages healthy breakfast	24.43	11.27	19.56		23.86	14.84	17.97	
		2-Clearly offers national SBP	34.70	50.16	41.87		44.98	55.89	57.32	
US12	Summer Food Service Program	0-Not mentioned/no policy	94.41	92.22	86.72	n/s	88.81	88.70	73.16	n/s
		1-Suggests/promotes general summer food program	2.44	2.77	4.90		1.86	4.56	6.32	
		2-Clearly offers national Summer Food Program	3.15	5.01	8.38		9.33	6.74	20.52	
US13*	Specifies guidelines beyond US Dietary Guidelines	0-Not mentioned/no policy	57.75	57.30	56.75	n/s	49.78	49.49	42.46	n/s
		1-Vague/suggested or meet Dietary Guidelines	34.27	30.93	32.42		34.70	35.60	35.26	
		2-Clearly exceed Dietary Guidelines	7.98	11.78	10.83		15.51	14.91	22.27	
US14	Using low-fat versions of foods/cooking methods	0-Not mentioned/no policy	82.90	82.67	75.41	n/s	81.48	76.13	69.93	n/s
		1-Vague/suggested	13.61	14.38	20.48		14.70	19.78	22.69	
		2-Specific and required	3.49	2.95	4.11		3.82	4.09	7.38	
US15	Strategies to increase participation in school meal programs	0-Not mentioned/no policy	61.20	65.60	61.14	n/s	54.13	59.89	46.98	n/s
		1-Vague/suggested	24.63	24.06	28.09		26.52	25.47	32.07	
		2-Specific and required	14.17	10.34	10.77		19.35	14.65	20.94	

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Bridging the Gap Weighted Student-level Wellness Policy Data by Grade Level and SES, SY 06-07 and 07-08

(Items with * are included in Monograph)

			Elementary School - SES							
			SY 06-07				SY 07-08			
			% of students (weighted by grade level)				% of students (weighted by grade level)			
Variable	Description	Responses	Hi SES	Med SES	Lo SES	Sig X ²	Hi SES	Med SES	Lo SES	Sig X ²
US16	Optimizes meal scheduling	0-Not mentioned/no policy	63.04	69.78	67.43	n/s	60.60	60.38	67.09	n/s
		1-Vague/suggested	33.41	23.23	28.36		34.46	30.28	27.79	
		2-Specific and required	3.55	6.98	4.21		4.94	9.34	5.12	
US17*	Adequate time to eat (≥20 mins for lunch; ≥ 10 mins for breakfast)	0-Not mentioned/no policy	47.63	50.97	48.03	n/s	36.02	41.83	34.30	n/s
		1-Vague/suggested or < time guidelines	41.57	37.10	45.12		55.25	42.60	56.39	
		2-Required	10.80	11.93	6.85		8.74	15.57	9.31	
US18	Hand-washing	0-Not mentioned/no policy	81.18	80.15	87.35	<.1	78.82	77.90	85.04	n/s
		1-Vague/suggested	4.81	6.50	0.68		7.31	7.58	1.81	
		2-Ensures assistance with hand-washing/facilitating	14.01	13.35	11.97		13.87	14.52	13.15	
US19	Nutrition qualifications of meal staff	0-Not mentioned/no policy	78.72	79.86	79.82	n/s	70.18	76.65	69.22	n/s
		1-Vague/suggested	0.81	0.78	0.87		1.24	0.51	0.49	
		2-Required	20.47	19.35	19.31		28.58	22.83	30.29	
US20	Training for food service staff	0-Not mentioned/no policy	78.79	71.59	78.45	n/s	68.48	66.98	64.99	n/s
		1-Vague/suggested	17.08	23.32	14.49		19.89	24.05	20.69	
		2-Required	4.13	5.09	7.06		11.63	8.97	14.33	
US21	School meal environment	0-Not mentioned/no policy	49.39	50.92	48.93	n/s	37.41	45.57	33.82	n/s
		1-Vague/suggested	6.35	8.71	11.94		9.15	13.92	18.11	
		2-Requires specifics strategies	44.26	40.38	39.13		53.44	40.52	48.07	
US22*	Nutrition information for school meals	0-Not mentioned/no policy	74.69	81.79	83.51	<.1	67.12	78.41	71.12	n/s
		1-Vague/suggested	7.96	6.41	9.36		7.12	6.40	12.42	
		2-Specific and required	17.35	11.80	7.14		25.76	15.19	16.45	
US38a	Farm-to-school program	0-Not mentioned/no policy	95.08	93.58	92.94	n/s	94.83	92.24	89.17	n/s
		1-Vague/suggested	4.27	6.42	5.73		4.64	7.36	9.26	
		2-Specific and required	0.65	0.00	1.32		0.54	0.40	1.57	
COMPETITIVE FOODS										
NG23*	FW: Nutrition guidelines for all foods outside of the school meal program during the SD	0-No goal/policy	18.14	15.64	21.39	n/s	7.30	5.68	6.46	n/s
		1-Suggested or only meet Dietary Guidelines	29.12	28.37	23.94		29.89	32.54	23.31	
		2-Required/definitively in place	52.75	55.99	54.67		62.81	61.78	70.23	

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Bridging the Gap Weighted Student-level Wellness Policy Data by Grade Level and SES, SY 06-07 and 07-08

(Items with * are included in Monograph)

Variable	Description	Responses	Elementary School - SES							
			SY 06-07				SY 07-08			
			% of students (weighted by grade level)				% of students (weighted by grade level)			
			Hi SES	Med SES	Lo SES	Sig X ²	Hi SES	Med SES	Lo SES	Sig X ²
<i>Access Restrictions</i>										
NG23b	Competitive food and beverage ban	0-Not mentioned/no policy	87.34	84.42	79.59	n/s	87.39	79.93	78.77	n/s
		1-Suggested or only applies to food (not bev) or visa versa	11.11	12.68	18.60		10.75	14.87	19.65	
		2-Required	1.55	2.89	1.81		1.86	5.20	1.58	
NG23c	Nutrition guidelines apply to vending contracts	0-Not mentioned/no policy	83.80	87.80	83.27	n/s	81.36	81.61	78.20	n/s
		1-Suggested/encouraged	3.72	3.25	2.82		4.22	4.84	3.41	
		2-Required	12.48	8.95	13.91		14.42	13.55	18.39	
NG24*	Vending machines	0-Not mentioned/no policy	30.10	27.99	31.34	<.05	17.09	17.45	16.51	<.05
		1-Suggested/limited restrictions	28.51	40.49	25.15		30.40	43.46	26.80	
		2-Ban or all F&B must meet guidelines	41.40	31.52	43.51		52.51	39.08	56.69	
NG25*	School stores	0-Not mentioned/no policy	35.58	38.63	36.14	<.1	23.26	31.45	21.88	<.05
		1-Suggested/limited restrictions	35.40	35.20	24.25		36.07	36.10	26.34	
		2-Ban or all F&B must meet guidelines	29.02	26.17	39.61		40.67	32.45	51.79	
NG26*	A la carte	0-Not mentioned/no policy	31.34	29.12	32.77	n/s	19.21	19.70	17.74	n/s
		1-Suggested/limited restrictions	46.96	47.55	36.18		46.47	50.97	38.39	
		2-Ban or all F&B must meet guidelines	21.70	23.33	31.04		34.32	29.34	43.86	
NG27*	Class parties and celebrations	0-Not mentioned/no policy	39.85	49.70	46.16	n/s	27.73	44.82	32.83	n/s
		1-Suggested/limited restrictions	58.63	49.78	51.85		63.18	54.61	58.89	
		2-Ban or all F&B must meet guidelines	1.52	0.52	2.00		9.09	0.57	8.28	
NG28	Food from home for whole class	0-Not mentioned/no policy	39.05	50.09	46.16	n/s	27.35	45.14	32.83	n/s
		1-Suggested/limited restrictions	58.63	49.39	51.85		63.18	54.29	58.89	
		2-Ban or all F&B must meet guidelines	2.32	0.52	2.00		9.48	0.57	8.28	
NG29	Food before school	0-Not mentioned/no policy	75.35	79.26	72.65	n/s	75.26	73.90	65.52	<.1
		1-Suggested/limited restrictions	10.08	11.49	10.88		9.92	15.60	11.04	
		2-Nutrition guidelines apply to before school sales	14.56	9.25	16.47		14.82	10.50	23.44	

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Bridging the Gap Weighted Student-level Wellness Policy Data by Grade Level and SES, SY 06-07 and 07-08

(Items with * are included in Monograph)

Variable	Description	Responses	Elementary School - SES							
			SY 06-07				SY 07-08			
			% of students (weighted by grade level)				% of students (weighted by grade level)			
			Hi SES	Med SES	Lo SES	Sig X ²	Hi SES	Med SES	Lo SES	Sig X ²
NG30	Food after school	0-Not mentioned/no policy	84.99	88.75	85.14	<.05	84.54	87.23	83.07	<.05
		1-Suggested/limited restrictions	6.95	7.07	2.75		7.14	8.43	3.28	
		2-Nutrition guidelines apply to after school sales	8.06	4.17	12.11		8.32	4.34	13.65	
NG31	Food at evening/community events	0-Not mentioned/no policy	86.61	85.07	81.12	n/s	86.62	83.53	78.82	n/s
		1-Suggested/limited restrictions	12.76	13.20	17.55		12.81	14.76	20.42	
		2-Nutrition guidelines apply	0.63	1.73	1.32		0.57	1.71	0.76	
NG32	Fundraisers	0-Not mentioned/no policy	44.51	53.01	43.29	n/s	33.54	42.64	26.20	n/s
		1-Limited restrictions or only fundraisers during SD	55.49	45.83	54.42		59.28	55.78	64.20	
		2-Nutrition guidelines apply to all fundraisers	0.00	1.17	2.29		7.18	1.58	9.60	
NG40*	Use of food as a reward/punishment	0-Not mentioned/no policy or encourages healthy food as reward	64.66	65.38	72.71	n/s	61.20	59.06	71.03	<.05
		1-Discourage food as a reward/prohibit as punishment	25.54	28.57	17.01		31.61	34.32	18.49	
		2-Prohibits using food as a reward/punishment	9.79	6.05	10.27		7.19	6.62	10.48	
<i>Content Restrictions</i>										
NG33*	Sugar content of Foods	0-Not mentioned/no policy	60.07	60.25	57.23	<.05	49.33	47.57	40.45	n/s
		1-Suggested/limited restrictions	26.05	20.10	15.46		32.95	26.65	26.93	
		2-Specific and required OR competitive food ban	13.88	19.65	27.31		17.72	25.79	32.62	
NG34*	Fat content of foods	0-Not mentioned/no policy	44.32	43.52	41.20	<.05	33.77	30.47	23.25	<.01
		1-Suggested/limited restrictions	28.91	31.83	19.25		27.01	38.13	24.39	
		2-Specific and required OR competitive food ban	26.76	24.65	39.55		39.22	31.40	52.36	
NG35	Sodium content of foods	0-Not mentioned/no policy	79.96	67.03	71.73	<.05	71.85	64.41	55.32	n/s
		1-Suggested/limited restrictions	16.79	21.77	15.76		16.31	21.30	22.89	
		2-Specific and required OR competitive food ban	3.25	11.20	12.51		11.84	14.29	21.79	
NG36*	Calorie content per serving size	0-Not mentioned/no policy	85.03	79.45	77.28	n/s	79.43	68.92	72.83	<.05
		1-Suggested/limited restrictions	12.18	12.13	12.22		5.76	15.14	6.24	
		2-Specific and required OR competitive food ban	2.78	8.42	10.50		14.81	15.95	20.93	

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Bridging the Gap Weighted Student-level Wellness Policy Data by Grade Level and SES, SY 06-07 and 07-08

(Items with * are included in Monograph)

			Elementary School - SES							
			SY 06-07				SY 07-08			
			% of students (weighted by grade level)				% of students (weighted by grade level)			
Variable	Description	Responses	Hi SES	Med SES	Lo SES	Sig X ²	Hi SES	Med SES	Lo SES	Sig X ²
NG37	Serving size of foods	0-Not mentioned/no policy	65.17	64.71	69.09	<.1	54.06	50.95	58.13	n/s
		1-Suggested/limited restrictions	18.15	15.71	7.88		28.53	23.16	15.23	
		2-Specific and required OR competitive food ban	16.68	19.57	23.03		17.41	25.88	26.64	
NG38	Whole/unprocessed & fresh food availability	0-Not mentioned/no policy	48.31	50.57	50.40	n/s	40.00	47.89	36.23	n/s
		1-Suggested	41.46	41.51	45.18		43.28	44.17	52.67	
		2-Specific and required	10.23	7.93	4.41		16.72	7.94	11.10	
NG39	Ingredients with questionable effects (e.g., trans fats, artificial sweeteners)	0-Not mentioned/no policy	79.12	74.45	80.86	n/s	61.45	58.64	59.04	n/s
		1-Suggested/limited restrictions	14.92	16.19	7.96		24.08	28.11	19.08	
		2-Specific and required or competitive food ban	5.97	9.36	11.18		14.47	13.25	21.89	
NG41*	Nutrition information provided for competitive foods	0-Not mentioned/no policy	89.13	88.06	93.58	n/s	83.05	81.78	85.53	n/s
		1-Suggested	4.17	5.76	2.00		4.33	7.47	2.41	
		2-Specific and required or competitive food ban	6.69	6.18	4.42		12.62	10.75	12.07	
NG42	Sugar content of beverages	0-Not mentioned/no policy	52.89	55.83	46.85	n/s	43.53	42.24	32.60	n/s
		1-Suggested/limited restrictions	36.96	29.29	34.92		36.20	39.90	43.01	
		2-Specific and required or competitive food ban	10.15	14.88	18.23		20.28	17.86	24.39	
NG43	Fat content of beverages	0-Not mentioned/no policy	71.54	76.58	71.07	n/s	71.74	72.29	72.17	n/s
		1-Suggested/limited restrictions	18.60	13.13	14.32		16.38	14.79	13.81	
		2-Specific and required or competitive food ban	9.86	10.29	14.62		11.88	12.92	14.02	
NG44*	Calorie content of beverages	0-Not mentioned/no policy	94.97	89.19	92.43	n/s	91.34	84.49	92.03	n/s
		1-Suggested/limited restrictions	3.48	6.58	5.02		6.80	8.86	5.93	
		2-Specific and required or competitive food ban	1.55	4.23	2.54		1.86	6.65	2.04	
NG45*	Regular soda	0-Not mentioned/no policy	45.08	43.94	43.10	n/s	36.23	35.37	27.63	n/s
		1-Suggested/limited restrictions	14.66	15.97	10.67		14.52	15.35	11.20	
		2-Banned	40.27	40.10	46.23		49.25	49.28	61.18	
NG46*	Beverages (other than soda) with added caloric sweeteners	0-Not mentioned/no policy	58.92	64.44	57.87	n/s	49.80	53.53	45.59	n/s
		1-Suggested/limited restrictions	29.63	23.80	24.16		29.80	31.64	29.88	
		2-Banned	11.46	11.76	17.97		20.40	14.83	24.53	

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Bridging the Gap Weighted Student-level Wellness Policy Data by Grade Level and SES, SY 06-07 and 07-08

(Items with * are included in Monograph)

			Elementary School - SES							
			SY 06-07				SY 07-08			
			% of students (weighted by grade level)				% of students (weighted by grade level)			
Variable	Description	Responses	Hi SES	Med SES	Lo SES	Sig X ²	Hi SES	Med SES	Lo SES	Sig X ²
NG47	Sugar/calorie content of milk	0-Not mentioned/no policy	80.05	82.84	81.76	n/s	80.01	77.93	79.02	n/s
		1-Suggested/limited restrictions	5.90	3.82	0.87		5.44	4.45	0.49	
		2-Specific and required limit or competitive food ban	14.05	13.34	17.37		14.54	17.62	20.48	
NG48*	Fat content of milk	0-Not mentioned/no policy	75.64	66.63	64.19	n/s	64.65	55.51	52.05	n/s
		1-Suggested/limited restrictions	20.32	27.27	28.75		23.52	36.14	30.51	
		2-Specific and required limit or competitive food ban	4.03	6.11	7.06		11.83	8.35	17.44	
NG49	Serving size limit for beverages	0-Not mentioned/no policy	65.17	68.81	66.31	n/s	61.72	59.51	66.82	n/s
		1-Suggested/limited restrictions	27.74	20.72	23.43		21.27	22.10	14.58	
		2-Specific and required OR competitive food ban	7.09	10.47	10.26		17.01	18.39	18.60	
NG50*	Caffeine content of beverages	0-Not mentioned/no policy	57.88	63.96	57.28	n/s	49.81	52.99	43.44	<.01
		1-Suggested/limited restrictions	22.95	19.09	18.14		10.80	19.57	9.24	
		2-Specific and required OR competitive food ban	19.17	16.95	24.58		39.38	27.45	47.32	
NG51*	Availability of free drinking water throughout the school and school day	0-Not mentioned/no policy	88.58	84.68	91.86	n/s	88.34	83.13	90.48	n/s
		1-Suggested/encouraged	3.49	2.50	2.97		3.58	3.91	4.67	
		2-Free water is always available	7.93	12.82	5.17		8.08	12.96	4.85	
PHYSICAL EDUCATION (PE)										
PE52a*	PE addressed in district policy	0-Not mentioned/no policy	27.87	16.90	27.57	<.1	12.63	6.13	12.77	<.1
		1-Definitively addressed	72.13	83.10	72.43		87.37	93.87	87.23	
PE52	PE curriculum all grades	0-Not mentioned/no policy	49.28	35.51	43.41	n/s	35.58	28.98	28.01	n/s
		1-Suggested/encouraged	16.30	18.45	15.58		25.70	24.19	24.53	
		2-Clear curriculum-all grades	34.42	46.04	41.01		38.73	46.84	47.46	
PE53*	Time requirements for PE:	0-Not mentioned/no policy	81.41	67.99	65.73	<.01	71.19	65.41	49.62	<.01
PE54*	≥ 150 mins/week (ES)	1- < NASPE standards or specifies days (not duration)	18.47	28.93	29.08		28.62	30.34	43.74	
PE55*	≥ 225 mins/week (MS/HS)	2- ≥ NASPE standards	0.12	3.08	5.19		0.19	4.25	6.64	
PE56*	PE teaches physically active lifestyle	0-Not mentioned/no policy	45.50	36.31	46.22	n/s	31.30	31.15	31.04	n/s
		1- Suggested/encouraged	11.27	13.67	8.23		8.67	14.32	11.56	
		2- Required	43.23	50.02	45.55		60.03	54.53	57.39	

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(Items with * are included in Monograph)

Variable	Description	Responses	Elementary School - SES							
			SY 06-07				SY 07-08			
			% of students (weighted by grade level)				% of students (weighted by grade level)			
			Hi SES	Med SES	Lo SES	Sig X ²	Hi SES	Med SES	Lo SES	Sig X ²
PE57	PE competency (skills, knowledge) assessment	0-Not mentioned/no policy 1- Suggested/encouraged 2- Required	63.61	54.28	62.44	n/s	49.95	51.36	50.98	n/s
			11.94	13.18	14.97		20.31	14.98	23.25	
			24.45	32.54	22.59		29.74	33.66	25.77	
PE58	PE quality	0-Not mentioned/no policy 1- Suggested/encouraged 2- Curriculum aligned with stds/benchmarks, sequential	56.86	49.97	50.56	n/s	43.30	46.93	37.97	n/s
			13.59	13.23	14.31		19.80	16.06	24.46	
			29.55	36.80	35.13		36.91	37.01	37.57	
PE59	Inclusive play	0-Not mentioned/no policy 1- Suggested/encouraged 2- Required	59.80	56.22	58.32	n/s	46.14	52.82	47.69	n/s
			8.38	13.42	8.97		15.02	14.84	17.23	
			31.82	30.36	32.71		38.84	32.33	35.08	
PE60	PE courses/credits required for graduation	0-Not mentioned/no policy 1- Suggested/encouraged 2- Required	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
PE61	Daily PE requirement	0-Not mentioned/no policy 1- Suggested/encouraged 2- Required	94.71	92.08	87.96	n/s	87.11	91.22	78.72	n/s
			2.43	4.06	8.40		9.34	4.58	17.46	
			2.86	3.86	3.63		3.54	4.20	3.81	
PE62	Teacher-student ratio for PE	0-Not mentioned/no policy 1- Suggested 2- Specific and required	92.50	89.21	87.92	n/s	85.17	85.93	75.94	n/s
			6.65	10.79	9.58		14.01	13.72	20.02	
			0.85	0.00	2.50		0.82	0.35	4.04	
PE63	Safe/adequate equipment/ facilities	0-Not mentioned/no policy 1- Suggested 2- Specific and required	83.15	83.21	82.11	n/s	72.58	80.10	68.09	n/s
			8.53	7.21	8.37		16.50	10.48	22.29	
			8.32	9.59	9.52		10.93	9.42	9.62	
PE64*	Moderate-to-vigorous activity	0-Not mentioned/no policy 1- Moderate-to-vigorous activity addressed but <50% time or not specified 2- ≥ 50% class time devoted to moderate-to-vigorous activity	71.30	74.06	71.08	n/s	57.70	72.04	61.69	n/s
			22.77	22.11	20.20		33.74	23.65	28.87	
			5.94	3.83	8.72		8.56	4.31	9.43	

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(Items with * are included in Monograph)

Variable	Description	Responses	Elementary School - SES							
			SY 06-07				SY 07-08			
			% of students (weighted by grade level)				% of students (weighted by grade level)			
			Hi SES	Med SES	Lo SES	Sig X ²	Hi SES	Med SES	Lo SES	Sig X ²
PE65*	Qualifications of PE instructors	0-Not mentioned/no policy	67.91	67.73	70.19	n/s	57.40	61.96	57.01	n/s
		1- Suggested	10.65	12.35	14.17		17.71	13.69	19.82	
		2- Requires PE to be taught by qualified instructors	21.44	19.93	15.64		24.90	24.35	23.17	
PE66	Training for PE instructors	0-Not mentioned/no policy	84.56	85.59	72.78	<.05	84.53	85.24	66.19	<.001
		1- Suggested or training for teachers generally (not PE-specific)	7.96	6.39	13.53		8.90	6.31	19.88	
		2- Provision of PE training for PE instructors	7.47	8.02	13.69		6.58	8.45	13.93	
PE67	Prohibits waivers for PE	0-Not mentioned/no policy	95.47	90.61	91.33	n/s	93.85	90.52	90.78	n/s
		1- Suggested	0.97	6.01	4.75		2.02	5.04	6.03	
		2- PE waivers prohibited	3.57	3.38	3.92		4.13	4.44	3.18	
PE68	Annual health assessment	0-Not mentioned/no policy	72.98	76.34	70.27	n/s	57.57	73.77	56.12	<.05
		1- Suggested/vague	27.02	23.66	28.97		41.73	26.23	43.50	
		2- Specific and required	0.00	0.00	0.76		0.69	0.00	0.38	
PE68a* (ch. 7 of mono)	BMI	0-Not mentioned/no policy	87.54	84.21	79.07	n/s	77.32	80.69	63.70	<.1
		1- BMI suggested (with or without reporting)	11.63	15.79	19.88		21.70	18.92	35.67	
		2- BMI required without reporting	0.83	0.00	0.28		0.97	0.39	0.25	
		3- BMI required with reporting	0.00	0.00	0.76		0.00	0.00	0.38	
PHYSICAL ACTIVITY (PA)										
PA69*	FW: Physical activity (PA) goals	0- No goal/policy	21.65	18.73	23.42	n/s	7.37	10.45	8.31	n/s
		1- PA goal suggested or repeats FW language	2.21	2.21	2.23		1.60	1.78	2.39	
		2- PA goal specified	76.13	79.06	74.35		91.03	87.77	89.30	
PA70*	PA outside of PE for every grade level	0-Not mentioned/no policy	43.37	36.76	42.09	n/s	38.68	31.55	34.66	<.1
		1- Suggested/vague or not clear PA for all grades	23.49	32.55	23.30		22.56	38.05	23.67	
		2- Clear each grade will get PA outside of PE	33.15	30.69	34.61		38.76	30.41	41.67	
PA72*	PA throughout the day	0-Not mentioned/no policy	54.67	54.30	53.41	n/s	43.99	50.66	38.76	n/s
		1- Suggested	33.12	35.29	40.56		44.30	37.99	52.56	
		2- Required	12.21	10.42	6.02		11.70	11.36	8.68	

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			Elementary School - SES							
			SY 06-07				SY 07-08			
			% of students (weighted by grade level)				% of students (weighted by grade level)			
Variable	Description	Responses	Hi SES	Med SES	Lo SES	Sig X ²	Hi SES	Med SES	Lo SES	Sig X ²
PA73	Intramurals, interscholastic, extracurricular activities	0-Not mentioned/no policy	70.56	68.10	66.48	n/s	62.83	64.90	54.83	n/s
		1- Suggested	15.72	19.45	19.16		22.91	20.68	25.32	
		2- Required/definitively offered	13.72	12.45	14.36		14.25	14.42	19.84	
PA74	Community use of school facilities for physical activity purposes	0-Not mentioned/no policy	80.18	80.56	82.49	n/s	73.66	77.10	72.48	n/s
		1- Suggested	5.46	9.45	9.48		5.03	10.25	11.11	
		2- Required/definitively in place	14.36	9.99	8.03		21.32	12.64	16.42	
PA75	Safe (active) routes to school (SRTS)	0-Not mentioned/no policy	90.31	87.99	89.11	n/s	89.37	87.75	87.74	n/s
		1- Suggested/encouraged	3.13	4.51	4.45		3.75	5.40	5.04	
		2- Ensures effort to promote SRTS	6.56	7.50	6.43		6.88	6.85	7.22	
PA76*	Not using PA as punishment	0-Not mentioned/no policy	80.82	68.38	76.75	<.05	69.44	60.18	63.17	n/s
		1- Suggested	7.64	10.55	12.16		18.96	16.35	23.75	
		2- Prohibits PA as punishment	11.53	21.07	11.09		11.60	23.47	13.08	
PA77*	Daily recess	0-Not mentioned/no policy	70.53	67.30	71.84	<.1	57.52	63.62	57.79	n/s
		1- Suggested or frequency vague	9.34	19.74	14.43		19.50	22.77	24.08	
		2- Required	20.13	12.96	13.73		22.99	13.61	18.13	
PA78	Recess quality to promote PA	0-Not mentioned/no policy	72.90	70.93	72.43	n/s	62.54	68.82	59.74	<.1
		1- Suggested	21.31	27.02	19.67		31.05	29.67	29.65	
		2- Specific and required	5.79	2.05	7.90		6.42	1.50	10.61	
STAFF PA/WELLNESS/MODELING										
PA71	PA opportunities for school staff	0-Not mentioned/no policy	87.32	86.33	79.26	n/s	81.97	84.24	76.75	n/s
		1- Suggested	9.57	9.50	16.15		14.64	11.35	19.78	
		2- Required	3.11	4.17	4.60		3.39	4.41	3.47	
CP80	Staff wellness programs	0-Not mentioned/no policy	75.43	76.83	76.45	n/s	67.91	68.64	63.45	<.1
		1- Suggested	12.48	11.87	16.77		19.66	14.52	29.31	
		2- Required/definitively in place	12.09	11.30	6.78		12.43	16.84	7.23	
CP82	Staff to role model healthy behaviors	0-Not mentioned/no policy	70.15	72.46	68.16	n/s	67.34	66.67	67.42	n/s
		1- Suggested	6.48	8.28	5.62		7.86	10.42	5.09	
		2- Require schools to encourage staff modeling	23.37	19.25	26.22		24.79	22.91	27.49	

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Variable	Description	Responses	Elementary School - SES							
			SY 06-07				SY 07-08			
			% of students (weighted by grade level)				% of students (weighted by grade level)			
			Hi SES	Med SES	Lo SES	Sig X ²	Hi SES	Med SES	Lo SES	Sig X ²
STAKEHOLDER INVOLVEMENT/FEEDBACK										
CP79	FW: Stakeholders involved in development of wellness policy	0-Not mentioned/no policy	59.92	63.58	59.57	n/s	55.23	61.65	45.43	<.1
		1- Suggested or not clear all reqd. stakeholders involved	18.00	15.02	15.39		24.41	13.23	27.06	
		2- All reqd. stakeholders involved in policy dev.	22.08	21.41	25.04		20.35	25.12	27.51	
CP85	Methods to solicit input	0-Not mentioned/no policy	67.61	68.12	68.76	n/s	56.91	62.03	60.60	n/s
		1- Suggested/vague	16.07	15.32	15.94		18.98	17.96	18.74	
		2- Required and specific	16.32	16.57	15.30		24.11	20.01	20.66	
CP86	How to engage parents/ community	0-Not mentioned/no policy	67.98	67.14	68.14	n/s	58.10	61.70	55.53	n/s
		1- Suggested/vague	14.27	6.44	10.91		18.68	8.08	19.18	
		2- Required and specific	17.75	26.42	20.95		23.22	30.22	25.29	
CP87	Content communicated to parents	0-Not mentioned/no policy	45.46	55.05	52.53	n/s	34.17	45.81	39.18	n/s
		1- Suggested/vague	25.29	21.29	27.32		35.87	30.88	35.90	
		2- Required and specific	29.24	23.66	20.15		29.96	23.30	24.93	
CP90*	Ongoing health advisory committee (ch. 7 of mono)	0-Not mentioned/no policy	53.35	46.74	54.08	n/s	40.54	36.80	35.34	n/s
		1- Suggested/vague	12.09	9.17	12.15		11.84	11.52	16.63	
		2- Required and clearly ongoing	34.55	44.09	33.77		47.62	51.68	48.03	
MESSAGING, MARKETING, & PROMOTION										
CP81	Consistency of nutrition messages	0-Not mentioned/no policy	47.15	42.09	42.25	n/s	36.40	34.09	25.81	n/s
		1- Suggested/vague	26.91	39.79	31.55		39.84	45.64	45.99	
		2-Specific and required	25.94	18.12	26.20		23.76	20.27	28.21	
CP83	Responsible for communication	0-Not mentioned/no policy	66.77	65.07	67.55	n/s	56.67	59.56	57.49	n/s
		1- Suggested/vague	24.52	22.03	22.26		32.84	28.12	26.62	
		2- Specific and required	8.71	12.91	10.18		10.50	12.32	15.89	
CP84	Coordinated School Health program	0-Not mentioned/no policy	76.50	80.99	71.85	n/s	75.78	76.67	62.70	<.1
		1- Suggested/vague	4.71	4.18	7.30		4.39	4.87	8.18	
		2- Definitively in place	18.79	14.82	20.85		19.83	18.47	29.11	

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Variable	Description	Responses	Elementary School - SES							
			SY 06-07				SY 07-08			
			% of students (weighted by grade level)				% of students (weighted by grade level)			
			Hi SES	Med SES	Lo SES	Sig X ²	Hi SES	Med SES	Lo SES	Sig X ²
CP88*	Marketing healthy choices (ch. 5 of mono)	0-Not mentioned/no policy 1- Suggested/vague 2- Specific and required	79.11	78.16	76.57	n/s	79.24	74.82	73.64	n/s
			11.45	13.93	14.64		10.42	15.43	18.41	
			9.43	7.91	8.79		10.34	9.75	7.95	
CP89*	Advertising/marketing of unhealthy choices (ch. 5 of mono)	0-Not mentioned/no policy 1- Suggested prohibition/restricted 2- Prohibited	82.84	84.33	77.08	<.1	76.24	82.17	68.20	n/s
			10.20	4.15	10.94		9.01	5.00	12.04	
			6.97	11.52	11.98		14.75	12.83	19.77	
EVALUATION & IMPLEMENTATION										
E91	FW: Plan for measuring implementation, including designating person responsible	0-Not mentioned/no policy 1- Suggested or does not designate responsible person 2- Specific and required	24.89	17.70	31.84	<.1	14.05	8.54	15.08	n/s
			5.80	6.88	5.48		5.61	8.27	6.05	
			69.31	75.41	62.69		80.34	83.20	78.87	
E92*	Plan for implementation	0-Not mentioned/no policy 1- Suggested or does not designate responsible person 2- Specific and required with responsible person	27.83	21.37	35.19	<.1	16.54	10.46	17.91	n/s
			7.57	7.22	4.38		6.90	9.96	4.40	
			64.59	71.40	60.44		76.56	79.57	77.70	
E93*	Plan for evaluation	0-Not mentioned/no policy 1- Suggested 2- Specific and required	66.64	48.86	55.61	<.05	53.93	39.37	43.71	n/s
			26.39	42.40	34.59		39.21	46.71	46.54	
			6.98	8.74	9.81		6.86	13.91	9.75	
E94*	Audience and frequency of reporting	0-Not mentioned/no policy 1- Suggested 2- Specific and required	57.66	45.42	57.55	n/s	49.75	39.68	41.95	n/s
			17.83	25.91	16.66		27.49	24.79	25.30	
			24.52	28.67	25.79		22.76	35.53	32.75	
E95*	Funding support	0-Not mentioned/no policy 1- Suggested 2- Identifies a specific source of funding	95.17	92.14	92.92	n/s	95.18	92.03	95.13	n/s
			4.33	6.55	3.97		4.42	6.34	2.70	
			0.50	1.31	3.11		0.40	1.63	2.17	
E96*	Plan for revising the policy	0-Not mentioned/no policy 1- Suggested 2- Specific and required	71.53	64.48	67.54	n/s	70.14	58.24	59.35	n/s
			8.72	10.50	7.07		8.29	9.01	7.04	
			19.76	25.02	25.39		21.57	32.75	33.61	
E100	Requires district to report to the state	0-Not mentioned/no policy 1- Yes	99.15	100.00	100.00	n/s	99.08	100.00	100.00	n/s
			0.85	0.00	0.00		0.92	0.00	0.00	

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Bridging the Gap Weighted Student-level Wellness Policy Data by Grade Level and SES, SY 06-07 and 07-08

(Items with * are included in Monograph)

Note 1: Data have been recoded to reflect only policies in effect as of day after Labor Day for each SY

(proxy for first day of SY as per FW requirement)

Note 2: Weighted data adjusted for non-response

Note 3: SES data based on tertiles of free- and reduced-price lunch

Note 4: Significance levels in these tables are based on bivariate analyses only. Full monograph highlights significant multivariate findings.

Variable	Description	Responses	Middle School - SES							
			SY 06-07				SY 07-08			
			% of students (weighted by grade level)				% of students (weighted by grade level)			
			Hi SES	Med SES	Lo SES	Sig X ²	Hi SES	Med SES	Lo SES	Sig X ²
NUTRITION EDUCATION										
NE1*	FW: Nutrition education goal	0-No goal/policy	19.81	15.26	29.49	<.1	6.66	5.52	9.32	n/s
		1-NE goal suggested or repeats FW language	3.34	1.54	1.91		4.20	1.71	2.09	
		2-NE goal specified	76.86	83.21	68.60		89.15	92.77	88.59	
NE2*	Nutrition education curriculum	0-Not mentioned/no policy	38.54	28.23	44.59	<.05	33.97	22.61	37.15	<.1
		1-Curriculum reqd/suggested, not clear all grades	34.54	31.36	24.36		36.41	37.45	26.15	
		2-Clear NE curriculum, all grades	26.92	40.41	31.04		29.62	39.94	36.71	
NE3	Nutrition education within larger school community	0-Not mentioned/no policy	39.72	36.99	46.82	n/s	29.84	29.77	27.69	n/s
		1-Vague/suggested	48.86	52.10	43.88		57.32	56.54	63.32	
		2-Yes, with specific strategies	11.42	10.91	9.31		12.84	13.69	8.99	
NE4	Nutrition education beyond school environment	0-Not mentioned/no policy	55.19	53.95	58.32	n/s	45.44	46.54	40.12	n/s
		1-Vague/suggested	36.84	36.92	36.86		46.94	44.39	56.36	
		2-Yes, with specific strategies	7.97	9.13	4.82		7.63	9.06	3.52	
NE5	Nutrition education training for teachers	0-Not mentioned/no policy	70.18	65.73	69.51	n/s	63.26	60.20	54.74	n/s
		1-Vague/suggested or just a subset of teachers	23.71	28.00	19.99		30.82	32.51	35.26	
		2-Required for all teachers	6.11	6.28	10.50		5.92	7.29	10.00	
NE6*	Nutrition education integrated into other subjects	0-Not mentioned/no policy	51.93	58.14	58.07	n/s	53.50	52.29	49.55	n/s
		1-Vague/suggested	15.43	20.82	16.06		15.46	24.59	21.86	
		2-Required	32.65	21.04	25.87		31.04	23.12	28.59	
NE7*	Nutrition education teaches behavior-focused skills	0-Not mentioned/no policy	34.21	30.67	42.71	n/s	24.83	24.68	21.86	n/s
		1-Vague/suggested	23.31	23.55	16.76		32.13	27.84	33.00	
		2-Required	42.48	45.78	40.53		43.03	47.48	45.14	

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Bridging the Gap Weighted Student-level Wellness Policy Data by Grade Level and SES, SY 06-07 and 07-08

(Items with * are included in Monograph)

Variable	Description	Responses	Middle School - SES							
			SY 06-07				SY 07-08			
			% of students (weighted by grade level)				% of students (weighted by grade level)			
			Hi SES	Med SES	Lo SES	Sig X ²	Hi SES	Med SES	Lo SES	Sig X ²
NE8	Number of nutrition education courses/hours	0-Not mentioned/no policy	100.00	97.60	98.10	n/s	99.39	96.84	95.74	n/s
		1-Vague/suggested or not all grades	0.00	0.72	1.90		0.00	1.41	4.26	
		2-Specified	0.00	1.68	0.00		0.61	1.74	0.00	
NE9	Nutrition education quality	0-Not mentioned/no policy	46.05	41.22	55.31	<.1	41.79	37.93	48.47	n/s
		1-Vague/suggested	16.62	16.60	8.41		19.01	16.85	10.72	
		2-Curriculum aligned with benchmarks/standards, sequential	37.33	42.17	36.28		39.19	45.22	40.82	
SCHOOL MEALS										
US10*	FW: Guidelines for school meals are not less restrictive than federal requirements	0-No goal/policy	26.90	20.21	32.69	n/s	13.74	9.21	12.55	n/s
		1-Should/strive to meet federal school meals regs	2.49	1.17	1.27		2.71	1.70	1.63	
		2-Will meet federal school meal regulations	70.62	78.61	66.04		83.55	89.09	85.83	
US11*	School Breakfast Program	0-Not mentioned/no policy	42.40	40.72	43.50	n/s	31.95	31.33	24.27	n/s
		1-Suggests/promotes general breakfast program or encourages healthy breakfast	22.74	11.74	18.50		23.70	15.86	16.76	
		2-Clearly offers national SBP	34.86	47.54	38.00		44.34	52.80	58.97	
US12	Summer Food Service Program	0-Not mentioned/no policy	94.60	92.43	87.76	n/s	89.36	88.77	69.49	<.05
		1-Suggests/promotes general summer food program	2.45	2.62	4.51		1.88	4.41	5.80	
		2-Clearly offers national Summer Food Program	2.95	4.95	7.73		8.75	6.82	24.71	
US13*	Specifies guidelines beyond US Dietary Guidelines	0-Not mentioned/no policy	60.19	59.10	61.61	n/s	53.21	51.97	42.20	n/s
		1-Vague/suggested or meet Dietary Guidelines	32.07	29.05	28.53		32.52	33.98	31.76	
		2-Clearly exceed Dietary Guidelines	7.74	11.85	9.86		14.27	14.05	26.04	
US14	Using low-fat versions of foods/cooking methods	0-Not mentioned/no policy	84.92	85.16	78.57	n/s	83.15	79.94	74.15	n/s
		1-Vague/suggested	12.08	12.62	17.79		13.72	16.65	19.35	
		2-Specific and required	3.00	2.23	3.64		3.13	3.41	6.50	
US15	Strategies to increase participation in school meal programs	0-Not mentioned/no policy	61.09	64.94	64.58	n/s	54.59	60.50	46.17	n/s
		1-Vague/suggested	24.37	24.09	25.61		26.29	24.39	28.88	
		2-Specific and required	14.54	10.97	9.81		19.12	15.11	24.95	

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(Items with * are included in Monograph)

Variable	Description	Responses	Middle School - SES							
			SY 06-07				SY 07-08			
			% of students (weighted by grade level)				% of students (weighted by grade level)			
			Hi SES	Med SES	Lo SES	Sig X ²	Hi SES	Med SES	Lo SES	Sig X ²
US16	Optimizes meal scheduling	0-Not mentioned/no policy	67.24	74.46	72.67	n/s	65.89	67.97	72.53	n/s
		1-Vague/suggested	30.80	21.22	25.35		31.28	26.70	25.30	
		2-Specific and required	1.96	4.33	1.98		2.83	5.34	2.17	
US17*	Adequate time to eat (≥20 mins for lunch; ≥ 10 mins for breakfast)	0-Not mentioned/no policy	49.70	51.38	51.63	n/s	39.42	43.12	33.68	<.05
		1-Vague/suggested or < time guidelines	39.88	36.57	42.75		52.58	42.40	59.97	
		2-Required	10.41	12.05	5.63		8.00	14.48	6.35	
US18	Hand-washing	0-Not mentioned/no policy	81.93	80.10	88.47	<.1	80.24	77.96	85.80	n/s
		1-Vague/suggested	3.95	6.45	0.63		6.40	7.65	1.71	
		2-Ensures assistance with hand-washing/facilitating	14.12	13.44	10.90		13.36	14.39	12.49	
US19	Nutrition qualifications of meal staff	0-Not mentioned/no policy	78.56	79.93	80.79	n/s	70.96	76.59	65.44	n/s
		1-Vague/suggested	0.80	0.95	0.86		1.31	0.61	0.48	
		2-Required	20.64	19.12	18.35		27.73	22.80	34.08	
US20	Training for food service staff	0-Not mentioned/no policy	78.46	71.25	79.98	n/s	68.83	66.33	61.66	n/s
		1-Vague/suggested	17.32	23.65	13.47		20.40	24.67	19.19	
		2-Required	4.22	5.10	6.55		10.77	9.00	19.15	
US21	School meal environment	0-Not mentioned/no policy	50.74	50.87	52.87	n/s	39.19	45.32	33.28	n/s
		1-Vague/suggested	6.32	8.44	11.02		9.11	13.67	16.33	
		2-Requires specifics strategies	42.94	40.69	36.11		51.71	41.01	50.39	
US22*	Nutrition information for school meals	0-Not mentioned/no policy	74.46	81.76	84.91	<.1	68.80	79.24	68.27	n/s
		1-Vague/suggested	8.11	6.61	8.38		7.22	6.62	11.16	
		2-Specific and required	17.43	11.63	6.70		23.98	14.15	20.57	
US38a	Farm-to-school program	0-Not mentioned/no policy	94.81	93.72	93.77	n/s	94.47	92.47	90.35	n/s
		1-Vague/suggested	4.54	6.28	4.97		4.96	7.20	8.12	
		2-Specific and required	0.65	0.00	1.27		0.56	0.33	1.52	
COMPETITIVE FOODS										
NG23*	FW: Nutrition guidelines for all foods outside of the school meal program during the SD	0-No goal/policy	19.99	16.83	28.81	n/s	9.20	7.12	8.17	<.1
		1-Suggested or only meet Dietary Guidelines	29.57	31.83	22.31		31.71	38.63	22.28	
		2-Required/definitively in place	50.44	51.34	48.88		59.09	54.26	69.55	

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Variable	Description	Responses	Middle School - SES							
			SY 06-07				SY 07-08			
			% of students (weighted by grade level)				% of students (weighted by grade level)			
			Hi SES	Med SES	Lo SES	Sig X ²	Hi SES	Med SES	Lo SES	Sig X ²
<i>Access Restrictions</i>										
NG23b	Competitive food and beverage ban	0-Not mentioned/no policy	99.64	93.76	96.79	<.05	99.73	91.18	95.74	<.01
		1-Suggested or only applies to food (not bev) or visa versa	0.36	6.24	3.21		0.27	8.82	4.26	
		2-Required	0.00	0.00	0.00		0.00	0.00	0.00	
NG23c	Nutrition guidelines apply to vending contracts	0-Not mentioned/no policy	85.42	88.03	84.41	n/s	82.95	81.75	80.11	n/s
		1-Suggested/encouraged	3.59	3.20	2.48		4.12	4.82	3.04	
		2-Required	10.99	8.76	13.11		12.93	13.43	16.85	
NG24*	Vending machines	0-Not mentioned/no policy	32.53	30.49	38.62	n/s	20.14	20.65	18.29	<.05
		1-Suggested/limited restrictions	50.74	57.83	42.65		51.37	61.58	43.01	
		2-Ban or all F&B must meet guidelines	16.72	11.67	18.73		28.48	17.77	38.70	
NG25*	School stores	0-Not mentioned/no policy	37.66	40.81	43.35	n/s	25.19	34.75	23.38	<.05
		1-Suggested/limited restrictions	50.81	46.78	40.45		50.81	48.93	41.32	
		2-Ban or all F&B must meet guidelines	11.52	12.41	16.20		24.00	16.32	35.30	
NG26*	A la carte	0-Not mentioned/no policy	33.96	31.59	39.31	n/s	22.05	23.10	19.47	<.1
		1-Suggested/limited restrictions	55.25	53.94	43.47		53.40	57.20	43.76	
		2-Ban or all F&B must meet guidelines	10.79	14.47	17.23		24.55	19.70	36.77	
NG27*	Class parties and celebrations	0-Not mentioned/no policy	41.61	50.68	49.93	n/s	29.40	46.38	32.09	<.1
		1-Suggested/limited restrictions	56.84	48.71	48.27		61.93	52.94	54.38	
		2-Ban or all F&B must meet guidelines	1.55	0.60	1.79		8.67	0.68	13.53	
NG28	Food from home for whole class	0-Not mentioned/no policy	40.73	50.46	49.93	n/s	28.96	46.38	32.09	<.1
		1-Suggested/limited restrictions	56.84	48.93	48.27		61.93	52.94	54.38	
		2-Ban or all F&B must meet guidelines	2.43	0.60	1.79		9.11	0.68	13.53	
NG29	Food before school	0-Not mentioned/no policy	74.17	81.82	74.56	n/s	75.43	75.87	68.15	<.1
		1-Suggested/limited restrictions	16.48	13.06	19.21		10.95	13.59	9.56	
		2-Nutrition guidelines apply to before school sales	9.34	5.12	6.23		13.62	10.54	22.29	

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Variable	Description	Responses	Middle School - SES							
			SY 06-07				SY 07-08			
			% of students (weighted by grade level)				% of students (weighted by grade level)			
			Hi SES	Med SES	Lo SES	Sig X ²	Hi SES	Med SES	Lo SES	Sig X ²
NG30	Food after school	0-Not mentioned/no policy	90.52	91.31	94.26	n/s	90.60	89.97	93.14	n/s
		1-Suggested/limited restrictions	6.71	7.46	2.65		7.31	7.98	3.15	
		2-Nutrition guidelines apply to after school sales	2.76	1.23	3.09		2.08	2.05	3.71	
NG31	Food at evening/community events	0-Not mentioned/no policy	88.61	85.93	82.83	n/s	87.97	84.62	80.69	n/s
		1-Suggested/limited restrictions	11.39	13.33	15.60		12.03	14.69	18.47	
		2-Nutrition guidelines apply	0.00	0.73	1.56		0.00	0.69	0.84	
NG32	Fundraisers	0-Not mentioned/no policy	46.44	53.04	48.21	n/s	35.16	43.76	26.56	<.1
		1-Limited restrictions or only fundraisers during SD	53.56	46.60	49.70		58.11	55.95	58.92	
		2-Nutrition guidelines apply to all fundraisers	0.00	0.36	2.10		6.73	0.29	14.52	
NG40*	Use of food as a reward/punishment	0-Not mentioned/no policy or encourages healthy food as reward	65.22	65.15	75.00	<.1	61.16	58.84	72.84	<.01
		1-Discourage food as a reward/prohibit as punishment	24.67	28.85	15.77		31.48	35.20	17.11	
		2-Prohibits using food as a reward/punishment	10.11	6.00	9.23		7.36	5.97	10.05	
Content Restrictions										
NG33*	Sugar content of Foods	0-Not mentioned/no policy	59.46	59.54	61.35	<.05	51.05	50.52	45.96	<.1
		1-Suggested/limited restrictions	35.89	28.68	23.44		33.08	29.56	23.57	
		2-Specific and required OR competitive food ban	4.64	11.78	15.21		15.87	19.92	30.46	
NG34*	Fat content of foods	0-Not mentioned/no policy	44.29	43.32	45.54	n/s	35.21	37.51	24.47	<.001
		1-Suggested/limited restrictions	42.04	40.10	29.96		32.46	37.03	22.88	
		2-Specific and required OR competitive food ban	13.67	16.59	24.50		32.33	25.46	52.65	
NG35	Sodium content of foods	0-Not mentioned/no policy	78.59	66.95	76.42	<.01	71.41	66.69	54.42	<.1
		1-Suggested/limited restrictions	20.43	25.70	15.10		19.09	23.87	19.67	
		2-Specific and required OR competitive food ban	0.98	7.35	8.48		9.51	9.44	25.90	
NG36*	Calorie content per serving size	0-Not mentioned/no policy	85.75	77.64	78.64	<.1	81.91	73.82	74.90	<.01
		1-Suggested/limited restrictions	12.94	17.37	13.15		5.87	15.73	5.97	
		2-Specific and required OR competitive food ban	1.31	4.99	8.22		12.22	10.45	19.13	

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Variable	Description	Responses	Middle School - SES							
			SY 06-07				SY 07-08			
			% of students (weighted by grade level)				% of students (weighted by grade level)			
			Hi SES	Med SES	Lo SES	Sig X ²	Hi SES	Med SES	Lo SES	Sig X ²
NG37	Serving size of foods	0-Not mentioned/no policy	66.67	63.17	69.46	<.1	57.62	57.57	54.68	n/s
		1-Suggested/limited restrictions	19.64	20.23	10.36		26.91	20.73	20.67	
		2-Specific and required OR competitive food ban	13.69	16.60	20.18		15.47	21.70	24.65	
NG38	Whole/unprocessed & fresh food availability	0-Not mentioned/no policy	50.26	54.05	54.64	n/s	41.92	51.93	35.95	n/s
		1-Suggested	38.69	36.93	41.59		41.06	40.03	48.24	
		2-Specific and required	11.05	9.01	3.78		17.02	8.03	15.81	
NG39	Ingredients with questionable effects (e.g., trans fats, artificial sweeteners)	0-Not mentioned/no policy	79.83	74.31	83.59	<.05	65.64	67.56	58.93	<.1
		1-Suggested/limited restrictions	15.28	18.56	7.24		22.33	24.63	16.58	
		2-Specific and required or competitive food ban	4.89	7.13	9.17		12.03	7.81	24.49	
NG41*	Nutrition information provided for competitive foods	0-Not mentioned/no policy	89.24	90.60	95.72	n/s	83.82	86.33	81.36	n/s
		1-Suggested	4.37	5.55	1.85		4.53	7.25	2.15	
		2-Specific and required or competitive food ban	6.39	3.85	2.42		11.65	6.42	16.48	
NG42	Sugar content of beverages	0-Not mentioned/no policy	54.78	56.57	53.82	n/s	47.08	49.31	36.10	n/s
		1-Suggested/limited restrictions	40.06	38.68	40.55		39.40	43.81	43.86	
		2-Specific and required or competitive food ban	5.15	4.75	5.63		13.51	6.88	20.04	
NG43	Fat content of beverages	0-Not mentioned/no policy	82.37	86.34	86.09	n/s	83.30	85.70	86.92	<.1
		1-Suggested/limited restrictions	9.40	11.16	7.74		5.81	10.31	5.03	
		2-Specific and required or competitive food ban	8.23	2.50	6.17		10.89	3.99	8.04	
NG44*	Calorie content of beverages	0-Not mentioned/no policy	96.33	89.06	94.92	n/s	92.83	86.35	93.19	n/s
		1-Suggested/limited restrictions	3.67	9.65	4.25		7.17	12.28	6.37	
		2-Specific and required or competitive food ban	0.00	1.29	0.83		0.00	1.37	0.45	
NG45*	Regular soda	0-Not mentioned/no policy	48.10	46.67	50.09	n/s	39.28	38.75	28.61	<.01
		1-Suggested/limited restrictions	14.80	22.00	13.30		14.31	21.86	11.09	
		2-Banned	37.09	31.33	36.61		46.41	39.39	60.30	
NG46*	Beverages (other than soda) with added caloric sweeteners	0-Not mentioned/no policy	77.83	76.22	80.51	n/s	69.82	74.94	66.10	n/s
		1-Suggested/limited restrictions	17.07	20.43	14.49		17.36	20.28	14.89	
		2-Banned	5.10	3.35	5.00		12.82	4.78	19.01	

LEGEND:

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1=Weak Policy
2=Strong Policy

Bridging the Gap Weighted Student-level Wellness Policy Data by Grade Level and SES, SY 06-07 and 07-08

(Items with * are included in Monograph)

Variable	Description	Responses	Middle School - SES							
			SY 06-07				SY 07-08			
			% of students (weighted by grade level)				% of students (weighted by grade level)			
			Hi SES	Med SES	Lo SES	Sig X ²	Hi SES	Med SES	Lo SES	Sig X ²
NG47	Sugar/calorie content of milk	0-Not mentioned/no policy	83.71	85.74	83.80	n/s	83.07	82.38	81.59	n/s
		1-Suggested/limited restrictions	13.29	8.31	10.12		13.23	10.78	9.29	
		2-Specific and required limit or competitive food ban	3.00	5.96	6.08		3.70	6.84	9.12	
NG48*	Fat content of milk	0-Not mentioned/no policy	77.23	66.44	69.75	n/s	68.48	62.43	52.48	<.05
		1-Suggested/limited restrictions	20.11	30.06	26.54		21.63	33.74	28.05	
		2-Specific and required limit or competitive food ban	2.65	3.50	3.71		9.89	3.84	19.47	
NG49	Serving size limit for beverages	0-Not mentioned/no policy	67.02	66.38	66.22	n/s	65.08	59.31	66.74	n/s
		1-Suggested/limited restrictions	27.84	26.44	27.05		20.51	26.61	17.02	
		2-Specific and required OR competitive food ban	5.14	7.18	6.74		14.41	14.09	16.24	
NG50*	Caffeine content of beverages	0-Not mentioned/no policy	78.29	76.55	82.85	n/s	72.43	74.07	65.29	<.1
		1-Suggested/limited restrictions	17.81	14.76	9.72		13.45	14.38	7.60	
		2-Specific and required OR competitive food ban	3.90	8.70	7.43		14.13	11.55	27.11	
NG51*	Availability of free drinking water throughout the school and school day	0-Not mentioned/no policy	88.71	84.84	92.46	n/s	88.15	83.18	91.25	n/s
		1-Suggested/encouraged	3.78	2.48	2.61		3.92	3.84	4.18	
		2-Free water is always available	7.51	12.67	4.93		7.93	12.98	4.57	
PHYSICAL EDUCATION (PE)										
PE52a*	PE addressed in district policy	0-Not mentioned/no policy	29.38	18.13	33.35	<.05	13.84	6.86	13.43	n/s
		1-Definitively addressed	70.62	81.87	66.65		86.16	93.14	86.57	
PE52	PE curriculum all grades	0-Not mentioned/no policy	48.84	36.50	49.84	n/s	37.27	29.78	29.41	n/s
		1-Suggested/encouraged	17.65	19.60	13.98		24.91	24.39	30.17	
		2-Clear curriculum-all grades	33.52	43.91	36.18		37.82	45.82	40.41	
PE53*	Time requirements for PE:	0-Not mentioned/no policy	82.81	74.95	71.48	n/s	75.35	72.69	52.60	<.01
PE54*	≥ 150 mins/week (ES)	1- < NASPE standards or specifies days (not duration)	15.55	23.42	24.44		22.50	25.80	42.36	
PE55*	≥ 225 mins/week (MS/HS)	2- ≥ NASPE standards	1.64	1.63	4.09		2.15	1.51	5.03	
PE56*	PE teaches physically active lifestyle	0-Not mentioned/no policy	44.56	36.45	49.60	n/s	30.68	30.64	31.04	n/s
		1- Suggested/encouraged	9.51	10.10	7.73		8.69	10.30	7.45	
		2- Required	45.93	53.45	42.67		60.63	59.07	61.51	

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Bridging the Gap Weighted Student-level Wellness Policy Data by Grade Level and SES, SY 06-07 and 07-08

(Items with * are included in Monograph)

Variable	Description	Responses	Middle School - SES							
			SY 06-07				SY 07-08			
			% of students (weighted by grade level)				% of students (weighted by grade level)			
			Hi SES	Med SES	Lo SES	Sig X ²	Hi SES	Med SES	Lo SES	Sig X ²
PE57	PE competency (skills, knowledge) assessment	0-Not mentioned/no policy 1- Suggested/encouraged 2- Required	63.20	52.95	65.63	<.1	51.26	50.44	49.41	n/s
			11.33	12.78	13.71		18.43	14.77	27.57	
			25.46	34.28	20.66		30.32	34.79	23.02	
PE58	PE quality	0-Not mentioned/no policy 1- Suggested/encouraged 2- Curriculum aligned with stds/benchmarks, sequential	56.62	50.13	54.79	n/s	44.54	46.93	38.29	n/s
			13.70	12.14	12.05		19.32	14.83	24.61	
			29.68	37.72	33.16		36.14	38.24	37.10	
PE59	Inclusive play	0-Not mentioned/no policy 1- Suggested/encouraged 2- Required	59.41	55.08	61.47	n/s	47.45	52.17	46.83	n/s
			7.50	9.18	8.03		14.01	10.25	21.54	
			33.09	35.74	30.50		38.54	37.58	31.63	
PE60	PE courses/credits required for graduation	0-Not mentioned/no policy 1- Suggested/encouraged 2- Required	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
PE61	Daily PE requirement	0-Not mentioned/no policy 1- Suggested/encouraged 2- Required	95.75	94.09	90.79	n/s	86.83	94.93	77.03	<.1
			0.37	2.48	4.93		8.64	2.36	18.61	
			3.88	3.43	4.28		4.53	2.71	4.36	
PE62	Teacher-student ratio for PE	0-Not mentioned/no policy 1- Suggested 2- Specific and required	91.35	87.69	90.56	n/s	85.52	86.25	74.26	n/s
			7.85	10.86	8.76		13.73	12.26	24.49	
			0.80	1.46	0.67		0.75	1.49	1.25	
PE63	Safe/adequate equipment/ facilities	0-Not mentioned/no policy 1- Suggested 2- Specific and required	82.89	81.56	83.46	n/s	72.74	79.67	65.35	<.1
			8.68	7.06	7.79		16.02	8.80	25.69	
			8.43	11.38	8.75		11.24	11.54	8.95	
PE64*	Moderate-to-vigorous activity	0-Not mentioned/no policy 1- Moderate-to-vigorous activity addressed but <50% time or not specified 2- ≥ 50% class time devoted to moderate-to-vigorous activity	72.64	74.50	73.20	n/s	61.00	74.50	58.89	n/s
			20.75	21.74	19.01		29.68	22.01	32.70	
			6.62	3.76	7.79		9.31	3.49	8.42	

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Bridging the Gap Weighted Student-level Wellness Policy Data by Grade Level and SES, SY 06-07 and 07-08

(Items with * are included in Monograph)

Variable	Description	Responses	Middle School - SES							
			SY 06-07				SY 07-08			
			% of students (weighted by grade level)				% of students (weighted by grade level)			
			Hi SES	Med SES	Lo SES	Sig X ²	Hi SES	Med SES	Lo SES	Sig X ²
PE65*	Qualifications of PE instructors	0-Not mentioned/no policy 1- Suggested 2- Requires PE to be taught by qualified instructors	67.87 8.88 23.25	67.96 11.16 20.88	74.28 12.20 13.52	n/s	58.40 15.99 25.61	62.85 11.72 25.42	55.78 25.46 18.76	n/s
PE66	Training for PE instructors	0-Not mentioned/no policy 1- Suggested or training for teachers generally (not PE-specific) 2- Provision of PE training for PE instructors	86.50 5.82 7.68	85.42 6.80 7.78	75.21 12.08 12.71	<.1	87.01 6.13 6.86	85.06 6.84 8.09	70.00 17.02 12.98	<.01
PE67	Prohibits waivers for PE	0-Not mentioned/no policy 1- Suggested 2- PE waivers prohibited	95.09 0.78 4.12	93.28 4.49 2.22	92.13 4.86 3.01	n/s	94.84 1.00 4.16	93.21 4.15 2.64	92.23 5.12 2.64	n/s
PE68	Annual health assessment	0-Not mentioned/no policy 1- Suggested/vague 2- Specific and required	69.77 29.38 0.85	71.77 28.23 0.00	71.79 26.92 1.29	n/s	57.55 40.10 2.34	70.63 29.37 0.00	52.86 45.87 1.27	<.1
PE68a*	BMI (ch. 7 of mono)	0-Not mentioned/no policy 1- BMI suggested (with or without reporting) 2- BMI required without reporting 3- BMI required with reporting	85.13 13.17 0.00 1.70	83.09 16.91 0.00 0.00	81.28 17.78 0.30 0.64	n/s	78.76 19.65 0.00 1.59	80.91 18.68 0.42 0.00	62.63 36.77 0.28 0.32	<.05
PHYSICAL ACTIVITY (PA)										
PA69*	FW: Physical activity (PA) goals	0- No goal/policy 1- PA goal suggested or repeats FW language 2- PA goal specified	23.38 2.21 74.41	19.13 2.30 78.58	29.82 1.85 68.33	n/s	9.19 1.59 89.22	10.54 1.85 87.61	10.47 2.10 87.42	n/s
PA70*	PA outside of PE for every grade level	0-Not mentioned/no policy 1- Suggested/vague or not clear PA for all grades 2- Clear each grade will get PA outside of PE	45.68 26.55 27.78	38.77 31.08 30.15	51.64 17.41 30.95	<.1	39.88 26.40 33.72	33.41 35.69 30.90	45.47 18.14 36.39	<.05
PA72*	PA throughout the day	0-Not mentioned/no policy 1- Suggested 2- Required	57.88 34.26 7.86	54.09 37.09 8.82	59.35 35.31 5.35	n/s	46.43 45.06 8.51	50.27 39.46 10.27	40.59 51.11 8.30	n/s

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Bridging the Gap Weighted Student-level Wellness Policy Data by Grade Level and SES, SY 06-07 and 07-08

(Items with * are included in Monograph)

Variable	Description	Responses	Middle School - SES							
			SY 06-07				SY 07-08			
			% of students (weighted by grade level)				% of students (weighted by grade level)			
			Hi SES	Med SES	Lo SES	Sig X ²	Hi SES	Med SES	Lo SES	Sig X ²
PA73	Intramurals, interscholastic, extracurricular activities	0-Not mentioned/no policy	68.37	61.98	69.53	n/s	58.40	57.17	52.94	n/s
		1- Suggested	17.24	22.31	15.29		26.52	24.61	27.88	
		2- Required/definitively offered	14.39	15.71	15.18		15.08	18.22	19.18	
PA74	Community use of school facilities for physical activity purposes	0-Not mentioned/no policy	80.18	80.30	84.12	n/s	74.27	76.57	68.72	n/s
		1- Suggested	5.10	9.52	8.56		4.52	10.51	9.89	
		2- Required/definitively in place	14.72	10.18	7.32		21.21	12.92	21.40	
PA75	Safe (active) routes to school (SRTS)	0-Not mentioned/no policy	90.90	87.48	91.44	n/s	89.73	87.75	90.07	n/s
		1- Suggested/encouraged	2.97	4.88	2.73		3.86	5.06	3.56	
		2- Ensures effort to promote SRTS	6.14	7.64	5.83		6.41	7.19	6.37	
PA76*	Not using PA as punishment	0-Not mentioned/no policy	84.47	73.46	79.85	n/s	74.54	67.32	61.69	n/s
		1- Suggested	5.96	9.09	9.40		15.69	13.32	25.57	
		2- Prohibits PA as punishment	9.57	17.45	10.75		9.77	19.36	12.74	
PA77*	Daily recess	0-Not mentioned/no policy	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
		1- Suggested or frequency vague								
		2- Required								
PA78	Recess quality to promote PA	0-Not mentioned/no policy	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
		1- Suggested								
		2- Specific and required								
STAFF PA/WELLNESS/MODELING										
PA71	PA opportunities for school staff	0-Not mentioned/no policy	87.52	86.45	80.67	n/s	83.15	84.24	78.39	n/s
		1- Suggested	9.29	9.34	15.23		13.38	11.27	18.66	
		2- Required	3.19	4.21	4.10		3.47	4.48	2.95	
CP80	Staff wellness programs	0-Not mentioned/no policy	76.43	76.94	78.21	n/s	69.11	68.62	60.71	<.05
		1- Suggested	11.36	11.68	15.54		18.42	14.44	32.80	
		2- Required/definitively in place	12.21	11.38	6.25		12.47	16.94	6.49	
CP82	Staff to role model healthy behaviors	0-Not mentioned/no policy	70.20	72.62	70.29	n/s	67.65	66.41	69.37	n/s
		1- Suggested	6.41	8.37	5.25		7.07	10.65	4.82	
		2- Require schools to encourage staff modeling	23.39	19.01	24.46		25.28	22.94	25.81	

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Bridging the Gap Weighted Student-level Wellness Policy Data by Grade Level and SES, SY 06-07 and 07-08

(Items with * are included in Monograph)

Variable	Description	Responses	Middle School - SES							
			SY 06-07				SY 07-08			
			% of students (weighted by grade level)				% of students (weighted by grade level)			
			Hi SES	Med SES	Lo SES	Sig X ²	Hi SES	Med SES	Lo SES	Sig X ²
STAKEHOLDER INVOLVEMENT/FEEDBACK										
CP79	FW: Stakeholders involved in development of wellness policy	0-Not mentioned/no policy	62.01	63.93	62.88	n/s	57.30	61.37	43.16	<.05
		1- Suggested or not clear all reqd. stakeholders involved	18.19	14.78	13.97		23.66	13.43	30.48	
		2- All reqd. stakeholders involved in policy dev.	19.79	21.28	23.15		19.03	25.20	26.36	
CP85	Methods to solicit input	0-Not mentioned/no policy	68.06	67.46	71.63	n/s	58.43	62.50	57.98	n/s
		1- Suggested/vague	15.98	15.11	14.61		18.28	16.88	17.04	
		2- Required and specific	15.96	17.43	13.77		23.30	20.62	24.99	
CP86	How to engage parents/ community	0-Not mentioned/no policy	68.69	67.31	70.21	n/s	59.53	61.64	52.91	<.1
		1- Suggested/vague	12.90	6.97	10.83		17.85	8.52	24.34	
		2- Required and specific	18.41	25.72	18.96		22.62	29.84	22.75	
CP87	Content communicated to parents	0-Not mentioned/no policy	48.05	55.17	56.21	n/s	36.83	45.41	37.81	n/s
		1- Suggested/vague	23.44	21.20	24.88		34.30	31.00	38.95	
		2- Required and specific	28.51	23.63	18.91		28.87	23.59	23.24	
CP90*	Ongoing health advisory committee (ch. 7 of mono)	0-Not mentioned/no policy	53.92	47.06	58.09	n/s	41.35	36.76	34.18	n/s
		1- Suggested/vague	12.12	8.73	11.23		11.20	11.51	15.42	
		2- Required and clearly ongoing	33.96	44.21	30.67		47.45	51.72	50.40	
MESSAGING, MARKETING, & PROMOTION										
CP81	Consistency of nutrition messages	0-Not mentioned/no policy	48.70	42.56	46.52	n/s	37.90	34.15	25.25	n/s
		1- Suggested/vague	27.37	39.39	28.93		39.82	45.35	48.50	
		2-Specific and required	23.93	18.04	24.55		22.28	20.50	26.25	
CP83	Responsible for communication	0-Not mentioned/no policy	67.66	64.93	70.09	n/s	58.90	59.15	54.85	n/s
		1- Suggested/vague	24.17	22.16	20.27		31.38	28.39	30.43	
		2- Specific and required	8.17	12.91	9.63		9.72	12.47	14.72	
CP84	Coordinated School Health program	0-Not mentioned/no policy	78.53	81.47	73.50	n/s	77.51	76.83	65.25	n/s
		1- Suggested/vague	4.77	4.11	6.83		4.43	4.77	7.73	
		2- Definitively in place	16.70	14.42	19.68		18.05	18.40	27.02	

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Bridging the Gap Weighted Student-level Wellness Policy Data by Grade Level and SES, SY 06-07 and 07-08

(Items with * are included in Monograph)

Variable	Description	Responses	Middle School - SES							
			SY 06-07				SY 07-08			
			% of students (weighted by grade level)				% of students (weighted by grade level)			
			Hi SES	Med SES	Lo SES	Sig X ²	Hi SES	Med SES	Lo SES	Sig X ²
CP88*	Marketing healthy choices (ch. 5 of mono)	0-Not mentioned/no policy 1- Suggested/vague 2- Specific and required	78.39	78.40	78.46	n/s	78.54	75.36	76.26	n/s
			11.87	13.09	13.25		10.71	14.54	16.37	
			9.74	8.51	8.29		10.75	10.09	7.37	
CP89*	Advertising/marketing of unhealthy choices (ch. 5 of mono)	0-Not mentioned/no policy 1- Suggested prohibition/restricted 2- Prohibited	84.54	84.92	78.92	n/s	79.16	82.93	64.55	<.1
			9.63	4.01	9.93		8.07	4.79	11.18	
			5.83	11.07	11.14		12.77	12.28	24.27	
EVALUATION & IMPLEMENTATION										
E91	FW: Plan for measuring implementation, including designating person responsible	0-Not mentioned/no policy 1- Suggested or does not designate responsible person 2- Specific and required	26.74	18.11	37.26	<.05	15.81	8.39	15.32	n/s
			5.65	6.80	4.93		5.40	8.10	5.55	
			67.61	75.10	57.82		78.79	83.51	79.13	
E92*	Plan for implementation	0-Not mentioned/no policy 1- Suggested or does not designate responsible person 2- Specific and required with responsible person	29.47	21.74	40.15	<.05	18.08	10.19	17.79	n/s
			8.08	7.03	4.10		7.17	9.80	4.18	
			62.44	71.22	55.75		74.75	80.02	78.03	
E93*	Plan for evaluation	0-Not mentioned/no policy 1- Suggested 2- Specific and required	67.57	48.36	58.97	<.05	55.29	38.66	41.18	<.1
			25.41	43.15	31.87		38.53	47.59	49.81	
			7.02	8.49	9.16		6.19	13.75	9.01	
E94*	Audience and frequency of reporting	0-Not mentioned/no policy 1- Suggested 2- Specific and required	58.19	45.70	61.51	<.05	50.12	39.56	40.87	n/s
			17.55	26.07	14.87		28.12	25.06	29.21	
			24.26	28.23	23.62		21.76	35.37	29.92	
E95*	Funding support	0-Not mentioned/no policy 1- Suggested 2- Identifies a specific source of funding	95.03	92.14	93.13	n/s	95.02	91.82	95.21	n/s
			4.58	6.59	3.89		4.66	6.59	2.66	
			0.39	1.27	2.98		0.32	1.59	2.13	
E96*	Plan for revising the policy	0-Not mentioned/no policy 1- Suggested 2- Specific and required	70.39	64.83	70.63	n/s	69.76	58.43	62.76	n/s
			9.10	10.45	6.45		8.73	9.14	6.73	
			20.51	24.72	22.93		21.51	32.43	30.51	
E100	Requires district to report to the state	0-Not mentioned/no policy 1- Yes	99.15	100.00	100.00	n/s	99.06	100.00	100.00	n/s
			0.85	0.00	0.00		0.94	0.00	0.00	

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Bridging the Gap Weighted Student-level Wellness Policy Data by Grade Level and SES, SY 06-07 and 07-08

(Items with * are included in Monograph)

Note 1: Data have been recoded to reflect only policies in effect as of day after Labor Day for each SY

(proxy for first day of SY as per FW requirement)

Note 2: Weighted data adjusted for non-response

Note 3: SES data based on tertiles of free- and reduced-price lunch

Note 4: Significance levels in these tables are based on bivariate analyses only. Full monograph highlights significant multivariate findings.

Variable	Description	Responses	High School - SES							
			SY 06-07				SY 07-08			
			% of students (weighted by grade level)				% of students (weighted by grade level)			
			Hi SES	Med SES	Lo SES	Sig X ²	Hi SES	Med SES	Lo SES	Sig X ²
NUTRITION EDUCATION										
NE1*	FW: Nutrition education goal	0-No goal/policy	24.68	14.35	25.92	n/s	7.03	5.26	8.86	n/s
		1-NE goal suggested or repeats FW language	2.76	1.52	1.99		2.41	1.29	1.97	
		2-NE goal specified	72.56	84.13	72.09		90.56	93.44	89.16	
NE2*	Nutrition education curriculum	0-Not mentioned/no policy	42.11	28.45	42.12	<.1	32.18	23.05	40.54	n/s
		1-Curriculum reqd/suggested, not clear all grades	31.97	31.44	27.82		35.40	37.58	26.89	
		2-Clear NE curriculum, all grades	25.92	40.11	30.06		32.42	39.36	32.57	
NE3	Nutrition education within larger school community	0-Not mentioned/no policy	40.96	36.02	44.87	n/s	26.32	28.96	27.33	n/s
		1-Vague/suggested	49.54	51.17	45.77		62.58	55.20	64.61	
		2-Yes, with specific strategies	9.49	12.82	9.36		11.11	15.83	8.06	
NE4	Nutrition education beyond school environment	0-Not mentioned/no policy	61.54	53.80	56.24	n/s	45.39	46.15	38.41	n/s
		1-Vague/suggested	30.44	37.38	39.06		46.76	45.15	58.46	
		2-Yes, with specific strategies	8.03	8.83	4.70		7.85	8.71	3.13	
NE5	Nutrition education training for teachers	0-Not mentioned/no policy	72.02	66.81	69.32	n/s	62.04	61.26	53.24	n/s
		1-Vague/suggested or just a subset of teachers	23.19	27.22	19.66		30.57	31.62	37.53	
		2-Required for all teachers	4.79	5.98	11.02		7.40	7.11	9.23	
NE6*	Nutrition education integrated into other subjects	0-Not mentioned/no policy	57.29	55.87	56.61	n/s	52.52	50.83	52.05	n/s
		1-Vague/suggested	13.70	20.82	16.97		14.56	24.71	21.19	
		2-Required	29.01	23.31	26.42		32.93	24.46	26.75	
NE7*	Nutrition education teaches behavior-focused skills	0-Not mentioned/no policy	36.94	30.26	40.72	n/s	20.98	24.63	21.29	n/s
		1-Vague/suggested	22.06	20.73	19.94		31.56	24.94	37.88	
		2-Required	41.00	49.01	39.34		47.46	50.43	40.83	

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Bridging the Gap Weighted Student-level Wellness Policy Data by Grade Level and SES, SY 06-07 and 07-08

(Items with * are included in Monograph)

Variable	Description	Responses	High School - SES							
			SY 06-07				SY 07-08			
			% of students (weighted by grade level)				% of students (weighted by grade level)			
			Hi SES	Med SES	Lo SES	Sig X ²	Hi SES	Med SES	Lo SES	Sig X ²
NE8	Number of nutrition education courses/hours	0-Not mentioned/no policy	99.17	96.11	96.88	n/s	97.51	95.11	95.31	n/s
		1-Vague/suggested or not all grades	0.83	3.08	3.12		1.90	3.95	4.69	
		2-Specified	0.00	0.81	0.00		0.59	0.95	0.00	
NE9	Nutrition education quality	0-Not mentioned/no policy	48.76	39.15	52.87	n/s	39.28	35.78	50.73	n/s
		1-Vague/suggested	15.40	15.96	11.43		17.84	16.60	12.04	
		2-Curriculum aligned with benchmarks/standards, sequential	35.84	44.90	35.70		42.88	47.62	37.23	
SCHOOL MEALS										
US10*	FW: Guidelines for school meals are not less restrictive than federal requirements	0-No goal/policy	30.00	21.91	30.05	n/s	12.88	11.42	12.59	n/s
		1-Should/strive to meet federal school meals regs	1.69	1.08	1.43		2.19	1.25	1.66	
		2-Will meet federal school meal regulations	68.31	77.01	68.52		84.93	87.33	85.75	
US11*	School Breakfast Program	0-Not mentioned/no policy	48.36	42.92	40.23	<.1	34.49	33.50	23.79	n/s
		1-Suggests/promotes general breakfast program or encourages healthy breakfast	20.26	10.57	19.76		20.04	14.46	16.13	
		2-Clearly offers national SBP	31.38	46.50	40.01		45.48	52.05	60.08	
US12	Summer Food Service Program	0-Not mentioned/no policy	95.91	92.85	87.59	n/s	87.44	89.26	66.67	<.05
		1-Suggests/promotes general summer food program	1.29	2.34	4.94		1.07	4.11	5.51	
		2-Clearly offers national Summer Food Program	2.80	4.81	7.48		11.49	6.63	27.82	
US13*	Specifies guidelines beyond US Dietary Guidelines	0-Not mentioned/no policy	60.13	57.82	58.53	n/s	49.30	50.68	39.21	n/s
		1-Vague/suggested or meet Dietary Guidelines	32.21	31.26	29.35		36.39	36.17	29.80	
		2-Clearly exceed Dietary Guidelines	7.67	10.91	12.12		14.32	13.15	30.99	
US14	Using low-fat versions of foods/cooking methods	0-Not mentioned/no policy	86.99	86.37	78.39	n/s	84.75	82.23	78.11	n/s
		1-Vague/suggested	10.05	12.14	18.38		12.11	15.16	15.84	
		2-Specific and required	2.96	1.49	3.24		3.13	2.60	6.05	
US15	Strategies to increase participation in school meal programs	0-Not mentioned/no policy	65.41	61.49	63.35	n/s	53.48	57.09	44.56	n/s
		1-Vague/suggested	21.68	28.04	26.54		28.30	28.42	26.70	
		2-Specific and required	12.91	10.47	10.11		18.22	14.49	28.73	

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(Items with * are included in Monograph)

Variable	Description	Responses	High School - SES							
			SY 06-07				SY 07-08			
			% of students (weighted by grade level)				% of students (weighted by grade level)			
			Hi SES	Med SES	Lo SES	Sig X ²	Hi SES	Med SES	Lo SES	Sig X ²
US16	Optimizes meal scheduling	0-Not mentioned/no policy	69.32	76.22	70.33	n/s	64.94	69.12	73.21	n/s
		1-Vague/suggested	28.87	19.72	28.43		32.28	25.65	25.57	
		2-Specific and required	1.81	4.06	1.24		2.79	5.22	1.22	
US17*	Adequate time to eat (≥20 mins for lunch; ≥ 10 mins for breakfast)	0-Not mentioned/no policy	52.20	51.94	49.97	n/s	37.62	43.39	32.38	<.05
		1-Vague/suggested or < time guidelines	38.07	36.62	45.04		54.94	42.76	62.28	
		2-Required	9.73	11.43	4.98		7.44	13.85	5.34	
US18	Hand-washing	0-Not mentioned/no policy	82.77	80.99	90.13	<.1	80.52	78.64	88.13	n/s
		1-Vague/suggested	3.69	6.08	0.69		6.15	7.28	1.68	
		2-Ensures assistance with hand-washing/facilitating	13.55	12.92	9.17		13.32	14.08	10.20	
US19	Nutrition qualifications of meal staff	0-Not mentioned/no policy	79.27	78.47	77.07	n/s	68.41	74.98	60.58	n/s
		1-Vague/suggested	0.77	0.94	1.05		1.35	0.62	0.50	
		2-Required	19.96	20.59	21.89		30.24	24.39	38.93	
US20	Training for food service staff	0-Not mentioned/no policy	78.91	70.31	77.98	<.1	65.42	65.27	58.24	n/s
		1-Vague/suggested	16.58	24.93	13.14		19.55	26.29	17.18	
		2-Required	4.51	4.76	8.87		15.03	8.44	24.58	
US21	School meal environment	0-Not mentioned/no policy	53.08	48.73	50.61	n/s	36.64	43.29	31.88	n/s
		1-Vague/suggested	5.60	10.50	12.64		9.66	15.02	16.40	
		2-Requires specifics strategies	41.32	40.77	36.74		53.70	41.69	51.72	
US22*	Nutrition information for school meals	0-Not mentioned/no policy	75.73	82.93	85.04	<.1	68.66	80.41	65.05	n/s
		1-Vague/suggested	7.75	6.30	9.10		7.86	6.24	10.84	
		2-Specific and required	16.52	10.77	5.86		23.48	13.35	24.10	
US38a	Farm-to-school program	0-Not mentioned/no policy	96.44	94.30	93.76	n/s	95.98	93.23	91.07	n/s
		1-Vague/suggested	2.90	5.70	4.99		3.46	6.45	7.56	
		2-Specific and required	0.65	0.00	1.25		0.57	0.31	1.38	
COMPETITIVE FOODS										
NG23*	FW: Nutrition guidelines for all foods outside of the school meal program during the SD	0-No goal/policy	25.98	17.48	27.82	n/s	10.69	8.14	9.14	n/s
		1-Suggested or only meet Dietary Guidelines	28.96	32.67	24.69		30.46	38.94	24.41	
		2-Required/definitively in place	45.06	49.85	47.50		58.84	52.92	66.45	

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Bridging the Gap Weighted Student-level Wellness Policy Data by Grade Level and SES, SY 06-07 and 07-08

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Variable	Description	Responses	High School - SES							
			SY 06-07				SY 07-08			
			% of students (weighted by grade level)				% of students (weighted by grade level)			
			Hi SES	Med SES	Lo SES	Sig X ²	Hi SES	Med SES	Lo SES	Sig X ²
<i>Access Restrictions</i>										
NG23b	Competitive food and beverage ban	0-Not mentioned/no policy	99.67	98.13	97.93	n/s	99.74	97.56	97.19	n/s
		1-Suggested or only applies to food (not bev) or visa versa	0.33	1.87	2.07		0.26	2.44	2.81	
		2-Required	0.00	0.00	0.00		0.00	0.00	0.00	
NG23c	Nutrition guidelines apply to vending contracts	0-Not mentioned/no policy	87.48	86.99	83.72	n/s	85.35	81.68	81.10	n/s
		1-Suggested/encouraged	2.37	2.95	2.72		2.72	4.36	3.07	
		2-Required	10.14	10.06	13.56		11.94	13.96	15.82	
NG24*	Vending machines	0-Not mentioned/no policy	36.84	30.02	39.30	<.05	19.56	20.75	20.65	<.05
		1-Suggested/limited restrictions	47.75	62.97	45.64		57.39	68.78	43.99	
		2-Ban or all F&B must meet guidelines	15.41	7.01	15.05		23.05	10.47	35.36	
NG25*	School stores	0-Not mentioned/no policy	43.12	40.21	44.43	n/s	25.66	34.35	25.55	<.05
		1-Suggested/limited restrictions	45.03	52.26	42.44		54.70	56.57	41.11	
		2-Ban or all F&B must meet guidelines	11.85	7.52	13.13		19.64	9.07	33.33	
NG26*	A la carte	0-Not mentioned/no policy	38.53	31.80	39.86	n/s	22.04	23.62	21.44	<.1
		1-Suggested/limited restrictions	50.46	57.73	46.47		58.08	62.93	45.65	
		2-Ban or all F&B must meet guidelines	11.01	10.47	13.67		19.88	13.45	32.91	
NG27*	Class parties and celebrations	0-Not mentioned/no policy	43.77	49.79	48.37	n/s	33.15	45.72	31.42	<.1
		1-Suggested/limited restrictions	54.76	49.67	50.26		58.75	53.52	50.48	
		2-Ban or all F&B must meet guidelines	1.47	0.55	1.37		8.10	0.76	18.09	
NG28	Food from home for whole class	0-Not mentioned/no policy	42.89	49.79	48.37	n/s	32.69	45.72	31.42	<.1
		1-Suggested/limited restrictions	54.76	49.67	50.26		58.75	53.52	50.48	
		2-Ban or all F&B must meet guidelines	2.35	0.55	1.37		8.56	0.76	18.09	
NG29	Food before school	0-Not mentioned/no policy	78.94	79.52	74.18	n/s	72.86	74.40	70.90	n/s
		1-Suggested/limited restrictions	16.03	16.88	21.02		13.58	13.57	10.49	
		2-Nutrition guidelines apply to before school sales	5.03	3.60	4.80		13.56	12.02	18.61	

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Variable	Description	Responses	High School - SES							
			SY 06-07				SY 07-08			
			% of students (weighted by grade level)				% of students (weighted by grade level)			
			Hi SES	Med SES	Lo SES	Sig X ²	Hi SES	Med SES	Lo SES	Sig X ²
NG30	Food after school	0-Not mentioned/no policy	90.58	92.49	94.18	n/s	91.23	91.18	93.43	n/s
		1-Suggested/limited restrictions	7.37	6.38	2.79		7.20	7.65	3.07	
		2-Nutrition guidelines apply to after school sales	2.04	1.13	3.03		1.57	1.17	3.50	
NG31	Food at evening/community events	0-Not mentioned/no policy	88.91	86.59	83.99	n/s	87.82	85.25	82.81	n/s
		1-Suggested/limited restrictions	11.09	12.70	13.47		12.18	14.11	15.62	
		2-Nutrition guidelines apply	0.00	0.70	2.54		0.00	0.64	1.56	
NG32	Fundraisers	0-Not mentioned/no policy	49.86	53.28	48.48	n/s	34.08	44.05	27.42	<.05
		1-Limited restrictions or only fundraisers during SD	50.14	46.38	49.27		59.21	55.68	53.51	
		2-Nutrition guidelines apply to all fundraisers	0.00	0.34	2.25		6.71	0.27	19.06	
NG40*	Use of food as a reward/punishment	0-Not mentioned/no policy or encourages healthy food as reward	68.65	67.44	73.26	n/s	64.19	61.25	73.70	<.1
		1-Discourage food as a reward/prohibit as punishment	22.00	26.95	17.59		28.76	33.16	17.44	
		2-Prohibits using food as a reward/punishment	9.35	5.61	9.14		7.05	5.58	8.86	
Content Restrictions										
NG33*	Sugar content of Foods	0-Not mentioned/no policy	67.05	62.07	63.48	<.05	53.74	53.51	51.57	n/s
		1-Suggested/limited restrictions	30.75	29.42	23.78		34.16	28.36	24.74	
		2-Specific and required OR competitive food ban	2.20	8.51	12.74		12.10	18.13	23.69	
NG34*	Fat content of foods	0-Not mentioned/no policy	50.56	44.93	46.30	<.1	35.68	39.18	25.68	<.01
		1-Suggested/limited restrictions	38.96	42.17	31.32		36.24	37.36	24.56	
		2-Specific and required OR competitive food ban	10.48	12.91	22.37		28.08	23.46	49.76	
NG35	Sodium content of foods	0-Not mentioned/no policy	80.26	70.80	78.23	<.05	72.49	70.78	54.03	<.05
		1-Suggested/limited restrictions	19.74	24.43	14.96		20.07	23.92	19.98	
		2-Specific and required OR competitive food ban	0.00	4.77	6.81		7.44	5.30	25.99	
NG36*	Calorie content per serving size	0-Not mentioned/no policy	94.62	84.84	87.84	<.01	83.24	73.68	78.57	<.1
		1-Suggested/limited restrictions	4.84	13.08	6.78		5.46	15.47	6.50	
		2-Specific and required OR competitive food ban	0.54	2.08	5.39		11.30	10.85	14.93	

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			SY 06-07				SY 07-08			
			% of students (weighted by grade level)				% of students (weighted by grade level)			
			Hi SES	Med SES	Lo SES	Sig X ²	Hi SES	Med SES	Lo SES	Sig X ²
NG37	Serving size of foods	0-Not mentioned/no policy	68.92	68.07	72.47	<.1	59.72	62.59	55.64	n/s
		1-Suggested/limited restrictions	19.11	18.24	8.49		27.35	19.71	24.93	
		2-Specific and required OR competitive food ban	11.97	13.69	19.04		12.93	17.70	19.43	
NG38	Whole/unprocessed & fresh food availability	0-Not mentioned/no policy	54.68	52.58	52.25	n/s	40.26	50.04	34.29	n/s
		1-Suggested	35.74	38.83	43.84		43.44	42.05	45.54	
		2-Specific and required	9.58	8.59	3.92		16.30	7.92	20.17	
NG39	Ingredients with questionable effects (e.g., trans fats, artificial sweeteners)	0-Not mentioned/no policy	80.89	77.85	82.26	n/s	67.84	71.23	55.52	<.05
		1-Suggested/limited restrictions	15.83	17.75	11.85		22.68	23.99	19.25	
		2-Specific and required or competitive food ban	3.28	4.41	5.89		9.48	4.78	25.24	
NG41*	Nutrition information provided for competitive foods	0-Not mentioned/no policy	87.92	91.51	95.19	n/s	82.72	87.18	76.76	n/s
		1-Suggested	5.98	4.96	1.97		5.62	6.61	2.09	
		2-Specific and required or competitive food ban	6.09	3.54	2.84		11.66	6.21	21.14	
NG42	Sugar content of beverages	0-Not mentioned/no policy	66.06	58.42	55.77	n/s	52.97	52.42	38.45	n/s
		1-Suggested/limited restrictions	30.66	38.17	41.17		36.63	43.41	41.11	
		2-Specific and required or competitive food ban	3.28	3.40	3.06		10.40	4.16	20.44	
NG43	Fat content of beverages	0-Not mentioned/no policy	82.40	89.19	88.78	n/s	83.79	88.47	90.80	<.05
		1-Suggested/limited restrictions	11.56	9.79	7.25		8.88	10.31	4.97	
		2-Specific and required or competitive food ban	6.03	1.02	3.97		7.33	1.22	4.23	
NG44*	Calorie content of beverages	0-Not mentioned/no policy	96.17	91.19	98.58	<.1	93.13	88.27	98.64	<.05
		1-Suggested/limited restrictions	1.47	7.54	1.42		4.54	10.30	1.36	
		2-Specific and required or competitive food ban	2.36	1.27	0.00		2.33	1.42	0.00	
NG45*	Regular soda	0-Not mentioned/no policy	59.27	58.89	63.19	n/s	42.88	46.92	33.11	<.1
		1-Suggested/limited restrictions	20.05	26.41	20.59		29.60	34.54	28.29	
		2-Banned	20.69	14.69	16.23		27.52	18.54	38.60	
NG46*	Beverages (other than soda) with added caloric sweeteners	0-Not mentioned/no policy	82.12	81.27	88.07	n/s	74.94	80.89	70.33	n/s
		1-Suggested/limited restrictions	14.60	16.67	10.51		21.36	17.03	28.07	
		2-Banned	3.28	2.05	1.42		3.70	2.08	1.60	

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			% of students (weighted by grade level)				% of students (weighted by grade level)			
			Hi SES	Med SES	Lo SES	Sig X ²	Hi SES	Med SES	Lo SES	Sig X ²
NG47	Sugar/calorie content of milk	0-Not mentioned/no policy	84.82	88.45	85.23	n/s	84.33	85.10	84.63	n/s
		1-Suggested/limited restrictions	12.69	7.62	10.67		12.36	10.01	8.77	
		2-Specific and required limit or competitive food ban	2.49	3.93	4.10		3.31	4.89	6.60	
NG48*	Fat content of milk	0-Not mentioned/no policy	87.06	75.88	82.96	n/s	69.25	64.89	51.93	<.05
		1-Suggested/limited restrictions	11.09	21.94	14.57		21.43	33.24	25.50	
		2-Specific and required limit or competitive food ban	1.85	2.18	2.46		9.32	1.87	22.56	
NG49	Serving size limit for beverages	0-Not mentioned/no policy	67.20	70.29	71.13	n/s	65.80	64.52	73.06	n/s
		1-Suggested/limited restrictions	28.83	24.71	24.37		23.03	25.01	15.82	
		2-Specific and required OR competitive food ban	3.96	5.00	4.50		11.17	10.48	11.12	
NG50*	Caffeine content of beverages	0-Not mentioned/no policy	80.90	82.36	85.99	n/s	75.93	79.75	66.20	n/s
		1-Suggested/limited restrictions	16.02	12.76	11.48		14.32	14.14	10.43	
		2-Specific and required OR competitive food ban	3.08	4.87	2.53		9.75	6.11	23.37	
NG51*	Availability of free drinking water throughout the school and school day	0-Not mentioned/no policy	89.12	85.65	92.38	n/s	88.79	83.88	92.08	n/s
		1-Suggested/encouraged	3.82	2.30	2.85		4.04	3.55	3.86	
		2-Free water is always available	7.06	12.05	4.77		7.16	12.57	4.05	
PHYSICAL EDUCATION (PE)										
PE52a*	PE addressed in district policy	0-Not mentioned/no policy	32.82	18.10	30.88	<.05	13.26	7.42	13.45	n/s
		1-Definitively addressed	67.18	81.90	69.12		86.74	92.58	86.55	
PE52	PE curriculum all grades	0-Not mentioned/no policy	52.98	39.08	46.66	n/s	35.63	33.50	27.78	n/s
		1-Suggested/encouraged	18.69	20.98	19.73		26.24	24.27	37.32	
		2-Clear curriculum-all grades	28.33	39.94	33.61		38.13	42.23	34.90	
PE53*	Time requirements for PE:	0-Not mentioned/no policy	85.27	87.92	80.36	n/s	75.92	86.86	57.16	<.01
PE54*	≥ 150 mins/week (ES)	1- < NASPE standards or specifies days (not duration)	11.42	8.78	14.46		20.46	10.53	37.24	
PE55*	≥ 225 mins/week (MS/HS)	2- ≥ NASPE standards	3.31	3.30	5.17		3.62	2.61	5.60	
PE56*	PE teaches physically active lifestyle	0-Not mentioned/no policy	48.22	34.55	47.38	n/s	30.30	28.76	29.09	n/s
		1- Suggested/encouraged	7.93	9.57	6.73		6.37	9.82	6.41	
		2- Required	43.84	55.88	45.90		63.33	61.42	64.50	

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			Hi SES	Med SES	Lo SES	Sig X ²	Hi SES	Med SES	Lo SES	Sig X ²
PE57	PE competency (skills, knowledge) assessment	0-Not mentioned/no policy 1- Suggested/encouraged 2- Required	62.91 9.74 27.34	53.55 14.01 32.44	62.84 17.39 19.76	n/s	46.17 21.93 31.90	51.74 14.94 33.32	45.38 33.81 20.81	<.1
PE58	PE quality	0-Not mentioned/no policy 1- Suggested/encouraged 2- Curriculum aligned with stds/benchmarks, sequential	59.43 11.58 28.99	48.58 10.09 41.33	51.08 11.41 37.51	n/s	42.33 16.05 41.62	45.64 12.23 42.12	34.96 27.52 37.51	n/s
PE59	Inclusive play	0-Not mentioned/no policy 1- Suggested/encouraged 2- Required	61.72 6.21 32.07	52.14 10.53 37.33	57.25 8.21 34.53	n/s	44.89 12.80 42.31	49.28 11.77 38.95	41.94 25.62 32.44	n/s
PE60	PE courses/credits required for graduation	0-Not mentioned/no policy 1- Suggested/encouraged 2- Required	89.74 1.71 8.55	80.06 3.52 16.42	80.72 1.75 17.53	n/s	81.94 8.34 9.73	78.56 3.33 18.12	60.38 18.08 21.53	<.1
PE61	Daily PE requirement	0-Not mentioned/no policy 1- Suggested/encouraged 2- Required	96.57 0.58 2.85	95.44 1.28 3.28	89.10 7.97 2.93	<.01	90.07 7.49 2.44	95.58 1.77 2.65	72.24 26.59 1.17	<.01
PE62	Teacher-student ratio for PE	0-Not mentioned/no policy 1- Suggested 2- Specific and required	91.12 8.04 0.84	88.65 9.95 1.40	90.37 9.63 0.00	n/s	84.71 14.45 0.84	87.20 11.20 1.60	70.79 28.68 0.53	n/s
PE63	Safe/adequate equipment/ facilities	0-Not mentioned/no policy 1- Suggested 2- Specific and required	80.89 10.54 8.58	81.20 8.22 10.58	84.41 8.34 7.25	n/s	71.97 17.17 10.86	80.57 8.16 11.27	64.01 29.11 6.88	<.1
PE64*	Moderate-to-vigorous activity	0-Not mentioned/no policy 1- Moderate-to-vigorous activity addressed but <50% time or not specified 2- ≥ 50% class time devoted to moderate-to-vigorous activity	73.48 20.13 6.39	77.94 18.94 3.12	72.38 22.09 5.53	n/s	56.90 31.96 11.14	78.61 18.52 2.87	55.81 38.21 5.98	<.05

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Bridging the Gap Weighted Student-level Wellness Policy Data by Grade Level and SES, SY 06-07 and 07-08

(Items with * are included in Monograph)

Variable	Description	Responses	High School - SES							
			SY 06-07				SY 07-08			
			% of students (weighted by grade level)				% of students (weighted by grade level)			
			Hi SES	Med SES	Lo SES	Sig X ²	Hi SES	Med SES	Lo SES	Sig X ²
PE65*	Qualifications of PE instructors	0-Not mentioned/no policy 1- Suggested 2- Requires PE to be taught by qualified instructors	67.25 8.36 24.39	66.85 9.73 23.41	73.01 13.10 13.97	n/s	54.53 15.32 30.15	61.73 10.26 28.01	53.39 29.15 17.46	<.1
PE66	Training for PE instructors	0-Not mentioned/no policy 1- Suggested or training for teachers generally (not PE-specific) 2- Provision of PE training for PE instructors	90.08 2.92 7.00	82.22 10.66 7.12	70.76 16.21 13.02	<.01	85.41 8.24 6.36	81.82 10.21 7.97	69.36 18.86 11.78	<.1
PE67	Prohibits waivers for PE	0-Not mentioned/no policy 1- Suggested 2- PE waivers prohibited	93.62 3.10 3.28	94.76 3.61 1.63	94.30 2.91 2.79	n/s	92.22 3.30 4.48	94.61 3.46 1.93	94.50 3.35 2.15	n/s
PE68	Annual health assessment	0-Not mentioned/no policy 1- Suggested/vague 2- Specific and required	71.29 27.92 0.79	73.45 26.55 0.00	68.91 29.77 1.33	n/s	58.99 38.74 2.27	71.88 28.12 0.00	49.56 49.20 1.24	<.05
PE68a*	BMI (ch. 7 of mono)	0-Not mentioned/no policy 1- BMI suggested (with or without reporting) 2- BMI required without reporting 3- BMI required with reporting	88.21 11.02 0.00 0.76	84.49 15.51 0.00 0.00	78.80 20.20 0.36 0.64	n/s	81.90 17.57 0.00 0.54	82.29 17.30 0.41 0.00	58.29 41.12 0.27 0.31	<.01
PHYSICAL ACTIVITY (PA)										
PA69*	FW: Physical activity (PA) goals	0- No goal/policy 1- PA goal suggested or repeats FW language 2- PA goal specified	28.29 1.67 70.04	17.09 2.26 80.65	29.58 1.96 68.47	n/s	9.81 1.17 89.03	9.38 1.48 89.14	12.34 2.02 85.64	n/s
PA70*	PA outside of PE for every grade level	0-Not mentioned/no policy 1- Suggested/vague or not clear PA for all grades 2- Clear each grade will get PA outside of PE	49.09 24.67 26.24	41.35 31.43 27.22	54.39 15.37 30.25	<.05	39.02 23.32 37.67	37.09 36.35 26.56	52.32 15.16 32.52	<.05
PA72*	PA throughout the day	0-Not mentioned/no policy 1- Suggested 2- Required	60.55 31.87 7.57	54.85 37.61 7.54	58.25 35.52 6.23	n/s	46.88 44.79 8.33	50.69 40.04 9.27	38.72 53.02 8.26	n/s

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Bridging the Gap Weighted Student-level Wellness Policy Data by Grade Level and SES, SY 06-07 and 07-08

(Items with * are included in Monograph)

Variable	Description	Responses	High School - SES							
			SY 06-07				SY 07-08			
			% of students (weighted by grade level)				% of students (weighted by grade level)			
			Hi SES	Med SES	Lo SES	Sig X ²	Hi SES	Med SES	Lo SES	Sig X ²
PA73	Intramurals, interscholastic, extracurricular activities	0-Not mentioned/no policy	70.45	63.27	68.04	n/s	56.32	59.10	50.25	n/s
		1- Suggested	17.43	19.86	13.26		25.95	21.49	29.87	
		2- Required/definitively offered	12.12	16.87	18.69		17.73	19.42	19.88	
PA74	Community use of school facilities for physical activity purposes	0-Not mentioned/no policy	80.83	81.38	85.85	n/s	74.47	77.43	67.10	n/s
		1- Suggested	5.20	8.85	6.57		5.23	9.75	7.49	
		2- Required/definitively in place	13.97	9.77	7.58		20.31	12.82	25.42	
PA75	Safe (active) routes to school (SRTS)	0-Not mentioned/no policy	91.86	88.39	93.49	n/s	90.45	88.54	92.36	n/s
		1- Suggested/encouraged	2.16	4.87	2.81		3.49	5.05	3.34	
		2- Ensures effort to promote SRTS	5.98	6.75	3.71		6.06	6.41	4.30	
PA76*	Not using PA as punishment	0-Not mentioned/no policy	85.77	76.43	77.73	n/s	76.56	70.35	57.48	<.1
		1- Suggested	5.29	7.61	7.81		14.64	11.96	27.97	
		2- Prohibits PA as punishment	8.95	15.96	14.46		8.80	17.69	14.56	
PA77*	Daily recess	0-Not mentioned/no policy	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
		1- Suggested or frequency vague								
		2- Required								
PA78	Recess quality to promote PA	0-Not mentioned/no policy	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
		1- Suggested								
		2- Specific and required								
STAFF PA/WELLNESS/MODELING										
PA71	PA opportunities for school staff	0-Not mentioned/no policy	89.04	85.76	79.50	n/s	81.93	83.65	79.55	n/s
		1- Suggested	8.06	10.22	16.08		14.91	12.00	17.72	
		2- Required	2.90	4.01	4.41		3.16	4.35	2.72	
CP80	Staff wellness programs	0-Not mentioned/no policy	79.28	75.71	78.25	n/s	70.68	66.75	57.69	<.01
		1- Suggested	9.05	10.41	15.37		17.10	13.52	36.06	
		2- Required/definitively in place	11.67	13.88	6.38		12.22	19.72	6.25	
CP82	Staff to role model healthy behaviors	0-Not mentioned/no policy	72.98	69.13	69.33	n/s	67.01	62.80	71.87	<.1
		1- Suggested	5.12	10.83	4.77		6.44	13.31	3.95	
		2- Require schools to encourage staff modeling	21.90	20.04	25.90		26.54	23.89	24.18	

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Variable	Description	Responses	High School - SES							
			SY 06-07				SY 07-08			
			% of students (weighted by grade level)				% of students (weighted by grade level)			
			Hi SES	Med SES	Lo SES	Sig X ²	Hi SES	Med SES	Lo SES	Sig X ²
STAKEHOLDER INVOLVEMENT/FEEDBACK										
CP79	FW: Stakeholders involved in development of wellness policy	0-Not mentioned/no policy	65.58	60.54	60.54	n/s	57.62	58.81	40.85	<.1
		1- Suggested or not clear all reqd. stakeholders involved	15.78	15.32	12.09		21.49	13.45	32.26	
		2- All reqd. stakeholders involved in policy dev.	18.63	24.13	27.38		20.89	27.74	26.88	
CP85	Methods to solicit input	0-Not mentioned/no policy	73.00	68.83	69.66	n/s	59.94	64.16	54.39	n/s
		1- Suggested/vague	11.38	13.78	16.40		18.02	15.28	16.93	
		2- Required and specific	15.62	17.39	13.94		22.04	20.56	28.69	
CP86	How to engage parents/ community	0-Not mentioned/no policy	73.45	67.29	69.41	n/s	58.83	61.93	51.08	n/s
		1- Suggested/vague	7.65	8.62	9.66		16.13	9.86	26.73	
		2- Required and specific	18.90	24.09	20.93		25.03	28.21	22.19	
CP87	Content communicated to parents	0-Not mentioned/no policy	50.96	55.70	52.59	n/s	34.78	46.40	35.06	n/s
		1- Suggested/vague	23.45	20.27	28.94		37.92	29.63	44.00	
		2- Required and specific	25.59	24.02	18.47		27.30	23.98	20.94	
CP90*	Ongoing health advisory committee (ch. 7 of mono)	0-Not mentioned/no policy	57.39	47.58	53.99	n/s	42.27	37.58	31.19	n/s
		1- Suggested/vague	9.51	8.24	12.27		10.09	10.33	14.90	
		2- Required and clearly ongoing	33.10	44.18	33.73		47.64	52.09	53.91	
MESSAGING, MARKETING, & PROMOTION										
CP81	Consistency of nutrition messages	0-Not mentioned/no policy	51.43	43.34	46.31	n/s	39.51	35.33	26.25	n/s
		1- Suggested/vague	27.18	40.23	30.06		39.93	45.43	50.67	
		2-Specific and required	21.39	16.43	23.63		20.56	19.24	23.08	
CP83	Responsible for communication	0-Not mentioned/no policy	70.05	64.82	69.08	n/s	56.58	59.71	52.58	n/s
		1- Suggested/vague	24.50	20.86	20.35		31.62	26.94	33.43	
		2- Specific and required	5.44	14.32	10.57		11.80	13.35	13.99	
CP84	Coordinated School Health program	0-Not mentioned/no policy	83.29	77.91	68.81	<.1	76.79	73.38	64.74	n/s
		1- Suggested/vague	4.06	3.65	9.36		4.04	4.37	9.12	
		2- Definitively in place	12.64	18.44	21.83		19.17	22.24	26.14	

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(Items with * are included in Monograph)

Variable	Description	Responses	High School - SES							
			SY 06-07				SY 07-08			
			% of students (weighted by grade level)				% of students (weighted by grade level)			
			Hi SES	Med SES	Lo SES	Sig X ²	Hi SES	Med SES	Lo SES	Sig X ²
CP88*	Marketing healthy choices (ch. 5 of mono)	0-Not mentioned/no policy 1- Suggested/vague 2- Specific and required	78.16	76.10	79.61	n/s	77.40	73.54	78.89	n/s
			12.81	15.96	11.25		12.22	16.64	13.67	
			9.03	7.94	9.14		10.38	9.82	7.44	
CP89*	Advertising/marketing of unhealthy choices (ch. 5 of mono)	0-Not mentioned/no policy 1- Suggested prohibition/restricted 2- Prohibited	86.46	85.00	78.65	<.05	75.67	83.41	61.41	<.1
			11.31	4.65	12.61		12.66	5.14	12.31	
			2.23	10.35	8.74		11.67	11.45	26.28	
EVALUATION & IMPLEMENTATION										
E91	FW: Plan for measuring implementation, including designating person responsible	0-Not mentioned/no policy 1- Suggested or does not designate responsible person 2- Specific and required	30.41	19.78	34.02	n/s	14.61	10.61	14.58	n/s
			4.76	8.87	5.49		6.23	9.64	5.52	
			64.82	71.35	60.49		79.17	79.75	79.90	
E92*	Plan for implementation	0-Not mentioned/no policy 1- Suggested or does not designate responsible person 2- Specific and required with responsible person	32.22	25.58	36.73	n/s	17.60	14.57	17.00	n/s
			7.82	6.16	4.30		7.30	8.56	4.00	
			59.96	68.26	58.97		75.10	76.88	79.01	
E93*	Plan for evaluation	0-Not mentioned/no policy 1- Suggested 2- Specific and required	69.18	48.97	59.47	<.05	55.09	39.84	41.19	n/s
			24.60	43.02	31.23		36.02	47.25	50.68	
			6.22	8.01	9.30		8.89	12.91	8.13	
E94*	Audience and frequency of reporting	0-Not mentioned/no policy 1- Suggested 2- Specific and required	61.22	47.84	61.12	<.1	48.70	42.41	39.97	n/s
			16.68	25.81	14.10		26.98	24.30	31.74	
			22.10	26.36	24.78		24.32	33.29	28.29	
E95*	Funding support	0-Not mentioned/no policy 1- Suggested 2- Identifies a specific source of funding	95.24	92.72	93.83	n/s	95.24	92.65	96.03	n/s
			4.76	6.10	3.55		4.76	5.84	2.39	
			0.00	1.18	2.62		0.00	1.51	1.58	
E96*	Plan for revising the policy	0-Not mentioned/no policy 1- Suggested 2- Specific and required	71.86	67.21	69.79	n/s	68.62	60.18	65.36	n/s
			6.79	9.79	6.92		6.35	8.75	6.44	
			21.35	22.99	23.28		25.02	31.07	28.20	
E100	Requires district to report to the state	0-Not mentioned/no policy 1- Yes	99.17	100.00	100.00	n/s	99.04	100.00	100.00	n/s
			0.83	0.00	0.00		0.96	0.00	0.00	

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Note 1: Data have been recoded to reflect only policies in effect as of day after Labor Day for each SY (proxy for first day of SY as per FW requirement)

Note 2: Weighted data adjusted for non-response

Note 3: Significance levels in these tables are based on bivivariate analyses only. Full monograph highlights significant multivariate findings.

			Elementary School - Locale									
			SY 06-07					SY 07-08				
			% of students (weighted by grade level)					% of students (weighted by grade level)				
Variable Description	Responses	Large to Mid-Size					Large to Mid-Size					
		City	Suburban	Rural	Township	Sig X ²	City	Suburban	Rural	Township	Sig X ²	
NUTRITION EDUCATION												
NE1*	FW: Nutrition education goal	0-No goal/policy	18.97	17.25	18.58	22.44	n/s	4.75	4.71	10.32	8.81	n/s
		1-NE goal suggested or repeats FW language	3.28	1.63	3.59	0.00		2.64	1.47	4.46	1.13	
		2-NE goal specified	77.75	81.12	77.83	77.56		92.61	93.82	85.22	90.07	
NE2*	Nutrition education curriculum	0-Not mentioned/no policy	35.02	34.38	37.20	31.86	n/s	32.36	24.52	32.78	20.90	n/s
		1-Curriculum reqd/suggested, not clear all grades	28.75	28.77	30.43	40.84		27.41	35.52	35.92	46.03	
		2-Clear NE curriculum, all grades	36.23	36.85	32.37	27.30		40.23	39.97	31.29	33.07	
NE3	Nutrition education within larger school community	0-Not mentioned/no policy	40.62	40.60	34.91	37.10	n/s	22.65	35.74	31.82	21.99	<.01
		1-Vague/suggested	51.40	46.67	51.55	55.64		69.17	49.24	54.16	68.48	
		2-Yes, with specific strategies	7.98	12.73	13.54	7.26		8.18	15.01	14.02	9.54	
NE4	Nutrition education beyond school environment	0-Not mentioned/no policy	52.26	60.03	46.50	53.78	n/s	34.87	52.52	45.33	43.80	<.01
		1-Vague/suggested	43.52	32.46	41.66	39.41		61.72	39.71	44.01	50.01	
		2-Yes, with specific strategies	4.22	7.51	11.84	6.81		3.40	7.77	10.66	6.19	
NE5	Nutrition education training for teachers	0-Not mentioned/no policy	64.55	68.39	63.70	72.69	n/s	48.86	64.66	64.16	72.92	<.05
		1-Vague/suggested or just a subset of teachers	26.82	24.54	25.20	23.88		43.21	27.56	24.45	23.38	
		2-Required for all teachers	8.63	7.06	11.09	3.43		7.93	7.78	11.40	3.70	
NE6*	Nutrition education integrated into other subjects	0-Not mentioned/no policy	53.83	55.63	52.26	56.04	n/s	48.55	48.96	51.76	51.32	n/s
		1-Vague/suggested	23.05	16.58	17.58	16.61		28.81	17.07	20.66	18.93	
		2-Required	23.12	27.79	30.16	27.35		22.64	33.98	27.58	29.75	
NE7*	Nutrition education teaches behavior-focused skills	0-Not mentioned/no policy	35.38	34.50	28.04	34.42	n/s	19.60	26.23	23.37	23.01	<.1
		1-Vague/suggested	25.05	17.87	24.27	25.57		40.04	22.32	27.30	27.69	
		2-Required	39.57	47.63	47.68	40.01		40.35	51.46	49.32	49.30	
NE8	Number of nutrition education courses/hours	0-Not mentioned/no policy	97.52	98.52	93.82	96.45	<.1	95.16	98.36	91.98	94.76	<.01
		1-Vague/suggested or not all grades	2.48	1.48	3.21	3.55		4.84	1.64	3.38	5.24	
		2-Specified	0.00	0.00	2.97	0.00		0.00	0.00	4.64	0.00	
NE9	Nutrition education quality	0-Not mentioned/no policy	47.75	44.54	48.25	43.75	n/s	44.21	39.09	40.70	34.61	n/s

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		Elementary School - Locale										
		SY 06-07					SY 07-08					
		% of students (weighted by grade level)					% of students (weighted by grade level)					
Variable Description	Responses	Large to Mid-Size					Large to Mid-Size					
		City	Suburban	Rural	Township	Sig X ²	City	Suburban	Rural	Township	Sig X ²	
	1-Vague/suggested	14.30	12.57	12.19	20.21		15.56	14.36	14.93	22.80		
	2-Curriculum aligned with benchmarks/standards, sequential	37.95	42.89	39.57	36.04		40.23	46.55	44.37	42.59		
SCHOOL MEALS												
US10*	FW: Guidelines for school meals are not less restrictive than federal requirements	0-No goal/policy	25.37	23.48	22.11	23.74	n/s	10.77	11.27	12.53	9.52	n/s
		1-Should/strive to meet federal school meals regs	0.80	1.29	4.07	0.00		1.03	1.20	5.82	1.19	
		2-Will meet federal school meal regulations	73.82	75.23	73.83	76.26		88.21	87.52	81.66	89.29	
US11*	School Breakfast Program	0-Not mentioned/no policy	37.22	38.43	45.50	37.34	n/s	21.93	29.69	40.20	25.53	<.1
		1-Suggests/promotes general breakfast program or encourages healthy breakfast	17.45	17.72	16.54	22.94		16.69	20.12	16.02	23.62	
		2-Clearly offers national SBP	45.33	43.85	37.96	39.73		61.38	50.19	43.78	50.85	
US12	Summer Food Service Program	0-Not mentioned/no policy	87.46	89.46	98.98	90.80	<.1	68.36	88.96	97.23	89.46	<.001
		1-Suggests/promotes general summer food program	5.26	3.38	0.51	3.70		7.37	3.29	1.24	3.46	
		2-Clearly offers national Summer Food Program	7.28	7.16	0.52	5.50		24.27	7.76	1.54	7.08	
US13*	Specifies guidelines beyond US Dietary Guidelines	0-Not mentioned/no policy	56.12	57.62	55.19	62.06	n/s	40.63	48.89	55.21	49.41	<.1
		1-Vague/suggested or meet Dietary Guidelines	34.56	31.50	31.98	30.53		33.03	37.21	32.59	39.54	
		2-Clearly exceed Dietary Guidelines	9.32	10.88	12.83	7.41		26.34	13.90	12.19	11.06	
US14	Using low-fat versions of foods/cooking methods	0-Not mentioned/no policy	75.04	83.47	77.41	86.65	n/s	69.20	79.48	78.58	76.48	n/s
		1-Vague/suggested	19.80	13.63	18.13	13.35		21.75	17.27	17.95	21.57	
		2-Specific and required	5.16	2.90	4.47	0.00		9.05	3.25	3.47	1.95	
US15	Strategies to increase participation in school meal programs	0-Not mentioned/no policy	65.98	63.16	62.40	54.18	<.05	46.66	60.33	58.82	42.81	<.01
		1-Vague/suggested	25.63	23.69	20.23	39.70		25.89	26.39	26.07	47.50	
		2-Specific and required	8.39	13.15	17.37	6.12		27.45	13.28	15.11	9.69	
US16	Optimizes meal scheduling	0-Not mentioned/no policy	73.60	65.53	60.99	64.41	n/s	73.53	55.79	62.83	52.48	<.05
		1-Vague/suggested	21.98	31.08	30.71	29.68		21.95	37.45	28.61	38.26	
		2-Specific and required	4.41	3.39	8.30	5.90		4.53	6.76	8.57	9.26	

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Bridging the Gap Weighted Student-level Wellness Policy Data by Grade Level and Locale, SY 06-07 and 07-08

(Items with * are included in Monograph)

			Elementary School - Locale									
			SY 06-07					SY 07-08				
			% of students (weighted by grade level)					% of students (weighted by grade level)				
Variable	Description	Responses	Large to Mid-Size					Large to Mid-Size				
			City	Suburban	Rural	Township	Sig X ²	City	Suburban	Rural	Township	Sig X ²
US17*	Adequate time to eat (≥20 mins for lunch; ≥ 10 mins for breakfast)	0-Not mentioned/no policy 1-Vague/suggested or < time guidelines 2-Required	47.97	54.76	41.66	45.76	n/s	30.61	43.76	38.87	35.26	n/s
			44.83	35.86	47.16	39.50		59.51	44.82	49.67	49.51	
			7.19	9.39	11.18	14.74		9.88	11.42	11.45	15.23	
US18	Hand-washing	0-Not mentioned/no policy 1-Vague/suggested 2-Ensures assistance with hand-washing/facilitating	85.85	84.79	77.98	79.20	n/s	83.67	80.20	79.67	75.28	n/s
			3.05	4.20	5.39	2.75		4.51	5.99	5.56	5.18	
			11.10	11.01	16.63	18.05		11.82	13.81	14.77	19.53	
US19	Nutrition qualifications of meal staff	0-Not mentioned/no policy 1-Vague/suggested 2-Required	83.67	83.40	68.99	74.36	<.1	67.28	79.37	66.90	69.40	n/s
			0.68	0.92	1.40	0.00		0.51	0.66	1.75	0.00	
			15.65	15.68	29.60	25.64		32.21	19.98	31.35	30.60	
US20	Training for food service staff	0-Not mentioned/no policy 1-Vague/suggested 2-Required	76.34	80.00	66.84	78.94	n/s	58.04	75.13	64.15	69.99	<.05
			19.29	13.37	25.12	19.72		23.51	15.90	27.66	26.44	
			4.37	6.63	8.04	1.34		18.44	8.97	8.19	3.57	
US21	School meal environment	0-Not mentioned/no policy 1-Vague/suggested 2-Requires specifics strategies	47.47	55.26	44.55	47.54	<.05	29.89	46.62	41.42	37.70	<.05
			13.26	10.38	4.92	2.48		19.43	14.72	5.52	6.44	
			39.27	34.36	50.53	49.98		50.68	38.66	53.06	55.87	
US22*	Nutrition information for school meals	0-Not mentioned/no policy 1-Vague/suggested 2-Specific and required	85.54	75.92	83.04	76.79	n/s	68.90	70.86	84.46	72.44	n/s
			7.23	8.20	5.98	11.75		10.27	8.56	5.50	10.53	
			7.24	15.89	10.98	11.45		20.83	20.58	10.04	17.03	
US38a	Farm-to-school program	0-Not mentioned/no policy 1-Vague/suggested 2-Specific and required	92.06	94.89	91.87	97.64	n/s	88.87	95.10	90.35	92.35	n/s
			6.37	4.60	8.13	2.36		9.48	4.50	9.65	6.30	
			1.56	0.51	0.00	0.00		1.65	0.40	0.00	1.35	
COMPETITIVE FOODS												
NG23*	FW: Nutrition guidelines for all foods outside of the school meal program during the SD	0-No goal/policy 1-Suggested or only meet Dietary Guidelines 2-Required/definitively in place	20.47	17.09	17.25	19.87	n/s	7.21	4.99	10.00	4.10	<.01
			19.15	29.80	32.03	29.87		17.86	31.03	38.88	38.79	
			60.38	53.11	50.72	50.27		74.94	63.98	51.12	57.10	
Access Restrictions												
NG23b	Competitive food and beverage ban	0-Not mentioned/no policy 1-Suggested or only applies to food (not bev) or visa versa 2-Required	79.53	87.51	87.14	76.19	<.1	79.56	82.50	87.55	76.34	n/s
			16.37	10.49	12.33	23.81		16.85	14.12	11.16	22.83	
			4.10	2.01	0.53	0.00		3.59	3.39	1.30	0.83	

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			Elementary School - Locale									
			SY 06-07					SY 07-08				
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Variable	Description	Responses	Large to Mid-Size					Large to Mid-Size				
			City	Suburban	Rural	Township	Sig X ²	City	Suburban	Rural	Township	Sig X ²
NG23c	Nutrition guidelines apply to vending contracts	0-Not mentioned/no policy 1-Suggested/encouraged 2-Required	82.88	84.94	88.17	85.52	n/s	78.28	79.80	87.17	78.24	n/s
			3.38	3.65	3.89	0.67		2.98	4.90	5.14	3.68	
			13.74	11.41	7.94	13.81		18.75	15.30	7.69	18.09	
NG24*	Vending machines	0-Not mentioned/no policy 1-Suggested/limited restrictions 2-Ban or all F&B must meet guidelines	29.00	31.28	28.23	30.44	<.01	12.88	18.73	22.13	17.78	<.001
			21.41	30.12	45.84	37.45		23.04	32.07	55.77	40.73	
			49.59	38.60	25.93	32.11		64.08	49.20	22.10	41.49	
NG25*	School stores	0-Not mentioned/no policy 1-Suggested/limited restrictions 2-Ban or all F&B must meet guidelines	33.09	38.66	40.97	34.80	<.05	17.15	28.79	36.65	26.13	<.001
			22.76	32.94	38.43	35.98		24.27	33.26	44.44	39.20	
			44.15	28.40	20.61	29.23		58.58	37.95	18.91	34.67	
NG26*	A la carte	0-Not mentioned/no policy 1-Suggested/limited restrictions 2-Ban or all F&B must meet guidelines	29.81	32.31	29.00	34.21	<.05	12.61	21.35	23.64	24.72	<.001
			36.04	41.51	56.84	44.78		36.85	44.24	63.53	46.96	
			34.14	26.18	14.15	21.01		50.54	34.40	12.83	28.32	
NG27*	Class parties and celebrations	0-Not mentioned/no policy 1-Suggested/limited restrictions 2-Ban or all F&B must meet guidelines	43.51	45.12	51.28	43.49	n/s	28.68	37.65	47.86	32.23	<.05
			54.80	53.21	48.54	55.18		57.65	60.19	52.14	66.50	
			1.69	1.68	0.18	1.32		13.67	2.16	0.00	1.27	
NG28	Food from home for whole class	0-Not mentioned/no policy 1-Suggested/limited restrictions 2-Ban or all F&B must meet guidelines	44.19	44.49	51.28	42.91	n/s	29.23	37.11	47.86	32.23	<.05
			54.12	53.21	48.54	55.76		57.10	60.44	52.14	66.50	
			1.69	2.30	0.18	1.32		13.67	2.45	0.00	1.27	
NG29	Food before school	0-Not mentioned/no policy 1-Suggested/limited restrictions 2-Nutrition guidelines apply to before school sales	72.41	71.57	83.67	83.83	<.05	65.96	69.91	81.85	77.50	<.05
			9.14	14.16	10.62	5.78		10.29	14.88	11.98	9.83	
			18.45	14.27	5.70	10.40		23.75	15.21	6.17	12.67	
NG30	Food after school	0-Not mentioned/no policy 1-Suggested/limited restrictions 2-Nutrition guidelines apply to after school sales	81.22	85.91	91.19	92.73	<.05	80.64	86.11	88.12	90.73	<.1
			4.57	6.42	6.51	3.23		5.79	6.12	8.60	3.18	
			14.21	7.67	2.29	4.05		13.57	7.77	3.28	6.09	
NG31	Food at evening/community events	0-Not mentioned/no policy 1-Suggested/limited restrictions 2-Nutrition guidelines apply	80.98	90.61	81.83	76.23	<.05	80.52	86.45	82.08	76.60	n/s
			16.41	9.39	18.17	20.22		17.45	13.55	17.92	20.47	
			2.61	0.00	0.00	3.54		2.02	0.00	0.00	2.93	

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			City	Suburban	Rural	Township	Sig X ²	City	Suburban	Rural	Township	Sig X ²
NG32	Fundraisers	0-Not mentioned/no policy	41.05	47.22	55.99	47.53	n/s	23.65	34.50	53.94	36.78	<.001
		1-Limited restrictions or only fundraisers during SD	56.30	52.78	42.90	50.87		61.20	64.55	44.90	61.59	
		2-Nutrition guidelines apply to all fundraisers	2.65	0.00	1.11	1.59		15.15	0.95	1.16	1.63	
NG40*	Use of food as a reward/punishment	0-Not mentioned/no policy or encourages healthy food as reward	68.96	69.30	60.06	72.87	n/s	68.52	62.29	58.34	65.45	n/s
		1-Discourage food as a reward/prohibit as punishment	21.03	23.99	27.48	21.80		22.55	30.12	32.26	28.16	
		2-Prohibits using food as a reward/punishment	10.01	6.71	12.45	5.33		8.93	7.58	9.41	6.39	
<i>Content Restrictions</i>												
NG33*	Sugar content of Foods	0-Not mentioned/no policy	53.39	53.02	71.74	71.48	<.001	41.81	37.95	64.77	56.08	<.001
		1-Suggested/limited restrictions	14.08	29.98	16.10	12.32		23.14	38.14	23.04	20.22	
		2-Specific and required or competitive food ban	32.53	17.00	12.16	16.20		35.05	23.91	12.19	23.71	
NG34*	Fat content of foods	0-Not mentioned/no policy	37.15	41.74	50.58	48.90	<.01	19.09	29.44	41.72	40.37	<.001
		1-Suggested/limited restrictions	18.82	32.03	28.56	25.07		23.07	33.15	39.14	26.11	
		2-Specific and required or competitive food ban	44.03	26.24	20.86	26.03		57.84	37.41	19.14	33.53	
NG35	Sodium content of foods	0-Not mentioned/no policy	68.78	75.89	72.33	71.96	n/s	52.20	69.45	70.83	66.29	<.001
		1-Suggested/limited restrictions	16.51	17.76	19.76	20.61		18.40	20.88	21.95	24.18	
		2-Specific and required or competitive food ban	14.71	6.35	7.91	7.43		29.40	9.66	7.22	9.53	
NG36*	Calorie content per serving size	0-Not mentioned/no policy	70.38	80.35	93.98	83.32	<.001	66.84	74.19	82.08	80.54	<.05
		1-Suggested/limited restrictions	15.50	14.85	4.96	7.30		8.82	9.91	12.00	2.35	
		2-Specific and required or competitive food ban	14.11	4.80	1.06	9.37		24.34	15.90	5.92	17.11	
NG37	Serving size of foods	0-Not mentioned/no policy	65.44	64.85	65.86	74.47	<.05	47.43	55.21	60.72	68.68	n/s
		1-Suggested/limited restrictions	9.02	19.33	15.20	5.37		24.55	21.68	22.46	9.65	
		2-Specific and required or competitive food ban	25.54	15.82	18.94	20.16		28.02	23.11	16.83	21.67	
NG38	Whole/unprocessed & fresh food availability	0-Not mentioned/no policy	46.70	53.65	45.91	52.77	n/s	31.31	47.73	46.09	45.33	<.1
		1-Suggested	48.32	37.33	45.33	41.43		52.01	43.03	44.84	48.41	
		2-Specific and required	4.98	9.01	8.76	5.80		16.68	9.24	9.07	6.26	
NG39	Ingredients with questionable effects (e.g., trans fats, artificial sweeteners)	0-Not mentioned/no policy	74.03	77.00	81.93	85.66	<.01	47.58	63.02	70.47	73.36	<.001
		1-Suggested/limited restrictions	9.92	15.61	14.60	9.07		21.65	26.25	24.42	18.50	
		2-Specific and required or competitive food ban	16.06	7.39	3.47	5.28		30.77	10.73	5.11	8.14	

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Variable Description	Responses	Large to Mid-Size					Large to Mid-Size					
		City	Suburban	Rural	Township	Sig X ²	City	Suburban	Rural	Township	Sig X ²	
NG41* Nutrition information provided for competitive foods	0-Not mentioned/no policy	90.62	87.93	90.78	96.31	n/s	78.25	83.96	88.90	93.11	<.05	
	1-Suggested	2.39	4.96	5.66	2.06		2.26	6.73	6.13	3.08		
	2-Specific and required or competitive food ban	6.99	7.11	3.56	1.63		19.49	9.30	4.97	3.81		
NG42 Sugar content of beverages	0-Not mentioned/no policy	44.36	51.60	63.84	51.73	<.1	26.01	41.23	57.90	47.68	<.001	
	1-Suggested/limited restrictions	34.42	35.65	27.39	34.55		41.56	42.28	33.60	35.81		
	2-Specific and required or competitive food ban	21.23	12.75	8.77	13.71		32.43	16.49	8.49	16.51		
NG43 Fat content of beverages	0-Not mentioned/no policy	74.59	72.92	76.11	65.80	n/s	75.07	67.05	80.65	66.94	n/s	
	1-Suggested/limited restrictions	11.43	14.69	15.81	24.26		11.69	17.43	12.67	20.12		
	2-Specific and required or competitive food ban	13.97	12.39	8.08	9.94		13.24	15.51	6.69	12.94		
NG44* Calorie content of beverages	0-Not mentioned/no policy	91.12	90.26	96.26	93.09	<.1	90.40	84.75	95.52	92.78	n/s	
	1-Suggested/limited restrictions	3.23	7.05	3.21	6.91		4.98	11.10	3.19	6.39		
	2-Specific and required or competitive food ban	5.64	2.69	0.53	0.00		4.62	4.15	1.30	0.83		
NG45* Regular soda	0-Not mentioned/no policy	35.89	47.51	48.09	47.26	<.1	19.92	38.16	45.67	38.12	<.001	
	1-Suggested/limited restrictions	10.30	13.16	16.99	18.07		9.58	12.14	21.62	20.36		
	2-Banned	53.81	39.33	34.92	34.67		70.50	49.70	32.71	41.52		
NG46* Beverages (other than soda) with added caloric sweeteners	0-Not mentioned/no policy	50.68	63.80	73.01	55.60	<.05	35.43	54.85	66.21	53.80	<.001	
	1-Suggested/limited restrictions	28.89	23.09	21.76	30.68		32.64	28.92	28.94	30.46		
	2-Banned	20.43	13.11	5.23	13.71		31.93	16.22	4.84	15.74		
NG47 Sugar/calorie content of milk	0-Not mentioned/no policy	77.71	83.48	84.64	81.35	<.05	74.56	78.98	85.61	84.28	<.05	
	1-Suggested/limited restrictions	0.00	4.77	4.85	5.02		0.54	5.27	4.19	3.71		
	2-Specific and required or competitive food ban	22.29	11.74	10.51	13.63		24.90	15.75	10.21	12.00		
NG48* Fat content of milk	0-Not mentioned/no policy	61.03	73.28	74.93	62.02	<.1	43.01	65.06	68.28	57.57	<.001	
	1-Suggested/limited restrictions	29.94	22.81	19.69	33.49		32.36	28.67	26.32	36.40		
	2-Specific and required or competitive food ban	9.03	3.91	5.38	4.49		24.63	6.28	5.40	6.04		
NG49 Serving size limit for beverages	0-Not mentioned/no policy	63.83	64.70	72.03	72.68	n/s	65.64	53.27	76.60	68.23	<.01	
	1-Suggested/limited restrictions	24.02	27.29	20.23	17.94		14.27	28.20	10.49	14.71		
	2-Specific and required or competitive food ban	12.15	8.01	7.74	9.39		20.10	18.53	12.91	17.06		

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NG50*	Caffeine content of beverages	0-Not mentioned/no policy 1-Suggested/limited restrictions 2-Specific and required or competitive food ban	50.78	61.35	73.93	55.71	<.01	32.67	53.46	69.27	54.31	<.001
			19.48	19.08	18.54	24.89		12.90	12.13	17.06	11.73	
			29.74	19.57	7.52	19.39		54.43	34.41	13.67	33.96	
NG51*	Availability of free drinking water throughout the school and school day	0-Not mentioned/no policy 1-Suggested/encouraged 2-Free water is always available	88.89	89.84	84.03	89.90	n/s	89.17	87.19	83.49	88.03	n/s
			3.96	2.67	2.33	2.33		5.28	3.82	3.40	1.98	
			7.16	7.49	13.64	7.78		5.55	8.99	13.11	9.99	
PHYSICAL EDUCATION (PE)												
PE52a*	PE addressed in district policy	0-Not mentioned/no policy 1-Definitively addressed	28.00	19.92	25.92	23.37	n/s	11.13	7.15	18.61	8.66	<.05
			72.00	80.08	74.08	76.63		88.87	92.85	81.39	91.34	
PE52	PE curriculum all grades	0-Not mentioned/no policy 1-Suggested/encouraged 2-Clear curriculum-all grades	48.72	32.85	46.72	48.30	<.1	30.21	23.32	45.27	35.69	<.1
			14.12	21.18	13.38	15.55		28.36	26.55	14.34	21.06	
			37.16	45.97	39.90	36.15		41.43	50.14	40.38	43.25	
PE53*	Time requirements for PE: ≥ 150 mins/week (ES)	0-Not mentioned/no policy 1- < NASPE standards or specifies days (not duration)	69.26	73.23	66.31	76.41	n/s	51.69	66.09	66.64	67.39	<.05
PE54*	≥ 225 mins/week (MS/HS)	2- ≥ NASPE standards	28.48	23.24	28.58	23.59		45.28	28.35	28.90	31.72	
PE55*			2.26	3.53	5.11	0.00		3.04	5.56	4.46	0.89	
PE56*	PE teaches physically active lifestyle	0-Not mentioned/no policy 1- Suggested/encouraged 2- Required	48.87	35.24	42.94	48.34	<.05	30.76	28.01	37.50	34.96	n/s
			11.73	14.32	9.35	2.08		14.39	12.43	9.42	2.34	
			39.40	50.45	47.70	49.58		54.85	59.56	53.07	62.70	
PE57	PE competency (skills, knowledge) assessment	0-Not mentioned/no policy 1- Suggested/encouraged 2- Required	64.99	55.08	61.46	59.83	n/s	48.93	49.85	57.10	51.73	<.1
			14.10	16.98	8.28	9.63		26.65	19.40	9.42	11.04	
			20.91	27.95	30.26	30.54		24.42	30.75	33.48	37.23	
PE58	PE quality	0-Not mentioned/no policy 1- Suggested/encouraged 2- Curriculum aligned with stds/benchmarks, sequential	56.19	46.51	55.98	53.40	n/s	38.90	42.18	51.33	43.19	<.1
			14.12	16.10	12.73	7.39		28.41	18.48	13.54	8.30	
			29.69	37.39	31.30	39.22		32.69	39.34	35.13	48.51	
PE59	Inclusive play	0-Not mentioned/no policy 1- Suggested/encouraged 2- Required	61.56	51.42	61.16	64.05	<.1	46.98	45.47	58.85	54.27	<.05
			10.27	15.08	5.38	4.27		22.05	17.40	5.28	3.51	
			28.18	33.50	33.47	31.67		30.96	37.13	35.86	42.22	

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Variable	Description	Responses	Large to Mid-Size					Large to Mid-Size					
			City	Suburban	Rural	Township	Sig X ²	City	Suburban	Rural	Township	Sig X ²	
PE60	PE courses/credits required for graduation	0-Not mentioned/no policy 1- Suggested/encouraged 2- Required	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
PE61	Daily PE requirement	0-Not mentioned/no policy 1- Suggested/encouraged 2- Required	92.27 6.23 1.50	92.51 3.26 4.22	89.02 7.35 3.63	89.28 4.79 5.93	n/s	76.43 20.04 3.53	90.30 5.32 4.38	91.47 5.77 2.76	88.99 6.13 4.88	<.05	
PE62	Teacher-student ratio for PE	0-Not mentioned/no policy 1- Suggested 2- Specific and required	89.51 7.88 2.61	91.64 7.69 0.66	84.49 14.97 0.53	92.42 7.58 0.00	n/s	74.34 22.92 2.74	87.51 11.27 1.22	83.88 14.83 1.30	85.29 12.47 2.24	n/s	
PE63	Safe/adequate equipment/ facilities	0-Not mentioned/no policy 1- Suggested 2- Specific and required	84.48 7.37 8.14	82.15 10.01 7.84	80.66 7.22 12.12	83.88 4.95 11.17	n/s	66.43 24.95 8.62	76.95 13.14 9.91	80.55 8.38 11.07	74.16 13.01 12.83	<.1	
PE64*	Moderate-to-vigorous activity	0-Not mentioned/no policy 1- Moderate-to-vigorous activity addressed but <50% time or not specified 2- ≥ 50% class time devoted to moderate-to-vigorous activity	70.00 24.93 5.07	77.18 18.83 3.99	69.21 22.21 8.57	67.66 20.53 11.81	n/s	56.48 37.55 5.97	69.28 24.21 6.51	69.65 19.79 10.56	63.08 25.38 11.55	<.1	
PE65*	Qualifications of PE instructors	0-Not mentioned/no policy 1- Suggested 2- Requires PE to be taught by qualified instructors	71.99 15.31 12.70	65.07 12.88 22.05	64.07 12.85 23.08	78.21 4.20 17.58	n/s	56.48 25.28 18.23	57.06 13.25 29.69	63.34 13.96 22.70	66.80 7.36 25.83	<.1	
PE66	Training for PE instructors	0-Not mentioned/no policy 1- Suggested or training for teachers generally (not PE-specific) 2- Provision of PE training for PE instructors	74.58 12.83 12.59	84.00 8.63 7.37	79.42 9.15 11.43	87.39 4.05 8.57	n/s	71.68 16.51 11.81	82.49 9.74 7.78	80.08 9.30 10.63	78.78 10.40 10.82	n/s	
PE67	Prohibits waivers for PE	0-Not mentioned/no policy 1- Suggested 2- PE waivers prohibited	91.20 6.29 2.51	96.26 0.62 3.12	85.58 7.99 6.43	93.54 2.92 3.54	<.05	90.00 7.02 2.98	94.87 1.23 3.90	88.27 6.73 5.00	89.95 4.81 5.24	n/s	
PE68	Annual health assessment	0-Not mentioned/no policy 1- Suggested/vague 2- Specific and required	74.00 25.10 0.90	70.74 29.26 0.00	74.63 25.37 0.00	76.04 23.96 0.00	n/s	57.55 41.51 0.94	63.12 36.88 0.00	73.33 26.67 0.00	60.94 39.06 0.00	n/s	

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(Items with * are included in Monograph)

			Elementary School - Locale									
			SY 06-07					SY 07-08				
			% of students (weighted by grade level)					% of students (weighted by grade level)				
Variable Description	Responses		Large to Mid-Size					Large to Mid-Size				
			City	Suburban	Rural	Township	Sig X ²	City	Suburban	Rural	Township	Sig X ²
PE68a* BMI (ch. 7 of mono)	0-Not mentioned/no policy 1- BMI suggested (with or without reporting) 2- BMI required without reporting 3- BMI required with reporting		80.81	84.58	85.87	81.86	n/s	64.44	79.32	82.06	68.75	<.1
PHYSICAL ACTIVITY (PA)												
PA69* FW: Physical activity (PA) goals	0- No goal/policy 1- PA goal suggested or repeats FW language 2- PA goal specified		23.96	22.09	17.10	19.30	n/s	8.46	10.59	9.20	2.87	n/s
PA70* PA outside of PE for every grade level	0-Not mentioned/no policy 1- Suggested/vague or not clear PA for all grades 2- Clear each grade will get PA outside of PE		38.65	45.62	34.62	40.28	n/s	34.33	38.29	30.28	30.33	n/s
PA72* PA throughout the day	0-Not mentioned/no policy 1- Suggested 2- Required		56.54	58.98	46.81	45.32	n/s	35.10	53.52	44.22	42.78	<.05
PA73 Intramurals, interscholastic, extracurricular activities	0-Not mentioned/no policy 1- Suggested 2- Required/definitively offered		68.84	69.82	66.81	64.46	n/s	52.61	67.37	63.89	57.92	n/s
PA74 Community use of school facilities for physical activity purposes	0-Not mentioned/no policy 1- Suggested 2- Required/definitively in place		84.65	82.94	76.76	74.31	n/s	69.15	80.65	73.81	70.52	n/s
PA75 Safe (active) routes to school (SRTS)	0-Not mentioned/no policy 1- Suggested/encouraged 2- Ensures effort to promote SRTS		92.41	89.47	87.09	82.95	<.05	92.37	87.00	86.01	81.13	<.1
PA76* Not using PA as punishment	0-Not mentioned/no policy 1- Suggested 2- Prohibits PA as punishment		74.54	76.52	67.34	83.62	<.05	55.35	69.99	61.77	75.97	<.01
PA77* Daily recess	0-Not mentioned/no policy 1- Suggested or frequency vague 2- Required		71.28	70.34	68.72	67.18	n/s	51.02	63.78	68.39	62.04	<.05

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			Elementary School - Locale									
			SY 06-07					SY 07-08				
			% of students (weighted by grade level)					% of students (weighted by grade level)				
Variable	Description	Responses	Large to Mid-Size					Large to Mid-Size				
			City	Suburban	Rural	Township	Sig X ²	City	Suburban	Rural	Township	Sig X ²
PA78	Recess quality to promote PA	0-Not mentioned/no policy 1- Suggested 2- Specific and required	71.91	74.27	71.17	67.43	n/s	55.96	71.84	65.14	57.80	n/s
STAFF PA/WELLNESS/MODELING												
PA71	PA opportunities for school staff	0-Not mentioned/no policy 1- Suggested 2- Required	81.36	84.93	82.94	89.67	n/s	78.52	81.62	83.10	82.00	n/s
CP80	Staff wellness programs	0-Not mentioned/no policy 1- Suggested 2- Required/definitively in place	80.04	74.07	73.50	77.99	n/s	59.46	68.89	71.82	74.53	n/s
CP82	Staff to role model healthy behaviors	0-Not mentioned/no policy 1- Suggested 2- Require schools to encourage staff modeling	71.32	69.88	69.87	69.32	n/s	68.05	66.92	68.92	62.11	n/s
STAKEHOLDER INVOLVEMENT/FEEDBACK												
CP79	FW: Stakeholders involved in development of wellness policy	0-Not mentioned/no policy 1- Suggested or not clear all reqd. stakeholders involved 2- All reqd. stakeholders involved in policy dev.	55.27	71.78	49.28	62.11	<.01	40.14	68.21	49.76	54.20	<.001
CP85	Methods to solicit input	0-Not mentioned/no policy 1- Suggested/vague 2- Required and specific	74.04	64.51	67.66	65.84	n/s	60.81	58.86	64.14	55.46	n/s
CP86	How to engage parents/ community	0-Not mentioned/no policy 1- Suggested/vague 2- Required and specific	73.99	65.71	67.08	59.81	n/s	53.80	60.87	69.30	48.08	<.01
CP87	Content communicated to parents	0-Not mentioned/no policy 1- Suggested/vague 2- Required and specific	57.68	49.15	45.95	50.98	n/s	38.96	39.51	46.41	35.79	n/s
CP90*	Ongoing health advisory (ch. 7 of committee mono)	0-Not mentioned/no policy 1- Suggested/vague 2- Required and clearly ongoing	56.77	53.05	42.89	46.26	n/s	35.77	41.02	35.92	31.39	n/s

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			Elementary School - Locale									
			SY 06-07					SY 07-08				
			% of students (weighted by grade level)					% of students (weighted by grade level)				
Variable Description	Responses		Large to Mid-Size					Large to Mid-Size				
			City	Suburban	Rural	Township	Sig X ²	City	Suburban	Rural	Township	Sig X ²
MESSAGING, MARKETING, & PROMOTION												
CP81	Consistency of nutrition messages	0-Not mentioned/no policy 1- Suggested/vague 2-Specific and required	43.27 32.23 24.50	47.76 30.37 21.88	39.66 36.62 23.72	38.78 37.30 23.92	n/s	23.30 51.00 25.70	41.10 34.47 24.42	33.05 46.43 20.52	23.82 51.86 24.32	<.05
CP83	Responsible for communication	0-Not mentioned/no policy 1- Suggested/vague 2- Specific and required	72.68 15.43 11.89	62.74 25.07 12.19	65.00 27.35 7.65	64.66 27.26 8.08	n/s	56.59 27.08 16.32	56.50 29.95 13.55	65.50 26.88 7.62	56.76 34.41 8.83	n/s
CP84	Coordinated School Health program	0-Not mentioned/no policy 1- Suggested/vague 2- Definitely in place	70.27 5.87 23.86	76.54 5.54 17.91	82.06 4.81 13.13	82.07 5.28 12.65	n/s	63.85 6.76 29.38	71.00 6.37 22.63	83.34 4.12 12.53	78.76 4.66 16.58	<.1
CP88*	Marketing healthy choices (ch. 5 of mono)	0-Not mentioned/no policy 1- Suggested/vague 2- Specific and required	77.47 14.75 7.78	80.59 11.82 7.59	74.01 13.30 12.69	76.86 15.33 7.81	n/s	74.42 18.13 7.44	76.81 13.34 9.85	76.19 12.27 11.54	74.76 15.55 9.70	n/s
CP89*	Advertising/marketing of unhealthy choices (ch. 5 of mono)	0-Not mentioned/no policy 1- Suggested prohibition/restricted 2- Prohibited	78.02 7.40 14.58	81.68 11.90 6.42	87.20 3.61 9.19	79.01 7.66 13.33	<.1	66.12 8.28 25.60	78.66 11.88 9.46	86.38 3.73 9.88	77.35 7.09 15.56	<.01
EVALUATION & IMPLEMENTATION												
E91	FW: Plan for measuring implementation, including designating person responsible	0-Not mentioned/no policy 1- Suggested or does not designate responsible person 2- Specific and required	26.24 8.32 65.44	25.82 5.59 68.59	22.78 4.85 72.37	22.89 3.75 73.36	n/s	9.46 7.20 83.33	15.15 7.45 77.40	16.24 5.75 78.01	9.03 3.14 87.83	n/s
E92*	Plan for implementation	0-Not mentioned/no policy 1- Suggested or does not designate responsible person 2- Specific and required with responsible person	31.44 6.12 62.44	27.68 6.87 65.44	25.71 5.44 68.85	26.64 6.25 67.11	n/s	12.78 6.57 80.66	16.80 7.90 75.30	18.04 6.77 75.18	12.17 5.27 82.56	n/s
E93*	Plan for evaluation	0-Not mentioned/no policy 1- Suggested 2- Specific and required	55.06 34.54 10.40	61.19 30.70 8.11	50.40 40.74 8.86	55.61 39.02 5.37	n/s	38.07 52.79 9.14	53.91 32.82 13.27	43.28 47.66 9.06	40.94 53.62 5.45	<.05
E94*	Audience and frequency of reporting	0-Not mentioned/no policy 1- Suggested 2- Specific and required	55.27 14.12 30.60	55.60 21.02 23.37	49.83 23.43 26.73	48.03 27.48 24.49	n/s	36.58 28.37 35.06	50.85 22.52 26.63	45.00 26.84 28.16	37.75 26.55 35.70	n/s
E95*	Funding support	0-Not mentioned/no policy	96.83	94.65	87.84	89.20	n/s	97.46	94.51	89.55	87.51	<.1

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			Elementary School - Locale									
			SY 06-07					SY 07-08				
			% of students (weighted by grade level)					% of students (weighted by grade level)				
Variable Description	Responses	Large to Mid-Size					Large to Mid-Size					
		City	Suburban	Rural	Township	Sig X ²	City	Suburban	Rural	Township	Sig X ²	
	1- Suggested	2.47	3.95	9.80	6.61		1.84	3.92	8.65	8.88		
	2- Identifies a specific source of funding	0.70	1.40	2.36	4.19		0.69	1.56	1.80	3.61		
E96*	Plan for revising the policy	0-Not mentioned/no policy	66.98	72.69	61.22	64.49	n/s	60.89	65.73	58.62	57.83	n/s
		1- Suggested	9.56	8.16	7.72	9.91		7.93	7.41	8.26	10.62	
		2- Specific and required	23.46	19.15	31.06	25.60		31.18	26.86	33.13	31.55	
E100	Requires district to report _____ to the state	0-Not mentioned/no policy	100.00	99.34	100.00	100.00	n/s	100.00	99.31	100.00	100.00	n/s
		1- Yes	0.00	0.66	0.00	0.00		0.00	0.69	0.00	0.00	

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Note 1: Data have been recoded to reflect only policies in effect as of day after Labor Day for each SY (proxy for first day of SY as per FW requirement)

Note 2: Weighted data adjusted for non-response

Note 3: Significance levels in these tables are based on bivivariate analyses only. Full monograph highlights significant multivariate findings.

			Middle School - Locale									
			SY 06-07					SY 07-08				
			% of students (weighted by grade level)					% of students (weighted by grade level)				
Variable Description	Responses	Large to Mid-Size					Large to Mid-Size					
		City	Suburban	Rural	Township	Sig X ²	City	Suburban	Rural	Township	Sig X ²	
NUTRITION EDUCATION												
NE1*	FW: Nutrition education goal	0-No goal/policy	27.33	16.44	19.78	26.76	n/s	6.07	5.35	11.29	13.03	n/s
		1-NE goal suggested or repeats FW language	3.02	1.51	3.51	0.00		2.48	1.37	4.29	4.15	
		2-NE goal specified	69.65	82.05	76.71	73.24		91.45	93.29	84.42	82.81	
NE2*	Nutrition education curriculum	0-Not mentioned/no policy	41.75	33.44	38.12	35.96	n/s	38.65	24.74	33.36	27.50	<.1
		1-Curriculum reqd/suggested, not clear all grades	26.05	28.54	32.22	37.06		25.76	34.51	38.53	41.43	
		2-Clear NE curriculum, all grades	32.21	38.02	29.66	26.98		35.59	40.76	28.11	31.06	
NE3	Nutrition education within larger school community	0-Not mentioned/no policy	46.74	39.69	36.30	41.33	n/s	22.27	35.11	32.57	26.23	<.05
		1-Vague/suggested	45.91	47.13	50.62	51.83		69.99	49.45	53.95	64.77	
		2-Yes, with specific strategies	7.35	13.18	13.07	6.84		7.74	15.44	13.48	9.00	
NE4	Nutrition education beyond school environment	0-Not mentioned/no policy	56.72	59.35	48.14	56.79	n/s	32.80	51.98	46.74	48.89	<.001
		1-Vague/suggested	39.25	32.91	39.90	36.99		63.87	39.96	42.58	45.58	
		2-Yes, with specific strategies	4.02	7.74	11.96	6.22		3.33	8.06	10.67	5.53	
NE5	Nutrition education training for teachers	0-Not mentioned/no policy	67.36	68.90	64.96	74.82	n/s	45.63	64.74	65.00	75.72	<.001
		1-Vague/suggested or just a subset of teachers	24.63	23.57	23.78	22.09		46.73	27.02	23.69	21.14	
		2-Required for all teachers	8.01	7.52	11.27	3.09		7.64	8.24	11.31	3.14	
NE6*	Nutrition education integrated into other subjects	0-Not mentioned/no policy	58.88	55.01	53.47	58.33	n/s	52.98	48.54	52.81	55.20	<.1
		1-Vague/suggested	20.68	15.23	17.85	15.31		26.73	16.36	20.56	17.32	
		2-Required	20.44	29.76	28.68	26.36		20.30	35.10	26.63	27.48	
NE7*	Nutrition education teaches behavior-focused skills	0-Not mentioned/no policy	42.32	33.01	30.37	38.84	n/s	19.55	25.21	25.61	29.65	<.01
		1-Vague/suggested	22.38	18.26	22.48	22.05		43.56	22.64	26.14	23.99	
		2-Required	35.30	48.73	47.15	39.11		36.90	52.15	48.25	46.36	
NE8	Number of nutrition education courses/hours	0-Not mentioned/no policy	96.99	100.00	97.06	100.00	<.01	94.75	99.43	95.43	100.00	<.01
		1-Vague/suggested or not all grades	3.01	0.00	0.00	0.00		5.25	0.57	0.00	0.00	
		2-Specified	0.00	0.00	2.94	0.00		0.00	0.00	4.57	0.00	
NE9	Nutrition education quality	0-Not mentioned/no policy	52.74	43.61	48.62	46.73	n/s	49.12	38.99	41.70	39.40	n/s

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		SY 06-07					SY 07-08					
		% of students (weighted by grade level)					% of students (weighted by grade level)					
Variable Description	Responses	Large to Mid-Size					Large to Mid-Size					
		City	Suburban	Rural	Township	Sig X ²	City	Suburban	Rural	Township	Sig X ²	
	1-Vague/suggested	13.22	12.83	12.15	18.00		14.43	13.92	14.86	21.03		
	2-Curriculum aligned with benchmarks/standards, sequential	34.03	43.56	39.23	35.27		36.45	47.09	43.43	39.57		
SCHOOL MEALS												
US10*	FW: Guidelines for school meals are not less restrictive than federal requirements	0-No goal/policy	33.37	22.32	23.38	28.22	n/s	11.82	10.51	13.70	13.68	n/s
		1-Should/strive to meet federal school meals regs	0.74	1.49	4.20	0.00		1.01	1.35	5.97	1.12	
		2-Will meet federal school meal regulations	65.88	76.19	72.43	71.78		87.17	88.14	80.32	85.20	
US11*	School Breakfast Program	0-Not mentioned/no policy	44.28	38.60	46.95	40.35	n/s	21.71	30.70	40.64	28.57	<.05
		1-Suggests/promotes general breakfast program or encourages healthy breakfast	16.32	17.51	16.45	20.89		15.93	20.00	16.81	23.74	
		2-Clearly offers national SBP	39.40	43.89	36.60	38.76		62.36	49.30	42.56	47.69	
US12	Summer Food Service Program	0-Not mentioned/no policy	88.78	89.48	98.94	90.86	n/s	64.37	88.90	97.31	89.98	<.001
		1-Suggests/promotes general summer food program	4.70	3.38	0.52	3.65		6.91	3.24	1.17	3.19	
		2-Clearly offers national Summer Food Program	6.52	7.13	0.54	5.49		28.72	7.86	1.52	6.83	
US13*	Specifies guidelines beyond US Dietary Guidelines	0-Not mentioned/no policy	61.87	57.66	59.97	64.59	n/s	40.23	50.13	59.70	54.46	<.01
		1-Vague/suggested or meet Dietary Guidelines	29.91	31.33	27.23	28.37		29.71	36.79	28.56	35.15	
		2-Clearly exceed Dietary Guidelines	8.21	11.01	12.80	7.04		30.07	13.08	11.74	10.39	
US14	Using low-fat versions of foods/cooking methods	0-Not mentioned/no policy	79.51	83.93	82.05	87.45	n/s	73.68	80.85	82.84	81.18	n/s
		1-Vague/suggested	15.96	14.20	13.50	12.55		18.17	16.94	13.72	17.08	
		2-Specific and required	4.53	1.87	4.45	0.00		8.15	2.22	3.44	1.74	
US15	Strategies to increase participation in school meal programs	0-Not mentioned/no policy	69.74	62.23	62.45	55.32	<.05	45.01	61.02	59.62	45.55	<.01
		1-Vague/suggested	22.72	24.26	19.51	38.32		23.69	25.23	24.59	44.86	
		2-Specific and required	7.54	13.51	18.05	6.36		31.30	13.75	15.79	9.60	
US16	Optimizes meal scheduling	0-Not mentioned/no policy	79.30	69.82	65.10	68.64	<.1	78.91	63.42	65.46	61.21	<.01
		1-Vague/suggested	19.71	27.88	28.17	28.86		20.11	33.24	27.07	33.17	
		2-Specific and required	0.99	2.30	6.73	2.50		0.98	3.34	7.47	5.62	

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			% of students (weighted by grade level)					% of students (weighted by grade level)				
Variable	Description	Responses	Large to Mid-Size					Large to Mid-Size				
			City	Suburban	Rural	Township	Sig X ²	City	Suburban	Rural	Township	Sig X ²
US17*	Adequate time to eat (≥20 mins for lunch; ≥ 10 mins for breakfast)	0-Not mentioned/no policy 1-Vague/suggested or < time guidelines 2-Required	53.79	54.39	42.40	48.27	n/s	30.61	45.02	39.74	40.80	<.05
			40.89	36.12	46.42	37.21		62.63	44.18	49.38	47.08	
			5.32	9.49	11.18	14.52		6.75	10.80	10.88	12.12	
US18	Hand-washing	0-Not mentioned/no policy 1-Vague/suggested 2-Ensures assistance with hand-washing/facilitating	87.71	85.19	77.64	79.64	n/s	85.13	80.63	79.90	76.25	n/s
			2.86	3.52	5.22	2.84		4.39	5.27	5.51	5.02	
			9.43	11.28	17.13	17.52		10.47	14.10	14.59	18.73	
US19	Nutrition qualifications of meal staff	0-Not mentioned/no policy 1-Vague/suggested 2-Required	85.12	82.67	68.93	76.04	<.1	63.83	78.72	67.34	71.77	n/s
			0.68	0.94	1.66	0.00		0.52	0.68	1.95	0.00	
			14.20	16.39	29.42	23.96		35.65	20.60	30.71	28.23	
US20	Training for food service staff	0-Not mentioned/no policy 1-Vague/suggested 2-Required	78.79	79.22	66.50	79.12	n/s	55.14	74.16	63.97	71.37	<.01
			17.18	14.06	25.50	19.50		21.62	16.75	27.95	25.58	
			4.02	6.72	8.00	1.37		23.24	9.09	8.08	3.05	
US21	School meal environment	0-Not mentioned/no policy 1-Vague/suggested 2-Requires specifics strategies	53.08	54.44	45.59	49.58	<.1	29.59	46.10	41.84	42.14	<.05
			11.69	10.81	4.90	2.35		17.70	14.98	5.40	5.77	
			35.23	34.75	49.52	48.07		52.72	38.92	52.77	52.09	
US22*	Nutrition information for school meals	0-Not mentioned/no policy 1-Vague/suggested 2-Specific and required	87.19	75.60	82.47	77.50	n/s	65.44	72.18	84.04	75.94	n/s
			6.26	8.30	6.19	11.74		9.21	8.73	5.59	10.32	
			6.55	16.10	11.34	10.76		25.35	19.09	10.38	13.74	
US38a	Farm-to-school program	0-Not mentioned/no policy 1-Vague/suggested 2-Specific and required	93.08	94.73	91.92	97.67	n/s	89.96	94.97	90.48	93.09	n/s
			5.43	4.75	8.08	2.33		8.40	4.59	9.52	5.90	
			1.49	0.52	0.00	0.00		1.63	0.43	0.00	1.02	
COMPETITIVE FOODS												
NG23*	FW: Nutrition guidelines for all foods outside of the school meal program during the SD	0-No goal/policy 1-Suggested or only meet Dietary Guidelines 2-Required/definitively in place	28.69	16.14	21.59	24.17	n/s	8.46	5.54	13.16	8.61	<.01
			19.68	33.71	32.56	23.16		18.77	35.67	40.46	35.76	
			51.63	50.15	45.85	52.67		72.78	58.79	46.38	55.63	
Access Restrictions												
NG23b	Competitive food and beverage ban	0-Not mentioned/no policy 1-Suggested or only applies to food (not bev) or visa versa 2-Required	94.73	95.97	99.49	98.22	n/s	94.26	94.33	99.08	97.02	n/s
			5.27	4.03	0.51	1.78		5.74	5.67	0.92	2.98	
			0.00	0.00	0.00	0.00		0.00	0.00	0.00	0.00	

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Bridging the Gap Weighted Student-level Wellness Policy Data by Grade Level and Locale, SY 06-07 and 07-08

(Items with * are included in Monograph)

			Middle School - Locale									
			SY 06-07					SY 07-08				
			% of students (weighted by grade level)					% of students (weighted by grade level)				
Variable	Description	Responses	Large to Mid-Size					Large to Mid-Size				
			City	Suburban	Rural	Township	Sig X ²	City	Suburban	Rural	Township	Sig X ²
NG23c	Nutrition guidelines apply to vending contracts	0-Not mentioned/no policy 1-Suggested/encouraged 2-Required	85.11	85.09	88.63	86.26	n/s	80.94	79.78	86.92	80.61	n/s
			2.98	3.54	3.87	0.64		2.65	4.90	5.02	3.34	
			11.91	11.37	7.50	13.10		16.42	15.32	8.06	16.04	
NG24*	Vending machines	0-Not mentioned/no policy 1-Suggested/limited restrictions 2-Ban or all F&B must meet guidelines	37.54	30.74	32.39	37.80	n/s	14.78	20.04	25.31	26.36	<.001
			42.45	52.57	61.11	45.68		41.62	55.02	67.07	48.86	
			20.01	16.69	6.50	16.52		43.60	24.94	7.61	24.79	
NG25*	School stores	0-Not mentioned/no policy 1-Suggested/limited restrictions 2-Ban or all F&B must meet guidelines	41.22	38.89	44.85	39.79	n/s	18.75	30.05	39.41	32.36	<.001
			41.40	47.59	50.71	42.25		40.47	49.05	53.65	47.04	
			17.38	13.52	4.44	17.97		40.78	20.89	6.94	20.59	
NG26*	A la carte	0-Not mentioned/no policy 1-Suggested/limited restrictions 2-Ban or all F&B must meet guidelines	38.10	33.00	33.02	37.29	n/s	14.71	23.34	27.52	28.81	<.001
			45.83	51.50	59.65	44.44		44.24	52.72	62.86	48.68	
			16.07	15.50	7.33	18.27		41.05	23.94	9.61	22.51	
NG27*	Class parties and celebrations	0-Not mentioned/no policy 1-Suggested/limited restrictions 2-Ban or all F&B must meet guidelines	50.03	44.97	50.97	45.88	n/s	29.31	38.29	47.55	34.32	<.01
			48.46	53.20	48.88	52.91		51.66	59.38	52.45	64.58	
			1.51	1.83	0.15	1.21		19.04	2.33	0.00	1.10	
NG28	Food from home for whole class	0-Not mentioned/no policy 1-Suggested/limited restrictions 2-Ban or all F&B must meet guidelines	50.03	44.26	50.97	45.33	n/s	29.31	37.96	47.55	34.32	<.01
			48.46	53.20	48.88	53.46		51.66	59.38	52.45	64.58	
			1.51	2.54	0.15	1.21		19.04	2.66	0.00	1.10	
NG29	Food before school	0-Not mentioned/no policy 1-Suggested/limited restrictions 2-Nutrition guidelines apply to before school sales	73.81	71.33	85.59	86.54	<.1	68.85	69.58	83.19	80.78	<.1
			18.50	19.61	11.91	8.98		9.58	15.27	8.53	7.59	
			7.69	9.06	2.49	4.47		21.56	15.15	8.27	11.63	
NG30	Food after school	0-Not mentioned/no policy 1-Suggested/limited restrictions 2-Nutrition guidelines apply to after school sales	92.55	91.77	91.85	93.06	n/s	90.94	91.92	89.93	93.41	n/s
			3.97	6.39	7.04	4.08		4.50	6.39	9.04	4.20	
			3.49	1.84	1.11	2.86		4.56	1.69	1.03	2.39	
NG31	Food at evening/community events	0-Not mentioned/no policy 1-Suggested/limited restrictions 2-Nutrition guidelines apply	85.83	90.54	81.80	77.12	<.05	84.65	86.41	81.18	78.06	n/s
			13.41	9.09	18.20	19.39		15.00	13.26	18.82	19.07	
			0.75	0.37	0.00	3.49		0.35	0.33	0.00	2.87	

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			Middle School - Locale									
			SY 06-07					SY 07-08				
			% of students (weighted by grade level)					% of students (weighted by grade level)				
Variable	Description	Responses	Large to Mid-Size					Large to Mid-Size				
			City	Suburban	Rural	Township	Sig X ²	City	Suburban	Rural	Township	Sig X ²
NG32	Fundraisers	0-Not mentioned/no policy	47.82	47.04	55.28	50.78	n/s	24.23	35.54	52.97	39.57	<.001
		1-Limited restrictions or only fundraisers during SD	50.71	52.96	43.58	47.60		56.54	63.50	45.95	59.65	
		2-Nutrition guidelines apply to all fundraisers	1.47	0.00	1.14	1.62		19.24	0.96	1.08	0.78	
NG40*	Use of food as a reward/punishment	0-Not mentioned/no policy or encourages healthy food as reward	71.86	69.53	59.95	73.24	n/s	70.49	61.79	58.67	66.84	n/s
		1-Discourage food as a reward/prohibit as punishment	19.32	23.49	27.86	21.40		20.82	30.56	33.13	27.02	
		2-Prohibits using food as a reward/punishment	8.82	6.98	12.20	5.37		8.68	7.65	8.21	6.14	
Content Restrictions												
NG33*	Sugar content of Foods	0-Not mentioned/no policy	59.08	54.19	70.72	63.51	<.05	47.81	41.07	65.34	54.34	<.01
		1-Suggested/limited restrictions	26.19	37.27	23.46	19.98		22.18	38.12	24.02	21.31	
		2-Specific and required or competitive food ban	14.72	8.53	5.82	16.52		30.02	20.81	10.64	24.34	
NG34*	Fat content of foods	0-Not mentioned/no policy	44.68	41.57	49.56	44.13	n/s	22.60	31.44	48.57	39.04	<.001
		1-Suggested/limited restrictions	31.57	44.25	36.47	30.20		20.94	38.76	33.21	28.12	
		2-Specific and required or competitive food ban	23.75	14.18	13.96	25.66		56.47	29.80	18.22	32.84	
NG35	Sodium content of foods	0-Not mentioned/no policy	75.08	75.78	71.31	69.31	n/s	52.03	70.37	71.33	64.99	<.001
		1-Suggested/limited restrictions	17.23	20.62	23.31	21.72		17.99	22.43	22.19	23.44	
		2-Specific and required or competitive food ban	7.69	3.60	5.38	8.96		29.97	7.20	6.48	11.58	
NG36*	Calorie content per serving size	0-Not mentioned/no policy	74.44	81.19	87.77	81.18	<.01	72.52	76.43	83.09	80.61	<.05
		1-Suggested/limited restrictions	17.69	15.73	12.08	7.33		8.30	10.30	12.87	2.36	
		2-Specific and required or competitive food ban	7.87	3.07	0.15	11.48		19.18	13.27	4.04	17.03	
NG37	Serving size of foods	0-Not mentioned/no policy	68.62	65.47	64.47	67.46	n/s	48.46	57.44	65.41	67.23	n/s
		1-Suggested/limited restrictions	12.01	21.49	18.52	9.96		28.69	22.40	15.73	11.03	
		2-Specific and required or competitive food ban	19.37	13.04	17.01	22.58		22.85	20.16	18.87	21.73	
NG38	Whole/unprocessed & fresh food availability	0-Not mentioned/no policy	52.95	52.96	53.55	54.20	n/s	32.45	47.13	53.89	47.70	<.05
		1-Suggested	41.80	37.48	38.83	37.69		45.34	43.23	38.25	46.21	
		2-Specific and required	5.25	9.56	7.62	8.11		22.21	9.65	7.86	6.09	
NG39	Ingredients with questionable effects (e.g., trans fats, artificial sweeteners)	0-Not mentioned/no policy	81.18	78.98	80.40	74.64	n/s	52.26	67.96	76.58	68.58	<.001
		1-Suggested/limited restrictions	8.99	15.73	16.59	12.90		16.95	25.63	19.16	20.19	
		2-Specific and required or competitive food ban	9.84	5.29	3.02	12.46		30.79	6.40	4.26	11.23	

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			Middle School - Locale									
			SY 06-07					SY 07-08				
			% of students (weighted by grade level)					% of students (weighted by grade level)				
Variable	Description	Responses	Large to Mid-Size					Large to Mid-Size				
			City	Suburban	Rural	Township	Sig X ²	City	Suburban	Rural	Township	Sig X ²
NG41*	Nutrition information provided for competitive foods	0-Not mentioned/no policy	94.51	88.95	91.08	96.46	n/s	75.93	85.67	90.25	93.63	<.01
		1-Suggested	2.12	5.08	5.60	2.01		2.01	6.88	5.75	2.92	
		2-Specific and required or competitive food ban	3.37	5.97	3.31	1.53		22.05	7.45	4.00	3.45	
NG42	Sugar content of beverages	0-Not mentioned/no policy	52.07	53.82	61.30	56.37	n/s	30.26	45.96	61.82	53.15	<.001
		1-Suggested/limited restrictions	38.32	43.10	36.35	39.29		40.29	49.72	33.94	39.27	
		2-Specific and required or competitive food ban	9.61	3.07	2.35	4.34		29.46	4.32	4.24	7.58	
NG43	Fat content of beverages	0-Not mentioned/no policy	89.03	81.70	84.76	85.41	<.1	88.19	81.08	89.20	85.82	<.1
		1-Suggested/limited restrictions	3.74	11.81	13.56	10.25		3.25	10.40	7.58	7.24	
		2-Specific and required or competitive food ban	7.23	6.48	1.68	4.34		8.56	8.51	3.22	6.94	
NG44*	Calorie content of beverages	0-Not mentioned/no policy	95.86	91.36	94.27	91.04	n/s	93.34	86.95	93.69	91.25	n/s
		1-Suggested/limited restrictions	3.51	7.96	5.73	6.63		6.14	12.34	6.31	7.12	
		2-Specific and required or competitive food ban	0.64	0.67	0.00	2.34		0.52	0.71	0.00	1.63	
NG45*	Regular soda	0-Not mentioned/no policy	44.85	48.39	51.55	52.31	n/s	21.24	39.62	48.75	45.31	<.001
		1-Suggested/limited restrictions	13.00	19.36	20.89	12.34		10.64	18.29	21.75	13.31	
		2-Banned	42.15	32.25	27.56	35.35		68.12	42.09	29.50	41.38	
NG46*	Beverages (other than soda) with added caloric sweeteners	0-Not mentioned/no policy	79.06	78.47	80.78	72.48	n/s	59.25	75.10	79.96	75.06	<.001
		1-Suggested/limited restrictions	14.26	17.50	17.54	23.19		14.42	20.31	16.83	18.00	
		2-Banned	6.69	4.03	1.68	4.34		26.32	4.60	3.22	6.94	
NG47	Sugar/calorie content of milk	0-Not mentioned/no policy	83.40	85.99	85.14	81.85	n/s	79.87	82.18	85.30	86.25	<.05
		1-Suggested/limited restrictions	8.63	9.40	12.17	14.60		8.37	13.06	11.40	11.26	
		2-Specific and required or competitive food ban	7.97	4.61	2.69	3.54		11.77	4.76	3.30	2.48	
NG48*	Fat content of milk	0-Not mentioned/no policy	67.25	74.97	73.22	64.47	n/s	44.84	69.59	73.26	61.63	<.001
		1-Suggested/limited restrictions	28.45	23.08	23.46	30.84		29.10	27.79	22.97	33.51	
		2-Specific and required or competitive food ban	4.30	1.96	3.32	4.69		26.06	2.62	3.78	4.86	
NG49	Serving size limit for beverages	0-Not mentioned/no policy	67.73	64.59	68.69	65.57	n/s	68.05	55.55	71.47	66.18	<.1
		1-Suggested/limited restrictions	24.49	30.56	24.64	27.40		16.75	29.00	14.87	18.86	
		2-Specific and required or competitive food ban	7.78	4.85	6.67	7.03		15.20	15.45	13.67	14.96	

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Variable	Description	Responses	Large to Mid-Size					Large to Mid-Size				
			City	Suburban	Rural	Township	Sig X ²	City	Suburban	Rural	Township	Sig X ²
NG50*	Caffeine content of beverages	0-Not mentioned/no policy 1-Suggested/limited restrictions 2-Specific and required or competitive food ban	80.76	77.33	85.70	72.63	<.1	57.33	74.88	85.86	74.59	<.001
			11.51	16.72	12.62	12.65		9.70	14.47	9.66	9.85	
			7.73	5.96	1.68	14.72		32.97	10.64	4.48	15.55	
NG51*	Availability of free drinking water throughout the school and school day	0-Not mentioned/no policy 1-Suggested/encouraged 2-Free water is always available	89.84	90.18	83.89	89.93	n/s	89.86	87.21	83.85	88.30	n/s
			3.55	2.66	2.62	2.36		4.91	3.78	3.69	2.01	
			6.61	7.16	13.49	7.71		5.24	9.01	12.45	9.69	
PHYSICAL EDUCATION (PE)												
PE52a*	PE addressed in district policy	0-Not mentioned/no policy 1-Definitively addressed	35.59	18.83	26.77	28.88	<.1	12.05	6.60	19.28	14.01	<.05
			64.41	81.17	73.23	71.12		87.95	93.40	80.72	85.99	
PE52	PE curriculum all grades	0-Not mentioned/no policy 1-Suggested/encouraged 2-Clear curriculum-all grades	54.51	32.87	46.34	52.48	<.05	30.15	24.33	45.71	41.41	<.05
			12.72	22.85	15.21	13.85		34.33	26.50	15.49	19.07	
			32.77	44.27	38.46	33.67		35.52	49.17	38.80	39.52	
PE53*	Time requirements for PE: ≥ 150 mins/week (ES)	0-Not mentioned/no policy 1- < NASPE standards or specifies days (not duration)	73.69	77.70	71.05	83.33	n/s	51.56	72.89	71.96	78.95	<.001
PE54*	≥ 225 mins/week (MS/HS)	2- ≥ NASPE standards	24.98	18.88	24.17	16.67		47.35	21.81	23.91	20.27	
PE55*			1.33	3.42	4.78	0.00		1.09	5.30	4.12	0.78	
PE56*	PE teaches physically active lifestyle	0-Not mentioned/no policy 1- Suggested/encouraged 2- Required	52.80	32.85	42.24	52.80	<.01	29.86	25.96	38.20	39.74	n/s
			9.29	11.67	9.34	1.07		8.36	10.22	8.35	5.47	
			37.91	55.48	48.42	46.14		61.78	63.82	53.46	54.79	
PE57	PE competency (skills, knowledge) assessment	0-Not mentioned/no policy 1- Suggested/encouraged 2- Required	68.24	53.57	59.64	62.51	<.05	46.68	48.90	56.91	57.43	<.01
			12.68	17.64	8.23	6.38		30.78	19.77	9.03	8.02	
			19.07	28.78	32.13	31.10		22.54	31.32	34.06	34.55	
PE58	PE quality	0-Not mentioned/no policy 1- Suggested/encouraged 2- Curriculum aligned with stds/benchmarks, sequential	60.23	45.74	55.74	56.41	<.1	38.06	41.83	51.79	49.70	<.05
			12.21	15.92	12.69	4.20		28.87	18.00	13.35	5.62	
			27.56	38.34	31.57	39.39		33.07	40.16	34.86	44.68	
PE59	Inclusive play	0-Not mentioned/no policy 1- Suggested/encouraged 2- Required	64.98	50.41	58.95	65.35	<.05	45.28	45.20	58.37	58.45	<.01
			8.59	12.67	3.89	2.33		25.64	15.15	3.48	2.24	
			26.42	36.92	37.16	32.33		29.08	39.65	38.15	39.31	

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			City	Suburban	Rural	Township	Sig X ²	City	Suburban	Rural	Township	Sig X ²	
PE60	PE courses/credits required for graduation	0-Not mentioned/no policy 1- Suggested/encouraged 2- Required	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
PE61	Daily PE requirement	0-Not mentioned/no policy 1- Suggested/encouraged 2- Required	96.77	92.70	89.25	92.63	<.1	76.24	90.49	92.23	91.45	<.01	
			1.85	1.93	6.76	1.62		21.22	4.12	4.81	3.94		
			1.38	5.37	3.99	5.75		2.54	5.39	2.95	4.62		
PE62	Teacher-student ratio for PE	0-Not mentioned/no policy 1- Suggested 2- Specific and required	92.18	89.89	85.06	90.86	n/s	71.45	87.12	85.67	89.15	<.01	
			7.82	8.09	14.94	7.16		28.55	10.11	14.33	9.14		
			0.00	2.02	0.00	1.99		0.00	2.77	0.00	1.70		
PE63	Safe/adequate equipment/ facilities	0-Not mentioned/no policy 1- Suggested 2- Specific and required	85.96	80.94	80.64	82.27	n/s	62.25	76.34	81.09	78.11	<.01	
			6.85	10.24	6.88	4.90		29.62	12.22	7.98	7.77		
			7.20	8.82	12.48	12.83		8.13	11.44	10.93	14.12		
PE64*	Moderate-to-vigorous activity	0-Not mentioned/no policy 1- Moderate-to-vigorous activity addressed but <50% time or not specified 2- ≥ 50% class time devoted to moderate-to-vigorous activity	73.03	77.17	69.95	70.20	n/s	54.92	71.10	69.73	68.21	<.01	
			22.03	18.91	21.63	18.77		40.13	22.47	19.38	21.31		
			4.95	3.92	8.42	11.02		4.95	6.44	10.89	10.48		
PE65*	Qualifications of PE instructors	0-Not mentioned/no policy 1- Suggested 2- Requires PE to be taught by qualified instructors	79.96	64.15	63.92	72.95	<.01	55.58	57.16	63.92	68.12	<.001	
			11.67	12.03	12.28	4.11		30.15	12.63	13.24	4.61		
			8.37	23.82	23.80	22.94		14.27	30.21	22.84	27.27		
PE66	Training for PE instructors	0-Not mentioned/no policy 1- Suggested or training for teachers generally (not PE-specific) 2- Provision of PE training for PE instructors	77.67	85.04	79.61	87.04	n/s	74.89	83.64	80.59	81.43	n/s	
			11.45	7.36	8.89	3.93		14.39	8.47	9.04	7.56		
			10.88	7.60	11.50	9.03		10.72	7.88	10.37	11.01		
PE67	Prohibits waivers for PE	0-Not mentioned/no policy 1- Suggested 2- PE waivers prohibited	93.50	94.30	90.66	94.53	n/s	93.16	93.17	92.74	94.92	n/s	
			4.41	2.69	4.93	1.99		4.91	3.05	3.43	1.70		
			2.09	3.01	4.41	3.49		1.93	3.78	3.83	3.38		
PE68	Annual health assessment	0-Not mentioned/no policy 1- Suggested/vague 2- Specific and required	73.27	66.29	74.57	74.51	n/s	51.65	60.89	74.36	64.04	<.05	
			25.98	32.33	25.43	25.49		47.44	36.86	25.64	35.96		
			0.75	1.37	0.00	0.00		0.92	2.25	0.00	0.00		

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Bridging the Gap Weighted Student-level Wellness Policy Data by Grade Level and Locale, SY 06-07 and 07-08

(Items with * are included in Monograph)

			Middle School - Locale									
			SY 06-07					SY 07-08				
			% of students (weighted by grade level)					% of students (weighted by grade level)				
Variable Description	Responses	Large to Mid-Size					Large to Mid-Size					
		City	Suburban	Rural	Township	Sig X ²	City	Suburban	Rural	Township	Sig X ²	
PE68a* BMI (ch. 7 of mono)	0-Not mentioned/no policy	82.68	82.18	86.59	80.65	n/s	61.46	80.14	83.19	74.22	<.01	
	1- BMI suggested (with or without reporting)	16.57	16.45	12.83	19.35		38.19	18.26	16.14	25.78		
	2- BMI required without reporting	0.00	0.00	0.58	0.00		0.00	0.37	0.67	0.00		
	3- BMI required with reporting	0.75	1.37	0.00	0.00		0.35	1.22	0.00	0.00		
PHYSICAL ACTIVITY (PA)												
PA69* FW: Physical activity (PA) goals	0- No goal/policy	31.89	21.23	18.42	23.60	n/s	10.62	10.17	11.17	7.46	n/s	
	1- PA goal suggested or repeats FW language	3.09	1.52	1.84	1.66		2.23	1.25	2.98	1.10		
	2- PA goal specified	65.02	77.25	79.74	74.73		87.15	88.58	85.85	91.44		
PA70* PA outside of PE for every grade level	0-Not mentioned/no policy	47.49	46.45	38.68	48.98	n/s	42.90	39.43	34.81	39.91	n/s	
	1- Suggested/vague or not clear PA for all grades	18.70	30.51	25.12	22.68		18.16	32.48	28.42	28.87		
	2- Clear each grade will get PA outside of PE	33.80	23.05	36.19	28.34		38.94	28.09	36.77	31.22		
PA72* PA throughout the day	0-Not mentioned/no policy	62.02	60.11	49.19	49.51	n/s	36.15	54.28	47.67	43.92	<.05	
	1- Suggested	32.03	31.11	43.99	43.62		55.03	34.28	46.32	50.18		
	2- Required	5.95	8.78	6.82	6.87		8.82	11.43	6.01	5.90		
PA73 Intramurals, interscholastic, extracurricular activities	0-Not mentioned/no policy	70.60	67.15	60.54	64.81	n/s	47.43	63.88	60.58	50.71	<.1	
	1- Suggested	15.62	17.19	20.60	23.69		34.59	18.63	20.58	33.46		
	2- Required/definitively offered	13.77	15.66	18.85	11.50		17.98	17.49	18.85	15.83		
PA74 Community use of school facilities for physical activity purposes	0-Not mentioned/no policy	86.92	82.34	76.37	75.47	<.1	65.39	80.16	73.67	72.58	n/s	
	1- Suggested	6.46	7.05	7.07	14.81		9.17	8.58	4.79	12.35		
	2- Required/definitively in place	6.62	10.62	16.55	9.72		25.44	11.27	21.54	15.07		
PA75 Safe (active) routes to school (SRTS)	0-Not mentioned/no policy	95.09	89.90	86.04	83.44	<.01	94.30	87.03	87.88	81.27	<.05	
	1- Suggested/encouraged	2.21	5.08	4.81	0.77		2.20	6.34	3.87	3.65		
	2- Ensures effort to promote SRTS	2.71	5.03	9.15	15.79		3.49	6.62	8.24	15.08		
PA76* Not using PA as punishment	0-Not mentioned/no policy	80.87	79.28	69.08	88.16	<.05	57.03	73.75	64.45	83.51	<.001	
	1- Suggested	10.06	7.29	8.48	6.61		32.23	10.05	14.02	9.52		
	2- Prohibits PA as punishment	9.07	13.42	22.44	5.24		10.74	16.20	21.53	6.97		
PA77* Daily recess	0-Not mentioned/no policy											
	1- Suggested or frequency vague	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	
	2- Required											

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(Items with * are included in Monograph)

			Middle School - Locale										
			SY 06-07					SY 07-08					
			% of students (weighted by grade level)					% of students (weighted by grade level)					
Variable	Description	Responses	Large to Mid-Size					Large to Mid-Size					
			City	Suburban	Rural	Township	Sig X ²	City	Suburban	Rural	Township	Sig X ²	
PA78	Recess quality to promote PA	0-Not mentioned/no policy 1- Suggested 2- Specific and required	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
STAFF PA/WELLNESS/MODELING													
PA71	PA opportunities for school staff	0-Not mentioned/no policy 1- Suggested 2- Required	83.45	84.38	83.15	89.94	n/s	80.13	81.87	83.49	83.31	n/s	
			13.61	11.77	9.80	8.49		16.59	14.69	9.94	16.00		
			2.94	3.85	7.06	1.57		3.29	3.44	6.57	0.68		
CP80	Staff wellness programs	0-Not mentioned/no policy 1- Suggested 2- Required/definitively in place	81.91	73.58	74.77	79.66	n/s	56.15	68.83	72.76	76.89	<.05	
			10.46	12.95	16.75	13.99		33.79	17.25	15.22	15.05		
			7.62	13.47	8.48	6.35		10.07	13.92	12.02	8.07		
CP82	Staff to role model healthy behaviors	0-Not mentioned/no policy 1- Suggested 2- Require schools to encourage staff modeling	73.79	69.36	70.51	69.97	n/s	69.57	66.56	69.75	64.34	n/s	
			3.09	7.16	8.97	10.32		4.37	7.00	10.27	14.30		
			23.12	23.48	20.52	19.71		26.06	26.44	19.97	21.36		
STAKEHOLDER INVOLVEMENT/FEEDBACK													
CP79	FW: Stakeholders involved in development of wellness policy	0-Not mentioned/no policy 1- Suggested or not clear all reqd. stakeholders involved 2- All reqd. stakeholders involved in policy dev.	60.56	71.46	50.71	64.70	<.05	39.05	67.23	50.44	57.55	<.001	
			16.72	13.08	16.81	16.47		36.69	14.05	17.28	14.81		
			22.71	15.46	32.47	18.83		24.27	18.72	32.28	27.64		
CP85	Methods to solicit input	0-Not mentioned/no policy 1- Suggested/vague 2- Required and specific	76.79	64.19	67.02	67.56	n/s	57.86	59.32	64.70	58.94	n/s	
			13.10	17.20	12.37	18.77		13.57	17.42	18.34	28.25		
			10.11	18.62	20.61	13.67		28.57	23.26	16.96	12.81		
CP86	How to engage parents/ community	0-Not mentioned/no policy 1- Suggested/vague 2- Required and specific	77.01	65.53	66.78	60.82	n/s	51.48	60.56	69.35	51.24	<.001	
			9.72	9.25	10.83	12.09		28.99	9.22	8.38	18.37		
			13.27	25.21	22.40	27.09		19.54	30.22	22.27	30.39		
CP87	Content communicated to parents	0-Not mentioned/no policy 1- Suggested/vague 2- Required and specific	62.37	49.39	47.23	52.89	n/s	37.45	39.44	47.19	40.38	n/s	
			21.06	23.15	27.04	22.84		42.83	32.16	25.13	32.91		
			16.57	27.47	25.72	24.27		19.72	28.40	27.68	26.71		
CP90*	Ongoing health advisory (ch. 7 of committee mono)	0-Not mentioned/no policy 1- Suggested/vague 2- Required and clearly ongoing	61.49	51.53	44.92	49.73	n/s	34.79	40.12	37.61	33.79	n/s	
			10.02	11.71	9.49	10.85		11.08	14.51	12.79	14.36		
			28.49	36.75	45.59	39.43		54.13	45.37	49.59	51.85		

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(Items with * are included in Monograph)

			Middle School - Locale									
			SY 06-07					SY 07-08				
			% of students (weighted by grade level)					% of students (weighted by grade level)				
Variable Description	Responses		Large to Mid-Size					Large to Mid-Size				
			City	Suburban	Rural	Township	Sig X ²	City	Suburban	Rural	Township	Sig X ²
MESSAGING, MARKETING, & PROMOTION												
CP81	Consistency of nutrition messages	0-Not mentioned/no policy 1- Suggested/vague 2-Specific and required	49.42 28.96 21.62	47.30 31.02 21.69	40.14 36.32 23.54	41.67 35.81 22.52	n/s	23.18 53.26 23.56	41.10 34.55 24.34	33.33 45.65 21.02	27.04 51.17 21.79	<.05
CP83	Responsible for communication	0-Not mentioned/no policy 1- Suggested/vague 2- Specific and required	75.19 14.01 10.80	62.99 24.60 12.41	65.19 27.44 7.37	65.60 26.32 8.08	n/s	53.66 31.27 15.80	57.07 29.30 13.63	65.62 26.97 7.41	59.06 32.64 8.30	n/s
CP84	Coordinated School Health program	0-Not mentioned/no policy 1- Suggested/vague 2- Definitely in place	73.61 5.47 20.92	76.58 5.49 17.93	82.47 4.93 12.60	83.14 5.04 11.82	n/s	66.74 6.56 26.69	70.99 6.30 22.71	83.23 4.14 12.64	80.91 4.37 14.73	n/s
CP88*	Marketing healthy choices (ch. 5 of mono)	0-Not mentioned/no policy 1- Suggested/vague 2- Specific and required	80.05 12.72 7.23	79.87 11.54 8.59	74.23 13.36 12.40	76.96 15.44 7.60	n/s	77.12 15.86 7.02	76.47 13.13 10.40	76.27 12.35 11.38	75.95 14.76 9.29	n/s
CP89*	Advertising/marketing of unhealthy choices (ch. 5 of mono)	0-Not mentioned/no policy 1- Suggested prohibition/restricted 2- Prohibited	80.95 6.61 12.45	82.37 11.33 6.30	87.12 3.76 9.12	80.31 7.43 12.26	n/s	62.64 8.01 29.35	80.17 11.02 8.81	86.52 3.62 9.86	79.29 6.40 14.32	<.001
EVALUATION & IMPLEMENTATION												
E91	FW: Plan for measuring implementation, including designating person responsible	0-Not mentioned/no policy 1- Suggested or does not designate responsible person 2- Specific and required	33.88 7.58 58.54	24.80 5.45 69.74	23.56 5.01 71.42	27.36 3.34 69.30	n/s	10.37 6.68 82.95	14.41 7.38 78.21	17.14 5.84 77.02	13.34 2.39 84.27	n/s
E92*	Plan for implementation	0-Not mentioned/no policy 1- Suggested or does not designate responsible person 2- Specific and required with responsible person	38.59 5.64 55.77	26.50 7.15 66.35	26.38 5.67 67.95	30.70 5.98 63.32	n/s	13.35 6.21 80.43	15.94 8.05 76.01	18.88 6.85 74.27	15.73 4.94 79.33	n/s
E93*	Plan for evaluation	0-Not mentioned/no policy 1- Suggested 2- Specific and required	59.48 31.09 9.43	60.13 31.58 8.29	50.61 40.75 8.65	58.19 36.53 5.28	n/s	36.18 55.58 8.24	53.12 33.62 13.26	44.53 47.00 8.47	42.27 52.57 5.16	<.01
E94*	Audience and frequency of reporting	0-Not mentioned/no policy 1- Suggested 2- Specific and required	59.85 12.85 27.30	55.27 20.99 23.74	50.34 23.14 26.52	51.09 25.68 23.23	n/s	35.35 32.89 31.76	50.89 22.45 26.67	45.95 26.51 27.54	38.69 27.87 33.45	n/s
E95*	Funding support	0-Not mentioned/no policy	97.11	94.50	87.93	89.14	n/s	97.53	94.34	89.75	87.66	<.1

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			Middle School - Locale									
			SY 06-07					SY 07-08				
			% of students (weighted by grade level)					% of students (weighted by grade level)				
Variable Description	Responses	Large to Mid-Size					Large to Mid-Size					
		City	Suburban	Rural	Township	Sig X ²	City	Suburban	Rural	Township	Sig X ²	
	1- Suggested	2.20	4.16	9.70	7.03		1.73	4.15	8.54	9.06		
	2- Identifies a specific source of funding	0.69	1.35	2.37	3.82		0.73	1.51	1.70	3.28		
E96*	Plan for revising the policy	0-Not mentioned/no policy	70.06	71.82	61.72	66.72	n/s	63.99	65.28	59.40	60.30	n/s
		1- Suggested	8.99	8.38	7.64	9.34		7.56	7.82	7.91	10.95	
		2- Specific and required	20.95	19.80	30.64	23.93		28.45	26.90	32.69	28.75	
E100	Requires district to report _____ to the state	0-Not mentioned/no policy	100.00	99.32	100.00	100.00	n/s	100.00	99.28	100.00	100.00	n/s
		1- Yes	0.00	0.68	0.00	0.00		0.00	0.72	0.00	0.00	

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Note 1: Data have been recoded to reflect only policies in effect as of day after Labor Day for each SY (proxy for first day of SY as per FW requirement)

Note 2: Weighted data adjusted for non-response

Note 3: Significance levels in these tables are based on bivivariate analyses only. Full monograph highlights significant multivariate findings.

			High School - Locale									
			SY 06-07					SY 07-08				
			% of students (weighted by grade level)					% of students (weighted by grade level)				
Variable Description	Responses	Large to Mid-Size					Large to Mid-Size					
		City	Suburban	Rural	Township	Sig X ²	City	Suburban	Rural	Township	Sig X ²	
NUTRITION EDUCATION												
NE1*	FW: Nutrition education goal	0-No goal/policy	25.74	20.55	21.03	22.31	n/s	5.51	10.39	12.48	9.61	n/s
		1-NE goal suggested or repeats FW language	3.43	0.89	3.63	0.00		2.44	0.85	3.51	0.91	
		2-NE goal specified	70.82	78.56	75.34	77.69		92.05	88.76	84.01	89.47	
NE2*	Nutrition education curriculum	0-Not mentioned/no policy	41.65	34.91	41.48	32.81	n/s	42.15	27.03	36.90	23.06	n/s
		1-Curriculum reqd/suggested, not clear all grades	31.02	27.76	32.65	34.93		27.48	32.43	38.25	41.76	
		2-Clear NE curriculum, all grades	27.33	37.33	25.87	32.26		30.37	40.54	24.86	35.18	
NE3	Nutrition education within larger school community	0-Not mentioned/no policy	47.31	40.93	38.30	38.35	n/s	21.27	35.46	34.53	25.34	<.05
		1-Vague/suggested	45.01	46.45	48.56	56.02		71.31	49.85	51.80	66.79	
		2-Yes, with specific strategies	7.68	12.62	13.14	5.63		7.42	14.69	13.66	7.87	
NE4	Nutrition education beyond school environment	0-Not mentioned/no policy	59.78	59.97	49.49	60.20	n/s	32.30	51.91	47.58	51.80	<.01
		1-Vague/suggested	36.07	33.05	37.65	34.84		64.56	40.74	41.00	43.74	
		2-Yes, with specific strategies	4.16	6.98	12.87	4.96		3.14	7.35	11.42	4.46	
NE5	Nutrition education training for teachers	0-Not mentioned/no policy	64.04	75.43	66.39	71.05	n/s	39.87	71.06	66.15	72.15	<.001
		1-Vague/suggested or just a subset of teachers	27.35	18.89	22.68	25.93		50.98	22.29	22.93	24.81	
		2-Required for all teachers	8.60	5.67	10.94	3.02		9.14	6.66	10.92	3.04	
NE6*	Nutrition education integrated into other subjects	0-Not mentioned/no policy	60.19	57.66	55.46	54.77	n/s	55.79	50.23	53.87	51.53	n/s
		1-Vague/suggested	19.45	16.66	16.84	12.86		23.76	17.33	21.18	15.85	
		2-Required	20.36	25.68	27.70	32.37		20.46	32.44	24.95	32.62	
NE7*	Nutrition education teaches behavior-focused skills	0-Not mentioned/no policy	42.34	35.94	33.66	35.90	n/s	18.62	26.85	28.78	25.77	<.01
		1-Vague/suggested	23.67	17.40	20.85	21.60		46.60	21.62	23.02	24.89	
		2-Required	33.98	46.65	45.49	42.50		34.78	51.53	48.20	49.34	
NE8	Number of nutrition education courses/hours	0-Not mentioned/no policy	97.03	97.63	97.51	96.99	n/s	95.16	96.33	95.84	97.44	n/s
		1-Vague/suggested or not all grades	2.97	2.37	0.96	3.01		4.84	3.67	1.05	2.56	
		2-Specified	0.00	0.00	1.53	0.00		0.00	0.00	3.11	0.00	
NE9	Nutrition education quality	0-Not mentioned/no policy	52.40	42.72	50.84	43.20	n/s	51.29	38.66	43.16	34.80	n/s

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		High School - Locale										
		SY 06-07					SY 07-08					
		% of students (weighted by grade level)					% of students (weighted by grade level)					
Variable Description	Responses	Large to Mid-Size					Large to Mid-Size					
		City	Suburban	Rural	Township	Sig X ²	City	Suburban	Rural	Township	Sig X ²	
	1-Vague/suggested	15.25	14.98	12.15	17.16		14.41	14.69	14.78	20.87		
	2-Curriculum aligned with benchmarks/standards, sequential	32.35	42.30	37.01	39.64		34.30	46.64	42.06	44.33		
SCHOOL MEALS												
US10*	FW: Guidelines for school meals are not less restrictive than federal requirements	0-No goal/policy	32.84	26.81	24.30	26.03	n/s	11.41	16.05	14.94	12.92	n/s
		1-Should/strive to meet federal school meals regs	0.81	1.00	3.86	0.00		1.01	1.01	4.97	1.22	
		2-Will meet federal school meal regulations	66.35	72.20	71.84	73.97		87.58	82.94	80.09	85.86	
US11*	School Breakfast Program	0-Not mentioned/no policy	45.44	42.40	46.71	42.82	n/s	21.47	35.26	42.94	32.87	<.05
		1-Suggests/promotes general breakfast program or encourages healthy breakfast	16.84	14.26	16.67	19.87		14.70	16.51	16.30	20.84	
		2-Clearly offers national SBP	37.72	43.35	36.63	37.31		63.83	48.23	40.76	46.29	
US12	Summer Food Service Program	0-Not mentioned/no policy	88.30	92.10	98.89	91.25	n/s	59.07	91.11	97.27	89.87	<.001
		1-Suggests/promotes general summer food program	5.04	2.10	0.53	3.53		6.47	2.24	1.28	3.34	
		2-Clearly offers national Summer Food Program	6.66	5.80	0.58	5.22		34.46	6.65	1.45	6.78	
US13*	Specifies guidelines beyond US Dietary Guidelines	0-Not mentioned/no policy	59.53	55.62	60.15	65.31	n/s	35.69	49.90	60.07	53.50	<.01
		1-Vague/suggested or meet Dietary Guidelines	32.27	33.27	26.87	27.74		30.53	37.14	28.14	36.75	
		2-Clearly exceed Dietary Guidelines	8.20	11.11	12.98	6.96		33.77	12.96	11.79	9.75	
US14	Using low-fat versions of foods/cooking methods	0-Not mentioned/no policy	79.04	87.14	83.06	88.41	n/s	77.96	84.29	83.76	82.57	n/s
		1-Vague/suggested	17.06	11.23	13.16	11.59		14.92	13.76	13.13	15.30	
		2-Specific and required	3.90	1.63	3.79	0.00		7.12	1.95	3.12	2.13	
US15	Strategies to increase participation in school meal programs	0-Not mentioned/no policy	71.26	61.53	63.48	58.00	<.1	42.81	58.77	59.94	50.04	<.01
		1-Vague/suggested	20.48	27.35	19.41	35.56		21.64	29.82	24.22	39.90	
		2-Specific and required	8.26	11.11	17.11	6.43		35.55	11.41	15.84	10.06	
US16	Optimizes meal scheduling	0-Not mentioned/no policy	78.39	73.55	65.29	69.58	<.1	77.99	67.64	65.12	60.64	<.05
		1-Vague/suggested	21.61	24.44	28.25	27.73		22.01	29.36	27.69	32.77	
		2-Specific and required	0.00	2.02	6.46	2.70		0.00	3.01	7.19	6.59	

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Bridging the Gap Weighted Student-level Wellness Policy Data by Grade Level and Locale, SY 06-07 and 07-08

(Items with * are included in Monograph)

			High School - Locale									
			SY 06-07					SY 07-08				
			% of students (weighted by grade level)					% of students (weighted by grade level)				
Variable	Description	Responses	Large to Mid-Size					Large to Mid-Size				
			City	Suburban	Rural	Township	Sig X ²	City	Suburban	Rural	Township	Sig X ²
US17*	Adequate time to eat (≥20 mins for lunch; ≥ 10 mins for breakfast)	0-Not mentioned/no policy 1-Vague/suggested or < time guidelines 2-Required	54.99	55.87	42.19	51.83	n/s	29.22	46.52	40.42	41.94	<.05
			39.68	36.74	45.65	34.41		64.45	44.73	48.34	46.13	
			5.33	7.39	12.15	13.76		6.33	8.76	11.24	11.93	
US18	Hand-washing	0-Not mentioned/no policy 1-Vague/suggested 2-Ensures assistance with hand-washing/facilitating	87.96	87.90	76.58	81.67	n/s	86.40	83.43	79.09	77.22	n/s
			3.41	2.85	5.09	3.14		4.58	4.44	5.35	5.24	
			8.62	9.25	18.34	15.19		9.02	12.13	15.56	17.53	
US19	Nutrition qualifications of meal staff	0-Not mentioned/no policy 1-Vague/suggested 2-Required	84.63	79.90	68.68	77.19	n/s	58.39	76.61	67.00	73.43	n/s
			0.78	0.88	1.78	0.00		0.52	0.62	2.19	0.00	
			14.60	19.21	29.55	22.81		41.09	22.77	30.81	26.57	
US20	Training for food service staff	0-Not mentioned/no policy 1-Vague/suggested 2-Required	81.18	76.47	64.55	80.30	<.1	52.68	71.33	62.57	72.29	<.01
			15.54	15.37	27.15	18.29		18.18	17.80	29.66	24.66	
			3.28	8.16	8.31	1.41		29.14	10.87	7.77	3.05	
US21	School meal environment	0-Not mentioned/no policy 1-Vague/suggested 2-Requires specifics strategies	53.90	53.81	44.40	52.12	<.1	28.35	45.33	41.23	43.54	<.05
			12.36	11.67	5.05	3.31		16.74	16.42	4.74	6.16	
			33.74	34.52	50.55	44.57		54.91	38.25	54.03	50.30	
US22*	Nutrition information for school meals	0-Not mentioned/no policy 1-Vague/suggested 2-Specific and required	89.30	76.15	83.73	80.92	n/s	63.50	73.31	83.59	78.33	n/s
			4.45	9.87	5.24	10.02		7.34	9.79	5.93	9.07	
			6.25	13.98	11.04	9.05		29.16	16.90	10.48	12.60	
US38a	Farm-to-school program	0-Not mentioned/no policy 1-Vague/suggested 2-Specific and required	92.86	96.51	92.54	97.68	n/s	90.57	96.68	91.35	92.99	n/s
			5.68	3.01	7.46	2.32		7.98	2.93	8.65	6.00	
			1.46	0.48	0.00	0.00		1.45	0.40	0.00	1.02	
COMPETITIVE FOODS												
NG23*	FW: Nutrition guidelines for all foods outside of the school meal program during the SD	0-No goal/policy 1-Suggested or only meet Dietary Guidelines 2-Required/definitively in place	28.91	21.23	25.44	23.24	n/s	9.04	11.26	17.16	7.15	<.1
			24.98	28.28	32.98	27.93		22.62	30.78	40.63	39.70	
			46.11	50.50	41.58	48.83		68.34	57.96	42.20	53.15	
Access Restrictions												
NG23b	Competitive food and beverage ban	0-Not mentioned/no policy 1-Suggested or only applies to food (not bev) or visa versa 2-Required	98.39	98.38	99.49	98.15	n/s	98.20	97.88	99.07	96.88	n/s
			1.61	1.62	0.51	1.85		1.80	2.12	0.93	3.12	
			0.00	0.00	0.00	0.00		0.00	0.00	0.00	0.00	

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(Items with * are included in Monograph)

			High School - Locale									
			SY 06-07					SY 07-08				
			% of students (weighted by grade level)					% of students (weighted by grade level)				
Variable	Description	Responses	Large to Mid-Size					Large to Mid-Size				
			City	Suburban	Rural	Township	Sig X ²	City	Suburban	Rural	Township	Sig X ²
NG23c	Nutrition guidelines apply to vending contracts	0-Not mentioned/no policy 1-Suggested/encouraged 2-Required	84.93	87.82	88.77	81.67	n/s	82.39	83.24	87.92	75.78	n/s
NG24*	Vending machines	0-Not mentioned/no policy 1-Suggested/limited restrictions 2-Ban or all F&B must meet guidelines	40.24	32.92	36.41	34.54	n/s	16.16	23.05	29.88	24.94	<.001
NG25*	School stores	0-Not mentioned/no policy 1-Suggested/limited restrictions 2-Ban or all F&B must meet guidelines	44.12	40.04	50.10	39.37	n/s	19.85	31.93	44.75	34.15	<.001
NG26*	A la carte	0-Not mentioned/no policy 1-Suggested/limited restrictions 2-Ban or all F&B must meet guidelines	40.85	34.59	37.52	36.56	n/s	16.04	25.71	32.56	29.97	<.01
NG27*	Class parties and celebrations	0-Not mentioned/no policy 1-Suggested/limited restrictions 2-Ban or all F&B must meet guidelines	48.44	46.80	52.04	43.89	n/s	28.15	42.23	50.84	34.93	<.01
NG28	Food from home for whole class	0-Not mentioned/no policy 1-Suggested/limited restrictions 2-Ban or all F&B must meet guidelines	48.44	46.16	52.04	43.89	n/s	28.15	41.91	50.84	34.93	<.01
NG29	Food before school	0-Not mentioned/no policy 1-Suggested/limited restrictions 2-Nutrition guidelines apply to before school sales	74.44	68.67	90.62	89.67	<.001	70.84	66.56	86.84	83.64	<.05
NG30	Food after school	0-Not mentioned/no policy 1-Suggested/limited restrictions 2-Nutrition guidelines apply to after school sales	94.00	93.07	89.84	92.61	n/s	92.45	92.99	89.45	92.78	n/s
NG31	Food at evening/community events	0-Not mentioned/no policy 1-Suggested/limited restrictions 2-Nutrition guidelines apply	87.27	91.12	82.43	78.58	n/s	87.12	87.34	81.51	77.47	n/s

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			SY 06-07					SY 07-08				
			% of students (weighted by grade level)					% of students (weighted by grade level)				
Variable	Description	Responses	Large to Mid-Size					Large to Mid-Size				
			City	Suburban	Rural	Township	Sig X ²	City	Suburban	Rural	Township	Sig X ²
NG32	Fundraisers	0-Not mentioned/no policy	50.57	50.16	58.17	50.35	n/s	24.71	38.56	55.47	40.29	<.001
		1-Limited restrictions or only fundraisers during SD	47.87	49.84	40.66	48.16		51.34	60.63	43.42	58.94	
		2-Nutrition guidelines apply to all fundraisers	1.56	0.00	1.16	1.49		23.96	0.81	1.11	0.77	
NG40*	Use of food as a reward/punishment	0-Not mentioned/no policy or encourages healthy food as reward	71.77	73.58	58.76	75.02	n/s	73.50	66.76	57.73	66.66	n/s
		1-Discourage food as a reward/prohibit as punishment	20.09	20.60	28.37	19.61		19.37	26.86	33.52	27.84	
		2-Prohibits using food as a reward/punishment	8.13	5.81	12.87	5.37		7.58	6.39	8.75	5.50	
Content Restrictions												
NG33*	Sugar content of Foods	0-Not mentioned/no policy	64.93	59.03	75.23	67.77	n/s	55.12	45.95	68.80	58.32	<.1
		1-Suggested/limited restrictions	24.75	33.99	20.33	22.29		23.63	33.51	25.21	25.55	
		2-Specific and required or competitive food ban	10.32	6.98	4.44	9.94		21.25	20.54	5.99	16.13	
NG34*	Fat content of foods	0-Not mentioned/no policy	50.32	42.47	53.70	47.55	n/s	25.38	33.33	52.36	41.17	<.001
		1-Suggested/limited restrictions	30.17	45.90	33.68	33.64		22.99	38.48	33.85	33.53	
		2-Specific and required or competitive food ban	19.51	11.64	12.62	18.82		51.62	28.18	13.78	25.30	
NG35	Sodium content of foods	0-Not mentioned/no policy	78.46	75.84	73.99	72.85	n/s	53.07	72.51	73.43	67.80	<.001
		1-Suggested/limited restrictions	16.83	21.49	21.91	21.42		17.03	23.01	23.01	26.25	
		2-Specific and required or competitive food ban	4.71	2.67	4.10	5.74		29.90	4.48	3.56	5.95	
NG36*	Calorie content per serving size	0-Not mentioned/no policy	87.90	89.15	90.86	88.69	n/s	78.83	75.02	85.15	83.19	n/s
		1-Suggested/limited restrictions	8.46	8.38	9.14	6.36		8.42	9.35	12.64	4.35	
		2-Specific and required or competitive food ban	3.64	2.46	0.00	4.95		12.74	15.63	2.21	12.46	
NG37	Serving size of foods	0-Not mentioned/no policy	71.16	73.12	66.94	66.42	n/s	49.08	65.66	67.13	66.29	n/s
		1-Suggested/limited restrictions	11.93	16.06	17.21	14.24		33.65	18.40	16.57	16.12	
		2-Specific and required or competitive food ban	16.91	10.82	15.86	19.34		17.27	15.94	16.30	17.59	
NG38	Whole/unprocessed & fresh food availability	0-Not mentioned/no policy	53.67	51.41	56.17	54.36	n/s	30.91	46.06	55.58	47.11	<.01
		1-Suggested	40.55	41.06	36.14	37.50		42.27	45.63	36.42	46.65	
		2-Specific and required	5.78	7.53	7.69	8.14		26.82	8.30	8.00	6.24	
NG39	Ingredients with questionable effects (e.g., trans fats, artificial sweeteners)	0-Not mentioned/no policy	84.05	79.25	81.35	77.10	n/s	52.03	70.93	77.39	69.71	<.001
		1-Suggested/limited restrictions	10.00	17.23	16.71	15.20		16.91	25.29	19.96	23.31	
		2-Specific and required or competitive food ban	5.95	3.52	1.94	7.70		31.06	3.78	2.65	6.98	

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Variable	Description	Responses	Large to Mid-Size					Large to Mid-Size				
			City	Suburban	Rural	Township	Sig X ²	City	Suburban	Rural	Township	Sig X ²
NG41*	Nutrition information provided for competitive foods	0-Not mentioned/no policy	94.02	89.29	91.04	96.16	n/s	71.23	86.58	90.19	93.24	<.001
		1-Suggested	2.24	5.42	5.74	2.21		1.90	6.65	5.90	3.15	
		2-Specific and required or competitive food ban	3.73	5.29	3.22	1.63		26.88	6.77	3.91	3.61	
NG42	Sugar content of beverages	0-Not mentioned/no policy	58.57	59.65	66.25	61.14	<.05	34.46	52.31	65.94	56.21	<.001
		1-Suggested/limited restrictions	33.57	38.51	32.51	38.86		34.99	46.26	31.92	42.37	
		2-Specific and required or competitive food ban	7.86	1.84	1.25	0.00		30.55	1.43	2.14	1.42	
NG43	Fat content of beverages	0-Not mentioned/no policy	90.29	84.36	87.68	89.37	<.1	91.37	84.11	91.18	89.71	<.05
		1-Suggested/limited restrictions	4.08	11.31	11.61	10.63		3.23	11.15	7.83	9.62	
		2-Specific and required or competitive food ban	5.63	4.33	0.72	0.00		5.40	4.74	0.98	0.67	
NG44*	Calorie content of beverages	0-Not mentioned/no policy	97.56	93.17	96.48	95.10	n/s	97.98	89.18	94.82	95.08	<.1
		1-Suggested/limited restrictions	1.64	4.52	3.52	4.90		1.43	8.54	5.18	4.92	
		2-Specific and required or competitive food ban	0.80	2.32	0.00	0.00		0.59	2.28	0.00	0.00	
NG45*	Regular soda	0-Not mentioned/no policy	59.51	63.89	58.39	62.09	n/s	29.22	46.52	54.29	49.55	<.001
		1-Suggested/limited restrictions	21.97	18.13	32.65	18.60		26.90	31.08	36.75	27.08	
		2-Banned	18.52	17.98	8.96	19.31		43.88	22.40	8.95	23.37	
NG46*	Beverages (other than soda) with added caloric sweeteners	0-Not mentioned/no policy	85.14	85.22	83.72	79.75	n/s	63.93	82.89	82.42	79.46	<.1
		1-Suggested/limited restrictions	10.26	12.94	15.56	20.25		31.49	15.95	16.60	19.87	
		2-Banned	4.60	1.84	0.72	0.00		4.59	1.16	0.98	0.67	
NG47	Sugar/calorie content of milk	0-Not mentioned/no policy	86.15	88.27	85.08	84.74	n/s	83.95	85.04	85.75	87.94	n/s
		1-Suggested/limited restrictions	8.61	8.12	12.37	14.67		7.59	11.10	11.51	11.52	
		2-Specific and required or competitive food ban	5.24	3.61	2.55	0.59		8.46	3.86	2.74	0.54	
NG48*	Fat content of milk	0-Not mentioned/no policy	83.72	85.12	78.85	73.92	n/s	46.55	68.72	77.64	67.11	<.001
		1-Suggested/limited restrictions	12.93	13.87	18.97	23.30		24.60	29.50	19.74	30.08	
		2-Specific and required or competitive food ban	3.35	1.01	2.17	2.78		28.85	1.78	2.62	2.81	
NG49	Serving size limit for beverages	0-Not mentioned/no policy	70.00	70.84	71.23	68.44	n/s	73.17	63.42	73.45	68.20	n/s
		1-Suggested/limited restrictions	24.68	25.63	23.52	27.60		16.76	25.52	15.60	21.00	
		2-Specific and required or competitive food ban	5.32	3.53	5.25	3.96		10.07	11.06	10.95	10.79	

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Variable	Description	Responses	Large to Mid-Size					Large to Mid-Size				
			City	Suburban	Rural	Township	Sig X ²	City	Suburban	Rural	Township	Sig X ²
NG50*	Caffeine content of beverages	0-Not mentioned/no policy 1-Suggested/limited restrictions 2-Specific and required or competitive food ban	86.23	81.95	88.70	75.23	n/s	60.72	80.27	88.46	75.54	<.001
			10.30	14.70	10.58	17.06		9.78	15.03	9.72	16.16	
			3.47	3.34	0.72	7.71		29.51	4.69	1.82	8.31	
NG51*	Availability of free drinking water throughout the school and school day	0-Not mentioned/no policy 1-Suggested/encouraged 2-Free water is always available	89.60	91.35	83.20	90.54	n/s	90.58	88.80	83.86	88.63	n/s
			3.88	2.29	2.69	2.74		4.52	3.33	3.81	2.31	
			6.53	6.36	14.12	6.72		4.89	7.87	12.33	9.06	
PHYSICAL EDUCATION (PE)												
PE52a*	PE addressed in district policy	0-Not mentioned/no policy 1-Definitively addressed	34.45	21.43	30.20	28.53	n/s	10.91	10.44	23.05	15.46	n/s
			65.55	78.57	69.80	71.47		89.09	89.56	76.95	84.54	
PE52	PE curriculum all grades	0-Not mentioned/no policy 1-Suggested/encouraged 2-Clear curriculum-all grades	55.32	36.41	51.75	48.53	<.1	28.96	28.71	51.46	37.12	<.05
			15.65	21.49	22.12	17.22		39.33	25.38	19.65	22.13	
			29.03	42.10	26.14	34.24		31.71	45.91	28.89	40.75	
PE53*	Time requirements for PE: ≥ 150 mins/week (ES)	0-Not mentioned/no policy 1- < NASPE standards or specifies days (not duration)	84.63	84.27	87.03	84.77	n/s	58.93	79.24	85.15	80.44	<.01
PE54*	≥ 225 mins/week (MS/HS)	2- ≥ NASPE standards	12.69	13.45	8.06	5.81		39.19	16.61	9.98	10.54	
PE55*			2.68	2.28	4.91	9.43		1.88	4.15	4.87	9.02	
PE56*	PE teaches physically active lifestyle	0-Not mentioned/no policy 1- Suggested/encouraged 2- Required	50.80	34.43	47.50	49.20	<.1	26.28	27.81	42.39	38.54	n/s
			8.00	9.60	8.99	1.29		6.58	8.78	8.77	2.59	
			41.20	55.98	43.51	49.51		67.13	63.41	48.84	58.87	
PE57	PE competency (skills, knowledge) assessment	0-Not mentioned/no policy 1- Suggested/encouraged 2- Required	65.41	53.62	64.66	57.85	<.1	40.81	49.91	60.50	52.63	<.01
			13.78	18.60	7.26	6.68		37.41	21.33	7.29	8.14	
			20.81	27.79	28.08	35.47		21.78	28.76	32.20	39.23	
PE58	PE quality	0-Not mentioned/no policy 1- Suggested/encouraged 2- Curriculum aligned with stds/benchmarks, sequential	58.35	45.88	60.13	52.43	<.1	33.77	42.20	56.38	44.70	<.01
			12.94	11.42	11.16	3.31		32.00	12.99	11.53	5.16	
			28.71	42.70	28.72	44.26		34.23	44.81	32.09	50.14	
PE59	Inclusive play	0-Not mentioned/no policy 1- Suggested/encouraged 2- Required	63.39	48.51	62.62	60.14	<.05	40.17	43.89	61.30	52.86	<.01
			7.89	12.56	3.70	2.52		29.02	15.09	3.23	2.53	
			28.72	38.93	33.68	37.34		30.81	41.01	35.46	44.61	

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PE60	PE courses/credits required for graduation	0-Not mentioned/no policy 1- Suggested/encouraged 2- Required	82.80 3.04 14.16	84.52 1.03 14.45	83.81 2.76 13.42	82.25 4.06 13.69	n/s	56.75 24.92 18.33	82.79 1.41 15.80	83.39 2.89 13.73	78.20 3.09 18.72	<.001
PE61	Daily PE requirement	0-Not mentioned/no policy 1- Suggested/encouraged 2- Required	96.93 2.33 0.84	90.76 3.56 5.68	91.15 5.26 3.58	93.49 1.49 5.02	n/s	72.14 27.62 0.24	90.92 5.38 3.71	93.44 3.93 2.64	95.11 0.77 4.12	<.001
PE62	Teacher-student ratio for PE	0-Not mentioned/no policy 1- Suggested 2- Specific and required	90.36 9.64 0.00	91.53 7.27 1.19	85.64 14.36 0.00	92.42 5.54 2.04	n/s	66.21 33.79 0.00	89.12 9.05 1.83	86.43 13.57 0.00	90.03 7.68 2.29	<.001
PE63	Safe/adequate equipment/ facilities	0-Not mentioned/no policy 1- Suggested 2- Specific and required	82.49 10.88 6.63	84.51 8.21 7.28	81.28 5.88 12.84	79.00 9.90 11.10	n/s	58.47 34.53 7.00	81.04 9.25 9.72	81.84 7.46 10.70	74.22 12.54 13.24	<.001
PE64*	Moderate-to-vigorous activity	0-Not mentioned/no policy 1- Moderate-to-vigorous activity addressed but <50% time or not specified 2- ≥ 50% class time devoted to moderate-to-vigorous activity	75.56 21.27 3.18	75.80 21.22 2.98	75.44 16.48 8.08	73.30 17.68 9.02	n/s	52.51 42.24 5.25	69.46 25.32 5.22	76.16 14.14 9.70	71.07 20.51 8.42	<.05
PE65*	Qualifications of PE instructors	0-Not mentioned/no policy 1- Suggested 2- Requires PE to be taught by qualified instructors	78.89 12.28 8.84	64.78 10.98 24.24	67.78 9.40 22.82	68.27 4.39 27.34	<.05	50.71 33.32 15.97	58.82 11.60 29.57	65.97 10.59 23.45	63.66 4.93 31.41	<.01
PE66	Training for PE instructors	0-Not mentioned/no policy 1- Suggested or training for teachers generally (not PE-specific) 2- Provision of PE training for PE instructors	77.42 11.83 10.75	81.26 12.22 6.52	82.57 6.26 11.17	87.14 4.38 8.47	n/s	74.97 15.33 9.69	78.85 14.31 6.84	83.71 6.15 10.14	82.30 6.75 10.95	n/s
PE67	Prohibits waivers for PE	0-Not mentioned/no policy 1- Suggested 2- PE waivers prohibited	94.59 3.93 1.48	94.51 3.47 2.02	93.74 2.08 4.18	94.59 2.04 3.37	n/s	94.77 4.01 1.22	93.47 3.67 2.86	93.61 1.33 5.05	94.30 2.29 3.40	n/s
PE68	Annual health assessment	0-Not mentioned/no policy 1- Suggested/vague 2- Specific and required	74.51 24.74 0.75	65.56 33.29 1.15	74.51 25.49 0.00	75.51 24.49 0.00	n/s	50.62 48.46 0.92	62.45 35.61 1.94	74.66 25.34 0.00	34.06 35.94 0.00	<.1

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Bridging the Gap Weighted Student-level Wellness Policy Data by Grade Level and Locale, SY 06-07 and 07-08

(Items with * are included in Monograph)

			High School - Locale										
			SY 06-07					SY 07-08					
			% of students (weighted by grade level)					% of students (weighted by grade level)					
Variable	Description	Responses	Large to Mid-Size					Large to Mid-Size					
			City	Suburban	Rural	Township	Sig X ²	City	Suburban	Rural	Township	Sig X ²	
PE68a*	BMI (ch. 7 of mono)	0-Not mentioned/no policy 1- BMI suggested (with or without reporting) 2- BMI required without reporting 3- BMI required with reporting	84.42	81.05	87.10	81.64	n/s	60.11	80.57	84.11	74.51	<.05	
PHYSICAL ACTIVITY (PA)													
PA69*	FW: Physical activity (PA) goals	0- No goal/policy 1- PA goal suggested or repeats FW language 2- PA goal specified	29.99	26.53	19.91	21.30	n/s	9.41	16.34	12.88	6.00	n/s	
PA70*	PA outside of PE for every grade level	0-Not mentioned/no policy 1- Suggested/vague or not clear PA for all grades 2- Clear each grade will get PA outside of PE	49.26	52.88	42.74	47.82	n/s	47.38	44.97	39.66	42.44	n/s	
PA72*	PA throughout the day	0-Not mentioned/no policy 1- Suggested 2- Required	64.06	61.30	51.34	50.10	n/s	34.95	55.96	47.58	46.72	<.05	
PA73	Intramurals, interscholastic, extracurricular activities	0-Not mentioned/no policy 1- Suggested 2- Required/definitively offered	74.00	66.42	62.45	66.55	n/s	45.52	62.79	62.87	55.79	<.1	
PA74	Community use of school facilities for physical activity purposes	0-Not mentioned/no policy 1- Suggested 2- Required/definitively in place	88.37	84.37	76.24	78.03	<.1	63.12	82.53	72.83	73.61	<.05	
PA75	Safe (active) routes to school (SRTS)	0-Not mentioned/no policy 1- Suggested/encouraged 2- Ensures effort to promote SRTS	97.06	91.79	85.39	86.43	<.01	96.25	89.20	86.94	83.27	<.05	
PA76*	Not using PA as punishment	0-Not mentioned/no policy 1- Suggested 2- Prohibits PA as punishment	82.78	80.07	69.12	90.62	<.05	55.83	75.61	64.41	85.72	<.001	
PA77*	Daily recess	0-Not mentioned/no policy 1- Suggested or frequency vague 2- Required	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	

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			High School - Locale									
			SY 06-07					SY 07-08				
			% of students (weighted by grade level)					% of students (weighted by grade level)				
Variable	Description	Responses	Large to Mid-Size					Large to Mid-Size				
			City	Suburban	Rural	Township	Sig X ²	City	Suburban	Rural	Township	Sig X ²
PA78	Recess quality to promote PA	0-Not mentioned/no policy 1- Suggested 2- Specific and required	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
STAFF PA/WELLNESS/MODELING												
PA71	PA opportunities for school staff	0-Not mentioned/no policy 1- Suggested 2- Required	83.89	84.49	84.26	90.10	n/s	80.02	82.21	85.40	83.24	n/s
			13.15	12.18	8.50	8.44		16.94	14.80	8.12	15.95	
			2.97	3.34	7.25	1.46		3.04	2.99	6.48	0.81	
CP80	Staff wellness programs	0-Not mentioned/no policy 1- Suggested 2- Required/definitively in place	81.06	76.52	76.10	79.92	n/s	52.32	71.38	72.36	75.69	<.01
			10.99	9.25	15.00	13.53		37.66	13.75	15.30	15.29	
			7.95	14.23	8.90	6.55		10.02	14.87	12.34	9.03	
CP82	Staff to role model healthy behaviors	0-Not mentioned/no policy 1- Suggested 2- Require schools to encourage staff modeling	73.77	68.68	71.83	71.37	n/s	70.20	66.33	70.96	64.39	n/s
			3.02	8.09	8.26	9.68		4.11	7.82	10.63	14.61	
			23.21	23.23	19.91	18.95		25.69	25.85	18.41	21.01	
STAKEHOLDER INVOLVEMENT/FEEDBACK												
CP79	FW: Stakeholders involved in development of wellness policy	0-Not mentioned/no policy 1- Suggested or not clear all reqd. stakeholders involved 2- All reqd. stakeholders involved in policy dev.	61.16	67.32	51.52	63.31	n/s	37.15	65.34	51.58	56.28	<.001
			14.22	13.24	16.56	19.09		37.77	12.46	17.86	17.44	
			24.62	19.44	31.92	17.60		25.07	22.21	30.56	26.28	
CP85	Methods to solicit input	0-Not mentioned/no policy 1- Suggested/vague 2- Required and specific	79.01	65.41	66.78	70.72	n/s	54.89	62.00	65.14	60.40	n/s
			10.44	15.67	12.22	16.06		12.48	16.82	16.88	26.76	
			10.55	18.92	21.00	13.23		32.63	21.19	17.98	12.84	
CP86	How to engage parents/ community	0-Not mentioned/no policy 1- Suggested/vague 2- Required and specific	79.92	67.48	68.49	62.99	n/s	49.18	62.17	70.40	53.19	<.05
			6.40	8.53	10.00	10.51		30.45	10.02	7.72	17.36	
			13.67	23.99	21.51	26.50		20.38	27.81	21.88	29.45	
CP87	Content communicated to parents	0-Not mentioned/no policy 1- Suggested/vague 2- Required and specific	62.05	51.81	48.69	53.62	n/s	34.48	42.29	47.81	40.83	<.1
			22.88	22.86	26.04	23.60		48.50	30.66	25.71	34.18	
			15.07	25.33	25.27	22.78		17.02	27.05	26.49	24.99	
CP90*	Ongoing health advisory (ch. 7 of mono)	0-Not mentioned/no policy 1- Suggested/vague 2- Required and clearly ongoing	59.62	54.49	45.93	50.66	n/s	30.82	43.92	39.80	36.63	n/s
			10.37	9.58	9.34	9.43		10.15	43.09	11.41	12.52	
			30.01	35.93	44.73	39.91		59.03	42.99	48.79	50.85	

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(Items with * are included in Monograph)

			High School - Locale									
			SY 06-07					SY 07-08				
			% of students (weighted by grade level)					% of students (weighted by grade level)				
Variable	Description	Responses	Large to Mid-Size					Large to Mid-Size				
			City	Suburban	Rural	Township	Sig X ²	City	Suburban	Rural	Township	Sig X ²
MESSAGING, MARKETING, & PROMOTION												
CP81	Consistency of nutrition messages	0-Not mentioned/no policy 1- Suggested/vague 2-Specific and required	49.30 30.64 20.05	53.09 28.57 18.34	41.10 35.81 23.09	40.05 40.55 19.41	n/s	23.71 55.86 20.42	46.01 33.20 20.79	35.16 43.83 21.01	27.34 52.87 19.80	<.01
CP83	Responsible for communication	0-Not mentioned/no policy 1- Suggested/vague 2- Specific and required	77.55 12.94 9.50	64.23 23.31 12.47	65.58 26.98 7.44	66.97 24.70 8.32	n/s	51.13 33.71 15.16	58.32 27.01 14.68	65.83 27.79 6.38	60.37 32.21 7.42	n/s
CP84	Coordinated School Health program	0-Not mentioned/no policy 1- Suggested/vague 2- Definitely in place	73.76 5.61 20.63	74.12 6.20 19.68	83.45 4.82 11.74	83.66 4.55 11.79	n/s	67.87 6.03 26.11	67.90 7.04 25.06	84.24 4.14 11.62	81.02 4.25 14.73	n/s
CP88*	Marketing healthy choices (ch. 5 of mono)	0-Not mentioned/no policy 1- Suggested/vague 2- Specific and required	80.29 12.58 7.12	80.39 12.12 7.50	76.19 12.50 11.30	71.72 18.08 10.20	n/s	79.09 14.46 6.44	77.02 13.77 9.21	77.02 11.27 11.71	71.62 16.72 11.66	n/s
CP89*	Advertising/marketing of unhealthy choices (ch. 5 of mono)	0-Not mentioned/no policy 1- Suggested prohibition/restricted 2- Prohibited	84.74 7.04 8.22	81.12 13.05 5.83	88.63 5.26 6.12	82.30 7.12 10.59	n/s	60.10 9.66 30.24	78.07 12.59 9.33	87.91 4.96 7.13	80.61 6.31 13.08	<.01
EVALUATION & IMPLEMENTATION												
E91	FW: Plan for measuring implementation, including designating person responsible	0-Not mentioned/no policy 1- Suggested or does not designate responsible person 2- Specific and required	31.72 8.57 59.71	28.93 6.11 64.97	25.65 5.57 68.78	25.18 3.42 71.40	n/s	8.81 6.72 84.47	19.40 8.70 71.90	18.68 5.50 75.82	12.84 3.05 84.11	n/s
E92*	Plan for implementation	0-Not mentioned/no policy 1- Suggested or does not designate responsible person 2- Specific and required with responsible person	37.01 6.48 56.51	31.75 7.83 60.42	27.81 6.04 66.15	28.60 5.25 66.15	n/s	11.77 6.34 81.89	22.97 7.68 69.35	20.44 6.48 73.08	15.89 4.36 79.75	n/s
E93*	Plan for evaluation	0-Not mentioned/no policy 1- Suggested 2- Specific and required	59.71 31.06 9.23	64.02 28.98 7.00	53.18 38.21 8.60	54.97 39.64 5.39	n/s	33.69 56.89 9.42	58.11 30.30 11.59	45.84 45.60 8.57	41.47 53.23 5.30	<.01
E94*	Audience and frequency of reporting	0-Not mentioned/no policy 1- Suggested 2- Specific and required	60.70 14.48 24.83	57.90 18.62 23.48	52.68 22.29 25.02	48.69 29.23 22.08	n/s	33.43 37.17 29.40	54.08 19.25 26.67	47.05 26.09 26.86	39.01 29.08 31.91	<.1
E95*	Funding support	0-Not mentioned/no policy	97.11	95.70	88.32	90.35	n/s	97.73	95.36	90.71	88.40	n/s

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			High School - Locale									
			SY 06-07					SY 07-08				
			% of students (weighted by grade level)					% of students (weighted by grade level)				
Variable Description	Responses	Large to Mid-Size					Large to Mid-Size					
		City	Suburban	Rural	Township	Sig X ²	City	Suburban	Rural	Township	Sig X ²	
	1- Suggested	2.24	3.71	9.25	6.63		1.63	3.78	7.54	9.04		
	2- Identifies a specific source of funding	0.65	0.59	2.42	3.01		0.63	0.86	1.75	2.56		
E96*	Plan for revising the policy	0-Not mentioned/no policy	71.27	71.19	62.74	68.95	n/s	65.97	67.15	60.00	60.44	n/s
		1- Suggested	8.95	8.57	7.88	9.10		6.59	6.85	8.26	11.17	
		2- Specific and required	19.78	20.24	29.38	21.95		27.44	26.00	31.74	28.39	
E100	Requires district to report _____ to the state	0-Not mentioned/no policy	100.00	99.38	100.00	100.00	n/s	100.00	99.33	100.00	100.00	n/s
		1- Yes	0.00	0.62	0.00	0.00		0.00	0.67	0.00	0.00	

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Note 1: Data have been recoded to reflect only policies in effect as of day after Labor Day for each school year (SY; proxy for first day of SY as per FW requirement)

Note 2: Weighted data adjusted for non-response

Variable	Description	Responses	SY 06-07			SY 07-08		
			% of districts (<u>weighted</u> by grade level)			% of districts (<u>weighted</u> by grade level)		
			ES	MS	HS	ES	MS	HS
NUTRITION EDUCATION								
NE1*	FW: Nutrition education goal	0-No goal/policy	21.36	24.04	26.98	12.87	13.68	17.27
		1-NE goal suggested or repeats FW language	1.53	1.49	1.49	2.24	7.14	1.65
		2-NE goal specified	77.11	74.47	71.53	84.89	79.17	81.08
NE2*	Nutrition education curriculum	0-Not mentioned/no policy	37.58	38.35	42.37	32.35	36.35	37.33
		1-Curriculum reqd/suggested, not clear all grades	31.30	31.66	29.77	36.94	35.91	36.14
		2-Clear NE curriculum, all grades	31.12	29.99	27.85	30.70	27.74	26.53
NE3	Nutrition education within larger school community	0-Not mentioned/no policy	38.10	41.01	43.19	34.80	34.16	37.28
		1-Vague/suggested	51.57	49.37	47.33	54.28	55.85	52.41
		2-Yes, with specific strategies	10.34	9.63	9.48	10.93	9.99	10.32
NE4	Nutrition education beyond school environment	0-Not mentioned/no policy	56.17	59.07	62.91	55.08	58.83	59.54
		1-Vague/suggested	35.09	32.39	28.29	37.42	34.18	32.38
		2-Yes, with specific strategies	8.74	8.55	8.80	7.50	7.00	8.08
NE5	Nutrition education training for teachers	0-Not mentioned/no policy	69.87	73.11	73.08	68.31	72.79	71.11
		1-Vague/suggested or just a subset of teachers	23.22	20.14	20.07	25.21	21.17	22.34
		2-Required for all teachers	6.90	6.75	6.85	6.48	6.04	6.55
NE6*	Nutrition education integrated into other subjects	0-Not mentioned/no policy	54.94	58.40	61.54	53.71	59.60	59.89
		1-Vague/suggested	14.60	13.98	11.40	15.89	14.39	13.87
		2-Required	30.47	27.62	27.06	30.40	26.01	26.25
NE7*	Nutrition education teaches behavior-focused skills	0-Not mentioned/no policy	35.80	39.21	41.77	31.00	35.98	35.15
		1-Vague/suggested	16.97	15.65	14.90	21.64	20.36	19.42
		2-Required	47.23	45.15	43.34	47.36	43.66	45.43
NE8	Number of nutrition education courses/hours	0-Not mentioned/no policy	98.00	99.21	98.59	97.75	98.85	98.16
		1-Vague/suggested or not all grades	1.25	0.06	0.74	1.24	0.21	0.83
		2-Specified	0.75	0.73	0.67	1.00	0.94	1.00

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Variable	Description	Responses	SY 06-07			SY 07-08		
			% of districts (<u>weighted</u> by grade level)			% of districts (<u>weighted</u> by grade level)		
			ES	MS	HS	ES	MS	HS
NE9	Nutrition education quality	0-Not mentioned/no policy	46.13	48.91	53.38	40.54	46.29	47.99
		1-Vague/suggested	16.91	14.94	12.33	18.67	16.27	15.26
		2-Curriculum aligned with benchmarks/standards, sequential	36.96	36.15	34.29	40.79	37.44	36.75
SCHOOL MEALS								
US10*	FW: Guidelines for school meals are not less restrictive than federal requirements	0-No goal/policy	26.88	29.35	32.31	17.83	17.73	21.34
		1-Should/strive to meet federal school meals regs	1.61	1.57	0.98	2.51	2.34	1.38
		2-Will meet federal school meal regulations	71.51	69.08	66.71	79.66	79.93	77.28
US11*	School Breakfast Program	0-Not mentioned/no policy	44.79	45.69	49.10	37.88	35.33	42.27
		1-Suggests/promotes general breakfast program or encourages healthy breakfast	16.00	17.60	18.12	16.12	21.91	17.54
		2-Clearly offers national SBP	39.21	36.71	32.78	46.00	42.76	40.19
US12	Summer Food Service Program	0-Not mentioned/no policy	96.48	96.70	96.81	94.42	95.03	94.27
		1-Suggests/promotes general summer food program	1.46	1.43	1.29	1.43	1.33	1.39
		2-Clearly offers national Summer Food Program	2.06	1.87	1.90	4.15	3.64	4.34
US13*	Specifies guidelines beyond US Dietary Guidelines	0-Not mentioned/no policy	60.65	61.07	63.14	57.27	59.10	57.33
		1-Vague/suggested or meet Dietary Guidelines	30.57	30.48	28.44	32.59	31.77	33.09
		2-Clearly exceed Dietary Guidelines	8.78	8.45	8.42	10.13	9.13	9.58
US14	Using low-fat versions of foods/cooking methods	0-Not mentioned/no policy	84.96	84.31	84.82	83.67	83.33	82.93
		1-Vague/suggested	11.55	12.39	12.29	13.46	14.11	14.36
		2-Specific and required	3.50	3.29	2.89	2.87	2.56	2.71
US15	Strategies to increase participation in school meal programs	0-Not mentioned/no policy	61.22	63.42	66.52	60.21	58.93	63.26
		1-Vague/suggested	23.22	22.18	19.79	25.89	28.27	22.60
		2-Specific and required	15.56	14.40	13.69	13.90	12.81	14.14
US16	Optimizes meal scheduling	0-Not mentioned/no policy	67.11	68.84	69.63	60.80	65.44	64.06
		1-Vague/suggested	25.89	26.37	26.20	29.98	28.85	30.84
		2-Specific and required	7.00	4.79	4.17	9.21	5.71	5.10
US17*	Adequate time to eat (≥20 mins for lunch; ≥ 10 mins for breakfast)	0-Not mentioned/no policy	52.57	52.12	54.78	45.92	48.32	47.88
		1-Vague/suggested or < time guidelines	35.33	36.63	35.06	40.91	41.41	42.35
		2-Required	12.09	11.25	10.16	13.17	10.27	9.77

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Variable	Description	Responses	SY 06-07			SY 07-08		
			% of districts (<u>weighted</u> by grade level)			% of districts (<u>weighted</u> by grade level)		
			ES	MS	HS	ES	MS	HS
US18	Hand-washing	0-Not mentioned/no policy	83.01	83.94	85.66	81.59	84.22	84.16
		1-Vague/suggested	2.08	2.01	1.79	2.59	2.39	2.52
		2-Ensures assistance with hand-washing/facilitating	14.92	14.05	12.54	15.82	13.39	13.33
US19	Nutrition qualifications of meal staff	0-Not mentioned/no policy	78.00	78.68	78.87	75.85	78.02	75.86
		1-Vague/suggested	1.20	1.17	1.22	0.64	0.60	0.70
		2-Required	20.80	20.14	19.90	23.52	21.38	23.44
US20	Training for food service staff	0-Not mentioned/no policy	73.30	73.96	74.86	66.88	69.00	68.90
		1-Vague/suggested	20.59	20.08	19.28	26.08	23.85	24.17
		2-Required	6.10	5.97	5.86	7.04	7.15	6.92
US21	School meal environment	0-Not mentioned/no policy	49.81	50.08	52.09	44.39	46.67	45.00
		1-Vague/suggested	3.44	3.45	4.04	5.24	4.96	4.86
		2-Requires specifics strategies	46.75	46.48	43.87	50.37	48.37	50.14
US22*	Nutrition information for school meals	0-Not mentioned/no policy	81.69	82.44	84.59	81.66	83.72	82.89
		1-Vague/suggested	7.53	7.36	6.24	6.69	6.24	6.55
		2-Specific and required	10.78	10.20	9.17	11.65	10.04	10.56
US38a	Farm-to-school program	0-Not mentioned/no policy	95.38	95.48	96.25	93.07	93.54	94.77
		1-Vague/suggested	4.45	4.35	3.58	6.51	6.07	4.76
		2-Specific and required	0.17	0.17	0.17	0.43	0.40	0.46
COMPETITIVE FOODS								
NG23*	FW: Nutrition guidelines for all foods outside of the school meal program during the SD	0-No goal/policy	21.83	25.14	29.10	14.04	15.04	19.71
		1-Suggested or only meet Dietary Guidelines	29.39	25.00	27.29	32.59	33.51	31.32
		2-Required/definitively in place	48.78	49.87	43.60	53.37	51.45	48.97
Access Restrictions								
NG23b	Competitive food and beverage ban	0-Not mentioned/no policy	86.67	99.20	99.32	84.65	98.52	98.47
		1-Suggested or only applies to food (not bev) or visa versa	12.80	0.80	0.68	13.66	1.48	1.53
		2-Required	0.54	0.00	0.00	1.70	0.00	0.00
NG23c	Nutrition guidelines apply to vending contracts	0-Not mentioned/no policy	86.90	86.26	84.91	83.05	83.29	81.97
		1-Suggested/encouraged	2.49	2.44	2.18	3.47	3.24	3.28
		2-Required	10.61	11.30	12.91	13.48	13.47	14.76

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Bridging the Gap Weighted District-level Wellness Policy Data by Grade Level, SY 06-07 and 07-08

(Items with * are included in Monograph)

Variable	Description	Responses	SY 06-07			SY 07-08		
			% of districts (<u>weighted</u> by grade level)			% of districts (<u>weighted</u> by grade level)		
			ES	MS	HS	ES	MS	HS
NG24*	Vending machines	0-Not mentioned/no policy	34.47	37.98	41.65	26.51	27.86	33.38
		1-Suggested/limited restrictions	36.69	50.26	50.37	39.54	55.14	55.67
		2-Ban or all F&B must meet guidelines	28.84	11.76	7.98	33.96	16.99	10.96
NG25*	School stores	0-Not mentioned/no policy	38.74	42.08	46.79	31.76	32.66	39.45
		1-Suggested/limited restrictions	37.99	47.79	46.21	39.10	52.20	50.99
		2-Ban or all F&B must meet guidelines	23.27	10.13	6.99	29.14	15.14	9.56
NG26*	A la carte	0-Not mentioned/no policy	35.92	38.75	42.63	28.38	29.08	35.33
		1-Suggested/limited restrictions	47.94	50.10	48.63	50.21	54.60	52.92
		2-Ban or all F&B must meet guidelines	16.15	11.15	8.74	21.41	16.32	11.74
NG27*	Class parties and celebrations	0-Not mentioned/no policy	48.95	49.42	50.64	40.56	39.19	44.88
		1-Suggested/limited restrictions	50.49	50.03	49.12	58.48	59.27	53.38
		2-Ban or all F&B must meet guidelines	0.56	0.55	0.24	0.96	1.54	1.74
NG28	Food from home for whole class	0-Not mentioned/no policy	48.63	49.06	50.38	40.08	39.07	44.73
		1-Suggested/limited restrictions	50.56	50.15	49.12	58.82	59.27	53.38
		2-Ban or all F&B must meet guidelines	0.82	0.80	0.50	1.10	1.67	1.89
NG29	Food before school	0-Not mentioned/no policy	82.98	83.94	87.45	80.01	81.55	83.77
		1-Suggested/limited restrictions	10.04	12.97	11.18	11.05	9.64	11.06
		2-Nutrition guidelines apply to before school sales	6.98	3.10	1.38	8.94	8.81	5.17
NG30	Food after school	0-Not mentioned/no policy	89.36	91.70	91.43	87.29	91.39	90.35
		1-Suggested/limited restrictions	6.00	6.37	6.61	6.87	6.86	7.75
		2-Nutrition guidelines apply to after school sales	4.64	1.93	1.95	5.84	1.75	1.89
NG31	Food at evening/community events	0-Not mentioned/no policy	83.68	82.99	83.58	82.58	83.11	81.11
		1-Suggested/limited restrictions	15.48	16.39	15.78	15.94	16.53	18.47
		2-Nutrition guidelines apply	0.83	0.61	0.64	1.48	0.36	0.42
NG32	Fundraisers	0-Not mentioned/no policy	58.00	57.04	59.20	49.51	46.89	50.92
		1-Limited restrictions or only fundraisers during SD	40.89	42.02	39.82	47.90	51.34	47.01
		2-Nutrition guidelines apply to all fundraisers	1.11	0.94	0.98	2.59	1.77	2.07

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Bridging the Gap Weighted District-level Wellness Policy Data by Grade Level, SY 06-07 and 07-08

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Variable	Description	Responses	SY 06-07			SY 07-08		
			% of districts (<u>weighted</u> by grade level)			% of districts (<u>weighted</u> by grade level)		
			ES	MS	HS	ES	MS	HS
NG40*	Use of food as a reward/punishment	0-Not mentioned/no policy or encourages healthy food as reward	72.50	73.64	75.08	68.54	71.78	70.62
		1-Discourage food as a reward/prohibit as punishment	19.73	19.33	18.21	23.94	21.56	23.36
		2-Prohibits using food as a reward/punishment	7.77	7.03	6.70	7.52	6.66	6.02
<i>Content Restrictions</i>								
NG33*	Sugar content of Foods	0-Not mentioned/no policy	65.47	66.24	71.83	54.55	56.70	59.59
		1-Suggested/limited restrictions	21.46	26.81	23.44	28.18	28.66	31.62
		2-Specific and required OR competitive food ban	13.07	6.94	4.73	17.27	14.65	8.79
NG34*	Fat content of foods	0-Not mentioned/no policy	46.83	45.72	51.55	40.26	43.10	44.86
		1-Suggested/limited restrictions	30.60	37.16	33.56	30.79	30.84	33.46
		2-Specific and required OR competitive food ban	22.57	17.12	14.89	28.95	26.07	21.69
NG35	Sodium content of foods	0-Not mentioned/no policy	72.70	73.80	77.67	71.31	73.67	75.20
		1-Suggested/limited restrictions	21.69	22.59	20.10	21.17	20.05	20.66
		2-Specific and required OR competitive food ban	5.61	3.61	2.23	7.52	6.28	4.14
NG36*	Calorie content per serving size	0-Not mentioned/no policy	86.05	86.67	92.58	81.28	83.91	87.68
		1-Suggested/limited restrictions	9.60	9.94	5.98	6.65	6.28	6.09
		2-Specific and required OR competitive food ban	4.35	3.39	1.44	12.07	9.81	6.23
NG37	Serving size of foods	0-Not mentioned/no policy	68.52	67.34	68.57	66.81	67.56	66.05
		1-Suggested/limited restrictions	14.39	14.43	14.40	14.58	13.38	15.04
		2-Specific and required OR competitive food ban	17.09	18.23	17.02	18.60	19.07	18.91
NG38	Whole/unprocessed & fresh food availability	0-Not mentioned/no policy	54.85	54.12	57.76	51.30	53.44	52.63
		1-Suggested	36.14	37.10	34.37	39.32	38.52	38.56
		2-Specific and required	9.01	8.77	7.87	9.38	8.04	8.80
NG39	Ingredients with questionable effects (e.g., trans fats, artificial sweeteners)	0-Not mentioned/no policy	80.25	79.81	81.47	71.15	70.62	69.83
		1-Suggested/limited restrictions	14.60	15.37	15.06	21.56	22.91	25.07
		2-Specific and required or competitive food ban	5.15	4.82	3.47	7.28	6.47	5.10
NG41*	Nutrition information provided for competitive foods	0-Not mentioned/no policy	93.52	94.25	93.74	92.43	92.92	91.61
		1-Suggested	2.64	2.58	2.95	2.94	2.74	3.31
		2-Specific and required or competitive food ban	3.83	3.17	3.31	4.63	4.34	5.08

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Variable	Description	Responses	SY 06-07			SY 07-08		
			% of districts (<u>weighted</u> by grade level)			% of districts (<u>weighted</u> by grade level)		
			ES	MS	HS	ES	MS	HS
NG42	Sugar content of beverages	0-Not mentioned/no policy	60.33	58.58	64.31	55.89	56.80	59.92
		1-Suggested/limited restrictions	30.10	38.57	33.70	31.15	37.23	35.73
		2-Specific and required or competitive food ban	9.56	2.85	1.99	12.96	5.97	4.35
NG43	Fat content of beverages	0-Not mentioned/no policy	75.04	85.72	86.76	74.30	86.70	87.76
		1-Suggested/limited restrictions	17.62	10.73	10.63	16.10	7.08	8.67
		2-Specific and required or competitive food ban	7.34	3.55	2.61	9.60	6.22	3.57
NG44*	Calorie content of beverages	0-Not mentioned/no policy	95.37	94.94	96.02	92.99	93.19	94.36
		1-Suggested/limited restrictions	3.94	4.86	3.57	5.86	6.65	5.20
		2-Specific and required or competitive food ban	0.69	0.20	0.40	1.16	0.15	0.44
NG45*	Regular soda	0-Not mentioned/no policy	54.74	54.74	63.49	47.46	50.31	54.99
		1-Suggested/limited restrictions	13.88	15.12	23.58	16.24	15.21	29.02
		2-Banned	31.38	30.14	12.93	36.29	34.48	15.99
NG46*	Beverages (other than soda) with added caloric sweeteners	0-Not mentioned/no policy	67.89	80.50	84.63	62.36	78.28	81.61
		1-Suggested/limited restrictions	23.21	16.89	13.74	26.03	16.54	16.32
		2-Banned	8.90	2.61	1.64	11.62	5.18	2.07
NG47	Sugar/calorie content of milk	0-Not mentioned/no policy	83.33	81.84	83.39	83.51	83.17	83.29
		1-Suggested/limited restrictions	5.15	14.79	14.57	4.59	13.71	14.64
		2-Specific and required limit or competitive food ban	11.52	3.37	2.04	11.90	3.12	2.07
NG48*	Fat content of milk	0-Not mentioned/no policy	76.17	76.83	83.66	72.29	74.49	77.44
		1-Suggested/limited restrictions	20.21	21.24	14.69	22.33	21.96	18.78
		2-Specific and required limit or competitive food ban	3.63	1.93	1.65	5.38	3.55	3.78
NG49	Serving size limit for beverages	0-Not mentioned/no policy	70.95	69.52	71.00	70.31	70.61	70.38
		1-Suggested/limited restrictions	22.77	25.50	25.56	15.52	15.00	16.34
		2-Specific and required OR competitive food ban	6.28	4.98	3.44	14.17	14.39	13.28
NG50*	Caffeine content of beverages	0-Not mentioned/no policy	67.27	82.20	85.16	63.75	80.61	83.53
		1-Suggested/limited restrictions	19.16	12.44	11.11	9.63	10.26	10.93
		2-Specific and required OR competitive food ban	13.57	5.36	3.72	26.62	9.13	5.53

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Bridging the Gap Weighted District-level Wellness Policy Data by Grade Level, SY 06-07 and 07-08

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Variable	Description	Responses	SY 06-07			SY 07-08		
			% of districts (<u>weighted</u> by grade level)			% of districts (<u>weighted</u> by grade level)		
			ES	MS	HS	ES	MS	HS
NG51*	Availability of free drinking water throughout the school and school day	0-Not mentioned/no policy	88.30	88.79	89.20	87.58	88.61	89.17
		1-Suggested/encouraged	2.18	2.13	2.22	2.17	2.03	2.37
		2-Free water is always available	9.52	9.08	8.57	10.25	9.36	8.45
PHYSICAL EDUCATION (PE)								
PE52a*	PE addressed in district policy	0-Not mentioned/no policy	27.28	29.13	32.45	17.09	17.58	22.14
		1-Definitively addressed	72.72	70.87	67.55	82.91	82.42	77.86
PE52	PE curriculum all grades	0-Not mentioned/no policy	46.82	49.93	52.72	41.69	47.31	47.99
		1-Suggested/encouraged	14.15	14.07	16.91	15.76	15.50	18.55
		2-Clear curriculum-all grades	39.03	36.00	30.38	42.55	37.19	33.47
PE53*	Time requirements for PE: ≥ 150 mins/week (ES) ≥ 225 mins/week (MS/HS)	0-Not mentioned/no policy	76.98	79.43	87.16	75.92	79.88	83.25
PE54*		1- < NASPE standards or specifies days (not duration)	20.83	18.27	8.88	21.54	18.29	13.33
PE55*		2- ≥ NASPE standards	2.19	2.30	3.96	2.54	1.83	3.41
PE56*	PE teaches physically active lifestyle	0-Not mentioned/no policy	45.02	48.31	51.45	38.39	39.72	44.59
		1- Suggested/encouraged	8.76	6.65	6.08	8.49	11.18	6.42
		2- Required	46.22	45.05	42.47	53.12	49.10	48.98
PE57	PE competency (skills, knowledge) assessment	0-Not mentioned/no policy	61.72	63.93	65.42	56.76	60.30	60.10
		1- Suggested/encouraged	9.35	8.81	8.02	11.16	11.00	10.73
		2- Required	28.92	27.26	26.57	32.08	28.70	29.16
PE58	PE quality	0-Not mentioned/no policy	55.14	57.68	59.73	48.96	53.23	54.09
		1- Suggested/encouraged	9.31	8.68	7.54	11.21	10.64	9.58
		2- Curriculum aligned with stds/benchmarks, sequential	35.56	33.63	32.73	39.83	36.13	36.32
PE59	Inclusive play	0-Not mentioned/no policy	59.87	61.86	62.98	55.11	58.76	58.25
		1- Suggested/encouraged	5.66	3.57	3.56	5.71	4.21	4.76
		2- Required	34.48	34.57	33.46	39.18	37.03	37.00
PE60	PE courses/credits required for graduation	0-Not mentioned/no policy			88.43			86.97
		1- Suggested/encouraged	N/A	N/A	3.01	N/A	N/A	3.92
		2- Required			8.56			9.11

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			% of districts (<u>weighted</u> by grade level)			% of districts (<u>weighted</u> by grade level)		
			ES	MS	HS	ES	MS	HS
PE61	Daily PE requirement	0-Not mentioned/no policy	89.63	91.32	92.90	88.20	86.54	93.46
		1- Suggested/encouraged	6.01	3.39	3.18	7.55	8.96	4.20
		2- Required	4.37	5.29	3.92	4.25	4.50	2.34
PE62	Teacher-student ratio for PE	0-Not mentioned/no policy	90.46	90.85	90.78	89.62	90.28	88.94
		1- Suggested	8.69	8.65	8.72	9.12	9.19	10.47
		2- Specific and required	0.84	0.50	0.50	1.25	0.53	0.60
PE63	Safe/adequate equipment/ facilities	0-Not mentioned/no policy	87.17	87.04	86.22	84.63	85.00	83.81
		1- Suggested	4.63	4.64	5.93	6.77	6.83	8.49
		2- Specific and required	8.20	8.32	7.85	8.60	8.17	7.70
PE64*	Moderate-to-vigorous activity	0-Not mentioned/no policy	71.42	70.23	72.77	68.02	68.35	69.09
		1- Moderate-to-vigorous activity addressed but <50% time or not specified	20.68	22.10	21.10	21.94	22.98	23.41
		2- ≥ 50% class time devoted to moderate-to-vigorous activity	7.90	7.67	6.13	10.04	8.66	7.50
PE65*	Qualifications of PE instructors	0-Not mentioned/no policy	72.81	73.65	72.73	69.48	71.88	68.91
		1- Suggested	6.53	6.08	6.08	6.84	7.04	6.94
		2- Requires PE to be taught by qualified instructors	20.65	20.27	21.19	23.67	21.07	24.15
PE66	Training for PE instructors	0-Not mentioned/no policy	84.26	84.70	86.29	82.91	84.74	86.11
		1- Suggested or training for teachers generally (not PE-specific)	6.10	5.91	4.34	8.06	7.24	5.13
		2- Provision of PE training for PE instructors	9.63	9.38	9.38	9.04	8.02	8.75
PE67	Prohibits waivers for PE	0-Not mentioned/no policy	91.48	95.30	95.27	90.57	95.96	94.61
		1- Suggested	3.56	1.00	1.03	4.05	0.87	1.12
		2- PE waivers prohibited	4.96	3.71	3.71	5.38	3.17	4.27
PE68	Annual health assessment	0-Not mentioned/no policy	79.17	78.58	79.56	73.76	74.52	75.59
		1- Suggested/vague	20.71	21.27	20.29	26.08	25.23	24.11
		2- Specific and required	0.12	0.14	0.15	0.15	0.25	0.29

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			% of districts (<u>weighted</u> by grade level)			% of districts (<u>weighted</u> by grade level)		
			ES	MS	HS	ES	MS	HS
PE68a*	BMI	0-Not mentioned/no policy	87.40	87.43	88.80	83.39	84.18	85.82
(ch. 7 of mono)		1- BMI suggested (with or without reporting)	12.18	21.06	10.69	16.15	15.33	13.63
		2- BMI required without reporting	0.30	0.27	0.28	0.39	0.34	0.39
		3- BMI required with reporting	0.12	0.24	0.22	0.07	0.16	0.16
PHYSICAL ACTIVITY (PA)								
PA69*	FW: Physical activity (PA) goals	0- No goal/policy	21.78	24.58	27.95	13.18	14.13	18.33
		1- PA goal suggested or repeats FW language	1.46	1.46	1.27	2.01	1.87	1.39
		2- PA goal specified	76.76	73.96	70.78	84.81	84.00	80.28
PA70*	PA outside of PE for every grade level	0-Not mentioned/no policy	42.28	46.88	48.79	36.90	39.09	44.31
		1- Suggested/vague or not clear PA for all grades	27.03	24.05	23.46	28.96	30.59	25.98
		2- Clear each grade will get PA outside of PE	30.68	29.08	27.76	34.14	30.32	29.71
PA72*	PA throughout the day	0-Not mentioned/no policy	57.77	62.30	62.45	53.56	54.89	56.04
		1- Suggested	32.63	31.45	31.14	36.69	38.97	37.09
		2- Required	9.60	6.24	6.41	9.75	6.14	6.87
PA73	Intramurals, interscholastic, extracurricular activities	0-Not mentioned/no policy	67.28	64.10	67.72	63.99	57.77	64.80
		1- Suggested	20.15	19.98	18.30	19.53	24.50	20.83
		2- Required/definitively offered	12.57	15.91	13.99	16.47	17.74	14.37
PA74	Community use of school facilities for physical activity purposes	0-Not mentioned/no policy	76.72	77.63	79.02	71.28	73.37	73.45
		1- Suggested	8.78	8.19	6.73	7.00	6.03	5.76
		2- Required/definitively in place	14.50	14.17	14.26	21.72	20.61	20.78
PA75	Safe (active) routes to school (SRTS)	0-Not mentioned/no policy	87.92	88.10	89.40	87.74	89.95	89.76
		1- Suggested/encouraged	4.10	4.45	3.99	4.17	3.57	3.90
		2- Ensures effort to promote SRTS	7.99	7.45	6.61	8.09	6.48	6.34
PA76*	Not using PA as punishment	0-Not mentioned/no policy	78.69	80.84	83.57	72.76	77.15	78.18
		1- Suggested	9.03	8.21	6.30	13.95	12.17	10.90
		2- Prohibits PA as punishment	12.28	10.95	10.13	13.29	10.68	10.92
PA77*	Daily recess	0-Not mentioned/no policy	72.36			69.14		
		1- Suggested or frequency vague	11.85	N/A	N/A	12.46	N/A	N/A
		2- Required	15.79			18.43		

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			% of districts (<u>weighted</u> by grade level)			% of districts (<u>weighted</u> by grade level)		
			ES	MS	HS	ES	MS	HS
PA78	Recess quality to promote PA	0-Not mentioned/no policy 1- Suggested 2- Specific and required	73.91 21.09 5.00	N/A N/A	N/A	64.87 30.87 4.26	N/A N/A	N/A
STAFF PA/WELLNESS/MODELING								
PA71	PA opportunities for school staff	0-Not mentioned/no policy 1- Suggested 2- Required	87.02 8.75 4.23	87.37 8.50 4.13	88.51 7.64 3.85	85.58 10.54 3.88	86.77 9.61 3.62	88.32 8.71 2.97
CP80	Staff wellness programs	0-Not mentioned/no policy 1- Suggested 2- Required/definitively in place	78.24 11.59 10.17	79.35 10.85 9.80	81.50 9.15 9.35	76.24 11.37 12.39	78.67 11.03 10.30	77.81 11.81 10.38
CP82	Staff to role model healthy behaviors	0-Not mentioned/no policy 1- Suggested 2- Require schools to encourage staff modeling	71.06 8.09 20.85	72.61 7.91 19.49	74.18 7.08 18.73	70.38 9.47 20.14	72.37 8.78 18.85	72.26 9.16 18.58
STAKEHOLDER INVOLVEMENT/FEEDBACK								
CP79	FW: Stakeholders involved in development of wellness policy	0-Not mentioned/no policy 1- Suggested or not clear all reqd. stakeholders involved 2- All reqd. stakeholders involved in policy dev.	57.74 15.54 26.72	58.25 15.06 26.69	60.06 13.45 26.49	56.68 16.41 26.91	58.04 15.00 26.96	57.27 14.01 28.72
CP85	Methods to solicit input	0-Not mentioned/no policy 1- Suggested/vague 2- Required and specific	65.88 14.36 19.76	68.13 13.92 17.95	71.19 12.22 16.59	62.00 20.29 17.71	65.34 18.49 16.17	66.75 17.22 16.03
CP86	How to engage parents/ community	0-Not mentioned/no policy 1- Suggested/vague 2- Required and specific	68.94 11.98 19.08	71.09 10.86 18.05	74.16 8.83 17.01	66.13 11.43 22.44	69.57 11.09 19.34	70.10 10.23 19.67
CP87	Content communicated to parents	0-Not mentioned/no policy 1- Suggested/vague 2- Required and specific	54.78 21.29 23.93	57.95 19.14 22.91	59.57 18.56 21.87	48.90 21.97 29.13	53.36 20.91 25.73	52.20 23.32 24.48
CP90*	Ongoing health advisory committee (ch. 7 of mono)	0-Not mentioned/no policy 1- Suggested/vague 2- Required and clearly ongoing	53.75 8.76 37.49	58.23 8.65 33.12	60.65 7.00 32.34	46.20 12.26 41.53	46.28 11.46 42.26	52.17 10.02 37.82

LEGEND:

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- 2=Strong Policy

Bridging the Gap Weighted District-level Wellness Policy Data by Grade Level, SY 06-07 and 07-08

(Items with * are included in Monograph)

Variable	Description	Responses	SY 06-07			SY 07-08		
			% of districts (<u>weighted</u> by grade level)			% of districts (<u>weighted</u> by grade level)		
			ES	MS	HS	ES	MS	HS
MESSAGING, MARKETING, & PROMOTION								
CP81	Consistency of nutrition messages	0-Not mentioned/no policy	47.15	47.88	50.02	38.88	37.48	41.24
		1- Suggested/vague	31.11	28.89	28.35	39.97	40.95	36.58
		2-Specific and required	21.74	23.23	21.63	21.15	21.55	22.17
CP83	Responsible for communication	0-Not mentioned/no policy	68.76	70.33	72.54	64.30	67.93	68.48
		1- Suggested/vague	24.16	22.73	21.25	27.50	24.40	25.67
		2- Specific and required	7.08	6.94	6.21	8.20	7.67	5.85
CP84	Coordinated School Health program	0-Not mentioned/no policy	83.79	81.94	82.58	82.31	81.46	81.13
		1- Suggested/vague	3.31	3.24	3.17	2.99	2.79	3.09
		2- Definitely in place	12.90	14.82	14.24	14.70	15.75	15.78
CP88*	Marketing healthy choices (ch. 5 of mono)	0-Not mentioned/no policy	76.30	77.10	78.59	75.62	78.50	77.95
		1- Suggested/vague	14.94	14.30	12.73	15.42	13.14	12.27
		2- Specific and required	8.76	8.60	8.68	8.96	8.37	9.78
CP89*	Advertising/marketing of unhealthy choices (ch. 5 of mono)	0-Not mentioned/no policy	84.61	85.69	88.79	81.95	84.30	86.08
		1- Suggested prohibition/restricted	5.00	4.66	4.79	4.70	4.41	5.26
		2- Prohibited	10.40	9.65	6.42	13.35	11.29	8.66
EVALUATION & IMPLEMENTATION								
E91	FW: Plan for measuring implementation, including designating person responsible	0-Not mentioned/no policy	30.23	31.93	34.89	23.65	23.54	26.50
		1- Suggested or does not designate responsible person	5.16	5.04	5.10	5.53	5.15	5.38
		2- Specific and required	64.61	63.03	60.01	70.83	71.31	68.13
E92*	Plan for implementation	0-Not mentioned/no policy	34.72	36.32	38.76	27.18	26.83	30.41
		1- Suggested or does not designate responsible person	3.82	3.73	4.11	3.79	3.54	3.49
		2- Specific and required with responsible person	61.46	59.95	57.13	69.03	69.63	66.09
E93*	Plan for evaluation	0-Not mentioned/no policy	58.58	61.77	63.19	49.48	49.59	53.75
		1- Suggested	35.42	32.36	31.82	45.46	45.76	41.70
		2- Specific and required	6.00	5.86	4.99	5.06	4.66	4.56

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Bridging the Gap Weighted District-level Wellness Policy Data by Grade Level, SY 06-07 and 07-08

(Items with * are included in Monograph)

Variable	Description	Responses	SY 06-07			SY 07-08		
			% of districts (<u>weighted</u> by grade level)			% of districts (<u>weighted</u> by grade level)		
			ES	MS	HS	ES	MS	HS
E94*	Audience and frequency of reporting	0-Not mentioned/no policy	56.11	57.90	61.67	52.98	51.89	57.67
		1- Suggested	21.64	20.61	20.10	24.07	27.95	23.39
		2- Specific and required	22.25	21.49	18.23	22.95	20.16	18.94
E95*	Funding support	0-Not mentioned/no policy	92.85	93.01	93.56	93.91	94.32	94.64
		1- Suggested	5.76	5.63	5.35	5.18	4.83	4.68
		2- Identifies a specific source of funding	1.39	1.36	1.09	0.91	0.85	0.69
E96*	Plan for revising the policy	0-Not mentioned/no policy	67.06	68.40	71.01	63.49	67.23	68.97
		1- Suggested	10.25	9.70	8.36	8.53	7.95	7.01
		2- Specific and required	22.69	21.90	20.63	27.98	24.82	24.02
E100	Requires district to report to the state	0-Not mentioned/no policy	99.97	99.98	99.97	99.97	99.97	99.97
		1- Yes	0.03	0.02	0.03	0.03	0.03	0.03

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Bridging the Gap Weighted District-level Wellness Policy Data by Grade Level and Region, SY 06-07 and 07-08

(Items with * are included in Monograph)

Note 1: Data have been recoded to reflect only policies in effect as of day after Labor Day for each SY (proxy for first day of SY as per FW requirement)

Note 2: Weighted data adjusted for non-response

Note 3: Significance levels are based on bivariate analyses only. Full monograph highlights significant multivariate findings.

			Elementary School - Region									
			SY 06-07					SY 07-08				
Variable Description		Responses	% of districts (<u>weighted</u> by grade level)					% of districts (<u>weighted</u> by grade level)				
			West	Mid-W	South	N.E.	Sig X ²	West	Mid-W	South	N.E.	Sig X ²
NUTRITION EDUCATION												
NE1*	FW: Nutrition education goal	0-No goal/policy	17.77	18.84	18.05	32.79	n/s	7.72	12.68	18.96	10.22	n/s
		1-NE goal suggested or repeats FW language	0.42	2.51	0.67	1.59		3.92	0.31	3.68	2.42	
		2-NE goal specified	81.80	78.64	81.28	65.62		88.36	87.00	77.36	87.35	
NE2*	Nutrition education curriculum	0-Not mentioned/no policy	31.69	37.21	36.74	43.97	<.001	33.32	29.54	34.30	34.40	<.001
		1-Curriculum reqd/suggested, not clear all grades	20.69	39.42	41.74	12.62		21.93	51.18	42.69	15.53	
		2-Clear NE curriculum, all grades	47.61	23.38	21.51	43.41		44.75	19.28	23.01	50.07	
NE3	Nutrition education within larger school community	0-Not mentioned/no policy	36.89	36.24	32.62	48.90	n/s	31.04	31.82	42.89	33.61	n/s
		1-Vague/suggested	57.47	50.45	58.31	41.00		65.23	53.13	46.17	56.39	
		2-Yes, with specific strategies	5.64	13.31	9.07	10.10		3.72	15.05	10.94	10.00	
NE4	Nutrition education beyond school environment	0-Not mentioned/no policy	41.45	68.19	45.93	57.81	<.001	42.26	65.40	53.79	49.10	<.01
		1-Vague/suggested	51.47	26.33	47.50	23.53		54.20	28.55	40.55	33.70	
		2-Yes, with specific strategies	7.07	5.47	6.57	18.65		3.54	6.05	5.66	17.19	
NE5	Nutrition education training for teachers	0-Not mentioned/no policy	75.18	76.07	60.00	65.74	n/s	77.79	72.98	61.40	58.41	<.1
		1-Vague/suggested or just a subset of teachers	16.42	18.67	31.79	27.07		16.62	21.98	33.07	29.90	
		2-Required for all teachers	8.40	5.27	8.21	7.19		5.59	5.04	5.53	11.68	
NE6*	Nutrition education integrated into other subjects	0-Not mentioned/no policy	40.48	58.41	52.58	62.92	<.01	38.08	57.58	53.95	61.79	<.05
		1-Vague/suggested	33.59	10.70	13.40	7.90		32.67	12.10	11.51	12.17	
		2-Required	25.93	30.88	34.02	29.18		29.25	30.32	34.54	26.05	
NE7*	Nutrition education teaches behavior-focused skills	0-Not mentioned/no policy	30.37	40.67	26.50	42.08	<.001	22.89	35.70	33.48	26.45	<.05
		1-Vague/suggested	16.28	11.44	35.32	6.28		25.49	15.66	33.15	13.90	
		2-Required	53.36	47.89	38.18	51.65		51.63	48.64	33.38	59.65	

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Bridging the Gap Weighted District-level Wellness Policy Data by Grade Level and Region, SY 06-07 and 07-08

(Items with * are included in Monograph)

Variable Description			Elementary School - Region									
			SY 06-07					SY 07-08				
			% of districts (<u>weighted</u> by grade level)					% of districts (<u>weighted</u> by grade level)				
Responses	West	Mid-W	South	N.E.	Sig X ²	West	Mid-W	South	N.E.	Sig X ²		
NE8	Number of nutrition education courses/hours	0-Not mentioned/no policy	100.00	98.35	94.37	100.00	<.05	100.00	97.32	95.23	99.78	<.05
		1-Vague/suggested or not all grades	0.00	0.01	5.13	0.00		0.00	0.31	4.30	0.22	
		2-Specified	0.00	1.64	0.50	0.00		0.00	2.37	0.47	0.00	
NE9	Nutrition education quality	0-Not mentioned/no policy	31.31	38.32	67.12	47.91	<.001	34.75	31.20	61.66	36.48	<.001
		1-Vague/suggested	9.93	30.92	11.43	3.07		9.34	33.78	11.38	7.56	
		2-Curriculum aligned with benchmarks/standards, sequential	58.75	30.76	21.45	49.02		55.92	35.02	26.96	55.96	
SCHOOL MEALS												
US10*	FW: Guidelines for school meals are not less restrictive than federal requirements	0-No goal/policy	27.34	26.19	18.32	37.81	<.1	16.36	22.15	16.98	11.69	n/s
		1-Should/strive to meet federal school meals regs	0.00	3.39	0.48	0.96		3.47	3.06	1.33	2.03	
		2-Will meet federal school meal regulations	72.66	70.42	81.20	61.24		80.17	74.79	81.69	86.28	
US11*	School Breakfast Program	0-Not mentioned/no policy	35.92	48.21	38.46	53.04	<.001	19.56	46.72	38.01	38.77	<.001
		1-Suggests/promotes general breakfast program or encourages healthy breakfast	5.30	16.20	33.62	3.61		8.15	14.16	33.92	3.81	
		2-Clearly offers national SBP	58.79	35.59	27.92	43.36		72.29	39.12	28.07	57.42	
US12	Summer Food Service Program	0-Not mentioned/no policy	93.16	98.36	97.38	94.65	<.05	94.39	95.05	95.47	91.72	n/s
		1-Suggests/promotes general summer food program	3.40	1.55	1.20	0.03		2.04	1.85	1.33	0.05	
		2-Clearly offers national Summer Food Program	3.44	0.08	1.42	5.33		3.57	3.10	3.20	8.23	
US13*	Specifies guidelines beyond US Dietary Guidelines	0-Not mentioned/no policy	71.62	63.56	33.95	77.69	<.001	70.67	60.58	33.89	68.86	<.001
		1-Vague/suggested or meet Dietary Guidelines	23.55	26.20	55.31	15.31		24.02	28.36	54.25	20.26	
		2-Clearly exceed Dietary Guidelines	4.83	10.23	10.74	7.00		5.31	11.07	11.85	10.88	
US14	Using low-fat versions of foods/cooking methods	0-Not mentioned/no policy	95.20	93.59	55.87	94.84	<.001	88.03	92.51	58.62	95.68	<.001
		1-Vague/suggested	1.57	1.95	41.27	2.49		10.07	3.37	38.76	2.61	
		2-Specific and required	3.23	4.46	2.87	2.66		1.90	4.12	2.62	1.71	

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(Items with * are included in Monograph)

Variable Description			Elementary School - Region									
			SY 06-07					SY 07-08				
			% of districts (<u>weighted</u> by grade level)					% of districts (<u>weighted</u> by grade level)				
Responses	West	Mid-W	South	N.E.	Sig X ²	West	Mid-W	South	N.E.	Sig X ²		
US15	Strategies to increase participation in school meal programs	0-Not mentioned/no policy	64.00	58.43	62.89	62.17	n/s	64.80	55.90	66.06	56.13	n/s
		1-Vague/suggested	24.06	27.13	19.78	19.36		28.14	30.81	21.00	20.27	
		2-Specific and required	11.94	14.44	17.33	18.47		7.06	13.29	12.95	23.61	
US16	Optimizes meal scheduling	0-Not mentioned/no policy	82.70	72.64	55.55	57.90	<.01	86.53	60.65	52.40	45.85	<.001
		1-Vague/suggested	14.17	17.01	38.83	36.53		10.19	23.32	41.98	47.71	
		2-Specific and required	3.13	10.34	5.92	5.56		3.28	16.03	5.62	6.44	
US17*	Adequate time to eat (≥20 mins for lunch; ≥ 10 mins for breakfast)	0-Not mentioned/no policy	59.21	61.02	38.21	48.46	<.01	57.03	53.66	35.42	32.95	<.01
		1-Vague/suggested or < time guidelines	35.27	28.78	51.87	28.12		37.74	32.78	52.82	44.41	
		2-Required	5.52	10.20	9.92	23.41		5.22	13.55	11.76	22.64	
US18	Hand-washing	0-Not mentioned/no policy	87.01	80.85	90.10	75.47	n/s	85.57	79.69	90.84	68.53	<.01
		1-Vague/suggested	0.87	2.09	2.06	3.04		2.40	2.43	1.56	4.53	
		2-Ensures assistance with hand-washing/facilitating	12.12	17.05	7.85	21.50		12.03	17.88	7.60	26.95	
US19	Nutrition qualifications of meal staff	0-Not mentioned/no policy	94.65	69.92	79.95	77.21	<.01	90.87	70.81	76.30	69.82	<.05
		1-Vague/suggested	0.00	3.08	0.10	0.00		0.00	1.63	0.11	0.00	
		2-Required	5.35	27.00	19.96	22.79		9.13	27.56	23.59	30.18	
US20	Training for food service staff	0-Not mentioned/no policy	72.86	68.44	81.99	72.45	n/s	68.85	59.37	78.62	63.96	<.05
		1-Vague/suggested	19.64	24.04	11.36	25.81		18.27	35.25	14.61	31.34	
		2-Required	7.50	7.52	6.64	1.74		12.88	5.37	6.77	4.71	
US21	School meal environment	0-Not mentioned/no policy	62.29	53.83	35.39	49.24	<.05	62.38	44.66	38.64	32.99	<.001
		1-Vague/suggested	5.34	1.04	7.22	1.92		13.25	1.30	6.57	3.10	
		2-Requires specifics strategies	32.36	45.13	57.39	48.84		24.38	54.03	54.79	63.91	
US22*	Nutrition information for school meals	0-Not mentioned/no policy	73.78	86.70	88.57	70.77	<.001	77.86	88.48	87.42	63.70	<.001
		1-Vague/suggested	15.84	9.31	3.41	2.40		12.84	7.61	2.94	3.55	
		2-Specific and required	10.38	3.99	8.02	26.84		9.30	3.91	9.63	32.74	

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			Elementary School - Region									
			SY 06-07					SY 07-08				
			% of districts (<u>weighted</u> by grade level)					% of districts (<u>weighted</u> by grade level)				
Variable	Description	Responses	West	Mid-W	South	N.E.	Sig X ²	West	Mid-W	South	N.E.	Sig X ²
US38a	Farm-to-school program	0-Not mentioned/no policy	88.94	99.98	92.84	95.02	<.01	81.33	99.48	91.98	93.69	<.001
		1-Vague/suggested	11.06	0.00	7.10	4.26		18.67	0.49	6.91	5.57	
		2-Specific and required	0.00	0.02	0.06	0.72		0.00	0.02	1.11	0.75	
COMPETITIVE FOODS												
NG23*	FW: Nutrition guidelines for all foods outside of the school meal program during the SD	0-No goal/policy	19.90	19.33	19.02	31.29	<.05	10.05	18.07	15.49	7.96	n/s
		1-Suggested or only meet Dietary Guidelines	19.44	41.12	20.59	26.04		29.21	39.76	21.23	37.14	
		2-Required/definitively in place	60.66	39.55	60.39	42.67		60.74	42.17	63.28	54.90	
<i>Access Restrictions</i>												
NG23b	Competitive food and beverage ban	0-Not mentioned/no policy	91.91	92.64	63.57	98.45	<.001	94.87	90.33	62.00	93.66	<.001
		1-Suggested or only applies to food (not bev) or visa versa	7.50	7.36	34.61	1.55		4.60	7.82	35.78	4.44	
		2-Required	0.59	0.00	1.82	0.00		0.52	1.85	2.23	1.90	
NG23c	Nutrition guidelines apply to vending contracts	0-Not mentioned/no policy	90.43	92.56	66.91	97.01	<.001	81.27	91.66	63.55	94.28	<.001
		1-Suggested/encouraged	7.00	1.04	2.60	1.43		7.70	0.85	3.84	3.92	
		2-Required	2.56	6.40	30.49	1.56		11.03	7.49	32.61	1.80	
NG24*	Vending machines	0-Not mentioned/no policy	26.45	39.70	25.76	41.44	<.001	17.18	33.80	24.57	23.99	<.001
		1-Suggested/limited restrictions	27.70	51.88	30.48	23.17		37.40	52.04	28.09	32.02	
		2-Ban or all F&B must meet guidelines	45.85	8.42	43.76	35.39		45.42	14.16	47.34	43.99	
NG25*	School stores	0-Not mentioned/no policy	31.58	44.11	27.81	47.37	<.001	25.62	39.92	27.16	27.81	<.001
		1-Suggested/limited restrictions	24.14	50.12	29.17	37.10		30.30	48.71	26.95	45.45	
		2-Ban or all F&B must meet guidelines	44.28	5.78	43.02	15.53		44.07	11.37	45.88	26.73	
NG26*	A la carte	0-Not mentioned/no policy	34.47	39.19	25.39	43.37	<.001	29.33	31.75	25.15	24.96	<.01
		1-Suggested/limited restrictions	21.69	54.54	59.76	43.02		29.44	56.04	57.67	49.64	
		2-Ban or all F&B must meet guidelines	43.84	6.28	14.85	13.61		41.23	12.20	17.18	25.39	
NG27*	Class parties and celebrations	0-Not mentioned/no policy	43.54	56.34	42.40	47.34	n/s	30.06	51.27	38.18	32.88	<.05
		1-Suggested/limited restrictions	54.39	43.55	57.37	52.10		67.93	48.61	61.56	64.54	
		2-Ban or all F&B must meet guidelines	2.07	0.10	0.24	0.56		2.01	0.11	0.26	2.58	

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Variable Description			Elementary School - Region									
			SY 06-07					SY 07-08				
			% of districts (<u>weighted</u> by grade level)					% of districts (<u>weighted</u> by grade level)				
Responses	West	Mid-W	South	N.E.	Sig X ²	West	Mid-W	South	N.E.	Sig X ²		
NG28	Food from home for whole class	0-Not mentioned/no policy	42.85	55.79	42.40	47.34	n/s	28.01	51.04	38.18	32.88	<.05
		1-Suggested/limited restrictions	55.07	43.44	57.37	52.10		69.98	48.49	61.56	64.54	
		2-Ban or all F&B must meet guidelines	2.07	0.77	0.24	0.56		2.01	0.47	0.26	2.58	
NG29	Food before school	0-Not mentioned/no policy	52.55	91.80	86.82	86.69	<.001	51.61	87.76	85.24	86.62	<.001
		1-Suggested/limited restrictions	25.65	5.04	6.83	10.49		21.45	8.02	7.19	11.72	
		2-Nutrition guidelines apply to before school sales	21.80	3.16	6.35	2.82		26.94	4.23	7.57	1.66	
NG30	Food after school	0-Not mentioned/no policy	58.58	95.69	97.57	92.82	<.001	55.80	94.22	97.52	91.89	<.001
		1-Suggested/limited restrictions	17.97	4.31	2.39	3.71		16.28	5.78	2.42	5.40	
		2-Nutrition guidelines apply to after school sales	23.46	0.00	0.04	3.47		27.93	0.00	0.07	2.71	
NG31	Food at evening/community events	0-Not mentioned/no policy	74.13	91.20	76.78	85.58	<.05	70.04	87.80	84.92	81.75	<.1
		1-Suggested/limited restrictions	22.98	8.80	22.84	13.17		28.44	10.35	14.72	16.00	
		2-Nutrition guidelines apply	2.89	0.00	0.38	1.25		1.52	1.85	0.35	2.26	
NG32	Fundraisers	0-Not mentioned/no policy	43.78	75.57	48.65	47.98	<.001	35.79	69.66	44.37	29.71	<.001
		1-Limited restrictions or only fundraisers during SD	54.21	23.66	50.45	50.77		63.20	27.82	54.82	63.45	
		2-Nutrition guidelines apply to all fundraisers	2.01	0.77	0.90	1.25		1.01	2.52	0.81	6.84	
NG40*	Use of food as a reward/punishment	0-Not mentioned/no policy or encourages healthy food as reward	81.94	70.20	77.84	62.89	<.05	80.14	68.10	76.11	46.84	<.001
		1-Discourage food as a reward/prohibit as punishment	15.61	24.27	11.63	24.17		15.85	28.07	12.54	39.74	
		2-Prohibits using food as a reward/punishment	2.46	5.53	10.53	12.95		4.01	3.84	11.34	13.42	
Content Restrictions												
NG33*	Sugar content of Foods	0-Not mentioned/no policy	37.38	74.94	83.80	49.12	<.001	36.50	73.85	49.35	41.05	<.001
		1-Suggested/limited restrictions	19.66	21.00	2.48	45.96		20.30	18.12	32.77	50.70	
		2-Specific and required or competitive food ban	42.96	4.06	13.71	4.92		43.20	8.03	17.88	8.25	
NG34*	Fat content of foods	0-Not mentioned/no policy	32.53	56.71	41.64	46.19	<.001	32.16	51.28	35.71	32.44	<.001
		1-Suggested/limited restrictions	24.51	38.27	12.88	42.07		24.30	37.72	16.42	43.29	
		2-Specific and required or competitive food ban	42.96	5.02	45.48	11.74		43.54	11.00	47.88	24.26	

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Bridging the Gap Weighted District-level Wellness Policy Data by Grade Level and Region, SY 06-07 and 07-08

(Items with * are included in Monograph)

			Elementary School - Region									
			SY 06-07					SY 07-08				
			% of districts (<u>weighted</u> by grade level)					% of districts (<u>weighted</u> by grade level)				
Variable	Description	Responses	West	Mid-W	South	N.E.	Sig X ²	West	Mid-W	South	N.E.	Sig X ²
NG35	Sodium content of foods	0-Not mentioned/no policy	67.43	67.84	74.95	83.26	<.01	70.62	69.24	71.18	76.47	<.05
		1-Suggested/limited restrictions	21.62	30.88	13.37	14.55		18.36	29.22	15.44	15.54	
		2-Specific and required or competitive food ban	10.95	1.28	11.68	2.19		11.02	1.54	13.38	7.98	
NG36*	Calorie content per serving size	0-Not mentioned/no policy	58.23	89.38	94.50	92.39	<.001	58.18	86.23	91.61	81.00	<.001
		1-Suggested/limited restrictions	25.89	9.34	2.54	5.23		5.54	8.25	5.08	6.72	
		2-Specific and required or competitive food ban	15.88	1.28	2.96	2.38		36.28	5.52	3.31	12.28	
NG37	Serving size of foods	0-Not mentioned/no policy	76.21	77.06	54.98	62.43	<.001	76.66	79.71	49.10	54.62	<.001
		1-Suggested/limited restrictions	11.62	21.02	1.10	19.96		11.41	17.44	5.19	25.04	
		2-Specific and required or competitive food ban	12.17	1.93	43.92	17.61		11.93	2.85	45.71	20.35	
NG38	Whole/unprocessed & fresh food availability	0-Not mentioned/no policy	49.34	63.68	45.77	53.63	<.001	51.50	56.98	42.99	50.98	<.001
		1-Suggested	47.28	30.51	53.06	17.75		43.70	35.75	55.01	20.33	
		2-Specific and required	3.38	5.81	1.17	28.62		4.80	7.27	2.01	28.69	
NG39	Ingredients with questionable effects (e.g., trans fats, artificial sweeteners)	0-Not mentioned/no policy	73.86	88.41	91.88	56.72	<.001	74.33	88.26	58.36	50.51	<.001
		1-Suggested/limited restrictions	14.90	9.29	0.86	40.25		11.94	8.38	33.51	42.09	
		2-Specific and required or competitive food ban	11.23	2.30	7.27	3.03		13.74	3.36	8.13	7.40	
NG41*	Nutrition information provided for competitive foods	0-Not mentioned/no policy	94.15	93.66	96.94	88.79	n/s	92.78	95.12	93.72	84.77	<.05
		1-Suggested	3.42	2.83	0.53	4.16		5.04	2.76	0.56	4.43	
		2-Specific and required or competitive food ban	2.44	3.52	2.54	7.05		2.18	2.12	5.72	10.80	
NG42	Sugar content of beverages	0-Not mentioned/no policy	45.80	75.96	50.96	54.17	<.01	45.62	73.27	46.84	43.56	<.001
		1-Suggested/limited restrictions	40.14	21.05	36.16	31.65		41.96	21.24	37.01	32.02	
		2-Specific and required or competitive food ban	14.07	2.99	12.88	14.18		12.42	5.49	16.15	24.41	
NG43	Fat content of beverages	0-Not mentioned/no policy	90.22	89.15	56.75	58.21	<.001	93.15	88.79	55.05	51.54	<.001
		1-Suggested/limited restrictions	7.12	7.85	31.38	27.97		4.58	5.93	31.12	28.21	
		2-Specific and required or competitive food ban	2.66	2.99	11.87	13.82		2.26	5.28	13.84	20.25	

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(Items with * are included in Monograph)

			Elementary School - Region									
			SY 06-07					SY 07-08				
Variable	Description	Responses	% of districts (<u>weighted</u> by grade level)					% of districts (<u>weighted</u> by grade level)				
			West	Mid-W	South	N.E.	Sig X ²	West	Mid-W	South	N.E.	Sig X ²
NG44*	Calorie content of beverages	0-Not mentioned/no policy	99.32	96.88	92.56	92.72	<.05	98.33	95.94	92.25	82.36	<.001
		1-Suggested/limited restrictions	0.09	3.01	5.19	7.28		1.14	3.94	5.12	15.74	
		2-Specific and required or competitive food ban	0.59	0.11	2.24	0.00		0.52	0.12	2.64	1.90	
NG45*	Regular soda	0-Not mentioned/no policy	36.64	74.21	41.44	48.94	<.001	29.96	68.97	37.11	36.04	<.001
		1-Suggested/limited restrictions	19.55	13.44	10.16	14.47		25.48	13.76	10.23	19.99	
		2-Banned	43.81	12.34	48.40	36.59		44.56	17.27	52.66	43.97	
NG46*	Beverages (other than soda) with added caloric sweeteners	0-Not mentioned/no policy	54.19	84.38	56.46	61.89	<.001	54.08	80.12	51.47	49.70	<.001
		1-Suggested/limited restrictions	28.06	12.63	35.43	24.51		31.78	14.38	37.58	27.87	
		2-Banned	17.74	2.99	8.11	13.59		14.15	5.49	10.96	22.44	
NG47	Sugar/calorie content of milk	0-Not mentioned/no policy	87.62	98.36	64.37	74.35	<.001	89.06	97.49	64.12	75.90	<.001
		1-Suggested/limited restrictions	1.22	1.64	0.16	20.61		0.53	2.51	0.19	19.19	
		2-Specific and required or competitive food ban	11.16	0.00	35.47	5.04		10.41	0.00	35.68	4.91	
NG48*	Fat content of milk	0-Not mentioned/no policy	55.61	86.01	82.15	67.55	<.001	55.42	81.61	77.68	63.39	<.001
		1-Suggested/limited restrictions	42.36	12.63	11.33	26.76		42.99	15.33	13.78	26.91	
		2-Specific and required or competitive food ban	2.03	1.37	6.52	5.69		1.58	3.06	8.54	9.70	
NG49	Serving size limit for beverages	0-Not mentioned/no policy	83.53	83.95	54.34	56.27	<.001	84.80	86.84	51.10	47.88	<.001
		1-Suggested/limited restrictions	2.40	15.93	34.31	38.26		1.98	13.04	7.26	46.20	
		2-Specific and required or competitive food ban	14.07	0.11	11.35	5.47		13.21	0.12	41.64	5.91	
NG50*	Caffeine content of beverages	0-Not mentioned/no policy	53.95	87.09	53.85	57.13	<.001	54.39	83.94	52.36	47.94	<.001
		1-Suggested/limited restrictions	2.93	9.19	38.24	28.26		1.81	6.04	7.62	27.99	
		2-Specific and required or competitive food ban	43.12	3.71	7.92	14.61		43.81	10.02	40.02	24.07	
NG51*	Availability of free drinking water throughout the school and school day	0-Not mentioned/no policy	86.96	92.91	91.98	76.57	<.001	87.83	91.05	92.27	73.71	<.001
		1-Suggested/encouraged	7.19	1.43	0.37	1.64		7.55	1.24	1.07	0.00	
		2-Free water is always available	5.85	5.65	7.65	21.79		4.62	7.71	6.66	26.29	

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Bridging the Gap Weighted District-level Wellness Policy Data by Grade Level and Region, SY 06-07 and 07-08

(Items with * are included in Monograph)

Variable Description			Elementary School - Region									
			SY 06-07					SY 07-08				
			% of districts (<u>weighted</u> by grade level)					% of districts (<u>weighted</u> by grade level)				
Responses	West	Mid-W	South	N.E.	Sig X ²	West	Mid-W	South	N.E.	Sig X ²		
PHYSICAL EDUCATION (PE)												
PE52a*	PE addressed in district policy	0-Not mentioned/no policy	19.28	25.94	28.90	34.27	n/s	9.05	18.15	26.59	10.17	<.1
		1-Definitively addressed	80.72	74.06	71.10	65.73		90.95	81.85	73.41	89.83	
PE52	PE curriculum all grades	0-Not mentioned/no policy	39.69	36.01	65.30	50.84	<.01	35.18	29.16	70.93	33.70	<.001
		1-Suggested/encouraged	9.92	17.13	11.23	15.49		9.58	20.54	8.19	22.89	
		2-Clear curriculum-all grades	50.38	46.86	23.46	33.67		55.24	50.30	20.88	43.41	
PE53*	Time requirements for PE:	0-Not mentioned/no policy	65.51	76.61	76.45	87.50	<.1	66.03	77.36	79.29	78.67	n/s
PE54*	≥ 150 mins/week (ES)	1- < NASPE standards or specifies days (not duration)	30.01	22.57	18.89	12.50		30.05	20.02	17.49	21.33	
PE55*	≥ 225 mins/week (MS/HS)	2- ≥ NASPE standards	4.48	0.82	4.66	0.00		3.92	2.62	3.22	0.00	
PE56*	PE teaches physically active lifestyle	0-Not mentioned/no policy	42.03	35.71	64.96	41.28	<.001	33.94	30.04	67.30	20.11	<.001
		1- Suggested/encouraged	23.00	4.43	6.98	7.35		24.18	3.94	4.91	6.37	
		2- Required	34.97	59.85	28.06	51.37		41.89	66.02	27.80	73.52	
PE57	PE competency (skills, knowledge) assessment	0-Not mentioned/no policy	50.82	56.87	80.36	57.64	<.001	48.51	52.45	78.57	44.01	<.001
		1- Suggested/encouraged	37.98	4.18	4.28	1.83		42.33	3.76	2.60	5.59	
		2- Required	11.20	38.96	15.36	40.53		9.17	43.80	18.83	50.40	
PE58	PE quality	0-Not mentioned/no policy	42.82	46.05	76.73	56.53	<.001	31.64	40.38	79.86	41.88	<.001
		1- Suggested/encouraged	12.79	8.20	9.67	8.14		22.80	8.98	6.79	9.76	
		2- Curriculum aligned with stds/benchmarks, sequential	44.38	45.75	13.61	35.34		45.57	50.63	13.36	48.37	
PE59	Inclusive play	0-Not mentioned/no policy	53.76	50.49	82.66	55.39	<.001	49.89	46.74	82.49	39.80	<.001
		1- Suggested/encouraged	13.70	4.20	4.32	3.45		14.41	3.15	2.68	6.06	
		2- Required	32.54	45.32	13.02	41.17		35.70	50.11	14.83	54.14	
PE60	PE courses/credits required for graduation	0-Not mentioned/no policy	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a
		1- Suggested/encouraged										
		2- Required										

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			SY 06-07					SY 07-08				
Variable	Description	Responses	% of districts (<u>weighted</u> by grade level)					% of districts (<u>weighted</u> by grade level)				
			West	Mid-W	South	N.E.	Sig X ²	West	Mid-W	South	N.E.	Sig X ²
PE61	Daily PE requirement	0-Not mentioned/no policy	81.11	89.30	89.65	97.06	<.001	86.25	87.39	92.00	86.63	<.05
		1- Suggested/encouraged	18.89	1.59	6.73	2.94		11.69	3.95	5.54	13.37	
		2- Required	0.00	9.11	3.62	0.00		2.05	8.66	2.46	0.00	
PE62	Teacher-student ratio for PE	0-Not mentioned/no policy	95.41	92.59	90.35	82.69	n/s	96.35	93.27	88.51	76.66	<.001
		1- Suggested	4.59	7.41	7.51	15.75		3.37	6.73	8.04	21.54	
		2- Specific and required	0.00	0.00	2.14	1.56		0.28	0.00	3.45	1.80	
PE63	Safe/adequate equipment/facilities	0-Not mentioned/no policy	87.71	91.48	90.16	75.26	<.001	87.04	87.28	88.58	71.21	<.01
		1- Suggested	10.71	3.00	3.30	4.30		11.28	3.94	3.46	12.42	
		2- Specific and required	1.58	5.52	6.54	20.44		1.68	8.78	7.96	16.37	
PE64*	Moderate-to-vigorous activity	0-Not mentioned/no policy	67.19	79.44	61.89	71.19	<.05	62.54	76.08	64.97	61.47	<.05
		1- Moderate-to-vigorous activity addressed but <50% time or not specified	15.49	13.86	31.51	24.76		23.11	11.75	27.59	33.78	
		2- ≥ 50% class time devoted to moderate-to-vigorous activity	17.33	6.70	6.60	4.05		14.35	12.17	7.44	4.74	
PE65*	Qualifications of PE instructors	0-Not mentioned/no policy	75.95	71.61	83.11	60.47	<.01	77.97	65.64	77.60	57.24	<.01
		1- Suggested	11.47	7.11	5.55	2.64		8.91	8.53	4.49	4.49	
		2- Requires PE to be taught by qualified instructors	12.58	21.28	11.34	36.89		13.12	25.84	17.91	38.27	
PE66	Training for PE instructors	0-Not mentioned/no policy	73.83	90.42	89.65	74.99	<.001	68.57	90.87	88.61	73.70	<.001
		1- Suggested or training for teachers generally (not PE-specific)	22.86	0.96	5.09	3.31		26.31	1.24	7.43	3.78	
		2- Provision of PE training for PE instructors	3.31	8.62	5.26	21.70		5.12	7.88	3.96	22.52	
PE67	Prohibits waivers for PE	0-Not mentioned/no policy	95.93	88.18	91.44	94.03	<.05	96.34	85.32	92.77	92.25	<.01
		1- Suggested	0.27	7.30	2.94	0.03		0.26	8.58	3.10	0.05	
		2- PE waivers prohibited	3.80	4.51	5.62	5.95		3.41	6.10	4.14	7.70	
PE68	Annual health assessment	0-Not mentioned/no policy	86.57	79.12	83.65	68.08	n/s	70.93	79.46	82.70	52.69	<.01
		1- Suggested/vague	13.43	20.88	16.35	31.35		29.07	20.54	17.30	46.48	
		2- Specific and required	0.00	0.00	0.00	0.56		0.00	0.00	0.00	0.83	

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			SY 06-07					SY 07-08				
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			West	Mid-W	South	N.E.	Sig X ²	West	Mid-W	South	N.E.	Sig X ²
PE68a*	BMI	0-Not mentioned/no policy	90.02	82.22	87.70	94.51	<.05	80.03	81.86	86.54	85.70	n/s
	(ch. 7 of mono)	1- BMI suggested (with or without reporting)	9.98	17.78	12.22	3.59		19.97	18.14	13.36	11.94	
		2- BMI required without reporting	0.00	0.00	0.09	1.33		0.00	0.00	0.10	1.98	
		3- BMI required with reporting	0.00	0.00	0.00	0.56		0.00	0.00	0.00	0.38	
PHYSICAL ACTIVITY (PA)												
PA69*	FW: Physical activity (PA) goals	0- No goal/policy	17.48	20.42	17.82	32.39	n/s	11.02	15.03	17.01	6.36	n/s
		1- PA goal suggested or repeats FW language	2.91	1.62	0.09	1.59		4.89	0.31	3.12	0.92	
		2- PA goal specified	79.61	77.96	82.10	66.01		84.09	84.66	79.87	92.72	
PA70*	PA outside of PE for every grade level	0-Not mentioned/no policy	28.84	54.34	33.29	41.37	<.001	22.24	53.37	33.64	23.01	<.001
		1- Suggested/vague or not clear PA for all grades	41.25	19.24	15.94	42.96		39.33	17.83	26.32	44.56	
		2- Clear each grade will get PA outside of PE	29.91	26.41	50.77	15.67		38.43	28.80	40.03	32.43	
PA72*	PA throughout the day	0-Not mentioned/no policy	69.77	63.25	48.53	48.83	<.001	71.05	57.19	47.62	36.06	<.001
		1- Suggested	22.14	31.43	45.39	28.34		20.34	37.14	44.88	41.53	
		2- Required	8.08	5.32	6.08	22.83		8.62	5.67	7.50	22.41	
PA73	Intramurals, interscholastic, extracurricular activities	0-Not mentioned/no policy	41.17	69.14	82.57	66.94	<.001	37.74	68.49	84.63	53.66	<.001
		1- Suggested	32.44	17.05	10.85	26.88		27.32	15.49	9.71	33.29	
		2- Required/definitively offered	26.39	13.81	6.58	6.18		34.94	16.02	5.66	13.05	
PA74	Community use of school facilities for physical activity purposes	0-Not mentioned/no policy	73.90	79.12	79.36	71.46	<.01	73.78	73.55	71.50	63.72	<.05
		1- Suggested	20.76	10.29	3.88	2.12		13.81	8.76	2.28	2.78	
		2- Required/definitively in place	5.33	10.60	16.76	26.41		12.41	17.69	26.21	33.50	
PA75	Safe (active) routes to school (SRTS)	0-Not mentioned/no policy	80.35	96.17	91.63	74.43	<.001	82.26	94.41	91.43	74.69	<.01
		1- Suggested/encouraged	7.06	2.72	2.19	6.49		6.73	2.17	3.44	6.59	
		2- Ensures effort to promote SRTS	12.60	1.11	6.17	19.09		11.01	3.42	5.13	18.73	
PA76*	Not using PA as punishment	0-Not mentioned/no policy	84.54	73.96	84.40	76.00	<.01	83.31	64.99	83.53	62.74	<.001
		1- Suggested	9.22	15.43	4.42	2.45		11.12	22.43	6.63	9.67	
		2- Prohibits PA as punishment	6.23	10.60	11.17	21.55		5.57	12.58	9.84	27.59	

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Variable Description			Elementary School - Region									
			SY 06-07					SY 07-08				
			% of districts (<u>weighted</u> by grade level)					% of districts (<u>weighted</u> by grade level)				
Responses	West	Mid-W	South	N.E.	Sig X ²	West	Mid-W	South	N.E.	Sig X ²		
PA77* Daily recess	0-Not mentioned/no policy	63.56	71.35	79.74	72.64	n/s	61.09	71.96	75.24	63.31	n/s	
	1- Suggested or frequency vague	15.35	10.87	9.18	13.97		13.88	8.64	12.33	18.80		
	2- Required	21.09	17.78	11.08	13.40		25.03	19.40	12.42	17.88		
PA78 Recess quality to promote PA	0-Not mentioned/no policy	57.29	79.42	82.91	66.58	<.01	38.45	73.48	79.21	55.00	<.001	
	1- Suggested	29.72	15.50	15.31	31.23		52.11	22.20	19.09	42.72		
	2- Specific and required	12.99	5.09	1.78	2.19		9.44	4.32	1.70	2.28		
STAFF PA/WELLNESS/MODELING												
PA71 PA opportunities for school staff	0-Not mentioned/no policy	73.43	85.24	91.57	95.92	<.001	68.94	87.69	89.00	93.95	<.001	
	1- Suggested	25.91	6.73	5.23	2.79		30.39	4.84	8.32	4.51		
	2- Required	0.66	8.03	3.20	1.29		0.67	7.47	2.69	1.54		
CP80 Staff wellness programs	0-Not mentioned/no policy	86.50	76.32	71.06	83.52	<.01	86.63	73.14	71.31	78.57	<.001	
	1- Suggested	7.53	8.00	23.95	7.04		4.23	7.95	23.09	9.62		
	2- Required/definitively in place	5.97	15.68	5.00	9.44		9.14	18.91	5.60	11.81		
CP82 Staff to role model healthy behaviors	0-Not mentioned/no policy	68.25	71.44	75.40	67.53	<.01	67.28	66.99	81.59	65.06	<.001	
	1- Suggested	3.87	15.12	5.12	1.97		3.66	18.79	4.99	2.67		
	2- Require schools to encourage staff modeling	27.88	13.44	19.48	30.50		29.06	14.22	13.42	32.27		
STAKEHOLDER INVOLVEMENT/FEEDBACK												
CP79 FW: Stakeholders involved in development of wellness policy	0-Not mentioned/no policy	55.02	67.96	39.51	62.40	<.001	57.93	67.81	41.26	53.91	<.001	
	1- Suggested or not clear all reqd. stakeholders involved	22.15	16.81	13.97	9.73		18.13	18.33	12.11	16.60		
	2- All reqd. stakeholders involved in policy dev.	22.83	15.23	46.51	27.88		23.94	13.85	46.63	29.49		
CP85 Methods to solicit input	0-Not mentioned/no policy	54.30	70.28	68.45	64.07	<.01	49.78	61.24	75.28	57.99	<.001	
	1- Suggested/vague	34.16	8.27	9.94	14.86		43.03	16.79	10.93	16.61		
	2- Required and specific	11.55	21.44	21.61	21.07		7.19	21.98	13.79	25.40		
CP86 How to engage parents/ community	0-Not mentioned/no policy	41.29	75.00	80.18	66.83	<.001	45.03	75.19	77.53	53.88	<.001	
	1- Suggested/vague	29.66	9.68	1.54	14.21		29.68	5.91	2.55	15.93		
	2- Required and specific	29.06	15.32	18.27	18.95		25.29	18.90	19.92	30.19		

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Bridging the Gap Weighted District-level Wellness Policy Data by Grade Level and Region, SY 06-07 and 07-08

(Items with * are included in Monograph)

Variable Description			Elementary School - Region									
			SY 06-07					SY 07-08				
			% of districts (<u>weighted</u> by grade level)					% of districts (<u>weighted</u> by grade level)				
Responses	West	Mid-W	South	N.E.	Sig X ²	West	Mid-W	South	N.E.	Sig X ²		
CP87	Content communicated to parents	0-Not mentioned/no policy	47.24	59.98	55.43	50.47	n/s	47.06	54.41	54.68	31.52	<.1
		1- Suggested/vague	21.57	16.44	28.94	21.08		22.45	16.68	26.17	26.47	
		2- Required and specific	31.19	23.58	15.63	28.45		30.48	28.90	19.15	42.01	
CP90*	Ongoing health advisory (ch. 7 of committee mono)	0-Not mentioned/no policy	68.08	50.80	48.82	53.43	n/s	49.99	49.83	43.89	38.02	<.01
		1- Suggested/vague	10.67	6.62	11.90	7.52		21.59	3.12	19.74	10.88	
		2- Required and clearly ongoing	21.25	42.58	39.27	39.05		28.42	47.05	36.37	51.10	
MESSAGING, MARKETING, & PROMOTION												
CP81	Consistency of nutrition messages	0-Not mentioned/no policy	47.35	52.38	38.58	47.35	<.01	35.33	47.76	34.44	30.53	<.001
		1- Suggested/vague	35.50	36.25	23.81	26.66		47.81	43.39	28.35	40.89	
		2-Specific and required	17.15	11.37	37.61	25.99		16.86	8.85	37.21	28.59	
CP83	Responsible for communication	0-Not mentioned/no policy	50.80	72.01	79.06	65.18	<.001	52.65	68.98	76.85	49.51	<.001
		1- Suggested/vague	21.36	25.09	16.85	33.25		18.92	28.50	17.35	48.49	
		2- Specific and required	27.85	2.91	4.10	1.58		28.42	2.52	5.80	2.00	
CP84	Coordinated School Health program	0-Not mentioned/no policy	79.64	93.76	66.43	89.05	<.001	73.68	95.92	66.16	85.81	<.001
		1- Suggested/vague	1.50	1.06	3.44	8.77		1.54	1.17	2.17	9.38	
		2- Definitely in place	18.86	5.19	30.13	2.18		24.79	2.91	31.67	4.81	
CP88*	Marketing healthy choices (ch. 5 of mono)	0-Not mentioned/no policy	57.83	76.86	85.17	79.71	<.01	71.24	70.30	84.49	78.84	<.05
		1- Suggested/vague	29.52	10.88	9.03	17.63		19.93	15.41	9.19	19.34	
		2- Specific and required	12.64	12.26	5.80	2.66		8.83	14.29	6.33	1.82	
CP89*	Advertising/marketing of unhealthy choices (ch. 5 of mono)	0-Not mentioned/no policy	64.47	92.00	86.12	85.38	<.001	60.09	91.06	86.06	80.45	<.001
		1- Suggested prohibition/restricted	3.74	3.17	3.90	10.67		4.37	1.80	5.06	10.51	
		2- Prohibited	31.79	4.84	9.98	3.95		35.54	7.13	8.89	9.04	
EVALUATION & IMPLEMENTATION												
E91	FW: Plan for measuring implementation, including designating person responsible	0-Not mentioned/no policy	25.53	28.36	27.73	40.39	n/s	16.04	24.64	25.10	27.56	n/s
		1- Suggested or does not designate responsible person	9.55	6.64	2.02	2.55		9.83	5.38	5.04	2.00	
		2- Specific and required	64.92	64.99	70.25	57.06		74.14	69.98	69.86	70.43	

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Bridging the Gap Weighted District-level Wellness Policy Data by Grade Level and Region, SY 06-07 and 07-08

(Items with * are included in Monograph)

			Elementary School - Region									
			SY 06-07					SY 07-08				
Variable	Description	Responses	% of districts (<u>weighted</u> by grade level)					% of districts (<u>weighted</u> by grade level)				
			West	Mid-W	South	N.E.	Sig X ²	West	Mid-W	South	N.E.	Sig X ²
E92*	Plan for implementation	0-Not mentioned/no policy	35.19	34.03	29.29	41.98	n/s	19.65	29.24	28.86	28.48	n/s
		1- Suggested or does not designate responsible person	4.75	3.48	3.97	3.52		7.78	2.13	3.80	3.03	
		2- Specific and required with responsible person	60.06	62.48	66.74	54.50		72.57	68.64	67.33	68.49	
E93*	Plan for evaluation	0-Not mentioned/no policy	42.37	60.84	68.93	55.33	n/s	35.49	55.38	58.63	39.37	<.05
		1- Suggested	47.11	33.28	26.20	40.76		54.96	40.72	36.11	58.16	
		2- Specific and required	10.52	5.88	4.87	3.91		9.55	3.90	5.26	2.47	
E94*	Audience and frequency of reporting	0-Not mentioned/no policy	53.67	52.57	63.76	55.65	<.05	54.06	46.84	62.85	50.78	<.001
		1- Suggested	7.10	28.29	19.99	22.99		8.26	35.50	16.54	27.62	
		2- Specific and required	39.22	19.15	16.25	21.36		37.68	17.66	20.61	21.60	
E95*	Funding support	0-Not mentioned/no policy	92.58	98.70	95.93	78.68	<.001	92.87	99.37	96.42	80.33	<.001
		1- Suggested	7.28	0.02	1.69	19.89		7.00	0.02	2.00	18.25	
		2- Identifies a specific source of funding	0.15	1.29	2.39	1.43		0.13	0.61	1.59	1.42	
E96*	Plan for revising the policy	0-Not mentioned/no policy	69.21	61.75	77.57	62.84	<.01	64.66	55.05	78.82	58.32	<.001
		1- Suggested	4.30	10.57	4.05	21.70		2.47	9.31	2.33	21.86	
		2- Specific and required	26.50	27.67	18.38	15.45		32.87	35.64	18.84	19.81	
E100	Requires district to report to the state	0-Not mentioned/no policy	100.00	100.00	99.90	100.00	n/s	100.00	100.00	99.88	100.00	n/s
		1- Yes	0.00	0.00	0.10	0.00		0.00	0.00	0.12	0.00	

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Bridging the Gap Weighted District-level Wellness Policy Data by Grade Level and Region, SY 06-07 and 07-08

(Items with * are included in Monograph)

Note 1: Data have been recoded to reflect only policies in effect as of day after Labor Day for each SY (proxy for first day of SY as per FW requirement)

Note 2: Weighted data adjusted for non-response

Note 3: Significance levels are based on bivariate analyses only. Full monograph highlights significant multivariate findings.

Variable	Description	Responses	Middle School - Region									
			SY 06-07					SY 07-08				
			% of districts (<u>weighted</u> by grade level)					% of districts (<u>weighted</u> by grade level)				
			West	Mid-W	South	N.E.	Sig X ²	West	Mid-W	South	N.E.	Sig X ²
NUTRITION EDUCATION												
NE1*	FW: Nutrition education goal	0-No goal/policy	17.06	19.46	21.07	40.32	<.05	8.01	13.14	18.12	13.74	<.01
		1-NE goal suggested or repeats FW language	0.42	2.60	0.62	1.48		4.07	0.33	3.36	22.73	
		2-NE goal specified	82.52	77.94	78.31	58.20		87.93	86.54	78.52	63.54	
NE2*	Nutrition education curriculum	0-Not mentioned/no policy	31.08	37.79	34.69	49.02	<.01	31.06	30.04	32.44	52.97	<.001
		1-Curriculum reqd/suggested, not clear all grades	22.77	37.32	45.67	12.27		22.74	50.66	46.72	13.48	
		2-Clear NE curriculum, all grades	46.15	24.89	19.64	38.71		46.20	19.30	20.84	33.55	
NE3	Nutrition education within larger school community	0-Not mentioned/no policy	37.17	40.38	33.21	54.13	n/s	30.06	35.86	39.92	28.58	n/s
		1-Vague/suggested	57.15	47.16	58.47	36.47		66.08	49.88	50.08	62.93	
		2-Yes, with specific strategies	5.68	12.46	8.33	9.40		3.86	14.27	10.00	8.49	
NE4	Nutrition education beyond school environment	0-Not mentioned/no policy	41.77	67.06	55.76	62.57	<.01	41.69	65.42	58.56	62.27	<.05
		1-Vague/suggested	51.10	27.27	38.21	20.08		54.63	28.19	36.26	25.57	
		2-Yes, with specific strategies	7.13	5.67	6.03	17.35		3.67	6.38	5.17	12.15	
NE5	Nutrition education training for teachers	0-Not mentioned/no policy	76.17	78.71	65.16	70.97	n/s	80.36	76.80	65.55	69.64	n/s
		1-Vague/suggested or just a subset of teachers	15.36	15.84	27.30	22.34		13.85	17.88	29.39	22.10	
		2-Required for all teachers	8.46	5.45	7.54	6.69		5.79	5.32	5.06	8.26	
NE6*	Nutrition education integrated into other subjects	0-Not mentioned/no policy	39.93	60.43	58.27	68.88	<.01	37.36	60.54	58.65	75.18	<.01
		1-Vague/suggested	33.44	11.08	12.30	6.32		32.52	12.78	10.53	7.81	
		2-Required	26.62	28.49	29.42	24.80		30.13	26.68	30.83	17.01	
NE7*	Nutrition education teaches behavior-focused skills	0-Not mentioned/no policy	29.75	37.88	39.20	48.43	<.01	21.60	33.17	40.02	45.75	n/s
		1-Vague/suggested	15.55	11.84	29.29	5.84		25.06	16.54	29.46	12.51	
		2-Required	54.71	50.28	31.51	45.73		53.33	50.30	30.52	41.73	

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Bridging the Gap Weighted District-level Wellness Policy Data by Grade Level and Region, SY 06-07 and 07-08

(Items with * are included in Monograph)

Variable Description			Middle School - Region									
			SY 06-07					SY 07-08				
			% of districts (<u>weighted</u> by grade level)					% of districts (<u>weighted</u> by grade level)				
Responses	West	Mid-W	South	N.E.	Sig X ²	West	Mid-W	South	N.E.	Sig X ²		
NE8	Number of nutrition education courses/hours	0-Not mentioned/no policy 1-Vague/suggested or not all grades 2-Specified	100.00 0.00 0.00	98.29 0.01 1.70	99.32 0.22 0.46	100.00 0.00 0.00	n/s	100.00 0.00 0.00	97.17 0.33 2.50	99.32 0.25 0.43	99.84 0.16 0.00	n/s
NE9	Nutrition education quality	0-Not mentioned/no policy 1-Vague/suggested 2-Curriculum aligned with benchmarks/standards, sequential	30.70 10.01 59.29	38.94 28.52 32.54	71.06 9.24 19.69	52.68 2.86 44.46	<.001	32.54 9.68 57.78	31.80 32.29 35.92	65.02 10.33 24.65	55.93 5.34 38.73	<.001
SCHOOL MEALS												
US10*	FW: Guidelines for school meals are not less restrictive than federal requirements	0-No goal/policy 1-Should/strive to meet federal school meals regs 2-Will meet federal school meal regulations	27.55 0.00 72.45	27.07 3.51 69.42	21.32 0.44 78.24	43.96 0.89 55.15	<.05	14.84 3.59 81.57	23.13 3.23 73.64	16.23 1.22 82.55	13.98 1.44 84.59	n/s
US11*	School Breakfast Program	0-Not mentioned/no policy 1-Suggests/promotes general breakfast program or encourages healthy breakfast 2-Clearly offers national SBP	36.19 5.34 58.47	45.27 16.78 37.95	38.66 39.31 22.03	61.77 2.33 35.90	<.001	17.79 8.46 73.75	44.73 14.95 40.32	35.64 38.84 25.52	34.59 22.92 42.49	<.05
US12	Summer Food Service Program	0-Not mentioned/no policy 1-Suggests/promotes general summer food program 2-Clearly offers national Summer Food Program	93.96 3.43 2.61	98.30 1.61 0.09	97.59 1.10 1.30	95.02 0.02 4.95	<.05	95.55 2.12 2.34	96.72 1.96 1.32	95.86 1.22 2.93	91.46 0.04 8.51	<.05
US13*	Specifies guidelines beyond US Dietary Guidelines	0-Not mentioned/no policy 1-Vague/suggested or meet Dietary Guidelines 2-Clearly exceed Dietary Guidelines	72.26 23.72 4.02	62.27 27.13 10.60	35.55 54.59 9.86	81.06 12.43 6.51	<.001	71.31 24.91 3.78	60.33 29.94 9.73	32.84 56.40 10.76	76.82 12.80 10.38	<.001
US14	Using low-fat versions of foods/cooking methods	0-Not mentioned/no policy 1-Vague/suggested 2-Specific and required	95.16 1.58 3.26	93.36 2.24 4.40	55.70 41.85 2.45	95.20 2.32 2.48	<.001	87.59 10.44 1.97	92.09 3.79 4.12	56.56 41.22 2.22	96.95 1.85 1.21	<.001

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Variable	Description	Responses	Middle School - Region									
			SY 06-07					SY 07-08				
			% of districts (<u>weighted</u> by grade level)					% of districts (<u>weighted</u> by grade level)				
		West	Mid-W	South	N.E.	Sig X ²	West	Mid-W	South	N.E.	Sig X ²	
US15	Strategies to increase participation in school meal programs	0-Not mentioned/no policy	64.08	56.95	69.48	66.47	n/s	65.07	55.39	70.13	47.41	n/s
		1-Vague/suggested	23.89	27.42	18.16	16.99		27.61	32.02	18.03	34.55	
		2-Specific and required	12.03	15.63	12.36	16.54		7.32	12.60	11.84	18.05	
US16	Optimizes meal scheduling	0-Not mentioned/no policy	89.50	74.64	52.17	63.68	<.001	93.46	63.77	50.59	63.65	<.001
		1-Vague/suggested	10.50	17.82	43.12	32.45		6.54	24.70	44.70	33.48	
		2-Specific and required	0.00	7.55	4.71	3.87		0.00	11.53	4.71	2.87	
US17*	Adequate time to eat (≥20 mins for lunch; ≥ 10 mins for breakfast)	0-Not mentioned/no policy	59.26	59.64	34.79	54.90	<.01	57.01	53.02	34.16	50.82	n/s
		1-Vague/suggested or < time guidelines	36.03	29.80	56.24	25.14		39.29	34.61	56.95	35.60	
		2-Required	4.71	10.56	8.97	19.97		3.69	12.36	8.89	13.58	
US18	Hand-washing	0-Not mentioned/no policy	87.76	80.17	90.99	78.99	n/s	86.76	80.50	92.46	78.69	n/s
		1-Vague/suggested	0.88	2.17	1.81	2.82		2.49	2.57	1.33	3.20	
		2-Ensures assistance with hand-washing/facilitating	11.36	17.66	7.20	18.18		10.75	16.93	6.21	18.11	
US19	Nutrition qualifications of meal staff	0-Not mentioned/no policy	94.97	68.85	81.59	79.44	<.01	91.82	71.13	78.33	77.31	n/s
		1-Vague/suggested	0.00	3.18	0.09	0.00		0.00	1.72	0.10	0.00	
		2-Required	5.03	27.96	18.32	20.56		8.18	27.15	21.57	22.69	
US20	Training for food service staff	0-Not mentioned/no policy	73.01	67.32	83.47	74.37	n/s	68.98	59.05	80.45	70.41	<.05
		1-Vague/suggested	19.43	24.89	10.43	24.01		18.01	35.27	13.36	23.57	
		2-Required	7.55	7.79	6.10	1.62		13.00	5.67	6.19	6.02	
US21	School meal environment	0-Not mentioned/no policy	62.36	52.19	35.75	54.44	<.05	62.27	43.52	36.04	51.24	<.01
		1-Vague/suggested	5.88	1.08	6.63	1.79		14.17	1.37	6.01	2.19	
		2-Requires specifics strategies	31.75	46.73	57.63	43.77		23.56	55.10	57.96	46.57	
US22*	Nutrition information for school meals	0-Not mentioned/no policy	74.79	86.23	89.51	73.45	<.001	79.31	89.79	88.93	72.98	<.001
		1-Vague/suggested	15.96	9.64	3.13	2.23		13.32	8.04	2.69	2.51	
		2-Specific and required	9.25	4.13	7.36	24.32		7.37	2.18	8.38	24.50	

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Variable	Description	Responses	Middle School - Region									
			SY 06-07					SY 07-08				
			% of districts (<u>weighted</u> by grade level)					% of districts (<u>weighted</u> by grade level)				
			West	Mid-W	South	N.E.	Sig X ²	West	Mid-W	South	N.E.	Sig X ²
US38a	Farm-to-school program	0-Not mentioned/no policy	88.86	99.98	93.43	95.37	<.01	80.64	99.46	92.67	95.54	<.001
		1-Vague/suggested	11.14	0.00	6.51	3.96		19.36	0.52	6.32	3.93	
		2-Specific and required	0.00	0.02	0.06	0.67		0.00	0.03	1.01	0.53	
COMPETITIVE FOODS												
NG23*	FW: Nutrition guidelines for all foods outside of the school meal program during the SD	0-No goal/policy	20.05	19.14	25.08	38.92	<.01	10.43	18.01	17.04	12.14	n/s
		1-Suggested or only meet Dietary Guidelines	18.11	37.89	13.80	22.02		27.85	37.26	18.74	48.21	
		2-Required/definitively in place	61.84	42.97	61.12	39.06		61.72	44.73	64.22	39.66	
<i>Access Restrictions</i>												
NG23b	Competitive food and beverage ban	0-Not mentioned/no policy	97.34	99.74	99.59	99.20	<.1	98.01	99.72	97.28	98.55	n/s
		1-Suggested or only applies to food (not bev) or visa versa	2.66	0.26	0.41	0.80		1.99	0.28	2.72	1.45	
		2-Required	0.00	0.00	0.00	0.00		0.00	0.00	0.00	0.00	
NG23c	Nutrition guidelines apply to vending contracts	0-Not mentioned/no policy	90.36	95.79	61.13	97.21	<.001	80.58	94.57	58.80	95.96	<.001
		1-Suggested/encouraged	7.06	1.07	2.39	1.33		7.98	0.90	3.51	2.77	
		2-Required	2.58	3.13	36.48	1.45		11.44	4.53	37.68	1.27	
NG24*	Vending machines	0-Not mentioned/no policy	24.86	42.54	31.04	48.36	<.05	17.49	37.11	25.64	24.95	n/s
		1-Suggested/limited restrictions	55.84	51.37	59.75	33.02		64.33	52.11	58.74	48.91	
		2-Ban or all F&B must meet guidelines	19.30	6.09	9.21	18.61		18.18	10.78	15.62	26.14	
NG25*	School stores	0-Not mentioned/no policy	32.04	45.62	33.49	53.88	<.05	26.79	41.89	28.16	28.99	n/s
		1-Suggested/limited restrictions	49.03	49.07	58.18	32.42		55.03	48.15	57.37	50.22	
		2-Ban or all F&B must meet guidelines	18.93	5.31	8.34	13.70		18.18	9.96	14.48	20.78	
NG26*	A la carte	0-Not mentioned/no policy	35.05	39.13	30.93	50.16	<.05	30.77	32.58	26.69	25.64	n/s
		1-Suggested/limited restrictions	42.93	53.78	59.73	37.93		49.57	55.96	57.54	53.18	
		2-Ban or all F&B must meet guidelines	22.02	7.10	9.35	11.91		19.66	11.46	15.77	21.18	
NG27*	Class parties and celebrations	0-Not mentioned/no policy	43.87	56.95	38.63	53.85	<.1	29.05	53.00	35.69	31.23	<.05
		1-Suggested/limited restrictions	54.04	42.95	61.15	45.62		68.87	46.89	64.07	64.25	
		2-Ban or all F&B must meet guidelines	2.09	0.11	0.22	0.53		2.08	0.12	0.24	4.51	

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Bridging the Gap Weighted District-level Wellness Policy Data by Grade Level and Region, SY 06-07 and 07-08

(Items with * are included in Monograph)

Variable	Description	Responses	Middle School - Region									
			SY 06-07					SY 07-08				
			% of districts (<u>weighted</u> by grade level)					% of districts (<u>weighted</u> by grade level)				
			West	Mid-W	South	N.E.	Sig X ²	West	Mid-W	South	N.E.	Sig X ²
NG28	Food from home for whole class	0-Not mentioned/no policy	43.18	56.26	38.63	53.85	n/s	29.05	52.62	35.69	31.23	<.05
		1-Suggested/limited restrictions	54.73	42.95	61.15	45.62		68.87	46.89	64.07	64.25	
		2-Ban or all F&B must meet guidelines	2.09	0.80	0.22	0.53		2.08	0.49	0.24	4.51	
NG29	Food before school	0-Not mentioned/no policy	51.29	91.59	90.56	87.62	<.001	49.49	87.17	86.74	91.13	<.001
		1-Suggested/limited restrictions	44.84	5.14	6.66	9.76		22.54	8.37	4.50	7.69	
		2-Nutrition guidelines apply to before school sales	3.87	3.27	2.77	2.62		27.98	4.46	8.76	1.17	
NG30	Food after school	0-Not mentioned/no policy	80.09	93.03	95.75	93.32	<.05	82.19	91.66	96.07	92.57	<.05
		1-Suggested/limited restrictions	17.33	5.75	2.19	4.20		15.94	7.51	2.21	4.47	
		2-Nutrition guidelines apply to after school sales	2.58	1.22	2.05	2.48		1.86	0.83	1.72	2.96	
NG31	Food at evening/community events	0-Not mentioned/no policy	74.51	89.53	73.74	89.43	<.05	71.59	87.58	78.35	90.31	<.1
		1-Suggested/limited restrictions	22.97	10.47	25.90	10.05		27.17	12.42	21.33	9.42	
		2-Nutrition guidelines apply	2.52	0.00	0.35	0.53		1.24	0.00	0.32	0.27	
NG32	Fundraisers	0-Not mentioned/no policy	44.11	72.58	45.62	54.45	<.001	37.11	68.39	41.35	30.33	<.001
		1-Limited restrictions or only fundraisers during SD	53.86	26.63	53.58	45.03		61.84	30.90	57.95	64.81	
		2-Nutrition guidelines apply to all fundraisers	2.03	0.80	0.80	0.53		1.05	0.71	0.71	4.86	
NG40*	Use of food as a reward/punishment	0-Not mentioned/no policy or encourages healthy food as reward	83.06	68.32	79.66	68.32	<.1	83.25	67.45	78.16	62.73	<.05
		1-Discourage food as a reward/prohibit as punishment	14.47	25.95	11.86	20.81		14.72	28.50	13.10	25.97	
		2-Prohibits using food as a reward/punishment	2.47	5.73	8.48	10.87		2.03	4.05	8.73	11.30	
Content Restrictions												
NG33*	Sugar content of Foods	0-Not mentioned/no policy	35.14	72.35	87.76	53.70	<.001	34.68	74.02	48.01	57.94	<.001
		1-Suggested/limited restrictions	45.94	24.38	5.04	42.47		21.35	18.96	37.35	37.87	
		2-Specific and required or competitive food ban	18.92	3.27	7.20	3.83		43.97	7.02	14.64	4.20	
NG34*	Fat content of foods	0-Not mentioned/no policy	30.25	53.22	39.97	51.61	<.001	30.18	49.25	36.57	50.85	<.001
		1-Suggested/limited restrictions	50.83	42.28	15.19	44.56		25.50	40.35	13.49	40.15	
		2-Specific and required or competitive food ban	18.92	4.51	44.85	3.83		44.31	10.40	49.93	9.00	

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Bridging the Gap Weighted District-level Wellness Policy Data by Grade Level and Region, SY 06-07 and 07-08

(Items with * are included in Monograph)

Variable	Description	Responses	Middle School - Region									
			SY 06-07					SY 07-08				
			% of districts (<u>weighted</u> by grade level)					% of districts (<u>weighted</u> by grade level)				
			West	Mid-W	South	N.E.	Sig X ²	West	Mid-W	South	N.E.	Sig X ²
NG35	Sodium content of foods	0-Not mentioned/no policy	66.96	66.07	79.37	85.07	<.001	70.89	67.89	75.15	82.01	<.001
		1-Suggested/limited restrictions	21.18	33.85	15.29	13.64		18.54	32.02	13.89	11.29	
		2-Specific and required or competitive food ban	11.86	0.08	5.34	1.29		10.57	0.09	10.96	6.70	
NG36*	Calorie content per serving size	0-Not mentioned/no policy	57.51	90.33	94.52	92.92	<.001	56.55	87.09	94.33	87.91	<.001
		1-Suggested/limited restrictions	25.72	9.67	4.73	4.87		5.75	8.71	4.95	4.75	
		2-Specific and required or competitive food ban	16.77	0.00	0.75	2.21		37.70	4.20	0.72	7.34	
NG37	Serving size of foods	0-Not mentioned/no policy	73.53	77.46	50.36	66.08	<.001	76.17	79.50	47.02	67.01	<.001
		1-Suggested/limited restrictions	13.37	19.77	4.40	18.29		12.32	16.86	3.21	20.25	
		2-Specific and required or competitive food ban	13.09	2.77	45.24	15.63		11.51	3.64	49.78	12.74	
NG38	Whole/unprocessed & fresh food availability	0-Not mentioned/no policy	49.96	61.71	43.27	57.51	<.001	53.30	56.28	40.73	63.24	<.001
		1-Suggested	44.96	32.02	56.56	16.62		43.31	38.26	58.14	14.45	
		2-Specific and required	5.07	6.27	0.16	25.88		3.40	5.45	1.13	22.31	
NG39	Ingredients with questionable effects (e.g., trans fats, artificial sweeteners)	0-Not mentioned/no policy	72.90	85.31	93.38	59.74	<.001	74.88	85.38	57.73	61.14	<.01
		1-Suggested/limited restrictions	16.68	11.91	0.79	37.44		12.93	10.89	36.55	31.92	
		2-Specific and required or competitive food ban	10.42	2.78	5.83	2.82		12.20	3.72	5.73	6.94	
NG41*	Nutrition information provided for competitive foods	0-Not mentioned/no policy	94.58	93.43	99.13	89.57	n/s	92.90	94.84	96.42	86.55	<.05
		1-Suggested	3.44	2.93	0.48	3.87		5.23	2.92	0.51	3.13	
		2-Specific and required or competitive food ban	1.98	3.64	0.39	6.56		1.87	2.24	3.07	10.32	
NG42	Sugar content of beverages	0-Not mentioned/no policy	45.17	72.17	47.60	59.03	<.05	44.68	70.61	45.39	58.71	<.05
		1-Suggested/limited restrictions	51.01	25.39	50.32	37.26		52.69	26.06	45.01	33.20	
		2-Specific and required or competitive food ban	3.82	2.44	2.08	3.71		2.63	3.33	9.60	8.09	
NG43	Fat content of beverages	0-Not mentioned/no policy	95.22	91.39	91.20	62.79	<.001	95.37	93.04	89.32	69.02	<.001
		1-Suggested/limited restrictions	3.23	6.17	7.65	27.49		3.15	3.85	3.18	18.47	
		2-Specific and required or competitive food ban	1.54	2.44	1.15	9.72		1.48	3.10	7.49	12.50	

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Bridging the Gap Weighted District-level Wellness Policy Data by Grade Level and Region, SY 06-07 and 07-08

(Items with * are included in Monograph)

Variable	Description	Responses	Middle School - Region									
			SY 06-07					SY 07-08				
			% of districts (<u>weighted</u> by grade level)					% of districts (<u>weighted</u> by grade level)				
			West	Mid-W	South	N.E.	Sig X ²	West	Mid-W	South	N.E.	Sig X ²
NG44*	Calorie content of beverages	0-Not mentioned/no policy	99.05	93.86	95.33	93.23	n/s	98.23	93.20	93.87	88.87	n/s
		1-Suggested/limited restrictions	0.09	6.03	4.58	6.77		1.28	6.67	6.02	11.13	
		2-Specific and required or competitive food ban	0.86	0.12	0.09	0.00		0.49	0.13	0.10	0.00	
NG45*	Regular soda	0-Not mentioned/no policy	36.22	72.03	42.51	54.32	<.01	32.66	68.47	37.34	51.86	<.01
		1-Suggested/limited restrictions	21.22	13.32	15.12	13.57		23.41	13.43	12.42	14.79	
		2-Banned	42.55	14.64	42.37	32.11		43.93	18.10	50.24	33.35	
NG46*	Beverages (other than soda) with added caloric sweeteners	0-Not mentioned/no policy	78.52	84.70	88.78	65.19	<.01	82.58	81.48	86.28	62.25	<.01
		1-Suggested/limited restrictions	17.12	12.86	9.93	31.64		14.47	15.20	6.08	31.05	
		2-Banned	4.37	2.44	1.29	3.16		2.95	3.33	7.64	6.70	
NG47	Sugar/calorie content of milk	0-Not mentioned/no policy	89.35	98.30	58.95	76.14	<.001	89.75	97.35	59.54	84.31	<.001
		1-Suggested/limited restrictions	0.00	1.70	37.37	20.70		0.00	2.65	37.16	13.56	
		2-Specific and required or competitive food ban	10.65	0.00	3.68	3.16		10.25	0.00	3.30	2.13	
NG48*	Fat content of milk	0-Not mentioned/no policy	58.50	82.57	85.65	70.45	<.01	56.64	79.91	81.05	72.76	<.01
		1-Suggested/limited restrictions	38.02	16.69	12.66	26.52		41.46	19.32	14.13	20.04	
		2-Specific and required or competitive food ban	3.48	0.74	1.69	3.03		1.90	0.77	4.82	7.20	
NG49	Serving size limit for beverages	0-Not mentioned/no policy	81.22	84.68	48.74	60.35	<.001	84.08	87.12	45.95	64.75	<.001
		1-Suggested/limited restrictions	4.62	14.10	44.94	36.83		3.70	11.71	9.87	33.06	
		2-Specific and required or competitive food ban	14.16	1.22	6.32	2.82		12.22	1.17	44.18	2.20	
NG50*	Caffeine content of beverages	0-Not mentioned/no policy	82.93	87.52	92.41	60.76	<.001	84.67	85.51	89.68	61.30	<.001
		1-Suggested/limited restrictions	1.04	8.36	6.13	35.13		1.08	5.20	3.95	30.49	
		2-Specific and required or competitive food ban	16.03	4.12	1.46	4.11		14.25	9.29	6.36	8.22	
NG51*	Availability of free drinking water throughout the school and school day	0-Not mentioned/no policy	86.86	92.66	92.64	79.23	<.01	87.38	90.55	92.93	82.21	<.01
		1-Suggested/encouraged	7.25	1.48	0.34	1.52		7.83	1.31	0.97	0.00	
		2-Free water is always available	5.90	5.85	7.03	19.24		4.79	8.14	6.09	17.79	

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Variable Description			Middle School - Region									
			SY 06-07					SY 07-08				
			% of districts (<u>weighted</u> by grade level)					% of districts (<u>weighted</u> by grade level)				
Responses	West	Mid-W	South	N.E.	Sig X ²	West	Mid-W	South	N.E.	Sig X ²		
PHYSICAL EDUCATION (PE)												
PE52a*	PE addressed in district policy	0-Not mentioned/no policy	18.58	27.06	27.49	42.36	n/s	9.38	19.16	25.01	13.31	n/s
		1-Definitively addressed	81.42	72.94	72.51	57.64		90.62	80.84	74.99	86.69	
PE52	PE curriculum all grades	0-Not mentioned/no policy	40.00	36.39	69.46	56.61	<.001	36.48	30.16	73.49	50.53	<.001
		1-Suggested/encouraged	10.11	19.46	9.25	13.77		9.04	21.00	8.94	19.58	
		2-Clear curriculum-all grades	49.90	44.14	21.29	29.63		54.48	48.84	17.57	29.89	
PE53*	Time requirements for PE: ≥ 150 mins/week (ES)	0-Not mentioned/no policy	66.77	76.41	83.51	89.01	<.05	69.60	78.68	86.17	82.14	n/s
PE54*		1- < NASPE standards or specifies days (not duration)	29.57	22.73	12.31	9.54		27.70	20.24	11.10	16.59	
PE55*		2- ≥ NASPE standards	3.67	0.85	4.18	1.45		2.70	1.08	2.73	1.27	
PE56*	PE teaches physically active lifestyle	0-Not mentioned/no policy	42.35	37.18	68.08	47.71	<.01	35.19	31.71	70.10	21.40	<.001
		1- Suggested/encouraged	11.98	4.59	6.02	6.84		13.92	4.16	4.97	25.52	
		2- Required	45.67	58.23	25.89	45.45		50.89	64.13	24.93	53.09	
PE57	PE competency (skills, knowledge) assessment	0-Not mentioned/no policy	49.95	59.08	82.71	60.06	<.001	48.56	53.42	80.53	56.44	<.001
		1- Suggested/encouraged	38.77	4.32	2.33	1.70		44.06	3.96	2.05	6.64	
		2- Required	11.29	36.60	14.97	38.24		7.38	42.61	17.42	36.92	
PE58	PE quality	0-Not mentioned/no policy	42.30	47.88	79.88	59.03	<.001	31.44	40.68	82.23	54.93	<.001
		1- Suggested/encouraged	12.88	8.49	7.27	7.57		21.46	9.49	5.88	9.58	
		2- Curriculum aligned with stds/benchmarks, sequential	44.82	43.63	12.84	33.40		47.10	49.83	11.89	35.48	
PE59	Inclusive play	0-Not mentioned/no policy	51.38	52.48	84.82	57.97	<.001	49.56	47.40	84.40	53.46	<.01
		1- Suggested/encouraged	4.26	4.35	2.37	3.21		5.15	3.32	2.13	6.97	
		2- Required	44.37	43.18	12.81	38.82		45.29	49.28	13.47	39.56	
PE60	PE courses/credits required for graduation	0-Not mentioned/no policy										
		1- Suggested/encouraged	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a
		2- Required										

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			SY 06-07					SY 07-08				
			% of districts (<u>weighted</u> by grade level)					% of districts (<u>weighted</u> by grade level)				
			West	Mid-W	South	N.E.	Sig X ²	West	Mid-W	South	N.E.	Sig X ²
PE61	Daily PE requirement	0-Not mentioned/no policy	89.46	89.17	90.45	97.31	n/s	93.34	88.89	93.38	71.15	<.001
		1- Suggested/encouraged	5.76	1.65	6.15	1.24		2.72	2.22	4.36	27.58	
		2- Required	4.78	9.18	3.41	1.45		3.94	8.90	2.26	1.27	
PE62	Teacher-student ratio for PE	0-Not mentioned/no policy	94.28	92.33	92.97	83.37	n/s	96.21	92.89	92.24	80.35	<.05
		1- Suggested	4.74	7.67	6.95	15.18		2.60	7.11	7.66	18.38	
		2- Specific and required	0.98	0.00	0.09	1.45		1.18	0.00	0.10	1.27	
PE63	Safe/adequate equipment/facilities	0-Not mentioned/no policy	85.79	91.18	90.97	76.45	<.01	86.56	86.56	89.91	76.50	<.1
		1- Suggested	10.79	3.11	3.03	4.53		10.80	4.16	2.82	11.94	
		2- Specific and required	3.42	5.71	6.01	19.01		2.64	9.27	7.28	11.57	
PE64*	Moderate-to-vigorous activity	0-Not mentioned/no policy	67.70	78.48	57.78	73.20	<.05	63.75	76.46	60.20	69.25	<.1
		1- Moderate-to-vigorous activity addressed but <50% time or not specified	15.70	14.35	36.16	23.03		21.98	12.40	33.09	27.40	
		2- ≥ 50% class time devoted to moderate-to-vigorous activity	16.61	7.17	6.06	3.76		14.27	11.14	6.71	3.35	
PE65*	Qualifications of PE instructors	0-Not mentioned/no policy	78.09	70.60	84.18	62.90	<.05	80.50	64.67	81.87	64.94	<.1
		1- Suggested	9.19	6.96	5.16	3.42		8.89	8.78	4.33	6.25	
		2- Requires PE to be taught by qualified instructors	12.72	22.44	10.66	33.67		10.62	26.55	13.80	28.81	
PE66	Training for PE instructors	0-Not mentioned/no policy	74.18	90.08	90.50	76.74	<.001	70.37	90.36	90.23	81.41	<.001
		1- Suggested or training for teachers generally (not PE-specific)	22.71	0.99	4.67	3.08		26.68	1.31	6.15	2.67	
		2- Provision of PE training for PE instructors	3.11	8.93	4.83	20.19		2.96	8.33	3.62	15.92	
PE67	Prohibits waivers for PE	0-Not mentioned/no policy	95.59	96.32	92.09	97.19	n/s	96.83	95.78	94.33	97.35	n/s
		1- Suggested	1.57	0.07	2.75	0.02		1.51	0.09	2.23	0.04	
		2- PE waivers prohibited	2.84	3.61	5.16	2.79		1.66	4.14	3.44	2.62	
PE68	Annual health assessment	0-Not mentioned/no policy	73.65	78.62	87.25	71.89	n/s	64.69	78.56	86.29	63.40	<.05
		1- Suggested/vague	26.35	21.38	12.63	27.58		35.31	21.44	13.56	35.72	
		2- Specific and required	0.00	0.00	0.12	0.53		0.00	0.00	0.15	0.88	

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			Middle School - Region									
			SY 06-07					SY 07-08				
			% of districts (<u>weighted</u> by grade level)					% of districts (<u>weighted</u> by grade level)				
Variable Description	Responses		West	Mid-W	South	N.E.	Sig X ²	West	Mid-W	South	N.E.	Sig X ²
PE68a* BMI (ch. 7 of mono)	0-Not mentioned/no policy		88.36	81.84	89.21	93.90	<.1	79.50	81.09	88.85	86.74	n/s
	1- BMI suggested (with or without reporting)		11.64	18.16	10.71	3.87		20.50	18.91	11.06	11.30	
	2- BMI required without reporting		0.00	0.00	0.00	1.24		0.00	0.00	0.00	1.40	
	3- BMI required with reporting		0.00	0.00	0.08	0.99		0.00	0.00	0.09	0.56	
PHYSICAL ACTIVITY (PA)												
PA69* FW: Physical activity (PA) goals	0- No goal/policy		17.61	21.09	20.86	39.95	<.1	9.30	15.61	18.36	11.01	n/s
	1- PA goal suggested or repeats FW language		3.17	1.68	0.08	1.48		5.07	0.33	2.85	0.65	
	2- PA goal specified		79.22	77.23	79.06	58.57		85.63	84.06	78.79	88.34	
PA70* PA outside of PE for every grade level	0-Not mentioned/no policy		29.95	56.93	42.23	48.31	<.001	21.72	55.89	41.87	25.46	<.001
	1- Suggested/vague or not clear PA for all grades		40.67	20.31	5.44	39.96		40.01	18.67	18.34	53.35	
	2- Clear each grade will get PA outside of PE		29.38	22.76	52.33	11.73		38.28	25.44	39.79	21.19	
PA72* PA throughout the day	0-Not mentioned/no policy		69.90	67.10	56.05	56.13	n/s	71.26	62.06	54.90	33.36	<.01
	1- Suggested		22.31	27.39	38.45	36.68		20.73	33.91	39.72	58.13	
	2- Required		7.79	5.51	5.50	7.19		8.00	4.03	5.38	8.51	
PA73 Intramurals, interscholastic, extracurricular activities	0-Not mentioned/no policy		38.24	59.85	82.52	68.50	<.001	35.18	61.37	83.93	40.91	<.001
	1- Suggested		30.83	19.63	9.56	24.88		27.57	17.82	9.09	47.95	
	2- Required/definitively offered		30.93	20.52	7.92	6.62		37.25	20.80	6.98	11.14	
PA74 Community use of school facilities for physical activity purposes	0-Not mentioned/no policy		74.56	78.38	81.05	74.63	<.01	74.18	74.02	73.95	71.27	<.05
	1- Suggested		20.07	10.65	3.56	0.80		12.95	9.25	2.09	0.88	
	2- Required/definitively in place		5.37	10.97	15.39	24.57		12.87	16.73	23.96	27.85	
PA75 Safe (active) routes to school (SRTS)	0-Not mentioned/no policy		81.05	94.34	92.96	77.24	<.01	82.97	94.74	95.06	82.90	<.01
	1- Suggested/encouraged		7.11	4.51	1.38	6.03		6.98	3.61	0.25	4.65	
	2- Ensures effort to promote SRTS		11.84	1.15	5.67	16.73		10.05	1.66	4.69	12.44	
PA76* Not using PA as punishment	0-Not mentioned/no policy		85.17	74.89	87.57	79.49	<.01	85.49	67.49	87.32	73.56	<.01
	1- Suggested		9.22	14.82	3.36	2.28		10.35	22.05	4.21	8.43	
	2- Prohibits PA as punishment		5.61	10.29	9.07	18.23		4.16	10.46	8.47	18.01	

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Bridging the Gap Weighted District-level Wellness Policy Data by Grade Level and Region, SY 06-07 and 07-08

(Items with * are included in Monograph)

Variable Description	Responses	Middle School - Region										
		SY 06-07					SY 07-08					
		% of districts (<u>weighted</u> by grade level)					% of districts (<u>weighted</u> by grade level)					
		West	Mid-W	South	N.E.	Sig X ²	West	Mid-W	South	N.E.	Sig X ²	
PA77*	Daily recess	0-Not mentioned/no policy 1- Suggested or frequency vague 2- Required	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a
PA78	Recess quality to promote PA	0-Not mentioned/no policy 1- Suggested 2- Specific and required	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a
STAFF PA/WELLNESS/MODELING												
PA71	PA opportunities for school staff	0-Not mentioned/no policy 1- Suggested 2- Required	73.58 25.75 0.67	84.71 6.97 8.32	92.26 4.80 2.94	96.21 2.60 1.20	<.001	69.00 30.30 0.70	87.00 5.11 7.88	89.94 7.60 2.46	95.72 3.19 1.09	<.001
CP80	Staff wellness programs	0-Not mentioned/no policy 1- Suggested 2- Required/definitively in place	87.25 7.59 5.16	75.48 8.28 16.23	75.31 20.10 4.59	84.67 6.55 8.78	<.05	89.63 4.39 5.98	73.59 8.39 18.02	74.62 20.27 5.12	82.16 9.49 8.35	<.01
CP82	Staff to role model healthy behaviors	0-Not mentioned/no policy 1- Suggested 2- Require schools to encourage staff modeling	67.92 3.90 28.19	70.43 15.66 13.91	80.96 4.70 14.33	69.80 1.83 28.37	<.01	65.92 3.52 30.56	65.15 19.84 15.01	83.17 4.56 12.27	75.31 1.89 22.80	<.001
STAKEHOLDER INVOLVEMENT/FEEDBACK												
CP79	FW: Stakeholders involved in development of wellness policy	0-Not mentioned/no policy 1- Suggested or not clear all reqd. stakeholders involved 2- All reqd. stakeholders involved in policy dev.	55.44 21.47 23.09	66.82 17.41 15.77	40.78 12.83 46.39	66.84 9.05 24.12	<.01	57.66 17.08 25.25	67.97 17.41 14.63	38.43 11.07 50.50	65.67 14.42 19.91	<.001
CP85	Methods to solicit input	0-Not mentioned/no policy 1- Suggested/vague 2- Required and specific	54.71 33.66 11.63	68.56 8.57 22.88	75.83 9.13 15.04	68.24 13.82 17.94	<.01	48.62 43.92 7.46	60.51 17.73 21.76	78.56 8.83 12.61	69.74 11.74 18.52	<.001
CP86	How to engage parents/ community	0-Not mentioned/no policy 1- Suggested/vague 2- Required and specific	41.60 29.97 28.42	76.70 8.29 15.01	81.81 1.50 16.69	70.96 12.05 16.99	<.001	44.57 30.93 24.51	76.63 6.02 17.35	79.46 2.43 18.11	67.13 13.18 19.69	<.001

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Bridging the Gap Weighted District-level Wellness Policy Data by Grade Level and Region, SY 06-07 and 07-08

(Items with * are included in Monograph)

Variable Description			Middle School - Region									
			SY 06-07					SY 07-08				
			% of districts (<u>weighted</u> by grade level)					% of districts (<u>weighted</u> by grade level)				
Responses	West	Mid-W	South	N.E.	Sig X ²	West	Mid-W	South	N.E.	Sig X ²		
CP87	Content communicated to parents	0-Not mentioned/no policy	47.60	61.15	60.96	56.76	n/s	46.67	54.69	59.41	49.80	n/s
		1- Suggested/vague	21.73	14.43	24.68	18.44		23.28	16.74	23.08	22.63	
		2- Required and specific	30.67	24.42	14.35	24.80		30.04	28.57	17.51	27.57	
CP90*	Ongoing health advisory (ch. 7 of committee mono)	0-Not mentioned/no policy	68.19	52.55	59.70	58.50	n/s	49.71	52.36	49.55	32.00	<.01
		1- Suggested/vague	11.25	6.85	10.93	6.99		22.55	3.30	18.05	7.69	
		2- Required and clearly ongoing	20.56	40.59	29.37	34.51		27.75	44.35	32.40	60.31	
MESSAGING, MARKETING, & PROMOTION												
CP81	Consistency of nutrition messages	0-Not mentioned/no policy	47.71	54.19	35.13	52.69	<.01	34.51	50.18	32.20	27.83	<.01
		1- Suggested/vague	35.01	34.04	21.85	24.16		48.00	40.48	25.92	52.76	
		2-Specific and required	17.28	11.77	43.01	23.15		17.49	9.34	41.88	19.41	
CP83	Responsible for communication	0-Not mentioned/no policy	51.18	72.08	80.77	69.27	<.001	52.47	70.07	78.84	64.33	<.001
		1- Suggested/vague	20.67	24.91	15.46	29.26		17.90	27.26	15.86	34.25	
		2- Specific and required	28.15	3.01	3.76	1.47		29.63	2.66	5.30	1.41	
CP84	Coordinated School Health program	0-Not mentioned/no policy	79.40	93.53	60.70	89.82	<.001	72.55	95.70	61.19	89.97	<.001
		1- Suggested/vague	1.51	1.09	3.16	8.16		1.59	1.23	1.99	6.63	
		2- Definitely in place	19.09	5.37	36.15	2.03		25.86	3.07	36.82	3.40	
CP88*	Marketing healthy choices (ch. 5 of mono)	0-Not mentioned/no policy	58.37	76.04	86.39	81.76	<.01	73.67	70.59	85.82	84.95	<.05
		1- Suggested/vague	28.68	11.27	8.29	15.76		19.08	14.32	8.40	12.34	
		2- Specific and required	12.95	12.69	5.32	2.48		7.25	15.09	5.79	2.71	
CP89*	Advertising/marketing of unhealthy choices (ch. 5 of mono)	0-Not mentioned/no policy	64.96	91.71	87.26	89.25	<.001	61.96	92.51	87.25	85.81	<.001
		1- Suggested prohibition/restricted	3.77	3.28	3.58	8.90		4.53	1.90	4.62	7.53	
		2- Prohibited	31.27	5.01	9.16	1.86		33.51	5.58	8.13	6.66	
EVALUATION & IMPLEMENTATION												
E91	FW: Plan for measuring implementation, including designating person responsible	0-Not mentioned/no policy	25.72	29.32	26.41	47.39	<.1	14.50	25.76	23.65	26.83	n/s
		1- Suggested or does not designate responsible person	9.62	6.88	1.86	2.37		10.19	5.68	4.61	1.42	
		2- Specific and required	64.66	63.80	71.73	50.24		75.31	68.56	71.74	71.76	

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Bridging the Gap Weighted District-level Wellness Policy Data by Grade Level and Region, SY 06-07 and 07-08

(Items with * are included in Monograph)

Variable	Description	Responses	Middle School - Region									
			SY 06-07					SY 07-08				
			% of districts (<u>weighted</u> by grade level)					% of districts (<u>weighted</u> by grade level)				
			West	Mid-W	South	N.E.	Sig X ²	West	Mid-W	South	N.E.	Sig X ²
E92*	Plan for implementation	0-Not mentioned/no policy	35.46	35.19	27.85	48.87	n/s	18.25	30.61	27.10	27.48	n/s
		1- Suggested or does not designate responsible person	4.79	3.61	3.65	3.27		8.07	2.25	3.48	2.14	
		2- Specific and required with responsible person	59.75	61.20	68.51	47.85		73.68	67.14	69.43	70.39	
E93*	Plan for evaluation	0-Not mentioned/no policy	42.29	62.95	72.73	61.29	<.1	34.30	58.22	62.18	35.17	<.01
		1- Suggested	47.11	30.96	22.81	35.08		56.15	37.66	33.02	63.09	
		2- Specific and required	10.60	6.09	4.47	3.63		9.55	4.12	4.81	1.74	
E94*	Audience and frequency of reporting	0-Not mentioned/no policy	54.08	50.89	67.98	60.41	<.01	53.93	45.82	66.03	43.63	<.01
		1- Suggested	7.16	29.29	17.10	20.36		8.57	37.48	15.12	42.43	
		2- Specific and required	38.76	19.82	14.92	19.23		37.50	16.70	18.85	13.94	
E95*	Funding support	0-Not mentioned/no policy	92.52	98.65	96.26	80.16	<.001	92.61	99.33	96.72	86.10	<.001
		1- Suggested	7.33	0.02	1.55	18.50		7.26	0.03	1.83	12.90	
		2- Identifies a specific source of funding	0.15	1.33	2.19	1.33		0.14	0.64	1.45	1.00	
E96*	Plan for revising the policy	0-Not mentioned/no policy	69.82	60.40	80.65	66.08	<.01	65.08	54.49	80.64	71.87	<.001
		1- Suggested	4.33	10.95	2.47	20.19		2.56	9.83	2.13	15.45	
		2- Specific and required	25.85	28.65	16.88	13.74		32.36	35.68	17.23	12.67	
E100	Requires district to report to the state	0-Not mentioned/no policy	100.00	100.00	99.91	100.00	n/s	100.00	100.00	99.89	100.00	n/s
		1- Yes	0.00	0.00	0.09	0.00		0.00	0.00	0.11	0.00	

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Bridging the Gap Weighted District-level Wellness Policy Data by Grade Level and Region, SY 06-07 and 07-08

(Items with * are included in Monograph)

Note 1: Data have been recoded to reflect only policies in effect as of day after Labor Day for each SY (proxy for first day of SY as per FW requirement)

Note 2: Weighted data adjusted for non-response

Note 3: Significance levels are based on bivariate analyses only. Full monograph highlights significant multivariate findings.

Variable	Description	Responses	High School - Region									
			SY 06-07					SY 07-08				
			% of districts (<u>weighted</u> by grade level)					% of districts (<u>weighted</u> by grade level)				
			West	Mid-W	South	N.E.	Sig X ²	West	Mid-W	South	N.E.	Sig X ²
NUTRITION EDUCATION												
NE1*	FW: Nutrition education goal	0-No goal/policy 1-NE goal suggested or repeats FW language 2-NE goal specified	22.73 0.48 76.79	26.76 2.37 70.88	19.38 0.66 79.96	39.18 1.56 59.26	n/s	5.54 0.67 93.79	22.92 0.13 76.94	14.32 3.79 81.90	18.63 2.38 78.98	n/s
NE2*	Nutrition education curriculum	0-Not mentioned/no policy 1-Curriculum reqd/suggested, not clear all grades 2-Clear NE curriculum, all grades	36.38 15.32 48.30	46.54 33.77 19.69	34.44 47.39 18.17	48.34 12.08 39.58	<.01	29.11 17.32 53.58	41.75 42.17 16.09	30.90 51.09 18.01	43.17 18.06 38.78	<.01
NE3	Nutrition education within larger school community	0-Not mentioned/no policy 1-Vague/suggested 2-Yes, with specific strategies	43.03 51.48 5.49	45.33 42.42 12.24	32.86 58.69 8.45	51.53 39.97 8.50	n/s	28.48 66.85 4.67	41.51 44.24 14.25	39.33 52.49 8.19	32.64 57.78 9.58	n/s
NE4	Nutrition education beyond school environment	0-Not mentioned/no policy 1-Vague/suggested 2-Yes, with specific strategies	55.31 36.58 8.11	70.22 24.21 5.57	57.07 36.94 5.99	61.97 19.75 18.28	<.1	45.70 49.11 5.19	68.39 25.24 6.37	60.36 34.24 5.40	51.24 31.82 16.94	<.05
NE5	Nutrition education training for teachers	0-Not mentioned/no policy 1-Vague/suggested or just a subset of teachers 2-Required for all teachers	68.26 23.45 8.30	81.66 12.97 5.36	64.78 27.13 8.08	70.81 22.14 7.05	n/s	68.98 23.12 7.90	82.31 12.37 5.32	63.30 31.01 5.70	61.51 29.41 9.08	<.1
NE6*	Nutrition education integrated into other subjects	0-Not mentioned/no policy 1-Vague/suggested 2-Required	47.32 27.71 24.97	64.57 9.98 25.46	59.24 9.21 31.54	68.61 5.26 26.13	<.1	32.71 38.96 28.33	64.49 12.76 22.75	59.96 7.94 32.10	70.10 6.19 23.71	<.001
NE7*	Nutrition education teaches behavior-focused skills	0-Not mentioned/no policy 1-Vague/suggested 2-Required	34.40 17.69 47.91	42.64 9.97 47.39	39.66 28.99 31.35	47.73 5.30 46.97	<.1	22.09 22.54 55.36	37.80 11.77 50.43	39.79 30.85 29.36	33.10 16.71 50.19	n/s

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			SY 06-07					SY 07-08				
			% of districts (<u>weighted</u> by grade level)					% of districts (<u>weighted</u> by grade level)				
			West	Mid-W	South	N.E.	Sig X ²	West	Mid-W	South	N.E.	Sig X ²
NE8	Number of nutrition education courses/hours	0-Not mentioned/no policy 1-Vague/suggested or not all grades 2-Specified	99.50	98.32	97.25	100.00	n/s	99.43	97.18	97.70	99.78	n/s
			0.50	0.01	2.63	0.00		0.57	0.33	2.16	0.22	
			0.00	1.67	0.12	0.00		0.00	2.49	0.14	0.00	
NE9	Nutrition education quality	0-Not mentioned/no policy 1-Vague/suggested 2-Curriculum aligned with benchmarks/standards, sequential	35.11	48.22	73.04	52.20	<.001	23.67	43.97	67.25	47.28	<.01
			11.28	20.96	7.78	3.01		13.80	23.83	9.54	7.45	
			53.61	30.82	19.17	44.79		62.53	32.20	23.21	45.27	
SCHOOL MEALS												
US10*	FW: Guidelines for school meals are not less restrictive than federal requirements	0-No goal/policy 1-Should/strive to meet federal school meals regs 2-Will meet federal school meal regulations	31.11	34.74	20.13	43.02	n/s	14.88	30.69	13.03	18.97	n/s
			0.00	1.71	0.47	0.94		0.00	1.58	1.37	2.00	
			68.89	63.55	79.40	56.05		85.12	67.73	85.60	79.03	
US11*	School Breakfast Program	0-Not mentioned/no policy 1-Suggests/promotes general breakfast program or encourages healthy breakfast 2-Clearly offers national SBP	47.08	51.94	36.11	60.57	<.001	29.14	54.27	31.99	42.15	<.001
			4.40	16.49	42.13	2.46		5.26	12.14	43.75	1.79	
			48.52	31.57	21.76	36.97		65.59	33.58	24.26	56.06	
US12	Summer Food Service Program	0-Not mentioned/no policy 1-Suggests/promotes general summer food program 2-Clearly offers national Summer Food Program	94.81	98.33	97.42	94.75	<.05	94.39	96.73	95.33	88.09	<.01
			2.57	1.58	1.18	0.02		1.77	1.95	1.37	0.05	
			2.62	0.09	1.40	5.22		3.84	1.32	3.29	11.86	
US13*	Specifies guidelines beyond US Dietary Guidelines	0-Not mentioned/no policy 1-Vague/suggested or meet Dietary Guidelines 2-Clearly exceed Dietary Guidelines	74.85	67.72	34.90	79.85	<.001	71.64	65.15	30.92	67.28	<.001
			20.10	21.86	56.38	13.29		22.48	25.13	61.43	18.24	
			5.05	10.41	8.72	6.86		5.87	9.72	7.65	14.47	
US14	Using low-fat versions of foods/cooking methods	0-Not mentioned/no policy 1-Vague/suggested 2-Specific and required	99.38	93.48	54.37	94.95	<.001	96.30	92.10	52.90	95.75	<.001
			0.62	2.20	43.00	2.44		2.94	3.78	44.61	2.57	
			0.01	4.32	2.62	2.61		0.76	4.11	2.50	1.68	

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			SY 06-07					SY 07-08				
			% of districts (<u>weighted</u> by grade level)					% of districts (<u>weighted</u> by grade level)				
		West	Mid-W	South	N.E.	Sig X ²	West	Mid-W	South	N.E.	Sig X ²	
US15	Strategies to increase participation in school meal programs	0-Not mentioned/no policy	74.02	62.52	69.89	64.53	n/s	68.13	58.22	71.91	58.01	<.1
		1-Vague/suggested	17.16	23.71	16.87	18.04		24.55	30.32	14.76	16.83	
		2-Specific and required	8.81	13.77	13.25	17.43		7.31	11.46	13.33	25.15	
US16	Optimizes meal scheduling	0-Not mentioned/no policy	92.18	75.99	51.06	64.49	<.001	92.06	66.61	49.25	59.11	<.01
		1-Vague/suggested	7.82	17.55	45.74	31.43		7.94	24.71	47.27	36.89	
		2-Specific and required	0.00	6.46	3.20	4.08		0.00	8.67	3.48	4.00	
US17*	Adequate time to eat (≥20 mins for lunch; ≥ 10 mins for breakfast)	0-Not mentioned/no policy	67.93	63.58	34.56	53.69	<.001	60.18	58.18	32.84	39.43	<.01
		1-Vague/suggested or < time guidelines	26.89	28.58	58.15	25.27		36.30	33.14	59.40	41.64	
		2-Required	5.19	7.84	7.29	21.04		3.52	8.68	7.76	18.93	
US18	Hand-washing	0-Not mentioned/no policy	93.27	82.93	90.81	79.27	n/s	89.53	83.32	91.93	71.69	<.01
		1-Vague/suggested	1.00	2.13	1.94	1.57		3.51	2.56	1.50	3.07	
		2-Ensures assistance with hand-washing/facilitating	5.73	14.94	7.25	19.16		6.96	14.12	6.57	25.24	
US19	Nutrition qualifications of meal staff	0-Not mentioned/no policy	93.43	70.31	82.59	79.74	<.05	88.56	71.17	80.50	69.76	n/s
		1-Vague/suggested	0.00	3.13	0.09	0.00		0.00	1.72	0.11	0.00	
		2-Required	6.57	26.56	17.31	20.26		11.44	27.10	19.39	30.24	
US20	Training for food service staff	0-Not mentioned/no policy	77.20	68.14	84.13	74.40	n/s	70.09	62.39	82.46	62.59	<.1
		1-Vague/suggested	15.25	23.54	11.18	23.90		18.94	31.70	12.40	29.03	
		2-Required	7.56	8.32	4.69	1.71		10.97	5.91	5.14	8.39	
US21	School meal environment	0-Not mentioned/no policy	67.07	56.50	35.59	53.21	<.05	63.38	47.80	34.95	40.01	<.05
		1-Vague/suggested	7.15	2.03	7.10	1.88		11.73	1.96	6.76	3.05	
		2-Requires specifics strategies	25.79	41.46	57.31	44.91		24.89	50.24	58.28	56.94	
US22*	Nutrition information for school meals	0-Not mentioned/no policy	84.30	86.72	91.08	73.43	<.001	78.99	89.56	89.78	63.73	<.001
		1-Vague/suggested	9.11	9.22	3.36	2.35		12.82	8.27	3.03	3.50	
		2-Specific and required	6.59	4.06	5.57	24.23		8.19	2.17	7.19	32.76	

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Variable	Description	Responses	High School - Region									
			SY 06-07					SY 07-08				
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			West	Mid-W	South	N.E.	Sig X ²	West	Mid-W	South	N.E.	Sig X ²
US38a	Farm-to-school program	0-Not mentioned/no policy	88.66	99.98	94.80	96.52	<.01	82.47	99.46	93.57	96.04	<.001
		1-Vague/suggested	11.34	0.00	5.13	2.77		17.53	0.52	5.29	3.23	
		2-Specific and required	0.00	0.02	0.06	0.71		0.00	0.03	1.14	0.74	
COMPETITIVE FOODS												
NG23*	FW: Nutrition guidelines for all foods outside of the school meal program during the SD	0-No goal/policy	27.37	27.36	25.40	37.71	n/s	8.96	28.68	14.94	16.40	n/s
		1-Suggested or only meet Dietary Guidelines	30.00	36.13	16.46	22.35		38.31	33.66	22.31	33.87	
		2-Required/definitively in place	42.63	36.50	58.14	39.94		52.73	37.66	62.75	49.73	
<i>Access Restrictions</i>												
NG23b	Competitive food and beverage ban	0-Not mentioned/no policy	97.51	99.78	99.82	99.16	<.1	97.77	99.78	97.31	97.97	n/s
		1-Suggested or only applies to food (not bev) or visa versa	2.49	0.22	0.18	0.84		2.23	0.22	2.69	2.03	
		2-Required	0.00	0.00	0.00	0.00		0.00	0.00	0.00	0.00	
NG23c	Nutrition guidelines apply to vending contracts	0-Not mentioned/no policy	78.78	95.86	60.20	98.47	<.001	74.17	95.54	55.43	96.62	<.001
		1-Suggested/encouraged	7.61	1.05	2.56	0.00		10.84	0.90	3.96	1.60	
		2-Required	13.61	3.08	37.25	1.53		14.99	3.57	40.61	1.77	
NG24*	Vending machines	0-Not mentioned/no policy	28.36	49.26	33.47	46.80	<.05	15.47	44.04	29.18	31.10	<.01
		1-Suggested/limited restrictions	63.42	47.10	59.70	36.33		74.16	52.43	62.50	39.78	
		2-Ban or all F&B must meet guidelines	8.21	3.65	6.83	16.87		10.37	3.52	8.31	29.11	
NG25*	School stores	0-Not mentioned/no policy	39.18	53.49	36.08	52.62	<.1	29.72	49.58	32.01	36.73	<.01
		1-Suggested/limited restrictions	52.60	43.63	57.92	32.75		59.91	47.72	60.45	38.46	
		2-Ban or all F&B must meet guidelines	8.21	2.88	5.99	14.63		10.37	2.70	7.54	24.81	
NG26*	A la carte	0-Not mentioned/no policy	38.30	46.98	33.34	48.70	n/s	28.68	42.93	30.36	32.06	<.1
		1-Suggested/limited restrictions	49.43	46.82	59.55	38.56		58.27	51.05	60.59	42.58	
		2-Ban or all F&B must meet guidelines	12.27	6.20	7.11	12.74		13.04	6.02	9.05	25.36	
NG27*	Class parties and celebrations	0-Not mentioned/no policy	41.34	60.65	38.46	53.44	<.1	24.89	59.45	35.83	43.02	<.01
		1-Suggested/limited restrictions	58.49	39.25	61.30	46.01		72.63	40.44	63.90	50.69	
		2-Ban or all F&B must meet guidelines	0.17	0.10	0.23	0.55		2.48	0.12	0.27	6.29	

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(Items with * are included in Monograph)

Variable	Description	Responses	High School - Region									
			SY 06-07					SY 07-08				
			% of districts (<u>weighted</u> by grade level)					% of districts (<u>weighted</u> by grade level)				
			West	Mid-W	South	N.E.	Sig X ²	West	Mid-W	South	N.E.	Sig X ²
NG28	Food from home for whole class	0-Not mentioned/no policy	41.34	59.97	38.46	53.44	n/s	24.89	59.07	35.83	43.02	<.01
		1-Suggested/limited restrictions	58.49	39.25	61.30	46.01		72.63	40.44	63.90	50.69	
		2-Ban or all F&B must meet guidelines	0.17	0.78	0.23	0.55		2.48	0.49	0.27	6.29	
NG29	Food before school	0-Not mentioned/no policy	59.54	93.82	93.56	88.17	<.001	46.60	89.88	90.99	88.63	<.001
		1-Suggested/limited restrictions	38.70	6.02	4.62	9.07		30.28	8.91	4.97	9.74	
		2-Nutrition guidelines apply to before school sales	1.76	0.15	1.82	2.76		23.12	1.21	4.04	1.64	
NG30	Food after school	0-Not mentioned/no policy	78.34	93.15	95.45	92.69	<.05	75.92	91.68	95.58	91.04	<.01
		1-Suggested/limited restrictions	19.14	5.65	2.35	4.70		22.53	7.50	2.49	4.84	
		2-Nutrition guidelines apply to after school sales	2.52	1.20	2.20	2.61		1.55	0.83	1.94	4.12	
NG31	Food at evening/community events	0-Not mentioned/no policy	78.15	90.40	71.86	88.86	<.05	64.05	88.37	75.62	86.49	<.05
		1-Suggested/limited restrictions	18.98	9.60	27.76	10.59		34.20	11.63	24.02	13.13	
		2-Nutrition guidelines apply	2.87	0.00	0.38	0.55		1.75	0.00	0.36	0.37	
NG32	Fundraisers	0-Not mentioned/no policy	51.02	75.33	44.59	53.22	<.01	32.70	72.17	39.19	38.60	<.001
		1-Limited restrictions or only fundraisers during SD	46.67	23.89	54.55	46.23		65.82	27.12	60.01	54.63	
		2-Nutrition guidelines apply to all fundraisers	2.31	0.78	0.85	0.55		1.48	0.71	0.80	6.78	
NG40*	Use of food as a reward/punishment	0-Not mentioned/no policy or encourages healthy food as reward	83.85	72.10	80.52	68.02	n/s	79.25	70.10	80.30	52.74	<.01
		1-Discourage food as a reward/prohibit as punishment	14.51	22.27	12.24	20.53		18.49	25.86	14.33	33.94	
		2-Prohibits using food as a reward/punishment	1.64	5.63	7.24	11.45		2.26	4.04	5.36	13.32	
Content Restrictions												
NG33*	Sugar content of Foods	0-Not mentioned/no policy	52.30	77.94	90.67	52.42	<.001	40.17	80.45	48.67	47.78	<.001
		1-Suggested/limited restrictions	39.59	19.52	2.67	43.54		29.09	17.85	41.72	46.37	
		2-Specific and required or competitive food ban	8.11	2.54	6.66	4.03		30.74	1.70	9.61	5.85	
NG34*	Fat content of foods	0-Not mentioned/no policy	46.43	59.88	43.03	50.22	<.001	35.49	56.30	38.53	37.90	<.001
		1-Suggested/limited restrictions	45.46	36.37	11.82	45.74		33.27	38.63	13.94	49.55	
		2-Specific and required or competitive food ban	8.11	3.75	45.15	4.03		31.23	5.07	47.53	12.54	

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			SY 06-07					SY 07-08				
			% of districts (<u>weighted</u> by grade level)					% of districts (<u>weighted</u> by grade level)				
			West	Mid-W	South	N.E.	Sig X ²	West	Mid-W	South	N.E.	Sig X ²
NG35	Sodium content of foods	0-Not mentioned/no policy	73.68	70.52	85.26	84.27	<.01	71.70	71.94	81.97	74.92	<.01
		1-Suggested/limited restrictions	22.74	29.41	9.28	14.37		24.55	27.97	11.76	15.74	
		2-Specific and required or competitive food ban	3.59	0.08	5.46	1.36		3.75	0.09	6.27	9.34	
NG36*	Calorie content per serving size	0-Not mentioned/no policy	89.62	92.74	94.13	92.54	n/s	69.29	92.42	94.00	83.15	<.001
		1-Suggested/limited restrictions	4.10	7.26	5.87	5.13		1.46	7.58	6.00	6.62	
		2-Specific and required or competitive food ban	6.29	0.00	0.00	2.33		29.25	0.00	0.00	10.23	
NG37	Serving size of foods	0-Not mentioned/no policy	67.02	81.40	52.45	65.66	<.001	68.56	81.75	47.55	58.70	<.001
		1-Suggested/limited restrictions	27.99	15.88	1.18	17.87		26.37	14.62	3.23	23.53	
		2-Specific and required or competitive food ban	4.99	2.72	46.38	16.47		5.07	3.63	49.22	17.76	
NG38	Whole/unprocessed & fresh food availability	0-Not mentioned/no policy	54.75	67.17	46.32	56.44	<.001	50.16	62.29	41.52	50.61	<.001
		1-Suggested	39.48	29.21	53.51	17.70		45.04	33.14	57.21	19.68	
		2-Specific and required	5.77	3.62	0.17	25.86		4.80	4.57	1.27	29.71	
NG39	Ingredients with questionable effects (e.g., trans fats, artificial sweeteners)	0-Not mentioned/no policy	79.69	87.25	93.16	58.79	<.001	76.61	87.15	54.47	52.25	<.001
		1-Suggested/limited restrictions	17.12	10.01	1.64	38.23		18.99	10.08	40.15	38.08	
		2-Specific and required or competitive food ban	3.19	2.73	5.19	2.97		4.40	2.76	5.38	9.67	
NG41*	Nutrition information provided for competitive foods	0-Not mentioned/no policy	93.83	92.88	99.07	89.01	n/s	89.97	94.61	95.97	81.25	<.001
		1-Suggested	3.92	3.54	0.52	4.08		7.39	3.15	0.58	4.36	
		2-Specific and required or competitive food ban	2.25	3.58	0.42	6.91		2.65	2.24	3.46	14.39	
NG42	Sugar content of beverages	0-Not mentioned/no policy	62.71	77.31	49.48	59.59	<.05	51.59	76.86	46.85	50.65	<.001
		1-Suggested/limited restrictions	35.79	20.97	49.48	36.50		46.43	21.88	48.31	38.07	
		2-Specific and required or competitive food ban	1.49	1.72	1.04	3.91		1.98	1.26	4.85	11.28	
NG43	Fat content of beverages	0-Not mentioned/no policy	95.54	92.21	94.49	62.01	<.001	94.28	94.89	93.14	62.37	<.001
		1-Suggested/limited restrictions	4.30	6.07	5.47	29.11		5.02	3.85	4.39	26.15	
		2-Specific and required or competitive food ban	0.15	1.72	0.04	8.88		0.71	1.26	2.47	11.48	

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			SY 06-07					SY 07-08				
			% of districts (<u>weighted</u> by grade level)					% of districts (<u>weighted</u> by grade level)				
			West	Mid-W	South	N.E.	Sig X ²	West	Mid-W	South	N.E.	Sig X ²
NG44*	Calorie content of beverages	0-Not mentioned/no policy	99.89	95.53	98.53	91.32	<.05	99.83	95.75	98.24	82.70	<.001
		1-Suggested/limited restrictions	0.11	4.35	1.38	7.14		0.17	4.12	1.64	15.51	
		2-Specific and required or competitive food ban	0.00	0.12	0.10	1.55		0.00	0.13	0.12	1.79	
NG45*	Regular soda	0-Not mentioned/no policy	64.85	79.38	47.40	53.08	<.001	41.56	76.37	43.06	39.31	<.001
		1-Suggested/limited restrictions	26.81	12.44	47.81	12.90		47.13	14.54	48.39	18.36	
		2-Banned	8.34	8.19	4.79	34.03		11.31	9.09	8.55	42.33	
NG46*	Beverages (other than soda) with added caloric sweeteners	0-Not mentioned/no policy	89.63	89.40	91.64	64.54	<.001	89.61	87.74	89.49	53.80	<.001
		1-Suggested/limited restrictions	8.98	8.88	8.16	32.13		9.07	11.00	7.88	42.79	
		2-Banned	1.39	1.72	0.19	3.33		1.32	1.26	2.63	3.41	
NG47	Sugar/calorie content of milk	0-Not mentioned/no policy	96.15	100.00	57.86	74.86	<.001	96.70	99.32	56.26	78.99	<.001
		1-Suggested/limited restrictions	1.63	0.00	38.20	21.81		0.00	0.68	40.03	18.04	
		2-Specific and required or competitive food ban	2.21	0.00	3.95	3.33		3.30	0.00	3.72	2.97	
NG48*	Fat content of milk	0-Not mentioned/no policy	92.41	85.44	88.48	68.87	<.01	68.64	83.13	84.88	62.90	<.01
		1-Suggested/limited restrictions	4.04	13.83	10.90	27.94		28.68	16.10	11.13	27.07	
		2-Specific and required or competitive food ban	3.55	0.73	0.62	3.19		2.69	0.77	3.99	10.03	
NG49	Serving size limit for beverages	0-Not mentioned/no policy	80.92	87.81	50.65	58.03	<.001	82.28	88.47	47.03	58.31	<.01
		1-Suggested/limited restrictions	14.40	10.99	42.84	39.00		12.73	10.36	10.06	38.62	
		2-Specific and required or competitive food ban	4.67	1.20	6.51	2.97		4.99	1.17	42.92	3.06	
NG50*	Caffeine content of beverages	0-Not mentioned/no policy	88.20	91.06	96.09	59.86	<.001	88.31	90.86	93.85	52.47	<.001
		1-Suggested/limited restrictions	6.26	4.07	3.53	35.80		4.05	4.46	4.96	36.08	
		2-Specific and required or competitive food ban	5.54	4.87	0.38	4.33		7.64	4.67	1.19	11.45	
NG51*	Availability of free drinking water throughout the school and school day	0-Not mentioned/no policy	85.46	93.46	94.43	78.12	<.001	82.16	94.24	94.29	77.64	<.001
		1-Suggested/encouraged	8.24	1.46	0.36	1.60		11.07	1.31	1.10	0.00	
		2-Free water is always available	6.30	5.08	5.21	20.28		6.77	4.46	4.61	22.36	

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PHYSICAL EDUCATION (PE)											
PE52a* PE addressed in district policy	0-Not mentioned/no policy	22.77	34.48	27.42	41.33	n/s	5.87	29.27	23.57	18.03	n/s
	1-Definitively addressed	77.23	65.52	72.58	58.67		94.13	70.73	76.43	81.97	
PE52 PE curriculum all grades	0-Not mentioned/no policy	36.81	44.32	71.79	56.34	<.05	31.74	40.71	75.16	37.34	<.01
	1-Suggested/encouraged	14.11	23.09	11.91	13.66		13.55	21.39	11.05	26.56	
	2-Clear curriculum-all grades	49.08	32.59	16.30	30.00		54.71	37.90	13.79	36.10	
PE53* Time requirements for PE: ≥ 150 mins/week (ES)	0-Not mentioned/no policy	64.30	90.17	91.86	92.04	<.01	57.84	88.63	92.49	78.58	<.001
	1- < NASPE standards or specifies days (not duration)	24.13	8.45	1.34	7.96		31.41	9.74	2.84	21.42	
PE54* ≥ 225 mins/week (MS/HS)	2- ≥ NASPE standards	11.56	1.38	6.80	0.00		10.75	1.63	4.67	0.00	
PE56* PE teaches physically active lifestyle	0-Not mentioned/no policy	40.56	45.09	71.38	46.97	<.05	21.47	42.26	71.77	29.31	<.001
	1- Suggested/encouraged	12.48	4.29	4.81	6.36		18.40	3.92	4.35	5.54	
	2- Required	46.96	50.62	23.80	46.68		60.14	53.81	23.88	65.15	
PE57 PE competency (skills, knowledge) assessment	0-Not mentioned/no policy	46.27	63.16	85.53	59.13	<.001	35.83	62.06	81.68	44.83	<.001
	1- Suggested/encouraged	36.36	4.25	2.38	1.79		47.42	3.96	2.17	9.26	
	2- Required	17.37	32.59	12.08	39.08		16.75	33.98	16.15	45.91	
PE58 PE quality	0-Not mentioned/no policy	39.09	54.92	79.94	58.89	<.01	28.15	50.45	81.16	43.47	<.001
	1- Suggested/encouraged	12.92	5.80	6.66	7.98		14.03	8.60	5.79	13.36	
	2- Curriculum aligned with stds/benchmarks, sequential	47.99	39.28	13.39	33.13		57.83	40.96	13.04	43.17	
PE59 Inclusive play	0-Not mentioned/no policy	51.62	56.97	84.02	56.93	<.01	41.57	56.37	83.06	40.69	<.001
	1- Suggested/encouraged	3.92	4.19	2.53	3.38		6.31	3.22	2.40	9.72	
	2- Required	44.45	38.84	13.44	39.69		52.11	40.41	14.54	49.59	
PE60 PE courses/credits required for graduation	0-Not mentioned/no policy	81.23	90.02	85.33	94.15	<.01	79.88	91.11	84.02	87.96	<.05
	1- Suggested/encouraged	0.12	6.18	2.01	0.55		0.19	5.36	2.01	6.29	
	2- Required	18.64	3.80	12.67	5.29		19.94	3.53	13.97	5.75	

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			West	Mid-W	South	N.E.	Sig X ²	West	Mid-W	South	N.E.	Sig X ²
PE61	Daily PE requirement	0-Not mentioned/no policy	92.96	91.18	90.51	98.69	<.05	95.63	94.31	93.04	90.86	<.1
		1- Suggested/encouraged	7.04	0.86	6.04	1.31		4.37	1.24	4.65	9.14	
		2- Required	0.00	7.96	3.45	0.00		0.00	4.45	2.31	0.00	
PE62	Teacher-student ratio for PE	0-Not mentioned/no policy	91.99	92.46	93.43	83.88	n/s	92.64	93.13	92.19	74.00	<.05
		1- Suggested	6.89	7.54	6.57	14.59		5.68	6.87	7.81	24.23	
		2- Specific and required	1.12	0.00	0.00	1.53		1.67	0.00	0.00	1.77	
PE63	Safe/adequate equipment/facilities	0-Not mentioned/no policy	76.21	92.01	92.75	75.19	<.001	75.59	90.48	91.03	67.24	<.001
		1- Suggested	21.39	2.38	3.22	4.78		21.24	3.27	3.13	16.64	
		2- Specific and required	2.39	5.61	4.03	20.03		3.18	6.25	5.83	16.12	
PE64*	Moderate-to-vigorous activity	0-Not mentioned/no policy	79.78	79.77	57.81	72.98	<.05	72.15	77.03	60.82	62.68	<.05
		1- Moderate-to-vigorous activity addressed but <50% time or not specified	11.91	13.19	35.69	24.46		17.90	12.38	34.27	34.04	
		2- ≥ 50% class time devoted to moderate-to-vigorous activity	8.31	7.05	6.49	2.56		9.95	10.59	4.91	3.28	
PE65*	Qualifications of PE instructors	0-Not mentioned/no policy	69.87	72.06	84.37	62.32	n/s	67.01	68.05	83.52	52.52	<.05
		1- Suggested	10.81	6.84	4.24	3.61		12.56	5.98	4.01	8.72	
		2- Requires PE to be taught by qualified instructors	19.32	21.10	11.39	34.08		20.43	25.97	12.47	38.77	
PE66	Training for PE instructors	0-Not mentioned/no policy	80.73	91.17	90.19	76.89	<.001	75.09	90.38	92.00	77.92	<.001
		1- Suggested or training for teachers generally (not PE-specific)	16.15	0.98	4.63	1.84		21.80	1.31	3.93	2.33	
		2- Provision of PE training for PE instructors	3.12	7.86	5.17	21.27		3.11	8.31	4.08	19.76	
PE67	Prohibits waivers for PE	0-Not mentioned/no policy	95.90	95.63	92.93	96.90	n/s	96.32	93.29	94.63	95.90	n/s
		1- Suggested	1.79	0.07	1.57	1.57		2.14	0.09	1.53	1.84	
		2- PE waivers prohibited	2.31	4.30	5.50	1.53		1.54	6.62	3.84	2.26	
PE68	Annual health assessment	0-Not mentioned/no policy	74.62	82.37	86.25	70.19	n/s	64.98	84.38	84.83	54.00	<.001
		1- Suggested/vague	25.38	17.63	13.63	29.26		35.02	15.62	15.00	44.77	
		2- Specific and required	0.00	0.00	0.12	0.55		0.00	0.00	0.17	1.23	

LEGEND:

- 0=No Policy
- 1=Weak Policy
- 2=Strong Policy

Bridging the Gap Weighted District-level Wellness Policy Data by Grade Level and Region, SY 06-07 and 07-08

(Items with * are included in Monograph)

Variable Description			High School - Region									
			SY 06-07					SY 07-08				
			% of districts (<u>weighted</u> by grade level)					% of districts (<u>weighted</u> by grade level)				
Responses			West	Mid-W	South	N.E.	Sig X ²	West	Mid-W	South	N.E.	Sig X ²
PE68a* BMI			90.95	85.53	88.44	93.57	n/s	84.00	86.90	87.82	82.38	n/s
(ch. 7 of mono)	0-Not mentioned/no policy		9.05	14.47	11.56	4.08		16.00	13.10	12.18	14.89	
	1- BMI suggested (with or without reporting)		0.00	0.00	0.00	1.31		0.00	0.00	0.00	1.95	
	2- BMI required without reporting		0.00	0.00	0.00	1.04		0.00	0.00	0.00	0.78	
	3- BMI required with reporting											
PHYSICAL ACTIVITY (PA)												
PA69*	FW: Physical activity (PA) goals	0- No goal/policy	23.43	29.05	19.64	38.79	n/s	7.44	26.17	15.42	14.83	n/s
		1- PA goal suggested or repeats FW language	2.37	1.46	0.08	1.56		2.09	0.13	3.21	0.91	
		2- PA goal specified	74.20	69.49	80.28	59.65		90.48	73.70	81.37	84.27	
PA70*	PA outside of PE for every grade level	0-Not mentioned/no policy	33.33	59.28	44.15	46.19	<.001	24.00	57.10	44.71	33.59	<.05
		1- Suggested/vague or not clear PA for all grades	37.54	19.29	6.08	41.44		43.07	17.53	19.05	39.31	
		2- Clear each grade will get PA outside of PE	29.13	21.44	49.77	12.36		32.94	25.37	36.24	27.11	
PA72*	PA throughout the day	0-Not mentioned/no policy	65.51	68.58	56.79	56.03	n/s	59.83	62.34	55.66	41.83	n/s
		1- Suggested	25.80	26.00	37.63	36.39		30.56	33.63	38.59	46.32	
		2- Required	8.70	5.41	5.58	7.58		9.61	4.03	5.75	11.86	
PA73	Intramurals, interscholastic, extracurricular activities	0-Not mentioned/no policy	49.92	63.97	83.49	68.21	<.05	42.57	66.02	84.79	51.62	<.001
		1- Suggested	25.94	17.28	9.75	24.82		30.69	17.38	9.01	36.15	
		2- Required/definitively offered	24.14	18.75	6.76	6.97		26.74	16.59	6.20	12.23	
PA74	Community use of school facilities for physical activity purposes	0-Not mentioned/no policy	81.13	79.89	80.16	74.67	<.05	79.69	77.85	71.08	63.78	<.01
		1- Suggested	13.52	9.32	3.82	0.84		11.33	8.45	2.35	1.22	
		2- Required/definitively in place	5.36	10.78	16.02	24.49		8.98	13.70	26.57	35.00	
PA75	Safe (active) routes to school (SRTS)	0-Not mentioned/no policy	85.48	95.35	92.93	77.42	<.01	82.69	94.74	94.86	78.43	<.001
		1- Suggested/encouraged	8.09	3.52	1.48	4.96		9.86	3.60	0.28	5.09	
		2- Ensures effort to promote SRTS	6.43	1.13	5.60	17.63		7.44	1.66	4.86	16.48	
PA76*	Not using PA as punishment	0-Not mentioned/no policy	89.51	80.12	88.56	79.79	<.05	85.53	74.83	87.58	66.97	<.05
		1- Suggested	3.45	11.36	3.60	2.40		7.87	15.84	4.74	11.75	
		2- Prohibits PA as punishment	7.04	8.52	7.84	17.81		6.60	9.33	7.68	21.28	

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Bridging the Gap Weighted District-level Wellness Policy Data by Grade Level and Region, SY 06-07 and 07-08

(Items with * are included in Monograph)

Variable Description	Responses	High School - Region									
		SY 06-07					SY 07-08				
		% of districts (<u>weighted</u> by grade level)					% of districts (<u>weighted</u> by grade level)				
		West	Mid-W	South	N.E.	Sig X ²	West	Mid-W	South	N.E.	Sig X ²
PA77*	Daily recess 0-Not mentioned/no policy 1- Suggested or frequency vague 2- Required	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a
PA78	Recess quality to promote PA 0-Not mentioned/no policy 1- Suggested 2- Specific and required	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a
STAFF PA/WELLNESS/MODELING											
PA71	PA opportunities for school staff 0-Not mentioned/no policy 1- Suggested 2- Required	78.95 21.05 0.00	85.89 6.85 7.25	91.71 5.14 3.15	96.00 2.74 1.26	<.01	74.75 24.88 0.37	89.81 5.11 5.09	89.05 8.56 2.38	94.04 4.44 1.52	<.001
CP80	Staff wellness programs 0-Not mentioned/no policy 1- Suggested 2- Required/definitively in place	91.89 2.64 5.47	79.37 5.60 15.04	75.39 21.54 3.07	85.25 5.50 9.25	<.001	87.73 3.98 8.29	77.29 7.50 15.21	73.62 22.83 3.56	77.39 10.97 11.63	<.01
CP82	Staff to role model healthy behaviors 0-Not mentioned/no policy 1- Suggested 2- Require schools to encourage staff modeling	77.97 1.75 20.28	70.24 15.39 14.37	81.92 3.19 14.89	69.58 0.53 29.89	<.001	74.08 2.48 23.44	64.99 19.81 15.20	83.29 3.31 13.40	70.27 1.24 28.49	<.001
STAKEHOLDER INVOLVEMENT/FEEDBACK											
CP79	FW: Stakeholders involved in development of wellness policy 0-Not mentioned/no policy 1- Suggested or not clear all reqd. stakeholders involved 2- All reqd. stakeholders involved in policy dev.	58.16 23.95 17.90	70.51 13.99 15.50	40.98 9.78 49.24	65.06 9.53 25.41	<.01	55.81 22.27 21.92	72.79 12.83 14.38	37.65 8.55 53.80	54.58 17.67 27.75	<.001
CP85	Methods to solicit input 0-Not mentioned/no policy 1- Suggested/vague 2- Required and specific	66.91 23.60 9.49	72.02 8.42 19.56	76.42 9.31 14.27	66.53 14.56 18.90	n/s	57.14 32.32 10.54	66.83 17.70 15.47	78.49 9.14 12.38	57.82 16.37 25.82	<.05
CP86	How to engage parents/ community 0-Not mentioned/no policy 1- Suggested/vague 2- Required and specific	55.13 21.62 23.25	78.03 7.23 14.74	82.35 1.61 16.03	70.81 11.29 17.90	<.05	46.74 26.25 27.02	78.04 6.01 15.95	81.34 2.74 15.93	56.44 16.98 26.58	<.001

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Bridging the Gap Weighted District-level Wellness Policy Data by Grade Level and Region, SY 06-07 and 07-08

(Items with * are included in Monograph)

Variable	Description	Responses	High School - Region									
			SY 06-07					SY 07-08				
			% of districts (<u>weighted</u> by grade level)					% of districts (<u>weighted</u> by grade level)				
			West	Mid-W	South	N.E.	Sig X ²	West	Mid-W	South	N.E.	Sig X ²
CP87	Content communicated to parents	0-Not mentioned/no policy 1- Suggested/vague 2- Required and specific	55.50	62.75	60.49	55.66	n/s	43.58	59.88	59.19	34.31	<.1
			17.64	13.93	26.45	18.21		26.68	16.45	25.99	30.56	
			26.86	23.32	13.06	26.13		29.74	23.67	14.82	35.13	
CP90*	Ongoing health advisory (ch. 7 of committee mono)	0-Not mentioned/no policy 1- Suggested/vague 2- Required and clearly ongoing	75.66	56.13	61.25	57.67	n/s	63.53	55.88	50.55	39.20	<.05
			10.17	4.19	9.11	7.37		15.75	2.42	17.43	10.72	
			14.17	39.68	29.63	34.96		20.73	41.70	32.02	50.08	
MESSAGING, MARKETING, & PROMOTION												
CP81	Consistency of nutrition messages	0-Not mentioned/no policy 1- Suggested/vague 2-Specific and required	51.73	57.93	34.93	52.41	<.001	36.17	54.63	30.63	33.26	<.001
			40.97	31.42	19.45	24.60		54.47	36.04	22.63	43.51	
			7.31	10.65	45.62	22.99		9.36	9.33	46.75	23.23	
CP83	Responsible for communication	0-Not mentioned/no policy 1- Suggested/vague 2- Specific and required	62.78	73.47	81.24	67.43	<.001	57.70	72.03	80.64	53.17	<.001
			12.09	23.57	14.72	31.02		16.26	25.31	16.04	45.72	
			25.12	2.96	4.03	1.55		26.04	2.66	3.32	1.11	
CP84	Coordinated School Health program	0-Not mentioned/no policy 1- Suggested/vague 2- Definitely in place	84.14	93.65	57.88	90.67	<.001	75.87	95.70	56.29	89.84	<.001
			2.37	1.08	3.38	7.19		2.98	1.23	2.24	7.85	
			13.49	5.28	38.74	2.14		21.15	3.07	41.47	2.31	
CP88*	Marketing healthy choices (ch. 5 of mono)	0-Not mentioned/no policy 1- Suggested/vague 2- Specific and required	55.48	82.28	84.70	80.78	<.001	63.53	78.21	84.43	79.02	<.01
			33.72	6.17	7.03	16.61		28.46	7.68	6.58	17.21	
			10.80	11.55	8.27	2.61		8.01	14.11	8.99	3.78	
CP89*	Advertising/marketing of (ch. 5 of mono) unhealthy choices	0-Not mentioned/no policy 1- Suggested prohibition/restricted 2- Prohibited	77.73	92.77	88.30	89.88	<.01	72.04	92.75	87.59	81.20	<.01
			4.94	2.31	4.38	9.57		6.56	1.68	5.46	10.91	
			17.33	4.92	7.31	0.55		21.40	5.57	6.94	7.89	
EVALUATION & IMPLEMENTATION												
E91	FW: Plan for measuring implementation, including designating person responsible	0-Not mentioned/no policy 1- Suggested or does not designate responsible person 2- Specific and required	29.75	37.14	25.59	45.28	n/s	11.44	33.52	21.01	30.92	n/s
			10.36	6.57	1.99	2.50		10.28	5.48	5.19	1.97	
			59.89	56.29	72.43	52.22		78.27	61.00	73.80	67.10	

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Bridging the Gap Weighted District-level Wellness Policy Data by Grade Level and Region, SY 06-07 and 07-08

(Items with * are included in Monograph)

Variable	Description	Responses	High School - Region									
			SY 06-07					SY 07-08				
			% of districts (<u>weighted</u> by grade level)					% of districts (<u>weighted</u> by grade level)				
			West	Mid-W	South	N.E.	Sig X ²	West	Mid-W	South	N.E.	Sig X ²
E92*	Plan for implementation	0-Not mentioned/no policy	36.50	42.72	27.12	46.84	n/s	17.71	38.17	24.88	31.83	n/s
		1- Suggested or does not designate responsible person	4.69	4.38	3.91	3.45		5.71	2.65	3.92	2.98	
		2- Specific and required with responsible person	58.81	52.89	68.97	49.71		76.58	59.18	71.20	65.19	
E93*	Plan for evaluation	0-Not mentioned/no policy	45.73	65.21	72.62	60.62	n/s	36.62	59.71	61.87	43.61	<.1
		1- Suggested	47.48	29.72	22.59	35.56		56.21	36.18	32.71	53.96	
		2- Specific and required	6.80	5.07	4.79	3.83		7.17	4.11	5.41	2.43	
E94*	Audience and frequency of reporting	0-Not mentioned/no policy	61.09	57.45	70.13	59.69	n/s	57.40	52.57	68.74	52.98	n/s
		1- Suggested	14.58	25.13	15.73	20.05		14.40	30.64	14.51	27.59	
		2- Specific and required	24.33	17.42	14.14	20.26		28.20	16.78	16.75	19.43	
E95*	Funding support	0-Not mentioned/no policy	95.20	98.67	95.99	80.50	<.001	96.64	99.33	96.31	82.02	<.001
		1- Suggested	4.80	0.02	1.66	19.50		3.36	0.03	2.06	17.98	
		2- Identifies a specific source of funding	0.00	1.31	2.35	0.00		0.00	0.64	1.63	0.00	
E96*	Plan for revising the policy	0-Not mentioned/no policy	77.30	64.96	81.12	65.66	<.01	66.56	63.92	82.67	62.19	<.001
		1- Suggested	4.58	7.10	2.64	19.87		3.23	4.72	2.40	20.15	
		2- Specific and required	18.12	27.94	16.24	14.47		30.21	31.36	14.93	17.67	
E100	Requires district to report to the state	0-Not mentioned/no policy	100.00	100.00	99.90	100.00	n/s	100.00	100.00	99.88	100.00	n/s
		1- Yes	0.00	0.00	0.10	0.00		0.00	0.00	0.12	0.00	

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Bridging the Gap Weighted District-level Wellness Policy Data by Grade Level and Majority Race/Ethnicity, SY 06-07 and 07-08

(Items with * are included in Monograph)

Note 1: Data have been recoded to reflect only policies in effect as of day after Labor Day for each SY (proxy for first day of SY as per FW requirement).

Note 2: Weighted data adjusted for non-response

Note 3: Significance levels are based on bivariate analyses only. Full monograph highlights significant multivariate findings.

Variable Description Responses			Elementary School - Race/Ethnicity									
			SY 06-07					SY 07-08				
			% of districts (weighted by grade level)					% of districts (weighted by grade level)				
			Maj White	Maj Black	Maj Latino	Maj Diverse	Sig X ²	Maj White	Maj Black	Maj Latino	Maj Diverse	Sig X ²
NUTRITION EDUCATION												
NE1*	FW: Nutrition education goal	0-No goal/policy 1-NE goal suggested or repeats FW language 2-NE goal specified	20.84	53.62	31.85	14.23	<.1	13.24	22.10	11.73	9.99	n/s
			1.79	0.00	0.39	1.21		2.83	0.00	0.45	1.06	
			77.36	46.38	67.76	84.56		83.94	77.90	87.82	88.95	
NE2*	Nutrition education curriculum	0-Not mentioned/no policy 1-Curriculum reqd/suggested, not clear all grades 2-Clear NE curriculum, all grades	37.93	70.91	39.98	31.29	n/s	35.12	39.19	27.74	22.06	n/s
			31.43	8.63	27.21	31.25		38.08	10.20	31.33	39.40	
			30.64	20.46	32.82	37.45		26.80	50.61	40.93	38.54	
NE3	Nutrition education within larger school community	0-Not mentioned/no policy 1-Vague/suggested 2-Yes, with specific strategies	38.27	62.15	43.29	33.21	n/s	35.37	24.49	31.95	35.08	n/s
			50.17	19.35	51.84	60.46		51.58	54.60	65.01	60.54	
			11.56	18.50	4.87	6.33		13.05	20.91	3.03	4.38	
NE4	Nutrition education beyond school environment	0-Not mentioned/no policy 1-Vague/suggested 2-Yes, with specific strategies	56.46	62.62	44.88	55.25	<.1	58.63	33.93	36.81	52.04	<.01
			32.73	35.94	54.41	39.97		31.66	60.14	62.45	45.94	
			10.81	1.43	0.71	4.78		9.71	5.92	0.74	2.02	
NE5	Nutrition education training for teachers	0-Not mentioned/no policy 1-Vague/suggested or just a subset of teachers 2-Required for all teachers	69.87	77.95	76.90	70.82	n/s	69.68	46.38	61.28	69.32	n/s
			23.86	4.64	17.76	19.91		23.73	37.54	35.93	24.65	
			6.27	17.42	5.34	9.26		6.60	16.07	2.79	6.03	
NE6*	Nutrition education integrated into other subjects	0-Not mentioned/no policy 1-Vague/suggested 2-Required	56.58	76.69	50.99	49.29	n/s	58.58	40.16	35.94	44.07	<.1
			12.79	5.64	27.22	20.27		15.04	11.29	28.53	14.86	
			30.64	17.66	21.79	30.44		26.38	48.55	35.53	41.07	
NE7*	Nutrition education teaches behavior-focused skills	0-Not mentioned/no policy 1-Vague/suggested 2-Required	32.54	61.21	52.92	32.78	n/s	30.01	26.18	26.51	37.13	n/s
			18.77	10.02	14.01	12.49		23.49	11.25	32.46	11.79	
			48.68	28.77	33.08	54.73		46.50	62.57	41.03	51.08	

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Bridging the Gap Weighted District-level Wellness Policy Data by Grade Level and Majority Race/Ethnicity, SY 06-07 and 07-08

(Items with * are included in Monograph)

			Elementary School - Race/Ethnicity									
			SY 06-07					SY 07-08				
			% of districts (weighted by grade level)					% of districts (weighted by grade level)				
Variable	Description	Responses	Maj White	Maj Black	Maj Latino	Maj Diverse	Sig X ²	Maj White	Maj Black	Maj Latino	Maj Diverse	Sig X ²
NE8	Number of nutrition education courses/hours	0-Not mentioned/no policy 1-Vague/suggested or not all grades 2-Specified	97.82 1.20 0.98	98.22 1.78 0.00	100.00 0.00 0.00	97.70 2.11 0.20	n/s	97.55 1.08 1.36	97.98 2.02 0.00	99.46 0.54 0.00	97.79 2.02 0.19	n/s
NE9	Nutrition education quality	0-Not mentioned/no policy 1-Vague/suggested 2-Curriculum aligned with benchmarks/standards, sequential	46.36 16.26 37.38	77.36 3.58 19.06	56.63 11.16 32.21	37.66 18.38 43.96	n/s	42.20 19.40 38.40	41.92 4.26 53.82	46.30 11.30 42.40	31.20 21.30 47.50	n/s
SCHOOL MEALS												
US10*	FW: Guidelines for school meals are not less restrictive than federal requirements	0-No goal/policy 1-Should/strive to meet federal school meals regs 2-Will meet federal school meal regulations	26.89 1.66 71.46	50.58 0.18 49.24	34.92 0.00 65.08	20.55 2.60 76.85	n/s	18.60 3.05 78.35	19.45 0.31 80.24	14.78 0.00 85.22	15.92 1.85 82.23	n/s
US11*	School Breakfast Program	0-Not mentioned/no policy 1-Suggests/promotes general breakfast program or encourages healthy breakfast 2-Clearly offers national SBP	46.60 16.00 37.40	54.12 13.10 32.78	37.99 22.16 39.85	32.71 14.95 52.34	n/s	42.39 15.41 42.20	26.33 11.80 61.88	17.01 27.05 55.94	30.56 15.16 54.28	n/s
US12	Summer Food Service Program	0-Not mentioned/no policy 1-Suggests/promotes general summer food program 2-Clearly offers national Summer Food Program	97.45 1.33 1.22	91.19 0.58 8.23	86.90 5.27 7.83	97.19 0.53 2.28	<.05	95.83 1.49 2.68	66.45 0.85 32.69	84.05 3.23 12.72	97.77 0.55 1.68	<.001
US13*	Specifies guidelines beyond US Dietary Guidelines	0-Not mentioned/no policy 1-Vague/suggested or meet Dietary Guidelines 2-Clearly exceed Dietary Guidelines	62.10 29.34 8.57	56.82 23.65 19.52	57.24 31.40 11.36	52.64 40.15 7.21	n/s	61.47 29.48 9.04	31.01 25.40 43.58	44.32 36.21 19.47	50.38 44.51 5.11	<.01
US14	Using low-fat versions of foods/cooking methods	0-Not mentioned/no policy 1-Vague/suggested 2-Specific and required	86.33 9.45 4.22	68.15 23.06 8.79	71.72 28.26 0.02	86.78 12.30 0.92	<.05	87.47 9.15 3.39	68.78 23.84 7.38	64.84 34.33 0.83	79.03 19.96 1.01	<.001

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Bridging the Gap Weighted District-level Wellness Policy Data by Grade Level and Majority Race/Ethnicity, SY 06-07 and 07-08

(Items with * are included in Monograph)

			Elementary School - Race/Ethnicity									
			SY 06-07					SY 07-08				
			% of districts (weighted by grade level)					% of districts (weighted by grade level)				
Variable	Description	Responses	Maj White	Maj Black	Maj Latino	Diverse	Sig X ²	Maj White	Maj Black	Maj Latino	Diverse	Sig X ²
US15	Strategies to increase participation in school meal programs	0-Not mentioned/no policy	57.50	65.63	79.59	66.12	n/s	58.48	32.34	70.34	67.60	<.05
		1-Vague/suggested	24.65	15.98	19.14	21.72		27.18	19.89	21.27	23.40	
		2-Specific and required	17.85	18.39	1.28	12.16		14.33	47.77	8.39	9.01	
US16	Optimizes meal scheduling	0-Not mentioned/no policy	64.59	72.76	62.58	77.65	n/s	58.23	48.98	56.51	74.28	<.05
		1-Vague/suggested	27.79	9.73	31.21	19.46		32.09	13.07	36.84	21.89	
		2-Specific and required	7.62	17.51	6.21	2.90		9.68	37.95	6.65	3.83	
US17*	Adequate time to eat (≥20 mins for lunch; ≥ 10 mins for breakfast)	0-Not mentioned/no policy	50.90	57.32	44.36	59.72	n/s	46.20	27.41	31.92	53.33	<.05
		1-Vague/suggested or < time guidelines	36.29	23.83	44.79	31.36		40.98	22.97	56.42	37.43	
		2-Required	12.81	18.85	10.85	8.92		12.82	49.61	11.66	9.24	
US18	Hand-washing	0-Not mentioned/no policy	81.04	82.56	92.45	86.59	n/s	80.35	57.68	89.52	86.95	<.05
		1-Vague/suggested	2.73	0.18	0.00	0.47		3.17	0.31	1.92	0.99	
		2-Ensures assistance with hand-washing/facilitating	16.23	17.26	7.55	12.94		16.48	42.01	8.56	12.05	
US19	Nutrition qualifications of meal staff	0-Not mentioned/no policy	74.82	62.83	87.76	89.81	n/s	73.65	44.50	80.16	87.60	<.05
		1-Vague/suggested	1.57	1.71	0.00	0.00		0.82	1.76	0.00	0.00	
		2-Required	23.61	35.46	12.24	10.19		25.53	53.74	19.84	12.40	
US20	Training for food service staff	0-Not mentioned/no policy	70.02	78.38	78.03	83.68	n/s	63.82	44.36	71.29	80.46	<.01
		1-Vague/suggested	23.92	13.39	9.78	12.89		31.10	44.06	10.34	10.27	
		2-Required	6.07	8.23	12.19	3.43		5.08	11.57	18.37	9.27	
US21	School meal environment	0-Not mentioned/no policy	46.16	58.86	50.36	61.18	n/s	42.09	27.75	39.25	57.89	<.1
		1-Vague/suggested	3.49	1.29	5.70	2.85		4.17	1.49	8.18	8.82	
		2-Requires specifics strategies	50.35	39.84	43.94	35.97		53.74	70.77	52.57	33.29	
US22*	Nutrition information for school meals	0-Not mentioned/no policy	81.55	85.64	82.91	79.46	n/s	82.91	55.25	71.92	85.04	<.05
		1-Vague/suggested	7.33	1.13	10.48	8.98		6.66	1.66	10.83	5.96	
		2-Specific and required	11.12	13.22	6.62	11.56		10.43	43.09	17.25	9.00	

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Bridging the Gap Weighted District-level Wellness Policy Data by Grade Level and Majority Race/Ethnicity, SY 06-07 and 07-08

(Items with * are included in Monograph)

			Elementary School - Race/Ethnicity									
			SY 06-07					SY 07-08				
			% of districts (weighted by grade level)					% of districts (weighted by grade level)				
Variable	Description	Responses	Maj White	Maj Black	Maj Latino	Diverse	Sig X ²	Maj White	Maj Black	Maj Latino	Diverse	Sig X ²
US38a	Farm-to-school program	0-Not mentioned/no policy 1-Vague/suggested 2-Specific and required	96.84	83.30	85.22	95.19	<.05	95.50	86.11	78.90	90.54	<.1
COMPETITIVE FOODS												
NG23*	FW: Nutrition guidelines for all foods outside of the school meal program during the SD	0-No goal/policy 1-Suggested or only meet Dietary Guidelines 2-Required/definitively in place	21.27	49.61	31.85	16.01	<.1	14.71	18.34	12.27	11.56	n/s
			31.07	18.40	10.85	26.41		37.62	17.80	12.59	23.33	
			47.66	31.99	57.31	57.58		47.66	63.86	75.14	65.11	
Access Restrictions												
NG23b	Competitive food and beverage ban	0-Not mentioned/no policy 1-Suggested or only applies to food (not bev) or visa versa 2-Required	87.96	81.97	65.17	90.62	<.05	87.54	61.19	61.83	86.54	<.001
			11.34	18.03	34.83	9.18		11.18	15.71	38.17	12.92	
			0.69	0.00	0.00	0.20		1.28	23.10	0.00	0.53	
NG23c	Nutrition guidelines apply to vending contracts	0-Not mentioned/no policy 1-Suggested/encouraged 2-Required	90.19	99.79	59.30	89.23	<.001	88.79	94.38	49.38	72.68	<.001
			1.71	0.00	7.48	4.56		3.01	4.14	10.01	2.51	
			8.10	0.21	33.22	6.21		8.20	1.49	40.61	24.82	
NG24*	Vending machines	0-Not mentioned/no policy 1-Suggested/limited restrictions 2-Ban or all F&B must meet guidelines	35.50	54.53	35.22	28.04	<.05	30.53	23.18	14.85	16.37	<.01
			38.59	23.97	12.78	36.22		42.19	27.12	20.98	38.59	
			25.91	21.50	52.00	35.74		27.28	49.71	64.17	45.05	
NG25*	School stores	0-Not mentioned/no policy 1-Suggested/limited restrictions 2-Ban or all F&B must meet guidelines	40.11	56.68	42.50	29.98	<.001	36.28	25.85	22.32	19.21	<.001
			41.33	23.13	5.49	35.23		42.77	30.19	13.52	36.55	
			18.56	20.19	52.00	34.78		20.95	43.96	64.17	44.24	
NG26*	A la carte	0-Not mentioned/no policy 1-Suggested/limited restrictions 2-Ban or all F&B must meet guidelines	36.50	55.30	42.50	29.10	<.05	31.28	24.11	22.09	20.60	<.1
			50.47	24.94	33.26	42.84		52.24	32.26	45.30	47.02	
			13.03	19.77	24.23	28.05		16.49	43.63	32.62	32.38	
NG27*	Class parties and celebrations	0-Not mentioned/no policy 1-Suggested/limited restrictions 2-Ban or all F&B must meet guidelines	50.72	54.39	39.35	48.16	n/s	46.43	24.18	18.83	29.61	<.01
			48.84	43.06	60.65	50.77		53.36	73.09	75.96	68.55	
			0.44	2.56	0.00	1.07		0.21	2.73	5.21	1.84	

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			Elementary School - Race/Ethnicity									
			SY 06-07					SY 07-08				
			% of districts (weighted by grade level)					% of districts (weighted by grade level)				
Variable	Description	Responses	Maj White	Maj Black	Maj Latino	Maj Diverse	Sig X ²	Maj White	Maj Black	Maj Latino	Maj Diverse	Sig X ²
NG28	Food from home for whole class	0-Not mentioned/no policy	50.27	54.39	39.35	48.16	n/s	45.75	24.18	18.83	29.61	<.01
		1-Suggested/limited restrictions	48.94	43.06	60.65	50.77		53.85	73.09	75.96	68.55	
		2-Ban or all F&B must meet guidelines	0.79	2.56	0.00	1.07		0.40	2.73	5.21	1.84	
NG29	Food before school	0-Not mentioned/no policy	84.53	95.40	74.76	75.55	n/s	83.30	94.31	66.69	70.83	<.01
		1-Suggested/limited restrictions	10.16	3.86	11.88	10.65		10.73	4.78	20.51	8.96	
		2-Nutrition guidelines apply to before school sales	5.31	0.74	13.36	13.80		5.97	0.91	12.81	20.21	
NG30	Food after school	0-Not mentioned/no policy	90.54	96.60	88.36	81.76	<.05	90.61	96.26	80.70	75.61	<.001
		1-Suggested/limited restrictions	6.87	3.40	0.00	5.73		7.41	3.74	7.03	5.25	
		2-Nutrition guidelines apply to after school sales	2.59	0.00	11.64	12.52		1.99	0.00	12.27	19.14	
NG31	Food at evening/community events	0-Not mentioned/no policy	84.65	76.95	76.35	82.50	n/s	84.63	60.75	67.74	84.18	<.001
		1-Suggested/limited restrictions	15.14	23.05	19.08	15.21		15.16	16.15	30.29	13.12	
		2-Nutrition guidelines apply	0.21	0.00	4.57	2.28		0.21	23.10	1.97	2.71	
NG32	Fundraisers	0-Not mentioned/no policy	60.18	62.86	39.65	51.82	n/s	54.10	39.70	24.25	43.44	<.001
		1-Limited restrictions or only fundraisers during SD	39.15	37.14	55.78	46.32		44.81	37.20	67.97	53.63	
		2-Nutrition guidelines apply to all fundraisers	0.67	0.00	4.57	1.85		1.09	23.10	7.78	2.93	
NG40*	Use of food as a reward/punishment	0-Not mentioned/no policy or encourages healthy food as reward	69.56	69.99	88.00	77.35	n/s	65.46	44.14	83.77	78.08	<.05
		1-Discourage food as a reward/prohibit as punishment	21.84	26.49	5.09	16.98		26.28	51.15	8.88	16.76	
		2-Prohibits using food as a reward/punishment	8.60	3.52	6.91	5.67		8.27	4.71	7.35	5.16	
Content Restrictions												
NG33*	Sugar content of Foods	0-Not mentioned/no policy	66.76	75.49	63.71	55.11	<.01	60.87	46.34	22.29	44.90	<.001
		1-Suggested/limited restrictions	23.80	6.50	17.29	16.92		27.05	35.19	54.07	20.43	
		2-Specific and required OR competitive food ban	9.44	18.01	19.00	27.96		12.09	18.47	23.64	34.67	

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			Elementary School - Race/Ethnicity									
			SY 06-07					SY 07-08				
			% of districts (weighted by grade level)					% of districts (weighted by grade level)				
Variable	Description	Responses	Maj White	Maj Black	Maj Latino	Maj Diverse	Sig X ²	Maj White	Maj Black	Maj Latino	Maj Diverse	Sig X ²
NG34*	Fat content of foods	0-Not mentioned/no policy	47.34	67.18	35.04	41.51	<.01	45.25	35.21	14.93	32.34	<.001
		1-Suggested/limited restrictions	34.79	13.95	14.90	23.77		32.98	45.31	22.10	23.13	
		2-Specific and required OR competitive food ban	17.87	18.87	50.06	34.72		21.76	19.48	62.97	44.53	
NG35	Sodium content of foods	0-Not mentioned/no policy	71.69	71.47	81.13	71.43	n/s	72.07	67.43	66.48	71.35	n/s
		1-Suggested/limited restrictions	23.49	10.52	16.08	19.75		21.35	17.34	23.80	19.60	
		2-Specific and required OR competitive food ban	4.82	18.01	2.79	8.82		6.58	15.24	9.72	9.04	
NG36*	Calorie content per serving size	0-Not mentioned/no policy	89.08	96.51	78.40	71.80	<.05	85.87	94.82	78.66	62.78	<.001
		1-Suggested/limited restrictions	7.76	3.49	11.66	19.56		5.59	5.18	0.23	13.16	
		2-Specific and required OR competitive food ban	3.16	0.00	9.94	8.63		8.54	0.00	21.11	24.06	
NG37	Serving size of foods	0-Not mentioned/no policy	69.12	78.60	59.24	74.00	n/s	69.42	73.28	47.01	64.11	n/s
		1-Suggested/limited restrictions	14.33	3.01	10.20	11.69		13.83	3.51	16.70	18.02	
		2-Specific and required OR competitive food ban	16.56	18.39	30.56	14.31		16.75	23.21	36.28	17.87	
NG38	Whole/unprocessed & fresh food availability	0-Not mentioned/no policy	55.46	58.01	40.66	54.31	n/s	55.49	28.30	29.35	47.60	<.01
		1-Suggested	34.81	30.98	59.34	35.40		35.45	29.79	65.44	45.34	
		2-Specific and required	9.73	11.01	0.00	10.29		9.06	41.91	5.21	7.06	
NG39	Ingredients with questionable effects (e.g., trans fats, artificial sweeteners)	0-Not mentioned/no policy	79.41	80.13	85.35	80.19	<.05	73.69	73.72	44.06	71.90	<.001
		1-Suggested/limited restrictions	17.03	2.14	11.15	8.17		21.58	8.12	44.78	14.25	
		2-Specific and required or competitive food ban	3.56	17.73	3.50	11.64		4.73	18.17	11.16	13.84	
NG41*	Nutrition information provided for competitive foods	0-Not mentioned/no policy	92.06	98.29	98.79	96.58	n/s	91.50	93.55	91.05	96.40	n/s
		1-Suggested	3.25	1.71	0.19	1.31		3.48	1.76	2.54	1.22	
		2-Specific and required or competitive food ban	4.69	0.00	1.02	2.11		5.02	4.69	6.40	2.38	

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			Elementary School - Race/Ethnicity									
			SY 06-07					SY 07-08				
			% of districts (weighted by grade level)					% of districts (weighted by grade level)				
Variable	Description	Responses	Maj White	Maj Black	Maj Latino	Diverse	Sig X ²	Maj White	Maj Black	Maj Latino	Diverse	Sig X ²
NG42	Sugar content of beverages	0-Not mentioned/no policy	63.20	71.87	34.01	53.53	<.01	62.77	43.18	21.69	45.11	<.001
		1-Suggested/limited restrictions	28.65	9.08	57.98	30.30		26.92	13.94	61.01	38.24	
		2-Specific and required or competitive food ban	8.15	19.05	8.01	16.16		10.31	42.89	17.31	16.65	
NG43	Fat content of beverages	0-Not mentioned/no policy	75.60	81.18	52.63	79.91	<.01	76.89	53.08	52.53	76.52	<.001
		1-Suggested/limited restrictions	17.44	1.01	42.14	11.33		14.33	5.38	42.70	13.88	
		2-Specific and required or competitive food ban	6.96	17.81	5.24	8.76		8.78	41.54	4.77	9.60	
NG44*	Calorie content of beverages	0-Not mentioned/no policy	94.80	99.65	97.38	95.97	n/s	91.65	95.56	98.58	95.43	n/s
		1-Suggested/limited restrictions	4.45	0.35	2.62	3.15		7.01	4.44	1.42	3.47	
		2-Specific and required or competitive food ban	0.75	0.00	0.00	0.89		1.35	0.00	0.00	1.10	
NG45*	Regular soda	0-Not mentioned/no policy	57.32	74.10	36.73	43.26	<.1	52.57	43.88	23.17	38.49	<.01
		1-Suggested/limited restrictions	14.77	1.62	10.47	14.82		18.72	2.09	10.57	11.34	
		2-Banned	27.91	24.28	52.80	41.92		28.71	54.03	66.27	50.17	
NG46*	Beverages (other than soda) with added caloric sweeteners	0-Not mentioned/no policy	70.22	93.08	45.52	59.73	<.05	68.67	61.68	33.81	49.54	<.01
		1-Suggested/limited restrictions	21.64	4.53	44.50	26.16		21.66	9.32	50.29	35.83	
		2-Banned	8.14	2.38	9.98	14.11		9.67	29.00	15.90	14.64	
NG47	Sugar/calorie content of milk	0-Not mentioned/no policy	84.13	83.64	69.44	84.73	<.05	85.74	82.39	65.41	82.40	<.001
		1-Suggested/limited restrictions	6.73	0.00	0.00	1.45		6.07	4.14	0.00	0.82	
		2-Specific and required limit or competitive food ban	9.15	16.36	30.56	13.83		8.19	13.47	34.59	16.77	
NG48*	Fat content of milk	0-Not mentioned/no policy	77.88	68.92	78.51	66.09	<.05	76.99	45.85	69.32	59.46	<.001
		1-Suggested/limited restrictions	18.78	14.21	21.47	29.42		18.80	17.15	24.12	36.27	
		2-Specific and required limit or competitive food ban	3.34	16.87	0.02	4.49		4.21	37.01	6.56	4.27	

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			Elementary School - Race/Ethnicity									
			SY 06-07					SY 07-08				
			% of districts (weighted by grade level)					% of districts (weighted by grade level)				
Variable	Description	Responses	Maj White	Maj Black	Maj Latino	Diverse	Sig X ²	Maj White	Maj Black	Maj Latino	Diverse	Sig X ²
NG49	Serving size limit for beverages	0-Not mentioned/no policy	72.11	78.11	63.44	73.59	n/s	72.68	72.41	59.31	65.14	<.05
		1-Suggested/limited restrictions	22.34	5.65	33.79	16.28		16.24	14.42	5.52	17.09	
		2-Specific and required OR competitive food ban	5.55	16.25	2.77	10.14		11.07	13.17	35.17	17.78	
NG50*	Caffeine content of beverages	0-Not mentioned/no policy	70.00	80.39	44.82	59.52	<.01	70.91	52.29	36.12	49.01	<.001
		1-Suggested/limited restrictions	19.40	18.47	30.95	14.02		10.28	20.06	0.83	9.11	
		2-Specific and required OR competitive food ban	10.59	1.14	24.23	26.46		18.81	27.65	63.04	41.88	
NG51*	Availability of free drinking water throughout the school and school day	0-Not mentioned/no policy	87.13	98.01	85.61	92.39	n/s	86.60	93.79	80.94	93.04	n/s
		1-Suggested/encouraged	1.94	1.79	7.48	1.01		1.92	1.76	7.74	0.96	
		2-Free water is always available	10.93	0.21	6.91	6.60		11.49	4.44	11.32	6.00	
PHYSICAL EDUCATION (PE)												
PE52a*	PE addressed in district policy	0-Not mentioned/no policy	28.04	51.33	33.18	18.24	n/s	18.76	20.10	13.18	11.80	n/s
		1-Definitively addressed	71.96	48.67	66.82	81.76		81.24	79.90	86.82	88.20	
PE52	PE curriculum all grades	0-Not mentioned/no policy	46.51	58.32	65.40	40.97	n/s	43.65	32.72	48.44	33.01	n/s
		1-Suggested/encouraged	15.97	18.54	3.52	10.85		16.00	39.56	14.02	11.72	
		2-Clear curriculum-all grades	37.52	23.14	31.08	48.18		40.35	27.72	37.54	55.27	
PE53*	Time requirements for PE:	0-Not mentioned/no policy	77.70	65.78	87.22	68.73	n/s	78.45	44.72	68.73	74.55	<.001
PE54*	≥ 150 mins/week (ES)	1- < NASPE standards or specifies days (not duration)	20.80	25.81	12.74	25.70		20.34	25.14	28.88	22.16	
PE55*	≥ 225 mins/week (MS/HS)	2- ≥ NASPE standards	1.50	8.41	0.04	5.57		1.21	30.15	2.39	3.29	
PE56*	PE teaches physically active lifestyle	0-Not mentioned/no policy	43.76	60.49	65.11	42.18	n/s	38.67	23.35	49.33	35.43	n/s
		1- Suggested/encouraged	8.64	9.03	10.04	9.41		7.93	8.03	17.39	7.13	
		2- Required	47.60	30.49	24.85	48.42		53.40	68.62	33.28	57.44	
PE57	PE competency (skills, knowledge) assessment	0-Not mentioned/no policy	61.75	76.23	70.92	59.53	n/s	58.74	66.44	56.02	47.55	<.01
		1- Suggested/encouraged	7.91	2.61	14.77	15.90		6.80	3.33	30.43	21.50	
		2- Required	30.35	21.16	14.32	24.57		34.46	30.23	13.56	30.95	

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Variable Description Responses			Elementary School - Race/Ethnicity									
			SY 06-07					SY 07-08				
			% of districts (weighted by grade level)					% of districts (weighted by grade level)				
			Maj White	Maj Black	Maj Latino	Maj Diverse	Sig X ²	Maj White	Maj Black	Maj Latino	Maj Diverse	Sig X ²
PE58	PE quality	0-Not mentioned/no policy 1- Suggested/encouraged 2- Curriculum aligned with stds/benchmarks, sequential	56.01	75.62	66.78	45.89	n/s	50.06	70.17	52.05	39.69	n/s
			8.55	4.28	8.63	15.11		11.02	5.47	16.03	10.95	
			35.44	20.11	24.59	39.00		38.92	24.36	31.92	49.36	
PE59	Inclusive play	0-Not mentioned/no policy 1- Suggested/encouraged 2- Required	59.43	76.13	75.61	56.21	n/s	56.15	66.20	60.53	47.29	<.1
			5.92	3.03	1.37	7.45		4.71	3.95	16.01	5.69	
			34.65	20.83	23.02	36.34		39.14	29.86	23.46	47.01	
PE60	PE courses/credits required for graduation	0-Not mentioned/no policy 1- Suggested/encouraged 2- Required	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
PE61	Daily PE requirement	0-Not mentioned/no policy 1- Suggested/encouraged 2- Required	91.36	78.38	89.80	82.44	n/s	90.79	52.40	85.51	85.04	<.001
			4.37	17.55	6.33	12.50		5.14	43.83	11.88	9.23	
			4.27	4.08	3.88	5.51		4.07	3.76	2.61	5.73	
PE62	Teacher-student ratio for PE	0-Not mentioned/no policy 1- Suggested 2- Specific and required	88.65	87.12	99.98	94.46	n/s	88.09	82.88	92.27	95.55	<.05
			10.35	11.64	0.02	5.02		10.81	9.81	7.03	3.36	
			0.99	1.24	0.00	0.53		1.10	7.31	0.71	1.09	
PE63	Safe/adequate equipment/facilities	0-Not mentioned/no policy 1- Suggested 2- Specific and required	86.69	90.27	92.11	85.36	n/s	84.37	78.81	81.85	87.66	n/s
			4.17	3.27	0.02	9.78		5.85	7.28	9.89	9.01	
			9.14	6.45	7.87	4.87		9.79	13.91	8.26	3.33	
PE64*	Moderate-to-vigorous activity	0-Not mentioned/no policy 1- Moderate-to-vigorous activity addressed but <50% time or not specified 2- ≥ 50% class time devoted to moderate-to-vigorous activity	72.18	74.18	62.14	69.27	n/s	72.02	55.64	50.79	61.96	<.05
			20.68	9.85	26.13	21.95		18.63	8.40	39.15	29.51	
			7.14	15.97	11.73	8.78		9.35	35.96	10.06	8.53	

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Bridging the Gap Weighted District-level Wellness Policy Data by Grade Level and Majority Race/Ethnicity, SY 06-07 and 07-08

(Items with * are included in Monograph)

			Elementary School - Race/Ethnicity									
			SY 06-07					SY 07-08				
			% of districts (weighted by grade level)					% of districts (weighted by grade level)				
Variable	Description	Responses	Maj White	Maj Black	Maj Latino	Diverse	Sig X ²	Maj White	Maj Black	Maj Latino	Diverse	Sig X ²
PE65*	Qualifications of PE instructors	0-Not mentioned/no policy 1- Suggested 2- Requires PE to be taught by qualified instructors	69.42 6.64 23.94	71.47 10.55 17.98	94.31 0.93 4.77	76.80 8.49 14.71	<.1	67.19 7.31 25.50	41.20 5.50 53.30	82.06 5.57 12.36	78.18 5.80 16.01	<.05
PE66	Training for PE instructors	0-Not mentioned/no policy 1- Suggested or training for teachers generally (not PE-specific) 2- Provision of PE training for PE instructors	84.00 4.44 11.56	95.73 1.75 2.52	83.72 10.94 5.34	82.17 13.22 4.61	<.05	84.39 4.56 11.05	83.27 8.17 8.56	83.36 13.81 2.82	76.84 19.25 3.91	<.001
PE67	Prohibits waivers for PE	0-Not mentioned/no policy 1- Suggested 2- PE waivers prohibited	90.92 4.19 4.89	74.41 9.18 16.41	95.43 0.00 4.57	94.94 1.42 3.64	n/s	90.65 4.84 4.51	54.02 9.38 36.60	97.33 0.00 2.67	93.40 1.79 4.81	<.001
PE68	Annual health assessment	0-Not mentioned/no policy 1- Suggested/vague 2- Specific and required	80.12 19.88 0.00	76.53 23.47 0.00	80.99 19.01 0.00	72.44 26.79 0.78	n/s	75.65 24.23 0.12	71.87 28.13 0.00	72.05 27.95 0.00	67.84 31.78 0.38	n/s
PE68a* (ch. 7 of mono)	BMI	0-Not mentioned/no policy 1- BMI suggested (with or without reporting) 2- BMI required without reporting 3- BMI required with reporting	88.85 10.77 0.38 0.00	85.73 14.27 0.00 0.00	85.96 14.04 0.00 0.00	80.31 18.78 0.14 0.78	n/s	86.38 13.12 0.51 0.00	79.37 20.63 0.00 0.00	76.35 23.65 0.00 0.00	75.80 23.68 0.14 0.38	n/s
PHYSICAL ACTIVITY (PA)												
PA69*	FW: Physical activity (PA) goals	0- No goal/policy 1- PA goal suggested or repeats FW language 2- PA goal specified	20.96 1.76 77.29	49.61 0.00 50.39	31.85 1.12 67.03	17.23 0.59 82.18	n/s	13.20 2.55 84.25	18.34 0.00 81.66	11.73 1.21 87.07	12.93 0.56 86.51	n/s
PA70*	PA outside of PE for every grade level	0-Not mentioned/no policy 1- Suggested/vague or not clear PA for all grades 2- Clear each grade will get PA outside of PE	43.31 29.29 27.40	61.02 14.86 24.11	37.72 16.49 45.79	39.42 25.95 34.64	n/s	40.08 29.06 30.86	29.81 26.34 43.84	23.43 41.22 35.34	31.47 23.58 44.94	n/s

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Bridging the Gap Weighted District-level Wellness Policy Data by Grade Level and Majority Race/Ethnicity, SY 06-07 and 07-08

(Items with * are included in Monograph)

			Elementary School - Race/Ethnicity									
			SY 06-07					SY 07-08				
			% of districts (weighted by grade level)					% of districts (weighted by grade level)				
Variable	Description	Responses	Maj White	Maj Black	Maj Latino	Diverse	Sig X ²	Maj White	Maj Black	Maj Latino	Diverse	Sig X ²
PA72*	PA throughout the day	0-Not mentioned/no policy 1- Suggested 2- Required	57.87	59.86	65.03	58.28	n/s	53.49	32.35	47.94	59.37	<.001
PA73	Intramurals, interscholastic, extracurricular activities	0-Not mentioned/no policy 1- Suggested 2- Required/definitively offered	66.43	84.92	71.03	63.27	n/s	65.46	52.93	61.98	60.74	n/s
PA74	Community use of school facilities for physical activity purposes	0-Not mentioned/no policy 1- Suggested 2- Required/definitively in place	74.25	87.56	81.62	82.21	n/s	71.41	60.92	66.58	74.27	n/s
PA75	Safe (active) routes to school (SRTS)	0-Not mentioned/no policy 1- Suggested/encouraged 2- Ensures effort to promote SRTS	87.06	84.01	93.71	89.02	n/s	87.38	64.12	95.44	89.73	<.05
PA76*	Not using PA as punishment	0-Not mentioned/no policy 1- Suggested 2- Prohibits PA as punishment	77.82	65.80	90.27	77.98	n/s	71.55	46.06	80.28	78.59	<.1
PA77*	Daily recess	0-Not mentioned/no policy 1- Suggested or frequency vague 2- Required	70.41	75.06	74.23	78.01	n/s	69.15	50.05	55.22	77.79	n/s
PA78	Recess quality to promote PA	0-Not mentioned/no policy 1- Suggested 2- Specific and required	74.53	81.28	70.24	68.97	n/s	66.77	56.19	53.77	63.29	n/s
STAFF PA/WELLNESS/MODELING												
PA71	PA opportunities for school staff	0-Not mentioned/no policy 1- Suggested 2- Required	87.17	94.85	85.37	84.45	n/s	87.16	87.65	84.32	80.08	<.05

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Bridging the Gap Weighted District-level Wellness Policy Data by Grade Level and Majority Race/Ethnicity, SY 06-07 and 07-08

(Items with * are included in Monograph)

Variable			Elementary School - Race/Ethnicity									
			SY 06-07					SY 07-08				
			% of districts (weighted by grade level)					% of districts (weighted by grade level)				
Description	Responses	Maj White	Maj Black	Maj Latino	Maj Diverse	Sig X ²	Maj White	Maj Black	Maj Latino	Maj Diverse	Sig X ²	
CP80	Staff wellness programs	0-Not mentioned/no policy 1- Suggested 2- Required/definitively in place	77.98 10.73 11.29	79.55 18.69 1.76	69.53 23.71 6.77	81.60 9.51 8.89	n/s	76.88 9.54 13.57	58.39 16.55 25.06	59.13 32.87 8.00	84.11 8.83 7.06	<.05
CP82	Staff to role model healthy behaviors	0-Not mentioned/no policy 1- Suggested 2- Require schools to encourage staff modeling	69.48 9.25 21.27	75.92 13.05 11.03	77.64 7.35 15.00	72.10 2.50 25.41	n/s	69.37 10.90 19.73	72.73 11.41 15.87	78.32 7.71 13.96	70.54 4.39 25.08	n/s
STAKEHOLDER INVOLVEMENT/FEEDBACK												
CP79	FW: Stakeholders involved in development of wellness policy	0-Not mentioned/no policy 1- Suggested or not clear all reqd. stakeholders involved 2- All reqd. stakeholders involved in policy dev.	58.34 14.56 27.10	74.08 7.96 17.96	47.44 19.86 32.70	52.96 21.06 25.98	n/s	60.67 14.09 25.24	37.49 36.44 26.07	33.01 26.81 40.18	53.86 17.91 28.23	n/s
CP85	Methods to solicit input	0-Not mentioned/no policy 1- Suggested/vague 2- Required and specific	67.81 12.46 19.73	68.68 16.31 15.00	72.63 16.02 11.35	49.72 23.68 26.60	n/s	66.02 18.62 15.36	34.60 19.45 45.95	58.99 16.51 24.50	52.47 28.03 19.50	<.1
CP86	How to engage parents/ community	0-Not mentioned/no policy 1- Suggested/vague 2- Required and specific	70.98 11.08 17.93	68.36 0.25 31.40	67.18 16.76 16.07	57.33 17.34 25.33	n/s	69.97 8.51 21.52	45.46 4.44 50.10	56.59 22.83 20.58	58.37 19.25 22.38	<.05
CP87	Content communicated to parents	0-Not mentioned/no policy 1- Suggested/vague 2- Required and specific	55.89 20.34 23.78	65.20 11.87 22.93	42.68 35.97 21.35	49.32 22.48 28.20	n/s	51.14 20.52 28.34	36.88 18.65 44.47	32.57 41.50 25.93	48.63 20.20 31.17	n/s
CP90*	Ongoing health advisory (ch. 7 of committee mono)	0-Not mentioned/no policy 1- Suggested/vague 2- Required and clearly ongoing	51.04 8.32 40.64	71.73 0.89 27.38	79.91 3.93 16.17	55.23 15.59 29.18	<.05	47.13 8.74 44.13	39.23 1.25 59.52	48.66 25.70 25.64	42.98 21.76 35.27	<.05
MESSAGING, MARKETING, & PROMOTION												
CP81	Consistency of nutrition messages	0-Not mentioned/no policy 1- Suggested/vague 2-Specific and required	47.23 31.10 21.67	59.20 24.16 16.64	41.96 29.49 28.55	50.91 27.43 21.66	n/s	40.19 40.34 19.47	28.16 55.09 16.76	28.07 38.01 33.92	39.67 37.10 23.23	n/s

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Variable			Elementary School - Race/Ethnicity									
			SY 06-07					SY 07-08				
			% of districts (weighted by grade level)					% of districts (weighted by grade level)				
Description	Responses	Maj White	Maj Black	Maj Latino	Maj Diverse	Sig X ²	Maj White	Maj Black	Maj Latino	Maj Diverse	Sig X ²	
CP83	Responsible for communication	0-Not mentioned/no policy 1- Suggested/vague 2- Specific and required	69.79 24.19 6.03	72.80 23.80 3.39	68.33 22.38 9.29	60.51 27.02 12.47	n/s	66.59 28.16 5.25	46.64 49.52 3.85	62.97 24.20 12.83	58.68 22.83 18.49	<.05
CP84	Coordinated School Health program	0-Not mentioned/no policy 1- Suggested/vague 2- Definitely in place	85.65 3.30 11.05	90.53 1.82 7.65	64.09 4.66 31.25	81.64 3.25 15.11	<.1	87.12 3.25 9.63	92.04 3.43 4.53	58.00 2.91 39.09	71.96 1.96 26.09	<.001
CP88*	Marketing healthy choices (ch. 5 of mono)	0-Not mentioned/no policy 1- Suggested/vague 2- Specific and required	76.44 13.17 10.39	80.64 10.38 8.98	80.68 19.28 0.04	70.56 23.63 5.81	n/s	75.56 13.83 10.61	50.93 36.53 12.54	81.17 18.71 0.12	77.48 16.86 5.66	n/s
CP89*	Advertising/marketing of unhealthy choices (ch. 5 of mono)	0-Not mentioned/no policy 1- Suggested prohibition/restricted 2- Prohibited	89.58 4.24 6.18	72.20 9.93 17.87	74.66 10.59 14.75	66.42 5.40 28.17	<.001	89.45 3.63 6.93	57.62 3.98 38.41	65.01 11.85 23.13	63.69 6.09 30.21	<.001
EVALUATION & IMPLEMENTATION												
E91	FW: Plan for measuring implementation, including designating person responsible	0-Not mentioned/no policy 1- Suggested or does not designate responsible person 2- Specific and required	29.63 6.27 64.10	51.80 1.89 46.31	36.32 1.12 62.56	28.51 2.81 68.68	n/s	25.84 6.95 67.21	20.77 2.07 77.17	15.36 1.21 83.43	18.63 2.37 79.00	n/s
E92*	Plan for implementation	0-Not mentioned/no policy 1- Suggested or does not designate responsible person 2- Specific and required with responsible person	34.44 4.31 61.24	51.80 5.89 42.31	37.44 0.00 62.56	34.37 3.19 62.44	n/s	30.23 4.54 65.23	20.77 5.83 73.40	16.57 0.00 83.43	20.36 2.14 77.50	n/s
E93*	Plan for evaluation	0-Not mentioned/no policy 1- Suggested 2- Specific and required	60.02 34.55 5.43	59.13 31.89 8.98	67.11 26.56 6.33	52.35 39.15 8.50	n/s	54.31 41.85 3.84	31.45 60.70 7.85	38.50 54.11 7.39	37.94 53.65 8.41	n/s
E94*	Audience and frequency of reporting	0-Not mentioned/no policy 1- Suggested 2- Specific and required	55.24 24.10 20.66	72.53 16.19 11.29	66.99 5.66 27.35	48.03 20.39 31.58	n/s	54.50 26.93 18.57	38.00 20.85 41.15	54.21 14.37 31.43	48.79 17.60 33.61	<.1

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(Items with * are included in Monograph)

			Elementary School - Race/Ethnicity									
			SY 06-07					SY 07-08				
			% of districts (weighted by grade level)					% of districts (weighted by grade level)				
Variable	Description	Responses	Maj White	Maj Black	Maj Latino	Diverse	Sig X ²	Maj White	Maj Black	Maj Latino	Diverse	Sig X ²
E95*	Funding support	0-Not mentioned/no policy	91.80	95.35	95.43	95.58	n/s	92.68	91.15	98.03	97.40	n/s
		1- Suggested	6.86	0.21	4.57	2.58		6.38	4.44	1.97	2.01	
		2- Identifies a specific source of funding	1.34	4.44	0.00	1.84		0.95	4.40	0.00	0.59	
E96*	Plan for revising the policy	0-Not mentioned/no policy	64.38	78.16	78.80	69.39	n/s	60.78	43.96	75.99	71.86	n/s
		1- Suggested	11.36	2.87	5.23	9.65		9.27	3.30	4.06	8.39	
		2- Specific and required	24.26	18.97	15.97	20.96		29.94	52.74	19.95	19.75	
E100	Requires district to report to the state	0-Not mentioned/no policy	99.97	100.00	100.00	100.00	n/s	99.96	100.00	100.00	100.00	n/s
		1- Yes	0.03	0.00	0.00	0.00		0.04	0.00	0.00	0.00	

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Note 1: Data have been recoded to reflect only policies in effect as of day after Labor Day for each SY (proxy for first day of SY as per FW requirement).

Note 2: Weighted data adjusted for non-response

Note 3: Significance levels are based on bivariate analyses only. Full monograph highlights significant multivariate findings.

			Middle School - Race/Ethnicity									
			SY 06-07					SY 07-08				
			% of districts (weighted by grade level)					% of districts (weighted by grade level)				
Variable	Description	Responses	Maj White	Maj Black	Maj Latino	Diverse	Sig X ²	Maj White	Maj Black	Maj Latino	Diverse	Sig X ²
NUTRITION EDUCATION												
NE1*	FW: Nutrition education goal	0-No goal/policy 1-NE goal suggested or repeats FW language 2-NE goal specified	20.82	74.07	36.83	14.92	<.001	11.76	51.92	11.50	12.32	<.1
			1.77	0.00	0.36	1.27		9.54	0.00	0.43	1.18	
			77.41	25.93	62.81	83.81		78.70	48.08	88.53	86.51	
NE2*	Nutrition education curriculum	0-Not mentioned/no policy 1-Curriculum reqd/suggested, not clear all grades 2-Clear NE curriculum, all grades	36.22	83.74	44.24	29.23	<.01	37.70	78.44	26.13	22.15	<.01
			34.01	4.82	25.37	32.99		37.80	4.60	34.87	36.90	
			29.77	11.44	30.39	37.79		24.51	16.95	39.00	40.96	
NE3	Nutrition education within larger school community	0-Not mentioned/no policy 1-Vague/suggested 2-Yes, with specific strategies	39.16	78.84	47.27	33.01	<.05	32.39	53.40	30.10	38.48	n/s
			50.13	10.82	48.29	60.36		55.98	33.72	67.04	56.64	
			10.71	10.34	4.44	6.63		11.63	12.88	2.86	4.88	
NE4	Nutrition education beyond school environment	0-Not mentioned/no policy 1-Vague/suggested 2-Yes, with specific strategies	59.28	79.10	48.72	56.29	<.05	62.98	59.21	34.68	50.52	<.01
			30.08	20.09	50.63	38.70		28.17	37.14	64.63	47.22	
			10.64	0.80	0.65	5.01		8.86	3.65	0.69	2.26	
NE5	Nutrition education training for teachers	0-Not mentioned/no policy 1-Vague/suggested or just a subset of teachers 2-Required for all teachers	71.22	87.67	78.79	74.28	n/s	73.48	66.88	58.50	78.10	n/s
			22.61	2.59	16.34	16.01		20.51	23.21	38.87	15.17	
			6.17	9.74	4.87	9.71		6.01	9.90	2.63	6.73	
NE6*	Nutrition education integrated into other subjects	0-Not mentioned/no policy 1-Vague/suggested 2-Required	58.11	86.97	54.29	51.54	<.1	63.09	77.36	33.86	50.07	<.05
			12.58	3.16	24.82	19.20		13.39	6.95	26.87	15.34	
			29.31	9.88	20.89	29.26		23.52	15.68	39.27	34.59	
NE7*	Nutrition education teaches behavior-focused skills	0-Not mentioned/no policy 1-Vague/suggested 2-Required	35.85	78.31	56.05	32.61	<.01	36.45	54.44	24.97	33.27	n/s
			17.17	5.60	12.77	13.10		20.80	21.24	30.58	13.16	
			46.98	16.09	31.18	54.29		42.75	24.32	44.45	53.58	

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Variable	Description	Responses	Middle School - Race/Ethnicity									
			SY 06-07					SY 07-08				
			% of districts (weighted by grade level)					% of districts (weighted by grade level)				
			Maj White	Maj Black	Maj Latino	Maj Diverse	Sig X ²	Maj White	Maj Black	Maj Latino	Maj Diverse	Sig X ²
NE8	Number of nutrition education courses/hours	0-Not mentioned/no policy 1-Vague/suggested or not all grades 2-Specified	99.03	99.01	100.00	99.74	n/s	98.62	98.75	99.49	99.68	n/s
			0.00	0.99	0.00	0.05		0.14	1.25	0.51	0.11	
			0.97	0.00	0.00	0.21		1.24	0.00	0.00	0.21	
NE9	Nutrition education quality	0-Not mentioned/no policy 1-Vague/suggested 2-Curriculum aligned with benchmarks/standards, sequential	47.52	87.34	59.43	35.91	<.05	46.94	78.44	48.41	32.35	<.05
			15.55	2.00	10.18	19.27		17.69	2.63	10.65	16.35	
			36.93	10.66	30.39	44.82		35.37	18.93	40.94	51.29	
SCHOOL MEALS												
US10*	FW: Guidelines for school meals are not less restrictive than federal requirements	0-No goal/policy 1-Should/strive to meet federal school meals regs 2-Will meet federal school meal regulations	26.96	72.37	39.63	19.96	<.01	16.14	50.29	13.92	17.56	n/s
			1.63	0.10	0.00	2.73		2.78	0.19	0.00	2.06	
			71.41	27.53	60.37	77.31		81.08	49.52	86.08	80.38	
US11*	School Breakfast Program	0-Not mentioned/no policy 1-Suggests/promotes general breakfast program or encourages healthy breakfast 2-Clearly offers national SBP	46.34	74.35	42.44	33.47	<.1	37.98	54.53	16.03	26.06	<.1
			18.75	7.32	20.21	14.02		23.81	7.27	25.48	15.62	
			34.91	18.33	37.36	52.51		38.21	38.20	58.49	58.33	
US12	Summer Food Service Program	0-Not mentioned/no policy 1-Suggests/promotes general summer food program 2-Clearly offers national Summer Food Program	97.68	95.08	88.05	97.06	<.05	96.52	79.25	84.98	97.51	<.001
			1.31	0.32	4.80	0.55		1.36	0.53	3.04	0.61	
			1.01	4.60	7.14	2.39		2.13	20.22	11.98	1.87	
US13*	Specifies guidelines beyond US Dietary Guidelines	0-Not mentioned/no policy 1-Vague/suggested or meet Dietary Guidelines 2-Clearly exceed Dietary Guidelines	61.32	75.86	61.01	54.35	n/s	62.84	57.42	42.75	49.58	<.05
			30.44	13.22	28.63	38.09		29.32	15.65	38.91	44.84	
			8.24	10.92	10.35	7.57		7.84	26.93	18.34	5.58	
US14	Using low-fat versions of foods/cooking methods	0-Not mentioned/no policy 1-Vague/suggested 2-Specific and required	84.97	82.20	74.21	87.39	n/s	86.20	82.76	66.88	77.81	<.05
			11.06	12.89	25.77	11.64		10.88	12.70	32.34	21.06	
			3.98	4.92	0.02	0.97		2.92	4.55	0.78	1.13	

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			Middle School - Race/Ethnicity									
			SY 06-07					SY 07-08				
			% of districts (weighted by grade level)					% of districts (weighted by grade level)				
Variable	Description	Responses	Maj White	Maj Black	Maj Latino	Maj Diverse	Sig X ²	Maj White	Maj Black	Maj Latino	Maj Diverse	Sig X ²
US15	Strategies to increase participation in school meal programs	0-Not mentioned/no policy	59.64	80.78	80.37	67.06	<.1	55.84	60.23	71.06	67.60	n/s
		1-Vague/suggested	23.72	8.93	18.47	21.19		30.85	10.26	21.04	24.43	
		2-Specific and required	16.64	10.28	1.16	11.75		13.30	29.51	7.90	7.97	
US16	Optimizes meal scheduling	0-Not mentioned/no policy	65.12	88.96	65.88	82.31	<.05	62.24	83.63	55.39	79.94	<.1
		1-Vague/suggested	29.91	1.87	28.46	15.95		31.37	8.05	39.01	18.24	
		2-Specific and required	4.97	9.17	5.66	1.74		6.39	8.32	5.60	1.82	
US17*	Adequate time to eat (≥20 mins for lunch; ≥ 10 mins for breakfast)	0-Not mentioned/no policy	48.87	76.14	48.24	62.16	n/s	48.54	55.20	30.07	53.84	n/s
		1-Vague/suggested or < time guidelines	38.72	14.01	41.87	31.30		40.44	32.97	58.94	40.22	
		2-Required	12.41	9.84	9.89	6.54		11.03	11.83	10.98	5.94	
US18	Hand-washing	0-Not mentioned/no policy	81.54	90.25	93.12	88.90	n/s	82.75	88.16	85.33	89.40	n/s
		1-Vague/suggested	2.69	0.10	0.00	0.35		2.89	0.19	1.81	0.95	
		2-Ensures assistance with hand-washing/facilitating	15.77	9.65	6.88	10.76		14.36	11.66	12.86	9.65	
US19	Nutrition qualifications of meal staff	0-Not mentioned/no policy	75.42	79.22	87.82	90.30	n/s	76.38	65.73	80.32	88.24	n/s
		1-Vague/suggested	1.54	0.96	0.00	0.00		0.75	1.08	0.00	0.00	
		2-Required	23.04	19.82	12.18	9.70		22.87	33.19	19.68	11.76	
US20	Training for food service staff	0-Not mentioned/no policy	70.69	87.91	78.95	82.88	n/s	66.94	65.64	71.96	78.18	<.05
		1-Vague/suggested	23.34	7.49	9.94	13.52		28.51	12.92	10.73	11.46	
		2-Required	5.97	4.60	11.11	3.59		4.55	21.44	17.31	10.35	
US21	School meal environment	0-Not mentioned/no policy	45.48	77.00	53.71	61.87	<.05	44.53	55.40	41.77	56.33	n/s
		1-Vague/suggested	3.43	0.72	6.22	2.99		3.80	0.92	8.71	9.85	
		2-Requires specifics strategies	51.09	22.27	40.07	35.14		51.67	43.68	49.52	33.83	
US22*	Nutrition information for school meals	0-Not mentioned/no policy	82.12	91.97	84.41	79.45	n/s	84.89	74.34	73.55	85.83	n/s
		1-Vague/suggested	7.21	0.63	9.55	9.42		6.07	1.02	10.20	6.66	
		2-Specific and required	10.67	7.39	6.03	11.13		9.04	24.64	16.25	7.51	

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Bridging the Gap Weighted District-level Wellness Policy Data by Grade Level and Majority Race/Ethnicity, SY 06-07 and 07-08

(Items with * are included in Monograph)

			Middle School - Race/Ethnicity										
			SY 06-07					SY 07-08					
			% of districts (weighted by grade level)					% of districts (weighted by grade level)					
Variable	Description	Responses	Maj White	Maj Black	Maj Latino	Maj Diverse	Sig X ²	Maj White	Maj Black	Maj Latino	Maj Diverse	Sig X ²	
US38a	Farm-to-school program	0-Not mentioned/no policy 1-Vague/suggested 2-Specific and required	96.90	90.67	86.52	94.95	n/s	95.90	91.44	80.12	89.44	<.05	
COMPETITIVE FOODS													
NG23*	FW: Nutrition guidelines for all foods outside of the school meal program during the SD	0-No goal/policy 1-Suggested or only meet Dietary Guidelines 2-Required/definitively in place	21.91	71.83	36.83	17.96	<.001	13.28	49.61	11.55	14.98	<.001	
			27.94	10.29	9.89	23.69		40.29	10.97	16.66	15.81		
			50.16	17.88	53.28	58.35		46.43	39.43	71.78	69.21		
Access Restrictions													
NG23b	Competitive food and beverage ban	0-Not mentioned/no policy 1-Suggested or only applies to food (not bev) or visa versa 2-Required	99.13	99.35	100.00	99.02	n/s	98.24	98.89	100.00	98.98	n/s	
			0.87	0.65	0.00	0.98		1.76	1.11	0.00	1.02		
			0.00	0.00	0.00	0.00		0.00	0.00	0.00	0.00		
NG23c	Nutrition guidelines apply to vending contracts	0-Not mentioned/no policy 1-Suggested/encouraged 2-Required	87.34	99.88	62.89	88.71	<.05	86.99	96.53	52.31	76.80	<.01	
			1.69	0.00	6.82	4.78		2.74	2.55	9.43	2.80		
			10.98	0.12	30.29	6.52		10.27	0.92	38.26	20.40		
NG24*	Vending machines	0-Not mentioned/no policy 1-Suggested/limited restrictions 2-Ban or all F&B must meet guidelines	36.77	74.58	39.90	29.54	<.01	28.76	52.59	18.79	20.85	<.1	
			54.13	14.58	39.99	49.22		56.99	19.71	52.14	58.08		
			9.10	10.84	20.11	21.24		14.25	27.71	29.08	21.07		
NG25*	School stores	0-Not mentioned/no policy 1-Suggested/limited restrictions 2-Ban or all F&B must meet guidelines	40.96	75.78	46.55	32.86	<.01	33.77	54.23	25.82	24.51	<.1	
			51.98	13.38	33.34	46.94		54.25	21.04	45.10	54.91		
			7.05	10.84	20.11	20.20		11.99	24.73	29.08	20.58		
NG26*	A la carte	0-Not mentioned/no policy 1-Suggested/limited restrictions 2-Ban or all F&B must meet guidelines	36.62	75.01	46.55	31.93	<.01	28.68	53.16	25.60	25.74	n/s	
			54.94	14.89	33.34	47.54		57.67	22.96	45.10	53.76		
			8.44	10.11	20.11	20.53		13.65	23.88	29.29	20.50		
NG27*	Class parties and celebrations	0-Not mentioned/no policy 1-Suggested/limited restrictions 2-Ban or all F&B must meet guidelines	48.03	74.50	43.67	50.50	n/s	41.12	53.20	22.54	34.21	<.001	
			51.54	24.07	56.33	48.37		58.69	30.80	72.55	63.73		
			0.43	1.43	0.00	1.13		0.19	15.99	4.91	2.06		

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			Middle School - Race/Ethnicity									
			SY 06-07					SY 07-08				
			% of districts (weighted by grade level)					% of districts (weighted by grade level)				
Variable	Description	Responses	Maj White	Maj Black	Maj Latino	Diverse	Sig X ²	Maj White	Maj Black	Maj Latino	Diverse	Sig X ²
NG28	Food from home for whole class	0-Not mentioned/no policy	47.54	74.50	43.67	50.50	n/s	40.95	53.20	22.54	34.21	<.001
		1-Suggested/limited restrictions	51.69	24.07	56.33	48.37		58.69	30.80	72.55	63.73	
		2-Ban or all F&B must meet guidelines	0.77	1.43	0.00	1.13		0.36	15.99	4.91	2.06	
NG29	Food before school	0-Not mentioned/no policy	85.52	97.43	75.07	75.70	<.05	84.80	96.50	66.39	68.94	<.01
		1-Suggested/limited restrictions	11.23	2.32	20.10	21.94		9.17	2.94	19.98	8.87	
		2-Nutrition guidelines apply to before school sales	3.26	0.26	4.83	2.37		6.03	0.56	13.63	22.19	
NG30	Food after school	0-Not mentioned/no policy	91.25	93.68	94.89	91.53	n/s	91.37	93.80	89.09	91.88	n/s
		1-Suggested/limited restrictions	7.39	1.90	0.56	5.95		7.44	2.30	7.24	5.28	
		2-Nutrition guidelines apply to after school sales	1.36	4.41	4.55	2.52		1.19	3.90	3.68	2.84	
NG31	Food at evening/community events	0-Not mentioned/no policy	82.55	87.12	77.80	86.65	<.1	83.09	90.05	69.07	87.90	<.05
		1-Suggested/limited restrictions	17.32	12.88	17.02	12.54		16.79	9.95	28.08	11.68	
		2-Nutrition guidelines apply	0.12	0.00	5.18	0.82		0.11	0.00	2.85	0.42	
NG32	Fundraisers	0-Not mentioned/no policy	57.39	79.24	43.95	54.35	n/s	48.77	62.77	27.65	42.36	<.001
		1-Limited restrictions or only fundraisers during SD	41.95	20.76	51.89	44.76		50.68	22.92	65.03	56.52	
		2-Nutrition guidelines apply to all fundraisers	0.66	0.00	4.17	0.89		0.55	14.31	7.33	1.13	
NG40*	Use of food as a reward/punishment	0-Not mentioned/no policy or encourages healthy food as reward	69.84	83.22	89.05	81.12	<.1	68.56	79.81	79.91	80.59	<.1
		1-Discourage food as a reward/prohibit as punishment	22.12	14.81	4.65	14.76		24.51	17.29	8.36	15.37	
		2-Prohibits using food as a reward/punishment	8.04	1.97	6.30	4.12		6.93	2.90	11.72	4.04	
Content Restrictions												
NG33*	Sugar content of Foods	0-Not mentioned/no policy	67.11	86.30	64.13	55.50	<.01	61.83	83.16	23.51	40.97	<.001
		1-Suggested/limited restrictions	28.65	3.79	23.50	27.73		29.33	7.45	50.37	20.76	
		2-Specific and required OR competitive food ban	4.25	9.91	12.37	16.78		8.84	9.39	26.12	38.27	

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			Middle School - Race/Ethnicity									
			SY 06-07					SY 07-08				
			% of districts (weighted by grade level)					% of districts (weighted by grade level)				
Variable	Description	Responses	Maj White	Maj Black	Maj Latino	Maj Diverse	Sig X ²	Maj White	Maj Black	Maj Latino	Maj Diverse	Sig X ²
NG34*	Fat content of foods	0-Not mentioned/no policy	44.83	81.65	37.98	41.30	<.01	47.60	60.00	17.73	29.32	<.001
		1-Suggested/limited restrictions	40.51	8.44	24.33	37.64		34.22	16.30	21.30	23.33	
		2-Specific and required OR competitive food ban	14.66	9.91	37.69	21.06		18.18	23.70	60.96	47.35	
NG35	Sodium content of foods	0-Not mentioned/no policy	72.69	84.05	82.79	70.67	<.01	75.53	65.62	68.42	70.19	<.05
		1-Suggested/limited restrictions	25.66	6.04	9.99	19.90		20.72	10.68	18.85	19.76	
		2-Specific and required OR competitive food ban	1.64	9.91	7.22	9.43		3.75	23.70	12.73	10.05	
NG36*	Calorie content per serving size	0-Not mentioned/no policy	90.09	97.47	77.52	70.04	<.01	88.99	96.81	77.10	59.76	<.001
		1-Suggested/limited restrictions	8.14	2.53	10.64	21.66		5.21	3.19	0.22	14.69	
		2-Specific and required OR competitive food ban	1.77	0.00	11.85	8.29		5.80	0.00	22.68	25.55	
NG37	Serving size of foods	0-Not mentioned/no policy	65.73	87.53	58.16	73.29	n/s	69.30	70.58	45.85	69.36	n/s
		1-Suggested/limited restrictions	16.53	2.34	9.30	10.96		13.33	17.11	16.40	10.55	
		2-Specific and required OR competitive food ban	17.74	10.13	32.54	15.75		17.38	12.31	37.76	20.09	
NG38	Whole/unprocessed & fresh food availability	0-Not mentioned/no policy	53.40	76.52	45.38	54.46	n/s	57.21	55.74	33.01	44.55	<.1
		1-Suggested	36.76	21.83	54.62	34.75		35.24	22.38	62.08	47.57	
		2-Specific and required	9.84	1.64	0.00	10.79		7.55	21.88	4.91	7.88	
NG39	Ingredients with questionable effects (e.g., trans fats, artificial sweeteners)	0-Not mentioned/no policy	78.74	88.89	85.52	78.80	<.01	73.06	72.22	45.71	70.56	<.001
		1-Suggested/limited restrictions	18.26	1.20	10.17	8.57		23.89	4.28	42.19	14.53	
		2-Specific and required or competitive food ban	3.00	9.91	4.31	12.63		3.06	23.51	12.10	14.91	
NG41*	Nutrition information provided for competitive foods	0-Not mentioned/no policy	92.86	99.04	98.90	97.07	n/s	92.94	81.71	91.57	96.73	<.1
		1-Suggested	3.19	0.96	0.17	1.37		3.18	1.08	2.40	1.36	
		2-Specific and required or competitive food ban	3.95	0.00	0.93	1.55		3.88	17.20	6.03	1.91	

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			Middle School - Race/Ethnicity									
			SY 06-07					SY 07-08				
			% of districts (weighted by grade level)					% of districts (weighted by grade level)				
Variable	Description	Responses	Maj White	Maj Black	Maj Latino	Maj Diverse	Sig X ²	Maj White	Maj Black	Maj Latino	Maj Diverse	Sig X ²
NG42	Sugar content of beverages	0-Not mentioned/no policy	59.39	84.28	40.06	55.21	<.05	61.89	66.90	26.56	44.67	<.05
		1-Suggested/limited restrictions	38.03	14.35	58.17	39.40		33.55	16.85	62.46	48.10	
		2-Specific and required or competitive food ban	2.58	1.38	1.77	5.39		4.56	16.25	10.97	7.24	
NG43	Fat content of beverages	0-Not mentioned/no policy	85.07	88.89	86.10	87.75	n/s	86.30	86.59	88.02	87.94	n/s
		1-Suggested/limited restrictions	11.93	9.94	9.13	5.70		7.30	11.68	8.65	3.96	
		2-Specific and required or competitive food ban	3.00	1.17	4.78	6.55		6.41	1.73	3.33	8.10	
NG44*	Calorie content of beverages	0-Not mentioned/no policy	94.25	99.81	95.84	96.22	<.05	92.11	97.26	97.31	95.67	<.05
		1-Suggested/limited restrictions	5.70	0.19	2.39	3.61		7.83	2.74	1.56	4.16	
		2-Specific and required or competitive food ban	0.06	0.00	1.77	0.16		0.06	0.00	1.13	0.17	
NG45*	Regular soda	0-Not mentioned/no policy	55.85	85.52	41.29	45.05	<.05	55.07	65.34	21.82	37.40	<.01
		1-Suggested/limited restrictions	16.11	11.02	9.59	14.63		16.98	10.53	9.95	10.24	
		2-Banned	28.04	3.46	49.12	40.32		27.94	24.12	68.23	52.36	
NG46*	Beverages (other than soda) with added caloric sweeteners	0-Not mentioned/no policy	79.35	96.13	83.97	78.74	n/s	77.97	78.31	79.57	78.94	n/s
		1-Suggested/limited restrictions	18.39	2.59	12.60	16.79		18.06	5.64	12.13	14.76	
		2-Banned	2.26	1.28	3.43	4.47		3.96	16.06	8.29	6.29	
NG47	Sugar/calorie content of milk	0-Not mentioned/no policy	81.79	90.85	72.13	84.19	<.05	84.92	89.15	67.42	80.63	<.01
		1-Suggested/limited restrictions	16.42	0.00	24.62	6.35		13.55	2.55	29.16	10.33	
		2-Specific and required limit or competitive food ban	1.79	9.15	3.24	9.46		1.53	8.30	3.42	9.04	
NG48*	Fat content of milk	0-Not mentioned/no policy	78.15	82.04	79.89	66.30	n/s	78.57	68.55	70.67	58.59	<.01
		1-Suggested/limited restrictions	20.18	16.87	15.93	31.39		18.81	15.77	22.46	38.63	
		2-Specific and required limit or competitive food ban	1.67	1.09	4.18	2.31		2.62	15.68	6.88	2.78	

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Variable			Middle School - Race/Ethnicity									
			SY 06-07					SY 07-08				
			% of districts (weighted by grade level)					% of districts (weighted by grade level)				
Description	Responses	Maj White	Maj Black	Maj Latino	Maj Diverse	Sig X ²	Maj White	Maj Black	Maj Latino	Maj Diverse	Sig X ²	
NG49	Serving size limit for beverages	0-Not mentioned/no policy	68.73	87.76	59.20	72.60	<.05	71.48	84.99	55.75	69.29	<.05
		1-Suggested/limited restrictions	27.90	3.31	33.09	17.02		16.91	6.89	7.11	12.26	
		2-Specific and required OR competitive food ban	3.37	8.93	7.71	10.38		11.62	8.11	37.14	18.44	
NG50*	Caffeine content of beverages	0-Not mentioned/no policy	81.24	97.96	84.60	79.98	<.05	80.66	80.44	80.72	80.29	n/s
		1-Suggested/limited restrictions	14.62	1.45	5.40	9.18		12.29	4.33	2.42	6.26	
		2-Specific and required OR competitive food ban	4.14	0.59	10.00	10.85		7.06	15.22	16.86	13.45	
NG51*	Availability of free drinking water throughout the school and school day	0-Not mentioned/no policy	87.34	98.88	86.88	93.61	n/s	87.78	96.18	82.05	93.48	n/s
		1-Suggested/encouraged	1.91	1.00	6.82	1.06		1.75	1.08	7.29	1.07	
		2-Free water is always available	10.75	0.12	6.30	5.33		10.47	2.74	10.66	5.45	
PHYSICAL EDUCATION (PE)												
PE52a*	PE addressed in district policy	0-Not mentioned/no policy	27.15	72.79	39.20	17.54	<.001	16.93	50.69	13.53	12.96	<.1
		1-Definitively addressed	72.85	27.21	60.80	82.46		83.07	49.31	86.47	87.04	
PE52	PE curriculum all grades	0-Not mentioned/no policy	47.98	76.85	68.85	39.44	<.01	49.32	58.66	47.08	34.81	n/s
		1-Suggested/encouraged	16.15	10.90	3.21	10.53		15.13	28.77	18.01	11.60	
		2-Clear curriculum-all grades	35.87	12.24	27.94	50.03		35.55	12.57	34.91	53.59	
PE53*	Time requirements for PE:	0-Not mentioned/no policy	80.01	81.30	87.61	71.16	n/s	82.22	70.11	69.89	76.46	n/s
PE54*	≥ 150 mins/week (ES)	1- < NASPE standards or specifies days (not duration)	18.30	14.29	12.36	22.89		16.46	25.99	27.86	20.10	
PE55*	≥ 225 mins/week (MS/HS)	2- ≥ NASPE standards	1.69	4.41	0.03	5.95		1.32	3.90	2.25	3.44	
PE56*	PE teaches physically active lifestyle	0-Not mentioned/no policy	45.82	73.62	68.31	40.58	<.05	38.10	55.49	52.38	36.80	n/s
		1- Suggested/encouraged	5.81	9.33	9.14	8.61		12.58	5.82	9.64	6.92	
		2- Required	48.38	17.05	22.55	50.81		49.32	38.68	37.98	56.28	
PE57	PE competency (skills, knowledge) assessment	0-Not mentioned/no policy	62.47	86.71	73.60	57.56	<.05	62.45	67.00	58.68	48.64	<.01
		1- Suggested/encouraged	7.21	1.46	14.49	16.67		6.00	16.36	29.66	24.10	
		2- Required	30.32	11.83	11.91	25.77		31.55	16.63	11.66	27.26	

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Variable			Middle School - Race/Ethnicity									
			SY 06-07					SY 07-08				
			% of districts (weighted by grade level)					% of districts (weighted by grade level)				
Description	Responses	Maj White	Maj Black	Maj Latino	Maj Diverse	Sig X ²	Maj White	Maj Black	Maj Latino	Maj Diverse	Sig X ²	
PE58	PE quality	0-Not mentioned/no policy 1- Suggested/encouraged 2- Curriculum aligned with stds/benchmarks, sequential	57.01	86.37	69.83	43.72	<.05	54.62	70.99	54.94	40.29	n/s
			7.84	2.39	7.85	15.85		9.43	17.68	14.99	12.22	
			35.15	11.24	22.32	40.43		35.95	11.33	30.07	47.49	
PE59	Inclusive play	0-Not mentioned/no policy 1- Suggested/encouraged 2- Required	59.76	86.66	77.88	54.54	<.05	59.90	68.54	62.94	48.78	<.1
			3.38	1.69	1.25	6.56		2.88	16.74	8.46	4.77	
			36.86	11.65	20.86	38.90		37.23	14.72	28.61	46.45	
PE60	PE courses/credits required for graduation	0-Not mentioned/no policy 1- Suggested/encouraged 2- Required	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
PE61	Daily PE requirement	0-Not mentioned/no policy 1- Suggested/encouraged 2- Required	91.87	87.91	93.41	88.56	n/s	86.53	74.27	90.63	88.16	n/s
			2.43	9.81	4.20	5.50		8.91	23.41	8.03	5.43	
			5.70	2.28	2.39	5.93		4.56	2.32	1.34	6.42	
PE62	Teacher-student ratio for PE	0-Not mentioned/no policy 1- Suggested 2- Specific and required	88.98	92.80	99.98	94.74	n/s	89.56	78.82	92.71	95.80	n/s
			10.37	7.20	0.02	5.10		9.80	21.18	6.62	4.03	
			0.65	0.00	0.00	0.16		0.63	0.00	0.66	0.17	
PE63	Safe/adequate equipment/facilities	0-Not mentioned/no policy 1- Suggested 2- Specific and required	86.34	94.56	92.80	84.64	n/s	85.59	74.63	82.90	86.22	n/s
			4.26	1.83	0.02	10.25		5.27	16.80	9.32	10.06	
			9.40	3.61	7.18	5.10		9.14	8.57	7.78	3.72	
PE64*	Moderate-to-vigorous activity	0-Not mentioned/no policy 1- Moderate-to-vigorous activity addressed but <50% time or not specified 2- ≥ 50% class time devoted to moderate-to-vigorous activity	70.14	85.56	64.45	68.24	n/s	71.96	72.59	52.65	58.00	n/s
			22.91	5.51	24.85	22.56		19.55	19.48	37.88	32.62	
			6.95	8.93	10.69	9.21		8.49	7.93	9.48	9.37	

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Bridging the Gap Weighted District-level Wellness Policy Data by Grade Level and Majority Race/Ethnicity, SY 06-07 and 07-08

(Items with * are included in Monograph)

			Middle School - Race/Ethnicity										
			SY 06-07					SY 07-08					
			% of districts (weighted by grade level)					% of districts (weighted by grade level)					
Variable	Description	Responses	Maj White	Maj Black	Maj Latino	Diverse	Sig X ²	Maj White	Maj Black	Maj Latino	Diverse	Sig X ²	
PE65*	Qualifications of PE instructors	0-Not mentioned/no policy 1- Suggested 2- Requires PE to be taught by qualified instructors	69.87	81.81	94.36	78.60	<.1	69.64	63.37	86.48	78.38	n/s	
			6.65	6.59	1.29	5.66		6.51	18.53	6.25	6.61		
			23.49	11.60	4.35	15.74		23.86	18.10	7.28	15.01		
PE66	Training for PE instructors	0-Not mentioned/no policy 1- Suggested or training for teachers generally (not PE-specific) 2- Provision of PE training for PE instructors	84.26	97.61	84.69	82.19	<.05	86.35	93.37	83.89	74.89	<.001	
			4.37	0.98	10.44	13.24		4.08	1.36	13.45	21.00		
			11.37	1.41	4.87	4.57		9.57	5.27	2.66	4.12		
PE67	Prohibits waivers for PE	0-Not mentioned/no policy 1- Suggested 2- PE waivers prohibited	95.78	85.69	95.83	96.03	n/s	96.34	89.57	97.48	95.30	n/s	
			0.75	5.13	0.00	1.30		0.62	2.11	0.00	2.16		
			3.46	9.17	4.17	2.67		3.05	8.32	2.52	2.55		
PE68	Annual health assessment	0-Not mentioned/no policy 1- Suggested/vague 2- Specific and required	78.53	86.66	82.79	73.47	n/s	77.57	67.99	67.16	65.99	n/s	
			21.47	13.15	17.21	25.57		22.22	31.67	32.84	33.44		
			0.00	0.19	0.00	0.96		0.20	0.34	0.00	0.58		
PE68a*	BMI (ch. 7 of mono)	0-Not mentioned/no policy 1- BMI suggested (with or without reporting) 2- BMI required without reporting 3- BMI required with reporting	88.66	92.21	87.32	79.35	n/s	87.67	77.00	77.83	73.30	n/s	
			10.83	7.79	12.68	19.69		11.77	23.00	22.17	26.12		
			0.37	0.00	0.00	0.00		0.46	0.00	0.00	0.00		
			0.14	0.00	0.00	0.96		0.10	0.00	0.00	0.58		
PHYSICAL ACTIVITY (PA)													
PA69*	FW: Physical activity (PA) goals	0- No goal/policy 1- PA goal suggested or repeats FW language 2- PA goal specified	21.12	71.83	36.83	18.07	<.001	11.80	49.61	11.05	16.24	<.05	
			1.54	0.00	1.02	1.87		2.32	0.00	1.14	0.63		
			77.34	28.17	62.15	80.07		85.87	50.39	87.82	83.13		
PA70*	PA outside of PE for every grade level	0-Not mentioned/no policy 1- Suggested/vague or not clear PA for all grades 2- Clear each grade will get PA outside of PE	44.33	79.64	42.19	50.54	<.1	37.90	74.68	22.08	42.73	<.1	
			26.70	6.88	15.04	21.72		32.25	12.53	38.83	23.65		
			28.97	13.48	42.78	27.74		29.85	12.78	39.09	33.62		

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(Items with * are included in Monograph)

			Middle School - Race/Ethnicity									
			SY 06-07					SY 07-08				
			% of districts (weighted by grade level)					% of districts (weighted by grade level)				
Variable	Description	Responses	Maj White	Maj Black	Maj Latino	Diverse	Sig X ²	Maj White	Maj Black	Maj Latino	Diverse	Sig X ²
PA72*	PA throughout the day	0-Not mentioned/no policy	60.90	77.65	67.09	61.16	n/s	52.91	58.43	45.17	68.30	<.1
		1- Suggested	33.48	12.78	31.89	27.64		42.56	25.62	44.15	23.01	
		2- Required	5.61	9.56	1.02	11.20		4.53	15.95	10.69	8.69	
PA73	Intramurals, interscholastic, extracurricular activities	0-Not mentioned/no policy	62.38	91.57	66.90	61.24	<.1	57.59	70.92	57.58	55.13	n/s
		1- Suggested	22.72	2.40	9.24	18.35		26.63	20.24	18.04	18.35	
		2- Required/definitively offered	14.90	6.03	23.87	20.41		15.79	8.84	24.38	26.52	
PA74	Community use of school facilities for physical activity purposes	0-Not mentioned/no policy	74.85	93.05	83.24	83.16	n/s	74.25	75.84	63.72	72.99	n/s
		1- Suggested	8.77	1.77	8.25	7.56		6.31	2.33	5.54	6.06	
		2- Required/definitively in place	16.38	5.18	8.51	9.27		19.45	21.83	30.74	20.95	
PA75	Safe (active) routes to school (SRTS)	0-Not mentioned/no policy	86.73	91.06	94.27	90.63	n/s	89.09	92.12	95.70	90.55	n/s
		1- Suggested/encouraged	5.96	0.79	0.00	0.51		4.49	1.09	0.00	1.71	
		2- Ensures effort to promote SRTS	7.31	8.15	5.73	8.86		6.42	6.79	4.30	7.74	
PA76*	Not using PA as punishment	0-Not mentioned/no policy	79.54	83.12	90.11	81.52	n/s	76.67	69.00	75.62	82.41	n/s
		1- Suggested	9.12	1.72	2.51	9.13		12.60	19.60	8.94	9.55	
		2- Prohibits PA as punishment	11.34	15.16	7.38	9.35		10.72	11.40	15.44	8.03	
PA77*	Daily recess	0-Not mentioned/no policy	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
		1- Suggested or frequency vague										
		2- Required										
PA78	Recess quality to promote PA	0-Not mentioned/no policy	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
		1- Suggested										
		2- Specific and required										
STAFF PA/WELLNESS/MODELING												
PA71	PA opportunities for school staff	0-Not mentioned/no policy	87.57	97.12	85.64	83.69	n/s	88.61	92.39	84.23	78.08	<.05
		1- Suggested	7.50	2.05	14.30	12.80		6.94	6.59	15.66	20.33	
		2- Required	4.93	0.83	0.06	3.51		4.45	1.02	0.11	1.59	

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Variable			Middle School - Race/Ethnicity										
			SY 06-07					SY 07-08					
			% of districts (weighted by grade level)					% of districts (weighted by grade level)					
Description	Responses	Maj White	Maj Black	Maj Latino	Maj Diverse	Sig X ²	Maj White	Maj Black	Maj Latino	Maj Diverse	Sig X ²		
CP80	Staff wellness programs	0-Not mentioned/no policy 1- Suggested 2- Required/definitively in place	79.20	88.57	72.21	80.70	n/s	80.05	74.28	61.50	82.26	<.05	
			9.88	10.45	21.62	9.97		8.40	24.51	30.96	9.86		
			10.92	0.99	6.17	9.33		11.55	1.21	7.54	7.88		
CP82	Staff to role model healthy behaviors	0-Not mentioned/no policy 1- Suggested 2- Require schools to encourage staff modeling	71.23	86.54	78.60	71.20	n/s	72.06	83.19	78.58	67.42	n/s	
			9.10	7.30	6.71	2.62		9.94	7.03	7.26	4.58		
			19.67	6.17	14.70	26.18		17.99	9.78	14.15	27.99		
STAKEHOLDER INVOLVEMENT/FEEDBACK													
CP79	FW: Stakeholders involved in development of wellness policy	0-Not mentioned/no policy 1- Suggested or not clear all reqd. stakeholders involved 2- All reqd. stakeholders involved in policy dev.	57.90	85.51	51.05	53.95	n/s	61.75	61.41	31.10	52.30	n/s	
			14.13	4.45	18.11	22.08		12.45	22.53	25.26	19.99		
			27.97	10.04	30.84	23.96		25.81	16.06	43.64	27.70		
CP85	Methods to solicit input	0-Not mentioned/no policy 1- Suggested/vague 2- Required and specific	69.89	82.49	74.03	50.32	<.1	69.24	61.62	60.37	50.72	n/s	
			12.06	9.12	15.63	24.37		16.52	9.99	16.56	30.84		
			18.04	8.39	10.35	25.31		14.24	28.39	23.08	18.43		
CP86	How to engage parents/ community	0-Not mentioned/no policy 1- Suggested/vague 2- Required and specific	72.40	82.31	69.05	61.26	n/s	73.02	66.31	58.11	59.53	n/s	
			10.57	0.14	16.30	13.33		8.17	17.05	22.51	17.74		
			17.03	17.55	14.65	25.41		18.81	16.64	19.39	22.73		
CP87	Content communicated to parents	0-Not mentioned/no policy 1- Suggested/vague 2- Required and specific	58.22	80.54	46.71	54.46	n/s	55.87	61.03	30.68	49.91	n/s	
			18.58	6.64	32.80	19.02		18.69	25.80	43.89	18.95		
			23.20	12.82	20.49	26.52		25.44	13.17	25.42	31.14		
CP90*	Ongoing health advisory (ch. 7 of committee mono)	0-Not mentioned/no policy 1- Suggested/vague 2- Required and clearly ongoing	54.40	84.19	80.66	55.87	<.01	45.06	62.48	45.84	47.76	<.01	
			8.19	0.50	4.60	16.35		7.97	0.77	25.20	23.97		
			37.42	15.31	14.74	27.79		46.97	36.75	28.96	28.26		
MESSAGING, MARKETING, & PROMOTION													
CP81	Consistency of nutrition messages	0-Not mentioned/no policy 1- Suggested/vague 2-Specific and required	45.27	77.19	46.06	51.57	n/s	36.11	55.66	26.45	43.60	n/s	
			30.40	13.51	27.91	27.31		43.34	34.02	41.60	31.72		
			24.33	9.30	26.03	21.12		20.54	10.33	31.95	24.68		

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(Items with * are included in Monograph)

			Middle School - Race/Ethnicity									
			SY 06-07					SY 07-08				
			% of districts (weighted by grade level)					% of districts (weighted by grade level)				
Variable	Description	Responses	Maj White	Maj Black	Maj Latino	Diverse	Sig X ²	Maj White	Maj Black	Maj Latino	Diverse	Sig X ²
CP83	Responsible for communication	0-Not mentioned/no policy 1- Suggested/vague 2- Specific and required	70.47 23.60 5.93	84.80 13.31 1.90	70.10 20.41 9.49	64.36 23.02 12.62	n/s	70.13 25.08 4.79	67.04 30.59 2.37	64.12 22.80 13.09	59.40 20.27 20.33	<.05
CP84	Coordinated School Health program	0-Not mentioned/no policy 1- Suggested/vague 2- Definitely in place	82.87 3.25 13.88	94.71 1.02 4.27	66.23 4.25 29.52	81.21 3.41 15.38	n/s	85.47 2.97 11.57	95.10 2.11 2.79	59.44 2.74 37.82	69.01 2.18 28.81	<.01
CP88*	Marketing healthy choices (ch. 5 of mono)	0-Not mentioned/no policy 1- Suggested/vague 2- Specific and required	77.01 12.77 10.22	89.18 5.80 5.02	82.38 17.58 0.03	70.12 23.54 6.33	<.1	78.07 12.29 9.64	84.00 8.27 7.73	82.26 17.63 0.11	76.95 16.48 6.57	n/s
CP89*	Advertising/marketing of unhealthy choices (ch. 5 of mono)	0-Not mentioned/no policy 1- Suggested prohibition/restricted 2- Prohibited	89.93 4.17 5.89	84.46 5.55 9.99	75.88 9.65 14.47	69.66 4.07 26.26	<.001	91.40 3.11 5.49	73.81 2.45 23.74	61.25 15.96 22.79	64.84 5.56 29.61	<.001
EVALUATION & IMPLEMENTATION												
E91	FW: Plan for measuring implementation, including designating person responsible	0-Not mentioned/no policy 1- Suggested or does not designate responsible person 2- Specific and required	28.40 6.16 65.44	73.05 1.06 25.89	40.91 1.02 58.07	29.89 2.95 67.16	<.01	23.02 6.34 70.64	51.10 1.27 47.62	14.47 1.14 84.39	21.83 2.65 75.52	n/s
E92*	Plan for implementation	0-Not mentioned/no policy 1- Suggested or does not designate responsible person 2- Specific and required with responsible person	33.13 4.24 62.62	73.05 3.30 23.65	41.93 0.00 58.07	36.04 3.35 60.61	<.05	27.03 4.14 68.83	51.10 3.59 45.31	15.61 0.00 84.39	23.77 2.38 73.85	n/s
E93*	Plan for evaluation	0-Not mentioned/no policy 1- Suggested 2- Specific and required	61.30 33.35 5.35	77.15 17.83 5.02	68.99 25.23 5.77	54.43 36.65 8.92	n/s	51.78 44.80 3.42	57.68 37.48 4.84	36.27 56.77 6.96	42.96 47.65 9.39	n/s
E94*	Audience and frequency of reporting	0-Not mentioned/no policy 1- Suggested 2- Specific and required	56.60 23.26 20.13	84.64 9.05 6.31	68.88 5.16 25.96	48.55 19.79 31.66	<.05	51.95 31.52 16.52	61.72 27.16 11.12	55.86 13.53 30.60	46.48 18.40 35.12	<.1

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			Middle School - Race/Ethnicity									
			SY 06-07					SY 07-08				
			% of districts (weighted by grade level)					% of districts (weighted by grade level)				
Variable	Description	Responses	Maj White	Maj Black	Maj Latino	Diverse	Sig X ²	Maj White	Maj Black	Maj Latino	Diverse	Sig X ²
E95*	Funding support	0-Not mentioned/no policy	91.93	97.40	95.83	95.36	n/s	93.32	94.55	98.15	97.10	n/s
		1- Suggested	6.75	0.12	4.17	2.71		5.81	2.74	1.85	2.25	
		2- Identifies a specific source of funding	1.32	2.48	0.00	1.93		0.86	2.71	0.00	0.66	
E96*	Plan for revising the policy	0-Not mentioned/no policy	65.59	87.79	80.67	68.89	n/s	64.64	79.70	77.38	70.67	n/s
		1- Suggested	10.73	1.60	4.77	10.12		8.46	2.03	3.83	9.37	
		2- Specific and required	23.68	10.61	14.57	20.99		26.90	18.26	18.79	19.96	
E100	Requires district to report to the state	0-Not mentioned/no policy	99.97	100.00	100.00	100.00	n/s	99.96	100.00	100.00	100.00	n/s
		1- Yes	0.03	0.00	0.00	0.00		0.04	0.00	0.00	0.00	

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Note 1: Data have been recoded to reflect only policies in effect as of day after Labor Day for each SY (proxy for first day of SY as per FW requirement).

Note 2: Weighted data adjusted for non-response

Note 3: Significance levels are based on bivariate analyses only. Full monograph highlights significant multivariate findings.

			High School - Race/Ethnicity									
			SY 06-07					SY 07-08				
			% of districts (weighted by grade level)					% of districts (weighted by grade level)				
Variable	Description	Responses	Maj White	Maj Black	Maj Latino	Diverse	Sig X ²	Maj White	Maj Black	Maj Latino	Diverse	Sig X ²
NUTRITION EDUCATION												
NE1*	FW: Nutrition education goal	0-No goal/policy	24.68	63.44	41.51	19.82	n/s	17.91	43.99	4.04	10.37	n/s
		1-NE goal suggested or repeats FW language	1.65	0.00	0.40	1.63		1.83	0.00	0.52	1.80	
		2-NE goal specified	73.67	36.56	58.09	78.55		80.26	56.01	95.44	87.83	
NE2*	Nutrition education curriculum	0-Not mentioned/no policy	40.46	75.99	49.87	38.15	n/s	38.31	73.47	22.41	25.36	<.05
		1-Curriculum reqd/suggested, not clear all grades	32.22	7.99	22.46	25.98		37.88	7.15	37.15	36.03	
		2-Clear NE curriculum, all grades	27.32	16.02	27.67	35.87		23.81	19.38	40.44	38.61	
NE3	Nutrition education within larger school community	0-Not mentioned/no policy	42.82	72.53	48.91	31.25	n/s	38.52	48.21	23.85	32.94	n/s
		1-Vague/suggested	47.42	14.04	46.08	59.78		50.41	37.47	72.67	59.08	
		2-Yes, with specific strategies	9.76	13.42	5.00	8.96		11.07	14.32	3.48	7.99	
NE4	Nutrition education beyond school environment	0-Not mentioned/no policy	64.41	72.88	49.85	57.48	<.1	63.83	54.67	28.66	52.50	<.01
		1-Vague/suggested	25.25	26.08	49.42	36.10		26.44	41.27	70.50	44.06	
		2-Yes, with specific strategies	10.34	1.04	0.73	6.42		9.73	4.06	0.84	3.45	
NE5	Nutrition education training for teachers	0-Not mentioned/no policy	72.78	84.00	76.72	68.75	n/s	73.66	63.19	50.13	70.54	n/s
		1-Vague/suggested or just a subset of teachers	21.39	3.36	17.80	18.80		20.33	25.80	46.66	19.20	
		2-Required for all teachers	5.83	12.64	5.48	12.44		6.01	11.01	3.20	10.26	
NE6*	Nutrition education integrated into other subjects	0-Not mentioned/no policy	61.21	80.18	57.20	59.68	n/s	62.56	72.26	28.84	56.43	<.1
		1-Vague/suggested	10.00	4.10	19.45	18.33		12.95	7.73	23.58	16.35	
		2-Required	28.78	15.72	23.35	21.99		24.48	20.01	47.58	27.22	
NE7*	Nutrition education teaches behavior-focused skills	0-Not mentioned/no policy	39.42	71.85	59.19	35.46	n/s	36.21	49.36	18.01	32.94	n/s
		1-Vague/suggested	15.08	7.27	14.39	16.78		17.38	23.61	37.24	20.07	
		2-Required	45.51	20.88	26.42	47.76		46.41	27.03	44.75	46.99	

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Variable	Description	Responses	High School - Race/Ethnicity									
			SY 06-07					SY 07-08				
			% of districts (weighted by grade level)					% of districts (weighted by grade level)				
			Maj White	Maj Black	Maj Latino	Maj Diverse	Sig X ²	Maj White	Maj Black	Maj Latino	Maj Diverse	Sig X ²
NE8	Number of nutrition education courses/hours	0-Not mentioned/no policy 1-Vague/suggested or not all grades 2-Specified	98.76	96.21	100.00	97.40	n/s	98.24	96.31	99.38	97.67	n/s
			0.40	3.79	0.00	2.33		0.49	3.69	0.62	2.02	
			0.83	0.00	0.00	0.27		1.27	0.00	0.00	0.32	
NE9	Nutrition education quality	0-Not mentioned/no policy 1-Vague/suggested 2-Curriculum aligned with benchmarks/standards, sequential	51.76	80.67	65.28	46.71	n/s	47.80	73.47	47.69	39.11	n/s
			12.79	2.60	8.82	15.04		16.63	2.92	11.41	13.69	
			35.45	16.74	25.90	38.25		35.57	23.61	40.90	47.20	
SCHOOL MEALS												
US10*	FW: Guidelines for school meals are not less restrictive than federal requirements	0-No goal/policy 1-Should/strive to meet federal school meals regs 2-Will meet federal school meal regulations	30.14	64.14	44.67	27.37	n/s	21.46	44.75	7.54	19.48	n/s
			1.26	0.13	0.00	0.00		1.76	0.21	0.00	0.27	
			68.60	35.73	55.33	72.63		76.78	55.04	92.46	80.25	
US11*	School Breakfast Program	0-Not mentioned/no policy 1-Suggests/promotes general breakfast program or encourages healthy breakfast 2-Clearly offers national SBP	50.13	66.71	47.83	36.48	n/s	46.67	49.46	10.11	30.44	<.1
			18.24	9.50	22.07	17.96		15.97	8.08	30.27	23.82	
			31.63	23.79	30.10	45.56		37.36	42.46	59.62	45.74	
US12	Summer Food Service Program	0-Not mentioned/no policy 1-Suggests/promotes general summer food program 2-Clearly offers national Summer Food Program	97.97	93.61	86.91	96.45	<.05	96.17	76.94	82.12	96.44	<.001
			1.03	0.42	5.41	0.71		1.29	0.58	3.70	0.94	
			0.99	5.97	7.68	2.84		2.54	22.48	14.18	2.63	
US13*	Specifies guidelines beyond US Dietary Guidelines	0-Not mentioned/no policy 1-Vague/suggested or meet Dietary Guidelines 2-Clearly exceed Dietary Guidelines	64.29	68.67	65.47	51.83	n/s	60.94	52.67	39.05	46.93	<.05
			27.58	17.16	27.92	38.70		31.24	17.40	43.99	44.79	
			8.13	14.17	6.62	9.47		7.81	29.93	16.96	8.28	
US14	Using low-fat versions of foods/cooking methods	0-Not mentioned/no policy 1-Vague/suggested 2-Specific and required	86.11	76.89	77.32	83.84	n/s	85.46	80.84	68.80	75.96	n/s
			10.65	16.73	22.67	15.11		11.62	14.11	30.25	22.58	
			3.24	6.38	0.02	1.04		2.92	5.05	0.95	1.46	

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Bridging the Gap Weighted District-level Wellness Policy Data by Grade Level and Majority Race/Ethnicity, SY 06-07 and 07-08

(Items with * are included in Monograph)

			High School - Race/Ethnicity									
			SY 06-07					SY 07-08				
			% of districts (weighted by grade level)					% of districts (weighted by grade level)				
Variable	Description	Responses	Maj White	Maj Black	Maj Latino	Diverse	Sig X ²	Maj White	Maj Black	Maj Latino	Diverse	Sig X ²
US15	Strategies to increase participation in school meal programs	0-Not mentioned/no policy	64.51	75.06	79.13	68.85	n/s	62.19	55.80	66.15	71.44	n/s
		1-Vague/suggested	20.47	11.59	19.55	18.36		23.65	11.40	24.22	19.34	
		2-Specific and required	15.01	13.35	1.31	12.79		14.16	32.80	9.63	9.22	
US16	Optimizes meal scheduling	0-Not mentioned/no policy	67.66	85.67	67.22	78.54	n/s	63.14	81.80	51.74	70.38	n/s
		1-Vague/suggested	27.89	2.74	32.78	19.23		31.15	9.39	48.26	26.85	
		2-Specific and required	4.45	11.59	0.00	2.23		5.71	8.81	0.00	2.78	
US17*	Adequate time to eat (≥20 mins for lunch; ≥ 10 mins for breakfast)	0-Not mentioned/no policy	53.14	69.03	49.31	64.11	n/s	49.04	50.21	23.05	54.53	n/s
		1-Vague/suggested or < time guidelines	35.52	18.19	45.92	31.23		40.22	36.64	70.39	41.35	
		2-Required	11.34	12.78	4.77	4.66		10.74	13.15	6.56	4.12	
US18	Hand-washing	0-Not mentioned/no policy	83.81	87.35	94.01	92.16	n/s	82.69	86.84	84.03	92.64	n/s
		1-Vague/suggested	2.26	0.13	0.00	0.45		2.85	0.21	2.21	1.45	
		2-Ensures assistance with hand-washing/facilitating	13.93	12.53	5.99	7.39		14.45	12.95	13.76	5.91	
US19	Nutrition qualifications of meal staff	0-Not mentioned/no policy	76.76	73.03	91.33	87.33	n/s	74.92	61.91	81.41	84.22	n/s
		1-Vague/suggested	1.52	1.24	0.00	0.00		0.84	1.21	0.00	0.00	
		2-Required	21.72	25.73	8.67	12.67		24.24	36.89	18.59	15.78	
US20	Training for food service staff	0-Not mentioned/no policy	72.21	84.31	84.00	83.43	n/s	66.79	61.81	74.14	82.28	<.01
		1-Vague/suggested	21.90	9.72	8.73	11.81		28.07	14.36	10.41	11.22	
		2-Required	5.89	5.97	7.27	4.76		5.13	23.83	15.45	6.50	
US21	School meal environment	0-Not mentioned/no policy	49.56	70.15	55.48	60.37	n/s	44.23	50.43	37.30	52.46	n/s
		1-Vague/suggested	3.87	0.94	7.01	4.42		4.34	1.02	10.61	6.26	
		2-Requires specifics strategies	46.57	28.91	37.51	35.21		51.42	48.55	52.10	41.27	
US22*	Nutrition information for school meals	0-Not mentioned/no policy	84.80	89.58	89.26	78.35	n/s	84.11	71.48	75.07	84.34	n/s
		1-Vague/suggested	5.91	0.82	10.33	7.90		6.66	1.14	11.95	4.71	
		2-Specific and required	9.30	9.60	0.42	13.75		9.22	27.38	12.97	10.95	

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(Items with * are included in Monograph)

Variable	Description	Responses	High School - Race/Ethnicity									
			SY 06-07					SY 07-08				
			% of districts (weighted by grade level)					% of districts (weighted by grade level)				
			Maj White	Maj Black	Maj Latino	Maj Diverse	Sig X ²	Maj White	Maj Black	Maj Latino	Maj Diverse	Sig X ²
US38a	Farm-to-school program	0-Not mentioned/no policy 1-Vague/suggested 2-Specific and required	97.59	87.88	91.19	93.54	n/s	96.25	90.49	82.61	94.31	<.05
COMPETITIVE FOODS												
NG23*	FW: Nutrition guidelines for all foods outside of the school meal program during the SD	0-No goal/policy 1-Suggested or only meet Dietary Guidelines 2-Required/definitively in place	26.73	63.44	41.51	24.59	n/s	20.33	43.99	4.66	15.00	<.1
			29.45	13.55	11.15	28.10		34.39	12.40	20.98	25.37	
			43.82	23.01	47.34	47.31		45.28	43.61	74.36	59.63	
<i>Access Restrictions</i>												
NG23b	Competitive food and beverage ban	0-Not mentioned/no policy 1-Suggested or only applies to food (not bev) or visa versa 2-Required	99.18	99.48	100.00	99.79	n/s	98.09	99.21	100.00	99.66	n/s
			0.82	0.52	0.00	0.21		1.91	0.79	0.00	0.34	
			0.00	0.00	0.00	0.00		0.00	0.00	0.00	0.00	
NG23c	Nutrition guidelines apply to vending contracts	0-Not mentioned/no policy 1-Suggested/encouraged 2-Required	85.93	99.85	64.56	85.53	<.05	84.78	96.15	48.74	78.18	<.01
			1.19	0.00	7.69	6.12		2.38	2.83	11.49	4.27	
			12.88	0.15	27.76	8.35		12.84	1.02	39.78	17.55	
NG24*	Vending machines	0-Not mentioned/no policy 1-Suggested/limited restrictions 2-Ban or all F&B must meet guidelines	40.94	67.21	44.97	34.94	n/s	35.60	47.51	14.16	24.95	<.1
			52.79	19.23	41.59	51.09		55.72	24.76	64.80	62.25	
			6.27	13.57	13.44	13.97		8.68	27.73	21.04	12.79	
NG25*	School stores	0-Not mentioned/no policy 1-Suggested/limited restrictions 2-Ban or all F&B must meet guidelines	45.88	68.76	52.46	41.31	n/s	41.77	49.34	22.72	30.54	<.1
			48.97	17.11	34.10	46.05		51.23	23.38	56.24	57.42	
			5.15	14.13	13.44	12.65		6.99	27.28	21.04	12.04	
NG26*	A la carte	0-Not mentioned/no policy 1-Suggested/limited restrictions 2-Ban or all F&B must meet guidelines	41.53	67.76	52.46	34.54	n/s	37.44	48.15	22.46	24.34	n/s
			51.16	19.12	34.10	51.71		52.75	25.52	56.24	63.11	
			7.32	13.12	13.44	13.75		9.81	26.33	21.31	12.54	
NG27*	Class parties and celebrations	0-Not mentioned/no policy 1-Suggested/limited restrictions 2-Ban or all F&B must meet guidelines	49.80	66.90	47.70	52.17	n/s	48.42	47.99	16.39	38.01	<.001
			50.20	31.24	52.30	46.38		51.37	34.23	77.63	59.42	
			0.00	1.85	0.00	1.44		0.21	17.77	5.98	2.57	

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(Items with * are included in Monograph)

Variable	Description	Responses	High School - Race/Ethnicity									
			SY 06-07					SY 07-08				
			% of districts (weighted by grade level)					% of districts (weighted by grade level)				
			Maj White	Maj Black	Maj Latino	Maj Diverse	Sig X ²	Maj White	Maj Black	Maj Latino	Maj Diverse	Sig X ²
NG28	Food from home for whole class	0-Not mentioned/no policy	49.46	66.90	47.70	52.17	n/s	48.23	47.99	16.39	38.01	<.001
		1-Suggested/limited restrictions	50.20	31.24	52.30	46.38		51.37	34.23	77.63	59.42	
		2-Ban or all F&B must meet guidelines	0.34	1.85	0.00	1.44		0.41	17.77	5.98	2.57	
NG29	Food before school	0-Not mentioned/no policy	90.03	96.71	74.09	75.15	<.01	87.30	96.11	60.19	70.21	<.001
		1-Suggested/limited restrictions	8.70	3.01	23.16	23.21		9.74	3.48	23.65	15.03	
		2-Nutrition guidelines apply to before school sales	1.27	0.28	2.75	1.64		2.96	0.41	16.16	14.76	
NG30	Food after school	0-Not mentioned/no policy	91.37	91.80	94.24	89.91	n/s	90.82	93.10	86.71	88.40	n/s
		1-Suggested/limited restrictions	7.37	2.47	0.63	6.87		7.93	2.56	8.81	8.06	
		2-Nutrition guidelines apply to after school sales	1.26	5.73	5.13	3.22		1.24	4.34	4.48	3.54	
NG31	Food at evening/community events	0-Not mentioned/no policy	84.06	83.28	76.94	84.71	<.1	81.88	88.94	64.47	83.12	<.1
		1-Suggested/limited restrictions	15.82	16.72	17.21	14.24		18.00	11.06	32.05	16.24	
		2-Nutrition guidelines apply	0.12	0.00	5.84	1.04		0.13	0.00	3.47	0.64	
NG32	Fundraisers	0-Not mentioned/no policy	59.59	73.25	45.55	60.18	n/s	54.31	58.83	21.27	43.81	<.001
		1-Limited restrictions or only fundraisers during SD	39.76	26.75	49.76	38.68		45.07	25.27	69.81	54.47	
		2-Nutrition guidelines apply to all fundraisers	0.65	0.00	4.69	1.14		0.61	15.90	8.93	1.72	
NG40*	Use of food as a reward/punishment	0-Not mentioned/no policy or encourages healthy food as reward	72.33	78.22	93.09	81.02	<.1	68.27	77.56	81.33	76.58	n/s
		1-Discourage food as a reward/prohibit as punishment	19.82	19.22	6.19	14.69		25.58	19.21	11.21	17.99	
		2-Prohibits using food as a reward/punishment	7.85	2.55	0.72	4.29		6.15	3.23	7.46	5.43	
Content Restrictions												
NG33*	Sugar content of Foods	0-Not mentioned/no policy	72.87	82.42	64.60	65.55	<.1	63.57	81.49	18.56	49.90	<.001
		1-Suggested/limited restrictions	24.08	4.72	24.30	25.49		31.54	8.28	53.85	27.99	
		2-Specific and required OR competitive food ban	3.05	12.86	11.10	8.95		4.89	10.22	27.59	22.11	

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(Items with * are included in Monograph)

			High School - Race/Ethnicity									
			SY 06-07					SY 07-08				
			% of districts (weighted by grade level)					% of districts (weighted by grade level)				
Variable	Description	Responses	Maj White	Maj Black	Maj Latino	Maj Diverse	Sig X ²	Maj White	Maj Black	Maj Latino	Maj Diverse	Sig X ²
NG34*	Fat content of foods	0-Not mentioned/no policy	51.30	76.38	42.18	50.12	n/s	48.29	55.75	12.19	38.05	<.001
		1-Suggested/limited restrictions	35.37	10.75	24.57	35.45		36.40	18.12	24.59	25.99	
		2-Specific and required OR competitive food ban	13.32	12.86	33.25	14.43		15.31	26.13	63.22	35.95	
NG35	Sodium content of foods	0-Not mentioned/no policy	76.68	79.50	93.12	73.84	<.01	76.41	62.00	73.68	73.61	<.001
		1-Suggested/limited restrictions	22.21	7.63	1.60	22.29		21.75	11.87	13.90	21.30	
		2-Specific and required OR competitive food ban	1.12	12.86	5.29	3.87		1.84	26.13	12.42	5.09	
NG36*	Calorie content per serving size	0-Not mentioned/no policy	93.71	96.76	88.17	86.29	<.001	90.42	96.45	76.32	73.21	<.001
		1-Suggested/limited restrictions	5.47	3.24	1.33	13.36		5.79	3.55	0.27	12.66	
		2-Specific and required OR competitive food ban	0.82	0.00	10.50	0.34		3.79	0.00	23.41	14.14	
NG37	Serving size of foods	0-Not mentioned/no policy	66.84	84.02	62.07	78.71	n/s	67.47	67.51	43.94	69.70	n/s
		1-Suggested/limited restrictions	16.16	2.83	10.48	9.32		15.12	19.02	19.97	9.89	
		2-Specific and required OR competitive food ban	17.00	13.15	27.44	11.96		17.41	13.47	36.09	20.41	
NG38	Whole/unprocessed & fresh food availability	0-Not mentioned/no policy	58.56	69.73	48.05	54.16	n/s	56.58	51.02	27.44	43.01	<.1
		1-Suggested	32.87	28.14	51.95	35.51		35.37	24.67	66.58	47.85	
		2-Specific and required	8.57	2.13	0.00	10.33		8.05	24.31	5.98	9.14	
NG39	Ingredients with questionable effects (e.g., trans fats, artificial sweeteners)	0-Not mentioned/no policy	81.10	85.26	85.20	80.20	<.1	72.62	68.68	42.34	68.95	<.001
		1-Suggested/limited restrictions	16.53	1.87	12.79	11.41		24.66	5.19	46.00	23.03	
		2-Specific and required or competitive food ban	2.37	12.86	2.01	8.39		2.71	26.13	11.66	8.02	
NG41*	Nutrition information provided for competitive foods	0-Not mentioned/no policy	92.95	98.76	98.76	94.03	n/s	92.24	79.68	89.73	93.47	n/s
		1-Suggested	3.15	1.24	0.20	3.98		3.43	1.21	2.92	3.61	
		2-Specific and required or competitive food ban	3.90	0.00	1.05	1.99		4.33	19.12	7.35	2.92	

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Variable	Description	Responses	High School - Race/Ethnicity									
			SY 06-07					SY 07-08				
			% of districts (weighted by grade level)					% of districts (weighted by grade level)				
			Maj White	Maj Black	Maj Latino	Maj Diverse	Sig X ²	Maj White	Maj Black	Maj Latino	Maj Diverse	Sig X ²
NG42	Sugar content of beverages	0-Not mentioned/no policy	65.81	79.84	43.24	61.96	n/s	64.68	63.43	21.59	51.00	<.01
		1-Suggested/limited restrictions	32.13	19.13	56.76	34.96		32.26	19.54	67.10	45.72	
		2-Specific and required or competitive food ban	2.07	1.03	0.00	3.08		3.07	17.04	11.30	3.28	
NG43	Fat content of beverages	0-Not mentioned/no policy	86.79	86.54	86.32	86.88	n/s	87.87	86.11	87.05	88.11	n/s
		1-Suggested/limited restrictions	10.91	12.70	10.29	8.19		8.47	12.98	10.27	7.29	
		2-Specific and required or competitive food ban	2.30	0.76	3.39	4.93		3.66	0.90	2.69	4.60	
NG44*	Calorie content of beverages	0-Not mentioned/no policy	95.51	100.00	100.00	95.47	n/s	93.44	97.17	100.00	95.72	n/s
		1-Suggested/limited restrictions	4.00	0.00	0.00	4.32		6.02	2.83	0.00	4.01	
		2-Specific and required or competitive food ban	0.49	0.00	0.00	0.21		0.54	0.00	0.00	0.27	
NG45*	Regular soda	0-Not mentioned/no policy	62.56	81.46	55.67	68.12	n/s	59.48	61.69	15.81	47.07	<.01
		1-Suggested/limited restrictions	24.12	14.81	30.70	18.58		25.93	11.71	56.24	39.55	
		2-Banned	13.31	3.73	13.63	13.30		14.60	26.60	27.94	13.38	
NG46*	Beverages (other than soda) with added caloric sweeteners	0-Not mentioned/no policy	83.48	95.99	91.34	83.91	n/s	81.27	76.91	83.96	84.27	n/s
		1-Suggested/limited restrictions	14.73	3.11	8.66	14.20		16.34	22.17	16.04	13.97	
		2-Banned	1.79	0.90	0.00	1.90		2.39	0.92	0.00	1.76	
NG47	Sugar/calorie content of milk	0-Not mentioned/no policy	83.29	88.13	77.82	85.84	n/s	84.69	87.94	70.21	80.27	<.1
		1-Suggested/limited restrictions	15.37	0.00	21.37	10.25		13.89	2.83	28.70	15.75	
		2-Specific and required limit or competitive food ban	1.35	11.87	0.81	3.91		1.42	9.22	1.09	3.98	
NG48*	Fat content of milk	0-Not mentioned/no policy	83.03	77.65	91.35	85.24	n/s	80.45	66.06	66.85	69.00	<.1
		1-Suggested/limited restrictions	15.57	21.70	3.93	13.00		16.88	17.32	24.77	28.01	
		2-Specific and required limit or competitive food ban	1.40	0.65	4.71	1.76		2.67	16.62	8.37	2.99	

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			High School - Race/Ethnicity									
			SY 06-07					SY 07-08				
			% of districts (weighted by grade level)					% of districts (weighted by grade level)				
Variable	Description	Responses	Maj White	Maj Black	Maj Latino	Diverse	Sig X ²	Maj White	Maj Black	Maj Latino	Diverse	Sig X ²
NG49	Serving size limit for beverages	0-Not mentioned/no policy	70.03	84.31	66.38	75.56	n/s	71.15	83.53	58.59	67.23	<.05
		1-Suggested/limited restrictions	27.34	4.10	28.92	19.36		17.87	7.66	7.29	15.44	
		2-Specific and required OR competitive food ban	2.63	11.59	4.69	5.09		10.98	8.81	34.12	17.33	
NG50*	Caffeine content of beverages	0-Not mentioned/no policy	84.38	98.37	88.00	83.77	n/s	83.55	79.28	81.01	86.71	n/s
		1-Suggested/limited restrictions	11.62	1.63	6.71	14.00		11.88	4.81	5.76	10.42	
		2-Specific and required OR competitive food ban	4.00	0.00	5.29	2.22		4.57	15.90	13.23	2.87	
NG51*	Availability of free drinking water throughout the school and school day	0-Not mentioned/no policy	87.75	98.55	91.59	94.08	<.05	88.57	95.75	84.95	92.98	n/s
		1-Suggested/encouraged	1.88	1.30	7.69	1.36		1.95	1.21	8.88	1.63	
		2-Free water is always available	10.37	0.15	0.72	4.56		9.48	3.04	6.16	5.39	
PHYSICAL EDUCATION (PE)												
PE52a*	PE addressed in district policy	0-Not mentioned/no policy	31.15	64.68	42.18	23.18	n/s	23.97	45.20	4.95	11.36	<.1
		1-Definitively addressed	68.85	35.32	57.82	76.82		76.03	54.80	95.05	88.64	
PE52	PE curriculum all grades	0-Not mentioned/no policy	50.74	70.72	73.84	46.01	n/s	49.05	54.86	43.91	40.74	n/s
		1-Suggested/encouraged	18.36	19.66	3.24	14.82		17.50	33.08	21.52	17.63	
		2-Clear curriculum-all grades	30.91	9.62	22.92	39.17		33.44	12.06	34.57	41.63	
PE53*	Time requirements for PE:	0-Not mentioned/no policy	87.38	89.85	85.52	85.75	n/s	85.11	75.44	62.82	86.82	n/s
PE54*	≥ 150 mins/week (ES)	1- < NASPE standards or specifies days (not duration)	8.70	1.51	14.44	9.29		11.64	17.65	34.44	9.72	
PE55*	≥ 225 mins/week (MS/HS)	2- ≥ NASPE standards	3.93	8.64	0.04	4.96		3.25	6.91	2.74	3.47	
PE56*	PE teaches physically active lifestyle	0-Not mentioned/no policy	49.00	70.37	73.23	47.09	n/s	44.15	50.53	50.36	41.54	n/s
		1- Suggested/encouraged	5.65	7.51	3.55	10.10		6.35	6.47	4.51	8.03	
		2- Required	45.35	22.12	23.23	42.81		49.50	42.99	45.13	50.43	
PE57	PE competency (skills, knowledge) assessment	0-Not mentioned/no policy	63.40	87.36	78.19	62.82	<.001	61.46	63.33	56.94	51.94	<.001
		1- Suggested/encouraged	6.00	1.89	17.46	17.83		6.11	18.19	37.32	21.53	
		2- Required	30.61	10.74	4.35	19.35		32.44	18.49	5.75	26.54	

LEGEND:

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- 2=Strong Policy

Bridging the Gap Weighted District-level Wellness Policy Data by Grade Level and Majority Race/Ethnicity, SY 06-07 and 07-08

(Items with * are included in Monograph)

Variable	Description	Responses	High School - Race/Ethnicity									
			SY 06-07					SY 07-08				
			% of districts (weighted by grade level)					% of districts (weighted by grade level)				
			Maj White	Maj Black	Maj Latino	Maj Diverse	Sig X ²	Maj White	Maj Black	Maj Latino	Maj Diverse	Sig X ²
PE58	PE quality	0-Not mentioned/no policy 1- Suggested/encouraged 2- Curriculum aligned with stds/benchmarks, sequential	58.77	82.31	68.19	52.49	n/s	55.30	67.75	46.25	45.54	n/s
			6.66	3.10	8.22	14.70		7.88	19.65	17.57	11.69	
			34.57	14.59	23.59	32.81		36.83	12.60	36.18	42.77	
PE59	Inclusive play	0-Not mentioned/no policy 1- Suggested/encouraged 2- Required	60.81	82.16	77.63	61.25	n/s	58.40	64.42	56.40	55.86	n/s
			3.29	2.20	0.79	7.61		3.16	18.61	9.62	6.52	
			35.90	15.64	21.58	31.14		38.44	16.98	33.98	37.62	
PE60	PE courses/credits required for graduation	0-Not mentioned/no policy 1- Suggested/encouraged 2- Required	89.76	82.87	96.75	76.19	<.1	89.48	70.45	89.32	75.97	<.05
			2.76	0.65	0.00	7.55		2.47	16.62	5.98	6.90	
			7.48	16.48	3.25	16.26		8.06	12.93	4.70	17.12	
PE61	Daily PE requirement	0-Not mentioned/no policy 1- Suggested/encouraged 2- Required	93.22	84.31	93.94	93.20	n/s	95.19	71.40	88.78	94.03	<.001
			2.53	12.79	6.06	2.15		2.39	26.02	11.22	2.83	
			4.24	2.91	0.00	4.65		2.43	2.58	0.00	3.13	
PE62	Teacher-student ratio for PE	0-Not mentioned/no policy 1- Suggested 2- Specific and required	89.88	90.65	99.98	91.05	n/s	89.11	76.46	91.12	91.52	n/s
			9.48	9.35	0.02	8.95		10.18	23.54	8.07	8.48	
			0.64	0.00	0.00	0.00		0.71	0.00	0.81	0.00	
PE63	Safe/adequate equipment/facilities	0-Not mentioned/no policy 1- Suggested 2- Specific and required	84.80	92.94	99.35	84.92	<.1	83.93	71.80	87.78	85.45	n/s
			6.27	2.38	0.02	8.74		7.55	18.68	10.67	9.14	
			8.93	4.68	0.63	6.34		8.51	9.52	1.56	5.41	
PE64*	Moderate-to-vigorous activity	0-Not mentioned/no policy 1- Moderate-to-vigorous activity addressed but <50% time or not specified 2- ≥ 50% class time devoted to moderate-to-vigorous activity	73.19	86.63	60.57	72.65	n/s	72.47	70.34	43.04	62.51	n/s
			21.30	1.78	29.14	21.75		20.00	20.85	47.32	32.05	
			5.51	11.59	10.28	5.60		7.53	8.81	9.64	5.44	

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Bridging the Gap Weighted District-level Wellness Policy Data by Grade Level and Majority Race/Ethnicity, SY 06-07 and 07-08

(Items with * are included in Monograph)

Variable	Description	Responses	High School - Race/Ethnicity									
			SY 06-07					SY 07-08				
			% of districts (weighted by grade level)					% of districts (weighted by grade level)				
			Maj White	Maj Black	Maj Latino	Maj Diverse	Sig X ²	Maj White	Maj Black	Maj Latino	Maj Diverse	Sig X ²
PE65*	Qualifications of PE instructors	0-Not mentioned/no policy 1- Suggested 2- Requires PE to be taught by qualified instructors	69.81	81.00	93.64	76.03	n/s	67.51	59.29	84.21	72.55	n/s
			6.56	3.94	1.46	6.56		5.84	20.60	7.61	8.10	
			23.63	15.05	4.90	17.41		26.65	20.12	8.18	19.36	
PE66	Training for PE instructors	0-Not mentioned/no policy 1- Suggested or training for teachers generally (not PE-specific) 2- Provision of PE training for PE instructors	86.56	96.90	81.41	83.64	<.01	87.43	92.63	78.94	79.30	<.001
			2.76	1.27	13.09	10.50		2.74	1.51	17.82	14.42	
			10.68	1.83	5.49	5.86		9.83	5.86	3.24	6.28	
PE67	Prohibits waivers for PE	0-Not mentioned/no policy 1- Suggested 2- PE waivers prohibited	95.43	86.04	95.31	97.54	n/s	94.54	88.41	96.94	96.13	n/s
			1.17	2.05	0.00	0.31		1.16	2.34	0.00	1.05	
			3.40	11.91	4.69	2.15		4.30	9.25	3.06	2.83	
PE68	Annual health assessment	0-Not mentioned/no policy 1- Suggested/vague 2- Specific and required	79.52	82.69	82.79	76.62	n/s	77.90	64.42	61.94	73.50	n/s
			20.48	17.07	17.21	22.15		21.88	35.20	38.06	25.61	
			0.00	0.24	0.00	1.23		0.23	0.38	0.00	0.88	
PE68a*	BMI (ch. 7 of mono)	0-Not mentioned/no policy 1- BMI suggested (with or without reporting) 2- BMI required without reporting 3- BMI required with reporting	89.49	89.88	87.90	84.37	n/s	88.05	74.44	74.13	83.10	n/s
			10.01	10.12	12.10	14.59		11.32	25.56	25.87	16.26	
			0.37	0.00	0.00	0.00		0.52	0.00	0.00	0.00	
			0.14	0.00	0.00	1.04		0.11	0.00	0.00	0.64	
PHYSICAL ACTIVITY (PA)												
PA69*	FW: Physical activity (PA) goals	0- No goal/policy 1- PA goal suggested or repeats FW language 2- PA goal specified	25.33	63.44	42.84	23.10	n/s	18.36	43.99	5.48	15.58	n/s
			1.42	0.00	1.15	0.79		1.55	0.00	1.38	0.96	
			73.25	36.56	56.01	76.11		80.10	56.01	93.14	83.47	
PA70*	PA outside of PE for every grade level	0-Not mentioned/no policy 1- Suggested/vague or not clear PA for all grades 2- Clear each grade will get PA outside of PE	46.24	79.09	44.89	57.33	n/s	44.88	72.88	15.92	46.38	<.05
			25.71	8.93	14.10	19.59		24.92	13.93	44.22	26.58	
			28.06	11.98	41.01	23.07		30.20	13.19	39.86	27.03	

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Bridging the Gap Weighted District-level Wellness Policy Data by Grade Level and Majority Race/Ethnicity, SY 06-07 and 07-08

(Items with * are included in Monograph)

Variable	Description	Responses	High School - Race/Ethnicity									
			SY 06-07					SY 07-08				
			% of districts (weighted by grade level)					% of districts (weighted by grade level)				
			Maj White	Maj Black	Maj Latino	Maj Diverse	Sig X ²	Maj White	Maj Black	Maj Latino	Maj Diverse	Sig X ²
PA72*	PA throughout the day	0-Not mentioned/no policy 1- Suggested 2- Required	61.69	75.60	64.68	61.31	n/s	56.96	53.79	35.13	63.79	n/s
			32.88	11.98	34.17	24.57		38.10	28.47	51.86	25.01	
			5.44	12.41	1.15	14.12		4.94	17.73	13.01	11.20	
PA73	Intramurals, interscholastic, extracurricular activities	0-Not mentioned/no policy 1- Suggested 2- Required/definitively offered	66.80	89.06	70.08	64.54	n/s	65.85	67.68	56.29	62.01	n/s
			19.86	3.12	8.64	19.49		21.08	22.49	20.06	18.96	
			13.34	7.82	21.28	15.97		13.06	9.82	23.65	19.03	
PA74	Community use of school facilities for physical activity purposes	0-Not mentioned/no policy 1- Suggested 2- Required/definitively in place	77.32	90.97	83.25	83.39	n/s	74.60	73.15	58.13	75.46	n/s
			7.08	2.30	7.16	5.72		6.40	2.59	4.43	3.74	
			15.61	6.73	9.59	10.89		19.00	24.26	37.44	20.80	
PA75	Safe (active) routes to school (SRTS)	0-Not mentioned/no policy 1- Suggested/encouraged 2- Ensures effort to promote SRTS	88.19	88.40	95.31	94.19	n/s	88.58	91.25	96.67	92.62	n/s
			5.03	1.02	0.00	0.65		4.64	1.21	0.00	2.61	
			6.78	10.58	4.69	5.16		6.79	7.55	3.33	4.77	
PA76*	Not using PA as punishment	0-Not mentioned/no policy 1- Suggested 2- Prohibits PA as punishment	82.53	78.09	95.68	84.85	n/s	78.25	65.55	77.60	83.22	n/s
			7.13	2.24	1.06	5.50		10.92	21.78	8.98	7.54	
			10.34	19.68	3.27	9.65		10.83	12.67	13.42	9.24	
PA77*	Daily recess	0-Not mentioned/no policy 1- Suggested or frequency vague 2- Required	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
PA78	Recess quality to promote PA	0-Not mentioned/no policy 1- Suggested 2- Specific and required	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
STAFF PA/WELLNESS/MODELING												
PA71	PA opportunities for school staff	0-Not mentioned/no policy 1- Suggested 2- Required	88.96	96.26	84.01	85.52	n/s	89.16	91.54	81.03	86.00	n/s
			6.64	2.66	15.92	10.96		7.29	7.32	18.83	12.31	
			4.41	1.08	0.07	3.52		3.55	1.13	0.14	1.68	

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Bridging the Gap Weighted District-level Wellness Policy Data by Grade Level and Majority Race/Ethnicity, SY 06-07 and 07-08

(Items with * are included in Monograph)

			High School - Race/Ethnicity									
			SY 06-07					SY 07-08				
			% of districts (weighted by grade level)					% of districts (weighted by grade level)				
Variable	Description	Responses	Maj White	Maj Black	Maj Latino	Maj Diverse	Sig X ²	Maj White	Maj Black	Maj Latino	Maj Diverse	Sig X ²
CP80	Staff wellness programs	0-Not mentioned/no policy	82.16	85.16	75.43	79.52	<.1	80.09	71.42	60.34	76.25	<.01
		1- Suggested	7.52	13.56	23.99	9.06		8.43	27.24	37.30	11.92	
		2- Required/definitively in place	10.31	1.28	0.57	11.43		11.47	1.34	2.36	11.82	
CP82	Staff to role model healthy behaviors	0-Not mentioned/no policy	74.29	82.52	82.83	64.89	<.1	71.56	81.32	81.39	67.56	n/s
		1- Suggested	8.18	9.47	0.80	2.83		10.72	7.81	1.61	4.23	
		2- Require schools to encourage staff modeling	17.53	8.01	16.37	32.28		17.73	10.87	16.99	28.21	
STAKEHOLDER INVOLVEMENT/FEEDBACK												
CP79	FW: Stakeholders involved in development of wellness policy	0-Not mentioned/no policy	58.27	81.19	55.83	67.06	n/s	60.20	57.11	26.61	57.01	n/s
		1- Suggested or not clear all reqd. stakeholders involved	14.56	5.78	8.28	12.06		13.32	25.04	19.05	10.93	
		2- All reqd. stakeholders involved in policy dev.	27.17	13.03	35.89	20.88		26.48	17.85	54.35	32.06	
CP85	Methods to solicit input	0-Not mentioned/no policy	71.39	77.28	81.73	60.85	n/s	68.42	57.34	62.25	62.49	n/s
		1- Suggested/vague	10.79	11.84	16.98	19.01		16.85	11.11	19.45	20.72	
		2- Required and specific	17.82	10.89	1.29	20.14		14.73	31.55	18.30	16.80	
CP86	How to engage parents/ community	0-Not mentioned/no policy	75.86	77.04	72.51	62.74	n/s	72.74	62.56	56.92	64.06	n/s
		1- Suggested/vague	8.21	0.18	16.03	11.54		8.09	18.95	24.85	11.71	
		2- Required and specific	15.93	22.78	11.46	25.72		19.17	18.49	18.23	24.23	
CP87	Content communicated to parents	0-Not mentioned/no policy	61.70	74.75	45.19	48.83	n/s	55.71	56.69	21.20	46.51	<.05
		1- Suggested/vague	16.87	8.62	38.30	21.00		20.16	28.67	54.89	22.37	
		2- Required and specific	21.43	16.64	16.51	30.16		24.13	14.63	23.90	31.12	
CP90*	Ongoing health advisory (ch. 7 of mono)	0-Not mentioned/no policy	59.18	79.48	83.83	48.91	<.01	54.68	58.30	40.08	40.72	<.01
		1- Suggested/vague	6.13	0.65	4.99	16.51		6.72	0.86	30.45	22.69	
		2- Required and clearly ongoing	34.69	19.87	11.19	34.57		38.60	40.84	29.47	36.59	
MESSAGING, MARKETING, & PROMOTION												
CP81	Consistency of nutrition messages	0-Not mentioned/no policy	48.37	70.39	48.63	54.53	n/s	42.47	50.72	20.56	42.10	n/s
		1- Suggested/vague	28.98	17.53	23.80	30.96		35.78	37.81	42.43	37.69	
		2-Specific and required	22.64	12.07	27.57	14.51		21.75	11.48	37.01	20.21	

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Bridging the Gap Weighted District-level Wellness Policy Data by Grade Level and Majority Race/Ethnicity, SY 06-07 and 07-08

(Items with * are included in Monograph)

Variable	Description	Responses	High School - Race/Ethnicity									
			SY 06-07					SY 07-08				
			% of districts (weighted by grade level)					% of districts (weighted by grade level)				
			Maj White	Maj Black	Maj Latino	Maj Diverse	Sig X ²	Maj White	Maj Black	Maj Latino	Maj Diverse	Sig X ²
CP83	Responsible for communication	0-Not mentioned/no policy 1- Suggested/vague 2- Specific and required	72.91	80.27	73.33	66.67	n/s	69.68	63.37	63.83	65.62	<.1
			21.67	17.27	16.18	23.10		26.39	33.99	20.48	20.78	
			5.42	2.46	10.50	10.23		3.93	2.64	15.69	13.61	
CP84	Coordinated School Health program	0-Not mentioned/no policy 1- Suggested/vague 2- Definitely in place	84.25	93.13	60.81	81.39	<.1	85.05	94.55	49.40	69.60	<.001
			2.81	1.32	6.12	4.37		2.94	2.35	4.77	3.33	
			12.94	5.55	33.07	14.24		12.01	3.10	45.82	27.07	
CP88*	Marketing healthy choices (ch. 5 of mono)	0-Not mentioned/no policy 1- Suggested/vague 2- Specific and required	78.47	85.95	88.29	70.45	n/s	76.88	82.21	87.12	77.60	n/s
			12.58	7.53	11.67	16.30		12.22	9.20	12.74	13.54	
			8.94	6.52	0.04	13.25		10.90	8.59	0.14	8.86	
CP89*	Advertising/marketing of unhealthy choices (ch. 5 of mono)	0-Not mentioned/no policy 1- Suggested prohibition/restricted 2- Prohibited	92.29	79.83	79.83	74.24	<.01	91.37	70.89	60.33	73.65	<.001
			3.89	7.21	12.21	5.22		3.73	2.72	20.88	6.65	
			3.82	12.96	7.96	20.54		4.90	26.39	18.79	19.70	
EVALUATION & IMPLEMENTATION												
E91	FW: Plan for measuring implementation, including designating person responsible	0-Not mentioned/no policy 1- Suggested or does not designate responsible person 2- Specific and required	31.68	65.02	45.48	38.71	n/s	27.65	45.66	7.53	22.82	n/s
			5.99	1.37	1.15	3.02		6.02	1.41	1.38	5.20	
			62.34	33.60	53.37	58.27		66.33	52.93	91.09	71.98	
E92*	Plan for implementation	0-Not mentioned/no policy 1- Suggested or does not designate responsible person 2- Specific and required with responsible person	36.25	65.02	46.63	40.97	n/s	32.02	45.66	8.91	26.93	n/s
			4.61	4.28	0.00	3.31		3.88	3.99	0.00	2.90	
			59.14	30.70	53.37	55.72		64.10	50.35	91.09	70.17	
E93*	Plan for evaluation	0-Not mentioned/no policy 1- Suggested 2- Specific and required	62.26	70.34	74.48	59.63	n/s	57.03	52.97	32.52	45.66	n/s
			33.00	23.14	19.21	35.10		38.98	41.66	59.25	48.66	
			4.74	6.52	6.31	5.26		3.99	5.38	8.23	5.67	
E94*	Audience and frequency of reporting	0-Not mentioned/no policy 1- Suggested 2- Specific and required	59.25	80.06	76.30	61.85	<.05	57.41	57.46	57.18	59.77	n/s
			23.88	11.75	1.46	9.61		25.59	30.18	13.08	12.63	
			16.87	8.19	22.24	28.54		17.00	12.36	29.74	27.60	

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Bridging the Gap Weighted District-level Wellness Policy Data by Grade Level and Majority Race/Ethnicity, SY 06-07 and 07-08

(Items with * are included in Monograph)

			High School - Race/Ethnicity									
			SY 06-07					SY 07-08				
			% of districts (weighted by grade level)					% of districts (weighted by grade level)				
Variable	Description	Responses	Maj White	Maj Black	Maj Latino	Diverse	Sig X ²	Maj White	Maj Black	Maj Latino	Diverse	Sig X ²
E95*	Funding support	0-Not mentioned/no policy	93.12	96.62	95.31	94.28	n/s	94.21	93.94	97.74	95.81	n/s
		1- Suggested	5.97	0.15	4.69	3.47		5.20	3.04	2.26	3.43	
		2- Identifies a specific source of funding	0.91	3.22	0.00	2.25		0.59	3.01	0.00	0.77	
E96*	Plan for revising the policy	0-Not mentioned/no policy	68.26	84.15	90.10	72.54	<.05	66.44	77.44	83.91	72.82	n/s
		1- Suggested	10.22	2.08	0.68	3.08		8.39	2.26	0.91	3.67	
		2- Specific and required	21.52	13.77	9.22	24.39		25.17	20.30	15.18	23.51	
E100	Requires district to report to the state	0-Not mentioned/no policy	99.97	100.00	100.00	100.00	n/s	99.96	100.00	100.00	100.00	n/s
		1- Yes	0.03	0.00	0.00	0.00		0.04	0.00	0.00	0.00	

LEGEND:

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Bridging the Gap Weighted District-level Wellness Policy Data by Grade Level and SES, SY 06-07 and 07-08

(Items with * are included in Monograph)

Note 1: Data have been recoded to reflect only policies in effect as of day after Labor Day for each SY

(proxy for first day of SY as per FW requirement)

Note 2: Weighted data adjusted for non-response

Note 3: SES data based on tertiles of free- and reduced-price lunch

Note 4: Significance levels in these tables are based on bivivariate analyses only. Full monograph

highlights significant multivariate findings.

Variable	Description	Responses	Elementary School - SES							
			SY 06-07				SY 07-08			
			% of districts (weighted by grade level)				% of districts (weighted by grade level)			
			Hi SES	Med SES	Lo SES	Sig X ²	Hi SES	Med SES	Lo SES	Sig X ²
NUTRITION EDUCATION										
NE1*	FW: Nutrition education goal	0-No goal/policy 1-NE goal suggested or repeats FW language 2-NE goal specified	19.43	20.69	23.45	n/s	13.94	7.86	15.99	n/s
			3.07	1.01	0.52		1.29	2.59	2.93	
			77.50	78.29	76.04		84.77	89.55	81.08	
NE2*	Nutrition education curriculum	0-Not mentioned/no policy 1-Curriculum reqd/suggested, not clear all grades 2-Clear NE curriculum, all grades	38.08	35.48	38.81	n/s	33.78	26.56	36.06	<.1
			36.85	26.30	31.14		44.71	35.66	30.17	
			25.07	38.22	30.05		21.50	37.78	33.77	
NE3	Nutrition education within larger school community	0-Not mentioned/no policy 1-Vague/suggested 2-Yes, with specific strategies	36.53	38.39	38.93	n/s	36.11	32.64	34.91	n/s
			50.54	51.90	52.63		50.47	57.58	55.59	
			12.93	9.72	8.44		13.42	9.78	9.50	
NE4	Nutrition education beyond school environment	0-Not mentioned/no policy 1-Vague/suggested 2-Yes, with specific strategies	61.75	55.57	50.88	<.05	60.89	54.17	49.21	<.1
			31.27	29.91	44.56		31.13	34.66	47.51	
			6.98	14.52	4.56		7.98	11.18	3.28	
NE5	Nutrition education training for teachers	0-Not mentioned/no policy 1-Vague/suggested or just a subset of teachers 2-Required for all teachers	67.43	68.41	73.63	n/s	67.32	67.82	69.58	n/s
			26.08	25.05	18.61		25.04	25.70	25.14	
			6.48	6.54	7.76		7.64	6.48	5.29	
NE6*	Nutrition education integrated into other subjects	0-Not mentioned/no policy 1-Vague/suggested 2-Required	49.47	59.04	55.85	n/s	55.14	56.81	48.47	n/s
			14.63	15.69	13.53		14.29	15.30	18.42	
			35.91	25.27	30.62		30.57	27.89	33.12	
NE7*	Nutrition education teaches behavior-focused skills	0-Not mentioned/no policy 1-Vague/suggested 2-Required	39.84	32.82	34.39	n/s	36.09	26.18	29.71	n/s
			15.80	19.59	15.55		17.54	23.82	24.08	
			44.37	47.59	50.05		46.37	50.00	46.21	

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Bridging the Gap Weighted District-level Wellness Policy Data by Grade Level and SES, SY 06-07 and 07-08

(Items with * are included in Monograph)

			Elementary School - SES							
			SY 06-07				SY 07-08			
			% of districts (weighted by grade level)				% of districts (weighted by grade level)			
Variable	Description	Responses	Hi SES	Med SES	Lo SES	Sig X ²	Hi SES	Med SES	Lo SES	Sig X ²
NE8	Number of nutrition education courses/hours	0-Not mentioned/no policy	100.00	95.84	98.23	n/s	99.46	95.75	97.93	n/s
		1-Vague/suggested or not all grades	0.00	1.96	1.77		0.00	1.77	2.07	
		2-Specified	0.00	2.20	0.00		0.54	2.48	0.00	
NE9	Nutrition education quality	0-Not mentioned/no policy	43.01	45.40	49.65	n/s	36.64	37.88	46.92	n/s
		1-Vague/suggested	22.23	18.74	9.77		23.70	20.65	11.33	
		2-Curriculum aligned with benchmarks/standards, sequential	34.76	35.86	40.58		39.66	41.47	41.75	
SCHOOL MEALS										
US10*	FW: Guidelines for school meals are not less restrictive than federal requirements	0-No goal/policy	25.54	26.91	27.68	n/s	22.21	13.06	17.41	n/s
		1-Should/strive to meet federal school meals regs	3.64	1.12	0.09		4.07	3.21	0.12	
		2-Will meet federal school meal regulations	70.82	71.97	72.23		73.71	83.73	82.47	
US11*	School Breakfast Program	0-Not mentioned/no policy	46.47	45.66	41.81	n/s	47.23	34.40	30.62	n/s
		1-Suggests/promotes general breakfast program or encourages healthy breakfast	17.08	12.17	19.02		13.78	18.55	16.33	
		2-Clearly offers national SBP	36.45	42.18	39.17		38.98	47.05	53.05	
US12	Summer Food Service Program	0-Not mentioned/no policy	97.96	97.39	94.03	<.1	98.20	94.53	90.12	<.05
		1-Suggests/promotes general summer food program	1.08	0.23	3.13		0.84	1.39	2.13	
		2-Clearly offers national Summer Food Program	0.96	2.38	2.84		0.96	4.08	7.75	
US13*	Specifies guidelines beyond US Dietary Guidelines	0-Not mentioned/no policy	60.66	63.04	57.86	n/s	67.58	53.48	49.50	<.1
		1-Vague/suggested or meet Dietary Guidelines	32.47	26.72	32.88		26.01	35.69	36.92	
		2-Clearly exceed Dietary Guidelines	6.87	10.23	9.26		6.41	10.83	13.59	
US14	Using low-fat versions of foods/cooking methods	0-Not mentioned/no policy	88.84	88.86	76.89	<.1	88.47	83.91	78.01	n/s
		1-Vague/suggested	7.82	7.93	19.14		9.40	12.64	18.87	
		2-Specific and required	3.34	3.21	3.97		2.13	3.46	3.12	
US15	Strategies to increase participation in school meal programs	0-Not mentioned/no policy	61.06	56.83	65.66	n/s	64.08	52.05	64.28	n/s
		1-Vague/suggested	23.61	27.78	18.25		25.04	31.40	21.12	
		2-Specific and required	15.33	15.39	16.09		10.88	16.56	14.59	

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			SY 06-07				SY 07-08			
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Variable	Description	Responses	Hi SES	Med SES	Lo SES	Sig X ²	Hi SES	Med SES	Lo SES	Sig X ²
US16	Optimizes meal scheduling	0-Not mentioned/no policy	64.81	67.65	68.63	n/s	59.54	58.95	63.69	n/s
		1-Vague/suggested	29.40	22.21	26.37		31.39	29.99	28.74	
		2-Specific and required	5.79	10.14	5.00		9.07	11.06	7.57	
US17*	Adequate time to eat (≥20 mins for lunch; ≥ 10 mins for breakfast)	0-Not mentioned/no policy	50.29	49.85	57.37	n/s	48.08	38.84	50.30	n/s
		1-Vague/suggested or < time guidelines	33.92	36.21	36.10		38.05	44.82	40.44	
		2-Required	15.79	13.95	6.53		13.88	16.35	9.26	
US18	Hand-washing	0-Not mentioned/no policy	80.91	76.77	91.48	<.05	80.89	76.57	87.35	n/s
		1-Vague/suggested	2.43	3.73	0.02		3.55	3.63	0.48	
		2-Ensures assistance with hand-washing/facilitating	16.66	19.50	8.50		15.56	19.80	12.17	
US19	Nutrition qualifications of meal staff	0-Not mentioned/no policy	77.39	77.26	79.20	n/s	77.20	75.19	74.80	n/s
		1-Vague/suggested	0.07	1.53	2.00		0.64	1.11	0.16	
		2-Required	22.54	21.20	18.80		22.17	23.71	25.03	
US20	Training for food service staff	0-Not mentioned/no policy	75.33	65.79	78.89	<.05	67.76	60.74	71.92	n/s
		1-Vague/suggested	22.34	28.05	11.22		29.40	28.70	20.03	
		2-Required	2.33	6.16	9.89		2.85	10.57	8.05	
US21	School meal environment	0-Not mentioned/no policy	51.96	42.61	54.78	n/s	45.23	35.81	51.76	n/s
		1-Vague/suggested	1.50	3.34	5.52		3.79	7.55	4.49	
		2-Requires specifics strategies	46.54	54.05	39.70		50.98	56.64	43.74	
US22*	Nutrition information for school meals	0-Not mentioned/no policy	79.87	81.97	83.10	n/s	81.91	80.41	82.50	n/s
		1-Vague/suggested	7.87	8.85	5.87		6.42	7.91	5.81	
		2-Specific and required	12.26	9.17	11.03		11.68	11.69	11.69	
US38a	Farm-to-school program	0-Not mentioned/no policy	95.57	96.77	93.70	n/s	94.42	91.99	92.63	n/s
		1-Vague/suggested	3.98	3.23	6.24		5.19	7.23	7.28	
		2-Specific and required	0.45	0.00	0.07		0.39	0.79	0.10	
COMPETITIVE FOODS										
NG23*	FW: Nutrition guidelines for all foods outside of the school meal program during the SD	0-No goal/policy	18.41	21.94	24.60	n/s	17.77	9.34	14.23	n/s
		1-Suggested or only meet Dietary Guidelines	33.99	26.15	28.35		35.81	34.16	27.48	
		2-Required/definitively in place	47.60	51.91	47.05		46.41	56.50	58.28	

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			SY 06-07				SY 07-08			
			% of districts (weighted by grade level)				% of districts (weighted by grade level)			
			Hi SES	Med SES	Lo SES	Sig X ²	Hi SES	Med SES	Lo SES	Sig X ²
<i>Access Restrictions</i>										
NG23b	Competitive food and beverage ban	0-Not mentioned/no policy	91.62	85.10	83.22	n/s	93.88	79.99	79.20	<.05
		1-Suggested or only applies to food (not bev) or visa versa	8.08	14.81	15.53		5.83	18.28	17.57	
		2-Required	0.29	0.09	1.25		0.29	1.73	3.22	
NG23c	Nutrition guidelines apply to vending contracts	0-Not mentioned/no policy	86.97	89.05	84.49	n/s	86.64	81.64	80.41	n/s
		1-Suggested/encouraged	2.15	2.21	3.15		3.10	2.21	5.22	
		2-Required	10.88	8.74	12.36		10.26	16.15	14.38	
NG24*	Vending machines	0-Not mentioned/no policy	31.11	32.85	39.05	<.1	31.96	23.37	23.31	n/s
		1-Suggested/limited restrictions	39.49	45.21	25.27		37.05	46.53	35.17	
		2-Ban or all F&B must meet guidelines	29.40	21.94	35.67		30.99	30.10	41.52	
NG25*	School stores	0-Not mentioned/no policy	35.23	36.90	43.74	<.01	34.82	29.52	30.31	n/s
		1-Suggested/limited restrictions	45.63	45.36	22.93		40.67	45.18	31.25	
		2-Ban or all F&B must meet guidelines	19.15	17.74	33.33		24.51	25.30	38.45	
NG26*	A la carte	0-Not mentioned/no policy	31.26	32.89	43.28	<.1	30.14	23.65	30.90	n/s
		1-Suggested/limited restrictions	55.08	52.81	36.03		48.89	57.33	44.52	
		2-Ban or all F&B must meet guidelines	13.67	14.29	20.69		20.97	19.02	24.58	
NG27*	Class parties and celebrations	0-Not mentioned/no policy	44.78	49.27	52.45	n/s	41.88	43.94	35.32	n/s
		1-Suggested/limited restrictions	55.08	50.62	46.10		57.77	55.49	62.64	
		2-Ban or all F&B must meet guidelines	0.14	0.12	1.45		0.36	0.56	2.04	
NG28	Food from home for whole class	0-Not mentioned/no policy	44.01	49.06	52.45	n/s	41.49	42.89	35.32	n/s
		1-Suggested/limited restrictions	55.08	50.83	46.10		57.77	56.54	62.64	
		2-Ban or all F&B must meet guidelines	0.91	0.12	1.45		0.74	0.56	2.04	
NG29	Food before school	0-Not mentioned/no policy	82.77	87.45	78.43	n/s	83.82	83.10	72.76	n/s
		1-Suggested/limited restrictions	9.17	9.83	11.21		8.61	11.15	13.42	
		2-Nutrition guidelines apply to before school sales	8.06	2.72	10.37		7.57	5.75	13.82	

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			SY 06-07				SY 07-08			
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			Hi SES	Med SES	Lo SES	Sig X ²	Hi SES	Med SES	Lo SES	Sig X ²
NG30	Food after school	0-Not mentioned/no policy	89.37	92.03	86.49	n/s	89.36	89.70	82.42	n/s
		1-Suggested/limited restrictions	6.15	6.79	5.06		6.32	5.89	8.54	
		2-Nutrition guidelines apply to after school sales	4.47	1.18	8.45		4.32	4.41	9.04	
NG31	Food at evening/community events	0-Not mentioned/no policy	85.10	85.43	80.33	n/s	87.03	85.05	74.98	<.1
		1-Suggested/limited restrictions	14.71	13.64	18.29		12.80	13.38	22.17	
		2-Nutrition guidelines apply	0.19	0.94	1.38		0.17	1.57	2.84	
NG32	Fundraisers	0-Not mentioned/no policy	51.58	62.03	59.98	n/s	52.06	47.59	48.20	n/s
		1-Limited restrictions or only fundraisers during SD	48.42	36.67	38.00		47.66	49.53	46.97	
		2-Nutrition guidelines apply to all fundraisers	0.00	1.31	2.03		0.28	2.88	4.83	
NG40*	Use of food as a reward/punishment	0-Not mentioned/no policy or encourages healthy food as reward	64.90	69.06	83.52	<.01	65.35	61.57	78.89	<.05
		1-Discourage food as a reward/prohibit as punishment	23.07	25.83	10.16		25.19	32.73	13.76	
		2-Prohibits using food as a reward/punishment	12.03	5.11	6.31		9.45	5.70	7.34	
Content Restrictions										
NG33*	Sugar content of Foods	0-Not mentioned/no policy	60.22	68.48	67.36	<.01	57.22	54.33	51.68	n/s
		1-Suggested/limited restrictions	31.49	21.41	11.58		29.62	29.06	25.70	
		2-Specific and required OR competitive food ban	8.29	10.11	21.05		13.15	16.62	22.62	
NG34*	Fat content of foods	0-Not mentioned/no policy	46.51	43.84	49.89	<.01	47.24	35.81	36.92	n/s
		1-Suggested/limited restrictions	36.54	37.97	17.17		28.65	37.53	26.20	
		2-Specific and required OR competitive food ban	16.95	18.19	32.94		24.12	26.66	36.88	
NG35	Sodium content of foods	0-Not mentioned/no policy	73.59	68.01	76.50	n/s	77.23	69.75	66.46	n/s
		1-Suggested/limited restrictions	23.35	26.53	15.15		18.15	23.34	22.14	
		2-Specific and required OR competitive food ban	3.06	5.47	8.35		4.62	6.91	11.39	
NG36*	Calorie content per serving size	0-Not mentioned/no policy	88.02	86.46	83.54	n/s	83.30	79.14	81.39	n/s
		1-Suggested/limited restrictions	9.16	9.79	9.91		4.81	8.53	6.51	
		2-Specific and required OR competitive food ban	2.82	3.75	6.54		11.89	12.33	12.10	
NG37	Serving size of foods	0-Not mentioned/no policy	65.32	67.89	72.16	<.1	66.81	64.04	69.63	<.01
		1-Suggested/limited restrictions	22.22	13.84	7.21		22.64	13.59	6.67	
		2-Specific and required OR competitive food ban	12.47	18.26	20.63		10.55	22.37	23.70	

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			SY 06-07				SY 07-08			
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			Hi SES	Med SES	Lo SES	Sig X ²	Hi SES	Med SES	Lo SES	Sig X ²
NG38	Whole/unprocessed & fresh food availability	0-Not mentioned/no policy	51.52	51.80	61.07	<.1	54.98	46.01	52.24	n/s
		1-Suggested	35.60	36.46	36.60		34.96	41.54	42.19	
		2-Specific and required	12.89	11.75	2.33		10.06	12.44	5.57	
NG39	Ingredients with questionable effects (e.g., trans fats, artificial sweeteners)	0-Not mentioned/no policy	74.79	78.68	87.22	<.1	71.04	68.08	74.15	n/s
		1-Suggested/limited restrictions	20.46	16.64	6.69		22.09	24.77	17.89	
		2-Specific and required or competitive food ban	4.75	4.68	6.08		6.87	7.15	7.95	
NG41*	Nutrition information provided for competitive foods	0-Not mentioned/no policy	90.30	95.57	94.59	<.05	91.51	92.57	93.21	n/s
		1-Suggested	3.96	3.67	0.27		4.06	3.82	0.85	
		2-Specific and required or competitive food ban	5.74	0.76	5.15		4.43	3.60	5.93	
NG42	Sugar content of beverages	0-Not mentioned/no policy	56.82	65.24	58.47	n/s	55.77	58.36	53.03	n/s
		1-Suggested/limited restrictions	32.76	27.94	29.90		29.68	34.46	29.66	
		2-Specific and required or competitive food ban	10.42	6.82	11.63		14.55	7.18	17.31	
NG43	Fat content of beverages	0-Not mentioned/no policy	74.84	79.54	70.39	n/s	76.82	76.08	69.44	n/s
		1-Suggested/limited restrictions	16.51	16.31	20.22		12.41	18.30	18.04	
		2-Specific and required or competitive food ban	8.65	4.15	9.38		10.77	5.62	12.51	
NG44*	Calorie content of beverages	0-Not mentioned/no policy	95.79	95.54	94.76	n/s	93.00	91.45	94.48	n/s
		1-Suggested/limited restrictions	3.92	4.17	3.75		6.71	6.59	4.23	
		2-Specific and required or competitive food ban	0.29	0.29	1.50		0.29	1.96	1.29	
NG45*	Regular soda	0-Not mentioned/no policy	51.18	58.33	54.26	n/s	53.06	50.59	37.90	n/s
		1-Suggested/limited restrictions	17.45	12.83	11.47		16.49	13.17	19.31	
		2-Banned	31.37	28.84	34.26		30.45	36.25	42.80	
NG46*	Beverages (other than soda) with added caloric sweeteners	0-Not mentioned/no policy	65.51	69.09	68.82	n/s	64.34	62.06	60.11	n/s
		1-Suggested/limited restrictions	22.34	24.78	22.62		21.49	31.28	25.83	
		2-Banned	12.15	6.14	8.56		14.17	6.66	14.06	
NG47	Sugar/calorie content of milk	0-Not mentioned/no policy	84.18	83.10	82.60	n/s	87.88	80.55	81.62	<.05
		1-Suggested/limited restrictions	5.81	8.01	1.54		4.75	7.78	1.18	
		2-Specific and required limit or competitive food ban	10.00	8.90	15.86		7.37	11.67	17.20	

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NG48*	Fat content of milk	0-Not mentioned/no policy 1-Suggested/limited restrictions 2-Specific and required limit or competitive food ban	78.83 17.34 3.83	73.78 23.31 2.90	75.81 20.00 4.20	n/s	77.76 19.24 3.00	68.67 26.55 4.78	69.78 21.59 8.63	n/s
NG49	Serving size limit for beverages	0-Not mentioned/no policy 1-Suggested/limited restrictions 2-Specific and required OR competitive food ban	65.22 28.70 6.08	75.54 20.67 3.78	71.70 19.16 9.13	n/s	66.63 24.31 9.06	72.41 14.26 13.32	71.86 7.37 20.77	<.01
NG50*	Caffeine content of beverages	0-Not mentioned/no policy 1-Suggested/limited restrictions 2-Specific and required OR competitive food ban	65.51 19.66 14.83	69.14 21.63 9.23	66.87 16.22 16.91	n/s	67.13 9.21 23.65	65.52 14.52 22.96	60.95 5.16 33.89	<.1
NG51*	Availability of free drinking water throughout the school and school day	0-Not mentioned/no policy 1-Suggested/encouraged 2-Free water is always available	87.47 3.43 9.10	86.04 1.07 12.89	91.41 2.08 6.51	n/s	85.04 2.82 12.14	86.32 1.43 12.25	91.52 2.26 6.22	n/s
PHYSICAL EDUCATION (PE)										
PE52a*	PE addressed in district policy	0-Not mentioned/no policy 1-Definitively addressed	27.52 72.48	23.81 76.19	30.11 69.89	n/s	19.24 80.76	9.51 90.49	21.98 78.02	n/s
PE52	PE curriculum all grades	0-Not mentioned/no policy 1-Suggested/encouraged 2-Clear curriculum-all grades	47.67 17.02 35.30	41.53 15.49 42.98	51.08 9.98 38.93	n/s	41.33 15.73 42.94	32.66 18.45 48.89	51.09 13.17 35.74	n/s
PE53*	Time requirements for PE:	0-Not mentioned/no policy	82.56	76.64	71.55	<.1	81.37	73.83	72.18	<.1
PE54*	≥ 150 mins/week (ES)	1- < NASPE standards or specifies days (not duration)	17.01	22.06	23.53		17.91	24.81	22.04	
PE55*	≥ 225 mins/week (MS/HS)	2- ≥ NASPE standards	0.43	1.30	4.92		0.72	1.35	5.78	
PE56*	PE teaches physically active lifestyle	0-Not mentioned/no policy 1- Suggested/encouraged 2- Required	44.69 8.32 47.00	39.12 8.87 52.00	51.12 9.14 39.75	n/s	35.69 6.47 57.84	30.53 8.03 61.44	49.08 11.26 39.65	<.05
PE57	PE competency (skills, knowledge) assessment	0-Not mentioned/no policy 1- Suggested/encouraged 2- Required	62.22 7.27 30.51	60.02 6.95 33.03	62.72 14.01 23.27	n/s	54.65 7.59 37.77	53.09 9.61 37.31	62.40 16.78 20.82	<.05

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Variable	Description	Responses	Elementary School - SES							
			SY 06-07				SY 07-08			
			% of districts (weighted by grade level)				% of districts (weighted by grade level)			
			Hi SES	Med SES	Lo SES	Sig X ²	Hi SES	Med SES	Lo SES	Sig X ²
PE58	PE quality	0-Not mentioned/no policy 1- Suggested/encouraged 2- Curriculum aligned with stds/benchmarks, sequential	53.85	55.17	56.07	n/s	45.47	44.52	56.83	n/s
			14.56	5.33	8.24		11.51	9.97	12.25	
			31.59	39.50	35.69		43.02	45.51	30.92	
PE59	Inclusive play	0-Not mentioned/no policy 1- Suggested/encouraged 2- Required	60.37	55.47	63.64	n/s	50.76	48.35	66.65	<.05
			4.62	6.64	5.71		4.23	5.54	7.56	
			35.01	37.89	30.65		45.01	46.11	25.78	
PE60	PE courses/credits required for graduation	0-Not mentioned/no policy 1- Suggested/encouraged 2- Required	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
PE61	Daily PE requirement	0-Not mentioned/no policy 1- Suggested/encouraged 2- Required	91.59	92.81	84.26	n/s	89.86	89.94	84.47	<.05
			2.82	5.05	10.25		2.47	7.23	13.50	
			5.59	2.14	5.49		7.68	2.83	2.03	
PE62	Teacher-student ratio for PE	0-Not mentioned/no policy 1- Suggested 2- Specific and required	93.31	85.97	92.20	n/s	94.11	83.02	91.43	<.01
			5.70	14.03	6.21		4.94	16.45	6.23	
			0.99	0.00	1.59		0.94	0.53	2.34	
PE63	Safe/adequate equipment/facilities	0-Not mentioned/no policy 1- Suggested 2- Specific and required	88.38	82.58	90.63	n/s	86.03	80.08	87.62	n/s
			4.95	5.86	3.05		5.38	9.16	5.88	
			6.67	11.55	6.32		8.58	10.75	6.49	
PE64*	Moderate-to-vigorous activity	0-Not mentioned/no policy 1- Moderate-to-vigorous activity addressed but <50% time or not specified 2- ≥ 50% class time devoted to moderate-to-vigorous activity	73.36	70.96	69.75	n/s	70.06	66.55	67.28	n/s
			18.33	22.66	21.12		17.98	27.05	20.92	
			8.30	6.38	9.12		11.96	6.40	11.80	
PE65*	Qualifications of PE instructors	0-Not mentioned/no policy 1- Suggested 2- Requires PE to be taught by qualified instructors	73.22	65.24	80.10	n/s	71.97	60.62	75.89	<.1
			6.85	7.75	4.99		8.40	7.59	4.44	
			19.93	27.01	14.91		19.63	31.79	19.67	

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Bridging the Gap Weighted District-level Wellness Policy Data by Grade Level and SES, SY 06-07 and 07-08

(Items with * are included in Monograph)

			Elementary School - SES							
			SY 06-07				SY 07-08			
			% of districts (weighted by grade level)				% of districts (weighted by grade level)			
Variable	Description	Responses	Hi SES	Med SES	Lo SES	Sig X ²	Hi SES	Med SES	Lo SES	Sig X ²
PE66	Training for PE instructors	0-Not mentioned/no policy	86.95	83.68	82.05	<.05	87.37	80.72	80.12	<.05
		1- Suggested or training for teachers generally (not PE-specific)	5.17	2.50	10.83		4.61	5.52	14.51	
		2- Provision of PE training for PE instructors	7.87	13.82	7.12		8.02	13.76	5.37	
PE67	Prohibits waivers for PE	0-Not mentioned/no policy	94.07	89.77	90.59	n/s	91.91	89.24	90.38	n/s
		1- Suggested	2.13	5.47	3.04		4.90	3.74	3.47	
		2- PE waivers prohibited	3.79	4.77	6.37		3.18	7.02	6.14	
PE68	Annual health assessment	0-Not mentioned/no policy	78.21	74.75	84.60	n/s	72.93	69.26	79.34	n/s
		1- Suggested/vague	21.79	25.25	15.04		26.83	30.74	20.45	
		2- Specific and required	0.00	0.00	0.36		0.24	0.00	0.22	
PE68a* (ch. 7 of mono)	BMI	0-Not mentioned/no policy	86.80	85.24	90.17	n/s	85.02	78.55	86.74	n/s
		1- BMI suggested (with or without reporting)	13.14	14.76	8.63		14.91	21.21	12.17	
		2- BMI required without reporting	0.06	0.00	0.84		0.07	0.25	0.87	
		3- BMI required with reporting	0.00	0.00	0.36		0.00	0.00	0.22	
PHYSICAL ACTIVITY (PA)										
PA69*	FW: Physical activity (PA) goals	0- No goal/policy	19.28	22.49	23.00	n/s	14.14	10.35	14.45	n/s
		1- PA goal suggested or repeats FW language	1.97	1.66	0.75		0.42	2.98	2.75	
		2- PA goal specified	78.76	75.85	76.26		85.43	86.67	82.79	
PA70*	PA outside of PE for every grade level	0-Not mentioned/no policy	46.10	43.44	36.83	n/s	43.99	33.59	32.23	n/s
		1- Suggested/vague or not clear PA for all grades	26.10	27.30	27.89		26.01	32.22	28.82	
		2- Clear each grade will get PA outside of PE	27.80	29.26	35.28		30.01	34.18	38.95	
PA72*	PA throughout the day	0-Not mentioned/no policy	55.60	52.28	65.37	n/s	55.26	51.14	53.73	n/s
		1- Suggested	33.40	36.04	28.54		35.70	39.41	35.35	
		2- Required	11.01	11.67	6.09		9.05	9.45	10.93	
PA73	Intramurals, interscholastic, extracurricular activities	0-Not mentioned/no policy	64.87	72.85	63.67	n/s	63.76	67.94	59.80	n/s
		1- Suggested	20.20	17.66	22.84		19.26	17.84	21.78	
		2- Required/definitively offered	14.93	9.50	13.49		16.98	14.22	18.42	
PA74	Community use of school facilities for physical activity purposes	0-Not mentioned/no policy	79.37	74.16	76.55	n/s	77.60	63.30	72.32	n/s
		1- Suggested	6.08	10.67	9.60		4.09	10.51	6.63	
		2- Required/definitively in place	14.55	15.17	13.85		18.31	26.20	21.05	

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Variable	Description	Responses	Elementary School - SES							
			SY 06-07				SY 07-08			
			% of districts (weighted by grade level)				% of districts (weighted by grade level)			
			Hi SES	Med SES	Lo SES	Sig X ²	Hi SES	Med SES	Lo SES	Sig X ²
PA75	Safe (active) routes to school (SRTS)	0-Not mentioned/no policy 1- Suggested/encouraged 2- Ensures effort to promote SRTS	86.79	85.55	91.43	n/s	86.42	88.28	88.48	n/s
			3.63	5.26	3.38		4.04	4.17	4.35	
			9.58	9.19	5.19		9.54	7.55	7.17	
PA76*	Not using PA as punishment	0-Not mentioned/no policy 1- Suggested 2- Prohibits PA as punishment	76.41	73.21	86.51	n/s	69.72	68.96	79.72	n/s
			9.31	11.89	5.83		17.63	14.58	9.42	
			14.27	14.90	7.65		12.65	16.46	10.85	
PA77*	Daily recess	0-Not mentioned/no policy 1- Suggested or frequency vague 2- Required	73.60	67.12	76.35	n/s	71.41	69.86	65.60	n/s
			8.24	16.86	10.35		9.42	14.77	13.43	
			18.16	16.02	13.30		19.17	15.37	20.98	
PA78	Recess quality to promote PA	0-Not mentioned/no policy 1- Suggested 2- Specific and required	74.51	71.72	75.39	n/s	68.50	65.93	59.46	n/s
			20.47	26.03	16.72		26.83	32.33	34.09	
			5.02	2.25	7.88		4.67	1.74	6.46	
STAFF PA/WELLNESS/MODELING										
PA71	PA opportunities for school staff	0-Not mentioned/no policy 1- Suggested 2- Required	91.35	89.97	79.51	<.1	86.81	87.11	82.82	n/s
			5.32	5.64	15.49		8.31	8.18	15.51	
			3.33	4.39	4.99		4.88	4.71	1.67	
CP80	Staff wellness programs	0-Not mentioned/no policy 1- Suggested 2- Required/definitively in place	77.25	79.16	78.11	n/s	79.43	73.32	75.83	<.1
			10.37	9.81	14.77		6.77	10.81	17.08	
			12.38	11.04	7.12		13.80	15.87	7.09	
CP82	Staff to role model healthy behaviors	0-Not mentioned/no policy 1- Suggested 2- Require schools to encourage staff modeling	72.57	74.75	65.49	n/s	69.41	66.96	74.67	n/s
			8.00	6.58	9.79		11.52	10.25	6.54	
			19.42	18.67	24.72		19.07	22.79	18.79	
STAKEHOLDER INVOLVEMENT/FEEDBACK										
CP79	FW: Stakeholders involved in development of wellness policy	0-Not mentioned/no policy 1- Suggested or not clear all reqd. stakeholders involved 2- All reqd. stakeholders involved in policy dev.	57.75	55.74	59.50	n/s	63.89	53.51	51.64	<.1
			20.88	16.82	8.96		19.95	14.24	14.94	
			21.36	27.44	31.54		16.16	32.25	33.42	
CP85	Methods to solicit input	0-Not mentioned/no policy 1- Suggested/vague 2- Required and specific	69.76	66.30	61.29	n/s	66.29	58.37	60.97	n/s
			13.83	11.72	17.75		18.03	22.01	20.89	
			16.40	21.97	20.96		15.68	19.61	18.14	

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Variable	Description	Responses	Elementary School - SES							
			SY 06-07				SY 07-08			
			% of districts (weighted by grade level)				% of districts (weighted by grade level)			
			Hi SES	Med SES	Lo SES	Sig X ²	Hi SES	Med SES	Lo SES	Sig X ²
CP86	How to engage parents/ community	0-Not mentioned/no policy 1- Suggested/vague 2- Required and specific	69.46	67.32	69.88	n/s	70.34	63.48	63.93	n/s
			16.67	9.47	9.95		11.47	13.26	9.61	
			13.87	23.20	20.17		18.19	23.26	26.46	
CP87	Content communicated to parents	0-Not mentioned/no policy 1- Suggested/vague 2- Required and specific	52.21	55.27	56.51	n/s	50.26	48.42	47.39	n/s
			25.12	17.26	21.79		23.29	17.95	24.90	
			22.66	27.47	21.69		26.46	33.63	27.72	
CP90*	Ongoing health advisory (ch. 7 of committee mono)	0-Not mentioned/no policy 1- Suggested/vague 2- Required and clearly ongoing	54.27	51.92	54.80	n/s	49.33	41.69	47.18	n/s
			10.39	5.61	10.47		8.22	14.27	14.45	
			35.34	42.47	34.72		42.45	44.04	38.37	
MESSAGING, MARKETING, & PROMOTION										
CP81	Consistency of nutrition messages	0-Not mentioned/no policy 1- Suggested/vague 2-Specific and required	44.26	45.07	51.83	n/s	42.97	35.89	36.87	n/s
			32.09	33.68	27.67		38.20	40.79	41.48	
			23.65	21.24	20.50		18.83	23.31	21.65	
CP83	Responsible for communication	0-Not mentioned/no policy 1- Suggested/vague 2- Specific and required	68.57	66.61	70.98	n/s	65.78	62.11	64.59	n/s
			28.05	24.57	19.99		29.94	29.50	23.05	
			3.39	8.82	9.04		4.28	8.39	12.36	
CP84	Coordinated School Health program	0-Not mentioned/no policy 1- Suggested/vague 2- Definitively in place	84.96	87.02	79.13	n/s	87.19	81.09	78.05	n/s
			4.93	2.00	3.07		3.77	2.70	2.48	
			10.11	10.98	17.80		9.04	16.21	19.48	
CP88*	Marketing healthy choices (ch. 5 of mono)	0-Not mentioned/no policy 1- Suggested/vague 2- Specific and required	74.65	76.56	77.51	n/s	73.14	75.54	78.17	n/s
			13.73	17.71	13.38		14.23	18.07	14.14	
			11.62	5.73	9.11		12.63	6.39	7.69	
CP89*	Advertising/marketing of (ch. 5 of mono)	0-Not mentioned/no policy 1- Suggested prohibition/restricted 2- Prohibited	83.60	89.17	80.75	n/s	84.17	85.39	75.79	<.1
			8.51	2.36	4.25		7.14	1.88	5.01	
			7.89	8.47	15.00		8.69	12.73	19.20	
EVALUATION & IMPLEMENTATION										
E91	FW: Plan for measuring implementation, including designating person responsible	0-Not mentioned/no policy 1- Suggested or does not designate responsible person 2- Specific and required	25.54	26.25	38.59	<.05	28.83	17.43	23.61	n/s
			5.89	8.56	0.92		4.58	8.64	3.40	
			68.57	65.19	60.49		66.59	73.93	72.99	

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Note 1: Data have been recoded to reflect only policies in effect as of day after Labor Day for each SY (proxy for first day of SY as per FW requirement)

Note 2: Weighted data adjusted for non-response

Note 3: SES data based on tertiles of free- and reduced-price lunch

Note 4: Significance levels in these tables are based on bivariate analyses only. Full monograph highlights significant multivariate findings.

Variable	Description	Responses	Middle School - SES							
			SY 06-07				SY 07-08			
			% of districts (weighted by grade level)				% of districts (weighted by grade level)			
			Hi SES	Med SES	Lo SES	Sig X ²	Hi SES	Med SES	Lo SES	Sig X ²
NUTRITION EDUCATION										
NE1*	FW: Nutrition education goal	0-No goal/policy 1-NE goal suggested or repeats FW language 2-NE goal specified	27.53	20.78	23.37	n/s	16.26	8.10	15.08	<.1
			3.05	1.02	0.49		14.76	2.65	2.68	
			69.42	78.20	76.14		68.99	89.25	82.24	
NE2*	Nutrition education curriculum	0-Not mentioned/no policy 1-Curriculum reqd/suggested, not clear all grades 2-Clear NE curriculum, all grades	43.70	35.63	35.50	n/s	44.82	26.01	35.63	n/s
			32.40	26.46	36.22		35.78	36.96	35.42	
			23.89	37.91	28.28		19.40	37.03	28.95	
NE3	Nutrition education within larger school community	0-Not mentioned/no policy 1-Vague/suggested 2-Yes, with specific strategies	43.72	41.72	37.35	n/s	34.57	34.93	32.35	n/s
			43.45	49.97	54.74		52.76	56.85	58.97	
			12.84	8.32	7.91		12.66	8.22	8.68	
NE4	Nutrition education beyond school environment	0-Not mentioned/no policy 1-Vague/suggested 2-Yes, with specific strategies	64.96	55.78	56.40	<.1	67.99	54.16	52.29	<.05
			28.12	29.64	39.32		25.03	34.41	44.71	
			6.93	14.58	4.27		6.98	11.43	3.00	
NE5	Nutrition education training for teachers	0-Not mentioned/no policy 1-Vague/suggested or just a subset of teachers 2-Required for all teachers	75.18	68.70	75.24	n/s	76.85	69.37	71.07	n/s
			18.39	24.73	17.48		16.47	24.00	24.11	
			6.43	6.57	7.28		6.68	6.63	4.83	
NE6*	Nutrition education integrated into other subjects	0-Not mentioned/no policy 1-Vague/suggested 2-Required	57.64	59.29	57.97	n/s	66.72	56.89	53.60	n/s
			13.20	15.75	13.09		11.36	15.65	16.81	
			29.16	24.95	28.94		21.92	27.46	29.58	
NE7*	Nutrition education teaches behavior-focused skills	0-Not mentioned/no policy 1-Vague/suggested 2-Required	42.77	32.95	41.49	n/s	45.17	25.56	34.50	n/s
			13.75	19.67	13.63		14.13	24.36	23.97	
			43.48	47.37	44.88		40.70	50.08	41.54	

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			SY 06-07				SY 07-08			
			% of districts (weighted by grade level)				% of districts (weighted by grade level)			
			Hi SES	Med SES	Lo SES	Sig X ²	Hi SES	Med SES	Lo SES	Sig X ²
NE8	Number of nutrition education courses/hours	0-Not mentioned/no policy	100.00	97.77	99.85	n/s	99.52	97.11	99.68	n/s
		1-Vague/suggested or not all grades	0.00	0.02	0.15		0.00	0.36	0.32	
		2-Specified	0.00	2.21	0.00		0.48	2.53	0.00	
NE9	Nutrition education quality	0-Not mentioned/no policy	47.10	45.59	53.51	n/s	46.73	37.59	53.29	n/s
		1-Vague/suggested	18.17	18.82	8.21		17.73	21.05	10.35	
		2-Curriculum aligned with benchmarks/standards, sequential	34.73	35.59	38.28		35.54	41.36	36.37	
SCHOOL MEALS										
US10*	FW: Guidelines for school meals are not less restrictive than federal requirements	0-No goal/policy	32.91	27.02	27.75	n/s	22.99	12.14	16.38	n/s
		1-Should/strive to meet federal school meals regs	3.62	1.13	0.08		3.56	3.28	0.11	
		2-Will meet federal school meal regulations	63.47	71.85	72.17		73.45	84.58	83.52	
US11*	School Breakfast Program	0-Not mentioned/no policy	49.25	47.64	40.05	n/s	41.91	34.00	28.44	n/s
		1-Suggests/promotes general breakfast program or encourages healthy breakfast	14.76	12.19	25.68		24.59	18.94	21.79	
		2-Clearly offers national SBP	35.98	40.17	34.27		33.50	47.06	49.77	
US12	Summer Food Service Program	0-Not mentioned/no policy	98.40	97.38	94.40	<.1	99.06	94.41	90.97	<.01
		1-Suggests/promotes general summer food program	1.07	0.23	2.93		0.73	1.42	1.94	
		2-Clearly offers national Summer Food Program	0.52	2.39	2.67		0.21	4.17	7.08	
US13*	Specifies guidelines beyond US Dietary Guidelines	0-Not mentioned/no policy	63.80	63.56	55.81	n/s	74.22	53.81	46.37	<.01
		1-Vague/suggested or meet Dietary Guidelines	29.80	26.16	35.51		20.97	35.18	41.22	
		2-Clearly exceed Dietary Guidelines	6.40	10.28	8.68		4.81	11.01	12.42	
US14	Using low-fat versions of foods/cooking methods	0-Not mentioned/no policy	90.56	89.08	73.65	<.05	90.62	84.53	73.78	<.05
		1-Vague/suggested	6.27	7.93	22.63		7.65	12.18	23.37	
		2-Specific and required	3.17	2.99	3.72		1.74	3.29	2.85	
US15	Strategies to increase participation in school meal programs	0-Not mentioned/no policy	62.46	57.07	70.26	n/s	56.37	52.72	67.43	n/s
		1-Vague/suggested	22.32	27.17	17.34		34.11	30.85	19.24	
		2-Specific and required	15.21	15.76	12.40		9.52	16.43	13.33	

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			SY 06-07				SY 07-08			
			% of districts (weighted by grade level)				% of districts (weighted by grade level)			
			Hi SES	Med SES	Lo SES	Sig X ²	Hi SES	Med SES	Lo SES	Sig X ²
US16	Optimizes meal scheduling	0-Not mentioned/no policy	71.93	70.08	64.50	n/s	69.55	62.50	63.14	n/s
		1-Vague/suggested	25.82	22.34	30.97		25.64	29.39	32.27	
		2-Specific and required	2.25	7.58	4.52		4.81	8.11	4.58	
US17*	Adequate time to eat (≥20 mins for lunch; ≥ 10 mins for breakfast)	0-Not mentioned/no policy	54.07	50.06	51.95	n/s	56.75	39.20	46.61	<.1
		1-Vague/suggested or < time guidelines	31.47	36.36	42.03		32.61	45.84	47.75	
		2-Required	14.46	13.58	6.02		10.64	14.95	5.64	
US18	Hand-washing	0-Not mentioned/no policy	82.34	77.09	92.02	<.05	84.85	77.73	89.33	<.1
		1-Vague/suggested	2.35	3.75	0.02		3.04	3.72	0.44	
		2-Ensures assistance with hand-washing/facilitating	15.32	19.16	7.97		12.11	18.56	10.23	
US19	Nutrition qualifications of meal staff	0-Not mentioned/no policy	77.99	77.59	80.27	n/s	80.84	75.69	76.76	n/s
		1-Vague/suggested	0.07	1.54	1.87		0.56	1.13	0.15	
		2-Required	21.94	20.87	17.86		18.60	23.18	23.09	
US20	Training for food service staff	0-Not mentioned/no policy	75.94	65.64	79.97	<.05	71.66	59.84	74.12	<.05
		1-Vague/suggested	21.75	28.17	10.76		26.02	29.35	16.54	
		2-Required	2.31	6.18	9.27		2.33	10.81	9.34	
US21	School meal environment	0-Not mentioned/no policy	54.93	42.79	52.21	n/s	53.42	35.41	48.84	n/s
		1-Vague/suggested	1.49	3.35	5.41		3.32	7.73	4.33	
		2-Requires specifics strategies	43.57	53.85	42.38		43.26	56.87	46.83	
US22*	Nutrition information for school meals	0-Not mentioned/no policy	80.63	82.32	84.15	n/s	85.22	81.09	84.29	n/s
		1-Vague/suggested	7.81	8.89	5.50		5.61	8.09	5.30	
		2-Specific and required	11.56	8.79	10.34		9.17	10.82	10.41	
US38a	Farm-to-school program	0-Not mentioned/no policy	95.60	96.76	94.09	n/s	95.12	91.80	93.27	n/s
		1-Vague/suggested	3.95	3.24	5.85		4.54	7.39	6.64	
		2-Specific and required	0.45	0.00	0.06		0.34	0.80	0.09	
COMPETITIVE FOODS										
NG23*	FW: Nutrition guidelines for all foods outside of the school meal program during the SD	0-No goal/policy	26.52	22.42	25.95	n/s	19.61	9.71	14.22	n/s
		1-Suggested or only meet Dietary Guidelines	28.13	24.03	23.13		40.60	33.29	25.68	
		2-Required/definitively in place	45.35	53.54	50.92		39.79	57.00	60.10	

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Bridging the Gap Weighted District-level Wellness Policy Data by Grade Level and SES, SY 06-07 and 07-08

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Variable	Description	Responses	Middle School - SES							
			SY 06-07				SY 07-08			
			% of districts (weighted by grade level)				% of districts (weighted by grade level)			
			Hi SES	Med SES	Lo SES	Sig X ²	Hi SES	Med SES	Lo SES	Sig X ²
<i>Access Restrictions</i>										
NG23b	Competitive food and beverage ban	0-Not mentioned/no policy	98.91	98.85	99.80	n/s	99.27	97.46	98.62	n/s
		1-Suggested or only applies to food (not bev) or visa versa	1.09	1.15	0.20		0.73	2.54	1.38	
		2-Required	0.00	0.00	0.00		0.00	0.00	0.00	
NG23c	Nutrition guidelines apply to vending contracts	0-Not mentioned/no policy	92.47	89.01	77.61	<.1	91.90	81.22	75.23	<.05
		1-Suggested/encouraged	2.13	2.22	2.95		2.71	2.27	4.76	
		2-Required	5.40	8.78	19.44		5.38	16.52	20.01	
NG24*	Vending machines	0-Not mentioned/no policy	39.96	33.96	39.58	n/s	32.55	25.63	24.17	n/s
		1-Suggested/limited restrictions	46.20	56.86	48.04		48.98	61.28	56.77	
		2-Ban or all F&B must meet guidelines	13.84	9.18	12.38		18.47	13.09	19.06	
NG25*	School stores	0-Not mentioned/no policy	43.21	38.45	44.16	n/s	34.53	32.67	30.15	n/s
		1-Suggested/limited restrictions	47.01	51.51	45.22		49.27	55.51	52.72	
		2-Ban or all F&B must meet guidelines	9.78	10.04	10.62		16.20	11.82	17.13	
NG26*	A la carte	0-Not mentioned/no policy	39.33	32.91	43.47	n/s	30.50	24.83	30.99	n/s
		1-Suggested/limited restrictions	51.76	54.29	44.79		53.60	60.06	50.98	
		2-Ban or all F&B must meet guidelines	8.91	12.80	11.73		15.91	15.12	18.03	
NG27*	Class parties and celebrations	0-Not mentioned/no policy	51.07	49.60	47.34	n/s	39.80	43.94	33.83	n/s
		1-Suggested/limited restrictions	48.80	50.28	51.30		59.89	55.49	62.32	
		2-Ban or all F&B must meet guidelines	0.14	0.12	1.36		0.31	0.58	3.85	
NG28	Food from home for whole class	0-Not mentioned/no policy	50.30	49.27	47.34	n/s	39.47	43.94	33.83	n/s
		1-Suggested/limited restrictions	48.80	50.62	51.30		59.89	55.49	62.32	
		2-Ban or all F&B must meet guidelines	0.90	0.12	1.36		0.65	0.58	3.85	
NG29	Food before school	0-Not mentioned/no policy	82.72	88.72	80.33	<.1	86.36	82.62	74.90	n/s
		1-Suggested/limited restrictions	11.42	10.09	17.31		7.17	10.95	11.33	
		2-Nutrition guidelines apply to before school sales	5.86	1.19	2.36		6.47	6.42	13.76	

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NG30	Food after school	0-Not mentioned/no policy	90.70	91.86	92.44	n/s	92.12	91.98	89.94	n/s
		1-Suggested/limited restrictions	7.54	6.88	4.80		6.88	5.83	7.84	
		2-Nutrition guidelines apply to after school sales	1.76	1.26	2.76		1.00	2.18	2.22	
NG31	Food at evening/community events	0-Not mentioned/no policy	86.86	86.03	76.25	n/s	89.23	87.26	72.13	<.01
		1-Suggested/limited restrictions	13.14	13.69	22.22		10.72	12.47	27.02	
		2-Nutrition guidelines apply	0.00	0.27	1.53		0.00	0.28	0.85	
NG32	Fundraisers	0-Not mentioned/no policy	53.92	61.55	55.34	n/s	45.70	49.25	45.58	n/s
		1-Limited restrictions or only fundraisers during SD	46.08	37.58	42.76		54.05	49.97	50.00	
		2-Nutrition guidelines apply to all fundraisers	0.00	0.87	1.90		0.25	0.78	4.42	
NG40*	Use of food as a reward/punishment	0-Not mentioned/no policy or encourages healthy food as reward	67.27	68.45	84.55	<.01	70.77	62.07	81.61	<.01
		1-Discourage food as a reward/prohibit as punishment	21.58	26.42	10.43		20.74	33.86	11.38	
		2-Prohibits using food as a reward/punishment	11.15	5.13	5.02		8.49	4.07	7.01	
<i>Content Restrictions</i>										
NG33*	Sugar content of Foods	0-Not mentioned/no policy	61.40	65.82	71.03	n/s	63.70	53.43	51.58	n/s
		1-Suggested/limited restrictions	34.90	26.82	19.31		26.00	32.83	27.85	
		2-Specific and required OR competitive food ban	3.70	7.35	9.66		10.30	13.74	20.57	
NG34*	Fat content of foods	0-Not mentioned/no policy	49.27	41.40	46.19	<.01	55.06	35.59	36.12	<.001
		1-Suggested/limited restrictions	43.13	43.14	25.92		30.88	40.40	22.01	
		2-Specific and required OR competitive food ban	7.60	15.47	27.89		14.06	24.01	41.87	
NG35	Sodium content of foods	0-Not mentioned/no policy	74.03	67.10	79.91	n/s	80.57	71.11	68.20	<.05
		1-Suggested/limited restrictions	24.03	29.21	14.95		16.54	25.11	19.30	
		2-Specific and required OR competitive food ban	1.95	3.69	5.13		2.89	3.78	12.50	
NG36*	Calorie content per serving size	0-Not mentioned/no policy	88.47	86.70	84.83	n/s	85.93	81.96	83.53	n/s
		1-Suggested/limited restrictions	9.02	11.07	9.80		4.21	8.99	5.94	
		2-Specific and required OR competitive food ban	2.51	2.23	5.37		9.86	9.05	10.53	
NG37	Serving size of foods	0-Not mentioned/no policy	71.93	64.65	65.37	<.1	75.86	62.58	62.64	<.01
		1-Suggested/limited restrictions	18.04	16.87	8.75		16.43	15.22	8.06	
		2-Specific and required OR competitive food ban	10.04	18.48	25.88		7.71	22.20	29.30	

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NG38	Whole/unprocessed & fresh food availability	0-Not mentioned/no policy	55.83	50.64	55.58	<.05	63.91	45.14	48.71	<.05
		1-Suggested	31.62	36.73	42.93		27.50	43.60	46.75	
		2-Specific and required	12.55	12.63	1.49		8.59	11.26	4.54	
NG39	Ingredients with questionable effects (e.g., trans fats, artificial sweeteners)	0-Not mentioned/no policy	75.50	74.76	88.68	<.05	75.69	66.22	68.62	n/s
		1-Suggested/limited restrictions	20.31	20.02	6.28		19.17	27.95	22.75	
		2-Specific and required or competitive food ban	4.19	5.22	5.05		5.14	5.84	8.62	
NG41*	Nutrition information provided for competitive foods	0-Not mentioned/no policy	90.63	95.62	96.31	<.1	92.77	93.07	92.88	n/s
		1-Suggested	3.93	3.69	0.25		3.55	3.91	0.78	
		2-Specific and required or competitive food ban	5.44	0.69	3.44		3.68	3.02	6.34	
NG42	Sugar content of beverages	0-Not mentioned/no policy	59.92	61.03	54.65	n/s	62.85	55.51	50.95	n/s
		1-Suggested/limited restrictions	36.69	36.15	42.98		32.51	40.99	39.23	
		2-Specific and required or competitive food ban	3.39	2.82	2.37		4.64	3.50	9.82	
NG43	Fat content of beverages	0-Not mentioned/no policy	82.21	88.19	86.56	n/s	83.90	88.73	87.90	n/s
		1-Suggested/limited restrictions	10.94	9.81	11.49		6.39	8.57	6.55	
		2-Specific and required or competitive food ban	6.85	2.00	1.94		9.70	2.70	5.55	
NG44*	Calorie content of beverages	0-Not mentioned/no policy	96.11	91.62	97.02	n/s	94.13	89.39	95.83	n/s
		1-Suggested/limited restrictions	3.89	8.18	2.57		5.87	10.37	3.91	
		2-Specific and required or competitive food ban	0.00	0.20	0.41		0.00	0.23	0.26	
NG45*	Regular soda	0-Not mentioned/no policy	55.36	56.14	52.48	n/s	61.32	48.61	39.14	<.1
		1-Suggested/limited restrictions	15.21	17.20	13.12		12.89	17.10	15.99	
		2-Banned	29.43	26.66	34.40		25.80	34.29	44.88	
NG46*	Beverages (other than soda) with added caloric sweeteners	0-Not mentioned/no policy	75.50	75.72	89.77	<.05	74.64	76.72	83.64	<.05
		1-Suggested/limited restrictions	20.77	21.53	8.80		21.41	19.90	8.06	
		2-Banned	3.73	2.75	1.43		3.95	3.38	8.29	
NG47	Sugar/calorie content of milk	0-Not mentioned/no policy	86.71	83.12	75.85	n/s	90.48	81.33	76.36	<.05
		1-Suggested/limited restrictions	9.64	13.99	20.57		5.99	16.83	19.76	
		2-Specific and required limit or competitive food ban	3.65	2.89	3.58		3.52	1.84	3.88	

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NG48*	Fat content of milk	0-Not mentioned/no policy	79.91	70.88	79.53	n/s	81.63	66.72	73.04	<.05
		1-Suggested/limited restrictions	17.92	26.94	19.01		16.06	30.70	20.83	
		2-Specific and required limit or competitive food ban	2.18	2.18	1.46		2.11	2.58	6.12	
NG49	Serving size limit for beverages	0-Not mentioned/no policy	71.83	72.33	64.38	n/s	75.29	69.63	65.90	<.01
		1-Suggested/limited restrictions	23.99	23.36	29.18		18.53	17.46	8.85	
		2-Specific and required OR competitive food ban	4.18	4.30	6.45		6.17	12.91	25.25	
NG50*	Caffeine content of beverages	0-Not mentioned/no policy	76.16	78.52	91.40	<.05	77.82	77.17	86.78	<.05
		1-Suggested/limited restrictions	19.23	13.68	4.87		13.87	14.04	2.76	
		2-Specific and required OR competitive food ban	4.61	7.80	3.73		8.31	8.79	10.46	
NG51*	Availability of free drinking water throughout the school and school day	0-Not mentioned/no policy	88.26	85.98	91.94	n/s	87.42	86.01	92.26	n/s
		1-Suggested/encouraged	3.40	1.08	1.95		2.47	1.47	2.06	
		2-Free water is always available	8.34	12.94	6.10		10.11	12.53	5.68	
PHYSICAL EDUCATION (PE)										
PE52a*	PE addressed in district policy	0-Not mentioned/no policy	34.88	25.30	26.94	n/s	19.95	10.87	20.55	n/s
		1-Definitively addressed	65.12	74.70	73.06		80.05	89.13	79.45	
PE52	PE curriculum all grades	0-Not mentioned/no policy	51.32	43.09	54.94	n/s	51.45	34.55	54.12	n/s
		1-Suggested/encouraged	18.22	15.84	8.49		14.36	18.47	13.93	
		2-Clear curriculum-all grades	30.47	41.07	36.57		34.19	46.99	31.94	
PE53*	Time requirements for PE: ≥ 150 mins/week (ES) ≥ 225 mins/week (MS/HS)	0-Not mentioned/no policy	83.16	80.20	75.01	n/s	83.76	78.35	76.69	n/s
PE54*		1- < NASPE standards or specifies days (not duration)	15.80	18.59	20.42		15.11	20.47	20.07	
PE55*		2- ≥ NASPE standards	1.04	1.21	4.57		1.13	1.18	3.24	
PE56*	PE teaches physically active lifestyle	0-Not mentioned/no policy	49.56	40.63	54.23	n/s	33.42	32.31	53.41	<.1
		1- Suggested/encouraged	7.61	6.41	6.01		18.90	6.23	7.05	
		2- Required	42.83	52.95	39.77		47.68	61.46	39.54	
PE57	PE competency (skills, knowledge) assessment	0-Not mentioned/no policy	66.24	59.53	65.77	n/s	62.77	53.10	63.73	<.05
		1- Suggested/encouraged	7.02	6.91	12.42		6.34	9.76	17.54	
		2- Required	26.74	33.57	21.81		30.89	37.14	18.73	

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PE58	PE quality	0-Not mentioned/no policy	57.94	55.25	59.52	n/s	54.74	44.75	58.88	n/s
		1- Suggested/encouraged	14.45	5.08	6.78		10.08	8.71	13.15	
		2- Curriculum aligned with stds/benchmarks, sequential	27.61	39.67	33.70		35.19	46.55	27.97	
PE59	Inclusive play	0-Not mentioned/no policy	64.41	55.16	65.70	n/s	59.37	48.47	67.42	<.1
		1- Suggested/encouraged	4.22	3.90	2.66		3.54	3.41	5.73	
		2- Required	31.38	40.94	31.63		37.09	48.12	26.84	
PE60	PE courses/credits required for graduation	0-Not mentioned/no policy	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
		1- Suggested/encouraged								
		2- Required								
PE61	Daily PE requirement	0-Not mentioned/no policy	93.22	94.41	86.46	<.05	78.39	95.47	87.48	n/s
		1- Suggested/encouraged	0.25	3.72	6.07		14.06	3.20	8.52	
		2- Required	6.53	1.87	7.47		7.54	1.32	4.00	
PE62	Teacher-student ratio for PE	0-Not mentioned/no policy	92.95	85.44	94.07	<.1	94.55	83.17	91.85	<.05
		1- Suggested	6.07	14.09	5.86		4.63	16.31	7.91	
		2- Specific and required	0.98	0.48	0.07		0.82	0.51	0.23	
PE63	Safe/adequate equipment/facilities	0-Not mentioned/no policy	88.11	82.03	90.81	n/s	87.48	79.63	86.99	n/s
		1- Suggested	5.27	5.89	2.86		5.01	8.86	7.08	
		2- Specific and required	6.62	12.08	6.33		7.51	11.51	5.93	
PE64*	Moderate-to-vigorous activity	0-Not mentioned/no policy	75.43	70.84	64.50	n/s	74.62	66.38	63.00	n/s
		1- Moderate-to-vigorous activity addressed but <50% time or not specified	16.49	22.76	26.94		14.99	27.16	28.20	
		2- ≥ 50% class time devoted to moderate-to-vigorous activity	8.08	6.41	8.55		10.39	6.47	8.80	
PE65*	Qualifications of PE instructors	0-Not mentioned/no policy	73.66	65.53	81.35	n/s	75.98	58.79	79.27	<.05
		1- Suggested	6.47	7.13	4.74		7.34	7.24	6.59	
		2- Requires PE to be taught by qualified instructors	19.87	27.34	13.91		16.68	33.97	14.14	

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PE66	Training for PE instructors	0-Not mentioned/no policy	87.44	83.61	83.07	<.05	89.42	81.50	82.26	<.05
		1- Suggested or training for teachers generally (not PE-specific)	4.75	2.62	10.26		3.56	5.77	12.83	
		2- Provision of PE training for PE instructors	7.81	13.77	6.67		7.02	12.73	4.90	
PE67	Prohibits waivers for PE	0-Not mentioned/no policy	96.34	95.95	93.64	n/s	97.74	94.45	95.29	n/s
		1- Suggested	0.05	1.14	1.77		0.06	1.01	1.67	
		2- PE waivers prohibited	3.60	2.92	4.60		2.20	4.54	3.04	
PE68	Annual health assessment	0-Not mentioned/no policy	77.69	73.30	84.43	n/s	75.26	68.18	79.55	n/s
		1- Suggested/vague	22.25	26.70	15.21		24.28	31.82	20.21	
		2- Specific and required	0.06	0.00	0.36		0.46	0.00	0.24	
PE68a* (ch. 7 of mono)	BMI	0-Not mentioned/no policy	86.55	84.97	90.58	n/s	87.19	78.33	86.24	n/s
		1- BMI suggested (with or without reporting)	13.08	15.03	8.29		12.55	21.41	12.77	
		2- BMI required without reporting	0.00	0.00	0.79		0.00	0.25	0.80	
		3- BMI required with reporting	0.37	0.00	0.34		0.26	0.00	0.20	
PHYSICAL ACTIVITY (PA)										
PA69*	FW: Physical activity (PA) goals	0- No goal/policy	27.38	22.58	23.36	n/s	16.43	9.91	14.84	n/s
		1- PA goal suggested or repeats FW language	1.95	2.20	0.30		0.37	3.04	2.51	
		2- PA goal specified	70.67	75.22	76.35		83.20	87.04	82.65	
PA70*	PA outside of PE for every grade level	0-Not mentioned/no policy	54.80	44.24	41.56	<.1	42.37	35.14	38.69	n/s
		1- Suggested/vague or not clear PA for all grades	26.93	26.79	18.80		37.31	31.43	22.19	
		2- Clear each grade will get PA outside of PE	18.27	28.97	39.63		20.33	33.43	39.11	
PA72*	PA throughout the day	0-Not mentioned/no policy	63.87	54.23	68.41	n/s	53.21	53.66	57.77	n/s
		1- Suggested	30.25	38.21	26.24		42.17	40.12	34.38	
		2- Required	5.87	7.56	5.35		4.62	6.22	7.85	
PA73	Intramurals, interscholastic, extracurricular activities	0-Not mentioned/no policy	63.74	66.56	61.82	n/s	50.22	62.64	61.75	n/s
		1- Suggested	20.44	20.85	18.84		32.11	19.55	20.33	
		2- Required/definitively offered	15.81	12.60	19.34		17.67	17.82	17.92	
PA74	Community use of school facilities for physical activity purposes	0-Not mentioned/no policy	80.74	74.05	78.01	n/s	81.73	62.46	73.63	<.05
		1- Suggested	4.82	10.71	9.00		2.24	10.75	6.05	
		2- Required/definitively in place	14.44	15.23	12.98		16.03	26.80	20.33	

LEGEND:

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Bridging the Gap Weighted District-level Wellness Policy Data by Grade Level and SES, SY 06-07 and 07-08

(Items with * are included in Monograph)

Variable	Description	Responses	Middle School - SES							
			SY 06-07				SY 07-08			
			% of districts (weighted by grade level)				% of districts (weighted by grade level)			
			Hi SES	Med SES	Lo SES	Sig X ²	Hi SES	Med SES	Lo SES	Sig X ²
PA75	Safe (active) routes to school (SRTS)	0-Not mentioned/no policy 1- Suggested/encouraged 2- Ensures effort to promote SRTS	88.00	83.64	92.45	n/s	89.29	87.77	92.62	n/s
			3.61	7.13	2.68		3.51	4.51	2.82	
			8.39	9.23	4.86		7.20	7.72	4.57	
PA76*	Not using PA as punishment	0-Not mentioned/no policy 1- Suggested 2- Prohibits PA as punishment	78.48	74.92	88.69	n/s	75.92	72.15	82.92	n/s
			9.07	11.88	3.90		14.67	13.93	7.82	
			12.45	13.20	7.41		9.41	13.92	9.26	
PA77*	Daily recess	0-Not mentioned/no policy 1- Suggested or frequency vague 2- Required	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
PA78	Recess quality to promote PA	0-Not mentioned/no policy 1- Suggested 2- Specific and required	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
STAFF PA/WELLNESS/MODELING										
PA71	PA opportunities for school staff	0-Not mentioned/no policy 1- Suggested 2- Required	91.84	89.93	80.56	<.1	89.22	86.81	84.09	n/s
			4.86	5.67	14.76		6.51	8.36	14.38	
			3.31	4.40	4.68		4.27	4.82	1.53	
CP80	Staff wellness programs	0-Not mentioned/no policy 1- Suggested 2- Required/definitively in place	79.35	79.07	79.48	n/s	83.22	73.93	77.92	<.05
			8.79	9.85	13.85		5.34	11.06	17.58	
			11.86	11.08	6.67		11.44	15.01	4.50	
CP82	Staff to role model healthy behaviors	0-Not mentioned/no policy 1- Suggested 2- Require schools to encourage staff modeling	72.98	74.64	70.10	n/s	73.36	66.21	76.65	n/s
			7.94	6.61	9.18		9.95	10.48	5.97	
			19.08	18.74	20.72		16.69	23.31	17.38	
STAKEHOLDER INVOLVEMENT/FEEDBACK										
CP79	FW: Stakeholders involved in development of wellness policy	0-Not mentioned/no policy 1- Suggested or not clear all reqd. stakeholders involved 2- All reqd. stakeholders involved in policy dev.	60.99	55.97	57.58	n/s	70.49	53.51	47.63	<.01
			20.30	16.89	8.40		16.66	14.56	13.65	
			18.71	27.14	34.02		12.85	31.93	38.72	
CP85	Methods to solicit input	0-Not mentioned/no policy 1- Suggested/vague 2- Required and specific	71.31	65.85	67.11	n/s	71.54	58.62	64.41	n/s
			13.10	11.77	16.87		15.25	21.82	19.02	
			15.59	22.38	16.02		13.21	19.56	16.58	

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(Items with * are included in Monograph)

Variable	Description	Responses	Middle School - SES							
			SY 06-07				SY 07-08			
			% of districts (weighted by grade level)				% of districts (weighted by grade level)			
			Hi SES	Med SES	Lo SES	Sig X ²	Hi SES	Med SES	Lo SES	Sig X ²
CP86	How to engage parents/ community	0-Not mentioned/no policy 1- Suggested/vague 2- Required and specific	73.98 12.68 13.34	67.61 10.44 21.95	71.53 9.63 18.84	n/s	76.45 8.63 14.92	63.72 14.29 22.00	66.83 11.07 22.10	n/s
CP87	Content communicated to parents	0-Not mentioned/no policy 1- Suggested/vague 2- Required and specific	59.06 19.76 21.18	55.50 17.33 27.17	59.00 20.43 20.57	n/s	59.44 18.85 21.71	48.31 18.36 33.33	50.63 25.81 23.56	n/s
CP90*	Ongoing health advisory (ch. 7 of committee mono)	0-Not mentioned/no policy 1- Suggested/vague 2- Required and clearly ongoing	61.23 10.31 28.46	52.14 5.63 42.23	61.03 10.05 28.92	n/s	46.34 7.06 46.60	41.42 14.60 43.98	50.45 13.42 36.14	n/s
MESSAGING, MARKETING, & PROMOTION										
CP81	Consistency of nutrition messages	0-Not mentioned/no policy 1- Suggested/vague 2-Specific and required	51.39 27.33 21.28	45.26 33.40 21.33	46.76 26.17 27.07	n/s	41.50 43.12 15.38	35.49 40.66 23.85	34.14 39.21 26.65	n/s
CP83	Responsible for communication	0-Not mentioned/no policy 1- Suggested/vague 2- Specific and required	71.30 25.54 3.16	66.89 24.25 8.86	72.56 18.74 8.71	n/s	72.65 23.74 3.61	62.31 29.11 8.59	67.43 21.05 11.52	n/s
CP84	Coordinated School Health program	0-Not mentioned/no policy 1- Suggested/vague 2- Definitively in place	86.77 4.89 8.33	86.96 2.01 11.03	72.35 2.87 24.77	<.05	89.51 3.30 7.19	80.66 2.76 16.58	72.84 2.26 24.90	<.05
CP88*	Marketing healthy choices (ch. 5 of mono)	0-Not mentioned/no policy 1- Suggested/vague 2- Specific and required	75.26 13.20 11.53	76.88 17.26 5.86	78.91 12.55 8.54	n/s	76.20 11.83 11.98	77.26 17.29 5.45	82.05 10.93 7.02	n/s
CP89*	Advertising/marketing of (ch. 5 of mono) unhealthy choices	0-Not mentioned/no policy 1- Suggested prohibition/restricted 2- Prohibited	85.83 7.76 6.41	89.55 2.37 8.09	81.72 3.98 14.30	n/s	88.51 5.35 6.14	87.34 1.92 10.74	76.56 5.67 17.77	<.1
EVALUATION & IMPLEMENTATION										
E91	FW: Plan for measuring implementation, including designating person responsible	0-Not mentioned/no policy 1- Suggested or does not designate responsible person 2- Specific and required	33.60 5.84 60.55	26.36 8.59 65.05	35.29 0.86 63.85	n/s	29.83 4.01 66.16	16.61 8.84 74.55	22.04 3.11 74.85	n/s

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Bridging the Gap Weighted District-level Wellness Policy Data by Grade Level and SES, SY 06-07 and 07-08

(Items with * are included in Monograph)

Note 1: Data have been recoded to reflect only policies in effect as of day after Labor Day for each SY

(proxy for first day of SY as per FW requirement)

Note 2: Weighted data adjusted for non-response

Note 3: SES data based on tertiles of free- and reduced-price lunch

Note 4: Significance levels in these tables are based on bivivariate analyses only. Full monograph

highlights significant multivariate findings.

Variable	Description	Responses	High School - SES							
			SY 06-07				SY 07-08			
			% of districts (weighted by grade level)				% of districts (weighted by grade level)			
			Hi SES	Med SES	Lo SES	Sig X ²	Hi SES	Med SES	Lo SES	Sig X ²
NUTRITION EDUCATION										
NE1*	FW: Nutrition education goal	0-No goal/policy	29.82	19.81	31.02	n/s	16.36	8.50	24.99	n/s
		1-NE goal suggested or repeats FW language	3.27	1.01	0.50		1.44	0.62	2.76	
		2-NE goal specified	66.92	79.18	68.49		82.20	90.88	72.25	
NE2*	Nutrition education curriculum	0-Not mentioned/no policy	47.62	36.96	42.98	n/s	37.52	30.04	43.17	n/s
		1-Curriculum reqd/suggested, not clear all grades	30.90	23.63	34.73		40.76	34.06	34.60	
		2-Clear NE curriculum, all grades	21.48	39.40	22.30		21.72	35.90	22.23	
NE3	Nutrition education within larger school community	0-Not mentioned/no policy	43.13	39.98	45.13	n/s	31.66	34.60	43.04	n/s
		1-Vague/suggested	43.78	51.61	47.13		51.43	56.59	50.24	
		2-Yes, with specific strategies	13.09	8.41	7.73		16.91	8.81	6.72	
NE4	Nutrition education beyond school environment	0-Not mentioned/no policy	67.45	58.16	62.99	n/s	59.08	58.04	60.59	n/s
		1-Vague/suggested	24.56	27.37	32.99		30.40	29.97	36.63	
		2-Yes, with specific strategies	7.98	14.47	4.02		10.53	11.99	2.78	
NE5	Nutrition education training for teachers	0-Not mentioned/no policy	74.43	66.43	77.97	n/s	72.68	66.72	73.38	n/s
		1-Vague/suggested or just a subset of teachers	18.83	27.06	14.60		19.09	26.32	21.65	
		2-Required for all teachers	6.74	6.51	7.42		8.23	6.96	4.97	
NE6*	Nutrition education integrated into other subjects	0-Not mentioned/no policy	61.90	55.58	66.31	n/s	61.98	55.36	61.69	n/s
		1-Vague/suggested	9.90	15.13	9.19		11.80	15.89	13.87	
		2-Required	28.21	29.29	24.50		26.22	28.75	24.44	
NE7*	Nutrition education teaches behavior-focused skills	0-Not mentioned/no policy	44.88	29.72	49.85	n/s	32.58	24.93	45.33	n/s
		1-Vague/suggested	15.30	17.27	12.53		17.16	20.69	20.34	
		2-Required	39.82	53.01	37.62		50.26	54.38	34.34	

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Variable	Description	Responses	High School - SES							
			SY 06-07				SY 07-08			
			% of districts (weighted by grade level)				% of districts (weighted by grade level)			
			Hi SES	Med SES	Lo SES	Sig X ²	Hi SES	Med SES	Lo SES	Sig X ²
NE8	Number of nutrition education courses/hours	0-Not mentioned/no policy	99.91	97.57	98.46	n/s	99.01	96.70	98.80	n/s
		1-Vague/suggested or not all grades	0.09	0.50	1.54		0.27	0.92	1.20	
		2-Specified	0.00	1.92	0.00		0.72	2.38	0.00	
NE9	Nutrition education quality	0-Not mentioned/no policy	51.53	47.03	61.15	n/s	39.65	40.14	61.16	<.1
		1-Vague/suggested	16.38	13.49	7.12		20.62	16.90	9.42	
		2-Curriculum aligned with benchmarks/standards, sequential	32.09	39.49	31.73		39.73	42.96	29.42	
SCHOOL MEALS										
US10*	FW: Guidelines for school meals are not less restrictive than federal requirements	0-No goal/policy	34.94	26.36	35.42	n/s	22.95	13.12	26.66	n/s
		1-Should/strive to meet federal school meals regs	1.89	1.12	0.09		3.16	1.29	0.11	
		2-Will meet federal school meal regulations	63.16	72.53	64.50		73.90	85.59	73.23	
US11*	School Breakfast Program	0-Not mentioned/no policy	51.80	51.17	44.50	n/s	50.14	39.46	38.18	n/s
		1-Suggests/promotes general breakfast program or encourages healthy breakfast	16.34	11.95	26.21		11.58	17.55	22.46	
		2-Clearly offers national SBP	31.86	36.89	29.29		38.28	42.99	39.37	
US12	Summer Food Service Program	0-Not mentioned/no policy	98.83	97.40	94.44	<.05	98.72	94.13	90.85	<.05
		1-Suggests/promotes general summer food program	0.56	0.23	2.99		0.50	1.49	2.00	
		2-Clearly offers national Summer Food Program	0.60	2.37	2.57		0.78	4.38	7.15	
US13*	Specifies guidelines beyond US Dietary Guidelines	0-Not mentioned/no policy	64.41	66.12	59.15	n/s	65.53	57.17	50.83	n/s
		1-Vague/suggested or meet Dietary Guidelines	28.22	23.68	33.12		27.22	31.28	39.40	
		2-Clearly exceed Dietary Guidelines	7.37	10.20	7.73		7.25	11.55	9.76	
US14	Using low-fat versions of foods/cooking methods	0-Not mentioned/no policy	89.79	89.17	75.95	<.05	89.23	84.11	76.68	n/s
		1-Vague/suggested	6.55	7.93	21.76		8.14	12.53	21.08	
		2-Specific and required	3.66	2.90	2.29		2.62	3.36	2.24	
US15	Strategies to increase participation in school meal programs	0-Not mentioned/no policy	67.97	57.08	73.96	n/s	62.97	53.67	71.54	n/s
		1-Vague/suggested	17.26	27.28	14.90		24.77	29.09	15.42	
		2-Specific and required	14.78	15.64	11.15		12.26	17.24	13.04	

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			SY 06-07				SY 07-08			
			% of districts (weighted by grade level)				% of districts (weighted by grade level)			
			Hi SES	Med SES	Lo SES	Sig X ²	Hi SES	Med SES	Lo SES	Sig X ²
US16	Optimizes meal scheduling	0-Not mentioned/no policy 1-Vague/suggested 2-Specific and required	71.26 27.35 1.39	70.32 22.16 7.52	66.88 29.87 3.25	n/s	64.52 31.97 3.51	60.66 30.83 8.51	66.19 30.46 3.35	n/s
US17*	Adequate time to eat (≥20 mins for lunch; ≥ 10 mins for breakfast)	0-Not mentioned/no policy 1-Vague/suggested or < time guidelines 2-Required	56.41 30.25 13.34	50.54 35.98 13.48	56.61 39.00 4.40	n/s	51.45 38.17 10.39	39.96 44.35 15.69	51.40 44.48 4.11	n/s
US18	Hand-washing	0-Not mentioned/no policy 1-Vague/suggested 2-Ensures assistance with hand-washing/facilitating	86.24 1.67 12.09	77.27 3.72 19.01	93.23 0.02 6.76	<.01	84.95 3.61 11.44	76.64 3.90 19.47	90.08 0.45 9.47	<.05
US19	Nutrition qualifications of meal staff	0-Not mentioned/no policy 1-Vague/suggested 2-Required	76.86 0.08 23.06	77.61 1.53 20.86	81.33 1.91 16.76	n/s	71.63 0.84 27.53	74.30 1.19 24.51	80.17 0.16 19.68	n/s
US20	Training for food service staff	0-Not mentioned/no policy 1-Vague/suggested 2-Required	76.39 20.81 2.81	66.17 27.70 6.14	81.70 10.01 8.29	<.05	65.99 29.79 4.22	61.78 30.54 7.68	77.10 14.44 8.46	<.1
US21	School meal environment	0-Not mentioned/no policy 1-Vague/suggested 2-Requires specifics strategies	57.73 1.52 40.75	42.98 4.75 52.27	55.37 5.52 39.11	n/s	44.48 4.70 50.81	35.59 5.52 58.89	53.00 4.46 42.54	n/s
US22*	Nutrition information for school meals	0-Not mentioned/no policy 1-Vague/suggested 2-Specific and required	82.91 4.99 12.10	82.45 8.82 8.72	87.77 4.86 7.37	n/s	80.91 6.45 12.64	80.16 8.48 11.35	86.62 4.98 8.41	n/s
US38a	Farm-to-school program	0-Not mentioned/no policy 1-Vague/suggested 2-Specific and required	96.63 2.85 0.52	96.79 3.21 0.00	95.30 4.63 0.06	n/s	94.83 4.66 0.52	95.05 4.10 0.84	94.38 5.53 0.09	n/s
COMPETITIVE FOODS										
NG23*	FW: Nutrition guidelines for all foods outside of the school meal program during the SD	0-No goal/policy 1-Suggested or only meet Dietary Guidelines 2-Required/definitively in place	29.79 30.80 39.42	22.00 28.93 49.07	34.92 23.34 41.74	n/s	22.70 33.51 43.78	10.65 37.08 52.26	24.67 24.93 50.40	n/s

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			SY 06-07				SY 07-08			
			% of districts (weighted by grade level)				% of districts (weighted by grade level)			
			Hi SES	Med SES	Lo SES	Sig X ²	Hi SES	Med SES	Lo SES	Sig X ²
<i>Access Restrictions</i>										
NG23b	Competitive food and beverage ban	0-Not mentioned/no policy	98.74	99.20	99.91	n/s	98.90	97.79	98.71	n/s
		1-Suggested or only applies to food (not bev) or visa versa	1.26	0.80	0.09		1.10	2.21	1.29	
		2-Required	0.00	0.00	0.00		0.00	0.00	0.00	
NG23c	Nutrition guidelines apply to vending contracts	0-Not mentioned/no policy	92.56	84.55	78.48	n/s	91.40	80.35	75.79	n/s
		1-Suggested/encouraged	1.21	2.20	3.02		2.29	2.38	4.91	
		2-Required	6.22	13.25	18.50		6.31	17.28	19.30	
NG24*	Vending machines	0-Not mentioned/no policy	43.20	33.01	48.56	n/s	35.01	25.57	38.50	n/s
		1-Suggested/limited restrictions	46.40	61.62	42.69		53.14	65.74	49.01	
		2-Ban or all F&B must meet guidelines	10.40	5.37	8.75		11.86	8.69	12.49	
NG25*	School stores	0-Not mentioned/no policy	48.53	38.59	53.24	n/s	39.03	33.43	44.66	n/s
		1-Suggested/limited restrictions	43.39	55.19	39.75		50.32	59.21	44.48	
		2-Ban or all F&B must meet guidelines	8.08	6.21	7.02		10.65	7.36	10.86	
NG26*	A la carte	0-Not mentioned/no policy	43.88	33.09	50.71	n/s	36.49	25.20	42.97	n/s
		1-Suggested/limited restrictions	49.04	55.97	41.15		53.30	61.55	45.27	
		2-Ban or all F&B must meet guidelines	7.09	10.93	8.15		10.22	13.25	11.77	
NG27*	Class parties and celebrations	0-Not mentioned/no policy	50.61	48.35	52.73	n/s	46.26	44.73	43.46	n/s
		1-Suggested/limited restrictions	49.24	51.53	46.82		53.50	54.67	52.57	
		2-Ban or all F&B must meet guidelines	0.16	0.11	0.45		0.24	0.60	3.97	
NG28	Food from home for whole class	0-Not mentioned/no policy	49.72	48.35	52.73	n/s	45.76	44.73	43.46	n/s
		1-Suggested/limited restrictions	49.24	51.53	46.82		53.50	54.67	52.57	
		2-Ban or all F&B must meet guidelines	1.04	0.11	0.45		0.75	0.60	3.97	
NG29	Food before school	0-Not mentioned/no policy	87.74	89.58	85.70	n/s	85.00	86.82	80.21	n/s
		1-Suggested/limited restrictions	9.84	9.99	12.83		9.81	10.86	11.97	
		2-Nutrition guidelines apply to before school sales	2.42	0.43	1.48		5.18	2.32	7.82	

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			SY 06-07				SY 07-08			
			% of districts (weighted by grade level)				% of districts (weighted by grade level)			
			Hi SES	Med SES	Lo SES	Sig X ²	Hi SES	Med SES	Lo SES	Sig X ²
NG30	Food after school	0-Not mentioned/no policy	89.30	92.17	92.29	n/s	89.31	91.86	89.64	n/s
		1-Suggested/limited restrictions	8.89	6.58	4.89		9.40	6.12	8.08	
		2-Nutrition guidelines apply to after school sales	1.81	1.25	2.82		1.29	2.02	2.28	
NG31	Food at evening/community events	0-Not mentioned/no policy	85.77	86.67	78.28	n/s	84.87	87.10	72.47	<.1
		1-Suggested/limited restrictions	14.23	13.06	20.16		15.13	12.61	26.66	
		2-Nutrition guidelines apply	0.00	0.27	1.56		0.00	0.29	0.87	
NG32	Fundraisers	0-Not mentioned/no policy	55.63	59.42	61.06	n/s	51.68	47.82	52.33	n/s
		1-Limited restrictions or only fundraisers during SD	44.37	39.72	37.00		47.94	51.36	43.11	
		2-Nutrition guidelines apply to all fundraisers	0.00	0.86	1.94		0.38	0.82	4.55	
NG40*	Use of food as a reward/punishment	0-Not mentioned/no policy or encourages healthy food as reward	68.64	68.69	86.31	<.01	64.31	60.21	84.47	<.001
		1-Discourage food as a reward/prohibit as punishment	19.10	26.21	9.90		24.90	35.52	11.54	
		2-Prohibits using food as a reward/punishment	12.26	5.09	3.79		10.79	4.27	3.99	
Content Restrictions										
NG33*	Sugar content of Foods	0-Not mentioned/no policy	68.61	67.92	77.79	<.05	62.80	56.40	59.32	n/s
		1-Suggested/limited restrictions	30.76	26.44	14.84		33.17	35.22	27.67	
		2-Specific and required OR competitive food ban	0.63	5.64	7.37		4.03	8.38	13.02	
NG34*	Fat content of foods	0-Not mentioned/no policy	54.55	45.22	55.18	<.05	49.05	39.96	45.54	<.05
		1-Suggested/limited restrictions	40.33	41.09	20.19		41.24	40.88	20.81	
		2-Specific and required OR competitive food ban	5.12	13.69	24.63		9.71	19.15	33.65	
NG35	Sodium content of foods	0-Not mentioned/no policy	76.50	70.99	85.74	<.05	76.98	73.67	75.22	<.1
		1-Suggested/limited restrictions	23.50	26.82	10.06		21.78	24.29	16.42	
		2-Specific and required OR competitive food ban	0.00	2.19	4.20		1.24	2.04	8.35	
NG36*	Calorie content per serving size	0-Not mentioned/no policy	94.89	89.48	93.58	<.1	89.60	85.48	87.96	n/s
		1-Suggested/limited restrictions	4.44	9.97	3.43		4.85	9.64	3.96	
		2-Specific and required OR competitive food ban	0.67	0.56	2.99		5.55	4.88	8.08	
NG37	Serving size of foods	0-Not mentioned/no policy	74.75	62.24	68.99	<.1	72.21	58.68	67.35	<.1
		1-Suggested/limited restrictions	15.92	20.89	6.97		19.29	19.11	8.31	
		2-Specific and required OR competitive food ban	9.32	16.87	24.03		8.50	22.21	24.35	

LEGEND:

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Bridging the Gap Weighted District-level Wellness Policy Data by Grade Level and SES, SY 06-07 and 07-08

(Items with * are included in Monograph)

Variable	Description	Responses	High School - SES							
			SY 06-07				SY 07-08			
			% of districts (weighted by grade level)				% of districts (weighted by grade level)			
			Hi SES	Med SES	Lo SES	Sig X ²	Hi SES	Med SES	Lo SES	Sig X ²
NG38	Whole/unprocessed & fresh food availability	0-Not mentioned/no policy	58.78	53.70	60.91	n/s	54.95	48.50	54.23	n/s
		1-Suggested	31.11	33.77	37.57		34.25	39.69	41.10	
		2-Specific and required	10.11	12.53	1.52		10.80	11.81	4.68	
NG39	Ingredients with questionable effects (e.g., trans fats, artificial sweeteners)	0-Not mentioned/no policy	78.33	75.99	89.17	<.1	73.94	65.20	70.33	n/s
		1-Suggested/limited restrictions	19.28	19.80	7.11		23.43	29.39	22.86	
		2-Specific and required or competitive food ban	2.39	4.22	3.71		2.63	5.41	6.81	
NG41*	Nutrition information provided for competitive foods	0-Not mentioned/no policy	88.33	95.66	96.23	<.05	88.77	92.73	92.66	n/s
		1-Suggested	5.40	3.66	0.26		5.68	4.10	0.80	
		2-Specific and required or competitive food ban	6.27	0.68	3.51		5.55	3.17	6.54	
NG42	Sugar content of beverages	0-Not mentioned/no policy	66.93	63.31	62.29	n/s	62.03	58.88	58.56	n/s
		1-Suggested/limited restrictions	30.58	34.17	36.63		34.43	38.34	34.96	
		2-Specific and required or competitive food ban	2.49	2.52	1.08		3.53	2.77	6.48	
NG43	Fat content of beverages	0-Not mentioned/no policy	81.57	88.91	88.66	n/s	82.44	88.87	90.69	n/s
		1-Suggested/limited restrictions	12.96	9.38	10.17		10.27	9.20	7.10	
		2-Specific and required or competitive food ban	5.48	1.70	1.17		7.29	1.94	2.21	
NG44*	Calorie content of beverages	0-Not mentioned/no policy	95.83	92.78	99.34	<.05	93.70	89.80	98.90	<.01
		1-Suggested/limited restrictions	3.03	7.02	0.66		5.04	9.96	1.10	
		2-Specific and required or competitive food ban	1.14	0.20	0.00		1.26	0.24	0.00	
NG45*	Regular soda	0-Not mentioned/no policy	63.09	59.91	66.56	n/s	60.18	52.13	52.81	n/s
		1-Suggested/limited restrictions	19.27	24.60	26.71		23.16	30.69	32.55	
		2-Banned	17.63	15.49	6.73		16.65	17.18	14.64	
NG46*	Beverages (other than soda) with added caloric sweeteners	0-Not mentioned/no policy	80.86	78.05	94.02	<.01	77.59	77.11	88.49	n/s
		1-Suggested/limited restrictions	16.65	19.50	5.84		19.98	20.24	10.21	
		2-Banned	2.49	2.45	0.14		2.43	2.65	1.30	
NG47	Sugar/calorie content of milk	0-Not mentioned/no policy	86.71	85.86	77.74	n/s	89.04	83.19	78.64	n/s
		1-Suggested/limited restrictions	11.11	12.74	19.65		8.43	15.38	19.04	
		2-Specific and required limit or competitive food ban	2.19	1.40	2.61		2.53	1.43	2.32	

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Bridging the Gap Weighted District-level Wellness Policy Data by Grade Level and SES, SY 06-07 and 07-08

(Items with * are included in Monograph)

Variable	Description	Responses	High School - SES							
			SY 06-07			SY 07-08				
			% of districts (weighted by grade level)			% of districts (weighted by grade level)				
			Hi SES	Med SES	Lo SES	Sig X ²	Hi SES	Med SES	Lo SES	Sig X ²
NG48*	Fat content of milk	0-Not mentioned/no policy 1-Suggested/limited restrictions 2-Specific and required limit or competitive food ban	83.66 14.26 2.08	76.58 21.53 1.89	90.37 8.53 1.09	<.1	78.78 18.28 2.94	73.08 24.71 2.20	79.98 14.11 5.91	n/s
NG49	Serving size limit for beverages	0-Not mentioned/no policy 1-Suggested/limited restrictions 2-Specific and required OR competitive food ban	73.29 24.13 2.57	69.82 27.38 2.80	69.57 25.55 4.88	n/s	72.72 21.33 5.96	66.92 20.61 12.47	71.20 8.86 19.94	<.05
NG50*	Caffeine content of beverages	0-Not mentioned/no policy 1-Suggested/limited restrictions 2-Specific and required OR competitive food ban	79.11 16.75 4.14	80.36 13.65 5.99	94.72 4.10 1.19	<.05	80.74 15.60 3.66	77.51 15.03 7.47	90.88 3.79 5.33	<.05
NG51*	Availability of free drinking water throughout the school and school day	0-Not mentioned/no policy 1-Suggested/encouraged 2-Free water is always available	87.56 3.92 8.52	86.09 1.07 12.84	93.45 1.99 4.55	n/s	87.67 3.72 8.61	85.32 1.54 13.14	93.65 2.12 4.23	n/s
PHYSICAL EDUCATION (PE)										
PE52a*	PE addressed in district policy	0-Not mentioned/no policy 1-Definitively addressed	38.27 61.73	24.36 75.64	35.00 65.00	n/s	22.10 77.90	11.47 88.53	30.96 69.04	n/s
PE52	PE curriculum all grades	0-Not mentioned/no policy 1-Suggested/encouraged 2-Clear curriculum-all grades	56.16 20.41 23.43	41.71 18.42 39.87	60.67 12.84 26.49	n/s	45.45 20.49 34.06	34.71 20.33 44.96	61.53 15.73 22.74	<.05
PE53*	Time requirements for PE:	0-Not mentioned/no policy	89.34	84.56	87.63	n/s	84.22	83.21	82.26	n/s
PE54*	≥ 150 mins/week (ES)	1- < NASPE standards or specifies days (not duration)	9.43	9.65	7.85		14.12	11.90	14.24	
PE55*	≥ 225 mins/week (MS/HS)	2- ≥ NASPE standards	1.23	5.78	4.52		1.66	4.88	3.50	
PE56*	PE teaches physically active lifestyle	0-Not mentioned/no policy 1- Suggested/encouraged 2- Required	53.31 7.66 39.03	39.10 6.82 54.08	62.02 4.16 33.81	<.1	40.30 6.92 52.78	31.29 7.02 61.69	59.49 5.60 34.92	<.05
PE57	PE competency (skills, knowledge) assessment	0-Not mentioned/no policy 1- Suggested/encouraged 2- Required	67.05 6.95 26.00	57.59 7.53 34.87	71.99 9.57 18.44	n/s	57.54 9.50 32.96	52.97 7.21 39.82	68.32 15.05 16.63	<.05

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Bridging the Gap Weighted District-level Wellness Policy Data by Grade Level and SES, SY 06-07 and 07-08

(Items with * are included in Monograph)

Variable	Description	Responses	High School - SES							
			SY 06-07			SY 07-08				
			% of districts (weighted by grade level)			% of districts (weighted by grade level)				
			Hi SES	Med SES	Lo SES	Sig X ²	Hi SES	Med SES	Lo SES	Sig X ²
PE58	PE quality	0-Not mentioned/no policy	61.60	54.02	63.86	n/s	48.40	46.73	64.86	<.1
		1- Suggested/encouraged	12.53	4.62	6.45		12.94	6.27	10.12	
		2- Curriculum aligned with stds/benchmarks, sequential	25.87	41.36	29.69		38.66	47.00	25.02	
PE59	Inclusive play	0-Not mentioned/no policy	65.67	53.51	70.25	n/s	53.96	48.24	70.37	<.05
		1- Suggested/encouraged	4.56	3.77	2.59		5.01	3.49	5.78	
		2- Required	29.77	42.72	27.16		41.03	48.27	23.86	
PE60	PE courses/credits required for graduation	0-Not mentioned/no policy	92.33	85.38	87.93	n/s	92.19	85.99	83.58	n/s
		1- Suggested/encouraged	2.50	3.52	3.01		2.07	3.26	6.01	
		2- Required	5.17	11.10	9.06		5.75	10.74	10.41	
PE61	Daily PE requirement	0-Not mentioned/no policy	94.22	97.09	88.36	n/s	94.85	97.43	89.11	<.01
		1- Suggested/encouraged	1.12	1.76	6.40		1.17	1.56	9.01	
		2- Required	4.66	1.16	5.24		3.99	1.01	1.88	
PE62	Teacher-student ratio for PE	0-Not mentioned/no policy	93.10	85.19	94.21	<.1	93.00	82.03	91.84	<.05
		1- Suggested	5.77	14.33	5.79		5.76	17.43	8.01	
		2- Specific and required	1.13	0.47	0.00		1.24	0.54	0.16	
PE63	Safe/adequate equipment/facilities	0-Not mentioned/no policy	86.81	77.18	94.44	<.01	86.18	75.25	89.43	<.1
		1- Suggested	5.56	10.83	1.48		6.53	12.67	6.38	
		2- Specific and required	7.63	11.99	4.08		7.29	12.08	4.19	
PE64*	Moderate-to-vigorous activity	0-Not mentioned/no policy	77.44	71.99	69.01	n/s	69.59	68.93	68.33	n/s
		1- Moderate-to-vigorous activity addressed but <50% time or not specified	16.31	21.91	24.80		19.28	24.56	25.98	
		2- ≥ 50% class time devoted to moderate-to-vigorous activity	6.25	6.10	6.19		11.13	6.51	5.69	
PE65*	Qualifications of PE instructors	0-Not mentioned/no policy	72.93	61.34	83.32	<.05	69.54	53.23	82.07	<.001
		1- Suggested	7.46	7.05	4.08		7.33	7.56	6.19	
		2- Requires PE to be taught by qualified instructors	19.61	31.61	12.60		23.13	39.20	11.74	

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Bridging the Gap Weighted District-level Wellness Policy Data by Grade Level and SES, SY 06-07 and 07-08

(Items with * are included in Monograph)

Variable	Description	Responses	High School - SES							
			SY 06-07 % of districts (weighted by grade level)				SY 07-08 % of districts (weighted by grade level)			
			Hi SES	Med SES	Lo SES	Sig X ²	Hi SES	Med SES	Lo SES	Sig X ²
PE66	Training for PE instructors	0-Not mentioned/no policy	89.61	83.69	85.78	n/s	87.46	84.15	86.62	<.05
		1- Suggested or training for teachers generally (not PE-specific)	2.80	2.65	7.41		4.19	2.50	8.33	
		2- Provision of PE training for PE instructors	7.59	13.66	6.81		8.35	13.35	5.05	
PE67	Prohibits waivers for PE	0-Not mentioned/no policy	97.27	94.19	94.55	n/s	95.89	91.97	95.91	n/s
		1- Suggested	1.20	1.10	0.83		1.35	1.03	1.04	
		2- PE waivers prohibited	1.53	4.71	4.62		2.76	7.00	3.05	
PE68	Annual health assessment	0-Not mentioned/no policy	78.94	76.03	84.07	n/s	74.73	72.53	79.06	n/s
		1- Suggested/vague	20.99	23.97	15.55		24.57	27.47	20.69	
		2- Specific and required	0.07	0.00	0.37		0.70	0.00	0.25	
PE68a* (ch. 7 of mono)	BMI	0-Not mentioned/no policy	89.08	87.68	90.35	n/s	89.07	83.27	85.80	n/s
		1- BMI suggested (with or without reporting)	10.56	12.32	8.50		10.65	16.46	13.18	
		2- BMI required without reporting	0.00	0.00	0.81		0.00	0.27	0.82	
		3- BMI required with reporting	0.36	0.00	0.34		0.29	0.00	0.20	
PHYSICAL ACTIVITY (PA)										
PA69*	FW: Physical activity (PA) goals	0- No goal/policy	30.56	21.35	31.62	n/s	17.67	10.13	25.35	n/s
		1- PA goal suggested or repeats FW language	2.00	1.66	0.30		0.30	1.04	2.59	
		2- PA goal specified	67.44	77.00	68.08		82.03	88.84	72.06	
PA70*	PA outside of PE for every grade level	0-Not mentioned/no policy	54.73	40.90	50.51	n/s	44.72	35.00	51.50	n/s
		1- Suggested/vague or not clear PA for all grades	26.73	27.04	17.66		27.24	31.40	20.52	
		2- Clear each grade will get PA outside of PE	18.54	32.06	31.83		28.05	33.59	27.98	
PA72*	PA throughout the day	0-Not mentioned/no policy	63.24	50.68	72.67	<.1	56.42	48.45	61.89	n/s
		1- Suggested	29.99	42.05	21.94		37.36	45.26	30.10	
		2- Required	6.77	7.28	5.39		6.22	6.29	8.01	
PA73	Intramurals, interscholastic, extracurricular activities	0-Not mentioned/no policy	67.76	67.72	66.93	n/s	57.49	65.74	69.07	n/s
		1- Suggested	19.73	19.72	16.09		24.41	19.16	19.88	
		2- Required/definitively offered	12.51	12.56	16.98		18.09	15.09	11.05	
PA74	Community use of school facilities for physical activity purposes	0-Not mentioned/no policy	82.64	75.49	79.02	n/s	80.89	65.99	73.97	n/s
		1- Suggested	2.13	9.40	8.07		1.96	9.55	5.39	
		2- Required/definitively in place	15.23	15.11	12.91		17.14	24.46	20.64	

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Bridging the Gap Weighted District-level Wellness Policy Data by Grade Level and SES, SY 06-07 and 07-08

(Items with * are included in Monograph)

Variable	Description	Responses	High School - SES							
			SY 06-07				SY 07-08			
			% of districts (weighted by grade level)				% of districts (weighted by grade level)			
			Hi SES	Med SES	Lo SES	Sig X ²	Hi SES	Med SES	Lo SES	Sig X ²
PA75	Safe (active) routes to school (SRTS)	0-Not mentioned/no policy 1- Suggested/encouraged 2- Ensures effort to promote SRTS	90.43	84.02	93.68	n/s	87.47	87.45	93.46	n/s
			1.92	7.08	2.74		4.31	4.73	2.90	
			7.65	8.90	3.59		8.22	7.82	3.64	
PA76*	Not using PA as punishment	0-Not mentioned/no policy 1- Suggested 2- Prohibits PA as punishment	81.24	78.16	90.55	n/s	74.69	74.12	84.20	n/s
			7.52	8.77	2.94		15.30	11.31	7.30	
			11.24	13.07	6.50		10.01	14.57	8.50	
PA77*	Daily recess	0-Not mentioned/no policy 1- Suggested or frequency vague 2- Required	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
PA78	Recess quality to promote PA	0-Not mentioned/no policy 1- Suggested 2- Specific and required	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
STAFF PA/WELLNESS/MODELING										
PA71	PA opportunities for school staff	0-Not mentioned/no policy 1- Suggested 2- Required	92.53	89.84	83.54	n/s	88.36	89.64	86.90	n/s
			5.24	5.79	11.68		9.24	5.31	11.52	
			2.23	4.37	4.78		2.40	5.06	1.58	
CP80	Staff wellness programs	0-Not mentioned/no policy 1- Suggested 2- Required/definitively in place	83.20	79.08	82.05	n/s	81.49	72.46	79.42	<.01
			4.71	9.77	12.47		5.29	11.60	17.26	
			12.09	11.15	5.47		13.21	15.94	3.32	
CP82	Staff to role model healthy behaviors	0-Not mentioned/no policy 1- Suggested 2- Require schools to encourage staff modeling	72.56	74.52	74.62	n/s	65.65	67.83	80.95	n/s
			6.68	6.71	7.96		12.68	11.18	4.75	
			20.76	18.77	17.42		21.67	20.99	14.30	
STAKEHOLDER INVOLVEMENT/FEEDBACK										
CP79	FW: Stakeholders involved in development of wellness policy	0-Not mentioned/no policy 1- Suggested or not clear all reqd. stakeholders involved 2- All reqd. stakeholders involved in policy dev.	61.74	54.58	64.14	n/s	65.64	52.32	54.96	n/s
			17.31	18.36	4.68		15.78	16.17	10.47	
			20.95	27.07	31.19		18.58	31.51	34.57	
CP85	Methods to solicit input	0-Not mentioned/no policy 1- Suggested/vague 2- Required and specific	73.13	68.74	72.26	n/s	67.35	64.77	67.97	n/s
			10.94	11.49	14.32		19.19	16.87	16.27	
			15.94	19.77	13.42		13.47	18.36	15.76	

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(Items with * are included in Monograph)

Variable	Description	Responses	High School - SES							
			SY 06-07			SY 07-08				
			% of districts (weighted by grade level)			% of districts (weighted by grade level)				
			Hi SES	Med SES	Lo SES	Sig X ²	Hi SES	Med SES	Lo SES	Sig X ²
CP86	How to engage parents/ community	0-Not mentioned/no policy 1- Suggested/vague 2- Required and specific	77.88 7.15 14.98	67.69 10.53 21.78	76.91 8.74 14.35	n/s	71.30 8.50 20.20	65.40 11.52 23.08	72.92 10.59 16.49	n/s
CP87	Content communicated to parents	0-Not mentioned/no policy 1- Suggested/vague 2- Required and specific	58.51 19.81 21.67	55.68 17.20 27.12	63.42 19.30 17.29	n/s	50.04 27.23 22.72	49.24 19.26 31.50	55.77 24.32 19.91	n/s
CP90*	Ongoing health advisory (ch. 7 of mono)	0-Not mentioned/no policy 1- Suggested/vague 2- Required and clearly ongoing	62.28 7.51 30.21	52.34 5.40 42.26	66.69 8.35 24.97	n/s	50.16 8.57 41.27	44.17 9.30 46.53	60.16 11.96 27.88	n/s
MESSAGING, MARKETING, & PROMOTION										
CP81	Consistency of nutrition messages	0-Not mentioned/no policy 1- Suggested/vague 2-Specific and required	52.92 27.41 19.68	41.57 37.52 20.91	54.89 20.63 24.49	n/s	44.92 37.66 17.42	32.83 42.43 24.74	45.03 31.06 23.91	n/s
CP83	Responsible for communication	0-Not mentioned/no policy 1- Suggested/vague 2- Specific and required	72.53 25.30 2.17	66.98 24.06 8.96	77.47 15.52 7.01	n/s	66.72 28.87 4.41	63.92 30.54 5.54	73.46 19.19 7.34	n/s
CP84	Coordinated School Health program	0-Not mentioned/no policy 1- Suggested/vague 2- Definitively in place	88.11 4.61 7.28	86.74 1.99 11.26	73.38 3.21 23.41	<.1	87.30 4.00 8.71	82.99 2.90 14.11	74.35 2.61 23.05	n/s
CP88*	Marketing healthy choices (ch. 5 of mono)	0-Not mentioned/no policy 1- Suggested/vague 2- Specific and required	78.59 9.52 11.89	74.65 19.54 5.81	82.03 8.91 9.06	n/s	73.08 10.35 16.57	75.10 18.35 6.56	83.96 8.48 7.57	<.05
CP89*	Advertising/marketing of (ch. 5 of mono)	0-Not mentioned/no policy 1- Suggested prohibition/restricted 2- Prohibited	89.63 7.89 2.48	89.79 2.74 7.47	86.82 4.34 8.84	n/s	87.18 7.77 5.04	90.56 2.22 7.21	80.95 6.12 12.93	n/s
EVALUATION & IMPLEMENTATION										
E91	FW: Plan for measuring implementation, including designating person responsible	0-Not mentioned/no policy 1- Suggested or does not designate responsible person 2- Specific and required	36.05 5.77 58.18	25.25 8.88 65.87	42.98 0.88 56.14	n/s	28.61 5.81 65.58	17.34 7.50 75.16	32.36 3.20 64.44	n/s

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Bridging the Gap Weighted District-level Wellness Policy Data by Grade Level and Locale, SY 06-07 and 07-08

(Items with * are included in Monograph)

Note 1: Data have been recoded to reflect only policies in effect as of day after Labor Day for each SY (proxy for first day of SY as per FW requirement)

Note 2: Weighted data adjusted for non-response

Note 3: Significance levels in these tables are based on bivariate analyses only. Full monograph highlights significant multivariate findings.

			Elementary School - Locale									
			SY 06-07					SY 07-08				
			% of students (weighted by grade level)					% of students (weighted by grade level)				
Variable	Description	Responses	Large to Mid-Size					Large to Mid-Size				
			City	Suburban	Rural	Township	Sig X ²	City	Suburban	Rural	Township	Sig X ²
NUTRITION EDUCATION												
NE1*	FW: Nutrition education goal	0-No goal/policy 1-NE goal suggested or repeats FW language 2-NE goal specified	23.33 3.79 72.89	24.47 0.78 74.75	19.04 2.08 78.88	22.22 0.00 77.78	n/s	14.29 2.39 83.33	14.72 0.63 84.65	13.56 3.26 83.18	7.43 1.51 91.06	n/s
NE2*	Nutrition education curriculum	0-Not mentioned/no policy 1-Curriculum reqd/suggested, not clear all grades 2-Clear NE curriculum, all grades	39.63 33.76 26.62	36.28 26.83 36.88	38.54 29.36 32.10	35.84 38.65 25.51	n/s	31.62 30.49 37.88	29.90 33.19 36.92	35.11 37.74 27.15	28.24 43.59 28.16	n/s
NE3	Nutrition education within larger school community	0-Not mentioned/no policy 1-Vague/suggested 2-Yes, with specific strategies	46.59 47.62 5.79	44.38 46.43 9.18	33.43 53.09 13.48	37.55 55.39 7.07	n/s	32.30 62.24 5.46	47.00 43.68 9.32	35.36 52.93 11.71	18.98 66.86 14.16	<.05
NE4	Nutrition education beyond school environment	0-Not mentioned/no policy 1-Vague/suggested 2-Yes, with specific strategies	65.41 31.14 3.45	66.92 25.17 7.91	48.93 38.89 12.18	56.23 38.88 4.89	<.1	48.36 48.83 2.80	64.12 28.65 7.23	54.65 35.42 9.93	48.46 47.28 4.26	n/s
NE5	Nutrition education training for teachers	0-Not mentioned/no policy 1-Vague/suggested or just a subset of teachers 2-Required for all teachers	60.31 31.08 8.62	70.13 21.43 8.43	68.58 23.42 8.00	76.99 20.78 2.23	n/s	50.37 43.75 5.88	67.34 22.42 10.23	69.90 23.64 6.45	75.71 22.08 2.21	<.1
NE6*	Nutrition education integrated into other subjects	0-Not mentioned/no policy 1-Vague/suggested 2-Required	50.43 17.73 31.84	60.32 13.31 26.37	52.61 12.51 34.88	56.67 18.75 24.57	n/s	40.11 20.95 38.94	63.00 15.55 21.45	53.20 13.47 33.33	51.04 19.84 29.12	n/s
NE7*	Nutrition education teaches behavior-focused skills	0-Not mentioned/no policy 1-Vague/suggested 2-Required	50.43 12.67 36.90	40.42 11.06 48.52	28.90 18.88 52.22	38.64 20.93 40.43	n/s	38.49 17.47 44.04	38.34 12.86 48.80	27.07 25.12 47.81	27.35 26.09 46.56	n/s
NE8	Number of nutrition education courses/hours	0-Not mentioned/no policy 1-Vague/suggested or not all grades 2-Specified	99.50 0.50 0.00	98.94 1.06 0.00	96.94 1.42 1.63	98.57 1.43 0.00	n/s	98.97 1.03 0.00	99.15 0.85 0.00	96.69 1.22 2.09	98.06 1.94 0.00	n/s
NE9	Nutrition education quality	0-Not mentioned/no policy 1-Vague/suggested 2-Curriculum aligned with benchmarks/standards, sequential	49.79 21.24 28.97	42.12 18.57 39.31	47.72 12.86 39.42	45.01 21.67 33.32	n/s	39.81 20.92 39.27	35.88 21.88 42.24	43.97 14.72 41.31	37.49 23.81 38.70	n/s

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Bridging the Gap Weighted District-level Wellness Policy Data by Grade Level and Locale, SY 06-07 and 07-08

(Items with * are included in Monograph)

			Elementary School - Locale									
			SY 06-07					SY 07-08				
			% of students (weighted by grade level)					% of students (weighted by grade level)				
Variable	Description	Responses	Large to Mid-Size					Large to Mid-Size				
			City	Suburban	Rural	Township	Sig X ²	City	Suburban	Rural	Township	Sig X ²
SCHOOL MEALS												
US10*	FW: Guidelines for school meals are not less restrictive than federal requirements	0-No goal/policy 1-Should/strive to meet federal school meals regs 2-Will meet federal school meal regulations	29.62 0.05 70.33	30.45 3.43 66.12	26.21 1.88 71.91	23.41 0.00 76.59	n/s	19.33 0.09 80.58	22.44 3.19 74.37	19.41 3.47 77.12	7.02 0.57 92.41	n/s
US11*	School Breakfast Program	0-Not mentioned/no policy 1-Suggests/promotes general breakfast program or encourages healthy breakfast 2-Clearly offers national SBP	50.27 13.41 36.32	47.14 12.49 40.37	43.77 16.77 39.46	41.93 19.14 38.92	n/s	41.29 11.92 46.80	43.23 8.48 48.28	38.11 19.26 42.63	28.19 20.03 51.78	n/s
US12	Summer Food Service Program	0-Not mentioned/no policy 1-Suggests/promotes general summer food program 2-Clearly offers national Summer Food Program	97.04 1.68 1.29	94.15 1.63 4.22	98.54 0.44 1.02	94.21 3.34 2.45	n/s	85.36 2.40 12.24	93.76 1.31 4.93	97.04 0.80 2.15	93.63 2.66 3.71	<.1
US13*	Specifies guidelines beyond US Dietary Guidelines	0-Not mentioned/no policy 1-Vague/suggested or meet Dietary Guidelines 2-Clearly exceed Dietary Guidelines	60.69 31.63 7.67	59.72 31.78 8.50	59.36 29.95 10.68	64.25 30.15 5.60	n/s	50.22 30.67 19.11	61.75 29.92 8.33	58.91 32.02 9.07	51.21 38.79 10.00	n/s
US14	Using low-fat versions of foods/cooking methods	0-Not mentioned/no policy 1-Vague/suggested 2-Specific and required	80.44 17.05 2.51	89.35 7.47 3.18	82.02 12.44 5.53	88.95 11.05 0.00	n/s	80.21 17.10 2.70	89.06 8.56 2.39	83.94 11.99 4.08	78.09 21.47 0.43	<.1
US15	Strategies to increase participation in school meal programs	0-Not mentioned/no policy 1-Vague/suggested 2-Specific and required	78.27 15.35 6.38	59.34 23.19 17.47	60.79 18.90 20.32	55.70 36.21 8.09	<.05	62.67 15.69 21.64	63.07 22.82 14.11	63.65 22.73 13.62	46.35 43.75 9.89	<.05
US16	Optimizes meal scheduling	0-Not mentioned/no policy 1-Vague/suggested 2-Specific and required	75.18 18.34 6.47	71.26 26.54 2.20	61.69 28.25 10.06	70.49 23.92 5.59	n/s	66.80 18.30 14.90	60.22 34.37 5.41	62.91 27.17 9.92	52.26 38.87 8.86	n/s
US17*	Adequate time to eat (≥20 mins for lunch; ≥ 10 mins for breakfast)	0-Not mentioned/no policy 1-Vague/suggested or < time guidelines 2-Required	59.69 30.55 9.76	57.86 26.28 15.86	49.53 39.24 11.24	50.27 38.46 11.27	n/s	46.00 31.60 22.40	47.71 37.95 14.34	48.34 40.29 11.37	36.92 51.99 11.09	n/s
US18	Hand-washing	0-Not mentioned/no policy 1-Vague/suggested 2-Ensures assistance with hand-washing/facilitating	89.75 1.48 8.76	86.31 2.56 11.13	81.64 2.14 16.23	79.32 1.76 18.92	n/s	76.64 3.14 20.22	84.33 3.16 12.52	83.49 1.92 14.59	75.93 3.33 20.74	n/s
US19	Nutrition qualifications of meal staff	0-Not mentioned/no policy 1-Vague/suggested 2-Required	87.94 0.48 11.58	81.00 2.88 16.12	73.42 1.14 25.44	79.82 0.00 20.18	n/s	74.60 0.49 24.90	81.08 0.12 18.80	74.59 1.16 24.25	73.14 0.00 26.86	n/s

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			City	Suburban	Rural	Township	Sig X ²	City	Suburban	Rural	Township	Sig X ²
US20	Training for food service staff	0-Not mentioned/no policy	81.97	76.26	68.39	76.49	n/s	69.59	71.20	64.01	67.23	n/s
		1-Vague/suggested	11.27	18.22	23.22	21.97		17.39	25.42	27.08	29.53	
		2-Required	6.76	5.52	8.39	1.54		13.02	3.38	8.91	3.24	
US21	School meal environment	0-Not mentioned/no policy	60.60	58.33	44.40	47.47	n/s	49.76	50.32	43.48	35.85	n/s
		1-Vague/suggested	5.08	3.01	3.53	2.90		7.17	4.34	5.62	4.27	
		2-Requires specifics strategies	34.31	38.66	52.07	49.63		43.07	45.33	50.90	59.87	
US22*	Nutrition information for school meals	0-Not mentioned/no policy	87.75	78.63	83.61	77.75	<.1	74.94	79.82	86.92	73.96	<.01
		1-Vague/suggested	2.31	4.40	6.86	14.63		2.00	4.99	5.93	13.65	
		2-Specific and required	9.94	16.98	9.53	7.62		23.06	15.19	7.15	12.39	
US38a	Farm-to-school program	0-Not mentioned/no policy	91.19	95.82	95.48	96.76	n/s	90.42	95.71	92.69	92.23	n/s
		1-Vague/suggested	8.61	3.49	4.52	3.24		9.30	3.69	7.31	6.34	
		2-Specific and required	0.20	0.69	0.00	0.00		0.29	0.59	0.00	1.42	
COMPETITIVE FOODS												
NG23*	FW: Nutrition guidelines for all foods outside of the school meal program during the SD	0-No goal/policy	24.01	24.22	20.35	21.51	n/s	15.89	17.56	15.40	5.00	n/s
		1-Suggested or only meet Dietary Guidelines	33.00	23.32	32.57	26.97		29.07	24.65	36.82	33.17	
		2-Required/definitively in place	42.99	52.46	47.08	51.51		55.04	57.79	47.78	61.83	
<i>Access Restrictions</i>												
NG23b	Competitive food and beverage ban	0-Not mentioned/no policy	83.32	96.81	85.07	81.54	<.05	75.72	96.14	84.38	75.97	<.001
		1-Suggested or only applies to food (not bev) or visa versa	14.69	3.12	14.25	18.46		16.10	3.74	14.68	22.13	
		2-Required	1.98	0.07	0.68	0.00		8.17	0.12	0.94	1.90	
NG23c	Nutrition guidelines apply to vending contracts	0-Not mentioned/no policy	72.13	91.16	89.17	85.03	n/s	73.15	87.31	85.20	77.71	n/s
		1-Suggested/encouraged	4.01	3.16	1.85	2.46		2.78	4.03	2.99	4.47	
		2-Required	23.86	5.68	8.98	12.51		24.07	8.66	11.81	17.82	
NG24*	Vending machines	0-Not mentioned/no policy	35.56	36.06	34.27	32.75	n/s	21.30	29.79	29.54	17.54	<.1
		1-Suggested/limited restrictions	28.62	30.64	40.83	37.92		34.96	26.60	46.10	40.96	
		2-Ban or all F&B must meet guidelines	35.82	33.30	24.89	29.33		43.74	43.62	24.36	41.50	
NG25*	School stores	0-Not mentioned/no policy	36.64	38.98	38.39	40.24	n/s	22.94	32.22	34.77	28.57	n/s
		1-Suggested/limited restrictions	30.85	40.00	40.65	33.86		37.33	35.59	42.64	34.95	
		2-Ban or all F&B must meet guidelines	32.51	21.01	20.96	25.90		39.73	32.20	22.59	36.48	
NG26*	A la carte	0-Not mentioned/no policy	35.77	36.19	34.96	37.73	n/s	21.40	29.32	30.48	25.92	n/s
		1-Suggested/limited restrictions	42.38	46.41	51.62	44.40		47.26	40.99	56.36	47.10	
		2-Ban or all F&B must meet guidelines	21.84	17.40	13.42	17.87		31.34	29.70	13.16	26.98	
NG27*	Class parties and celebrations	0-Not mentioned/no policy	43.99	45.15	51.94	48.86	n/s	28.73	37.12	46.26	37.04	<.05
		1-Suggested/limited restrictions	54.56	54.46	47.76	50.31		65.15	62.20	53.74	62.14	
		2-Ban or all F&B must meet guidelines	1.46	0.39	0.31	0.83		6.13	0.68	0.00	0.82	

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Variable	Description	Responses	Large to Mid-Size					Large to Mid-Size					
			City	Suburban	Rural	Township	Sig X ²	City	Suburban	Rural	Township	Sig X ²	
NG28	Food from home for whole class	0-Not mentioned/no policy	44.40	43.98	51.94	48.33	n/s	29.15	34.83	46.26	37.04	<.05	
		1-Suggested/limited restrictions	54.15	54.46	47.76	50.84		64.72	63.90	53.74	62.14		
		2-Ban or all F&B must meet guidelines	1.46	1.56	0.31	0.83		6.13	1.26	0.00	0.82		
NG29	Food before school	0-Not mentioned/no policy	86.39	77.66	84.75	82.91	n/s	85.18	78.60	81.94	74.09	n/s	
		1-Suggested/limited restrictions	6.70	12.26	10.30	8.90		6.88	11.97	10.08	14.44		
		2-Nutrition guidelines apply to before school sales	6.91	10.08	4.95	8.19		7.94	9.43	7.98	11.47		
NG30	Food after school	0-Not mentioned/no policy	90.05	87.81	88.42	92.56	n/s	88.25	88.39	84.68	92.17	n/s	
		1-Suggested/limited restrictions	2.28	5.86	7.75	4.24		3.84	6.19	8.86	4.27		
		2-Nutrition guidelines apply to after school sales	7.67	6.33	3.83	3.20		7.90	5.42	6.46	3.56		
NG31	Food at evening/community events	0-Not mentioned/no policy	83.17	92.28	80.94	81.15	<.05	75.99	87.96	83.35	77.51	<.001	
		1-Suggested/limited restrictions	13.00	7.72	19.06	16.88		12.37	12.04	16.65	21.19		
		2-Nutrition guidelines apply	3.83	0.00	0.00	1.97		11.64	0.00	0.00	1.31		
NG32	Fundraisers	0-Not mentioned/no policy	58.37	56.66	60.36	54.20	n/s	44.74	44.80	56.08	40.68	<.001	
		1-Limited restrictions or only fundraisers during SD	38.99	43.34	38.56	44.26		40.94	54.61	43.02	56.61		
		2-Nutrition guidelines apply to all fundraisers	2.64	0.00	1.08	1.54		14.32	0.59	0.89	2.72		
NG40*	Use of food as a reward/punishment	0-Not mentioned/no policy or encourages healthy food as reward	75.25	69.77	69.44	80.34	n/s	64.81	61.79	72.20	69.46	n/s	
		1-Discourage food as a reward/prohibit as punishment	12.15	22.91	21.31	16.91		22.81	28.74	21.91	24.02		
		2-Prohibits using food as a reward/punishment	12.60	7.32	9.25	2.76		12.39	9.46	5.89	6.52		
Content Restrictions													
NG33*	Sugar content of Foods	0-Not mentioned/no policy	71.83	48.15	69.61	70.92	<.001	56.64	42.87	60.77	51.93	n/s	
		1-Suggested/limited restrictions	8.50	41.76	18.39	13.98		23.70	39.19	25.28	24.16		
		2-Specific and required or competitive food ban	19.67	10.09	12.00	15.10		19.65	17.94	13.95	23.91		
NG34*	Fat content of foods	0-Not mentioned/no policy	55.95	42.17	47.44	45.77	<.1	41.79	37.11	44.22	33.10	n/s	
		1-Suggested/limited restrictions	11.05	40.55	31.78	27.68		24.56	32.17	32.55	27.71		
		2-Specific and required or competitive food ban	32.99	17.28	20.78	26.55		33.66	30.72	23.23	39.19		
NG35	Sodium content of foods	0-Not mentioned/no policy	76.46	72.65	71.93	72.55	n/s	69.18	75.04	72.68	64.61	n/s	
		1-Suggested/limited restrictions	17.22	24.17	22.82	19.01		20.75	19.42	22.26	20.33		
		2-Specific and required or competitive food ban	6.32	3.19	5.25	8.44		10.07	5.54	5.05	15.06		
NG36*	Calorie content per serving size	0-Not mentioned/no policy	84.43	85.18	89.05	81.37	<.05	81.29	76.51	84.08	80.36	n/s	
		1-Suggested/limited restrictions	7.33	13.20	8.89	8.60		3.95	8.01	7.76	3.11		
		2-Specific and required or competitive food ban	8.24	1.62	2.06	10.03		14.77	15.48	8.16	16.53		

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Variable	Description	Responses	Large to Mid-Size					Large to Mid-Size				
			City	Suburban	Rural	Township	Sig X ²	City	Suburban	Rural	Township	Sig X ²
NG37	Serving size of foods	0-Not mentioned/no policy	63.10	67.37	70.53	68.05	n/s	59.85	65.94	72.13	58.32	n/s
		1-Suggested/limited restrictions	18.59	22.46	12.57	8.16		23.22	19.13	11.27	12.04	
		2-Specific and required or competitive food ban	18.31	10.17	16.90	23.80		16.92	14.93	16.60	29.63	
NG38	Whole/unprocessed & fresh food availability	0-Not mentioned/no policy	60.15	49.86	56.27	54.27	n/s	48.41	47.77	56.07	44.63	<.05
		1-Suggested	34.42	31.95	36.92	39.50		36.77	34.43	38.56	49.20	
		2-Specific and required	5.43	18.19	6.81	6.23		14.82	17.80	5.36	6.17	
NG39	Ingredients with questionable effects (e.g., trans fats, artificial sweeteners)	0-Not mentioned/no policy	80.16	69.25	83.81	83.75	<.05	68.76	62.80	76.93	67.72	n/s
		1-Suggested/limited restrictions	8.43	25.63	12.49	11.06		16.07	28.77	18.23	24.58	
		2-Specific and required or competitive food ban	11.41	5.12	3.70	5.19		15.17	8.43	4.84	7.69	
NG41*	Nutrition information provided for competitive foods	0-Not mentioned/no policy	94.18	91.03	93.39	95.98	<.05	89.15	93.44	92.89	91.83	n/s
		1-Suggested	0.69	0.91	4.50	1.41		0.77	2.09	4.02	2.49	
		2-Specific and required or competitive food ban	5.12	8.06	2.12	2.61		10.07	4.47	3.10	5.68	
NG42	Sugar content of beverages	0-Not mentioned/no policy	60.79	54.46	65.03	56.07	n/s	48.75	47.19	63.97	49.54	<.05
		1-Suggested/limited restrictions	25.65	33.71	28.53	31.97		27.96	34.34	29.88	32.50	
		2-Specific and required or competitive food ban	13.55	11.83	6.44	11.96		23.29	18.47	6.15	17.96	
NG43	Fat content of beverages	0-Not mentioned/no policy	78.65	70.41	78.55	70.51	n/s	71.57	67.78	81.22	65.75	<.05
		1-Suggested/limited restrictions	13.43	17.88	15.75	23.33		14.29	15.34	14.33	22.92	
		2-Specific and required or competitive food ban	7.93	11.71	5.70	6.16		14.14	16.89	4.45	11.33	
NG44*	Calorie content of beverages	0-Not mentioned/no policy	96.49	93.07	97.35	92.96	<.05	96.61	85.40	97.10	89.55	<.001
		1-Suggested/limited restrictions	0.37	6.75	1.97	7.04		0.55	14.35	1.96	8.55	
		2-Specific and required or competitive food ban	3.15	0.18	0.68	0.00		2.84	0.24	0.94	1.90	
NG45*	Regular soda	0-Not mentioned/no policy	53.68	54.13	58.09	48.81	n/s	41.37	47.53	53.04	36.46	<.1
		1-Suggested/limited restrictions	7.29	13.72	13.73	17.57		9.74	11.59	18.65	19.68	
		2-Banned	39.03	32.15	28.19	33.62		48.88	40.87	28.31	43.86	
NG46*	Beverages (other than soda) with added caloric sweeteners	0-Not mentioned/no policy	63.46	67.57	72.80	60.02	n/s	50.82	56.89	69.92	55.89	<.01
		1-Suggested/limited restrictions	23.38	19.42	22.68	28.02		25.48	24.31	26.24	28.07	
		2-Banned	13.16	13.01	4.52	11.96		23.70	18.80	3.83	16.04	
NG47	Sugar/calorie content of milk	0-Not mentioned/no policy	81.77	87.05	84.77	77.33	n/s	82.03	86.24	84.85	77.31	<.1
		1-Suggested/limited restrictions	0.00	7.55	5.14	5.28		0.49	8.34	3.73	4.55	
		2-Specific and required or competitive food ban	18.23	5.40	10.09	17.38		17.48	5.43	11.42	18.14	
NG48*	Fat content of milk	0-Not mentioned/no policy	75.73	78.74	77.15	71.76	n/s	61.73	71.50	76.99	66.96	<.05
		1-Suggested/limited restrictions	18.76	19.27	18.94	24.50		22.48	25.66	19.18	26.48	
		2-Specific and required or competitive food ban	5.51	1.99	3.91	3.74		15.79	2.84	3.83	6.57	

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Variable	Description	Responses	Large to Mid-Size					Large to Mid-Size				
			City	Suburban	Rural	Township	Sig X ²	City	Suburban	Rural	Township	Sig X ²
NG49	Serving size limit for beverages	0-Not mentioned/no policy	60.24	64.53	76.29	71.28	n/s	63.76	59.12	79.42	64.12	<.001
		1-Suggested/limited restrictions	31.95	30.69	19.22	17.89		19.17	32.97	7.71	12.00	
		2-Specific and required or competitive food ban	7.82	4.78	4.49	10.83		17.07	7.91	12.87	23.88	
NG50*	Caffeine content of beverages	0-Not mentioned/no policy	63.19	61.57	74.40	59.89	n/s	51.37	53.95	74.05	56.04	<.05
		1-Suggested/limited restrictions	17.98	20.20	17.25	22.73		10.26	15.19	7.37	8.27	
		2-Specific and required or competitive food ban	18.83	18.22	8.35	17.38		38.37	30.86	18.58	35.69	
NG51*	Availability of free drinking water throughout the school and school day	0-Not mentioned/no policy	90.22	88.41	87.54	88.87	n/s	91.00	83.97	88.44	87.79	n/s
		1-Suggested/encouraged	1.74	0.37	1.81	4.96		1.87	0.43	2.33	4.17	
		2-Free water is always available	8.04	11.22	10.64	6.17		7.13	15.60	9.23	8.04	
PHYSICAL EDUCATION (PE)												
PE52a*	PE addressed in district policy	0-Not mentioned/no policy	28.84	26.57	27.23	27.32	n/s	18.44	17.21	19.15	10.78	n/s
		1-Definitively addressed	71.16	73.43	72.77	72.68		81.56	82.79	80.85	89.22	
PE52	PE curriculum all grades	0-Not mentioned/no policy	49.56	35.13	46.92	56.94	n/s	36.03	29.27	46.61	47.96	n/s
		1-Suggested/encouraged	9.85	15.46	15.18	12.78		21.74	17.44	13.24	16.82	
		2-Clear curriculum-all grades	40.59	49.41	37.91	30.28		42.23	53.29	40.14	35.22	
PE53*	Time requirements for PE: ≥ 150 mins/week (ES)	0-Not mentioned/no policy	82.46	79.90	70.98	84.04	n/s	67.81	80.17	74.06	80.62	n/s
PE54*	≥ 150 mins/week (ES)	1- < NASPE standards or specifies days (not duration)	16.53	18.98	25.00	15.96		24.40	18.21	23.51	18.44	
PE55*	≥ 225 mins/week (MS/HS)	2- ≥ NASPE standards	1.01	1.12	4.02	0.00		7.79	1.62	2.43	0.94	
PE56*	PE teaches physically active lifestyle	0-Not mentioned/no policy	46.39	36.72	44.83	53.06	n/s	34.42	27.66	41.01	47.58	<.1
		1- Suggested/encouraged	13.30	9.56	10.31	2.46		12.31	7.47	10.74	1.64	
		2- Required	40.31	53.71	44.86	44.48		53.27	64.87	48.26	50.78	
PE57	PE competency (skills, knowledge) assessment	0-Not mentioned/no policy	62.66	54.23	63.15	65.73	n/s	55.49	45.26	59.74	63.95	<.1
		1- Suggested/encouraged	7.62	8.30	10.84	8.12		13.53	8.23	13.37	7.71	
		2- Required	29.72	37.47	26.01	26.15		30.98	46.52	26.89	28.34	
PE58	PE quality	0-Not mentioned/no policy	57.87	44.48	56.72	61.09	n/s	53.52	40.81	50.28	52.85	n/s
		1- Suggested/encouraged	10.69	12.43	8.70	6.80		11.98	11.32	11.77	9.17	
		2- Curriculum aligned with stds/benchmarks, sequential	31.43	43.08	34.58	32.12		34.50	47.87	37.95	37.98	
PE59	Inclusive play	0-Not mentioned/no policy	60.11	52.21	59.65	67.84	n/s	55.59	43.13	57.47	64.04	n/s
		1- Suggested/encouraged	7.66	7.63	5.65	2.72		10.61	6.92	5.72	1.32	
		2- Required	32.23	40.16	34.70	29.45		33.80	49.95	36.81	34.64	
PE60	PE courses/credits required for graduation	0-Not mentioned/no policy	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	
		1- Suggested/encouraged										
		2- Required										

LEGEND:

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Bridging the Gap Weighted District-level Wellness Policy Data by Grade Level and Locale, SY 06-07 and 07-08

(Items with * are included in Monograph)

			Elementary School - Locale									
			SY 06-07					SY 07-08				
			% of students (weighted by grade level)					% of students (weighted by grade level)				
Variable	Description	Responses	Large to Mid-Size					Large to Mid-Size				
			City	Suburban	Rural	Township	Sig X ²	City	Suburban	Rural	Township	Sig X ²
PE61	Daily PE requirement	0-Not mentioned/no policy 1- Suggested/encouraged 2- Required	94.38 4.44 1.19	87.21 3.79 9.01	90.86 7.03 2.10	87.12 6.82 6.06	n/s	81.44 17.75 0.81	83.32 4.88 11.80	92.09 6.64 1.28	88.03 7.37 4.60	<.01
PE62	Teacher-student ratio for PE	0-Not mentioned/no policy 1- Suggested 2- Specific and required	94.88 3.17 1.94	87.97 10.54 1.49	88.28 11.03 0.68	95.39 4.61 0.00	n/s	90.82 6.17 3.01	89.53 8.81 1.66	88.84 10.21 0.94	91.05 8.42 0.53	n/s
PE63	Safe/adequate equipment/facilities	0-Not mentioned/no policy 1- Suggested 2- Specific and required	89.95 2.62 7.43	86.84 6.58 6.59	85.73 5.39 8.89	89.18 2.07 8.76	n/s	82.17 9.47 8.36	83.79 7.12 9.09	85.56 5.80 8.64	84.59 7.32 8.09	n/s
PE64*	Moderate-to-vigorous activity	0-Not mentioned/no policy 1- Moderate-to-vigorous activity addressed but <50% time or not specified 2- ≥ 50% class time devoted to moderate-to-vigorous activity	75.22 22.08 2.70	75.32 20.97 3.70	69.79 20.66 9.55	69.13 19.75 11.12	n/s	70.94 19.25 9.81	69.49 23.81 6.70	68.55 21.30 10.15	63.41 22.45 14.15	n/s
PE65*	Qualifications of PE instructors	0-Not mentioned/no policy 1- Suggested 2- Requires PE to be taught by qualified instructors	83.93 5.86 10.21	71.14 9.89 18.97	67.17 6.89 25.94	81.00 2.75 16.25	<.1	71.05 7.45 21.50	69.98 5.40 24.62	69.09 8.25 22.66	69.33 4.62 26.04	n/s
PE66	Training for PE instructors	0-Not mentioned/no policy 1- Suggested or training for teachers generally (not PE-specific) 2- Provision of PE training for PE instructors	84.40 8.33 7.27	82.95 6.08 10.97	82.37 6.98 10.65	89.50 3.20 7.30	n/s	84.39 9.10 6.51	79.81 6.49 13.70	83.79 8.44 7.77	86.56 8.45 8.00	n/s
PE67	Prohibits waivers for PE	0-Not mentioned/no policy 1- Suggested 2- PE waivers prohibited	96.05 2.19 1.76	94.86 0.38 4.76	87.94 4.84 7.21	93.34 4.69 1.97	n/s	85.71 3.48 10.81	93.55 1.13 5.32	89.42 5.46 5.11	92.64 4.36 3.00	n/s
PE68	Annual health assessment	0-Not mentioned/no policy 1- Suggested/vague 2- Specific and required	83.48 15.42 1.11	68.68 31.32 0.00	82.36 17.64 0.00	80.83 19.17 0.00	<.1	78.33 20.25 1.42	59.02 40.98 0.00	79.07 20.93 0.00	76.10 23.90 0.00	<.01
PE68a*	BMI (ch. 7 of mono)	0-Not mentioned/no policy 1- BMI suggested (with or without reporting) 2- BMI required without reporting 3- BMI required with reporting	88.54 10.35 0.00 1.11	82.12 17.79 0.10 0.00	89.54 9.86 0.60 0.00	87.61 12.39 0.00 0.00	n/s	83.65 15.71 0.00 0.64	78.84 20.70 0.47 0.00	85.51 13.91 0.58 0.00	83.85 16.15 0.00 0.00	n/s
PHYSICAL ACTIVITY (PA)												
PA69*	FW: Physical activity (PA) goals	0- No goal/policy 1- PA goal suggested or repeats FW language 2- PA goal specified	28.54 4.15 67.31	27.28 0.87 71.85	18.16 1.38 80.45	20.64 0.89 78.47	n/s	19.54 2.71 77.74	20.09 0.71 79.21	12.19 3.02 84.80	3.40 0.57 96.03	n/s

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Bridging the Gap Weighted District-level Wellness Policy Data by Grade Level and Locale, SY 06-07 and 07-08

(Items with * are included in Monograph)

			Elementary School - Locale									
			SY 06-07					SY 07-08				
			% of students (weighted by grade level)					% of students (weighted by grade level)				
Variable	Description	Responses	Large to Mid-Size					Large to Mid-Size				
			City	Suburban	Rural	Township	Sig X ²	City	Suburban	Rural	Township	Sig X ²
PA70*	PA outside of PE for every grade level	0-Not mentioned/no policy	41.27	50.91	37.51	44.24	<.1	31.60	45.40	36.35	30.92	<.1
		1- Suggested/vague or not clear PA for all grades	15.20	31.23	27.46	27.69		15.31	31.46	28.32	35.13	
		2- Clear each grade will get PA outside of PE	43.53	17.86	35.02	28.07		53.08	23.14	35.33	33.95	
PA72*	PA throughout the day	0-Not mentioned/no policy	58.53	64.08	57.23	52.26	n/s	42.89	58.85	57.45	42.62	n/s
		1- Suggested	32.87	23.97	32.87	40.66		39.40	28.48	35.72	48.24	
		2- Required	8.60	11.96	9.90	7.08		17.71	12.67	6.83	9.14	
PA73	Intramurals, interscholastic, extracurricular activities	0-Not mentioned/no policy	82.84	66.56	63.91	67.54	<.1	68.89	67.83	61.43	62.82	n/s
		1- Suggested	8.64	16.24	21.50	26.80		14.44	15.03	19.20	29.23	
		2- Required/definitively offered	8.52	17.20	14.59	5.65		16.67	17.14	19.37	7.95	
PA74	Community use of school facilities for physical activity purposes	0-Not mentioned/no policy	88.50	82.07	72.76	74.01	n/s	77.98	78.57	68.98	64.04	n/s
		1- Suggested	5.89	3.26	10.12	12.88		6.25	4.21	7.17	10.55	
		2- Required/definitively in place	5.60	14.67	17.12	13.11		15.78	17.22	23.85	25.41	
PA75	Safe (active) routes to school (SRTS)	0-Not mentioned/no policy	95.68	88.14	87.56	84.69	n/s	89.31	86.50	89.17	84.51	n/s
		1- Suggested/encouraged	2.20	4.64	5.56	1.38		1.95	4.96	4.81	2.80	
		2- Ensures effort to promote SRTS	2.12	7.22	6.88	13.93		8.74	8.54	6.01	12.69	
PA76*	Not using PA as punishment	0-Not mentioned/no policy	82.79	80.36	74.40	84.07	n/s	65.07	74.29	70.17	82.05	<.05
		1- Suggested	5.81	4.66	10.68	11.48		11.20	8.09	17.15	14.61	
		2- Prohibits PA as punishment	11.40	14.97	14.93	4.45		23.72	17.62	12.69	3.34	
PA77*	Daily recess	0-Not mentioned/no policy	79.89	76.27	69.61	70.58	n/s	62.58	74.57	71.64	59.35	<.05
		1- Suggested or frequency vague	6.17	13.26	9.75	17.63		13.88	13.57	7.37	23.54	
		2- Required	13.93	10.47	20.64	11.79		23.54	11.86	20.99	17.11	
PA78	Recess quality to promote PA	0-Not mentioned/no policy	74.71	74.92	73.53	73.31	n/s	61.21	71.11	63.70	62.02	n/s
		1- Suggested	23.85	19.89	20.92	21.30		37.43	24.12	31.55	33.90	
		2- Specific and required	1.43	5.19	5.55	5.40		1.35	4.76	4.75	4.09	
STAFF PA/WELLNESS/MODELING												
PA71	PA opportunities for school staff	0-Not mentioned/no policy	92.43	89.92	82.69	90.65	n/s	88.51	90.60	82.46	86.20	n/s
		1- Suggested	5.83	5.27	11.83	7.14		9.64	7.40	11.71	11.99	
		2- Required	1.74	4.81	5.48	2.21		1.84	2.00	5.83	1.81	
CP80	Staff wellness programs	0-Not mentioned/no policy	84.64	75.71	76.32	81.70	n/s	69.82	79.47	75.99	77.00	n/s
		1- Suggested	5.51	10.40	13.42	11.89		10.66	9.42	11.20	14.77	
		2- Required/definitively in place	9.86	13.89	10.26	6.41		19.52	11.11	12.81	8.23	

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Bridging the Gap Weighted District-level Wellness Policy Data by Grade Level and Locale, SY 06-07 and 07-08

(Items with * are included in Monograph)

			Elementary School - Locale									
			SY 06-07					SY 07-08				
			% of students (weighted by grade level)					% of students (weighted by grade level)				
Variable	Description	Responses	Large to Mid-Size					Large to Mid-Size				
			City	Suburban	Rural	Township	Sig X ²	City	Suburban	Rural	Township	Sig X ²
CP82	Staff to role model healthy behaviors	0-Not mentioned/no policy 1- Suggested 2- Require schools to encourage staff modeling	79.35 5.82 14.82	71.75 7.06 21.19	68.54 8.56 22.90	71.65 9.22 19.13	n/s	75.45 7.02 17.53	67.32 8.90 23.78	72.16 8.61 19.23	66.45 13.97 19.58	n/s
STAKEHOLDER INVOLVEMENT/FEEDBACK												
CP79	FW: Stakeholders involved in development of wellness policy	0-Not mentioned/no policy 1- Suggested or not clear all reqd. stakeholders involved 2- All reqd. stakeholders involved in policy dev.	59.35 17.25 23.40	69.28 17.96 12.76	52.52 11.38 36.10	56.45 21.09 22.46	<.05	49.62 27.33 23.05	63.57 22.47 13.96	57.38 9.81 32.81	50.05 19.81 30.14	<.01
CP85	Methods to solicit input	0-Not mentioned/no policy 1- Suggested/vague 2- Required and specific	74.98 11.02 14.00	63.45 12.96 23.59	65.42 14.09 20.49	64.84 17.97 17.19	n/s	61.38 11.51 27.11	57.99 15.27 26.74	65.14 22.09 12.78	59.50 26.63 13.87	<.05
CP86	How to engage parents/ community	0-Not mentioned/no policy 1- Suggested/vague 2- Required and specific	77.06 10.46 12.49	69.15 13.58 17.27	68.49 9.43 22.08	65.74 16.50 17.77	n/s	61.26 12.43 26.31	68.24 9.47 22.29	71.16 8.56 20.29	52.89 20.95 26.16	n/s
CP87	Content communicated to parents	0-Not mentioned/no policy 1- Suggested/vague 2- Required and specific	63.84 19.65 16.51	53.99 19.65 26.36	50.81 21.89 27.30	59.52 22.48 18.01	n/s	51.26 22.61 26.12	51.06 17.55 31.39	50.22 19.62 30.16	41.03 33.49 25.48	n/s
CP90*	Ongoing health advisory (ch. 7 of mono)	0-Not mentioned/no policy 1- Suggested/vague 2- Required and clearly ongoing	54.29 9.99 35.71	59.23 13.43 27.35	50.90 5.13 43.97	54.04 11.17 34.79	n/s	40.53 7.85 51.62	56.10 12.14 31.76	44.11 12.95 42.94	42.77 12.76 44.46	n/s
MESSAGING, MARKETING, & PROMOTION												
CP81	Consistency of nutrition messages	0-Not mentioned/no policy 1- Suggested/vague 2-Specific and required	51.64 34.59 13.77	50.72 29.55 19.74	45.47 30.85 23.68	44.95 31.52 23.53	n/s	35.73 50.07 14.20	51.55 27.96 20.48	37.47 40.79 21.74	28.09 47.29 24.61	n/s
CP83	Responsible for communication	0-Not mentioned/no policy 1- Suggested/vague 2- Specific and required	77.94 14.59 7.47	69.31 25.02 5.67	65.45 26.56 7.99	70.74 22.88 6.38	n/s	65.64 25.56 8.80	63.28 31.35 5.37	65.70 24.85 9.45	60.94 30.90 8.16	n/s
CP84	Coordinated School Health program	0-Not mentioned/no policy 1- Suggested/vague 2- Definitively in place	86.01 2.95 11.04	86.28 4.10 9.62	81.81 3.09 15.09	84.39 3.15 12.45	n/s	85.32 2.88 11.80	86.01 4.08 9.91	80.72 2.18 17.09	79.96 3.83 16.21	n/s
CP88*	Marketing healthy choices (ch. 5 of mono)	0-Not mentioned/no policy 1- Suggested/vague 2- Specific and required	80.91 12.43 6.66	81.31 14.05 4.65	71.47 16.25 12.28	79.23 14.30 6.47	n/s	72.55 21.32 6.14	80.00 13.25 6.75	75.36 15.76 8.88	72.45 13.88 13.67	n/s
CP89*	Advertising/marketing of (ch. 5 of mono)	0-Not mentioned/no policy 1- Suggested prohibition/restricted 2- Prohibited	77.69 3.89 18.42	85.12 10.14 4.74	85.80 3.24 10.96	84.95 4.10 10.95	<.1	67.27 2.93 29.80	81.96 10.27 7.77	84.36 2.31 13.33	84.11 5.06 10.84	<.01

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(Items with * are included in Monograph)

			Elementary School - Locale									
			SY 06-07					SY 07-08				
			% of students (weighted by grade level)					% of students (weighted by grade level)				
Variable	Description	Responses	Large to Mid-Size					Large to Mid-Size				
			City	Suburban	Rural	Township	Sig X ²	City	Suburban	Rural	Township	Sig X ²
EVALUATION & IMPLEMENTATION												
E91	FW: Plan for measuring implementation, including designating person responsible	0-Not mentioned/no policy 1- Suggested or does not designate responsible person 2- Specific and required	32.61 9.17 58.21	33.79 2.66 63.55	30.41 6.29 63.30	25.14 3.29 71.57	n/s	20.10 6.40 73.50	31.61 3.29 65.10	25.19 7.50 67.31	11.18 2.66 86.16	n/s
E92*	Plan for implementation	0-Not mentioned/no policy 1- Suggested or does not designate responsible person 2- Specific and required with responsible person	40.36 2.51 57.13	35.53 3.63 60.84	36.03 3.36 60.62	28.43 5.63 65.94	n/s	24.54 3.15 72.31	33.05 3.70 63.25	29.85 3.89 66.25	13.84 4.05 82.11	n/s
E93*	Plan for evaluation	0-Not mentioned/no policy 1- Suggested 2- Specific and required	55.10 37.04 7.86	63.82 30.57 5.61	56.24 36.54 7.22	59.99 37.10 2.91	n/s	38.08 54.54 7.38	56.47 38.77 4.76	50.13 44.20 5.67	45.37 52.13 2.50	n/s
E94*	Audience and frequency of reporting	0-Not mentioned/no policy 1- Suggested 2- Specific and required	70.81 10.43 18.76	52.19 24.65 23.17	57.98 19.65 22.37	48.94 28.28 22.79	n/s	57.07 14.40 28.52	52.72 29.51 17.78	57.15 21.08 21.77	39.66 30.90 29.45	n/s
E95*	Funding support	0-Not mentioned/no policy 1- Suggested 2- Identifies a specific source of funding	98.29 1.59 0.12	92.77 5.72 1.51	92.56 6.23 1.21	90.89 6.83 2.28	n/s	98.65 1.17 0.18	93.49 5.24 1.27	94.55 4.86 0.59	89.92 8.33 1.75	n/s
E96*	Plan for revising the policy	0-Not mentioned/no policy 1- Suggested 2- Specific and required	73.48 8.11 18.40	65.87 17.37 16.76	66.68 6.11 27.21	65.95 12.93 21.12	n/s	63.62 5.84 30.54	62.98 17.38 19.65	65.24 3.75 31.01	59.27 11.59 29.14	<.05
E100	Requires district to report to the state	0-Not mentioned/no policy 1- Yes	100.00 0.00	99.88 0.12	100.00 0.00	100.00 0.00	n/s	100.00 0.00	99.87 0.13	100.00 0.00	100.00 0.00	n/s

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Bridging the Gap Weighted District-level Wellness Policy Data by Grade Level and Locale, SY 06-07 and 07-08

(Items with * are included in Monograph)

Note 1: Data have been recoded to reflect only policies in effect as of day after Labor Day for each SY (proxy for first day of SY as per FW requirement)

Note 2: Weighted data adjusted for non-response

Note 3: Significance levels in these tables are based on bivariate analyses only. Full monograph highlights significant multivariate findings.

			Middle School - Locale									
			SY 06-07					SY 07-08				
			% of students (weighted by grade level)					% of students (weighted by grade level)				
Variable	Description	Responses	Large to Mid-Size					Large to Mid-Size				
			City	Suburban	Rural	Township	Sig X ²	City	Suburban	Rural	Township	Sig X ²
NUTRITION EDUCATION												
NE1*	FW: Nutrition education goal	0-No goal/policy 1-NE goal suggested or repeats FW language 2-NE goal specified	30.01 4.37 65.62	21.90 0.83 77.27	18.99 2.01 79.00	33.27 0.00 66.73	n/s	4.81 3.17 92.02	13.52 0.66 85.83	13.58 3.09 83.33	16.40 21.41 62.19	<.05
NE2*	Nutrition education curriculum	0-Not mentioned/no policy 1-Curriculum reqd/suggested, not clear all grades 2-Clear NE curriculum, all grades	45.96 24.88 29.16	31.89 28.99 39.12	36.10 33.68 30.21	45.19 32.49 22.32	n/s	33.98 31.14 34.88	24.50 35.31 40.19	34.05 40.22 25.73	51.00 29.77 19.23	<.1
NE3	Nutrition education within larger school community	0-Not mentioned/no policy 1-Vague/suggested 2-Yes, with specific strategies	53.99 39.32 6.68	42.95 47.35 9.70	34.45 53.59 11.95	47.17 46.64 6.18	n/s	25.23 67.52 7.25	44.75 43.81 11.43	35.38 54.63 9.99	25.57 64.76 9.67	n/s
NE4	Nutrition education beyond school environment	0-Not mentioned/no policy 1-Vague/suggested 2-Yes, with specific strategies	64.41 31.61 3.98	65.66 25.99 8.36	53.83 34.44 11.73	61.70 34.02 4.27	n/s	35.07 61.20 3.72	63.43 29.00 7.57	57.38 33.19 9.43	64.80 32.29 2.91	<.1
NE5	Nutrition education training for teachers	0-Not mentioned/no policy 1-Vague/suggested or just a subset of teachers 2-Required for all teachers	72.55 17.50 9.94	70.56 20.52 8.91	70.79 21.51 7.71	79.86 18.19 1.95	n/s	51.69 40.50 7.80	69.65 19.63 10.72	71.87 22.00 6.13	83.41 15.08 1.51	<.05
NE6*	Nutrition education integrated into other subjects	0-Not mentioned/no policy 1-Vague/suggested 2-Required	61.28 20.46 18.25	60.27 11.94 27.79	55.11 12.34 32.55	62.09 16.41 21.50	n/s	47.75 27.82 24.43	63.62 14.21 22.17	55.99 12.80 31.21	66.56 13.55 19.89	n/s
NE7*	Nutrition education teaches behavior-focused skills	0-Not mentioned/no policy 1-Vague/suggested 2-Required	47.21 14.63 38.17	36.95 11.01 52.05	34.24 17.14 48.62	47.64 16.99 35.37	n/s	22.07 31.83 46.10	34.40 12.33 53.27	31.17 23.41 45.42	50.38 17.82 31.80	<.1
NE8	Number of nutrition education courses/hours	0-Not mentioned/no policy 1-Vague/suggested or not all grades 2-Specified	99.34 0.66 0.00	100.00 0.00 0.00	98.43 0.00 1.57	100.00 0.00 0.00	n/s	98.52 1.48 0.00	99.51 0.49 0.00	98.01 0.00 1.99	100.00 0.00 0.00	n/s
NE9	Nutrition education quality	0-Not mentioned/no policy 1-Vague/suggested 2-Curriculum aligned with benchmarks/standards, sequential	57.69 10.43 31.88	38.06 19.63 42.31	49.65 12.39 37.96	53.21 17.64 29.15	n/s	48.60 12.90 38.50	30.78 22.82 46.40	46.76 13.98 39.25	57.31 16.26 26.43	n/s

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(Items with * are included in Monograph)

			Middle School - Locale									
			SY 06-07					SY 07-08				
			% of students (weighted by grade level)					% of students (weighted by grade level)				
Variable	Description	Responses	Large to Mid-Size					Large to Mid-Size				
			City	Suburban	Rural	Township	Sig X ²	City	Suburban	Rural	Township	Sig X ²
SCHOOL MEALS												
US10*	FW: Guidelines for school meals are not less restrictive than federal requirements	0-No goal/policy 1-Should/strive to meet federal school meals regs 2-Will meet federal school meal regulations	37.27 0.06 62.68	27.11 3.62 69.26	26.19 1.81 72.00	34.31 0.00 65.69	n/s	11.51 0.11 88.38	18.79 3.34 77.87	19.13 3.30 77.57	16.12 0.39 83.49	n/s
US11*	School Breakfast Program	0-Not mentioned/no policy 1-Suggests/promotes general breakfast program or encourages healthy breakfast 2-Clearly offers national SBP	45.47 15.56 38.97	45.98 12.00 42.02	43.78 20.86 35.36	49.19 16.75 34.06	n/s	20.71 15.94 63.35	42.71 7.87 49.42	36.82 22.60 40.57	30.58 34.06 35.36	n/s
US12	Summer Food Service Program	0-Not mentioned/no policy 1-Suggests/promotes general summer food program 2-Clearly offers national Summer Food Program	96.58 1.94 1.48	94.50 1.72 3.78	98.59 0.42 0.99	94.94 2.92 2.14	n/s	80.51 3.19 16.30	94.60 1.37 4.02	97.19 0.76 2.05	95.65 1.82 2.53	<.01
US13*	Specifies guidelines beyond US Dietary Guidelines	0-Not mentioned/no policy 1-Vague/suggested or meet Dietary Guidelines 2-Clearly exceed Dietary Guidelines	59.14 32.00 8.86	58.50 33.21 8.30	58.57 31.14 10.29	68.72 26.38 4.90	n/s	37.77 37.63 24.61	62.20 30.31 7.48	57.08 34.31 8.62	66.68 26.49 6.83	n/s
US14	Using low-fat versions of foods/cooking methods	0-Not mentioned/no policy 1-Vague/suggested 2-Specific and required	77.61 19.50 2.89	89.12 8.16 2.73	80.39 14.28 5.33	90.33 9.67 0.00	n/s	73.94 22.48 3.58	88.98 9.11 1.91	81.25 14.87 3.87	85.40 14.30 0.30	n/s
US15	Strategies to increase participation in school meal programs	0-Not mentioned/no policy 1-Vague/suggested 2-Specific and required	76.48 17.71 5.80	58.43 23.11 18.46	64.20 17.68 18.12	61.24 31.68 7.08	<.1	55.45 20.02 24.53	63.36 21.86 14.78	65.87 20.83 13.30	43.35 49.90 6.76	<.01
US16	Optimizes meal scheduling	0-Not mentioned/no policy 1-Vague/suggested 2-Specific and required	76.50 18.38 5.12	72.10 27.00 0.90	62.40 30.84 6.76	75.68 20.21 4.11	n/s	69.82 24.38 5.80	61.78 36.66 1.57	63.51 28.81 7.68	70.68 23.93 5.39	n/s
US17*	Adequate time to eat (≥20 mins for lunch; ≥ 10 mins for breakfast)	0-Not mentioned/no policy 1-Vague/suggested or < time guidelines 2-Required	57.90 35.66 6.45	56.86 27.06 16.08	46.68 42.49 10.82	56.48 33.66 9.86	n/s	32.94 56.89 10.17	46.29 39.93 13.78	47.02 42.58 10.40	56.92 35.87 7.21	n/s
US18	Hand-washing	0-Not mentioned/no policy 1-Vague/suggested 2-Ensures assistance with hand-washing/facilitating	92.59 1.71 5.70	86.32 2.61 11.07	82.32 2.06 15.63	81.90 1.54 16.56	n/s	81.38 4.16 14.46	84.85 3.19 11.97	84.72 1.82 13.46	83.56 2.27 14.17	n/s
US19	Nutrition qualifications of meal staff	0-Not mentioned/no policy 1-Vague/suggested 2-Required	87.63 0.56 11.81	80.21 3.05 16.75	74.40 1.10 24.50	82.34 0.00 17.66	n/s	71.30 0.65 28.05	80.96 0.13 18.91	75.86 1.10 23.04	81.66 0.00 18.34	n/s

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Variable	Description	Responses	Large to Mid-Size					Large to Mid-Size				
			City	Suburban	Rural	Township	Sig X ²	City	Suburban	Rural	Township	Sig X ²
US20	Training for food service staff	0-Not mentioned/no policy	79.19	75.19	69.56	79.43	n/s	60.38	68.94	65.81	77.62	<.01
		1-Vague/suggested	13.00	18.97	22.36	19.22		14.51	27.52	25.72	20.16	
		2-Required	7.80	5.84	8.08	1.35		25.11	3.54	8.47	2.22	
US21	School meal environment	0-Not mentioned/no policy	56.09	57.36	43.71	54.04	n/s	38.30	48.70	42.00	56.19	n/s
		1-Vague/suggested	5.87	3.58	3.40	2.53		9.52	4.91	5.34	2.92	
		2-Requires specifics strategies	38.04	39.06	52.89	43.43		52.18	46.39	52.66	40.89	
US22*	Nutrition information for school meals	0-Not mentioned/no policy	87.42	78.39	84.22	80.53	n/s	71.74	80.56	87.58	82.58	<.05
		1-Vague/suggested	2.66	4.65	6.60	12.80		2.66	5.23	5.63	9.32	
		2-Specific and required	9.92	16.96	9.18	6.67		25.60	14.21	6.79	8.10	
US38a	Farm-to-school program	0-Not mentioned/no policy	89.83	95.58	95.64	97.16	n/s	87.27	95.51	93.05	94.70	n/s
		1-Vague/suggested	9.93	3.69	4.36	2.84		12.35	3.87	6.95	4.33	
		2-Specific and required	0.24	0.73	0.00	0.00		0.38	0.62	0.00	0.97	
COMPETITIVE FOODS												
NG23*	FW: Nutrition guidelines for all foods outside of the school meal program during the SD	0-No goal/policy	30.80	21.64	21.92	32.10	n/s	6.94	16.49	16.17	14.21	n/s
		1-Suggested or only meet Dietary Guidelines	21.92	24.10	28.06	21.00		25.55	23.73	33.80	43.20	
		2-Required/definitively in place	47.29	54.26	50.02	46.90		67.51	59.78	50.03	42.59	
Access Restrictions												
NG23b	Competitive food and beverage ban	0-Not mentioned/no policy	98.42	99.33	99.24	99.28	n/s	97.81	99.26	99.02	97.14	n/s
		1-Suggested or only applies to food (not bev) or visa versa	1.58	0.67	0.76	0.72		2.19	0.74	0.98	2.86	
		2-Required	0.00	0.00	0.00	0.00		0.00	0.00	0.00	0.00	
NG23c	Nutrition guidelines apply to vending contracts	0-Not mentioned/no policy	81.92	90.66	84.86	86.90	n/s	79.23	86.71	81.63	84.78	n/s
		1-Suggested/encouraged	4.62	3.34	1.78	2.15		3.69	4.22	2.84	3.05	
		2-Required	13.46	6.00	13.36	10.95		17.08	9.07	15.52	12.17	
NG24*	Vending machines	0-Not mentioned/no policy	45.09	33.52	35.21	44.34	<.05	19.54	29.23	29.59	26.08	<.01
		1-Suggested/limited restrictions	30.26	47.45	58.64	43.90		41.21	37.92	64.02	56.55	
		2-Ban or all F&B must meet guidelines	24.65	19.03	6.16	11.76		39.25	32.85	6.39	17.37	
NG25*	School stores	0-Not mentioned/no policy	46.35	37.41	39.30	49.71	<.05	21.72	32.03	34.57	32.97	<.01
		1-Suggested/limited restrictions	30.81	47.95	55.87	38.42		40.86	38.83	59.59	52.47	
		2-Ban or all F&B must meet guidelines	22.84	14.63	4.83	11.87		37.42	29.14	5.84	14.56	
NG26*	A la carte	0-Not mentioned/no policy	44.85	34.55	35.99	45.27	<.1	19.59	29.10	30.80	28.76	<.05
		1-Suggested/limited restrictions	33.23	52.60	57.28	40.49		43.03	42.23	62.36	53.42	
		2-Ban or all F&B must meet guidelines	21.92	12.85	6.72	14.24		37.38	28.67	6.83	17.82	
NG27*	Class parties and celebrations	0-Not mentioned/no policy	54.33	43.76	47.87	55.25	n/s	29.32	35.19	43.93	36.62	<.001
		1-Suggested/limited restrictions	43.99	55.83	51.83	44.02		53.90	64.09	56.07	62.82	
		2-Ban or all F&B must meet guidelines	1.68	0.41	0.30	0.73		16.77	0.71	0.00	0.56	

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Variable	Description	Responses	Large to Mid-Size					Large to Mid-Size				
			City	Suburban	Rural	Township	Sig X ²	City	Suburban	Rural	Township	Sig X ²
NG28	Food from home for whole class	0-Not mentioned/no policy	54.33	42.52	47.87	54.79	n/s	29.32	34.58	43.93	36.62	<.001
		1-Suggested/limited restrictions	43.99	55.83	51.83	44.48		53.90	64.09	56.07	62.82	
		2-Ban or all F&B must meet guidelines	1.68	1.65	0.30	0.73		16.77	1.32	0.00	0.56	
NG29	Food before school	0-Not mentioned/no policy	82.73	76.17	85.89	87.05	n/s	80.61	77.77	82.98	82.16	n/s
		1-Suggested/limited restrictions	14.07	16.17	13.15	9.56		9.66	12.06	8.42	10.00	
		2-Nutrition guidelines apply to before school sales	3.20	7.67	0.95	3.40		9.73	10.17	8.61	7.84	
NG30	Food after school	0-Not mentioned/no policy	94.12	92.11	90.49	92.80	n/s	91.53	92.14	89.76	93.81	n/s
		1-Suggested/limited restrictions	2.54	5.47	8.52	4.38		3.93	5.98	9.46	3.55	
		2-Nutrition guidelines apply to after school sales	3.35	2.42	0.98	2.82		4.54	1.88	0.78	2.64	
NG31	Food at evening/community events	0-Not mentioned/no policy	86.92	92.56	77.85	83.51	<.05	86.67	89.74	78.84	84.64	n/s
		1-Suggested/limited restrictions	11.80	7.05	22.15	14.77		12.48	9.90	21.16	14.47	
		2-Nutrition guidelines apply	1.28	0.40	0.00	1.72		0.85	0.36	0.00	0.89	
NG32	Fundraisers	0-Not mentioned/no policy	56.37	55.92	55.46	61.25	n/s	35.14	45.02	52.90	40.41	<.01
		1-Limited restrictions or only fundraisers during SD	42.23	44.08	43.50	37.40		50.17	54.36	46.25	59.04	
		2-Nutrition guidelines apply to all fundraisers	1.40	0.00	1.04	1.35		14.70	0.62	0.85	0.56	
NG40*	Use of food as a reward/punishment	0-Not mentioned/no policy or encourages healthy food as reward	75.85	70.18	70.57	81.57	n/s	65.66	62.16	73.59	78.05	<.1
		1-Discourage food as a reward/prohibit as punishment	12.47	22.08	21.19	16.02		16.63	28.03	21.71	17.49	
		2-Prohibits using food as a reward/punishment	11.68	7.73	8.25	2.41		17.71	9.80	4.70	4.46	
Content Restrictions												
NG33*	Sugar content of Foods	0-Not mentioned/no policy	68.24	46.82	71.66	71.17	<.001	52.21	40.74	60.27	64.63	<.1
		1-Suggested/limited restrictions	17.88	47.87	24.54	17.07		24.06	41.08	28.75	19.38	
		2-Specific and required or competitive food ban	13.88	5.30	3.80	11.76		23.73	18.18	10.98	15.99	
NG34*	Fat content of foods	0-Not mentioned/no policy	50.81	40.44	44.58	50.40	<.1	28.67	35.39	44.13	52.01	<.1
		1-Suggested/limited restrictions	22.07	52.16	38.46	27.82		21.00	43.25	31.76	21.57	
		2-Specific and required or competitive food ban	27.11	7.39	16.96	21.78		50.33	21.37	24.11	26.42	
NG35	Sodium content of foods	0-Not mentioned/no policy	76.53	71.61	73.90	74.40	n/s	56.73	74.85	75.89	73.86	<.05
		1-Suggested/limited restrictions	19.26	26.21	23.95	18.23		24.05	19.98	21.21	16.40	
		2-Specific and required or competitive food ban	4.21	2.18	2.15	7.37		19.22	5.16	2.89	9.74	
NG36*	Calorie content per serving size	0-Not mentioned/no policy	84.11	83.96	90.17	83.13	<.01	79.05	75.15	86.74	87.55	<.1
		1-Suggested/limited restrictions	9.54	14.00	9.54	7.52		5.24	8.39	7.54	2.13	
		2-Specific and required or competitive food ban	6.35	2.03	0.30	9.35		15.71	16.46	5.72	10.33	

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Variable	Description	Responses	Large to Mid-Size					Large to Mid-Size				
			City	Suburban	Rural	Township	Sig X ²	City	Suburban	Rural	Township	Sig X ²
NG37	Serving size of foods	0-Not mentioned/no policy	71.02	67.01	66.16	68.49	n/s	54.27	65.91	68.88	70.65	n/s
		1-Suggested/limited restrictions	8.15	23.43	14.49	9.22		24.35	19.19	11.12	9.24	
		2-Specific and required or competitive food ban	20.83	9.56	19.35	22.28		21.38	14.90	19.99	20.12	
NG38	Whole/unprocessed & fresh food availability	0-Not mentioned/no policy	54.39	48.13	54.08	59.06	<.1	35.24	49.24	54.73	59.80	<.05
		1-Suggested	38.40	32.64	40.39	34.02		43.99	33.89	40.93	36.24	
		2-Specific and required	7.21	19.23	5.53	6.92		20.77	16.86	4.35	3.96	
NG39	Ingredients with questionable effects (e.g., trans fats, artificial sweeteners)	0-Not mentioned/no policy	80.52	68.26	84.32	80.46	<.05	54.61	61.62	74.78	74.89	<.01
		1-Suggested/limited restrictions	9.73	27.08	13.16	12.01		20.09	30.77	21.75	19.56	
		2-Specific and required or competitive food ban	9.76	4.65	2.52	7.53		25.30	7.61	3.47	5.55	
NG41*	Nutrition information provided for competitive foods	0-Not mentioned/no policy	96.28	90.54	94.29	96.49	<.05	79.94	93.02	94.14	94.42	<.01
		1-Suggested	0.80	0.96	4.33	1.23		1.03	2.19	3.81	1.70	
		2-Specific and required or competitive food ban	2.92	8.50	1.38	2.28		19.04	4.79	2.05	3.88	
NG42	Sugar content of beverages	0-Not mentioned/no policy	56.13	53.68	59.61	61.56	n/s	37.67	46.20	60.87	63.79	<.01
		1-Suggested/limited restrictions	35.66	41.72	38.36	37.45		37.36	47.55	36.41	30.01	
		2-Specific and required or competitive food ban	8.21	4.61	2.03	0.99		24.97	6.25	2.72	6.19	
NG43	Fat content of beverages	0-Not mentioned/no policy	91.12	72.14	89.00	88.67	<.01	89.46	69.58	92.90	88.18	<.001
		1-Suggested/limited restrictions	1.48	17.74	9.69	10.34		1.76	13.35	5.29	6.95	
		2-Specific and required or competitive food ban	7.39	10.12	1.31	0.99		8.78	17.07	1.81	4.88	
NG44*	Calorie content of beverages	0-Not mentioned/no policy	98.62	92.38	96.47	92.78	n/s	97.90	84.49	96.74	92.54	<.01
		1-Suggested/limited restrictions	0.91	7.51	3.53	6.65		1.53	15.38	3.26	7.12	
		2-Specific and required or competitive food ban	0.47	0.12	0.00	0.57		0.57	0.13	0.00	0.34	
NG45*	Regular soda	0-Not mentioned/no policy	52.92	53.37	54.56	56.88	n/s	27.68	45.37	52.70	56.86	<.1
		1-Suggested/limited restrictions	6.76	15.15	17.52	13.59		8.40	12.83	18.07	13.51	
		2-Banned	40.32	31.49	27.92	29.53		63.92	41.80	29.23	29.64	
NG46*	Beverages (other than soda) with added caloric sweeteners	0-Not mentioned/no policy	82.93	72.85	84.78	77.73	<.1	65.74	61.58	85.93	81.23	<.001
		1-Suggested/limited restrictions	10.88	21.15	13.91	21.28		11.17	31.64	12.26	13.89	
		2-Banned	6.19	6.00	1.31	0.99		23.09	6.78	1.81	4.88	
NG47	Sugar/calorie content of milk	0-Not mentioned/no policy	80.28	87.39	80.63	80.17	n/s	77.75	86.17	81.31	85.80	n/s
		1-Suggested/limited restrictions	13.44	8.82	17.64	14.76		14.01	10.28	16.62	10.98	
		2-Specific and required or competitive food ban	6.28	3.79	1.73	5.08		8.25	3.55	2.08	3.22	
NG48*	Fat content of milk	0-Not mentioned/no policy	75.80	78.04	77.62	74.68	n/s	55.93	71.59	77.96	75.81	<.01
		1-Suggested/limited restrictions	20.66	19.93	21.15	22.74		25.16	25.98	20.20	21.08	
		2-Specific and required or competitive food ban	3.54	2.03	1.23	2.59		18.91	2.43	1.83	3.11	

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			City	Suburban	Rural	Township	Sig X ²	City	Suburban	Rural	Township	Sig X ²
NG49	Serving size limit for beverages	0-Not mentioned/no policy	67.61	63.23	71.37	71.86	n/s	65.86	57.73	74.78	74.65	<.001
		1-Suggested/limited restrictions	23.67	32.71	24.91	21.34		13.22	34.87	8.96	10.65	
		2-Specific and required or competitive food ban	8.72	4.06	3.72	6.80		20.92	7.39	16.26	14.70	
NG50*	Caffeine content of beverages	0-Not mentioned/no policy	84.15	68.07	90.33	77.59	<.001	67.32	59.56	91.99	80.33	<.001
		1-Suggested/limited restrictions	9.45	24.78	8.36	11.16		9.15	25.82	5.07	7.65	
		2-Specific and required or competitive food ban	6.40	7.15	1.31	11.25		23.53	14.62	2.94	12.02	
NG51*	Availability of free drinking water throughout the school and school day	0-Not mentioned/no policy	88.71	88.86	88.00	90.26	n/s	88.05	84.14	89.02	91.66	n/s
		1-Suggested/encouraged	2.01	0.39	1.74	4.34		2.48	0.45	2.21	2.85	
		2-Free water is always available	9.28	10.75	10.25	5.40		9.48	15.41	8.77	5.49	
PHYSICAL EDUCATION (PE)												
PE52a*	PE addressed in district policy	0-Not mentioned/no policy	36.37	23.46	24.91	39.25	n/s	10.33	14.72	18.88	19.73	n/s
		1-Definitively addressed	63.63	76.54	75.09	60.75		89.67	85.28	81.12	80.27	
PE52	PE curriculum all grades	0-Not mentioned/no policy	57.52	32.54	48.03	65.17	<.01	30.30	28.18	48.84	65.51	<.01
		1-Suggested/encouraged	10.13	16.53	15.96	9.85		33.51	18.29	13.47	11.31	
		2-Clear curriculum-all grades	32.35	50.93	36.02	24.98		36.18	53.53	37.69	23.19	
PE53*	Time requirements for PE: ≥ 150 mins/week (ES)	0-Not mentioned/no policy	81.66	81.02	73.92	87.88	n/s	63.83	81.38	76.95	89.00	<.05
PE54*	≥ 150 mins/week (ES)	1- < NASPE standards or specifies days (not duration)	17.34	16.95	22.22	12.12		34.99	16.21	20.74	10.36	
PE55*	≥ 225 mins/week (MS/HS)	2- ≥ NASPE standards	1.00	2.02	3.87	0.00		1.18	2.42	2.31	0.64	
PE56*	PE teaches physically active lifestyle	0-Not mentioned/no policy	53.33	34.02	46.47	61.78	<.01	33.30	26.24	43.77	45.22	n/s
		1- Suggested/encouraged	13.92	8.66	7.42	0.82		14.08	6.71	7.25	21.50	
		2- Required	32.74	57.32	46.11	37.40		52.62	67.05	48.98	33.28	
PE57	PE competency (skills, knowledge) assessment	0-Not mentioned/no policy	70.99	51.10	64.23	71.34	n/s	47.95	42.88	61.62	75.74	<.001
		1- Suggested/encouraged	8.79	9.17	10.44	5.41		25.78	9.06	12.71	4.93	
		2- Required	20.22	39.73	25.34	23.26		26.26	48.06	25.67	19.33	
PE58	PE quality	0-Not mentioned/no policy	65.47	41.13	58.32	67.28	<.05	46.35	38.53	52.76	68.16	<.05
		1- Suggested/encouraged	13.32	13.14	8.38	4.24		24.43	10.08	11.18	5.93	
		2- Curriculum aligned with stds/benchmarks, sequential	22.21	45.73	33.30	28.48		29.22	51.39	36.06	25.91	
PE59	Inclusive play	0-Not mentioned/no policy	68.04	49.29	60.56	72.46	<.05	49.10	40.96	59.46	75.24	<.001
		1- Suggested/encouraged	7.99	6.61	2.54	1.40		21.18	6.12	2.30	1.13	
		2- Required	23.96	44.09	36.90	26.14		29.72	52.91	38.23	23.63	
PE60	PE courses/credits required for graduation	0-Not mentioned/no policy	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	
		1- Suggested/encouraged										
		2- Required										

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Bridging the Gap Weighted District-level Wellness Policy Data by Grade Level and Locale, SY 06-07 and 07-08

(Items with * are included in Monograph)

			Middle School - Locale									
			SY 06-07					SY 07-08				
			% of students (weighted by grade level)					% of students (weighted by grade level)				
Variable	Description	Responses	Large to Mid-Size					Large to Mid-Size				
			City	Suburban	Rural	Township	Sig X ²	City	Suburban	Rural	Township	Sig X ²
PE61	Daily PE requirement	0-Not mentioned/no policy 1- Suggested/encouraged 2- Required	97.22 1.41 1.37	86.51 2.74 10.76	91.20 5.11 3.69	93.35 1.35 5.30	n/s	80.29 18.96 0.76	84.35 3.85 11.80	94.06 3.29 2.65	75.92 20.94 3.14	<.05
PE62	Teacher-student ratio for PE	0-Not mentioned/no policy 1- Suggested 2- Specific and required	95.93 4.07 0.00	86.56 11.69 1.76	89.37 10.63 0.00	95.37 4.03 0.60	n/s	81.77 18.23 0.00	88.49 9.55 1.96	90.29 9.71 0.00	94.25 5.21 0.54	n/s
PE63	Safe/adequate equipment/facilities	0-Not mentioned/no policy 1- Suggested 2- Specific and required	88.40 3.02 8.58	85.44 7.53 7.03	85.96 5.19 8.85	89.93 1.81 8.26	n/s	67.68 21.21 11.11	82.48 7.91 9.61	86.28 5.51 8.20	89.84 4.09 6.07	<.1
PE64*	Moderate-to-vigorous activity	0-Not mentioned/no policy 1- Moderate-to-vigorous activity addressed but <50% time or not specified 2- ≥ 50% class time devoted to moderate-to-vigorous activity	70.47 25.48 4.06	74.54 22.24 3.23	66.20 24.61 9.20	74.32 15.95 9.73	n/s	61.44 33.38 5.18	68.28 25.85 5.88	65.82 24.26 9.92	75.55 14.79 9.66	n/s
PE65*	Qualifications of PE instructors	0-Not mentioned/no policy 1- Suggested 2- Requires PE to be taught by qualified instructors	88.36 3.76 7.88	69.52 10.29 20.19	68.88 6.63 24.49	80.78 2.41 16.81	<.1	67.53 19.62 12.84	70.90 5.99 23.11	69.80 7.84 22.36	78.21 2.62 19.17	<.1
PE66	Training for PE instructors	0-Not mentioned/no policy 1- Suggested or training for teachers generally (not PE-specific) 2- Provision of PE training for PE instructors	82.40 9.61 7.98	82.24 6.16 11.59	83.02 6.72 10.26	90.81 2.80 6.39	n/s	81.62 10.24 8.14	80.85 6.59 12.57	84.59 8.02 7.38	89.13 5.40 5.46	n/s
PE67	Prohibits waivers for PE	0-Not mentioned/no policy 1- Suggested 2- PE waivers prohibited	97.33 1.50 1.17	95.22 0.44 4.34	93.69 1.35 4.95	97.68 0.60 1.72	n/s	95.71 2.89 1.40	95.06 0.51 4.42	95.43 0.88 3.68	97.76 0.54 1.70	n/s
PE68	Annual health assessment	0-Not mentioned/no policy 1- Suggested/vague 2- Specific and required	78.48 20.24 1.28	64.94 34.91 0.15	82.37 17.63 0.00	82.63 17.37 0.00	<.05	60.50 37.62 1.88	54.09 45.37 0.54	80.95 19.05 0.00	83.68 16.32 0.00	<.05
PE68a*	BMI (ch. 7 of mono)	0-Not mentioned/no policy 1- BMI suggested (with or without reporting) 2- BMI required without reporting 3- BMI required with reporting	86.78 11.94 0.00 1.28	79.97 19.43 0.00 0.60	90.18 9.24 0.58 0.00	88.56 11.44 0.00 0.00	n/s	71.49 27.66 0.00 0.85	77.64 21.53 0.37 0.46	86.48 12.97 0.55 0.00	89.33 10.67 0.00 0.00	n/s
PHYSICAL ACTIVITY (PA)												
PA69*	FW: Physical activity (PA) goals	0- No goal/policy 1- PA goal suggested or repeats FW language 2- PA goal specified	36.03 6.75 57.22	24.87 0.92 74.21	18.44 1.04 80.52	31.88 0.78 67.33	<.05	13.37 3.60 83.02	17.26 0.74 82.00	13.16 2.87 83.97	13.65 0.39 85.96	n/s

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Bridging the Gap Weighted District-level Wellness Policy Data by Grade Level and Locale, SY 06-07 and 07-08

(Items with * are included in Monograph)

			Middle School - Locale									
			SY 06-07					SY 07-08				
			% of students (weighted by grade level)					% of students (weighted by grade level)				
Variable	Description	Responses	Large to Mid-Size					Large to Mid-Size				
			City	Suburban	Rural	Township	Sig X ²	City	Suburban	Rural	Township	Sig X ²
PA70*	PA outside of PE for every grade level	0-Not mentioned/no policy	51.89	50.27	40.24	54.95		39.49	44.19	39.28	34.55	n/s
		1- Suggested/vague or not clear PA for all grades	16.64	33.05	23.44	20.49	<.1	18.93	34.01	25.37	40.96	
		2- Clear each grade will get PA outside of PE	31.47	16.68	36.31	24.56		41.58	21.80	35.35	24.49	
PA72*	PA throughout the day	0-Not mentioned/no policy	70.53	64.59	61.17	59.56	n/s	44.34	59.43	62.31	40.43	<.05
		1- Suggested	23.95	28.54	32.10	35.40		43.72	31.42	32.49	55.86	
		2- Required	5.52	6.88	6.73	5.04		11.94	9.15	5.20	3.70	
PA73	Intramurals, interscholastic, extracurricular activities	0-Not mentioned/no policy	76.42	64.01	58.22	70.93	n/s	53.92	63.40	61.24	47.90	<.1
		1- Suggested	8.09	17.38	22.77	21.17		26.05	17.29	18.42	41.24	
		2- Required/definitively offered	15.49	18.62	19.01	7.90		20.03	19.31	20.35	10.86	
PA74	Community use of school facilities for physical activity purposes	0-Not mentioned/no policy	89.59	81.73	73.76	77.26	n/s	69.44	78.70	70.53	75.44	n/s
		1- Suggested	3.94	2.76	9.75	11.27		4.79	3.26	6.81	7.21	
		2- Required/definitively in place	6.47	15.50	16.49	11.47		25.76	18.04	22.66	17.35	
PA75	Safe (active) routes to school (SRTS)	0-Not mentioned/no policy	96.85	89.26	86.70	86.61	<.1	95.97	87.50	90.54	89.00	n/s
		1- Suggested/encouraged	0.70	4.90	6.68	1.21		1.00	5.63	3.75	2.34	
		2- Ensures effort to promote SRTS	2.45	5.83	6.63	12.19		3.03	6.87	5.71	8.67	
PA76*	Not using PA as punishment	0-Not mentioned/no policy	85.66	80.69	75.62	89.18	<.1	60.75	77.02	72.68	90.60	<.01
		1- Suggested	6.15	4.65	10.28	7.96		22.67	7.09	15.39	7.12	
		2- Prohibits PA as punishment	8.19	14.66	14.10	2.87		16.59	15.89	11.93	2.28	
PA77*	Daily recess	0-Not mentioned/no policy										
		1- Suggested or frequency vague	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
		2- Required										
PA78	Recess quality to promote PA	0-Not mentioned/no policy										
		1- Suggested	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
		2- Specific and required										
STAFF PA/WELLNESS/MODELING												
PA71	PA opportunities for school staff	0-Not mentioned/no policy	91.26	89.64	83.32	91.82	n/s	84.74	91.17	83.33	90.58	n/s
		1- Suggested	6.73	5.28	11.39	6.25		12.81	6.73	11.13	8.19	
		2- Required	2.01	5.08	5.28	1.94		2.45	2.09	5.54	1.23	
CP80	Staff wellness programs	0-Not mentioned/no policy	82.27	75.01	78.24	83.98	n/s	59.88	81.43	77.65	84.29	n/s
		1- Suggested	6.35	10.99	11.88	10.41		22.78	9.86	10.18	10.09	
		2- Required/definitively in place	11.37	14.00	9.88	5.61		17.34	8.71	12.17	5.62	

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Bridging the Gap Weighted District-level Wellness Policy Data by Grade Level and Locale, SY 06-07 and 07-08

(Items with * are included in Monograph)

			Middle School - Locale									
			SY 06-07					SY 07-08				
			% of students (weighted by grade level)					% of students (weighted by grade level)				
Variable	Description	Responses	Large to Mid-Size					Large to Mid-Size				
			City	Suburban	Rural	Township	Sig X ²	City	Suburban	Rural	Township	Sig X ²
CP82	Staff to role model healthy behaviors	0-Not mentioned/no policy 1- Suggested 2- Require schools to encourage staff modeling	76.17 6.72 17.11	70.07 7.46 22.47	71.67 8.24 20.09	75.19 8.06 16.74	n/s	67.39 9.33 23.28	65.64 9.09 25.27	73.55 8.18 18.27	77.09 9.54 13.37	n/s
STAKEHOLDER INVOLVEMENT/FEEDBACK												
CP79	FW: Stakeholders involved in development of wellness policy	0-Not mentioned/no policy 1- Suggested or not clear all reqd. stakeholders involved 2- All reqd. stakeholders involved in policy dev.	57.50 19.91 22.59	68.15 18.29 13.56	51.53 10.96 37.51	63.22 18.45 18.32	<.01	36.85 35.53 27.62	62.62 22.40 14.99	55.20 9.32 35.47	65.89 13.53 20.59	<.01
CP85	Methods to solicit input	0-Not mentioned/no policy 1- Suggested/vague 2- Required and specific	72.68 12.72 14.60	63.10 13.08 23.82	68.15 13.57 18.28	70.57 15.72 13.71	n/s	53.74 14.47 31.79	58.04 14.88 27.08	66.92 20.58 12.50	72.10 18.43 9.47	<.05
CP86	How to engage parents/ community	0-Not mentioned/no policy 1- Suggested/vague 2- Required and specific	77.94 9.21 12.85	72.66 9.88 17.46	69.65 9.08 21.27	70.02 15.70 14.28	n/s	57.08 22.67 20.25	69.16 8.77 22.07	72.60 8.13 19.27	67.83 15.18 16.99	n/s
CP87	Content communicated to parents	0-Not mentioned/no policy 1- Suggested/vague 2- Required and specific	62.68 19.82 17.50	57.76 16.11 26.13	53.67 20.04 26.29	64.58 19.67 15.76	n/s	39.04 39.93 21.03	51.11 17.95 30.94	53.16 18.18 28.65	59.73 22.87 17.40	n/s
CP90*	Ongoing health advisory (ch. 7 of mono)	0-Not mentioned/no policy 1- Suggested/vague 2- Required and clearly ongoing	65.75 11.53 22.72	57.20 14.59 28.21	55.72 4.94 39.33	61.11 9.78 29.11	n/s	39.67 10.43 49.90	53.36 12.84 33.80	47.36 12.30 40.34	40.54 8.71 50.75	n/s
MESSAGING, MARKETING, & PROMOTION												
CP81	Consistency of nutrition messages	0-Not mentioned/no policy 1- Suggested/vague 2-Specific and required	59.82 24.28 15.90	49.64 30.61 19.75	42.77 29.72 27.51	51.83 27.58 20.59	n/s	29.79 51.35 18.87	51.20 28.28 20.53	36.29 38.76 24.95	30.51 52.68 16.81	n/s
CP83	Responsible for communication	0-Not mentioned/no policy 1- Suggested/vague 2- Specific and required	76.09 15.29 8.62	71.20 22.73 6.06	66.72 25.58 7.70	74.40 20.02 5.58	n/s	59.39 28.92 11.69	65.58 28.67 5.75	67.41 23.61 8.98	73.33 21.10 5.58	n/s
CP84	Coordinated School Health program	0-Not mentioned/no policy 1- Suggested/vague 2- Definitively in place	83.85 3.41 12.74	85.43 4.33 10.24	77.78 2.98 19.24	86.34 2.76 10.90	n/s	80.50 3.82 15.68	85.21 4.28 10.51	77.38 2.07 20.54	86.31 2.61 11.07	n/s
CP88*	Marketing healthy choices (ch. 5 of mono)	0-Not mentioned/no policy 1- Suggested/vague 2- Specific and required	79.52 12.79 7.69	80.93 13.99 5.08	72.53 15.65 11.82	81.82 12.51 5.66	n/s	76.38 15.47 8.15	80.30 12.56 7.14	76.59 14.97 8.44	81.18 9.48 9.34	n/s
CP89*	Advertising/marketing of (ch. 5 of mono)	0-Not mentioned/no policy 1- Suggested prohibition/restricted 2- Prohibited	78.67 4.49 16.84	86.00 9.60 4.40	86.32 3.12 10.56	86.83 3.59 9.58	n/s	59.48 8.66 31.87	85.53 9.13 5.34	85.14 2.20 12.67	89.15 3.45 7.40	<.001

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			Middle School - Locale									
			SY 06-07					SY 07-08				
			% of students (weighted by grade level)					% of students (weighted by grade level)				
Variable	Description	Responses	Large to Mid-Size					Large to Mid-Size				
			City	Suburban	Rural	Township	Sig X ²	City	Suburban	Rural	Township	Sig X ²
EVALUATION & IMPLEMENTATION												
E91	FW: Plan for measuring implementation, including designating person responsible	0-Not mentioned/no policy 1- Suggested or does not designate responsible person 2- Specific and required	40.73 10.59 48.69	31.76 2.81 65.43	28.27 6.06 65.67	35.83 2.88 61.30	n/s	12.53 8.50 78.97	30.31 3.44 66.25	24.62 7.13 68.25	18.96 1.82 79.22	n/s
E92*	Plan for implementation	0-Not mentioned/no policy 1- Suggested or does not designate responsible person 2- Specific and required with responsible person	49.67 2.90 47.43	33.59 3.83 62.57	33.68 3.23 63.09	38.70 4.92 56.37	n/s	18.43 4.18 77.39	31.82 3.87 64.31	29.05 3.70 67.25	20.78 2.76 76.45	n/s
E93*	Plan for evaluation	0-Not mentioned/no policy 1- Suggested 2- Specific and required	66.68 24.45 9.07	63.16 30.91 5.93	57.86 35.19 6.95	66.32 31.13 2.55	n/s	36.41 54.61 8.99	56.04 38.98 4.98	52.62 42.00 5.39	42.31 55.98 1.71	n/s
E94*	Audience and frequency of reporting	0-Not mentioned/no policy 1- Suggested 2- Specific and required	67.86 12.04 20.09	51.20 24.93 23.87	59.53 18.93 21.54	56.65 23.41 19.94	n/s	48.02 27.76 24.22	52.42 29.98 17.61	59.29 20.02 20.68	38.41 41.48 20.11	n/s
E95*	Funding support	0-Not mentioned/no policy 1- Suggested 2- Identifies a specific source of funding	98.03 1.83 0.14	92.36 6.05 1.59	92.83 6.00 1.17	92.03 5.97 2.00	n/s	98.21 1.55 0.24	93.18 5.49 1.33	94.82 4.62 0.56	93.11 5.69 1.20	n/s
E96*	Plan for revising the policy	0-Not mentioned/no policy 1- Suggested 2- Specific and required	70.95 9.36 19.68	64.62 18.36 17.02	67.91 5.88 26.21	71.53 9.99 18.48	n/s	65.35 7.76 26.90	62.36 18.20 19.44	66.97 3.56 29.47	72.18 7.92 19.90	<.05
E100	Requires district to report to the state	0-Not mentioned/no policy 1- Yes	100.00 0.00	99.88 0.12	100.00 0.00	100.00 0.00	n/s	100.00 0.00	99.86 0.14	100.00 0.00	100.00 0.00	n/s

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Note 1: Data have been recoded to reflect only policies in effect as of day after Labor Day for each SY (proxy for first day of SY as per FW requirement)

Note 2: Weighted data adjusted for non-response

Note 3: Significance levels in these tables are based on bivariate analyses only. Full monograph highlights significant multivariate findings.

			High School - Locale									
			SY 06-07					SY 07-08				
			% of students (weighted by grade level)					% of students (weighted by grade level)				
Variable	Description	Responses	Large to Mid-Size					Large to Mid-Size				
			City	Suburban	Rural	Township	Sig X ²	City	Suburban	Rural	Township	Sig X ²
NUTRITION EDUCATION												
NE1*	FW: Nutrition education goal	0-No goal/policy 1-NE goal suggested or repeats FW language 2-NE goal specified	27.50 5.44 67.06	24.62 0.56 74.82	25.87 1.96 72.17	30.76 0.00 69.24	n/s	5.40 3.56 91.04	9.84 0.47 89.69	20.00 1.88 78.12	20.87 1.34 77.79	n/s
NE2*	Nutrition education curriculum	0-Not mentioned/no policy 1-Curriculum reqd/suggested, not clear all grades 2-Clear NE curriculum, all grades	47.37 29.37 23.27	34.93 25.34 39.73	43.37 32.40 24.23	44.24 27.84 27.92	n/s	38.15 33.66 28.19	22.66 32.83 44.51	40.72 38.88 20.40	40.57 33.18 26.25	n/s
NE3	Nutrition education within larger school community	0-Not mentioned/no policy 1-Vague/suggested 2-Yes, with specific strategies	56.22 35.46 8.32	37.90 53.24 8.86	41.98 46.32 11.69	45.47 48.69 5.84	n/s	27.20 64.66 8.14	29.49 58.07 12.44	43.03 46.45 10.52	33.39 57.69 8.93	n/s
NE4	Nutrition education beyond school environment	0-Not mentioned/no policy 1-Vague/suggested 2-Yes, with specific strategies	69.53 25.51 4.96	63.48 26.74 9.78	59.82 28.71 11.47	66.71 29.40 3.89	n/s	38.53 57.29 4.18	56.51 33.10 10.39	62.03 28.03 9.93	63.43 33.28 3.29	<.1
NE5	Nutrition education training for teachers	0-Not mentioned/no policy 1-Vague/suggested or just a subset of teachers 2-Required for all teachers	65.68 21.94 12.38	69.36 21.31 9.33	74.49 17.98 7.54	75.18 22.82 2.00	n/s	43.97 45.57 10.46	66.33 22.77 10.90	74.92 18.62 6.46	75.44 22.60 1.97	<.05
NE6*	Nutrition education integrated into other subjects	0-Not mentioned/no policy 1-Vague/suggested 2-Required	65.30 14.54 20.16	62.77 12.71 24.52	61.19 10.45 28.37	60.23 11.39 28.38	n/s	52.48 20.19 27.33	59.48 14.57 25.95	61.18 13.48 25.34	59.75 12.00 28.25	n/s
NE7*	Nutrition education teaches behavior-focused skills	0-Not mentioned/no policy 1-Vague/suggested 2-Required	48.91 17.53 33.56	35.19 12.27 52.53	40.97 15.28 43.75	45.94 15.22 38.84	n/s	24.78 35.05 40.17	23.99 16.54 59.46	38.71 17.48 43.81	39.18 20.74 40.08	n/s
NE8	Number of nutrition education courses/hours	0-Not mentioned/no policy 1-Vague/suggested or not all grades 2-Specified	99.50 0.50 0.00	99.36 0.64 0.00	98.49 0.16 1.35	97.96 2.04 0.00	n/s	98.63 1.37 0.00	98.31 1.69 0.00	97.93 0.15 1.91	98.44 1.56 0.00	n/s
NE9	Nutrition education quality	0-Not mentioned/no policy 1-Vague/suggested 2-Curriculum aligned with benchmarks/standards, sequential	61.29 12.99 25.72	41.75 13.10 45.16	56.85 10.82 32.33	52.45 14.58 32.97	n/s	53.87 14.48 31.65	29.59 18.57 51.84	52.91 13.28 33.81	48.81 17.58 33.61	n/s

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Bridging the Gap Weighted District-level Wellness Policy Data by Grade Level and Locale, SY 06-07 and 07-08

(Items with * are included in Monograph)

Variable Description	Responses	High School - Locale																			
		SY 06-07					SY 07-08														
		% of students (weighted by grade level)					% of students (weighted by grade level)														
		Large to Mid-Size		Rural		Township		Sig X ²		Large to Mid-Size		Rural		Township		Sig X ²					
		City	Suburban	Rural	Township	Sig X ²	City	Suburban	Rural	Township	Sig X ²	City	Suburban	Rural	Township	Sig X ²					
SCHOOL MEALS																					
US10*	FW: Guidelines for school meals are not less restrictive than federal requirements	0-No goal/policy	36.54	29.91	32.53	32.32	n/s	12.93	16.40	24.36	21.06	n/s	1-Should/strive to meet federal school meals regs	0.07	2.00	1.23	0.00	0.13	2.65	1.52	0.51
		2-Will meet federal school meal regulations	63.39	68.09	66.24	67.68		86.95	80.95	74.11	78.44										
US11*	School Breakfast Program	0-Not mentioned/no policy	46.89	49.82	48.08	51.28	n/s	23.34	42.12	44.91	42.85	n/s	1-Suggests/promotes general breakfast program or encourages healthy breakfast	18.69	12.94	20.40	17.13	17.20	8.80	20.37	17.86
		2-Clearly offers national SBP	34.42	37.24	31.53	31.59		59.45	49.08	34.72	39.29										
US12	Summer Food Service Program	0-Not mentioned/no policy	95.74	94.96	98.63	94.82	n/s	76.42	93.92	97.04	94.32	<.001	1-Suggests/promotes general summer food program	2.41	0.91	0.41	2.99	3.58	0.89	0.80	2.37
		2-Clearly offers national Summer Food Program	1.85	4.13	0.96	2.19		20.00	5.20	2.15	3.30										
US13*	Specifies guidelines beyond US Dietary Guidelines	0-Not mentioned/no policy	56.46	61.64	61.17	70.17	n/s	35.80	58.26	58.17	62.20	n/s	1-Vague/suggested or meet Dietary Guidelines	38.71	28.24	28.77	24.82	42.81	31.04	32.76	32.07
		2-Clearly exceed Dietary Guidelines	4.83	10.11	10.06	5.01		21.38	10.70	9.08	5.73										
US14	Using low-fat versions of foods/cooking methods	0-Not mentioned/no policy	78.31	88.37	81.89	90.12	n/s	80.18	87.27	81.17	84.64	n/s	1-Vague/suggested	18.39	8.44	13.96	9.88	16.19	10.11	15.24	14.98
		2-Specific and required	3.30	3.19	4.15	0.00		3.63	2.63	3.59	0.39										
US15	Strategies to increase participation in school meal programs	0-Not mentioned/no policy	75.10	59.42	67.92	66.23	n/s	52.68	56.12	67.74	62.03	n/s	1-Vague/suggested	17.68	21.52	16.12	26.53	19.78	27.06	18.75	29.15
		2-Specific and required	7.23	19.05	15.95	7.24		27.54	16.82	13.51	8.82										
US16	Optimizes meal scheduling	0-Not mentioned/no policy	76.93	71.14	65.00	75.61	n/s	70.66	59.21	64.12	65.41	n/s	1-Vague/suggested	23.07	27.80	29.10	20.19	29.34	38.64	29.86	27.55
		2-Specific and required	0.00	1.06	5.90	4.20		0.00	2.15	6.03	7.04										
US17*	Adequate time to eat (≥20 mins for lunch; ≥ 10 mins for breakfast)	0-Not mentioned/no policy	58.41	58.92	49.46	61.37	n/s	33.16	41.57	49.95	53.14	n/s	1-Vague/suggested or < time guidelines	39.76	27.85	39.96	29.03	61.67	42.85	41.16	37.96
		2-Required	1.83	13.23	10.58	9.60		5.17	15.59	8.89	8.90										
US18	Hand-washing	0-Not mentioned/no policy	92.49	89.66	83.42	85.21	n/s	80.83	82.70	85.96	82.22	n/s	1-Vague/suggested	2.13	1.36	2.01	1.57	4.68	2.76	1.92	2.97
		2-Ensures assistance with hand-washing/facilitating	5.38	8.98	14.57	13.22		14.49	14.54	12.12	14.82										
US19	Nutrition qualifications of meal staff	0-Not mentioned/no policy	90.79	77.82	75.68	82.43	n/s	72.32	74.70	75.12	79.75	n/s	1-Vague/suggested	0.70	3.56	1.07	0.00	0.73	0.17	1.16	0.00
		2-Required	8.51	18.61	23.25	17.57		26.94	25.12	23.71	20.25										

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(Items with * are included in Monograph)

			High School - Locale									
			SY 06-07				SY 07-08					
			% of students (weighted by grade level)				% of students (weighted by grade level)					
Variable	Description	Responses	Large to Mid-Size					Large to Mid-Size				
			City	Suburban	Rural	Township	Sig X ²	City	Suburban	Rural	Township	Sig X ²
US20	Training for food service staff	0-Not mentioned/no policy	84.85	71.40	70.94	82.20	n/s	64.67	61.87	68.38	77.14	<.05
		1-Vague/suggested	12.60	20.81	21.16	16.42		12.67	32.08	25.04	19.97	
		2-Required	2.56	7.80	7.90	1.38		22.65	6.05	6.58	2.89	
US21	School meal environment	0-Not mentioned/no policy	56.16	57.35	46.20	58.87	n/s	39.18	40.93	44.17	52.19	n/s
		1-Vague/suggested	6.54	4.89	3.32	4.09		9.92	8.20	3.00	4.84	
		2-Requires specifics strategies	37.30	37.76	50.47	37.03		50.90	50.86	52.83	42.97	
US22*	Nutrition information for school meals	0-Not mentioned/no policy	93.84	75.20	86.96	83.80	<.1	77.03	74.47	87.41	80.94	<.05
		1-Vague/suggested	0.78	6.63	5.12	9.86		1.24	7.64	5.93	9.00	
		2-Specific and required	5.39	18.17	7.92	6.34		21.73	17.89	6.66	10.06	
US38a	Farm-to-school program	0-Not mentioned/no policy	93.53	97.62	95.74	97.10	n/s	91.96	97.45	95.02	93.07	n/s
		1-Vague/suggested	6.17	1.52	4.26	2.90		7.62	1.70	4.98	5.66	
		2-Specific and required	0.29	0.85	0.00	0.00		0.43	0.85	0.00	1.27	
COMPETITIVE FOODS												
NG23*	FW: Nutrition guidelines for all foods outside of the school meal program during the SD	0-No goal/policy	29.82	24.92	29.66	30.80	n/s	8.64	14.56	23.56	18.56	n/s
		1-Suggested or only meet Dietary Guidelines	29.05	26.77	26.69	28.35		30.70	26.16	30.94	36.50	
		2-Required/definitively in place	41.14	48.31	43.66	40.85		60.66	59.29	45.50	44.93	
Access Restrictions												
NG23b	Competitive food and beverage ban	0-Not mentioned/no policy	99.70	99.40	99.26	99.27	n/s	99.51	99.28	98.97	96.27	n/s
		1-Suggested or only applies to food (not bev) or visa versa	0.30	0.60	0.74	0.73		0.49	0.72	1.03	3.73	
		2-Required	0.00	0.00	0.00	0.00		0.00	0.00	0.00	0.00	
NG23c	Nutrition guidelines apply to vending contracts	0-Not mentioned/no policy	84.51	90.76	85.20	80.22	n/s	83.73	86.49	83.28	74.70	n/s
		1-Suggested/encouraged	4.92	2.22	1.74	2.20		3.34	3.18	2.99	3.98	
		2-Required	10.56	7.03	13.06	17.58		12.93	10.33	13.73	21.32	
NG24*	Vending machines	0-Not mentioned/no policy	48.29	37.39	41.89	42.22	n/s	23.54	26.33	36.67	34.63	<.05
		1-Suggested/limited restrictions	35.00	45.60	53.80	51.59		46.46	51.20	59.20	54.09	
		2-Ban or all F&B must meet guidelines	16.71	17.01	4.31	6.18		29.99	22.47	4.13	11.28	
NG25*	School stores	0-Not mentioned/no policy	49.85	42.23	46.72	49.30	<.1	25.99	30.48	42.38	44.33	<.01
		1-Suggested/limited restrictions	34.56	42.37	50.26	44.40		45.68	48.48	54.07	47.58	
		2-Ban or all F&B must meet guidelines	15.59	15.40	3.02	6.29		28.33	21.04	3.55	8.09	
NG26*	A la carte	0-Not mentioned/no policy	47.98	38.60	42.20	44.76	n/s	23.60	26.15	38.66	38.84	<.05
		1-Suggested/limited restrictions	36.43	48.31	51.64	46.53		46.97	53.70	55.29	48.81	
		2-Ban or all F&B must meet guidelines	15.59	13.09	6.15	8.72		29.43	20.15	6.05	12.34	
NG27*	Class parties and celebrations	0-Not mentioned/no policy	54.18	44.34	51.89	51.60	n/s	31.00	36.98	49.14	45.94	<.001
		1-Suggested/limited restrictions	43.72	55.18	48.11	48.40		50.17	62.42	50.86	53.33	
		2-Ban or all F&B must meet guidelines	2.09	0.48	0.00	0.00		18.83	0.60	0.00	0.74	

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(Items with * are included in Monograph)

			High School - Locale									
			SY 06-07					SY 07-08				
			% of students (weighted by grade level)					% of students (weighted by grade level)				
Variable	Description	Responses	Large to Mid-Size					Large to Mid-Size				
			City	Suburban	Rural	Township	Sig X ²	City	Suburban	Rural	Township	Sig X ²
NG28	Food from home for whole class	0-Not mentioned/no policy	54.18	42.88	51.89	51.60	n/s	31.00	36.14	49.14	45.94	<.001
		1-Suggested/limited restrictions	43.72	55.18	48.11	48.40		50.17	62.42	50.86	53.33	
		2-Ban or all F&B must meet guidelines	2.09	1.93	0.00	0.00		18.83	1.43	0.00	0.74	
NG29	Food before school	0-Not mentioned/no policy	81.42	77.43	90.63	90.12	<.1	78.01	75.78	87.73	82.75	n/s
		1-Suggested/limited restrictions	15.05	18.60	8.57	9.88		11.46	15.91	8.86	12.28	
		2-Nutrition guidelines apply to before school sales	3.53	3.97	0.80	0.00		10.53	8.31	3.41	4.97	
NG30	Food after school	0-Not mentioned/no policy	94.65	92.45	89.98	92.64	n/s	92.47	90.83	89.21	91.92	n/s
		1-Suggested/limited restrictions	2.01	4.71	9.06	4.48		4.41	6.60	9.97	4.63	
		2-Nutrition guidelines apply to after school sales	3.33	2.84	0.96	2.88		3.12	2.57	0.82	3.45	
NG31	Food at evening/community events	0-Not mentioned/no policy	88.06	91.43	79.93	83.88	n/s	89.01	86.08	78.77	79.94	n/s
		1-Suggested/limited restrictions	10.35	8.11	20.07	14.36		10.03	13.43	21.23	18.89	
		2-Nutrition guidelines apply	1.59	0.47	0.00	1.76		0.96	0.50	0.00	1.16	
NG32	Fundraisers	0-Not mentioned/no policy	60.63	55.53	60.21	59.42	n/s	39.29	40.46	56.44	50.26	<.001
		1-Limited restrictions or only fundraisers during SD	37.63	44.47	38.78	39.21		44.21	58.70	42.67	49.02	
		2-Nutrition guidelines apply to all fundraisers	1.74	0.00	1.01	1.38		16.50	0.84	0.90	0.73	
NG40*	Use of food as a reward/punishment	0-Not mentioned/no policy or encourages healthy food as reward	78.94	72.61	71.75	82.38	n/s	69.72	59.02	72.75	75.04	<.1
		1-Discourage food as a reward/prohibit as punishment	13.53	18.96	20.18	15.15		16.64	30.84	22.30	22.33	
		2-Prohibits using food as a reward/punishment	7.53	8.42	8.07	2.47		13.64	10.14	4.95	2.63	
Content Restrictions												
NG33*	Sugar content of Foods	0-Not mentioned/no policy	70.86	53.73	77.01	74.80	<.01	60.21	41.98	64.23	62.28	<.05
		1-Suggested/limited restrictions	18.60	42.02	19.70	19.01		22.06	45.70	30.28	27.07	
		2-Specific and required or competitive food ban	10.54	4.25	3.29	6.18		17.72	12.32	5.49	10.65	
NG34*	Fat content of foods	0-Not mentioned/no policy	56.50	45.52	51.06	55.41	n/s	34.92	34.81	48.35	48.01	n/s
		1-Suggested/limited restrictions	22.68	47.78	32.78	28.16		23.74	48.50	32.33	27.72	
		2-Specific and required or competitive food ban	20.82	6.69	16.17	16.43		41.34	16.70	19.32	24.27	
NG35	Sodium content of foods	0-Not mentioned/no policy	82.17	75.05	76.56	80.42	n/s	63.08	75.59	76.31	76.55	<.05
		1-Suggested/limited restrictions	16.36	22.55	21.47	16.72		19.62	19.53	21.79	19.25	
		2-Specific and required or competitive food ban	1.48	2.40	1.97	2.86		17.30	4.88	1.90	4.20	
NG36*	Calorie content per serving size	0-Not mentioned/no policy	93.31	90.27	94.91	89.37	n/s	83.26	77.31	91.38	88.66	<.05
		1-Suggested/limited restrictions	4.29	7.86	5.09	6.92		6.37	9.44	6.14	3.27	
		2-Specific and required or competitive food ban	2.40	1.87	0.00	3.71		10.37	13.24	2.49	8.08	

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			High School - Locale									
			SY 06-07				SY 07-08					
			% of students (weighted by grade level)				% of students (weighted by grade level)					
Variable	Description	Responses	Large to Mid-Size					Large to Mid-Size				
			City	Suburban	Rural	Township	Sig X ²	City	Suburban	Rural	Township	Sig X ²
NG37	Serving size of foods	0-Not mentioned/no policy	74.42	71.07	68.37	65.42	n/s	58.91	65.51	68.37	63.50	n/s
		1-Suggested/limited restrictions	9.60	17.90	12.84	16.48		27.61	16.25	11.72	17.49	
		2-Specific and required or competitive food ban	15.98	11.03	18.79	18.11		13.48	18.23	19.91	19.02	
NG38	Whole/unprocessed & fresh food availability	0-Not mentioned/no policy	55.46	54.24	58.11	60.30	n/s	37.18	47.00	56.58	53.21	<.01
		1-Suggested	35.57	30.39	36.48	32.63		39.50	33.41	38.84	41.61	
		2-Specific and required	8.98	15.37	5.41	7.07		23.32	19.59	4.58	5.18	
NG39	Ingredients with questionable effects (e.g., trans fats, artificial sweeteners)	0-Not mentioned/no policy	82.08	67.14	85.42	83.72	<.05	60.25	60.29	73.99	70.91	<.01
		1-Suggested/limited restrictions	10.72	27.93	12.25	12.71		16.48	34.17	22.91	26.03	
		2-Specific and required or competitive food ban	7.19	4.93	2.33	3.57		23.26	5.54	3.10	3.06	
NG41*	Nutrition information provided for competitive foods	0-Not mentioned/no policy	95.37	87.50	94.41	96.41	<.05	77.47	89.88	93.82	92.72	<.01
		1-Suggested	1.00	2.54	4.23	1.26		1.15	3.54	4.02	2.22	
		2-Specific and required or competitive food ban	3.63	9.95	1.35	2.33		21.38	6.58	2.16	5.06	
NG42	Sugar content of beverages	0-Not mentioned/no policy	62.00	56.61	65.76	67.65	n/s	44.02	48.18	65.43	61.76	<.001
		1-Suggested/limited restrictions	30.40	39.80	32.68	32.35		31.21	49.03	32.43	34.64	
		2-Specific and required or competitive food ban	7.60	3.58	1.56	0.00		24.77	2.79	2.14	3.60	
NG43	Fat content of beverages	0-Not mentioned/no policy	89.66	71.03	90.70	89.31	<.01	89.29	69.58	93.25	88.56	<.001
		1-Suggested/limited restrictions	3.21	20.56	8.15	10.69		3.49	19.17	5.57	9.56	
		2-Specific and required or competitive food ban	7.13	8.40	1.15	0.00		7.22	11.25	1.18	1.89	
NG44*	Calorie content of beverages	0-Not mentioned/no policy	98.60	93.30	97.87	93.51	n/s	98.40	84.26	97.17	94.26	<.05
		1-Suggested/limited restrictions	0.81	4.70	2.13	6.49		0.96	13.49	2.83	5.74	
		2-Specific and required or competitive food ban	0.59	2.00	0.00	0.00		0.64	2.25	0.00	0.00	
NG45*	Regular soda	0-Not mentioned/no policy	62.26	62.17	62.91	65.96	<.1	34.55	46.75	60.92	54.70	<.001
		1-Suggested/limited restrictions	18.03	14.63	29.22	20.40		24.25	22.72	31.56	29.66	
		2-Banned	19.71	23.20	7.87	13.63		41.20	30.53	7.52	15.64	
NG46*	Beverages (other than soda) with added caloric sweeteners	0-Not mentioned/no policy	84.52	77.18	87.11	85.07	n/s	68.58	68.47	86.91	84.04	<.05
		1-Suggested/limited restrictions	9.87	19.24	11.74	14.93		23.56	29.14	11.92	14.08	
		2-Banned	5.61	3.58	1.15	0.00		7.86	2.39	1.18	1.89	
NG47	Sugar/calorie content of milk	0-Not mentioned/no policy	85.41	85.39	82.34	83.42	n/s	85.15	83.42	82.18	85.16	n/s
		1-Suggested/limited restrictions	10.54	10.32	15.97	16.06		9.48	13.11	16.05	14.34	
		2-Specific and required or competitive food ban	4.05	4.29	1.69	0.51		5.36	3.47	1.77	0.50	
NG48*	Fat content of milk	0-Not mentioned/no policy	86.03	80.96	85.10	82.02	n/s	58.63	65.92	84.31	76.93	<.001
		1-Suggested/limited restrictions	10.41	17.36	13.83	15.76		21.88	31.13	13.89	19.50	
		2-Specific and required or competitive food ban	3.56	1.68	1.07	2.22		19.48	2.94	1.80	3.57	

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			High School - Locale										
			SY 06-07					SY 07-08					
			% of students (weighted by grade level)					% of students (weighted by grade level)					
Variable	Description	Responses	Large to Mid-Size					Large to Mid-Size					
			City	Suburban	Rural	Township	Sig X ²	City	Suburban	Rural	Township	Sig X ²	
NG49	Serving size limit for beverages	0-Not mentioned/no policy	70.17	64.83	73.75	70.19	n/s	71.92	57.03	74.58	70.43	<.01	
		1-Suggested/limited restrictions	22.74	31.04	23.04	27.54		15.11	35.91	9.44	17.62		
		2-Specific and required or competitive food ban	7.09	4.13	3.22	2.28		12.96	7.06	15.98	11.95		
NG50*	Caffeine content of beverages	0-Not mentioned/no policy	85.94	71.96	92.00	80.76	<.05	68.80	66.03	92.71	80.86	<.001	
		1-Suggested/limited restrictions	10.70	22.09	6.85	11.86		10.18	27.16	5.34	11.62		
		2-Specific and required or competitive food ban	3.36	5.95	1.15	7.38		21.02	6.81	1.95	7.52		
NG51*	Availability of free drinking water throughout the school and school day	0-Not mentioned/no policy	92.95	88.41	88.27	90.52	n/s	92.82	83.02	90.49	89.62	n/s	
		1-Suggested/encouraged	2.51	0.46	1.71	4.44		2.78	0.62	2.33	3.72		
		2-Free water is always available	4.54	11.13	10.03	5.04		4.39	16.37	7.18	6.66		
PHYSICAL EDUCATION (PE)													
PE52a*	PE addressed in district policy	0-Not mentioned/no policy	34.74	24.40	32.39	37.68	n/s	10.90	9.50	26.34	26.12	n/s	
		1-Definitively addressed	65.26	75.60	67.61	62.32		89.10	90.50	73.66	73.88		
PE52	PE curriculum all grades	0-Not mentioned/no policy	59.30	37.20	55.03	57.31	n/s	31.76	26.26	56.84	49.90	<.01	
		1-Suggested/encouraged	14.02	22.98	17.17	12.86		38.57	25.17	14.60	15.59		
		2-Clear curriculum-all grades	26.67	39.82	27.80	29.84		29.66	48.56	28.56	34.50		
PE53*	Time requirements for PE: ≥ 150 mins/week (ES)	0-Not mentioned/no policy	87.86	88.85	87.83	84.39	n/s	69.30	82.23	86.25	81.92	<.05	
PE54*	≥ 150 mins/week (ES)	1- < NASPE standards or specifies days (not duration)	9.99	10.63	9.35	6.34		28.52	16.51	11.72	9.30		
PE55*	≥ 225 mins/week (MS/HS)	2- ≥ NASPE standards	2.15	0.52	2.82	9.26		2.18	1.27	2.03	8.78		
PE56*	PE teaches physically active lifestyle	0-Not mentioned/no policy	52.95	37.01	53.56	57.17	n/s	33.76	25.17	49.25	52.69	<.05	
		1- Suggested/encouraged	8.59	9.39	7.13	0.84		7.02	8.65	7.70	1.46		
		2- Required	38.47	53.60	39.31	41.99		59.21	66.18	43.05	45.85		
PE57	PE competency (skills, knowledge) assessment	0-Not mentioned/no policy	69.53	50.73	70.39	64.79	n/s	45.21	40.45	67.48	63.41	<.001	
		1- Suggested/encouraged	11.18	10.56	7.86	5.53		31.35	13.80	8.46	6.43		
		2- Required	19.29	38.71	21.75	29.68		23.44	45.75	24.06	30.15		
PE58	PE quality	0-Not mentioned/no policy	61.09	46.37	63.88	60.64	n/s	41.40	38.08	61.58	53.52	<.05	
		1- Suggested/encouraged	15.35	8.34	7.92	3.86		24.84	10.03	8.15	7.23		
		2- Curriculum aligned with stds/benchmarks, sequential	23.56	45.29	28.21	35.50		33.76	51.89	30.27	39.25		
PE59	Inclusive play	0-Not mentioned/no policy	64.78	48.44	66.71	65.46	n/s	44.88	38.84	65.02	62.25	<.001	
		1- Suggested/encouraged	8.03	7.61	2.48	1.43		21.84	8.27	2.43	1.47		
		2- Required	27.19	43.95	30.81	33.11		33.28	52.90	32.56	36.28		
PE60	PE courses/credits required for graduation	0-Not mentioned/no policy	88.14	91.06	87.62	88.24	n/s	70.51	91.02	87.12	89.24	<.01	
		1- Suggested/encouraged	3.24	0.57	2.95	4.85		17.49	1.19	2.94	3.57		
		2- Required	8.62	8.37	9.44	6.91		12.00	7.80	9.94	7.19		

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			High School - Locale									
			SY 06-07					SY 07-08				
			% of students (weighted by grade level)					% of students (weighted by grade level)				
Variable	Description	Responses	Large to Mid-Size					Large to Mid-Size				
			City	Suburban	Rural	Township	Sig X ²	City	Suburban	Rural	Township	Sig X ²
PE61	Daily PE requirement	0-Not mentioned/no policy 1- Suggested/encouraged 2- Required	97.69 0.64 1.68	89.36 2.44 8.19	93.29 4.72 1.98	93.20 1.38 5.42	n/s	79.00 20.28 0.72	91.97 4.02 4.01	95.39 3.33 1.28	95.17 0.73 4.11	<.001
PE62	Teacher-student ratio for PE	0-Not mentioned/no policy 1- Suggested 2- Specific and required	92.41 7.59 0.00	85.95 12.13 1.93	89.80 10.20 0.00	95.75 3.64 0.61	n/s	76.41 23.59 0.00	86.31 11.18 2.51	89.96 10.04 0.00	93.00 6.29 0.71	<.1
PE63	Safe/adequate equipment/facilities	0-Not mentioned/no policy 1- Suggested 2- Specific and required	88.47 8.08 3.44	84.57 7.33 8.10	87.68 3.95 8.37	83.80 8.23 7.96	n/s	70.12 24.67 5.21	79.43 8.05 12.52	88.16 5.26 6.58	81.82 10.77 7.41	<.1
PE64*	Moderate-to-vigorous activity	0-Not mentioned/no policy 1- Moderate-to-vigorous activity addressed but <50% time or not specified 2- ≥ 50% class time devoted to moderate-to-vigorous activity	69.08 28.78 2.14	72.88 25.17 1.95	70.96 21.10 7.93	77.45 15.83 6.72	n/s	57.98 37.43 4.59	63.65 31.28 5.07	70.07 20.66 9.27	74.95 18.80 6.26	n/s
PE65*	Qualifications of PE instructors	0-Not mentioned/no policy 1- Suggested 2- Requires PE to be taught by qualified instructors	85.71 5.26 9.03	64.29 12.05 23.66	73.19 5.85 20.96	73.96 2.46 23.57	n/s	62.01 21.91 16.08	62.79 8.22 28.99	71.80 5.77 22.42	69.32 3.42 27.27	<.1
PE66	Training for PE instructors	0-Not mentioned/no policy 1- Suggested or training for teachers generally (not PE-specific) 2- Provision of PE training for PE instructors	81.38 9.50 9.12	81.39 5.04 13.57	86.64 4.04 9.32	90.60 2.86 6.53	n/s	80.10 10.76 9.14	76.86 8.71 14.43	88.88 3.63 7.49	89.00 3.87 7.13	n/s
PE67	Prohibits waivers for PE	0-Not mentioned/no policy 1- Suggested 2- PE waivers prohibited	96.89 1.76 1.35	95.13 2.25 2.62	93.89 0.69 5.42	97.63 0.61 1.76	n/s	95.44 3.12 1.44	93.59 2.61 3.81	93.77 0.50 5.72	97.08 0.71 2.22	n/s
PE68	Annual health assessment	0-Not mentioned/no policy 1- Suggested/vague 2- Specific and required	77.83 20.58 1.59	65.74 34.09 0.18	83.47 16.53 0.00	82.24 17.76 0.00	<.1	59.48 38.40 2.11	57.99 41.27 0.74	82.56 17.44 0.00	78.69 21.31 0.00	<.05
PE68a*	BMI (ch. 7 of mono)	0-Not mentioned/no policy 1- BMI suggested (with or without reporting) 2- BMI required without reporting 3- BMI required with reporting	87.35 11.06 0.00 1.59	83.69 15.72 0.00 0.59	91.11 8.32 0.57 0.00	88.31 11.69 0.00 0.00	n/s	71.81 27.23 0.00 0.96	84.10 14.92 0.51 0.47	88.38 11.03 0.58 0.00	86.07 13.93 0.00 0.00	n/s
PHYSICAL ACTIVITY (PA)												
PA69*	FW: Physical activity (PA) goals	0- No goal/policy 1- PA goal suggested or repeats FW language 2- PA goal specified	33.85 5.96 60.19	28.64 0.67 70.69	25.87 1.01 73.12	29.84 0.80 69.36	n/s	13.84 4.04 82.11	15.56 0.58 83.86	20.14 1.64 78.22	17.83 0.51 81.66	n/s

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			High School - Locale									
			SY 06-07					SY 07-08				
			% of students (weighted by grade level)					% of students (weighted by grade level)				
Variable	Description	Responses	Large to Mid-Size					Large to Mid-Size				
			City	Suburban	Rural	Township	Sig X ²	City	Suburban	Rural	Township	Sig X ²
PA70*	PA outside of PE for every grade level	0-Not mentioned/no policy	53.08	47.00	46.32	53.73	n/s	42.78	37.85	45.40	47.37	n/s
		1- Suggested/vague or not clear PA for all grades	17.73	35.48	23.25	16.92		18.64	36.66	25.65	20.94	
		2- Clear each grade will get PA outside of PE	29.19	17.52	30.43	29.34		38.58	25.49	28.95	31.70	
PA72*	PA throughout the day	0-Not mentioned/no policy	67.62	60.82	64.24	58.45	n/s	40.21	51.82	61.04	53.16	n/s
		1- Suggested	25.51	31.26	29.17	36.71		46.38	37.01	33.48	42.37	
		2- Required	6.87	7.91	6.59	4.84		13.41	11.18	5.47	4.47	
PA73	Intramurals, interscholastic, extracurricular activities	0-Not mentioned/no policy	84.98	62.57	63.84	73.99	n/s	60.20	56.01	69.31	62.72	n/s
		1- Suggested	6.02	18.30	20.33	17.93		25.19	23.05	18.47	23.09	
		2- Required/definitively offered	9.00	19.14	15.83	8.08		14.61	20.93	12.22	14.19	
PA74	Community use of school facilities for physical activity purposes	0-Not mentioned/no policy	89.95	79.81	76.36	80.46	n/s	68.62	75.49	74.28	71.62	n/s
		1- Suggested	2.00	4.36	7.51	8.29		2.46	5.19	6.25	6.24	
		2- Required/definitively in place	8.05	15.82	16.13	11.25		28.93	19.33	19.47	22.15	
PA75	Safe (active) routes to school (SRTS)	0-Not mentioned/no policy	98.99	89.26	87.70	90.02	n/s	98.40	85.62	90.04	89.32	n/s
		1- Suggested/encouraged	0.87	4.05	5.82	1.23		1.13	6.11	3.95	3.05	
		2- Ensures effort to promote SRTS	0.13	6.69	6.48	8.75		0.47	8.27	6.02	7.63	
PA76*	Not using PA as punishment	0-Not mentioned/no policy	91.36	80.13	78.70	93.46	<.05	65.23	74.93	75.31	92.04	<.05
		1- Suggested	4.75	5.30	8.23	3.61		22.52	9.57	12.13	4.99	
		2- Prohibits PA as punishment	3.90	14.56	13.07	2.93		12.25	15.50	12.56	2.97	
PA77*	Daily recess	0-Not mentioned/no policy	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
		1- Suggested or frequency vague										
		2- Required										
PA78	Recess quality to promote PA	0-Not mentioned/no policy	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
		1- Suggested										
		2- Specific and required										
STAFF PA/WELLNESS/MODELING												
PA71	PA opportunities for school staff	0-Not mentioned/no policy	91.01	88.03	86.75	91.63	n/s	83.06	88.14	89.43	87.69	n/s
		1- Suggested	6.49	6.65	8.80	6.39		14.19	9.48	6.79	10.70	
		2- Required	2.50	5.32	4.46	1.98		2.75	2.38	3.78	1.61	
CP80	Staff wellness programs	0-Not mentioned/no policy	84.12	78.51	81.11	83.62	n/s	61.19	79.53	79.01	79.49	n/s
		1- Suggested	7.91	5.44	9.93	10.64		25.58	8.66	10.23	13.17	
		2- Required/definitively in place	7.97	16.05	8.95	5.73		13.22	11.81	10.77	7.34	

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Variable	Description	Responses	Large to Mid-Size					Large to Mid-Size				
			City	Suburban	Rural	Township	Sig X ²	City	Suburban	Rural	Township	Sig X ²
CP82	Staff to role model healthy behaviors	0-Not mentioned/no policy 1- Suggested 2- Require schools to encourage staff modeling	80.01 2.18 17.82	65.96 6.56 27.48	75.80 7.43 16.76	75.12 8.25 16.64	n/s	70.59 4.23 25.18	59.00 8.83 32.17	77.64 8.61 13.75	70.59 12.46 16.95	<.05
STAKEHOLDER INVOLVEMENT/FEEDBACK												
CP79	FW: Stakeholders involved in development of wellness policy	0-Not mentioned/no policy 1- Suggested or not clear all reqd. stakeholders involved 2- All reqd. stakeholders involved in policy dev.	59.46 13.40 27.15	70.09 13.89 16.01	55.63 10.09 34.28	61.88 19.87 18.26	<.1	39.91 28.41 31.68	63.58 15.79 20.64	56.85 9.82 33.34	59.42 17.40 23.18	n/s
CP85	Methods to solicit input	0-Not mentioned/no policy 1- Suggested/vague 2- Required and specific	78.52 10.64 10.84	64.56 13.35 22.09	71.25 11.98 16.76	73.61 12.37 14.02	n/s	58.14 13.54 28.32	57.33 18.88 23.79	70.97 15.86 13.17	67.26 20.38 12.37	n/s
CP86	How to engage parents/ community	0-Not mentioned/no policy 1- Suggested/vague 2- Required and specific	83.92 6.27 9.81	71.89 7.93 20.18	74.29 7.54 18.16	72.58 12.82 14.60	n/s	60.76 21.05 18.19	63.74 10.09 26.18	76.06 5.94 18.00	64.35 16.65 19.00	<.1
CP87	Content communicated to parents	0-Not mentioned/no policy 1- Suggested/vague 2- Required and specific	63.21 24.68 12.11	54.07 18.25 27.68	58.66 16.97 24.36	64.26 20.11 15.63	n/s	38.76 46.53 14.71	43.26 22.50 34.24	57.65 17.34 25.00	51.11 29.86 19.02	<.05
CP90*	Ongoing health advisory (ch. 7 of mono)	0-Not mentioned/no policy 1- Suggested/vague 2- Required and clearly ongoing	66.26 12.48 21.26	56.23 10.24 33.53	60.29 4.83 34.87	62.87 7.36 29.76	n/s	38.70 10.62 50.68	44.02 15.06 40.92	55.61 8.95 35.44	55.19 8.35 36.46	n/s
MESSAGING, MARKETING, & PROMOTION												
CP81	Consistency of nutrition messages	0-Not mentioned/no policy 1- Suggested/vague 2-Specific and required	62.34 21.60 16.06	48.12 31.09 20.79	48.75 26.35 24.91	50.23 32.43 17.34	n/s	32.84 48.91 18.25	41.17 36.81 22.02	43.12 32.41 24.47	39.85 41.89 18.26	n/s
CP83	Responsible for communication	0-Not mentioned/no policy 1- Suggested/vague 2- Specific and required	81.63 11.13 7.25	68.09 25.51 6.40	70.51 23.24 6.24	77.06 17.24 5.71	n/s	63.36 24.48 12.17	60.56 31.71 7.73	70.60 24.38 5.02	71.53 24.38 4.09	n/s
CP84	Coordinated School Health program	0-Not mentioned/no policy 1- Suggested/vague 2- Definitively in place	82.55 4.24 13.20	84.49 3.92 11.59	80.18 2.91 16.91	86.04 2.82 11.14	n/s	79.06 4.29 16.65	82.35 4.85 12.80	80.61 2.18 17.20	82.13 3.41 14.46	n/s
CP88*	Marketing healthy choices (ch. 5 of mono)	0-Not mentioned/no policy 1- Suggested/vague 2- Specific and required	83.05 8.15 8.80	82.83 11.22 5.95	77.84 12.36 9.79	75.66 15.95 8.39	n/s	81.30 10.32 8.38	77.16 15.16 7.68	78.95 11.14 9.91	75.05 13.36 11.59	n/s
CP89*	Advertising/marketing of unhealthy choices (ch. 5 of mono)	0-Not mentioned/no policy 1- Suggested prohibition/restricted 2- Prohibited	86.03 5.59 8.38	86.14 12.01 1.85	89.67 2.62 7.70	89.76 3.67 6.56	<.05	64.63 11.42 23.95	82.43 11.87 5.70	89.27 2.44 8.29	89.00 4.51 6.49	<.01

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			% of students (weighted by grade level)					% of students (weighted by grade level)				
Variable	Description	Responses	Large to Mid-Size					Large to Mid-Size				
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EVALUATION & IMPLEMENTATION												
E91	FW: Plan for measuring implementation, including designating person responsible	0-Not mentioned/no policy 1- Suggested or does not designate responsible person 2- Specific and required	39.70 13.18 47.12	33.46 2.40 64.14	35.19 5.93 58.88	33.87 2.94 63.19	n/s	12.90 9.54 77.56	23.85 5.08 71.07	30.15 6.13 63.72	24.76 2.37 72.86	n/s
E92*	Plan for implementation	0-Not mentioned/no policy 1- Suggested or does not designate responsible person 2- Specific and required with responsible person	50.83 3.61 45.56	34.72 5.66 59.62	39.36 3.16 57.48	36.81 5.03 58.16	n/s	19.52 4.69 75.79	26.28 5.73 68.00	34.81 2.52 62.67	27.14 3.61 69.25	n/s
E93*	Plan for evaluation	0-Not mentioned/no policy 1- Suggested 2- Specific and required	70.88 19.71 9.41	60.22 32.85 6.94	63.49 31.70 4.80	62.41 34.99 2.61	n/s	38.57 50.73 10.70	48.97 44.20 6.84	58.26 37.88 3.86	52.22 45.55 2.23	n/s
E94*	Audience and frequency of reporting	0-Not mentioned/no policy 1- Suggested 2- Specific and required	72.81 13.57 13.63	56.16 19.84 24.00	65.22 17.39 17.39	55.15 27.69 17.16	n/s	52.04 29.71 18.24	51.74 24.89 23.37	63.69 19.16 17.15	50.16 29.95 19.90	n/s
E95*	Funding support	0-Not mentioned/no policy 1- Suggested 2- Identifies a specific source of funding	97.54 2.28 0.18	92.89 7.08 0.03	94.05 4.81 1.14	91.85 6.11 2.04	n/s	97.99 1.74 0.27	92.42 7.53 0.06	96.42 3.00 0.59	91.01 7.43 1.56	n/s
E96*	Plan for revising the policy	0-Not mentioned/no policy 1- Suggested 2- Specific and required	75.59 9.83 14.58	65.03 12.44 22.53	70.92 5.75 23.33	74.12 10.21 15.67	n/s	70.39 6.88 22.73	62.54 12.57 24.89	70.45 3.75 25.80	70.04 10.34 19.63	n/s
E100	Requires district to report to the state	0-Not mentioned/no policy 1- Yes	100.00 0.00	99.86 0.14	100.00 0.00	100.00 0.00	n/s	100.00 0.00	99.81 0.19	100.00 0.00	100.00 0.00	n/s

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